10TH ANNUAL INTERNATIONAL CONFERENCE OF MANSOURA PSYCHIATRY DEPARTMENT

IN COLLABORATION WITH THE EGYPTIAN PSYCHIATRIC ASSOCIATION

" PSYCHIATRY PRACTICE ; CHALLENGES & OPPORTUNITIES "



18 OCTOBER 2023 – ABO EL NAGA HALL, FACULTY OF MEDICINE, MANSOURA UNIVERSITY.

19 - 20 OCTOBER 2023 – STEIGENBERGER HOTEL EL LESSAN - RAS EL BAR

WEDNESDAY, 18 OCTOBER 2023 — MANSOURA FACULTY OF MEDICINE

TIME	قاعة ابو النجا	قاعة الدراسات	قاعة معمل مهارات ا	PHYSIOLOGY 1
	8:00 AM - 9:00 AM - REGISTRATION			
9:00 AM 10:30 AM	CBT For Pain Prof. Ayman Elhosseiny 9:00 AM - 10:30 AM	Humanistic Therapy. Dr. Ahmad Dobea Dr. Ahmad A. Dobea 9:00 AM - 11:30 AM	ACT Approach in Marital Therapy. Dr. Dalia Asfour 9:00 AM - 10:30 AM	
10:30 AM 11:30 AM	*Fibromyalgia: Different Perspectives of Etiology and Management.* 1. Fibromyalgia and psychogenic pain: same or different disorders? Prof. Wafaa El Bahaey Asst. Prof. Hayam Fathi 10:30 AM - 11:00 AM		Caregiver Skills Training CST. Dr. Eman Gaber 10:30 AM - 12:30 PM	Radical CBT... Roots and Branches: CBT for Children and Their parents. Dr. Nermin Nabil 10:30 AM - 11:30 AM

TIME	قاعة ابو النجا	قاعة الدراسات	قاعة معمل مهارات ١	PHYSIOLOGY 1
10:30 AM 11:30 AM	*Fibromyalgia: Different Perspectives of Etiology and Management.* **2. Fibromyalgia: Rheumatology perspective** Prof. Dina Shahin 11:00 AM - 11:15 AM **3. Multimodal Approach to Management of Fibromyalgia.** Prof. Mohamed Y. Makharita 11:15 AM - 11:30 AM			
11:30 AM 12:30 PM	**Routine Medical Examination in Psychiatric Patients.** Asst. Prof. Ibrahim H. Rashed 11:30 AM - 12:00 PM **Mini Sleep Workshop Too Much or Too Little: Sleep Issue sand How to Treat Them** مشاكل الأرق والنعاس المفرط ، مشاكل في النوم نحتاج للتغلب عليهم Asst. Prof. Mohamed El Wasify 12:00 PM - 12:30 PM	**An Immaterial Mind Beyond the Brain.** Prof. Roshdy El Gammal 11:30 AM - 12:00 PM		
12:30 PM - 1:00 PM COFFEE BREAK				

TIME	قاعة ابو النجا	قاعة الدراسات	قاعة معمل مهارات ١	PHYSIOLOGY 1
1:00 PM 3:00 PM	*Interact Lab (10 minutes).* **Teaching and Assessment of Psychiatry in Medical Undergraduates; Challenges and Future Directions.** تدريس وتقييم مقرر الطب النفسي لطلبة كلية الطب؛ التحديات والاتجاهات المستقبلية. Speaker: Prof. Mohamed Mitwally أستاذ الطب النفسي بكلية طب المنصورة ومنسق مقرر الطب النفسي والعلوم السلوكية Moderator: Prof. Mahmoud El Wasify أستاذ الطب النفسي بكلية طب المنصورة. Panel Members: *(Alphabetically Listed):* Prof. Ahmed Negm مدير برنامج المنصورة مانشستر بكلية طب المنصورة. Prof. Amira Taman مدير برنامج الطب والجراحة كلية طب المنصورة الأهلية. Prof. Basma Shouman وكيل كلية طب المنصورة لشئون التعليم والطلاب Prof. Doaa Tawfeek نائب مدير برنامج الساعات المعتمدة بكلية طب المنصورة. Prof. Elsaied Abdelhady رئيس جامعة حورس. Prof. Hala Elmarsafawy عميدة كلية طب المنصورة الجديدة.	**Harm Reduction in Addiction Medicine.** Prof. Mahmoud El Habiby Dr. Ibrahim M. Talaat Dr. Ahmed Shawqi Ahmed		

TIME	قاعة ابو النجا	قاعة الدراسات	قاعة معمل مهارات ١	PHYSIOLOGY 1
1:00 PM 3:00 PM	Prof. Hend Aboelatta رئيس قسم التعليم الطبي بكلية طب المنصورة. Prof. Mohamed A. Elbaiomy نائب رئيس جامعة المنصورة لشئون التعليم والطلاب. Prof. Nagi Abdelhady مدير برنامج الساعات المعتمدة بكلية طب المنصورة. Prof. Salwa Tobar رئيس قسم الطب النفسي بكلية طب المنصورة. Prof. Suzy Fayez مدير برامج الطب والجراحة في كلية طب المنصورة الجديدة.			
3:00 PM 3:30 PM	*Undergraduate Research Session:* Chairpersons: Asst. Prof. Mohamed El Wasify Asst. Prof. Ibrahim Hamdy. **Empowering Egyptian Youth: Unveiling Mental Health Literacy and Help-Seeking Dynamics among University Students.** Mohamed Baklola 3:00 PM - 3:15 PM **Patterns and Barriers of Mental Health Service Utilization among Medical Students.** Mohamed Terra 3:15 PM - 3:30 PM			

THURSDAY, 19 OCTOBER 2023 — RAS EL BAR

TIME	HALL (A) AL SULTAN	HALL (B) AL PRINCES
	8:00 AM - 9:00 AM - REGISTRATION	
9:00 AM 10:30 AM	Chairpersons: Prof. Mostafa Shahin Eva Sponsored Training. Prof. Hisham Ramy Prof. Mohamed Adel El-Hadidy	Chairpersons: *(Alphabetically Listed):* Prof. Ayman El Hosseiny Prof. Eman El Sheshtawy Prof. Heba Essam Asst. Prof. Ibrahim Hamdy. Prof. Ibtihal M. Aly Asst. Prof. Nisserin El Sadoony Asst. Prof. Reham Amer Prof. Warda Fathi Visual Hallucination: Neurobiology and Underlying Etiologies Dr. Hamada Zehry 9:00 AM - 9:15 AM To see the Unseen in the Neurobiology of Psychological Trauma. Dr. Hassan Sonbol 9:15 AM - 9:30 AM Artificial Intelligence, Relationship to Psychiatry. Asst. Prof. Hayam Fathi. 9:30 AM - 9:45 AM Internet Gaming Disorder Prof. Mohamed Abo El Abbas 9:45 AM - 10:00 AM Unlocking the Enigma: The Thrilling Interplay Between Suicidality and Prescription Drug Abuse! Prof. Mohamed Abdel Ghany 10:00 AM - 10:15 AM Fear of the Unknown; How to Deal with Uncertainty? Prof. Mai Issa 10:15 AM - 10:30 AM

TIME	HALL (A) AL SULTAN	HALL (B) AL PRINCES
10:30 AM 12:15 PM	Chairpersons: *(Alphabetically Listed):* Prof. Ahmed Eissa Prof. Hisham Ramy Prof. Ibtihal M. Aly Prof. Marwa El Missiry Prof. Mohamed Mitwally Prof. Momtaz Abdel Wahab Prof. Salwa Tobar Prof. Soha El Ghobashy **Does Heart Transplant Change Your Personality?** Prof. Hani Hamed 10:30 AM - 10:45 AM **Infanticide: Important Pychiatric Consideration.** Prof. Ehab Ramadan 10:45 AM - 11:00 AM **Vaginismus** Abdalla Mekky 11:00 AM - 11:15 AM **New Biomarker for OCD New Strategies for Treatment of OCD** Prof. Haidy Hasan 11:15 AM - 11:30 AM **Management Depressive Disorder: Can Building Resilience Help us to do Better?** Dr. Mona El Hady 11:30 AM - 11:45 AM **Pharmaceutically Sponsored GSK BIPOLAR DEPRESSION; Challenges and Updates.** Prof. Mahmoud El Wasify 11:45 AM - 12:15 PM	Chairpersons: *(Alphabetically Listed):* Prof. Eman El Sheshtawy Asst. Prof. Hayam Fathi Prof. Mohamed Abdel Ghany Prof. Mohamed Abo El Abass Asst. Prof. Mohamed El Wasify Prof. Mai Issa Prof. Yomna Sabry **Social Anxiety along Life Cycle** 10:30 AM - 11:30 AM د. أمنية رأفت - أستاذ الطب النفسي د. هبة فتحي - أستاذ الطب النفسي د. داليا عنبة - أستاذ الطب النفسي د. شيرين مكاوي - أستاذ مساعد الطب النفسي **Passing as Non-autistic: The story of a Missed Diagnosis** Prof. Mohamed Selim 11:30 -AM 11:45 AM **Differential Diagnosis of Autistic Spectrum Disorder** Dr. Mohamed Mahmoud Hamouda 11:45 AM - 12:00 PM

TIME	HALL (A) AL SULTAN	HALL (B) AL PRINCES
12:15 PM 1:30 PM	**Opening** 12:15 PM - 12:45 PM Chairpersons: *(Alphabetically Listed):* Prof. Afaf Hamed Prof. Mahmoud Elwasify Prof. Momtaz Abdel Wahab Prof. Salwa Tobar Prof. Elsayed Elnaggar Prof. Mohamed Mitwally Prof. Osama Elborei Prof. Wafaa El Bahaey **Plenary Lecture: New Era - Modified Practice** Prof. Salwa Tobar 12:45 PM - 1:00 PM **Keynote Lecture: Psychiatry Practice: Challenges & Opportunities** Prof. Momtaz Abdel Wahab 1:00 PM - 1:15 PM **Keynote Lecture: Challenge in Recognizing and Management of Dsm5 Anxiety Disorders** Prof. Afaf Hamed 1:15 PM - 1:30 PM	

1:30 PM - 2:00 PM COFFEE BREAK

TIME	HALL (A) AL SULTAN	HALL (B) AL PRINCES
2:00 PM 3:00 PM	Chairpersons: *(Alphabetically Listed):* Prof. Afaf Hamed Prof. Elsayed Elnaggar Prof. Fatma Sherif Prof. Mohamed Farid Prof. Mohamed Shehda Prof. Reda Roshdy Prof. Shewikar Elbakry Prof. Wafaa El Bahaey **Anhedonia Revisited.** Prof. Nahla Nagy 2:00 PM - 2:15 PM **Types of Borderline Personality Disorder.** Dr. Samir Abou El Magd 2:15 PM - 2:30 PM **Challenges and Opportunities in Psychiatry Practices: Cultural Considerations in Egypt and the Arab World** Prof. Mona Rakhawy 2:30 PM - 2:45 PM **Pharmaceutically Sponsored Otsuka** **Long-acting Antipsychotics; Choosing the Right Shot** Prof. Mahmoud El Wasify 2:45 PM - 3:00 PM	Chairpersons: *(Alphabetically Listed):* Prof. Heba Fathi Prof. Mohamed Seleem Prof. Mona Elhady Prof. Nivert Zaki Prof. Omnia Rafaat Prof. Salwa Tobar Prof. Taghreed Elshafie Prof. Warda Fathi **Child Psychiatry Practice: Challenges & Opportunities** Prof. Soaad Moussa 2:00 PM - 2:15 PM **Challenges in the Diagnosis and Management of Depression in Adolescents** Prof. Maha Elsayed 2:15 PM - 2:30 PM **Non-pharmacological Management of ADHD** Prof. Ali Ismail 2:30 PM - 2:45 PM **Pharmaceutically Sponsored Abbott** **Role of Fluvoxamine in MDD** Prof. Mohamed Mitwally 2:45 PM - 3:00 PM

TIME	HALL (A) AL SULTAN	HALL (B) AL PRINCES
3:00 PM 4:00 PM	Chairpersons: *(Alphabetically Listed):* Prof. Mohamed Adel El Hadidy Prof. Mohamed Farid Prof. Soaad Moussa Prof. Nahla Nagy Prof. Maha El Sayed Prof. Mohamed Mitwally Prof. Moustafa Shaheen **What is New in Psychosis Management? The story of TAAR** Prof. Adel El Sheashaey 3:00 PM - 3:15 PM **Translating the Science and Art of Medicine into Psychiatric Practice** Prof. Ahmed Mubarak 3:15 PM - 3:30 PM **Pharmaceutically Sponsored Janssen An Instant Hope: Spravato in Treatment of Resistant Major Depressive Disorder** Asst. Prof. Ibrahim Hamdy 3:30 PM - 3:45 PM **Pharmaceutically Sponsored Janssen Early Initiation of Long-Acting Treatments with Schizophrenic Patients** Asst. Prof. Mohamed El Wasify 3:45 PM - 4:00 PM	Chairpersons: *(Alphabetically Listed):* Prof. Ehab Ramadan Prof. Mona El Rakhawy Prof. Ola Shaheen Asst. Prof. Wessam Ghareeb Prof. Haydy Hassan Prof. Noha Sabry Prof. Tarek Molokhia Prof. Yasser Abo Rayah **Personality Disorders** Prof. Abdel Nasser Omar 3:00 PM - 3:15 PM **Comorbidity in Psychiatric Disorders** Prof. Alaa Darwish 3:15 PM - 3:30 PM **Can Psychotherapy Change Old Memories?** Dr. Ahmad Dobea 3:30 PM - 3:45 PM **Pharmaceutically Sponsored HSO An Example of Antipsychotics Misnaming** Prof. Mahmoud El Wasify 3:45 PM - 4:00 PM

TIME	HALL (A) AL SULTAN	HALL (B) AL PRINCES
4:00 PM 5:00 PM	Chairpersons: *(Alphabetically Listed):* Prof. Abdalla Mekky Prof. Abdel Nasser Omar Prof. Dalia Enaba Prof. Eman El Sheshtawy Maj. Gen. Mohamed Diab Maj. Gen. Mohamed Reda Prof. Mohamed Shehda **Well Being Therapy in Psychiatric Disorders** Prof. Taghreed El Shafie 4:00 PM - 4:15 PM **Depressive Symptoms and Hopelessness among a Sample of Egyptian Patients with Cancer: Role of Religiosity** Prof. Nivert zaki 4:15 PM - 4:30 PM **Are We in Need of Sports Psychiatrists?** Prof. Shewikar Bakery 4:30 PM - 4:45 PM **Pharmaceutically Sponsored Clavita** **Brexpiprazole: a New Weapon in Psychiatric Management** Prof. Tarek Molokhia 4:45 PM - 5:00 PM	Chairpersons: *(Alphabetically Listed):* Prof. Adel El Sheashaey Prof. Alaa Darwish Dr. Emad Mashaly Prof. El Sayed Saleh Prof. Hala El Boraei Prof. Hala Taha Dr. Mohamed Zohdy Prof. Menen Abdelmaksoud Prof. Samir Abo Elmagd Asst. Prof. Sherin Mekawy القانون والمسؤولية الجنائية لدى المريض النفسي Dr. Manal El Attar 4:00 PM - 4:15 PM **Digital Transformation in Mental Health Services** Dr. Sally Noby 4:15 PM - 4:30 PM **Understanding Suicide and its Prevention** Dr. Alaa Farghaly 4:30 PM - 4:45 PM **Pharmaceutically Sponsored Mash** **Olazorix a Strong Antipsychotic and More** Prof. Mohamed Adel 4:45 PM - 5:00 PM

FRIDAY, 20 OCTOBER 2023 — RAS EL BAR

TIME	HALL AL DIWAN
10:00 AM 11:30 AM	Parenting of Internalizing Disorders Prof. Heba Essam Prof Soha Ghobashy
11:30 AM 12:30 PM	Raising resilience of Adolescents using Acceptance and commitment therapy groups and discussing animated movies Dr. Helen Ahmed Soliman Dr. Dina Masoud Abdel Hafez Abdraboh
	12:30 PM - 1:30 PM COFFEE BREAK
1:30 PM 3:00 PM	Treatment of Smoking in Pregnancy and Lactation Prof. Warda Fathi Evaluation of Inflammatory and Metabolic Impairments Regarding Depression Dimensions Prof. Youmna Sabry Some Strategies of ACT Dr: Shaimaa Arafa
3:00 PM 4:00 PM	Closing Ceremony Prof. Salwa Tobar Prof. Momtaz Abdel Wahab

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