

2nd Egyptians Metabolic Syndrome

Art Of Management



22 -23
JUNE 2023

Novotel
Cairo Airport

Conference President
Prof. Mohamed Hegazy

DAY 1 Thursday 22 June 2023

REGISTRATION	**10:30 – 11:00 AM**
WELCOME SPEECH & OPENING CEREMONY	**11:00 – 11:30 PM**



SESSION 1

11:30 AM – 12:30 PM

MODERATOR

Prof. **Hassan El Zohary**

CHAIRPERSONS : *Alphabetically Arranged*

Prof. **Ateyat Abo ElMagd**
Prof. **Hegazy Mohamed**
Prof. **Mohamed El Assal**
Prof. **Mohamed Meligy**
Prof. **Nabil Khamis**
Prof. **Sherif Sabry**

11:30 **11:45**	**Nafld current treatment status** *Prof.* **Gamal Esmat**
11:45 **12:00**	**HOMA FOR WHOM** *Prof.* **Mohamed Reda Halawa**
12:00 **12:15**	**Recommendations for Treatment of Dyslipidemia** *Prof.* **Osama Sanad**
12:15 **12:30**	**DM &Obesity** *Prof.* **Kamal Saleh**



SESSION 2

12:30 – 1:30 PM

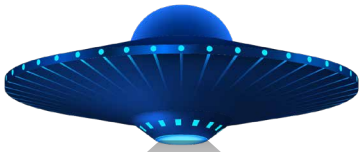
MODERATOR

Prof. **Hany Ebied**

CHAIRPERSONS : *Alphabetically Arranged*

Prof. **Abdallah Shafek**
Prof. **Mohamed Abd El Aaleem**
Prof. **Mohamed Shawky**
Prof. **Randa Talaat**
Prof. **Salah Shams El Dein**

12:30 **12:45**	**Simplifying experiences through choice- what do data tell us about FRC vs premix** *Prof.* **Ibrahim El-Ebrashy**
12:45 **1:00**	**Metabolic Syndrome and Heart** *Prof.* **Mahmoud Youssif**
1:00 **1:15**	**Diabetes and liver disease interplay, NAFLD on the top** *Prof.* **Abd El-Khalek Hamed**
1:15 **1:30**	**Discussion**



SESSION 3

1:30 – 2:30 PM

MODERATOR

Prof. **Mohamed Meligy**

CHAIRPERSONS : *Alphabetically Arranged*

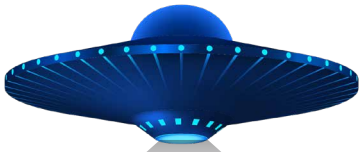
Prof. **Ahmed Kamal**
Prof. **Amr El Hamady**
Prof. **Ebada Said**
Prof. **El Sayed El Shayeb**
Prof. **Wael Meqled**

1:30 **1:45**	**NAFLD; Diagnosis, prognosis, and pathophysiology** *Prof.* **Housny Salama**
1:45 **2:00**	**Evidence based choices on the path to insulin treatment for diabetic patients** *Prof.* **Mohamed Reda Halawa**
2:00 **2:15**	**Metabolic Kidney Disease** *Prof.* **Mostafa Abou ElYazid**
2:15 **2:30**	**Discussion**

Coffee Break

2:30 – 3:00 PM





SESSION 4

3:00 – 4:00 PM

MODERATOR

Prof. **Haitham Badr**

CHAIRPERSONS : *Alphabetically Arranged*

Prof. **Ahmed Salah Shams**
Prof. **Ayman El Badawy**
Prof. **Abd El Naser GadAllah**
Prof. **Hossam Amin**
Prof. **Housni El Fayomy**

3:00 **3:15**	**Gastroparesis** *Prof.* **Abdaullah Behansy**
3:15 **3:30**	**Points to remember for cardio metabolic disease prevention** *Prof.* **Gamila Nasr**
3:30 **3:45**	**Optimization of H.pylori treatment.** *Prof.* **Mohamed El-Boraie**
3:45 **4:00**	**Discussion**



SESSION 5

Brain storming real case. (1)

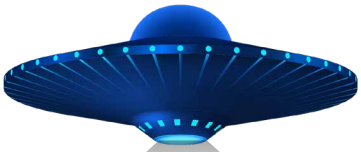
4:00 – 5:00 PM

BY

Prof. **Mohammed Amer**

PANELIST: *Alphabetically Arranged*

Prof. **Ahmed Tag El Dien**
Prof. **Ahmed Sabry**
Prof. **Mohamed Al Boraie**
Prof. **Mohamed Shawky**
Prof. **Reem Ezzat**



SESSION 6

5:00 - 6:00 PM

MODERATOR:

Prof. **Hisham Mitwalli**

CHAIRPERSONS: *Alphabetically Arranged*

Prof. **Ahmed Dabour**
Prof. **Ahmed Daif**
Prof. **Hany Abd El Zaher**
Prof. **Mohamed Ramadan**
Prof. **Reda Aamer**

5:00 **5:15**	**CRC&metabolic syndrome** *Prof.* **Mohamed Aakl**
5:15 **5:30**	**Dietary management of the metabolic syndrome – one size fits all?** *Prof.* **Doaa Genina**
5:30 **5:45**	**Update in management of diabetic neuropathy** *Prof.* **Mohamed Yaquot**
5:45 **6:00**	**Discussion**



SESSION 7

6:00 – 7:00 PM

MODERATOR:

Prof. **Hassan Hamdy**

CHAIRPERSONS: *Alphabetically Arranged*

Prof. **Ahmed Ali**
Prof. **El Sayed Abd El Fattah**
Prof. **Hany Ebied**
Prof. **Mohamed Emam**
Prof. **Mohamed Shaker**

6:00 **6:15**	**Dapa and metformin combination: clinical tips and tricks.** *Prof.* **Ehab Salem**
6:15 **6:30**	**FATTY KIDNEY ...TRUE OR.....** *Prof.* **Samah Idries**
6:30 **6:45**	**Non alcoholic fatty pancreas: clinical consequences** *Prof.* **Mahmoud Hemida**
6:45 **7:00**	**Discussion**

Lunch
7:00 PM

DAY 2 Friday 23 June 2023



WORKSHOP

10:30 – 11:30

WORKSHOP TITLE	SPEAKER
Cardiac Section	*Prof.* **Ahmed Sanad**
Diabetic Section	*Prof.* **Maysara Megahed**
Ultra Sound Section	*Prof.* **Abd ElAleem Helal** *Prof.* **Ahmed Atya**
Fibroscan Section	*Prof.* **Mohamed AlBoraie** *Prof.* **Ahmed kamal** *Prof.* **Mohamed Abd ElSamee**



SESSION 1
Before Prayer

11:30 – 12:30

MODERATOR:

Prof. **Mahmoud Emara**

CHAIRPERSONS : *Alphabetically Arranged*

Prof. **Ahmed Zahran**
Prof. **Mahmoud Zaid**
Prof. **Maysara Megahed**
Prof. **Mohamed Abd El Samee**
Prof. **Mohamed Tantawy**

11:30 **11:45**	**Art of Management of hypertension In metabolic syndrome patient.** *Prof.* **Amira Mohammedy**
11:45 **12:00**	**Metabolic syndrome; A nephrologist's perspective** *Prof.* **Ahmed Ragheb**
12:00 **12:15**	**Practicalities of Intensification with IDegAsp** *Prof.* **Hala Kahla**
12:15 **12:30**	**Discussion**

Coffee Break & Prayer Time
12:30 – 2:30



SESSION 2

2:30 – 3:30 PM

MODERATOR:

Prof. **Mohamed El Gazar**

CHAIRPERSONS : *Alphabetically Arranged*

Prof. **Ahmed Emara**
Prof. **Ayman El Gamal**
Prof. **Eman Abd El Sameea**
Prof. **Hisham Shoman**
Prof. **Medhat Khalil**

2:30 **2:45**	**Obesity Pharmacotherapy.** *Prof.* **Farid Fawzy**
2:45 **3:00**	**Oral Semaglutide: The first and only oral GLP-1 RA"** *Prof.* **Khaled ElHadidy**
3:00 **3:15**	**HCC in metabolic syndrome: current concepts and future directions** *Prof.* **Mohamed ElNadry**
3:15 **3:30**	**Discussion**



SESSION 3

Brain storming real case. (2)

3:30 – 4:30 PM

BY

Prof. **Alaa Farag**

PANELIST: *Alphabetically Arranged*

Prof. **Ahmed Ezzat**
Prof. **Emad Mashreqy**
Prof. **Hassan Hamdy**
Prof. **Mohamed Setaha**



SESSION 4

4:30 – 5:30 PM

MODERATOR:

Prof. **Hisham Shoman**

CHAIRPERSONS : *Alphabetically Arranged*

Prof. **Abd El Aaleem Helal**
Prof. **Ahmed Atia**
Prof. **Ehab Abd El Fattah**
Prof. **Hassan El Zohary**
Prof. **Mahmoud Abd El Aziz**
Prof. **Mohamed Meligy**

4:30 **4:45**	**The power of Combination Therapy in T2D Management** *Prof.* **Loai ElAhwal**
4:45 **5:00**	**Does an Aspirin a Day Keep the Doctor Away** *Prof.* **Ahmed Sanad**
5:00 **5:15**	**Thyroid and Metabolic syndrome** *Prof.* **Mohamed Abd El-Hamid**
5:15 **5:30**	**Discussion**

Final Speech:
Prof. **Mohamed Hegazy**

Lunch
7:00 PM

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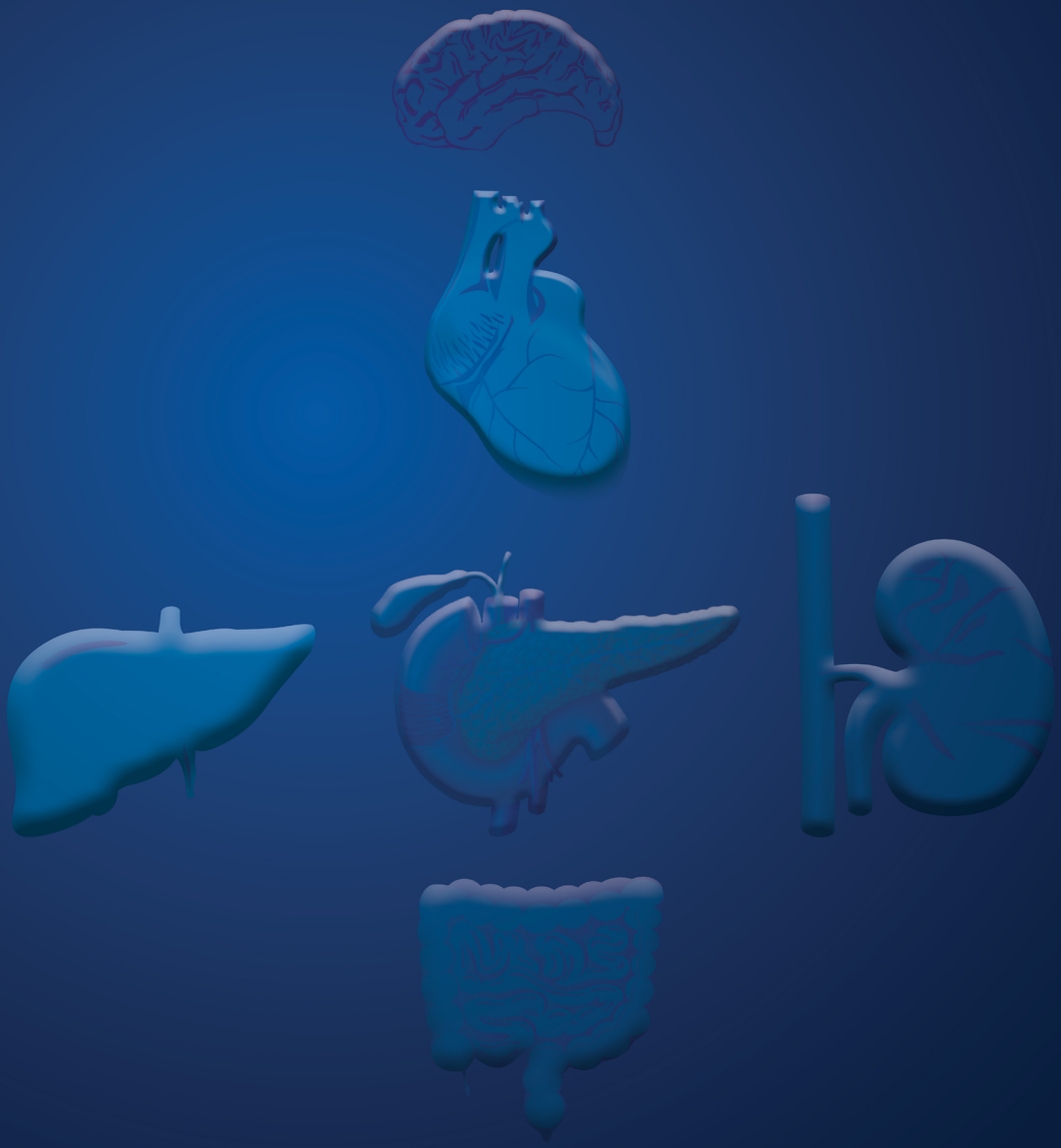
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(+20) 42 964 23 50 INFO@EGYPURE.ORG

PROJECT MANAGER
MS. HEND MAGDY 010 09224483 HEND.MAGDY@EGYPURE.ORG
MR. ALI MANSOUR 01060525224 ALI.MANSOUR@EGYPURE.ORG

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