September 1 - 2, 2022
Misr Travel Hotel, Port Said

23rd Annual Conference of Port Said Society of Internal Medicine



The Head of Port Said Internal Medicine

Conference President
Prof. Abo El Maaty El Sherif

Conference Vice President
Prof. Ayman El Gendy

Scientific Committee
Prof. Yousery Younes
Prof. Mohamed El Shemy

Organizing Committee
Prof. Mahmoud Mahran
Prof. Ahmed Moustafa

23rd Annual Conference of Port Said Society of Internal Medicine

Thursday 1 September 2022

Registration 11:00 AM – 11:30 PM

Opening 11:30 - 11:50 AM

Prof. Abo El Maaty El Shereif (Port Said)
Prof. Ayman El Gendy (Port Said)

Merck Symposium

11:50 AM - 12:00 PM **Prof. Abo El Maaty El Sherif (Port Said)**
The Early and tight glycemic control

MERCK

Session 1 (Al Azhar Endocrine Session) 12:00 – 12:45 PM

Chairpersons: (alphabetically)
Prof. Ibrahim Ghonim (Al Azhar)
Prof. Magdy El Dahshan (Al Azhar)
Prof. Mahmoud Hemida (Al Azhar)

12:00 – 12:15 PM **Prof. Gamal Badr (Al Azhar)**
Unusual Presentation of Graves disease

12:15 – 12:30 PM **Prof. Mahmoud Hemida (Al Azhar)**
Acromegaly (Case Presentation)

12:30 – 12:45 PM **Prof. Mahmoud Ezzat (Al Azhar)**
Thyroid eye disease (Case Study)

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Session 2 12:45 – 1:45 PM

Chairpersons: (alphabetically)
Prof. Ibrahim Sabry (Damietta)
Prof. Islam Eid (Damietta)
Prof. Youssry Younes (Port Said)

12:45 – 01:00 PM	Prof. Iman ELshorbagy (Zagazig) Postthyroidectomy hypoparathyroidism
01:00 – 01:15 PM	Prof. Adel Abdelsalam (Mansoura) Tips to Connective tissue diseases (From Bench to bedside)
01:15 – 01:30 PM	Prof. Peter Safwat (NRC) Diet, is it an easy gate for weight loss in T2D?
01:30 – 01:45 PM	Prof. Taher El Serafy (Suez Canal) New trends of the old tale; serum insulin and lipid profile



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01:45 – 02:30 PM

Chairpersons: (alphabetically)
Prof. Ibrahim Badr (Port Said)
Prof. Mohamed Asal (Port Said)
Prof. Mohamed Awad (Zagazig)
Prof. Tahseen Gomaa (Port Said)

01:45 – 02:00 PM Novo Nordisk Symposium
Prof. Ahmed Eissa (Tanta)
IDegLira: The power of DUAL action

02:00 – 02:15 PM Novo Nordisk Symposium
Prof. Mohamed Awad (Zagazig)
Liraglutide 3.0 mg: one drug multiple benefits

02:15 – 02:30 PM MSD Symposium
Prof. Hisham Mitwally (Suez Canal)
Sitagliptin use in different types of T2DM patients

02:30 – 03:20 PM

Chairpersons: (alphabetically)
Prof. Hossam Hamed
Prof. Ismail Ali (Port Said)
Prof. Taher El Serafy (Suez Canal)

02:30 – 02:45 PM Novartis Symposium
Prof. Mohamed Imam (Health Insurance)
Valsartan standard of care enhancement

02:45 – 03:00 PM Novartis Symposium
Prof. Mohamed Abd El Ghany (Mansoura)
Time is now.. Time in range

03:00 – 03:15 PM Merck Symposium
Prof. Mamdouh El Nahas (Port Said)
Step One in Diabetes Management

03:15 – 03:20 PM Al Mokhtabar Symposium
Dr. Ahmed Abdelsabour (Zagazig)
Insulin resistence: A multifaceted disorder and test

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Break 03:20 – 03:30 PM

Session 3 03:30 – 04:30 PM

Chairpersons: (alphabetically)
Prof. Farid Fawzy (Zagazig)
Prof. Mesbah Kamel (Minia)
Prof. Mohamed Yakout (Mansoura)

03:30 – 03:45 PM	Prof. Mohamed Yakout (Mansoura) Non diabetic hypoglycemia
03:45 – 04:00 PM	Prof. Mesbah Kamel (Minia) Pitfalls in hypoglycemia.
04:00 – 04:15 PM	Prof. Farid Fawzy (Zagazig) Diabetes and gut cross talks
04:15 – 04:30 PM	Prof. Mahmoud El-Fawy (Port Said) Statins in grey zone of primary prevention

04:30 – 05:10 PM

Chairpersons: (alphabetically)
Prof. Abbas Orabi (Zagazig)
Prof. Ahmed Dirar (Sudan)
Prof. Mamdouh El Nahas (Port Said)
Prof. Mohamed Elshemy (Port Said)

04:30 – 04:40 PM	Sanofi Symposium Prof. Mohamed Abd El Ghany (Mansoura) Glycemic control mandates 1ry Prevention
04:40 – 04:50 PM	Sanofi Symposium Prof. Abbas Orabi (Zagazig) Role of Iglarlixi in management of OAD uncontrolled patients (power of 2)
04:50 – 05:00 PM	Sanofi Symposium Prof. Ahmed Sanad (Suez Canal) The Clinical Impact of PCSK9 Inhibitors on Plaque Stabilization
05:00 – 05:10 PM	Sanofi Symposium Prof. Fathy Nada (Suez Canal) ASA- free strategy

Session 4 05:15 – 05:45 PM
Diabetic foot diseases

Chairpersons: (alphabetically)
Prof. Hossam Hamed
Prof. Mamdouh El Nahas (Port Said)
Prof. Saad Alalamy (Port Said)
Prof. Sayed El Masry (Port Said)

05:15 – 05:30 PM Prof. Fady Azmy (Mansoura)
PAD in Diabetes

05:30 – 05:45 PM Prof. Ahmed Al Behairy (Mansoura)
Prevention of Diabetic foot ulcer

Session 5 05:45– 06:15 PM
Metabolic Syndrome: Multidisciplinary approach (ESMA Session)

Chairpersons: (alphabetically)
Prof. Gamila Nasr (Suez Canal)
Prof. Hamza Kabil (Damietta)

05:45 – 06:00 PM Prof. Ihab Salem (Zagazig)
Endocrinologist point of view

06:00 – 06:15 PM Prof. Ahmed Tageldin (Suez Canal)
Cardiologist Point of View

Session 6 06:15 – 06:45 PM

Chairpersons: (alphabetically)
Prof. Ahmed Tageldin (Suez Canal)
Prof. Ihab Salem (Zagazig)

06:15 – 06:30 PM Prof. Gamila Nasr (Suez Canal)
Can we prevent heart disease

06:30 – 06:45 PM Prof. Hamza Kabil (Damietta)
10 points to remember

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06:45 – 08:00 PM

Chairpersons: (alphabetically)
Prof. Abo El Maaty El Shereif (Port Said)
Prof. Ayman El Gendy (Port Said)
Prof. Hisham Abo El Atta (Port Said)

06:45 – 07:00 PM	**Astrazeneca Symposium** **Prof. Azza El Eraky (Port Said)** **More than just dyslipidemia - EG3470**	AstraZeneca
07:00 – 07:15 PM	**Astrazeneca Symposium** **Prof. Gamal Fahim (Mansoura)** **Keep the Pace EG-5204**	AstraZeneca
07:15 – 07:30 PM	**AUG Symposium** **Prof. Fady Azmy (Mansoura)** **Glycemic Targets under Attack**	AUG PHARMA
07:30 – 07:45 PM	**Bayer Symposium** **Prof. Mohamed Imam (Health Insurance)** **Practical management of anticoagulation**	BAYER
07:45 – 08:00 PM	**Al Esraa Symposium** **Prof. Ihab El Hanafy (Port Said)** **New era (P-CAB therapy) for management of Peptic Ulcer Disease**	ALESRAA

08:00 Dinner

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Friday 2 September 2022

Session 7 11:00 – 11:45 PM

Chairpersons: (alphabetically)
Prof. Abdel Wanees Oura (Health Insurance)
Prof. Emad Mishriki (Tanta)

11:00 – 11:15 AM	Prof. Galal El Kassas (Tanta) Parent Education
11:15 – 11:30 AM	Prof. Kamal Saleh (Health Insurance) Physical Activity a Missed Issue
11:30 – 11:45 AM	Discussion

Prayer time & Break



01:00 – 02:00 PM

Chairpersons: (alphabetically)
Prof. Alaa wafa (Mansoura)
Prof. El Sayed Abd El Fatah (Delta)
Prof. Mohamed Abd El Shafy (Suez Canal)
Prof. Mohamed Shawky Elsayed (Benha)

01:00 – 01:10 PM — Sanofi Symposium
Prof. El Sayed Abd El Fatah (Delta)
Advancing therapy in management of basal insulin uncontrolled patients (Power of 2)

01:10 – 01:20 PM — Sanofi Symposium
Prof. Alaa wafa (Mansoura)
Second Generation Basal Insulin as part of the treatment journey: Across diabetes populations and moments

01:20 – 01:30 PM — Sanofi Symposium
Prof. Mohamed Shawky Elsayed (Benha)
Insulin Glulisine as an option for simpler insulin intensification in people with diabetes mellitus

01:30 – 01:40 PM — Sanofi Symposium
Prof. Abo El Maaty El Shereif (Port Said)
NAFLD prevalence and use of Essential phospholipid

01:40 – 01:50 PM — Sanofi Symposium
Prof. Mohamed Abd El Shafy (Suez Canal)
Orchestra in Heart Failure management

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Session 8 02:00 – 03:00 PM

Chairpersons: (alphabetically)
Prof. Megahed Abu El Magd (Mansoura)
Prof. Mohamed Awad (Zagazig)
Prof. Mohamed Kamar (Zagazig)
Prof. Mohamed Sallam (Zagazig)

02:00 – 02:15 PM	Prof. Mohamed Kamar (Zagazig) Hot topics in thyroid diseases or new strategies in the management of hyperglycemia in type 2 diabetes
02:15 – 02:30 PM	Prof. Megahed Abu El Magd (Mansoura) Short stature: an overview
02:30 – 02:45 PM	Prof. Mohamed Sallam (Zagazig) Hypothyroidism
02:45 – 03:00 PM	Prof. Mohamed Awad (Zagazig) 2022 Update to Management of Hyperglycemia in Type 2 Diabetes: A Consensus Report by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD)

Session 9 03:00 – 04:00 PM

Chairpersons: (alphabetically)
Prof. Ashraf Talaat (Damietta)
Prof. Fawzy El Mosallamy (Zagazig)
Prof. Hossam Arafa Ghazi (Mansoura)

03:00 – 03:15 PM	Prof. Hossam Arafa Ghazi (Mansoura) Do we need new classification for T2D?
03:15 – 03:30 PM	Prof. Fawzy El Mosallamy (Zagazig) Hidden face of diabetes (Eractile dysfunction)
03:30 – 03:45 PM	Prof. Ashraf Talaat (Damietta) Diabetes and Growth

Session 10 04:00 – 04:30 PM

Chairpersons: (alphabetically)
Prof. Hanzada El Maghrabi (Port Said)
Prof. Mohammed Kamal Nassar (Mansoura)

04:00 – 04:15 PM	Prof. Tarek M El Tantawy (Mansoura) Antithrombotic therapy in HD patient with AF
04:15 – 04:30 PM	Prof. Samir Sally (Mansoura) Management of DM in CKD..... KDIGO 2022

Session 11 04:30 – 05:00 PM

Chairpersons: (alphabetically)
Prof. Ahmed Moustafa (Port Said)
Prof. Mahmoud Mahran (Port Said)
Prof. Mesbah Kamel (Minia)

04:30 – 04:45 PM	Prof. Safaa Tawfik (National Nutrition Institute) Optimal diet for cardiovascular disease prevention
04:45 – 05:00 PM	Prof. Sara Mesbah (Minia) Nutritional management in diabetes

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Chairpersons: (alphabetically)
Prof. Abo El Maaty El Sherif (Port Said)
Prof. Haitham Badr (Menofia)
Prof. Mahmoud Emara (Menofia)

05:00 – 05:15 PM	Novo Nordisk Symposium Prof. Haitham Badr (Menofia) The First and Only Oral GLP1
05:15 – 05:30 PM	Astrazeneca Symposium Prof. Mahmoud Emara (Menofia) Dapagliflozin – The Care that all T2D Patients Deserve eg-5090
05:30 – 05:45 PM	Boehringer Ingelheim Symposium Prof. Abo El Maaty El Sherif (Pore Said) Fixed does combination What Synjardy can add

Session 12 06:00 - 07:00 PM

Chairpersons: (alphabetically)
Prof. Ahmed Shawky (Zagazig)
Prof. Youssry Younes (Port Said)

06:00 – 06:15 PM	Prof. Mohamed El Baz (Cairo) Calcular gall bladder dilemma!
06:15 – 06:30 PM	Prof. Merhan M. Elnagary (Port Said) New era in management of HF
06:30 – 06:45 PM	Prof. Mohamed Elshemy (Port Said) Case presentation

Closing and Dinner

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