2ND ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

6 - 8 August 2025

Steigenberger Hotel El Lessan Ras El Barr

In collaboration with

ELDAKAHLIA MEDICAL SYNDICATE &
DAKAHLIA INTERNAL MEDICINE ASSOCIATION. (DIMA)



CONFERENCE PRESIDENT

PROF. **ALAA WAFAA**

PROFESSOR OF ENDOCRINOLOGY AND DIABETES
VICE DEAN FOR GRADUATE STUDIES AND RESEARCH, FACULTY OF MEDICINE
HEAD OF DAKAHLIA INTERNAL MEDICINE ASSOCIATION (DIMA) &
HEAD OF ENDOCRINE AND DIABETES LIAISON&

PURE SPOT EVENTS MANAGEMENT

Welcome Message

Dear Esteemed Colleagues and Participants,

It is with great pleasure for me and the organizing committee of the **ENDOCRINE AND DIABETES LIAISON, in collaboration** with the **DAKAHLIA INTERNAL MEDICINE ASSOCIATION**, welcomes all board members, professors, and participants to the **2ND ANNUAL FORUM.**

Endocrine disorders and diabetes are prevalent in our country. Physicians interested in endocrinology require continuous updates across various aspects of these conditions. In our era of evidence-based medicine and clinical guidelines, staying updated is essential.

Our association and liaison have already initiated a series of seminars, workshops, and scientific days. These sessions cover diverse aspects of the endocrine system and diabetes. Our education includes other healthcare providers, pharmacists, and nurses. Additionally, patient education remains a priority. The seminars designed for patient education will be organized through the years to educate the educators (facilitators) and educate the patients.

Our mission is to help physicians involved in the management of endocrine disorders and diabetes to be aware of a latest developments and guidelines updates through different scientific activities covering over the year. these scientific waves and seminars will cover all aspects of endocrine disorders and diabetes in a clear and interactive ways that help participating physicians be to the point in dealing will the various patient's problems.

As we embark on this journey, we seek divine assistance and guidance. Together, let us advance our understanding with the latest developments and guideline updates, address real-world patient challenges through interactive discussions, improve patient care, and contribute to the well-being of those we serve. Our goal is to equip physicians.

We extend a warm welcome to our eminent professors from various universities, including Alexandria, Cairo, Tanta, Zagazig, Mansoura, Benha, and Damietta in different specialties who work with endocrinologists as a multi-disciplinary team as nephrology, cardiology, endocrinal surgery, neurosurgery, diagnostic radiology & radiotherapy. Your expertise and guidance are invaluable to us.

Thank you for being part of this educational journey.

Together, we strive to elevate patient care and advance our understanding of these critical health conditions.

Finally, we ask our God for all help and guidance to achieve our noble goal for the benefits of our patients.

With gratitude and anticipation



Prof. Alaa Wafaa

Professor of Endocrinology & Diabetes,
Head of Endocrine & Diabetes Liaison,
Head of Dakahlia Internal Medicine Association

Workshop **WEDNESDAY 6th August**

DAKAHLIA MEDICAL SYNDICATE

09:30 - 10:00 **REGISTRATION**

Workshop- 1

10:00 - 11:30 *Injectable Therapy in Diabetes From Basics to Future*

MODERATOR *Prof. Dr. ALAA WAFA*

TIME	LECTURE	SPEAKER
10:00-10:15	INTRODUCTION TO INSULIN (TYPES, INDICATIONS, DOSING, INTENSIFICATION AND TITRATION)	*Dr.* ***SALLY SAMEH*** *Mansoura University*
10:15-10:30	MANAGEMENT OF DIABETES IN PREGNANCY	*Dr.* ***KHALED WAFEEK*** *Mansoura University*
10:30-10:45	MANAGEMENT OF DIABETES IN HOSPITAL (CRITICAL ILL PATIENTS)	*Dr.* ***BASMA ZAKARIA*** *Mansoura University*
10:45-11:00	MANAGEMENT OF DIABETES IN PERIOPERATIVE CARE AND BEFORE INTERVENTIONS	*Dr.* ***HANAN ABDEL HAY*** *Mansoura University*
11:00 -11:15	THE ERA OF INCRETIN-BASED THERAPY (AVAILABLE GLP1, AND COMBINATIONS WITH GIP AND BASAL INSULIN) AND NOW FUTURE	*Dr.* ***MARWA KHALIL*** *Mansoura University*
11:15 -11:30	ANSWERING QUESTIONS AND CLOSURE	

Workshop- 2

11:30 – 01:30

Value of understanding thyroid ultrasound for physicians FAQs in Thyroid US

MODERATOR *Prof. Dr. ALAA WAFA*

TIME	LECTURE	SPEAKER
11:30 – 11:45	DIAGNOSTIC APPROACH TO A PATIENT WITH GOITRE WHEN TO REQUEST THYROID US?	*Dr.* **BASMA ZAKARIA** *Mansoura University*
11:45 – 01:00	BASICS OF THYROID US FOR PHYSICIANS	*Prof.* **TALAL AMER** *Mansoura University*
	WHAT'S BEYOND TIRAD SCORING IN THYROID NODULES ASSESSMENT?	
	BASICS & INDICATIONS OF ELASTOGRAPHY	
	RADIOLOGICAL MALPRACTICE IN THYROID US INTERPRETATION	
01:00 – 01:15	CRITERIA FOR FNAC DECISION. IS IT A RADIOLOGIST OR A PHYSICIAN CALL?	*Dr.* **HANAN ABDEL HAY** *Mansoura University*
01:15 – 01:30	DISCUSSION	
01:30	LUNCH	

Day 1 THURSDAY 7th August

STIENGENBERGER EL-LESSEN RAS-EL BAR

9:00 - 10:30 REGISTRATION

SESSION 1

10:30 – 11:30

Interesting Endocrine Cases (1)

CHAIRPERSONS

Alphabetically

Prof. ***ALAA WAFA*** *(Mansoura University)*
Prof. ***KHALED EL FAYUOMY*** *(Azhar Damietta)*
Prof. ***WAEL FARRAG*** *(Tanta University)*

TIME	LECTURE	SPEAKER
10:30 – 10:40	CASE PRESENTATION 1	*Dr.* ***MOHAMED EL SAYED*** *Mansoura University*
10:40 – 10:50	CASE PRESENTATION 2	*Dr.* ***AHMED ABDEL HAKIEM*** *Mansoura University*
10:50 – 11:00	CASE PRESENTATION 3	*Dr.* ***RANIA BAHRIZ*** *Mansoura University*
11:00 –11:10	CASE PRESENTATION 4	*Dr.* ***AYA EL BIALY*** *Mansoura University*
11:10 – 11:20	CASE PRESENTATION 5	*Dr.* ***SALLY SAMEH*** *Mansoura University*
11:20 – 11:30	***DISCUSSION***	



SESSION 2

11:30 - 12:30

Metabolic Bone Disease

CHAIRPERSONS

Alphabetically

Prof. ***ALAA WAFA*** *(Mansoura University)*
Prof. ***AMANY MOUSA*** *(Mansoura University)*
Prof. ***INJY ABDEL WAHAB*** *(Tanta University)*
Prof. ***KHALED EL FAYOUMY*** *(Azhar Damietta)*

TIME	LECTURE	SPEAKER
11:30– 11:45	BONE HEALTH IN THE ERA OF NEW TREND OF ANTI DIABETIC DRUGS: FRIEND OR FOE?	*Prof.* **HANAN ABDEL HAY** *Mansoura University*
11:45– 12:00	"THE HIDDEN BATTLE: MINERAL & BONE DISORDERS IN CHRONIC KIDNEY DISEASE"	*Prof.* **MOHAMED MAMDOUH** *Mansoura University*
12:00– 12:15	PRACTICAL BONE DENSITY INTERPRETATION HOW TO READ A DEXA SCAN?	*Prof.* **MOHAMED ROSHDY** *Mansoura University*
12:15 – 12:30	TOWARDS HIGH INTENSITY LIPID LOWERING THERAPY Xeedia Caring for life	*Prof.* **NADER EL SHAHAT** *Mansoura University*



SESSION 3

12:30 - 01:30

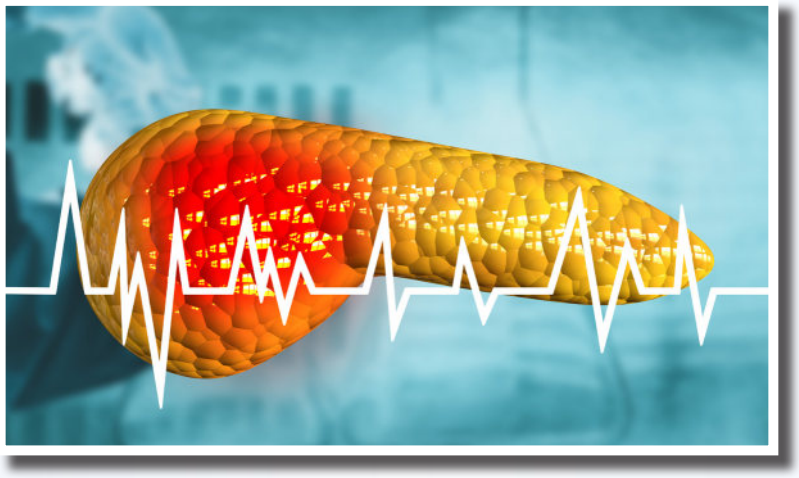
Endocrine & Ophthalmology Interrelations

CHAIRPERSONS

Alphabetically

Prof. ***HANAN GAWISh*** *(Mansoura University)*
Prof. ***INJY ABDEL WAHAB*** *(Tanta University)*
Prof. ***MOHAMED YAKOUT*** *(Mansoura University)*

TIME	LECTURE	SPEAKER
12:30 – 12:45	DIABETIC RETINOPATHY; ENDOCRINE & OPHTHALMIC PERSPECTIVES	*Dr.* ***BASMA ZAKARIA*** *Dr.* ***DINA ABDEL FATTAH*** *Mansoura University*
12:45– 01:00	GRAVE'S ORBITOPATHY; ENDOCRINOLOGY PERSPECTIVE	*Prof.* ***AHMED ELBEHAIRY*** *Mansoura University*
01:00 – 01:15	GRAVE'S ORBITOPATHY; OPHTHALMIC PERSPECTIVE	*Prof.* ***AYMAN ABDEL-GHAFFAR*** *Mansoura University*
01:15 –01:30	OPHTHALMIC MANIFESTATIONS OF OTHER ENDOCRINE DISORDERS	*Prof.* ***YASSER ABDELRAOUF*** *Tanta University*



SESSION 4

12:30 - 01:30

DM & Other System Association

CHAIRPERSONS

Alphabetically

Prof. ***ALAA WAFA*** *(Mansoura University)*
Prof. ***MOHAMED HESHAM DABA*** *(Damietta University)*
Prof. ***OMNIA STATE*** *(Mansoura University)*
Prof. ***WAEL FARRAG*** *(Tanta University)*

TIME	LECTURE	SPEAKER
01:30 - 01:45	NEUROLOGIC COMPLICATIONS OF DIABETES; WHAT'S BEYOND DIABETIC PERIPHERAL NEUROPATHY?	*Prof.* ***IBRAHIM EL MENSHAWY*** *Mansoura University*
01:45 – 02:00	GASTROINTESTINAL DIABETIC AUTONOMIC NEUROPATHY	*Prof.* ***TAREK SHETA*** *Mansoura University*
02:00– 02:15	BENEFITS OF INSULIN DEGLUDEC IN MEETING THE NEEDS OF PATIENTS WITH T2DM novo nordisk®	*Prof.* ***HEBA SEDRAK*** *El Kasr El Aini University*
02:15 – 02:30	FINDINGS FROM THE CONFIDENCE TRIAL BioMED Pharmaceutical Industries A Pledge For A Better Life	*Prof.* ***MOHAMED KHATTAB*** *El Kasr El Aini University*
02:30 – 03:00	COFFEE BREAK	



SESSION 5

03:00 - 03:45

Women Health

CHAIRPERSONS

Alphabetically

Prof. ***ISLAM EID*** *(Mansoura University)*
Prof. ***MANAL EL TARSHOUBY*** *(Mansoura University)*
Prof. ***OMAYMA SALEH*** *(Mansoura University)*
Prof. ***YASER ABDEL RAOUF*** *(Tanta University)*

TIME	LECTURE	SPEAKER
03:00 – 03:15	MENOPAUSE MANAGEMENT IN MODERN ERA; HRT, RISKS, BENEFITS & NON- HORMONAL ALTERNATIVES	*Prof.* **OSAMA WARDA** *Mansoura University*
03:15 – 03:30	OBESITY IN ELDERLY FEMALES; DILEMMA & MODIFICATION OF MANAGEMENT	*Prof.* **FADY AZMY** *Mansoura University*
03:30 – 03:45	MANAGEMENT OF DIABETIC PERIPHERAL NEUROPATHIES	*Prof.* **MAMDOUH EL NAHAS** *Port Said University*



SESSION 6

03:45 - 04:45

Women Health

CHAIRPERSONS

Alphabetically

Prof. **ALAA WAFA** (Mansoura University)
Prof. **INJY ABDEL WAHAB** (Tanta University)
Prof. **MOHAMED HELALY** (Mansoura University)
Prof. **WAEL FARRAG** (Tanta University)

TIME	LECTURE	SPEAKER
03:45 – 03:55	CASE PRESENTATION 1	Dr. **DINA ABO ASY** (Tanta University)
03:55 – 04:05	CASE PRESENTATION 2	Dr. **ABDEL KADER KHATTAL** (Tanta University)
04:05 - 04:15	CASE PRESENTATION 3	Dr. **AYA BARKAT** (Tanta University)
04:15 - 04:25	CASE PRESENTATION 4	Dr. **MOHAMED ASKR** (Tanta University)
04:25 – 04:35	CARDIOVASCULAR RISK REDUCTION, WHEN ONE IS NOT ENOUGH sanofi	Prof. **NOHA GABER** Alexandria University
04:35 – 04:45	SINGLE-PILL SYNERGY EMPA-LINA-MET: SYNERGIZING PATHWAYS EVA PHARMA	Dr. **RANIA BAHRIZ** Mansoura University



SESSION 7

03:00 - 03:45

Diabetes & Endocrine disorders interrelationship

CHAIRPERSONS
Alphabetically

Prof. **ALAA WAFA** *(Mansoura University)*
Prof. **HANAN GAWISH** *(Mansoura University)*
Prof. **MOHAMED YAKOUT** *(Mansoura University)*

TIME	LECTURE	SPEAKER
04:45 – 05:00	CHALLENGES OF GROWTH HORMONE ABNORMALITIES IN DIABETIC PATIENTS	*Prof.* **MARWA KHALIL** *Mansoura University*
05:00 – 05:15	DM & THYROID CROSSLINK	*Prof.* **LOBNA ELTONI** *Assiut University*
05:15 – 05:30	BACK TO FUTURE Xeedia	*Prof.* **YAHIA GHANIM** *Alexandria University*
05:30 – 05:45	MICRONUTRIENTS WITH MACRO IMPACT: VITAMIN B IN DPN PHARCO	*Prof.* **FADY AZMY** *Mansoura University*
05:45 – 06:15	ROLE OF SITAGLIPTIN IN MANAGEMENT NEWLY DIAGNOSED T2D PATIENTS MSD	*Prof.* **AZZA ABDEL KAREEM** *Alexandria University*
06:15	LUNCH	



Day 2 — FRIDAY 8th August

STIENGENBERGER EL-LESSEN RAS-EL BAR

09:00 - 10:00 **REGISTRATION**

SESSION 8

10:00 - 11:00 *Updates in endocrine guidelines*

CHAIRPERSONS

Alphabetically

Prof. ***ALAA WAFA*** *(Mansoura University)*
Prof. ***INJY ABDEL WAHAB*** *(Tanta University)*
Prof. ***MOHAMED YAKOUT*** *(Mansoura University)*
Prof. ***WAEL FARRAG*** *(Tanta University)*

TIME	LECTURE	SPEAKER
10:00 – 10:15	UPDATE IN DIAGNOSING AND MANAGEMENT OF PCOS	*Dr.* ***YASMIN ATWA*** *Mansoura University*
10:15 – 10:30	GLUCOCORTICOIDS INDUCED ADRENAL INSUFFICIENCY	*Dr.* ***MOHAMED ADEL GEWAK*** *Mansoura University*
10:30 – 10:45	PRE-EXISTING DIABETES IN PREGNANCY MANAGEMENT GUIDELINES	*Dr.* ***HADEIR NAGUIB*** *Mansoura University*
10:45 – 11:00	UPDATE IN PRIMARY ALDOSTERONISM	*Dr.* ***ASMAA ALWEHEDY*** *Mansoura University*



SESSION 9

11:00 – 12:00

Pituitary Session

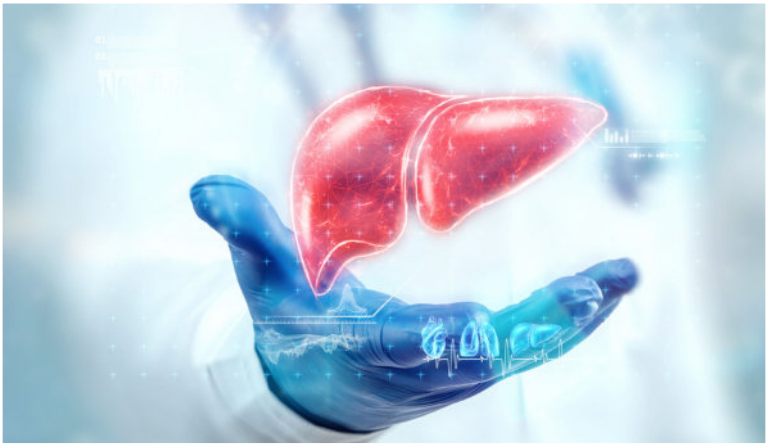
CHAIRPERSONS

Alphabetically

Prof. ***ALAA WAFA*** *(Mansoura University)*
Prof. ***INJY ABDEL WAHAB*** *(Tanta University)*
Prof. ***MOHAMED YAKOUT*** *(Mansoura University)*
Prof. ***WAEL FARRAG*** *(Tanta University)*

TIME	LECTURE	SPEAKER
11:00 – 11:15	PRACTICAL APPROACH TO PATIENTS WITH PITUITARY ADENOMA	*Prof.* ***FARED FAWZY*** *Zagazig University*
11:15 – 11:30	SAFE AND EFFICIENT FRAMELESS ROBOTIC RADIOSURGERY FOR PITUITARY ADENOMAS	*Prof.* ***HUSSEIN HAMDI*** *Tanta University*
11:30 – 11:45	RE-WRITING THE JOURNEY! NEW GENERATION BASAL INSULINS FOR UNCONTROLLED DIABETES sanofi	*Prof.* ***TALAAT ABDEL AATTY*** *Alex University*
11:45 – 12:00	OW SEMAGLUTIDE: A NEW ERA IN T2D MANAGEMENT novo nordisk®	*Prof.* ***MOHAMED ABD EL RAOUF*** *El Menoufia University*

Gomaa Prayer and Coffee Break



SESSION 10

02:00 - 02:45

Diabetes a New Perspective

CHAIRPERSONS

Alphabetically

Prof. ***ALAA WAFA*** *(Mansoura University)*
Prof. ***FARED FAWZY*** *(Zagazig University)*
Prof. ***KHALED EL HADIDY*** *(Tanta University)*
Prof. ***MOHAMED SHAWKY EL SAYED*** *(Banha University)*

TIME	LECTURE	SPEAKER
02:00 – 02:15	PREVENTION OF TYPE 1 DIABETES	*Prof.* ***FAWZY EL MOSALLAMY*** *Zagazig University*
02:15 – 02:30	EARLY ONSET TYPE2 DM IN CHILDREN; AN EMERGING EPIDEMIC	*Prof.* ***ASHRAF ELSHARKAWY*** *Mansoura University*
02:30 – 02:45	DISCUSSION	



SESSION 11

02:45 – 03:30

Male Fertility from Different perspectives

CHAIRPERSONS

Alphabetically

Prof. ***ALAA WAFA*** *(Mansoura University)*
Prof. ***ASHRAF EL SHARKAWY*** *(Mansoura University)*
Prof. ***FARED FAWZY*** *(Zagazig University)*
Prof. ***FAWZY EL MOSALLAMY*** *(Zagazig University)*

TIME	LECTURE	SPEAKER
02:45 – 03:00	INSULIN IN THE TESTES: IS IT RELATED TO MALE FERTILITY	*Prof.* ***ASHRAF HASSAN*** *Mansoura University*
03:00 – 03:15	MALE INFERTILITY ENDOCRINOLOGY PERSPECTIVE	*Prof.* ***KHALED EL HADIDY*** *Beni Suef University*
03:15 – 03:30	EARLY COMBINATION... BETTER OUTCOME... ALESRAA PHARMACEUTICALS	*Prof.* ***MOHAMED SHAWKY EL SAYED*** *Banha University*

03:30

CLOSING REMARK





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PROJECT MANAGER

MS. SAMEH SABRY

01029900706 SAMEH.SABRY@EGYPURE.ORG

HEADQUARTER: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR.

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