5TH ANNUAL CONFERENCE OF THE INTERNAL MEDICINE DEPARTMENT

FACULTY OF MEDICINE AL-AZHAR UNIVERSITY, DAMIETTA

"ADVANCES IN CLINICAL MEDICINE"

24 APRIL 2026 - Steigenberger Hotel El Lessan Rass Elbar



PURE SPOT EVENTS MANAGEMENT

Wolcome Meesage:

Dear Colleagues and Esteemed Guests,

It gives me immense pleasure to welcome you all to the **5th ANNUAL CONFERENCE OF THE INTERNAL MEDICINE DEPARTMENT, FACULTY OF MEDICINE, AL-AZHAR UNIVERSITY, DAMIETTA.** Hosting this event at the prestigious,**Steigenberger Hotel El Lessen on 24 April 2026,** is both a privilege and an opportunity to gather some of the brightest minds in the field of internal medicine. This conference serves as a platform to exchange knowledge, share innovative ideas, and discuss the latest advancements in our ever-evolving field. Together, we will explore cutting-edge research, learn from one another's experiences, and strengthen our professional connections. I am truly inspired by the expertise and passion each of you brings to this conference, and I am confident that our discussions will lead to meaningful outcomes.

Thank you for joining us and contributing to the success of this event.

I wish you an enriching and productive conference experience.

Warm regards,



CONFERENCE PRESIDENT

PROF. KHALED EL FAYOUMY

Under the patronage of
the Grand Imam of Al-Azhar

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Dr. Mahmoud Elshireef

Dr. Ahmad Draz

Dr. Sallam Elsayed

Dr. Ayman Mahmoud

Registration 09:30 -10:30 AM

PAY ATTENTION: SUMMER TIMING! (SET YOUR WATCH)

Session 1

Cases Requiring Thorough Evaluation (10:30 - 12:00 AM)

Chairpersons (alphabetical)

Prof. Ayman Alehleh
(Menoufia University)

Prof. Islam Eid
(Mansoura University)

Dr. Mohammad Abd Allah Elsyed
(Al-Azhar University, Damietta, Girls)

Dr. Mohammad Hassan
(Al-Azhar University, Damietta, Girls)

Dr. Mohammad Nour Aldeen
(Ministry of Health, Zagazig)

Speaker	Topic (20 minutes for each case including discussion)	Time
Dr. Emad Balah (Damietta Fever Hospital)	Case1	10:30 - 10:50 AM
Dr. Yasser Abu Elsoaud (Liver Teaching Hospital, Mahalla)	Case2	10:50 - 11:10 AM
Prof. Waleed Ahmady (Zagazig University)	Case3	11:10 - 11:30 AM
Prof. Sabila Gomaa (Al-Azhar University, Cairo, Girls)	Case 4	11:30 - 11:50 AM
Prof. Ossama Mohammad (Al-Azhar University, Damietta)	Chartoreg Telmisartan power of control & protection UTOPIA THE LIFE YOU DESERVE	11:50 - 12:00 PM

Opening Ceremony 12:00 – 12:30 PM

Moderator :
Dr. Mohammad Ismaeel
(Al-Azhar University, Damietta)

Gomaa Prayer 12:45 – 01:30 PM 

Session 2

Focus on Teenagers (01:30 - 02:25)

Chairpersons (alphabetical)

Prof. Elsayed Elmeghawry
(Al-Azhar University, Damietta)

Dr. Ibraheem Sabry
(Damietta)

Prof. Khaled Elmolla
(Al-Azhar University, Damietta)

Prof. Mohsen Elkhayat
(Menoufia University)

Speaker	Topic	Time
Prof. Saad Elshereef (Al-Azhar University, Damietta)	MASLD in Adolescence: A Major Health Problem	01:35 - 01:50 PM
Prof. Omayma Saleh (Mansoura University)	Adolescent Obesity in the Modern Era: from Pathophysiology to Precision Therapy	01:50 - 02:05 PM
Prof. Ossama Mohammad (Al-Azhar University, Damietta)	Kidney Preservation in Young Lupus Patients: Overview and Key Approaches	02:05 - 02:20 PM
Discussion		02:20 - 02:25 PM

Coffee Break 02:25 - 02:45 PM 

Session 3

Meet the Expert (02:45 - 04:20 PM)

Chairpersons (alphabetical)

Dr. Ahmad Khalifa
(Al-Azhar University, Damietta)

Prof. Mahmoud Rushdy
(Suez Canal Authority)

Prof. Mohammad Helaly
(Mansoura University)

Prof. Saeed Elmasry
(Damietta)

Prof. Samy Azab
(Damietta)

Speaker	Topic	Time
Prof. Nagy Abd ElHady (Mansoura University)	Diabetic Kidney Disease: is There a Window for Prevention?	02:45 - 03:05 PM
Prof. Amrou Elrebat (Mansoura University)	The Ten Commandments to Keep the Pancreas Healthy	03:05 - 03:20 PM
Prof. Ragab Abd ElSalam (Zagazig University)	Optimizing Post-CABG Follow-up: Pitfalls and Caveats	03:20 - 03:35 PM
Prof. Sabry El-Azhary (Al-Azhar University, Damietta)	Modern Dietary Interventions in IBS: Low FODMAP and Beyond	03:35 - 03:50 PM
Prof. Yasser Abd ElGaleel (Al-Azhar University, Cairo)	Pulmonary Hypertension: Updates	03:50 - 04:05 PM
Discussion	04:05 - 04:20 PM	

Session 4

Applied Immunology (04:20 - 05:00 PM)

Chairpersons (alphabetical)

Dr. Abd Allah Qawzaa
(Al-Azhar University, Damietta, Girls)

Dr. Medhat Gafar
(Damietta)

Prof. Mohammad Nosehy El-Alfy
(Al-Azhar University, Cairo)

Dr. Tawfeeq Zeedan
(Damietta)

Speaker	Topic	Time
Prof. Khalida Elrefaai (Al-Azhar University, Cairo, Girls)	Immunity and Alzheimer: What is the Link?	04:25 - 04:40 PM
Prof. Abd ElWahhab Lotfy (Al-Azhar University, Cairo)	Trained Immunity, Potential Practical Applications	04:40 - 04:55 PM

Discussion 04:55 - 05:00 PM

Al-Asr Prayer 05:00 – 05:15 PM

Session 5

Future Prospectives (05:15 - 05:55 PM)

Chairpersons (alphabetical)

Prof. Hamdy Elshishiny
(Horus University)

Dr. Mohammad Hagras
(Al-Azhar University, Damietta)

Dr. Noha El Saadany
(Al-Azhar University, Damietta)

Dr. Yahya Qundeel
(Damietta)

Speaker	Topic	Time
Prof. Syed Abd ElMaqsoud (Mansoura University)	Novel Therapeutic Strategies for Liver Cirrhosis	05:20 - 05:35 PM
Prof. Hisham Daba (Damietta University)	Beta-Cell Regeneration: A Disease-Modifying Strategy in Diabetes Mellitus	05:35 - 05:50PM

Discussion 05:50 - 05:55 PM

Session 6

(05:55 - 06:30 PM)

Medicine in the Era of Artificial Intelligence

Chairpersons (alphabetical)

Dr. Essam Guily
(Damietta)

Prof. Khaled Elfayoumy
(Al-Azhar University, Damietta)

Prof. Mohammad Elshirbiny
(Damietta)

Speaker	Topic	Time
Prof. El Saeed Abd ElHady (Horus University)	Judicial Utilization of Artificial Intelligence in Medicine	05:55 - 06:10 PM
Prof. Mahmoud Saad (Al-Azhar University, Damietta)	Digital Revolution in Gastroenterology: From Conventional Diagnosis to AI-Driven Precision	06:10 - 06:25 PM
Discussion		06:25 - 06:30 PM

Conclusion & Lunch 06:30 PM



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