4 th Suez Canal
Cardio-Renal-Metabolism Association Conference

Hand in Hand We Can Stand

In collaboration with

Ismailia Medical Syndicate

Practice Challenges in CRM Diseases

25-27 JUNE 2025 TOLIP EL FORSAN HOTEL, ISMAILIA

Hybrid Conference



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Prof. of Internal Medicine and Endocrinology, Banha University

Prof. Gamila Nasr
Head of Ismailia Medical Syndicate

Prof. Tarek El Baz
Emeritus Professor of Medicine and Nephrology, Al-Azhar University

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Head of Internal Medicine Departments
SCA Hospitals -President of SCCRMA

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Prof. Basma Osman
Lecturer of Internal Medicine and Nephrology



We are Accredited

Attendance of at least 70% of the conference sessions is required to qualify for the certificate.

ORGANIZING COMMITTEE

Alphabetically

Dr. **ABDALLAH ATEIA**	*Consultant Cardiology SCA Hospital*
Dr. **AHMED TALAL**	*Consultant Nephrology SCA Hospital*
Dr. **MAHMOUD ROSHDY**	*Consultant Gastroenterology SCA Hospital*
Dr. **MAHMOUD SAAD**	*Consultant Cardiology SCA Hospital*
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Dr. **MICHAEL MORIS**	*Consultant Chest SCA Hospital*
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Dr. **PETER SAMIR**	*Consultant Medical Oncology SCA Hospital*

CONFERENCE COORDINATORS

Alphabetically

Dr. **ASHRAF SALAMA**	*Consultant of Gastroenterology SCA*
Dr. **HAITHAM FARID**	*Consultant Cardiology SCA Hospital*
Dr. **HESHAM NAGIUB**	*Consultant Cardiology SCA Hospital*
Dr. **MAHA MABROUK**	*Consultant of Internal Medicine, Suez Canal Authority*
Dr. **MOHAMED KHALIL**	*Consultant Cardiology SCA Hospital*
Dr. **MOHAMED SAMEH**	*Consultant Cardiology SCA Hospital*
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Dr. **SALEH MOHAMED SALEH**	*Consultant Cardiology SCA Hospital*
Dr. **WALID ABDEL FATTAH**	*Consultant of Chest SCA Hospital*

SCIENTIFIC COMMITTEE

Alphabetically

Prof. **FARID FAWZY**	*Prof of Internal Medicine and Endocrinology Zagazig University*
Prof. **GAMILA NASR**	*Head of Ismailia Medical Syndicate*
Prof. **MEGAHED ABU ELMAGED**	*Prof of Internal Medicine and Endocrinology Mansora University*
Prof. **MOHAMED KESHAWY**	*Prof of Internal Medicine and Nephrology SCU*
Prof. **MOHAMED SHAWKY**	*Prof of Internal Medicine and Endocrinology Banha University*
Prof. **MOHAMED YAKOOT**	*Prof of Internal Medicine and Endocrinology Mansora University*
Prof. **SAEED KHAMIS**	*Prof of Internal Medicine Department Menoufia University*
Prof. **SEHAM OMAR**	*Prof of Internal Medicine and Endocrinology Suez Canal University*
Prof. **TAREK EL BAZ**	*Emeritus Professor of Medicine and Nephrology, Al-Azhar University*

THURSDAY
25 JUNE 2026

REGISTRATION 09:00 – 10:00

SESSION I

10:00 - 11:25 AM

CHAIRPERSONS: *Alphabetically*

Prof. ***Abd Elhamid Serwah****, Suez Canal University -* ***Prof. Ahmed Yassin****, Suez Canal Authority*
Prof. ***Fareed Fawzy****, Zagazig University - Prof.* ***Mohamed Shawky****, Benha University*
Prof. ***Mohamed Yakout****, Mansoura University - Prof.* ***Waleed Abd Elfatah*** *(SCA)*

10:00 - 10:15 AM	**INSULIN RESISTANCE AS A DRIVER OF CARDIORENAL DISEASE** *Prof.* ***IMAN ELSHERIF****, Suez Canal University*
10:15 - 10:30 AM	**TIPS AND TRICKS IN INSULIN THERAPY** *Prof.* ***HOSSAM HOSNY*** *(NID)*
10:30- 10:45 AM	**WHAT'S NEW IN MANAGEMENT OF DIABETIC DYSLIPIDEMIA** *Prof.* ***FAWZY MOSSALAMY****, Zagazig University*
10:45 - 11:00 AM	**DAPAVELDACTIN AND ITS ROLE TO UNLOAD THE COMPLICATIONS BURDEN** *Prof.* ***GAMAL ELNAGGAR****, Tanta University*
11:00 - 11:15 AM	**THE GOLD STANDARD SYNERGY: UNLOCKING CONTINUOUS GLYCEMIC CONTROL** *Prof.* ***INASS SHALTOUT,*** *Cairo University*
11:15 – 11:25 AM	***DISCUSSION***

SESSION II

11:25 - 12:45 PM

CHAIRPERSONS: Alphabetically	
Prof. **Aymen Elgendy**, Port Said - Prof. **Iman Elsherif**, Suez Canal University Prof. **Mayada Moussa**, Zagazig University - Prof. **Mohamed Azizi**, Suez Canal Authority Prof. **Mohamed Elassy**, Zagazig University - Prof. **Seham Ahmed**, Suez Canal University	
11:25- 11:40 AM	**Atypical types of diabetes. - Case presentation** Prof. **ENGY ABD ELWAHAB,** Tanta University
11:40- 11:55 AM	**PAD Guidelines Treatment Goals** Prof. **AHMED SABAAWY,** NIDE
11:55 AM- 12:25 PM	**Safety Profile for CVD patients TECOS** Prof. **MANAL ELMASRY**, Cairo University
12:25-12:40 PM	**Simplify to Amplify: Fixed-Ratio Combinations as a Modern Standard After Premix Therapy** Prof. **HISHAM HEFNAWY,** NIDE
12:40 - 1:00 PM	**Discussion**

SESSION III

01:00 - 2:20 PM

CHAIRPERSONS: Alphabetically	
Prof. **Fathy Nada,** Suez Canal University - Prof. **Ihab Salem,** Zagazig University Prof. **Inass Shaltout,** Cairo University - Prof. **Mahmoud Saad,** Suez Canal Authority Prof. **Mohamed Reda Halawa,** Ain Shams University - Prof. **Waleed Abd Elfatah**, Zagazig University	
1:00-1:20 PM	**Challenges in monitoring of glycemic control** Prof. **SHERIF HAWARY,** Cairo University
1:20-1:35 PM	**Challenges in diagnosis of Cushing syndrome** Prof. **MEGAHED ABO ELMAGD,** Mansoura University
1:35- 1:50 PM	**Jardiance across CRM patients** Prof. **IHAB SALEM,** Zagazig University
1:50-2:05 PM	**Jardiance Game changer in HF & CVD Management** Prof. **ADEL ELETRBY,** Alexandria University
2:05-2:20 PM	**Jardiance game Changer in CKD management** Prof. **HISHAM METWALLY,** Suez Canal Authority

Opening Ceremony and Break

2:20 PM -3:05 PM

Prof. **MOHAMED SHAWKY,**
Benha University
Prof. **TAREK ELBAZ,**
Al Azhar University
Prof. **GAMELA NASR,**
Head of Ismailia Medical Syndicate
PROF. ADEL HASSAN,
Suez Canal University
Prof. **AHMED ANWAR,**
Dean, Faculty of Medicine Suez Canal University
Prof. **WALEED ABD ELFATAH,**
Dean, Faculty of Medicine, Fakous
Prof. **MAHMOUD MOSTAFA TAHA,**
Dean, Faculty of Medicine Zagazig University
Eng. **MOHAMED ABO ELREGAL,**
Member of the Board of Directors of the Suez Canal Authority
Prof. **MOSTAFA MANSOUR,**
Manager of Suez Canal Authority Hospital
Prof. **REEM SALEH,**
Undersecretary of Health, Ismailia





SESSION IV

3:05 - 4:20 PM

CHAIRPERSONS: Alphabetically	
Prof. **Ahmed Talal** (Suez Canal Authority) - Prof. **Amir Okily,** Zagazig University Prof. **Essam Abdelwahab,** Universal Health Insurance Authority Hospital Prof. **Islam Zakarya,** Suez Canal University Prof. **Mohamed Mashaaly,** Consultant Nephrologist Prof. **Mohamed Salah Zaki,** National Institute of Urology & Nephrology Prof. **Tarek Tantawy,** Mansoura University - Prof. **Yehia Ghanem,** Alexandria University	
3:05- 3:20 PM	**RESISTANT HYPERTENSION IN CKD: CURRENT CHALLENGES AND EMERGING SOLUTIONS** Prof. **SALEM ELDEEB,** Zagazig University
3:20-3:35 PM	**OPTIMIZING NUTRITION IN CKD: CHALLENGES IN MODERN CLINICAL PRACTICE** Prof. **IMAN SARHAN,** Ain Shams University
3:35 – 3:50 PM	**"HIT EARLY HIT HARD: OPTIMIZE TREATMENT IN T2D PATIENTS WITH CKD"** Prof. **HEBA SEDRAK,** Cairo University
3:50-4:05 PM	**"WEGOVY: GOES BEYOND"** Prof. **MOHAMED REDA HALAWA,** Ain Shams University
4:05-4:20 PM	**MANAGEMENT OF DIABETIC NEUROPATHY: WHAT IS NEW?** Prof. **AZZA ABD ELKARIM,** Alexandria University
4:20 - 4:30 PM	**DISCUSSION**

SESSION V

4:30 - 5:55 PM

CHAIRPERSONS: Alphabetically	
Prof. **Alaa Sabry,** Mansoura University - Prof. **Gamela Nasr,** Suez Canal University Prof. **Hesham Shoman,** Zagazig University - Prof. **Mesbah Kamel,** Menia University Prof. **Mohamed Khalil,** Suez Canal Authority - Prof. **Mohamed Mekkawy,** Police Academy	
4:30 -4:45 PM	**From obesity to recovery Impacting obesity on renal tx eligibility** Prof. **AHMED ELSISI,** National Institute of Nephrology and Urology
4:45-5:00 PM	**Challenges in 3rd diabetes** Prof. **MOHAMED ELASSY,** Zagazig University
5:00-5:15 PM	**Next-Gen Differentiator: Why Glargine-U300 Leads the Evolution of Advanced Basal Insulins** Prof. **MAGDY HELMY,** Alexandria University
5:15-5:30 PM	**Early or late? That's the debate** Prof. **MOHAMED ABD ELGHANY,** Cairo University
5:30-5:45 PM	**Not All Beta-Blockers Are Equal: New Comparative Evidence for Nebivolol in Hypertension Management** Prof. **ABBAS ORABI,** Zagazig University
5:45 - 5:55 PM	**Discussion**

SESSION VI

5:55 - 7:30 PM

CHAIRPERSONS:	Alphabetically
Prof. **Ayman Badawy,** Benha University - Prof. **Hatem Salem,** Zagazig University Prof. **Kamal Saleh,** Menofia University - Prof. **Mahmoud Hemida**, Al Azhar University Prof. **Mahmoud Roshdy,** Suez Canal Authority - Prof. **Mohamed Abd Elghany,** Cairo University Prof. **Waleed El Dewi,** Military Medical Academy	
5:55-6:10 PM	**CHALLENGES IN ASSESSMENT OF HYPERPROLACTINEMIA** Prof. **FAREED FAWZI,** Zagazig University
6:10-6:25 PM	**PREOPERATIVE EVALUATION OF THYROID PATIENT** Prof. **MOHAMED SALLAM,** Zagazig University
6:25-6:55 PM	**SITAGLIPTIN COMPOSITE PROGRAM** Prof. **MESBAH KAMEL,** Menia University
6:55-7:10 PM	**"OZEMPIC: SAVES LIVES, HEART AND KIDNEYS"** Prof. **MOHAMED SHAWKY,** Benha University
7:10-7:25 PM	**"THE BENEFITS OF INSULIN DEGLUDEC IN MEETING THE NEEDS OF T2DM PATIENTS"** Prof. **MOHAMED YAKOUT,** Mansoura University
7:25 - 7:30 PM	**DISCUSSION**
7:30 - 7:40 PM	**NERHADU SYMPOSIUM**

Closing Remarks – Dinner

8:00 PM

FRIDAY
26 JUNE 2026

SESSION I

10:00 - 11:25 AM

CHAIRPERSONS:	Alphabetically
Prof. **Abd Elmonaim Zaid,** Zagazig University Prof. **Ahmed Elthekaby,** National Institute of Urology and Nephrology Prof. **Ahmed Talal,** Suez Canal Authority - Prof. **Dina Abd Elrasoul,** Ministry of Health Hospitals Prof. **Ibrahim Amer,** Ismailia General Hospital - Prof. **Karim Salem,** Fayoum University Prof. **Mohamed Kamar,** Zagazig University	
10:00 - 10:15 AM	**AKI to CKD Transition: Can We Prevent Chronic Damage?** Prof. **MOHAMMED KESHAWY,** Suez Canal University
10:15 - 10:30 AM	**Albuminuria: The Forgotten Vital Sign.** Prof. **MOHAMMED GAWAD,** NewGiza
10:30 - 10:45 AM	**Challenges in management of diabetes in dialysis patients** Prof. **TAREK TANTAWY,** Mansoura University
10:45 - 11:00 AM	**Case-Based Approach to Type 2 Diabetes Management: Insights from NICE 2026** Prof. **ELSAYED ABD ELFATAH,** Delta University
11:00 - 11:20 AM	**Diabetic Neuropathy** Prof. **KHALED HADEDY,** Sohag University Prof. **AYMEN BADAWY,** Benha University
11:20 – 11:25 AM	**Discussion**

SESSION II

11:25 - 12:55 PM

CHAIRPERSONS: Alphabetically	
Prof. **Abdallah Attia,** Suez Canal Authority - Prof. **Ahmed Mabrouk,** Tanta University Prof. **Khaled Hadedy,** Sohag University - Prof. **Mohamed El Akkad,** General Authority for Healthcare Prof. **Mohamed Salah Zaki,** National Institute of urology & nephrology Prof. **Said Khamis,** Menoufia University - Prof. **Tarek Tantawy,** Mansoura University Prof. **Yasser Hendy,** Zagazig University	
11:25 – 11:40 AM	**OBESITY-RELATED KIDNEY DISEASE: THE HIDDEN EPIDEMIC** Prof. **MOHAMMED KAMAL NASSAR,** Mansoura University
11:40 – 11:55 AM	**ATYPICAL PRESENTATION OF THYROTOXICOSIS** Prof. **KHALED HADHOUD,** Zagazig University
11:55 – 12:10 PM	**IT'S TIME: REDEFINING ORGAN PROTECTION WITH FINERENONE** Prof. **TAREK ELBAZ,** Al Azhar University
12:10 - 12:25 PM	**SYNERGISTIC SOLUTIONS FOR PREMIUM MULTIMORBIDITY CARE** Prof. **MAHMOUD EMARA,** Menoufia University
12:25 – 12:40 PM	**IRON DEFICIENCY: FROM DIAGNOSIS TO THERAPEUTIC CHALLENGES** Prof. **TALAAT ABD ELATY,** Alexandria University
12:40 – 12:50 PM	**DISCUSSION**

Prayer and Break

12:50 – 2:00 PM

SESSION III

2:00- 3:25 PM

CHAIRPERSONS: *Alphabetically*	
Prof. ***Adel Ghorab,*** *Zagazig University - Prof.* ***Ahmed Mosaad,*** *Suez Canal University* *Prof.* ***Ashraf Salama,*** *Suez Canal Authority - Prof.* ***Ezzat Mostafa,*** *Zagazig University* *Prof.* ***Mostafa Elhasanin,*** *Medical military Academy - Prof.* ***Tarek Elbaz,*** *Al Azhar University*	
2:00 - 2:15 PM	**ACUTE EGFR DECLINE AFTER INITIATION OF DISEASE-MODIFYING THERAPY IN CKD.** *Prof.* ***SAID KHAMIS,*** *Menoufia University*
2:15 - 2:30 PM	**EFFICACY AND SAFETY OF METFORMIN VERSUS EMPAGLIFLOZIN ON CHRONIC KIDNEY DISEASE PROGRESSION (MET-EMPA-CKD): A RANDOMIZED CONTROLLED TRIAL** *Prof.* ***AYMEN REFAI,*** *Urology and Nephrology Center, Mansoura*
2:30 - 2:50 PM	**THE POWER OF ONE PILL** *Prof.* ***BASMA OSMAN,*** *Suez Canal University* *Prof.* ***OMAR SALEH,*** *Suez Canal University* *Prof.* ***AHMED EL-BEHERY,*** *Mansoura University*
2:50 - 3:05 PM	**HYPERTENSION IN HIGH RISK POPULATIONS (CKD)** *Prof.* ***MAGDY SHARKAWY,*** *Ain Shams University*
3:05 - 3:20 PM	**TIPS IN LUPUS NEPHRITIS MANAGEMENT** *Prof.* ***HESHAM ELSAYED,*** *Ain Shams University*
3:20 – 3:25 PM	***DISCUSSION***

SESSION IV

3:25 - 4:55 PM

CHAIRPERSONS:	Alphabetically
Prof. **Arafa El-Shabrawy,** Zagazig University - Prof. **Hisham Mitwally,** Suez Canal Authority Prof. **Mohamed Shawky,** Benha University - Prof. **Mohamed Yakout,** Mansoura University Prof. **Ranya Baharyz,** Mansoura University - Prof. **Saeed Sherbiny,** Ismailia Medical Syndicate	
3:25 - 3:40 PM	**CHALLENGES IN INTERPRETATION OF THYROID FUNCTION TESTS** Prof. **WAEL FARRAG,** Tanta University
3:40 - 3:55 PM	**CHALLENGES IN MANAGEMENT OF OBESITY** Prof. **ABD ELMONAIM ZAID,** Zagazig University
3:55-4:10 PM	**AN INTEGRATED OPTION FOR MANAGEMENT OF T2DM** Prof. **MOHAMED GABER,** Zagazig University
4:10 – 4:30 PM	**TRIGLYCERIDES, THE HIDDEN BOX.** Prof. **WALEED ELDEWI,** Military Medical Academy
4:30 – 4:45 PM	**NEW TRENDS IN PATHOGENIC TREATMENTS OF DIABETES** Prof. **MAMDOUH EL-NAHAS,** Port Said University
4:45 – 4:55 PM	**DISCUSSION**

SESSION V

4:55 - 6:05 PM

CHAIRPERSONS:	Alphabetically
Prof. **Fareed Fawzy,** Zagazig University - Prof. **Mamdouh Elnahas,** Port Said University Prof. **Mohammed Elassy,** Zagazig University - Prof. **Osama Sherbiny,** Suez Canal Authority Prof. **Said Khamis,** Menoufia University - Prof. **Tarek Tantawy,** Mansoura University	
4:55 - 5:10 PM	**Refractory hypothyroidism** Prof. **YASSER ABD ELRAOF,** Tanta University
5:10 - 5:25 PM	**The Art of Corticosteroid Use "A Practical Dilemma"** Prof. **MOHAMED ABD ELGHANY,** Mansoura University
5:25 - 5:40 PM	**Dapagliflozin Kingdom: Still acquiring new lands** Prof. **FADY AZMY,** Mansoura University
5:40 - 5:55 PM	**The quantum leap in T2D management** Prof. **ARFA SHABRAWY,** Zagazig University
5:55 – 6:05 PM	**Discussion**

SESSION VI

6:05 - 7:30 PM

CHAIRPERSONS:	Alphabetically
Prof. **Ahmed El-Kasaby,** Gharbia Health Directorate Prof. **Ahmed Elsisi,** National Institute Of Nephrology and Urology Prof. **Alaa Sabry,** Mansoura University - Prof. **Hanzada,** Port-Said university Prof. **Maickel Moris,** Suez Canal Authority - Prof. **Mohamed Gaber,** Zagazig University Prof. **Sahar Kamel,** Suez Canal Authority	
6:05 - 6:20 PM	**THE DILEMMA OF COLLAGEN 4 NEPHROPATHY (ALPORT KIDNEY DISEASE): CLINICIAN'S VIEW** Prof. **MOHAMED SOBH,** Mansoura University
6:20 - 6:35 PM	**THE DILEMMA OF COLLAGEN 4 NEPHROPATHY (ALPORT KIDNEY DISEASE): PATHOLOGIST'S VIEW** Prof. **FATMA HUSSEINY,** Mansoura University
6:35 - 6:50 PM	**FROM GLUCURETIC TO LIFE - SAVER: NAVIGATING THE EXPANDING INDICATIONS OF DAPAGLIFLOZIN - CASE STUDY** Prof. **MAHMOUD HEMIDA,** Al Azhar University
6:50 - 7:10 PM	**FRESENIUS KABI PIONEER NUTRITION SOLUTIONS FOR CKD** ***FRESENIUS TEAM***
7:10 – 7:30 PM	***DISCUSSION***

Closing Remarks – Dinner

8:00 PM

FRESENIUS KABI
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