27th DCDC

Domyat Cardiovascular Diabetes Conference

GASTROINTESTINAL PEARLS

RAMADAN FASTING IN MEDICALLY ILL PATIENT

Aracan, Ras Elbar - 4-6 February 2026



Conference Honorary President
Prof. Yehia Ghanem

Conference Godfather
Prof. Ibrahim Sabry

Conference President
Prof. Islam Eid

To the Spirit of Prof. Ashraf TalaaT

The Poor to God

CONFERENCE SEAL HOLDER

Dr. **Tawfik Zidan**

Conference Godfather

Dr. **Ibrahim Sabry**

Conference Honorary President

Prof. **Yehia Ghanem**

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Dr. **Emad Balah**

Conference President

Prof. **Eslam Eid**

Damietta Ramadan

Wednesday, February 4, 2026

Registration	10.00 – 11.00 AM

Session 1	11.00 AM – 12.30 PM

CHAIRPERSONS
in alphabetical order

Dr. **Ahmed Shawky**, Zagazig / Dr. **Ashraf Elazab**, Damitta / Dr. **Tawfek Zidan**, Damitta.

TIME	TOPIC	SPEAKER
11.00 AM 11.45 AM	**قانون المسؤولية الطبية بين الحقيقة والافتراء**	أستاذ / **أحمد شمس** المستشار القانوني لنقابة أطباء بني سويف
11.45 AM 12.15 PM	**The use of AI in scientific writing: What is right & what is wrong,**	Prof. **Mohamed Helaly Nasr Eldeen**, Mansoura University
12.15 PM 12.30 PM	**Discussion**	

State of art lecture	12.30 – 01.00 PM

CHAIRPERSONS
in alphabetical order

Dr. **Essam Gewily**, Damitta / Prof. **Khaled Elfaiomy**, Elazhar University**.**

TIME	TOPIC	SPEAKER
12.30 PM 01.00 PM	**The pathophysiology of fasting in health & disease**	Prof. **Megahed Abo Elmagd,** Mansoura University

Session 2 — 01.00 – 02.00 PM

CHAIRPERSONS
in alphabetical order

Prof. **Hamdy Elshesheny**, Horas University / Prof. **Roshdy Attia**, Damitta /
Prof. **Sheren Zohdy**, Horas University.

TIME	TOPIC	SPEAKER
01.00 PM 01.15 PM	**Care of the thyroid During Ramadan: Tips and Strategies for Fasting Safely**	Prof. **Khaled Elfaiomy**, Elazhar University
01.15 PM 01.30 PM	**Laboratory investigations before/ for Ramadan.**	Prof. **Mohamed Elfarash**, Damitta University
01.30 PM 01.45 PM	**Ramadan fasting & polypharmacy: Clinical challenges.**	Prof. **Hesham Daba**, Damitta University
01.45 PM 02.00 PM	**Discussion**	

Session 3 — 02.00 – 02.45 PM

CHAIRPERSONS
in alphabetical order

Dr. **Hassan Selim**, Damitta / Prof. **Islam Eid**, Mansoura University /
Prof. **Tamer Gohar**, Damitta.

TIME	TOPIC	SPEAKER
02.00 PM 02.15 PM	**Ramadan fasting and infectious diseases.**	Dr. **Emad Balah**, Damitta
02.15 PM 02.30 PM	**Hypoglycemia in Ramadan???????.**	Dr. **Mostafa Abo Elyazed**, Benha
02.30 PM 02.45 PM	**Discussion**	

Session	02.45 – 03.30 PM

CHAIRPERSONS
in alphabetical order

Dr. **Ahmed Gabr**, Damitta / Dr. **Mohamed Ellaban**, Damitta / Dr. **Yahya Kandel**, Damitta.

TIME	TOPIC	SPEAKER
02.45 PM 03.00 PM	**Hypertensions in CKD patients.** (Biofactor Symposium)	Prof. **Ahmed Eldeeb**, Mansoura University
03.00 PM 03.15 PM	**Imglibright: A Targeted Approach to the Underlying Core Defect** (Al Esraa Symposium)	Prof. **Aya Elbialy**, Mansoura University
03.15 PM 03.30 PM	**Sitagliptin / Metformin in type 2 diabetes** (Adwia Symposium)	Prof. **Samy Elazab**, Damitta

Break	03.30 PM

Thursday, 5 February 2026

Registration	10.00 – 10.30 AM

Session 4	10.30 – 11.30 AM

CHAIRPERSONS
in alphabetical order

Prof. **Mohamed Abd Elghany**, Mansoura University / Prof. **Mohamed Helaly**, Mansoura University / Prof. **Shaimaa Saeed**, Horus University.

TIME	TOPIC	SPEAKER
10.30 AM 10.45 AM	**Ramadan fasting and neurological disorders: The ongoing spirituality conflicts.**	Prof. **Saad Elsherify**, Port Said University
10.45 AM 11.00 AM	**Ramadan fasting and autoimmune diseases.**	Prof. **Adel Abd Elsalam**, Mansoura University
11.00 AM 11.15 AM	**Ramadan fasting in other endocrinal disorders.**	Prof. **Ahmed Beheiry**, Mansoura University
11.15 AM 11.30 AM	**Discussion**	

Session	11.30 AM – 12.15 PM

CHAIRPERSONS
in alphabetical order

Prof. **Mohamed Yakout**, Mansoura University / Dr. **Sayed Elmasry**, Port Said

TIME	TOPIC	SPEAKER
11.30 AM 11.45 AM	(Al Esraa Symposium)	Prof. **Yahia Ghanem**, Alexandria University
11.45 AM 12.00 PM	**Management of DN (role of Methylcobalamin)** (Al Esraa Symposium)	Prof. **Mohamed Shawky**, Benha University
12.00 PM 12.15 PM	**Nocturnal Hypertension & Long acting antihypertensive drug therapy** (Biomed Symposium)	Prof. **Mamdouh Elnahas**, Port Said University

Session 5	12.15 – 01.15 PM

CHAIRPERSONS
in alphabetical order

Dr. **Abdalla Shafeek**, Mansoura / Prof. **Medhat Gafar**, Damitta /
Prof. **Mohamed Shawky**, Benha University / Dr. **Mohamed Taky Eldeen**, Damitta.

TIME	TOPIC	SPEAKER
12.15 PM 12.30 PM	**Ramadan fasting in obese patients.**	Prof. **Rania Bahariz**, Mansoura University
12.30 PM 12.45 PM	**Walking through the holy month of Ramadan: Protecting your feet while fasting.**	Prof. **Mohamed Elsayed Abdalla**, Mansoura University
12.45 PM 01.15 PM	**Managing hypertension in real life: When combination therapy & heart rate control matter.** (Menarini Symposium)	Prof. **Noha Gaber**, Alexandria University

Opening Ceremony	01.15 – 01.45 PM

Prof. **Islam Eid**, Conference President
Dr. **Ahmed Elbeltagy**, President of Domyat Medical Syndicate
Prof. **Yahia Ghanem**, Conference Honorary President
Dr. **Tawfeek Zidan**, President of Association

Session	**Prof. Ashraf Talaat memorial lecture**	01.45 – 02.15 PM

CHAIRPERSONS
in alphabetical order

Prof. **Amany Mousa**, Mansoura University / Prof. **Mohamed Elass**, Zagazig University /
Prof. **Mohamed Kamar**, Zagazig University

TIME	TOPIC	SPEAKER
01.45 PM 02.15 PM	**Guideline- recommended disease-modify therapies for patients of cardiorenal disease: A call –to action**	Prof. **Mohamed Awad**, Zagazig University

Break	02.15 – 02.30 PM

Session	02.30 – 03.15 PM

CHAIRPERSONS
in alphabetical order

Dr. **Ayman Elgendy**, Port Said / Dr. **Essam Gewaily**, Damietta /
Prof. **Hesham Metwaly**, Mansoura University.

TIME	TOPIC	SPEAKER
02.30 PM 02.45 PM	**Sitagliform: T2D trusted partner.** (Biomed Symposium)	Prof. **Mahmoud Emara,** Menofia University
02.45 PM 03.00 PM	**Dual Mechanism, Superior Control: The clinica Impact of Empa/Lina combination .** (Xeedia Symposium)	Prof. **Mohamed Sallam,** Zagazig University
03.00 PM 03.15 PM	**Minimizing the valleys: Reducing hypoglicemia risk with insulin: Case study** (Sanofi Symposium)	Prof. **Mohamed Elsayed Abdalla,** Mansoura University

Session 6	03.15 – 04.00 PM

CHAIRPERSONS
in alphabetical order

Dr. **Adel Elagha**, Damitta / Prof. **Hesham Shoman**, Zagazig / Dr. **Kamal Saleh**, Mehala.

TIME	TOPIC	SPEAKER
03.15 PM 03.30 PM	**Optimize obesity treatments during fasting state.**	Prof. **Marwa Khalil**, Mansoura University
03.30 PM 03.45 PM	**Ramadan fasting: Is it only religious ?**	Prof. **Nader Elgarhy**, Endocrinology Consultant, Mehala
03.45 PM 04.00 PM	**Discussion**	

Session 7	04.00 – 04.45 PM

CHAIRPERSONS
in alphabetical order

Prof. **Hatem Salem**, Zagazig University / Prof. **Naglaa Abbas**, Mansoura University / Prof. **Sayed Hatata**, Mansoura University.

TIME	TOPIC	SPEAKER
04.00 PM 04.15 PM	**Fluid chess: The balance between overload and deficit.**	Prof. **Rasha Samir**, Mansoura University
04.15 PM 04.30 PM	**Thermal ablation: from indications to institutions.**	Prof. **Hossam Arafa**, Mansoura University
04.30 PM 04.45 PM	**Discussion**	

Session	04.45 – 05.15 PM

CHAIRPERSONS
in alphabetical order

Dr. **Saad Elalamy**, Port Said / Dr. **Sherif Sabry**, Cairo.

TIME	TOPIC	SPEAKER
04.45 PM 05.00 PM	**Do not wait to escalate…the path is clear.** (Xeedia Symposium)	Prof. **Fawzy Elmesallamy**, Zagazig University
05.00 PM 05.15 PM	**Diabetes and Ramadan: Safe fast.** (Rameda Symposium)	Prof. **Hatem Salem**, Zagazig University

Lunch	05.15 PM

Friday, 6 February 2026

Session 8 — 11.00 – 12.00 PM

CHAIRPERSONS
in alphabetical order

Prof. **Mohamed Nageeb Basal**, Benha University / Dr. **Saeid Elmasry**, Damitta.

TIME	TOPIC	SPEAKER
11.00 AM 11.15 AM	**Among cancer patients: Who will fast holy Ramadan**	Prof. **Osama Eldaly**, Damitta Cancer Institute
11.15 AM 11.30 AM	**Ramadan fasting in T1D: Challenges & new technology .**	Prof. **Ashraf Elsharkawy**, Mansoura University
11.30 AM 11.45 AM	**Painful diabetic neuropathy: from neural damage to building repair**. (Alesraa Symposium)	Prof. **Mohamed Awad**, Zagazig University
11.45 AM 12.00 PM	**Discussion**	

Jumuah Prayer — 12.00 – 01.00 PM

Session 9 — 01.00 – 01.45 PM

CHAIRPERSONS
in alphabetical order

Dr. **Ayman Elbadarany**, Damitta / Dr. **Karem Eltagory**, Damitta / Dr. **Sherif Taha**, Damitta.

TIME	TOPIC	SPEAKER
01.00 PM 01.15 PM	**The fasting heart: Risk stratification and management in Ramadan.**	Prof. **Walid Ammar**, Cairo University
01.15 PM 01.30 PM	**The myth of not every diabetic patient develops vascular disease ???.**	Prof. **Tamer Moustafa**, Zagazig University
01.30 PM 01.45 PM	**Discussion**	

Session 10 — 01.45 – 02.45 PM

CHAIRPERSONS
in alphabetical order

Prof. **Ayman Menisy**, Mansoura University / Dr. **Emad Balah**, Damitta /
Prof. **Mohamed Sallam**, Zagazig University.

TIME	TOPIC	SPEAKER
01.45 PM 02.00 PM	**Challenges in GERD managements in Ramadan.**	Prof. **Tharwat Kandeel**, Mansoura University
02.00 PM 02.15 PM	**Surgical managements for patients in Ramadan.**	Prof. **Ehab El Hanafy**, Port Said University
02.15 PM 02.30 PM	**Cirrhotic patients: Who will fast in Ramadan.**	Prof. **Amr Elrabat**, Mansoura University
02.30 PM 02.45 PM	**Discussion**	

Break — 02.45 – 03.00 PM

Session 11 — 03.00 – 03.45 PM

CHAIRPERSONS
in alphabetical order

Dr. **Abdalla Geba**, Damitta / Dr. **Ahmed Shawky**, Zagazig

TIME	TOPIC	SPEAKER
03.00 PM 03.15 PM	**Ramadan fasting in type 2 diabetes: when and haw???.**	Prof. **Mohamed Hegazy**, Benha University
03.15 PM 03.30 PM	**CKD and Ramadan Fasting.**	Prof. **Mohamed Kamal Nassar**, Mansoura University
03.30 PM 03.45 PM	**Discussion**	

Session	03.45 – 04.30 PM

CHAIRPERSONS
in alphabetical order

Dr. **Ibrahim Sabry**, Damitta / Prof. **Islam Eid**, Mansoura University

TIME	TOPIC	SPEAKER
03.45 PM 04.00 PM	**P-CABs: A new Era for the treatment of Acid –related disorders** (Alesraa Symposium)	Prof. **Ehab Hanafy**, Port Said University
04.00 PM 04.15 PM	**Your Effective partner to fast Ramadan safely** (Servier Symposium)	Prof. **Samy Elazab**, Damitta
04.15 PM 04.30 PM	**Insulin therapy: The power of precision** (Eva Symposium)	Prof. **Fady Azmy**, Mansoura University

Session 12	04.30 – 05.30 PM

CHAIRPERSONS
in alphabetical order

Dr. **Azza Nasef**, Damitta / Dr. **Mohamed Shafek**, Damitta /
Dr. **Mohamed Taky Eldeen**, Damitta

TIME	TOPIC	SPEAKER
04.30 PM 04.45 PM	**Messages in dyslipidemia.**	Prof. **Mahmoud Yousef**, Mansoura University
04.45 PM 05.00 PM	**Pearls in cardiac emergencies.**	Prof. **Ibrahim Yousry**, Mansoura University
05.00 PM 05.15 PM	**Ramadan and CVS.**	Prof. **Adel Othman**, Mansoura University
05.15 PM 05.30 PM	**Discussion**	

Lunch	05.30 PM

Golden

ALESRAA

Silver

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A.MENARINI
PHARCO CORPORATION
GNP
rameda
EVA PHARMA
BioMED
SERVIER
UTOPIA
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Bronze

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Opella.
inspire PHARMA
ادوية ADWIA
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FPi
Future Pharmaceutical industries
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NASH PHARMA
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PHARCO

CHRONIC SPECIALITY CARE

Neurovit

Tab./Amp. VITAMIN B_1+B_6+B_{12}



DEXIGLOFOZIN

Dapagliflozin





DEXIGLOFOZIN PLUS XR

Dapagliflozin & Metformin







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