13th Annual Conference of Mansoura Rheumatology and Rehabilitation Department

Management of Rheumatic Diseases: State of the Art

Under Collaboration of

Egyptian Society of Rheumatic diseases

7–8 May, 2026

Stiengenberger Hotel, El Lessan Ras El Bar

Under Patronage of
Prof. Sherif Khater
President of Mansoura University

Prof. Ashraf Shoma
Dean of Faculty of Medicine

Prof. Alaa Wafa
Vice Dean Faculty of Medicine for Postgraduate Studies

Prof. Hisham Habib
President of The Conference

Prof. Manal Awad
Conference Vice-President

Prof. Sherif Refaat
Conference General Secretary

Prof. Tamer ElSaid
Conference Coordinator

Welcome Message

Dear Colleagues,

On behalf of the Conference Board of 13th Conference of Rheumatology and Rehabilitation, we have the honor to invite you all to:

13th Annual Rheumatology and Rehabilitation Department Conference

We have an exciting program that we hope is going to entertain all our audience, renew friendships, extend our networks, and jointly explore current and future research directions in the field of Rheumatology.

The conference will be going to be held

7-8 May 2026 - at Stiengenberger Hotel, El Lessan Ras El Bar

We look forward to personally welcoming you & hope that you will have a productive and fun-filled time at this very special conference.

Conference President



Prof. Hisham Habib

Head of Rheumatology and Rehabilitation Department - Mansoura University


13th
Annual Conference of Mansoura
Rheumatology and Rehabilitation Department
Management of Rheumatic Diseases: State of the Art
MANSOURA FACULTY OF MEDICINE
THURSDAY
7 MAY 2026

08:30 AM — **REGISTRATION**

1 CASE PRESENTATION (COMPETITION)

CHAIRPERSONS — 09:30 – 10:30 AM

Prof. **ABD EL-MOATY AFIFY** (Mansoura University)
Prof. **AHMED EMERAH** (Zagazig University)
Prof. **ALI EL-DEEP** (Tanta University)
Prof. **SONYA RASHAD** (Suez University)

TIME	LECTURE
09:30 – 09:45 AM	Dr. **ROAA ABD EL-SALAM** - (Zagazig University)
09:45 – 10:00 AM	Dr. **HAGER ANWAR** - (Tanta University)
10:00 – 10:15 AM	Dr. **NOURA SHABAN** - (Benha University)
10:15 – 10:30 AM	Dr. **NOURAN SALLAM** - (Mansoura University)

JANSSEN SYMPOSIUM

CHAIRPERSONS — 10:30 -10:50 AM

Prof. **ATEF EL-GHAWEET** (Mansoura University)
Prof. **HANAN ELSAADANY** (Tanta University)
Prof. **HASNAA RAGAB** (Dakahlia Association)

TIME	LECTURE
10:30 -10:50 AM	**Tremfya: From Evidence to Practice** Prof. **SHERIF REFAAT** (Mansoura University)

2 MULTIDISCIPLINARY CASE DISCUSSION RHEUMATOLOGY – PULMONOLOGY – OPHTHALMOLOGY

10:50 – 11:50 AM

TIME	LECTURE	
10:50 – 11:50 AM	Moderator	Ass. Prof. **SHERINE ABDELRAHMAN** (Assistant Professor of Rheumatology and Rehabilitation – Mansoura University)
	Case Presenter	Dr. **AHMED OTHMAN** (Assistant Lecturer of Rheumatology and Rehabilitation – Mansoura University)
	Panel	Prof. **AMANI EL-BAHNASAWY** (Professor of Rheumatology and Rehabilitation – Mansoura University)
		Prof. **MAGDY EMARA** (Professor of Pulmonology – Mansoura University)
		Ass. Prof. **AMGAD EL-NOKRASHY** (Assistant Professor of Ophthalmology – Mansoura University)

Opening Ceremony

COFFEE **BREAK**
11:50 – 12:30 PM



NOVARTIS SYMPOSIUM

NOVARTIS

CHAIRPERSONS

12:30 -12:50 PM

Prof. **HEBA ABD EL-WAHAB** (Zagazig University)
Prof. **HISHAM HAMOUD** (Al-Azhar University)
Prof. **SHEREEN MACHALY** (Mansoura University)

TIME	LECTURE
12:30 -12:50 PM	**Beyond symptom control: Transforming lives in Axial SPA with cosyntex** Prof. **SHERIF REFAAT** (Mansoura University)

3 INTERESTING TOPICS

CHAIRPERSONS

12:50 – 02:10 PM

Prof. **AMAL EL GANZOURI** (Ain Shams University)
Prof. **HENAZ FAROUK** (Ain Shams University)
Prof. **MOHAMED IMAM** (Alexandria University)
Prof. **MOHAMED MORTADA** (Zagazig University)

TIME	LECTURE
12:50 –01:10 PM	**Fibromyalgia: Daily aches, pains and sleepless nights** Prof. **SAMIR AL BADAWI** - (Cairo University)
01:10 – 01:30 PM	**Diagnostic approach to lupus nephritis 2025** Prof. **HISHAM HAMOUD** -(Al- Azhar University)
01:30 – 01:50 PM	**Sjogren's beyond dryness: Systemic disease phenotyping** Prof. **SAHAR FATHI** - (Ain Shams University)
01:50 – 02:10 PM	**Emerging and novel therapies in autoimmune rheumatic diseases: the future is now** Prof. **MANAL AWAD** - (Mansoura University)

PHARMAOVERSEAS SYMPOSIUM

pharmaoverseas Import & Export

CHAIRPERSONS

02:10 -02:30 PM

Prof. **AMAL ELBAKRY** (Zagazig University)
Prof. **DALIA FAYEZ** (Ain Shams University)
Prof. **DIAA MOHASSEB** (Alexandria University)

TIME	LECTURE
02:10 -02:30 PM	**Rheumatoid Arthritis: Disease background and role of Inerleukine-6** Prof. **HISHAM HABIB** (Mansoura University)

4 CLINICAL DEBATABLE TOPICS

CHAIRPERSONS

02:30 – 03:30 PM

Prof. **AMIR YOUSSEF** (Mansoura University)
Prof. **HALA FAYED** (Cairo University)

Prof. **MANAL AWAD** (Mansoura University)
Prof. **SAMAH ELBAKRY** (Ain Shams University)

TIME	LECTURE
02:30 –02:50 PM	**Behcet's syndrome: to anticoagulate or not** Prof. **REEM HAMDY** - (Cairo University)
02:50 – 03:10 PM	**New guidelines in Gout: with or against** Prof. **REEM EL-MALLAH** - (Ain Shams University)
03:10 – 03:30 PM	**Preclinical RA: is it an actual term and should it be treated?** Prof. **MOHAMED EL-WAKD** - (Cairo University)

EVA SYMPOSIUM

EVA PHARMA

CHAIRPERSONS

03:30 -04:00 PM

Prof. **BASMA EL-KADY** (Mansoura University)
Prof. **DINA EL-HAMMADY** (Helwan University)
Prof. **GIHAN ABDEL LATIF** (Alexandria University)

TIME	LECTURE
03:30 -03:45 PM	**Upadacitinib journey: a drug with expanded indications** Prof. **SHERIF REFAAT** - (Mansoura University)
03:45 -04:00 PM	**Mastering the JAKi: Baricitinib in the Daily Clinic** Prof. **TAMER ELSAID** - (Mansoura University)

5 RHEUMATOLOGY – ENDOCRINOLOGY CROSS TALK

CHAIRPERSONS — 04:00 – 04:40 PM

Prof. **HANY NAGI** (Agouza Military Centre)
Prof. **IBRAHIM EL-BOGHDADY** (Mansoura University)
Prof. **LOAY AGLAN** (Aswan University)
Prof. **NANIS ONSY** (Mansoura University)

TIME	LECTURE
04:00 – 04:20 PM	**Autoimmune Thyroiditis: Endocrine Overview** Prof. **ALAA WAFA** - (Professor of Endocrinology – Mansoura University)
04:20 – 04:40 PM	**Autoimmune Thyroiditis: Rheumatic Implications** Prof. **TAMER ELSAID** - (Professor of Rheumatology and Rehabilitation – Mansoura University)

MINAPHARM SYMPOSIUM

MINAPHARM PHARMACEUTICALS

CHAIRPERSONS — 04:40 -05:00 PM

Prof. **HEBATALLAH ELCHAMY** (Ain Shams University)
Prof. **MERVAT EISSA** (Cairo University)
Prof. **NEVINE BADR** (Ain Shams University)

TIME	LECTURE
04:40 -05:00 PM	**Osteoporosis: The way for bone quality improvement** Prof. **HISHAM HABIB** - (Mansoura University)

CLOSURE **AND DINNER**



FRIDAY
8 MAY 2026

08:30 AM — **REGISTRATION**

6 CASE PRESENTATION (COMPETITION)

CHAIRPERSONS — *09:30 – 10:30 AM*

Prof. **ALAA LABEEB** (Menoufia University)
Prof. **FATEN ISMAIL** (Minya University)
Prof. **GEILAN MAHMOUD** (Cairo University)
Prof. **SHERIF GAMAL** (Cairo University)

TIME	LECTURE
09:30 – 09:45 AM	Dr. **MAYAR HUSSIEN** - (Alexandria University)
09:45 – 10:00 AM	Dr. **DINA EL-HADBA** - (Ain Shams University)
10:00 – 10:15 AM	Dr. **AYA HASSAN** - (Minya University)
10:15 – 10:30 AM	Dr. **ASMAA BAKR** - (Menoufia University)

SANDOZ SYMPOSIUM — SANDOZ

CHAIRPERSONS — *10:30 -10:50 PM*

Prof. **MEDHAT MOHEY EL DIN** (Health Insurance)
Prof. **NADIA KAMEL** (Ain Shams University)
Prof. **NAYERA ZAGHLOUL** (Ain Shams University)

TIME	LECTURE
10:30 -10:40 AM	**Improving rheumatoid arthritis patient's outcomes: A role of Rituximab** Prof. **HISHAM HABIB** - (Mansoura University)
10:40 -10:50 AM	**Psoriatic arthritis treat to target** Prof. **SHERIF REFAAT** - (Mansoura University)

7 DIFFICULT TO TREAT

CHAIRPERSONS — 10:50 – 11:50 AM

Prof. ABEER LAZ (Cairo University)
Prof. DAHLIA ABDEL MOHSEN (Ain Shams University)
Prof. MONA MOHSEN (Mansoura University)
Prof. NEVEN FOUDA (Ain Shams University)

TIME	LECTURE
10:50 –11:10 AM	**Pitfalls in axial SpA & points to consider in difficult-to-treat** Prof. **BASSEL EL-ZORKANY** - (Cairo University)
11:10 –11:30 AM	**Difficult-to-treat Rheumatoid arthritis: Is ACPA-negative disease a distinct therapeutic entity?** Prof. **MOHAMMAD KAMAL** - (Mansoura University)
11:30 –11:50 AM	**Serologically Active Clinically Quiescent Lupus** Ass. Prof. **DINA MAHMOUD** - (Mansoura University)

ASTRAZENECA SYMPOSIUM AstraZeneca

CHAIRPERSONS — 11:50 AM-12:20 PM

Prof. AHMED EL-SHAMBAKY (Benha University)
Prof. AMAL ELBARBARI (Tanta University)
Prof. GIHAN OMAR (Minya & MUST University)

TIME	LECTURE
11:50 -12:05 PM	**Revolutionary SLE management Anifrolumab (A new hope in management of SLE)** Prof. **SHERIF REFAAT** - (Mansoura University)
12:05 -12:20 PM	**Rewriting the SLE story: New Era, New targets** Prof. **TAMER ELSAID** - (Mansoura University)

AL ANDALOUS SYMPOSIUM

Al Andalous For Pharmaceutical Ind.

CHAIRPERSONS

12:20 -12:35 PM

Prof. **AMAL FEHR** (Helwan University)
Prof. **MARWA ABO EL HAWA** (Tanta University)
Prof. **REFAAT EL-TANAWY** (Damietta University)

TIME	LECTURE
12:20 -12:35 PM	**Updated Barcitinib Overview** Prof. **TAMER ELSAID** - (Mansoura University)

PRAYER **TIME**
12:35 – 01:30 PM

PLENARY SESSION

8 ABDOMINAL PAIN IN RHEUMATIC DISEASES: DIAGNOSTIC AND THERAPEUTIC CHALLENGES

01:30 – 02:30 PM

TIME	LECTURE	
01:30 – 02:30 PM	Moderator	Prof. **REHAM MAGDY** (Professor of Rheumatology and Rehabilitation – Mansoura University)
	Panel	Prof. **MANAL AWAD** (Professor of Rheumatology and Rehabilitation – Mansoura University)
		Prof. **MERVAT EISSA** (Professor of Rheumatology and Rehabilitation – Cairo University)
		Prof. **MAHA MAHER** (Professor of Hepatology and Gastroenterology- Mansoura University)

9 PEDIATRIC RHEUMATOLOGY

CHAIRPERSONS

02:30 – 03:30 PM

Colonel Dr. **EMAN AMER** (Police Hospitals)

Prof. **MOHAMMAD EL-GAWISH** (Zagazig University)

Prof. **SAAD EL-ZOKM** (Al-Azhar Damietta University)

TIME	LECTURE
02:30 –02:50 PM	**Non-inflammatory mimickers of pediatric rheumatic disorders** Ass. Prof. **DOAA MOSAAD** - Mansoura University)
02:50 – 03:10 PM	**Targeting the Untargetable in Refractory Pediatric Lupus** Prof. **MOHAMED HASSAN** - (Tanta University)
03:10 – 03:30 PM	**Recent advances in biomarkers of juvenile idiopathic arthritis** Prof. **WALEED SALAH** - (Benha University)

CLOSURE REMARKS AND WRAPPING UP

DINNER



Organizing Committee

Prof. Shereen Machaly

Prof. Reham Magdy

Ass. Prof. Ola Gharbia

Ass. Prof. Sherine Abdel Rahman

Dr. Ahmed Othman

Scientific Committee

Prof. Hisham Habib

Prof. Manal Awad

Prof. Sherif Refaat

Prof. Tamer ElSaid

Prof. Amany El Bahnasawy

Ass. Prof. Doaa Mosaad

PROJECT MANAGER

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