# 4TH MS UPDATED FORUM

## SPECIALIZED MEDICAL CENTERS

JAN 14, 2026 — NASSER INSTITUTE

JAN 15,16 2026 — TOLIP ELNARGES HOTEL, FIFTH SETTLEMENT, CAIRO

### UNDER THE PATRONAGE OF HIS EXCELLENCY

**The Minister of Health**
PROF. KHALED ABDELGHAFFAR

**Head of the Specialized Medical Centers**
DR. MAHA IBRAHIM

**Vice President of the Specialized Medical Centers**
DR. AHMED REZK

**Honorary Presidents**
PROF. ISMAIL RAMADAN
PROF. EMAN KHEDR

**Conference President**
PROF. TAREK MENECIE

**General Secretaries**
ASST.PROF. AHMED ESMAT
DR. MAHMOUD SAID

**Coordinator:**
DR. AHMED HASHISH

**Head of Organizing Committee**
DR. LAMIAA LOTFY

**Head of Scientific Committee**
PROF. DINA ZAMZAM

THE CONFERENCE IS ACCREDITED BY

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PURE SPOT EVENTS MANAGEMENT

## Organizing Committee *(alphabetical)*

*Asst. Prof.* AHMED ESSMAT
*Dr.* AHMED HASHISH
*Dr.* AHMED SAID
*Dr.* AMINA FARID
*Prof.* AMR HASSAN
*Prof.* DINA ZAMZAM
*Prof.* ISMAIL RAMADAN
*Dr.* LAMIAA LOTFY

## Scientific Committee *(alphabetical)*

*Asst. Prof.* AHMED ESSMAT
*Dr.* AHMED HASHISH
*Dr.* ALAA ABO STEIT
*Prof.* AYMAN NASSEF
*Asst. Prof.* BASSEM FOUDA
*Prof.* DINA ZAMZAM
*Prof.* KHALED SALLAM
*Prof.* MAGD ZAKARIA
*Asst. Prof.* MAHMOUD SAAD
*Asst. Prof.* MOHAMED HAMED
*Prof.* NEVIN SHALABY
*Prof.* SANDRA AHMED
*Asst. Prof.* SHADY SAFWAT

## General Information

**Hotel Name: Nasser Institute & Tolip El Narges, Fifth Settlement Meeting Rooms:**
- **Wednesday: Nasser Institute**
- **Thursday: Cinderella, Ground Floor Main Hall & Princes Meeting Room, Second Floor**
- **Friday: Cinderella, Ground Floor**
- **Guest Entrance GATE 3-4**

# Welcome Message

Esteemed colleagues and guests,

It is our honor to welcome you to the fourth edition of Specialized Medical Centers MS updated forum.

We are grateful for the patronage of the Egyptian Ministry of Health, which highlights our shared commitment to improving patient care.

This conference brings together the brightest minds in neurology from across Egypt, your presence signifies a commitment to collaboration and knowledge-sharing in pursuit of improved patient care and outcomes for individuals living with multiple sclerosis.

Over the next few days, we will engage in discussions, share best practices, and explore the latest developments that are shaping the future of multiple sclerosis management. We encourage active participation, as your insights and experiences are invaluable to our discussions.

Thank You,

Prof. **MAHA IBRAHIM**

Head of the Specialized Medical Centers

DAY 1 WEDNESDAY
14th JAN ,2026

**REGISTRATION** 11:30 AM – 12:30 PM

## SESSION 1

Hall (A) - Nasser Institute
12:30 - 15:00

**CHAIRPERSONS** *(Alphabetically)*

*Dr.* AHMED ELZAYAT - *Dr.* AHMED HASHISH *Prof.* ISMAIL RAMADAN

| | |
|---|---|
| 12:30 – 12:50 | **AUTOIMMUNE OPTIC NEURITIS**<br>*Dr.* SHERIF KAMEL AMER<br>*MD, FRCS Professor of Ophthalmology National eye center & Cairo university* |
| 12:50 – 13:10 | **TYPICAL OPTIC NEURITIS**<br>*Dr.* AYA AYMAN<br>*FEBO, MRCSEd Neuro-ophthalmology specialist at National Eye Center* |
| 13:10 – 13:30 | **GET RID OF MRI. CAN OPHTHALMOLOGISTS HELP IN MS DIAGNOSIS?**<br>*Dr.* MOHAMED AHMED ISMAIL<br>*FRCOphth National Eye Center* |
| 13:30 – 13:50 | **OPTICAL COHERENCE TOMOGRAPHY (OCT): A WINDOW INTO CNS DAMAGE**<br>*Dr.* MAHMOUD SAAD<br>*Asst. professor of Neurology - Ain Shams University* |
| 13:50 – 14:10 | **EVOKED POTENTIALS AND NEUROPHYSIOLOGY IN MS: PRACTICAL INTERPRETATION**<br>*Dr.* DOAA MOKHTAR<br>*Lecturer of Neurology - Assiut University* |
| 14:10 - 14:30 | **DETECTION OF PROGRESSION IN MRI(SMOLDERING MS)**<br>*Dr.* EMAN HAMDY<br>*Lecture of Neurology - Alexandria University* |
| 14:30 – 15:00 | **LUNCH** |

# SESSION 2

Hall (B) - Nasser Institute

12:30 – 15:00

## CHAIRPERSONS *(Alphabetically)*

*Prof.* **Dina Zamzam**, *Asst. Prof.* **Mohamed Hamed**, *Dr.* **Mohamed Saher**

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|---|---|
| 12:30 – 12:50 | ***CSF Analysis in MS: Oligoclonal Bands and Kappa Free Light Chain***<br>*Dr.* **Yasmine Reda**<br>*Lecturer of neurology - Benha university* |
| 12:50 – 13:10 | ***Neurofilament Light Chain (NFL) in Serum and CSF: How to Use It Clinically***<br>*Dr.* **Marwa Abu El Naga**<br>*Consultant of Neurology - Mansoura International Hospital* |
| 13:10 – 13:30 | ***MOH Protocol & Referral Sheets: How to Write***<br>*Dr.* **Alaa Abo Steit**<br>*Lecturer of Neurology - Ain Shams University* |
| 13:30 – 13:50 | ***Nutrition and Healthy Lifestyle Strategies in MS***<br>*Dr.* **Asmaa Swilam**<br>*Lecturer of Physiotherapy - El Hayah University* |
| 13:50 – 14:10 | ***Mental Health and Psychological Support for MS***<br>*Dr.* **Mohamed Hammouda**<br>*Asst. Professor of Psychiatry - Al Azhar University* |
| 14:10 – 15:00 | ***Lunch*** |

# SESSION 3

Hall (C) - Nasser Institute

12:30 – 15:00

## CHAIRPERSONS *(Alphabetically)*

*Asst. Prof.* **AHMED ESSMAT**, *Dr.* **MOHAMED ATALLAH**, *Prof.* **TAREK MENECIE**

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|---|---|
| 12:30 – 12:50 | ***MEASURING DISABILITY IN MS: EDSS, MSFC, AND NEW DIGITAL SCALES***<br>*Dr.* **MOHAMED ALI**<br>*Asst. professor of Neurology - Ain Shams University* |
| 12:50 – 13:10 | ***COGNITIVE TESTING TOOLS FOR MS: FROM MOCA TO BICAMS (ROCHE)***<br>*Dr.* **MOHAMED ATALLAH**<br>*Lecturer of Neurology – Al Azhar University* |
| 13:10 – 13:30 | ***ACADEMIC RESEARCH WRITING: METHODS AND PUBLICATION***<br>*Dr.* **YASSER ELEWA**<br>*Tenured Asst. Professor at the Laboratory of Anatomy, Faculty of Veterinary Medicine, Hokkaido University, Japan* |

## BOTULINUM TOXIN AND SPASTICITY WORKSHOP

| | |
|---|---|
| 13:30– 13:50 | ***FUNCTIONAL ANATOMY OF UPPER LIMB WITH INJECTION TIPS***<br>*Dr.* **AHMED ESSMAT**<br>*Asst. professor of Neurology - Al Azhar University* |
| 13:50 – 14:10 | ***FUNCTIONAL ANATOMY OF LOWER LIMB WITH INJECTION TIPS***<br>*Dr.* **AHMED FARAG**<br>*Asst. professor of Neurology - Al Azhar University* |
| 14:10 – 14:30 | ***HANDS ON (HSO)***<br>*Dr.* **AHMED ESSMAT**<br>*Asst. professor of Neurology - Al Azhar University*<br>*Dr.* **AHMED EL SAEED**<br>*Consultant of Neurology – Nasser Institute & Military Hospitals* |
| 14:30 – 15:00 | ***LUNCH*** |

DAY 2 — THURSDAY
15th JAN ,2026

Hall (A) - Tolip El Narges Fifth Settlement

**REGISTRATION** 9:30 – 10:30 AM

## SESSION 1

Hall (A) 10:30 – 11:50

**CHAIRPERSONS** *(Alphabetically)*

*Prof.* **Fathy Afifi** , *Dr.* **Ibrahim Badawy** , *Prof.* **Mohamed Abdelhady**, *Prof.* **Salma Hamed**

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|---|---|
| 10:30-10:50 | ***MS Care vision***<br>*Dr.* **Nashwa Rabea**<br>*Vice Chairman of MS Care* |
| 10:50-11:10 | ***Advances in the Diagnosis of Multiple Sclerosis: From Criteria to Clinical Practice***<br>*Dr.* **Amr Hassan**<br>*Professor of Neurology – Cairo University* |
| 11:10-11:30 | ***Headache among MS patients***<br>*Dr.* **Shady Safwat**<br>*Asst. Prof. of Neurology – Assiut University*<br>EVA PHARMA |
| 11:30-11:50 | ***Genetic and Environmental Interactions in MS Onset and Progression***<br>*Dr.* **Nevine Shalaby**<br>*Professor of Neurology – Cairo University* |

OPENING **CEREMONY**
11:50 – 12:50



COFFEE **BREAK**
12:50 – 13:20



# SESSION 2

Hall (A) 13:20 – 15:00

## CHAIRPERSONS

*(Alphabetically)*

*Prof.* **Adel Hassanein**, *Prof.* **Farouk Talaat**, *Prof.* **Magd F. Zakarya**, *Prof.* **Maged A. Naseer**, *Prof.* **Saher Hashem**

**13:20 – 13:40**

### Multiple Sclerosis in the Middle East and North Africa: Epidemiology and Unmet Needs

*Dr.* **Magd F. Zakarya**
*Professor of Neurology - Ain Shams University - Member of the MENACTRIMS board*

**13:40 – 14:00**

### Autoimmune Mechanisms in Multiple Sclerosis: Lessons from the Last Decade (Elixir)

*Dr.* **Ismail Ramadan**
*Professor of Neurology - Alexandria University*

**14:00 – 14:20**

### Differential Diagnosis in Demyelinating Diseases: NMOSD and MOGAD as Key Mimics

*Dr.* **Ahmed Essmat**
*Asst. professor of Neurology - Al Azhar University*

**14:20–14:40**

### Progression in Multiple Sclerosis: Predictors, Mechanisms, and Management

*Dr.* **Ahmed Hashish**
*Neurology Consultant, Egyptian Ministry of Health - Honorary Neurology Consultant (Multiple sclerosis), The Royal London hospital*

**14:40 – 15:00**

### Early Intervention Strategies in MS: How Early Is Early Enough?

*Dr.* **Azza Abbas Ghaly**
*Professor of Neurology - Tanta University*

COFFEE **BREAK**
15:00 - 15:30

## SESSION 3

Hall (A) 15:30 – 16:50

### CHAIRPERSONS

*(Alphabetically)*

*Prof.* ELSAYED TAGELDIN, *Prof.* HAZEM MAAROUF, *Prof.* MAHMOUD ABDELMOATY, *Prof.* MOHAMED HEGAZY

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|---|---|
| 15:30 – 15:50 | **PUTTING PATIENTS FIRST, THE TYSABRI APPROACH**<br>*Dr.* DINA ZAMZAM<br>*Professor of Neurology - Ain Shams University - Head of Neurology Department Zayed Aal Nahian Hospital* |
| 15:50 – 16:10 | **SAFETY MONITORING AND RISK MANAGEMENT**<br>*Dr.* RASHA EL-QABBANY<br>*Professor of Neurology - Menoufia University* |
| 16:10 – 16:30 | **THERAPEUTIC EVOLUTION IN MS: FROM IMMUNOMODULATION TO NEURODEGENERATION**<br>*Dr.* KHALID SALLAM<br>*Professor of Neurology - Banha University* |
| 16:30 – 16:50 | **ADVANCED MRI TECHNIQUES FOR MEASURING NEURODEGENERATION IN MS**<br>*Dr.* AYA RADA<br>*Assistant professor of Radiology – Alexandria University* |

## SESSION 4

Hall (A) 16:50 - 17:50

### CHAIRPERSONS

*(Alphabetically)*

*Prof.* AMAL ELTOHAMY, *Prof.* GHADA ASHMAWY *Prof.* GHAIDA SHEHATA, *Prof.* HUSSEIN MOHAMED HUSSEIN

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|---|---|
| 16:50-17:10 | **NEUROPROTECTION AND REMYELINATION STRATEGIES**<br>*Dr.* TAREK RAGEH<br>*Professor of Neurology – Assiut University* |
| 17:10-17:30 | **EFFECTIVE OF DALFAMPRIDINE IN MULTIPLE SCLEROSIS, INSIGHTS FROM REAL-WORLD PRACTICE**<br>*Dr.* HUSSEIN M. HUSSEIN<br>*Professor of Neurology – Al Azhar University* |
| 17:30-17:50 | **TREATMENT RESISTANCE AND PERSONALIZED MEDICINE IN MULTIPLE SCLEROSIS**<br>*Dr.* AYMAN NASSEF<br>*Professor of Neurology - Ain Shams University* |

# Nursing Administration Department Session

Hall (B) 10:00 – 12:00

**CHAIRPERSONS** *(Alphabetically)*

*Dr.* AZZA ELSAYES, *Dr.* AZZA HASSAN HAMED, *Prof.* HODA ZAKI, *Prof.* MANAL SAYED ISMAIL

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|---|---|
| 10:00 – 10:30 | ***WHAT IS MULTIPLE SCLEROSIS (MS) AND NURSING CARE***<br>*Mr.* MICHAEL AMIR RAMZI HABIB |
| 10:30 – 10:45 | ***MULTIPLE SCLEROSIS STATISTICS AT SPECIALIZED MEDICAL CENTERS HOSPITALS***<br>*Dr.* HANAA EZZAT FAHMY |
| 10:45 – 11:10 | ***MULTIPLE SCLEROSIS (M.S) NURSE***<br>*Dr.* RANIA MOHAMED ABOULDAHAB |
| 11:10 – 11:30 | ***MULTIPLE SCLEROSIS AND COPING STRATEGIES***<br>*Dr.* IMAN MOHAMED MOHAMED |
| 11:30 - 11:50 | ***CHALLENGES IN CARING PATIENT WITH MULTIPLE SCLEROSIS***<br>*Dr.* IMAN AHMED ABDEL WAHAB RAGAB<br>*Dr.* NOURA SHABEEB MAKHLOUF |

OPENING **CEREMONY**
11:50 – 12:50



COFFEE **BREAK**
12:50 – 13:20



# Pharmaceutical journey in MS

Hall (B) 13:20 - 16:55

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|---|---|
| 13:20 – 13:40 | **NAVIGATION NEW HORIZON IN MS**<br>Dr. RANIA HSSEIN |
| 13:40 – 14:10 | **NAVIGATION NEW HORIZON IN MS - SUPPLY CHAIN**<br>Dr. MONA SHERIEF<br>Dr. ALIAA ROUSHDY<br>Dr. MOH. MOEZ<br>Dr. IBRAHIM ELDALASH |
| 14:10 – 14:40 | **NAVIGATION NEW HORIZON IN MS - DISPENSING**<br>Dr. REHAB TAEA<br>Dr. MARWA ELABASY<br>Dr. DOAA IBRAHIM<br>Dr. SAHAR FAWZY |
| 14:40 – 15:10 | **NAVIGATION NEW HORIZON IN MS - EDUCATION AND COUPLING**<br>Dr. GEHAD<br>Dr. MANAR MAHROUS<br>Dr. RASHA MAWAD<br>Dr. RANIA ELSAYED |
| 15:10 – 15:40 | **NAVIGATION NEW HORIZON IN MS - PHARMACOVIGLIANCE**<br>Dr. FATMA ELZAHRAA ATTIA HAMED<br>Dr. MARWA SAAD<br>Dr. WALAA ELDARS |
| 15:40 – 16:10 | **PIVOTAL ROLE OF THE PHARMACY IN THE PROVISION OF SAFE CARE TO MS PATIENTS**<br>Dr. MAYAR ESSAM ELDIN AGAMY |
| 16:10 – 16:40 | **MS MEDICATION DISPENSATION CHALLENGES: ANALYZING CURRENT ISSUES AND EMERGING FUTURE OBSTACLES**<br>Dr. DOAA WAGEH SAMY |
| 16:40 – 16:55 | **HONOURING** |

DAY 3 — FRIDAY 15th JAN ,2026

**REGISTRATION** 9:00 AM – 10:00 AM

## SESSION 1

Hall (A) 10:00 – 11:00

**CHAIRPERSONS** *(Alphabetically)*

*Prof.* **Amal El Motayam**, *Prof.* **Lobna El Nabil**, *Prof.* **Tarek Menecie**, *Prof.* **Manal Hafez**

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|---|---|
| 10:00 – 10:20 | ***MAVENCLAD: Latest Data, Relapse Management and a Look at the Top HE DMT Options***<br>*Dr.* **Tarek Tawfik**<br>*Professor of Neurology - Cairo University*<br>MERCK |
| 10:20 – 10:40 | ***Women's Health Across the MS Lifespan***<br>*Dr.* **Hanan Salah**<br>*Professor of Neurology - Zagazig University* |
| 10:40 – 11:00 | ***The Brainstem Signature of Multiple Sclerosis: Predictable Lesions, Consistent Syndromes***<br>*Dr.* **Mohammad Aboulwafa**<br>*Consultant of neurology, MS specialist NHS England* |

GOMAA PRAYER **& COFFEE BREAK** 11:00 – 12:30

# SESSION 2

Hall (A) 12:30 – 14:10

## CHAIRPERSONS

*(Alphabetically)*

*Prof.* **ABDELNASSER MOURAD**, *Prof.* **AZZA ABDELNASSER**, *Prof.* **DINA ZAMZAM**, *Prof.* **MAGDY AIDAROUS**

| | |
|---|---|
| 12:30-12:50 | ***THE ROLE OF B CELLS AND B- CELL–TARGETED THERAPIES IN MULTIPLE SCLEROSIS***<br>*Prof.* **GAVIN GIOVANNONI**<br>*The Chair of Neurology, Blizard Institute, Barts and The London School of Medicine and Dentistry, Queen Mary University London and the Department of Neurology, Barts Health NHS Trust.* |
| 12:50-13:10 | ***PEDIATRIC AND ADOLESCENT MS: UNIQUE CHALLENGES AND NEW HORIZONS***<br>*Dr.* **AZZA A. NASSER**<br>*Professor of Neurology - Ain Shams University* |
| 13:10-13:30 | ***ORAL PLATFORM THERAPIES IN MS***<br>*Dr.* **MOHAMED HAMED**<br>*Asst. professor of Neurology – Al Azhar University*<br>EVA PHARMA |
| 13:30–13:50 | ***UNMASK FOR REAL FACT ABOUT LATE ONSET MS***<br>*Dr.* **AHMED EL SAEED**<br>*Consultant of Neurology – Nasser Institute & Military Hospitals* |

# SESSION 3

Hall (A) 12:30 – 14:10

## CHAIRPERSONS

*(Alphabetically)*

*Prof.* **Ehab Shawky**, *Prof.* **Horeya Saadallah**, *Prof.* **Mohamed Hamdy**, *Prof.* **Tarek Rageh**

| | |
|---|---|
| 14:10 – 14:30 | ***Artificial Intelligence and Big Data in Predicting MS Outcomes***<br>*Asst. Prof.* **Bassem Fouda**<br>*Lecturer of Neurology and a medical researcher and consultant - Tanta University* |
| 14:30 – 14:50 | ***Digital Health and Remote Monitoring of multiple sclerosis***<br>*Dr.* **Ghaidaa Shehata**<br>*Professor of Neurology – Assiut University* |
| 14:50 – 15:10 | ***Managing non-Motor Symptoms in MS: Fatigue, Pain, and Cognitive Impairment***<br>*Dr.* **Mahmoud Hassan**<br>*Professor of Neurology - Al Azhar University Assiut branch* |
| 15:10 – 15:30 | ***Mircrobiota in MS***<br>*Dr.* **Tasneem Mohamed**<br>*Lecturer and consultant of Neurology, Minia university* |
| 15:30 - 15:50 | ***Fingolimod and MS: A Paradigm shift in Oral Therapy***<br>*Dr.* **Ahmed Essmat**<br>*Asst. professor of Neurology – Al Azhar University* |
| 15:50 – 16:05 | ***Future Directions in MS Research: From Biomarkers to Precision Therapies***<br>*Dr.* **Alaa Abo Steit**<br>*Lecturer of Neurology - Ain Shams University* |
| 16:05 – 16:20 | ***Usage of IVIG in GBS & CIDP***<br>*Prof.* **Tarek Menecie**<br>*Professor of Neurology, Al-Azhar University* |

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بمستشفى المنصورة الدولي


MS
وحدة التصلب المتعدد
EL HARAM HOSPITAL
مستشفى الهرم


Sharq Al Madinah Hospital


مستشفى
دار الشفاء


مستشفى الشيخ زايد التخصصي
Sheikh Zayed Specialized Hospital


مستشفى القاهرة الفاطمية
قسم طب المخ و الاعصاب
وحدة التصلب المتعدد


El-Bagour Specialized Hospital


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مستشفى الشيخ زايد آل نهيان
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وحدة التصلب المتعدد
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# 4TH MS UPDATED FORUM

## SPECIALIZED MEDICAL CENTERS

Specialized Medical Centers



WORKSHOP

CONFERENCE


**PROJECT MANAGER**

KARIM ATEF ANWER

01000988963 KARIM.ATEF@PURESPOT.ORG

HEADQUARTER: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR.

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