الجمعية المصرية
للغدد الصماء والأيض
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ENDOEGYPT
ENDOCRINOLOGY & DIABETES ANNUAL CONFERENCE

3rd ENDOEGYPT

The Annual International Conference of the Egyptian Society of Endocrinology & Metabolism

17-18 September 2026
Gewan Hotel, Cairo, Egypt

President of the Conference
Prof. Salwa Seddik



Accredited by

AACME

SCIENTIFIC PROGRAM

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Welcome Message

Dear Honored Guests and Esteemed Colleagues,

It is my great pleasure to welcome you all to the Annual EndoEgypt Conference.

This gathering brings together healthcare professionals, experts & researchers with a shared passion for advancing endocrinology, diabetes, & metabolism & for translating the latest scientific developments into meaningful improvements in patient care.

This year's program addresses key and evolving areas across the field, including diabetes management & technology, thyroid and parathyroid disorders, pituitary & adrenal diseases, neuroendocrine tumors, pediatric endocrinology, metabolic bone diseases, obesity, lipid disorders, and cardiovascular risk.

Beyond the scientific sessions, this congress is a valuable opportunity to exchange knowledge, share experiences, build meaningful collaborations & inspire continued progress in our field.

On behalf of the organization, I would like to thank all our speakers, partners, sponsors, and attendees for being part of this important gathering.

I wish you all an inspiring, enriching, and memorable congress.

Warmest regards,

Conference President
Prof. Salwa Seddik



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17.75 Hour(s)

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DAY 1:
THURSDAY 17TH SEPT. 2026

08:30 - 10:00 AM REGISTRATION

10:00 - 10:45 AM | SESSION 1

From Delayed Maturation to Androgen Excess: Navigating Complex Endocrine Disorders

CHAIRPERSONS (ALPHABETICALLY)

ASHRAF OKBA
HADIA ELSAYED
HANAA QUANDIEL
NEHAD SHOUKRY
RANA HASHEM

10:00 - 10:20

Hirsutism: More Than Just Unwanted Hair

ISLAM NASSER

10:20 - 10:40

Delayed Puberty: Physiological Delay or Underlying Pathology?

SALAH HALWANY

10:40- 10:45

DISCUSSION



DAY 1:
THURSDAY 17TH SEPT. 2026

10:45 - 11:45 AM

NOVO NORDISK SYMPOSIUM

CHAIRPERSONS (ALPHABETICALLY)

SALWA SEDIK

novo nordisk®

10:45 - 11:00

Only one Ozempic: today's control, tomorrow's protection

ALIAA EL SHERBINY

11:00 - 11:15

The dawn of once weekly basal insulin

MINA MICHAEL

11:15 - 11:30

Wegovy: goes beyond

IMAN ZAKY

11:30 - 11:45

DISCUSSION



DAY 1:
THURSDAY 17TH SEPT. 2026

11:45 - 12:30 PM

PHARMA SYMPOSIUM 1

CHAIRPERSONS (ALPHABETICALLY)

ENAS SABRY

HADIA EL.SAYED

HALA MAHFOUZ

HANAN AMER

11:45 - 12:00

Cholerose plus & Markibemp/Ezedoic; the perfect Synergy for a healthier Heart

ALIAA EL SHERBINY

Marcyrl

12:00 - 12:15

Sitagliform: Dual Diabetes Management

HEND ABDEL MONEIM

BioMED

12:15 - 12:30

Downbetes Trio

KHALED EL HADEDY

UTOPIA
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DAY 1:
THURSDAY 17TH SEPT. 2026

12:30 - 01:20 PM | SESSION 2

Beyond the Numbers: Identifying Occult Hypercortisolism & secondary hypertension

CHAIRPERSONS (ALPHABETICALLY)

HANAN AMER
IBRAHIM EL EBRASHY
MOHAMED SAAD
SAIED ABD EL WAHAB
TAREK MAGED
TAREK YOUSEF

12:30 - 12:50 PM

Occult hypercortisolism in T2DM

HESHAM EL GAYAR

12:50 - 01:10 PM

Secondary hypertension

MINA MICHAEL

01:10 - 01:20

DISCUSSION

01:20 - 01:30
OPENING CEREMONY



01:30 - 02:00
COFFEE BREAK

DAY 1:
THURSDAY 17TH SEPT. 2026

02:00 - 03:15 PM | SESSION 3

Complexities of Growth: From Short Stature to Psychosocial Growth Failure

CHAIRPERSONS (ALPHABETICALLY)

EMAN MAHMOUD
HANAN HASSAN ALY
MOHAMED SAAD
SALWA SEDIK

02:00 - 02:20 PM

Psychosocial short stature

ASMAA AMIN

02:20 - 02:40 PM

Short Stature in Clinical Practice: The Role of Nutrition in a Multidisciplinary Approach

EMAN SULTAN

02:40 - 03:00 PM

The Short Child: To treat or not to treat with Growth Hormone?

RASHA TARIEF

03:00 - 03:15 PM

DISCUSSION



DAY 1:
THURSDAY 17TH SEPT. 2026

03:15 - 03:45 PM

MINA PHARM SYMPOSIUM

CHAIRPERSONS (ALPHABETICALLY)

SALWA SEDIK

MINAPHARM PHARMACEUTICALS

03:15 - 03:30

Praxilene Filling the Gap

SALAH ELHALAWANY

03:30 - 03:45

Betolvex Multi-Vitamin

ENAS SABRY



DAY 1:
THURSDAY 17TH SEPT. 2026

03:45 - 04:30 PM | SESSION 4

The Next Frontier in Endocrinology: Innovation in Thyroid & Diabetes Care

CHAIRPERSONS (ALPHABETICALLY)

FADILA GADALLAH
IMAN ZAKY
MARAM MAHER
SALWA SEDIK

03:45 - 04:05 PM

Interventional Thyroidology: Changing the Way We Treat Thyroid Disease

HOSSAM ARAFA GHAZY

04:05 - 04:25 PM

Hybrid Closed Loop Therapy From Basics To Practice

YVETTE EZZAT ISKANDAR

04:25 - 04:30 PM

DISCUSSION



DAY 1:
THURSDAY 17TH SEPT. 2026

04:30 - 05:00 PM

PHARMA SYMPOSIUM 2

CHAIRPERSONS (ALPHABETICALLY)

CAROLINE BISHAY

ENAS SABRY

HANY KHAIRY

SALAH HALWANY

04:30 - 04:45 PM

Synergistic solutions for premium multimorbidity care

RANA HASHIM

SERVIER

04:45 - 05:00 PM

New Standards in Obesity Management: Mounjaro in Action

HISHAM EL HEFNAWY

mounjaro



DAY 1: THURSDAY 17TH SEPT. 2026

05:00 - 05:40 PM

Workshops Sponsored by Gypto pharma

From Pen Technique to Carbohydrate Counting workshops

GYPTO PHARMA

Moderator: Salwa Sedik

05:00 - 05:20 PM Hall A

Insulin pens

OMNIA REFAAT

05:20 - 05:40 PM Hall A

Carb counting workshop

OLA SHAHEEN

Moderator: Amr Saleh

05:00 - 05:20 PM Hall B

Carb counting workshop

OLA SHAHEEN

05:20 - 05:40 Hall B

Insulin pens

OMNIA REFAAT

05:40

LUNCH & END OF 1ST DAY



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DAY 2:
FRIDAY 18TH SEPT. 2026

10:00 - 10:45 AM I SESSION 1

The Brain–Glucose Connection: Hypoglycemia & Cerebrovascular Disease in Diabetes

CHAIRPERSONS (ALPHABETICALLY)

HANAA QANDIEL
MOHAMED FAHMY
OLFAT AHMED FAWZY
RANA HASHEM

10:00 - 10:20 AM

Hypoglycemia overview

SALWA SEDIK

10:20 - 10:40 AM

Cerebrovascular disease & DM

SHUJA PUNEKAR

10:40 - 10:45 AM

DISCUSSION



DAY 2
FRIDAY 18TH SEPT. 2026

10:45 - 11:15 AM

PHARMA SYMPOSIUM 1

CHAIRPERSONS (ALPHABETICALLY)

HANY KHAIRY

MINA MICHAEL

NAIRA HANY

SALAH HALWANY

10:45 - 11:00 AM

Sanso Antioxidant

SARAH WAEL

AUG PHARMA

11:00 - 11:15 AM

Jardiance Across CRM Patients

ENAS SABRY

Boehringer Ingelheim



DAY 2:
FRIDAY 18TH SEPT. 2026

11:15 - 12:05 PM I SESSION 2

Redefining Women's Endocrine Health: From PCOS to Menopause

CHAIRPERSONS (ALPHABETICALLY)

MOHAMED FAHMY

OLFAT AHMED FAWZY

SALWA SEDIK

SARAH HAMZA

11:15 - 11:35 AM

Understanding Menopause: From Endocrinology to Evidence-Based Care

CAROLINE BISHAY

11:35 - 11:55 AM

Autoimmune Endocrinopathy. Treatment innovices

RAEF MALAK

11:55 - 12:05 PM

DISCUSSION



DAY 2
FRIDAY 18TH SEPT. 2026

12:05 - 12:55 PM

PHARMA SYMPOSIUM 2

CHAIRPERSONS (ALPHABETICALLY)

ENAS SABRY
RANA HASHEM
SALAH HALWANY
SARAH HAMZA

12:05 - 12:20 PM

Diabetic peripheral neuropathy : From pain to relief

ALAA ABDELHAFEZ

BioMED Pharmaceutical Industries A Pledge For A Better Life

12:20 - 12:35 PM

Convenience Meets Control: Pioneering Daily Care with Sitagliptin/Metformin XR

MINA MICHAEL

Marcyrl Group Empowering Health Through Innovation

12:35 - 12:55 PM

Imeglimin in Type 2 Diabetes: From Mitochondrial Dysfunction to Clinical Practice

HANY KHAIRY

ALESRAA PHARMACEUTICALS

12:55 - 02:00 PM GOMAA PRAYER & COFFEE BREAK



DAY 2
FRIDAY 18TH SEPT. 2026

02:00 - 02:40 PM I SESSION 3

From Insulin Initiation to Intensification: Simplifying Injectable Therapy in Type 2 Diabetes Mellitus

CHAIRPERSONS (ALPHABETICALLY)

FADILA GADALLAH

LAILA HENDAWY

MINA MICHAEL

SALWA SEDIK

02:00 - 02:15 PM

How to Start Insulin for T2DM?

HESHAM EL GAYAR

02:15 - 02:30 PM

The Next Chapter in Insulin Therapy

ABBAS ORABI

02:30 - 02:40 PM

DISCUSSION



DAY 2
FRIDAY 18TH SEPT. 2026

02:40 - 03:25 PM

PHARMA SYMPOSIUM 3

CHAIRPERSONS (ALPHABETICALLY)

AHMED HAMAM
GENA MAHMOUD
HANY KHAIRY
LAYLA HENDAWY

02:40 - 02:55 PM

Treat to target using melitofex trio

TALAAT ABDEL ATY

EVA PHARMA

02:55 - 03:10

The Quantum Leap in T2DM Management

RANA HASHEM

rameda

03:10 - 03:25

Early HELP Saves a Limb

MINA MICHAEL

Otsuka



DAY 2
FRIDAY 18TH SEPT. 2026

03:25 - 04:30 PM | SESSION 4

The Art of Diagnosis: Unraveling Four Challenging Endocrine Cases

CHAIRPERSONS (ALPHABETICALLY)

ASHRAF OKBA
FADILA GADALLAH
IMAN ZAKY
RAEF MALAK
SAHAR EL.WAKIEL
SALWA SEDIK
SHIMAA HANY

03:25 - 03:40 PM

Case presentation 1

TASNIEM AHMED | SHIMAA SHABAN

03:40 - 03:55 PM

Case presentation 2

NOOR MOHAMED | REHAM MAHMOUD

03:55 - 04:10 PM

Case presentation 3

SALMA SAIED

04:10 - 04:25 PM

Case presentation 4

AYA MADBOLY | AYA ALY



04:25 - 04:30 PM

DISCUSSION

DAY 2
FRIDAY 18TH SEPT. 2026

04:30 - 05:15 PM

PHARMA SYMPOSIUM 4

CHAIRPERSONS (ALPHABETICALLY)

HANY KHAIRY
IMAN ZAKY
MINA MICHAEL
MOHAMED HUSSEIN ABBAS

04:30 - 04:45 PM

Thiodio Comb / Alpha Lipoic Acid

NOURAN EL GHANDOUR

ادوية ADWIA

04:45 - 05:00 PM

Closing the Gap : Achieving Physiological Balance with Modern Biosimilar Basal Insulin

SALAH HALWANY

GYPTO PHARMA

05:00 - 05:15 PM

Tailoring the right therapy for the right patient

LAILA HENDAWY

Xeedia Caring for life



DAY 2
FRIDAY 18TH SEPT. 2026

05:15 - 06:15 PM

Workshops

Mastering Endocrine Imaging: From Pituitary MRI to Adrenal CT Under Supervision of Sherif Abo Gamra

Moderator: Salwa Sedik

05:15 - 05:45 PM Hall A

MRI Sella Turcica Interpretation

MAHMOUD SHARAWY

05:45 - 06:15 PM Hall A

CT Adrenal Imaging Interpretation

AMANY EL-KHAYAT

Moderator: Mina Michael

05:15 - 05:45 PM Hall B

CT Adrenal Imaging Interpretation

AMANY EL-KHAYAT

05:45 - 06:15 PM Hall B

MRI Sella Turcica Interpretation

MAHMOUD SHARAWY

06:15 PM

LUNCH & END



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