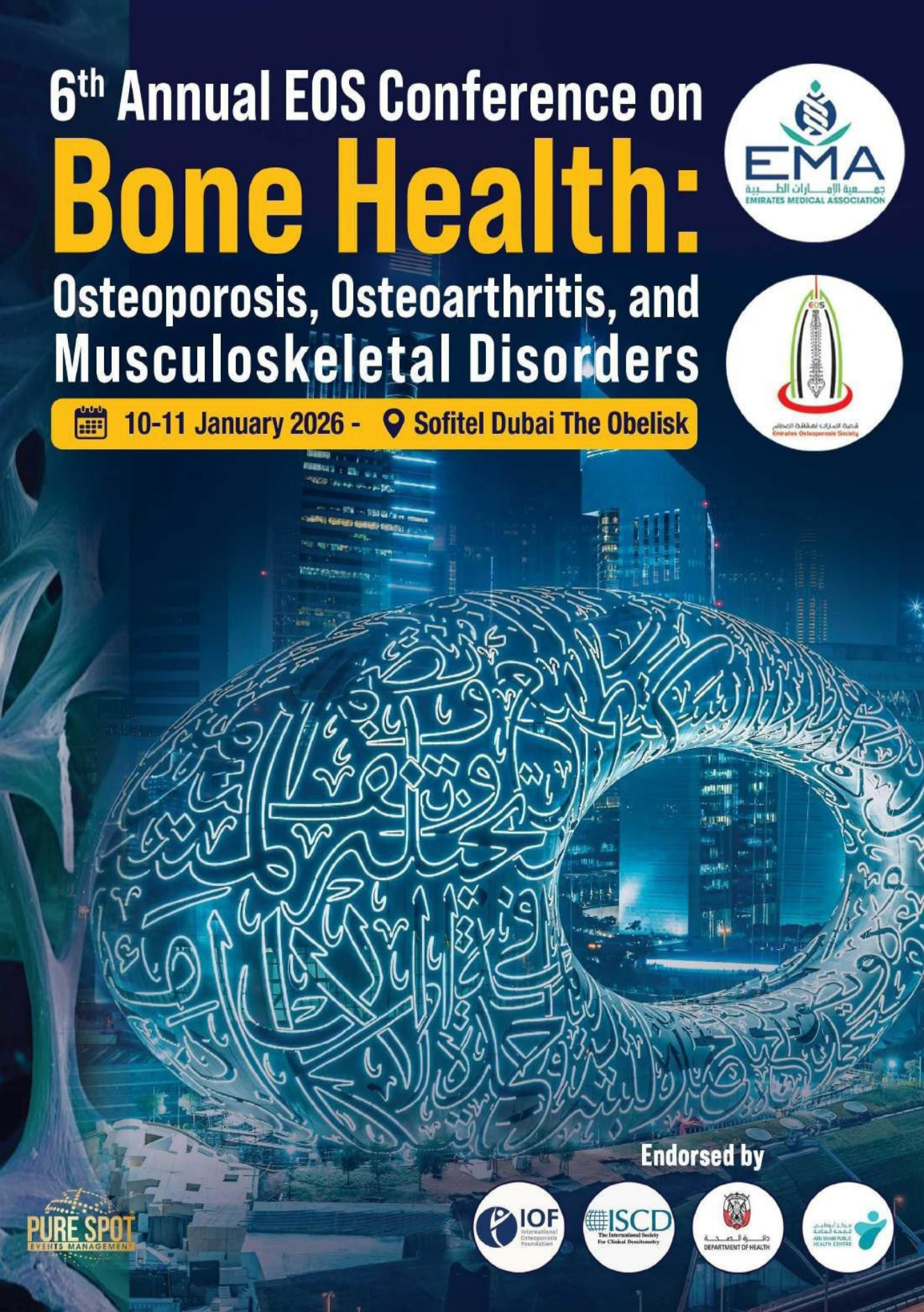
6th Annual EOS Conference on

Bone Health:

Osteoporosis, Osteoarthritis, and Musculoskeletal Disorders

10-11 January 2026 - Sofitel Dubai The Obelisk



Endorsed by

PURE SPOT EVENTS MANAGEMENT

Board Members



Asma Aljaberi, MBBS, ArBIM, CCD

- **President | Emirates Osteoporosis Society**
- Consultant Endocrinologist, Co-Director Bariatric-Metabolic Center, Department of Medicine, Tawam Hospital and Sheikh Tahnoon Bin Mohammed Medical City
- Adjunct Assistant Professor, CMHS, UAEU.



AbdulRahim Suhaili

- **Vice President | Emirates Osteoporosis Society**
- Dual Boards Certified Nuclear Medicine & Densitometry.



Ahmed El Serafi

- **Secretary General | Emirates Osteoporosis Society**
- Professor of Radiology & Consultant Radiologist
- CEO of International Radiology Center
- Expert in Imaging AI & Advanced Technologies



Amel Ginawi

- **Scientific Committee Chair | Emirates Osteoporosis Society**
- Consultant Rheumatologist | Mediclinic City Hospital, Dubai, UAE
  Clinical Associate Professor | Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU), Dubai



Luay Tapponi

- **Cultural Committee Chairperson | Emirates Osteoporosis Society**
- Clinical Professor & Consultant Orthopaedic Surgeon - Specialized Medical center and Prime Specialty Medical Centre, Sharjah

Scientific Committee



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Maisam Musgrave

- Consultant Rheumatologist Mediclinic City and Parkview hospitals,Dubai.
- Adjunct Clinical Associate Professor , Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU).



Beena Hameed

- Consultant Rheumatologist Kings College Hospital and Clinical Professor at Gulf Medical University



Hiba Khogali

- Head of Rheumatology Department, Madinat Zayed Hospital – Al Dhafra

MEET THE EXPERTS

(ALPHABETICAL ORDER)


Abdul Rahim AlSuhaili


Abdulla Al Rahoomi


Ahmed El Serafi


Amel Ginawi


Amr Alhussini


Asma Aljaberi


Atheer Alansari


Beena Hameed


Carine Plata


Didier Hans


Ghada El-Hajj Fuleihan


Hélène CHE


Hiba Khogali


Issam Mardini


Khalid Alnaqbi


Luay Tapponi


Maisam Musgrave


Manju Chandran


Martin lee


Mustafa Izzi


Nicholas C W Harvey


Nizar Abdulateef


Reem Al -Joyyousi


Shamma Al Nokhatha


Suad Hannawi


Thamer Alessa


Yasser El Miedany


Yousif Al-Saleh


Youssef Boobes

+ MORE

SATURDAY
10 January 2026

REGISTRATION & WELCOME COFFEE	08:00–09:00

1 Osteoporosis in Focus

MODERATORS Professor **MUSTAFA IZZI**, Dr. **ABDULRAHIM SUHAILI** — 09:00 – 11:00

TIME	TITTLE	
09:00-9:25	AI-Driven opportunistic screening for bone fragility and fracture risk assessment in Routine Xray Prof. **DIDIER HANS** MEDIMAPS We understand bone health	
09:25-9:50	Treat to Target" ASBMR BHOF recommendations JBMR 2024 Prof. **GHADA FULEIHAN**	
09:50-10:15	Keynote lecture: The future of personalized bone health management: FRAX plus and beyond Prof. **NICK HARVEY**	
10:15–10:25	Q&A	
10:25 -11:00	-Opening Ceremony -Recognition and Honoring of Prof. Mustafa Al-Izzi Dr. **ASMA ALJABERI**	

SATURDAY- 10 January 2026

COFFEE **BREAK** & **POSTER** VIEWING
11:00-11:10

2 Osteoporosis Treatment – What's New?

MODERATORS Dr. ASMA ALJABERI, Dr. SHAMMA ALNOKHATHA — 11:10 - 12:30

SATURDAY- 10 January 2026

TIME	TITTLE	
11:10–11:35	**Keynote lecture:** A sweeping overview of osteoporosis- from prehistoric to modern times *Prof.* **MANJU CHANDRAN**	
11:35–11:55	Managing High-Risk Patients: Sequential and Combination Therapy *Prof.* **MUSTAFA IZZI**	
11:55–12:15	Secondary Osteoporosis and Endocrine Bone Disease *Dr.* **THAMER ALESSA**	
12:15- 12:30	Q&A	

LUNCH TIME 12:30–13:30

13:30: 14:00	Building Bone First : Transforming care for very high risk patients AMGEN *Prof.* **MANJU CHANDRAN**	

3 Beyond bone density

MODERATOR Dr. ATHEER ALANSARI , Prof. YOUSIF AL-SALEH

14:00- 15:00

SATURDAY- 10 January 2026

TIME	TITTLE	
14:00–14:20	Osteomalacia: Clinical Suspicion and Biochemical Pitfalls Dr. THAMER ALESSA	
14:20–14:40	The Sunshine Hormone: Clinical Insights into Vitamin D Deficiency Prof. GHADA FULEIHAN	
14:40–15:00	Bone Density in inflammatory arthritis: What Clinicians Need to Know Dr. KHALID ALNAQBI	

COFFEE **BREAK** & **POSTER** VIEWING
15:00–15:15

15:15-15:45	NOVO Symposium	novo nordisk®

4 Workshops (Challenging Cases)

SATURDAY- 10 January 2026

WORKSHOP 1

TIME	TITTLE	
15:45-16:30	Challenging cases: Complex osteoporosis *Prof.* **NICK HARVEY**	

WORKSHOP 2

TIME	TITTLE	
16:30-17:15	Challenging cases: Skeletal rare diseases *Prof.* **MANJU CHANDRAN**	

SUNDAY
11 January 2026

WELCOME COFFEE & NETWORKING - POSTER VIEWING	08:00–08:30

5 Transforming Osteoporosis Care

MODERATORS *Prof.* **NIZAR ABDULATEEF**, *Dr.* **HELENE CHE**

09:00 – 09:55

TIME	TITTLE	
09:00-9:20	The Proactive Paradigm: Redefining the Role of FLS - A new vision *Dr.* **YASSER EL MIEDANY**	
9:20-9:45	**Keynote lecture:** Epidemiology and regional burden of osteoporosis *Prof.* **YOUSIF AL-SALEH**	
9:45-9:55	Q&A	

SUNDAY- 11 JANUARY 2026

6 Osteoarthritis – From Joint to Bone

MODERATORS Dr. LUAY TAPPONI, Dr. MARTIN LEE — 09:55 – 11:05

SUNDAY- 11 JANUARY 2026

TIME	TITTLE	
09:55–10:15	Medical Management of Osteoarthritis: Prof. NIZAR ABDULATEEF	
10:15–10:35	Surgical management of osteoarthritis Dr. ESSAM MARDINI	
10:35–10:55	Beyond the joint: cardiovascular consequences of osteoarthritis Screening the heart in Osteoarthritis: why CV risk matters Dr. SUAD HANNAWI	
10:55-11:05	Q&A	

COFFEE **BREAK** & **POSTER** VIEWING
11:05- 11:15

7 Renal Bone Disease (CKD-MBD)

MODERATORS Dr. Reem Al-Jayyousi Dr. Hiba Khogali — 11:15 – 12:30

SUNDAY- 11 JANUARY 2026

TIME	TITTLE
11:15–11:35	Classification and Diagnosis of CKD-MBD Dr. Youssef Boobes
11:35-11:55	Fracture Risk in CKD and Treatment Strategies Dr. Asma Aljaberi
11:55-12:15	When to Do a Bone Biopsy? Histomorphometry in Practice Dr. Amr Alhussini
12:15-12:30	Q&A

LUNCH TIME
12:30-13:30

13:30: 14:00	Industry Symposium: Novartis NOVARTIS

8 Maintaining Musculoskeletal Strength: Sarcopenia and Lifestyle

MODERATORS *Prof.* **AHMED ELSERAFI** , *Dr.* **SUAD HANNAWI**

14:00 – 15:15

SUNDAY- 11 JANUARY 2026

TIME	TITTLE
14:00-14:20	Metabolic fragility, hidden bone loss and nutrition: rethinking skeletal health in an aging world *Dr.* **CARINE PLATA**
14:20-14:45	TBC *Prof.*
14:45-15:05	Exercise as medicine for bone and muscle *Dr.* **ABDULLA AL RAHOOMI**
15:05-15:15	Q&A





COFFEE **BREAK** &
FINAL POSTER VIEWING
15:15–15:30

9 Emerging Frontiers in Musculoskeletal Medicine

MODERATORS Dr. **MAISAM MUSGRAVE** , Dr. **BEENA HAMEED**

15:30 – 16:30

TIME	TITTLE
15:30-15:50	AI in Bone Imaging; Promise, Paradox and Partnership Prof. **AHMED ELSERAFI**
15:50-16:10	Association between sarcopenia, rheumatoid arthritis and osteoarthritis: importance of early radiological diagnosis Dr. **OMER HUSSAIN**
16:10-16:30	Conference Summary and end of day 2



SUNDAY- 11 JANUARY 2026



PROJECT MANAGER

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