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اتحاد الأطباء النفسيين العرب
Arab Federation of Psychiatrists

36th ANNUAL CONFERENCE

OF THE EGYPTIAN PSYCHIATRIC ASSOCIATION

May 29-30th, 2024

Hilton King's Ranch – Alexandria

المؤتمر السنوى السادس والثلاثون للجمعية المصرية للطب النفسى بالتعاون مع إتحاد الأطباء النفسيين

"INTEGRATING PSYCHIATRY IN MEDICINE: THE WAY TO THE FUTURE"



ACCREDITED

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36th ANNUAL CONFERENCE

OF THE EGYPTIAN

PSYCHIATRIC ASSOCIATION

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MESSAGE FROM THE PRESIDENT

DEAR COLLEAGUES

Health is now widely acknowledged as having both a physical and mental health dimension. Indeed, as far back as 1948, WHO's constitution recognized health as state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity' and the Slogan No Health Without Mental Health was adopted. Despite this, many healthcare systems in countries around the world focus on physical care, failing to provide mental healthcare to their populations.

Mental disorders are extremely prevalent in all countries and are responsible for immense suffering, poor quality of life, increased mortality and staggering economic and social costs. As such they cannot continue to be ignored. Mental health is essential to improving overall health outcomes across the lifespan.
Integrated care is a general term for any attempt to fully or partially blend behavioral health services with general and/or specialty medical services.

The benefits of integrating mental health into primary healthcare are significant. On the one hand, integration ensures that the population as a whole has access to the mental healthcare that they need early in the course of disorders and without disruption. On the other hand, when people receive treatment in primary healthcare facilities the likelihood of better health outcomes, and even full recovery, as well as maintained social integration is increased.

Psychiatrists in leadership roles can also play an important role in promoting better physical health for patients. Medical directors of community mental health centers or behavioral health homes should establish protocols and monitor outcomes for their medical staff.

In our conference we shall discuss the current and swiftly changing state of integrating mental health in medical services. Specifically, we shall highlight the current unmet needs for assessment, treatment, and care integration; and describe some of the challenges and some new directions for innovations in this field.

We shall suggest guidance for clinicians to integrate mental and physical care in their work and to provide responsible and useful advice to their patients.

Nationally and internationally experts in the field of psychiatry and other medical specialties are invited to encourage share in our conference to exchange of knowledge, experience and best practice.

We hope that this meeting will be of great benefit to all participants. We also hope and trust that you will enjoy our scientific contents and social activities.
We are looking forward to welcome you in this magnificent conference

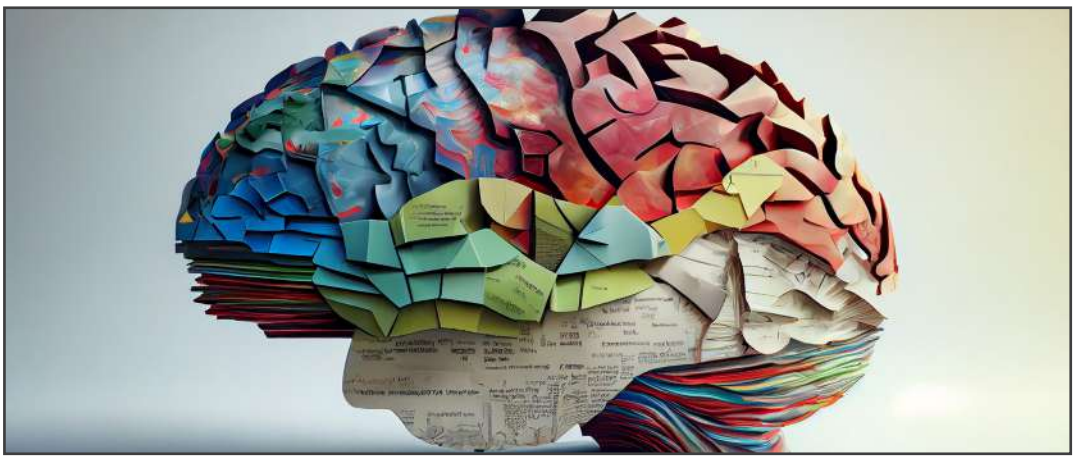
EGYPTIAN PSYCHIATRIC ASSOCIATION

DAY 01 WEDNESDAY 29 MAY 2024

REGISTRATION 10.00-12.00

PRE CONGRESS ACTIVITIES

TIME	HALL A	HALL B
12.00 - 13.00	**WORKSHOP 1** The Interplay Between Eating Disorders and Obsessions Prof. Heba Esawy *Ain Shams University* Prof. Samah Hamed *Ain Shams University* Prof. Dalia Abdel Moneim *Ain Shams University* Dr. Sara Al Awady *Ain Shams University*	**WORKSHOP 2** Dyslexia in The 21st. Century; Early Detection and Neuro-cognitive Correlates Prof. Heba El Shahawy *Ain Shams University*



TIME	HALL A
13.00-13.30	OPENING CEREMONY
13.30-14.15	**PLENARY LECTURE** Integrating Mental Health in Primary Care Chairpersons Prof. Mostafa Shaheen Prof. Hisham Ramy Prof. Hani Hamed Speaker Prof. Momtaz Abdel Wahab *Cairo University*
14.15-15.15	**SYMPOSIUM (1)** Chairpersons Prof. Maha El Sayed Prof. Noha Sabry Speakers Prof. Mai Eissa Prof. Hossam El Sawy janssen PHARMACEUTICAL COMPANIES OF Johnson&Johnson
15.15 - 15.30	Coffee Break
15.30 -17.00	**SYMPOSIUM (2)** Schizophrenia Workshop Chairpersons Prof. Afaf Hamed Prof. Momtaz Abdel Wahab Prof. Tarek Molokhia Prof. Hisham Ramy Speaker Prof. Elmars Rancans – Latvia Efficacy of Cariprazine Across the Five Symptom Domains of Schizophrenia Prof. Ahmed Saad Tips in management of psychosis Prof. Mohamed El Wasify From Despair to Delight: Updates in Diagnosis and Treatment Anhedonia . hikma.

TIME	HALL A	HALL B
17.00 -17.30	**KEYNOTE LECTURE 1** The Interface Between Psychiatry and Cardiology: The Untold Story Chairpersons Prof. Nahla El Sayed Prof. Hossam El Sawy Speaker Prof. Hisham Ramy *Ain Shams University*	**WORKSHOP 3** Boundaries in Relationship: When to Say No or to Take Control of Your Life Prof. Aref Khowelid Prof. Hanan El Shenawy Prof. Mohamed Nassr Prof. Heba Fathy Prof. Sherin Mekawy *Cairo University*
17.30-18.00	**KEYNOTE LECTURE 2** The Bidirectional Link Between Depression and Diabetes Speaker Prof. Afaf Hamed *Ain Shams University*	

TIME	HALL A
18.00-19.00	**SYMPOSIUM (3)** Chairpersons Prof. Momtaz Abdel Wahab Prof. Mostafa Shaheen Speakers Prof. Mohamed Nassr Prof. Tarek Molokhia

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TIME	HALL A	HALL B
19.00-19.30	**KEYNOTE LECTURE 3** What We Need to know About ADHD Chairpersons Prof. Alaa Darwish Prof. Mostafa Saadany Speaker Prof. Mona Rakhawy *Cairo University*	**Scientific Session: What is New in MDD** **KEYNOTE LECTURE 4** Overcoming Challenges in The Treatment of MDD Chairpersons Prof. Khaled El Bey Prof. Soha Gobashy Speaker Prof. Tarek Molokhia *Alexandria University*
19.30-20.00	**KEYNOTE LECTURE 5** Psychological Aspects of Post Burn Disfigurement Speaker Prof. Hani Hamed *Cairo University*	**KEYNOTE LECTURE 6** The Depressed Brain: What Do Imaging Tell Us Speaker Prof. Nahla El Sayed *Ain Shams University*
19.30-20.00	**KEYNOTE LECTURE 7** Humanistic Wisdom vs. Artificial Intelligence in Psychiatric Practice Speaker Prof. Mohamed El Mahdy *Al-Azhar University*	**KEYNOTE LECTURE 8** Burden and Quality of Life Among Caregivers of Chronic Physical Illness Patients Speaker Prof. Maha El Sayed *Ain Shams University*
20.30-21.15	**WORKSHOP 4** National Survey of Psychiatric and Substance Use Disorders in Egypt: Eye on Medical Co-morbidities and Ill-Physical Disabilities Chairperson Prof. Menan Abdel Maksoud Prof. Ola Shaheen Speaker Prof. Noha Sabry (MOH) Dr. Sally Noby (MOH) Dr. Eman Nagy (MOH)	**WORKSHOP 5** Personality and Its Disorders: A Biomedical Perspective Chairpersons Prof. Mohamed Reda El Fiky Prof. Khaled El Beh Speaker Brig. General Dr. Ehab Elbaz Let. Col. Mohamed Tohamy

DAY 02 THURSDAY 30 MAY 2024

TIME	HALL A	HALL B
09.00-10.00	**WORKSHOP 6** Is It A Normal Conflict or Marital Abuse: Get The Fact Prof. Nevert Zaki *Ain Shams University*	**WORKSHOP 7** Attending to the Unattended to Prenatal Mental Health Problems Prof. Gehan El Nahas Prof. Taghreed El Shafee Prof. Noha Sabry
10.00-11.00	**SYMPOSIUM 4** VIATRIS Chairpersons: Prof. Momtaz Abdel Wahab Prof. Hani Hamed Speakers: Prof. Christoph correll Prof. Mona Rakhawy	**SESSION 2** The Problem of Addiction Chairpersons Prof. Samir Abu El Magd Prof. Dalia Eneba Medical Hazards of Stimulant Use Disorder Prof. Soheir El Ghonemy *Ain Shams University*
11.00-11.45	**SYMPOSIUM 5** MASH PREMIERE Speaker: Prof. Hanan El Shenawy	Internet Gambling: Addictive Disorder Among Adolescents Assist. Prof. Rania Mamdouh *Cairo University*

TIME	HALL A	HALL B
11.45-12.15	**KEYNOTE LECTURE 9** Chairpersons: Prof. Wageeh Abdel Nasser Prof. Nahla El Sayed Advances in The Management of Alzheimer's Disease Prof. Tarek Okasha *Ain Shams University*	**KEYNOTE LECTURE 10** Chairpersons: Prof. Hanan El Shenawy Prof. Reda Roshdy Debate on Antidepressant Treatment Options for MDD Prof. Mohamed Nassr *Cairo University*
12.15 – 13.00	**FOCUS LECTURE 1** Al Andalous For Pharmaceutical Ind. Chairpersons: Prof. Momtaz Abdel Wahab Prof. Mostafa Shaheen Prof. Hisham Ramy Speaker Prof. Mahmoud El Wasify *Mansoura University*	**WORKSHOP 8** War Trauma Chairpersons Prof. Afaf Hamed Prof. Nahla El Sayed Speaker Prof. Mohamed El Mahdy Prof. Mohamed Reda El Fiky
13.00 - 14.00	**SYMPOSIUM 6** VIATRIS™ Debate Chairpersons Prof. Afaf Hamed Prof. Mostafa Shaheen Speaker Prof. Tarek Okasha Prof. Tamer Guily Prof. Noha Gaber Prof. Hossam Salah	
14.00 - 14.30	**SYMPOSIUM 7** Chairpersons Prof. Alaa Darwish Prof. Tarek Molokhia Speaker Prof. Hisham Ramy	**FOCUS LECTURE 2** MULTI Care EGYPT Chairpersons Prof. Taghreed El Shafee Dr. Mohamed Zohdy Speaker Prof. Nahla El Sayed
14.30 14.45	Coffee Break	

TIME	HALL A	HALL B
14.45-15.30	**FOCUS LECTURE 3** Otsuka Chairpersons Prof. Mohamed Reda El Fiky Dr. Mohamed Zohdy Speaker Prof. Hani Hamed	**KEYNOTE LECTURE 10** Reflection on Gifts in the Therapeutic Setting Prof. Samir Abu El Magd *Cairo University*
15.30-16.30	**SESSION 3** Chairpersons Prof. Ola Shaheen Prof. Mona Rakhawy Insula Activity in Resting-State: Functional MRI Differentiates Bipolar from Unipolar Depression Prof. Lamyaa El Hamarawy *Menofia University* OCT Changes in Psychiatric Disorders: Egyptian Studies Prof. Mohamed Abdel Fattah *Cairo University*	**KEYNOTE LECTURE 13** Chairpersons Prof. Fatma El Sherif Prof. Mahmoud El Wasify Disability and Rehabilitation in Patients with Psychotic Disorders Prof. Alaa Darwish *Assiut University*
16.30-17.00	**FOCUS LECTURE 5** Psychiatric Aspects of Cancer Prof. Taghreed El Shafee *Al Azhar University*	**FOCUS LECTURE 6** Fear of Unknown: How to Deal with Uncertainty Prof. Mai Eissa *Tanta University*



TIME	HALL A	HALL B
17.00-18.00	**WORKSHOP10** Managing Sleep Disorders in Elderly Patients Prof. Alia Adel Lecturer. Eman Abdel Raheem *Cairo University*	**SESSION 4** Chairpersons Prof. Ola Shaheen Dr. Mohamed Zohdy Speakers Prof. Mahmoud El Wasify *Mansoura University* ADHD and ASD: Resisting the Challenges Assist. Prof. Sherin El Mikawy *Cairo University* Psychological Sexual Dysfunctions in Substance Use Disorder Patients
18.00-19.00	**SESSION 5** Chairpersons Prof. Lamyaa El Hamarawy Prof. Mohamed Adel El Hadidy Speakers Prof. Mohamed El Wasify *Mansoura University* BPI and BPII: Diagnosing and Treating Across the Spectrum Assist. Prof. Ibrahim Rashed El Kalla *Mansoura University* Routine Medical Examination in Psychiatric Patients, Way to Reduce Psychiatric Mortality	**WORKSHOP 11** Myths and Facts About Harm Reduction in Substance Use Disorder Chairpersons: Prof. Dalia Eneba Prof. Mahmoud El Habiby Speakers: Prof. Mahmoud Al Habibi Dr. Raghdaa Al Gamil

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TOPICS
- PSYCHIATRY AS A SUBSPECIALTY OF MEDICINE
- INTEGRATION OF PSYCHIATRY IN PRIMARY HEALTH CARE
- GENERAL HOSPITAL PSYCHIATRY
- MEDICAL ASPECTS OF PSYCHIATRY
- PSYCHIATRIC ASPECTS OF MEDICINE
- INTERFACE BETWEEN PSYCHIATRY AND OTHER MEDICAL SPECIALTIES
- RECENT ADVANCES IN MANAGEMENT OF PSYCHIATRIC DISORDERS
- PSYCHOTHERAPY AS A MEDICAL INTERVENTION
- ADDICTION AS A CHRONIC MEDICAL DISORDER
- UPDATES IN THE MANAGEMENT OF DIFFICULT TO TREAT PSYCHIATRIC DISORDERS
- CHILD AND ADOLESCENT PSYCHIATRY FROM A MEDICAL PERSPECTIVE

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