2025 EPIC

EISPEDN

The 5TH EPIC

AND 1ST EISPEDN 2025 Annual CONFERENCE

6-7 August 2025 | Hilton Grand Nile, Cairo

Wed–Thurs

8 August 2025 – virtual

Fri



CONFERENCE PRESIDENT

SHEREEN ABDELGHAFFAR

Professor of Pediatrics, Pediatric Diabetes and Endocrinology, Cairo University President of EISPEDN

The 5TH EPIC AND 1ST EISPEDN 2025 Annual CONFERENCE

2025 EPIC

EISPEDN

Hosted by EISPEDN

The Egyptian Institution of Scientific Pediatrics Endocrinology Diabetes and Nutrition

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Theme of the Conference

How Do We?

6-7 August 2025 | Hilton Grand Nile, Cairo | 8 August 2025 – virtual

The 5th EPIC AND 1st EISPEDN 2025 Annual CONFERENCE

2025 EPIC EISPEDN

Welcome Message:

Dear Professors and Colleagues,It is with great pleasure and honor, to invite you All to actively participate and exchange experiences in the **5th EPIC** and **1st EISPEDN** version of the annual conference **"EPIC 2025"**. **EPIC**, an acronym, which denotes: Endocrinology &Pediatrics Interplay in Clinical Practice, promotes multidisciplinary approach with interactions between Experts of Pediatric Endocrinology, General Pediatrics, together with different Pediatric Specialties aiming for the welfare of Child Health. **EPIC 2024** has made a great success last year, hosted more than 3000 participants both physically and virtually. Three hundred Regional and Two hundred international participants attended the scientific activities of the conference The conference since 2021 has always aimed to be the key gateway to the promotion and development of Clinical Pediatric and Pediatric Endocrinology Practice by enriching experience and expert insights through plenaries, panel discussions, and interactive workshops with hands on training. The goal was always and will continue to catalyze and advance the scientific knowledge on various Pediatrics and Pediatric Endocrinology fields.The theme of the Conference this year is: "How Do We?": How do we diagnose? How do we manage? How do we protect? How do we refer? and How do we Cooperate in a multidisciplinary manner?Those who will participate in **EPIC 2025** will enjoy exchange of knowledge and skills of National Regional and international experts in Pediatrics and Pediatric Endocrinology We look forward to welcoming you at **EPIC 2025.**

Best regards,



CONFERENCE PRESIDENT

SHEREEN ABDELGHAFFAR

Professor of Pediatrics, Pediatric Diabetes and Endocrinology, Cairo University President of EISPEDN

6-7 August 2025 | Hilton Grand Nile, Cairo | 8 August 2025 – virtual

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Head of Nutrition Unit, Alexandria University, Consultant of Pediatric Endocrinology, Health Insurance

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Assistant Professor of Pediatrics, Pediatric Endocrinology, CU

Prof. Rania Nabil
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Zeinab Salah, Cairo University

Day 1

Wednesday 6th August 2025

Registration (08:30 – 09:30 AM)

Hall A

Welcome (09:30 – 10:00 AM)

Session 1

Vaccination Update How Do We Protect? 10:00 – 10:20 AM

(Symposium Sanofi Vaccines) sanofi

Chairperson:
Prof. **Shereen Abdelghaffar,** CU

Speaker:
Prof. **Ahmed El Beleidy,** Cairo University
Before the High Season: A quick reminder of Flu and Meningococcal vaccines

Session 2

Prevention is Better than Cure: Vaccination Panel 10:20 – 10:45 AM

Speaker:
Prof. **Prof. Ahmed El Beleidy,** Cairo University

Panelists: *(alphabetically)*:
Prof. **Adel Reyad,** Benha U
Prof. **Ahmed Elbarbary,** Helwan U
Prof. **Hesham Awad,** ASU
Prof. **Mohamed Omar,** Helwan U
Dr. **Mohamed Sabry,** NRC
Dr. **Mostafa Mohamady,** Vaccera
Dr. **Wael Hatem,** NRC

Session 3

How do We Personalize Insulin Therapy in T1D? 10:45 – 11:15 AM

Chairpersons: (alphabetically):

Prof. **Abeer Abdelmaksoud**
Dr. **Ahmed Amer**
Prof. **Ahmed Raouf**
Prof. **Aly Mostafa**
Prof. **Amina Abdelwahab**
Prof. **Amira Abdelmonem**
Prof. **Atef Donia**
Dr. **Eman Attia**
Prof. **Iman Mounir**
Prof. **Laila Hussein**
Prof. **Nabil Abdelaziz**
Dr. **Nabil Fawzy**
Prof. **Neveen Elhelaly**
Prof. **Sahar Shaker**
Prof. **Safinaz Elhabashy**
Prof. **Soad Isaak**
Prof. **Soha Abdeldayem**

Navigating Insulin Therapy in Children: Why basal bolus is the gold standard? **(10:45 – 11:15 AM)**

Prof. **Mona Salem,** ASU

EVA PHARMA SECURING YOUR HEALTH

Session 4

Short Stature Panel, 11:15 – 12:15 PM

(Sandoz Panel) S A N D O Z

Chairpersons: (alphabetically):

Dr. **Abeer Hamed**
Dr. **Emil Azer**
Prof. **Fatma Almougy**
Prof. **Ghada Elkassas**
Dr. **Hany Fekry**
Dr. **Hossam Kadry**
Dr. **Maha Shaalan**
Dr. **Maisa Mahmoud Abdelaziz**
Prof. **Marwa farouk**
Dr. **Mohamed Abukeifo**
Dr. **Mokhtar Elsayed**
Prof. **Nadine Teama**
Dr. **Taghreed Alwakeel**
Dr. **Shereen Shalaby**

Moderator:

Prof. **Shereen Abdelghaffar,** CU

Panelists: (alphabetically):

Prof. **Heba Sedfy,** ASU
Prof. **Mona Atteya,** CU
Prof. **Nermine Amr,** ASU

Augmentation of Child growth and wellbeing — 12:15 – 12:30 PM

Augmentation of Child growth and wellbeing

Globe International

Prof. **Prof. Shereen Abdelghaffar,**CU

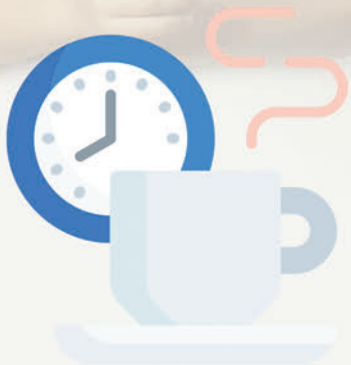
Opening Ceremony — 12:30 – 1:00 PM

Alphabetically:

Prof. **Abdelkarim Alrasey**
Prof. **Abla Alalfy**
Prof. **Ahmed Elsaeed Younis**
Prof. **Amira Idris**
Prof. **Gamela Nasr**
Prof. **Hossam Salah**
Prof. **Iman Ihsan**
Prof. **Lamiaa Mohsen**
Major General Prof. **Morad Elalfy**
Major General Prof. **Nabil Fikry**
Prof. **Osama Abdelhay**
Prof. **Sahar Khairy**
Prof. **Abeer Nour**
Prof. **Ahmed Elbeleidy**
Prof. **Amal Beshlawy**
Prof. **Gamal Samy**
Prof. **Hussein Khairy**
Prof. **Ihab Hanna**
Prof. **Iman Kamel**
Major General Prof. **Mahmoud Elhelaly**
Prof. **Mostafa Saeed**
Prof. **Nada Seada**
Major General Prof. **Saeed El Naggar**

Coffee Break

01:00 – 01:30 PM



Session 5

How Do We upgrade practice in Pediatric Diabetes and Endocrinology? 01:30 – 02:30 PM

Chairpersons: *(alphabetically):*

Dr. **Abed Shehata**
Prof. **Hadeel Abuleinein**
Prof. **Howaya Elgebaly**
Dr. **Ramy Ezz**
Prof. **Amany Hawary**
Prof. **Hanan Madany**
Prof. **Manar Aref**
Prof. **Ramy Saleh**
Prof. **Basma Abdelmoez**
Prof. **Ghada Elkassas**
Prof. **Normeen Kaddah**
Prof. **Rasha Gamal**

Optimizing Mealtime Insulin Strategy **(Novorapid Novo)**
Prof. **Ashraf Sharkawy**,Mansoura U **(1:30 – 01:45 PM)**

novo nordisk®

Type 1 diabetes, basal insulin therapy **(Tresiba Novo)**
Prof. **Remon Magdy**,Fayoum U **(01:45 – 02:00 PM)**

Beyond the BMI: Rethinking Obesity Management in Adolescence **(Saxenda Novo)**
Prof. **Shereen Abdelghaffar**,CU **(02:00 – 02:15 PM)**

Noonan Syndrome: The Diagnostic and therapeutic Challenges **(Norditropin Novo)**
Prof. **Mona Karem**,SCU **(02:15 – 02:30)**

Session 6

Overcoming the Challenges in Pediatric Practice 02:30 – 04:00 PM

Chairpersons: *(alphabetically):*

Dr. **Ahmed Shazly**
Prof. **Gamal Batran**
Dr. **Kariman Hamamsy**
Prof. **Mervat Haroon**
Prof. **Mona Sallam**
Prof. **Azza Abdelshaheed**
Prof. **Hayam Khairy**
Dr. **Manal Hamza**
Dr. **Mohammed Gameel**
Dr. **Rafeek Ramzy**
Dr. **Faten Emara**
Dr. **Heba Saad**
Prof. **Manar Aref**
Prof. **Mona ghamrawy**

Ending the dilemma of Picky Eaters **(02:30 - 02:45 PM)**
Prof. **Enas Raafat,** NRC

The nutritional formula for Growth and Well being Growth Formula for Kids **(02:45 – 03:00 PM)**
Prof. **Shereen Abdelghaffar,** CU

Social Media: The Magic Tool in Medical Practice **(03:00 – 03:30 PM)**
Prof. **Hesham Abdelkader,** ASU

Continuous Glucose Monitoring, What's new? How to ensure QualityStandards? Abbott life. to the fullest.
Prof. **Shereen Abdelghaffar,** CU **(03:30 – 04:00 PM)**

Session 7

Navigating Nutritional Challenges in Specialized Pediatric Population **04:00 – 04:45 PM**

Chairpersons: *(alphabetically):*

Dr. **Abdelfattah Abdelbaky**
Prof. **Abeer Hussein**
Dr. **Hany Imbaby**
Prof. **Maged Alwakeel**
Dr. **Manar Elsharkawy**
Prof. **Rania Nabil**
Prof. **Wafaa Abdallah**

Moderator:

Dr. **Mary Shaker Girgis**,CU

Panelists: *(alphabetically):*

Prof. **Gihan Fouad**,NNI
Prof. **May Nassar**,ASU
Prof. **Moataza Beshir**,CU
Prof. **Sana Youssef**,ASU

Session 8

Safe Sports in Children Panel **04:45 – 06:15 PM**

Chairpersons: *(alphabetically):*

Prof. **Aya fattouh**
Prof. **Basant Salah Meleigy**
Prof. **Fatma Elzahraa**
Dr. **Maha AbuZikry**
Dr. **Maher Moatamad**
Dr. **Osama Eltouny**
Dr. **Rafeek Ramzy Michail**
Prof. **Rasha Ammar**
Dr. **Yasser Elmeleigy**

Moderator:

Prof. **Ranya Hegazy**,CU

Panelist:

Mental Wellness for Athletes **(04:45 – 05:00PM)**
Prof. **Riham Alhosseiny,** ASU

Nutrition for Athletes **(05:00 – 05:15 PM)**
Prof. **Shereen Elgayar,** CU

Sports Injuries and Sports Medicine **(05:15 – 05:30 PM)**
Prof. **Mohamed Yehia,** Alazhar U

Cardiac Screening for Athletes **(05:30 – 06:00 PM)**
Prof. **Ranya Hegazy,** CU
Prof. **Rodyna Sobhy,** CU

Wrap Up and Questions **(06:00 – 06:15)**

Session 9

Multidisciplinary Protocols in Diabetes 06:15 – 07:00

Chairpersons: (alphabetically):

Dr. **Ashraf Makram**
Dr. **Eman AbuZeid**
Dr. **Mariam Nader**
Prof. **Nermeen Heidar**
Dr. **Yasmin Abdelaziz**
Dr. **Aya Abdelkader**
Dr. **Kholoud Salem**
Prof. **Mona Hamdy**
Dr. **Samah Ahmed**
Prof. **Yomna Shaalan**
Dr. **Dalia Louis**
Dr. **Manal Esmat**
Dr. **Nermeen Gamal Eldeen**
Prof. **Sawsan Okasha**

Digital Health Solutions for Better Diabetes Outcomes — Health 2 Sync

Prof. **Shereen Abdelghaffar**, CU (06:15 – 06:30PM)

Diabetes and Psychology Interplay

Prof. **Riham Elhosseiny**, ASU Prof. **Sameh Tawfik**, MMA (06:30 – 06:45 PM)

Diabetes and cardiology Interplay

Prof. **Aya Fatouh**, CU Prof. **Rasha Wafeek**, Mansoura HI (06:45 – 07:00 PM)

Session 10

Multidisciplinary Protocols in Endocrinology 07:00 – 07:30 PM

Chairpersons: (alphabetically):

Prof. **Aya fattouh**
Dr. **May Elattar**
Dr. **Rasha Wafeek**
Prof. **Sameh Tawfik**
Dr. **Yaser Elmeleigy**
Dr. **Khaled Elkhashab**
Dr. **Mona Elshafei**
Prof. **Riham Elhosseiny**
Prof. **Shymaa Beheiry**
Dr. **Marian Fares**
Dr. **Nermeen Abdelmonem**
Dr. **Samar Amin**
Dr. **Tamer Selim**

Obesity and liver Interplay (07:00 – 07:15 PM)

Prof. **Kholoud Salem,** Alex HI
Prof. **Sawsan Okasha,** CU

Endocrinology and Hematology Interplay (07:15 – 07:30 PM)

Dr. **Ashraf Makram,** Fayoum HI
Prof. **Mona Hamdy,** CU

Integra talk and Gold Awards (07:30 – 07:45 PM)

INTEGRA PHARM Providing Innovative Solutions

Dinner 08:00 PM

Day 1
Wednesday 6th August 2025

HALL B

Workshop I:

Smart Technology In insulin Delivery **04:15 – 06:15 PM**

Medtronic/Medconsult Symposium Med Consult

The Smarts behind Medtronic Smart MDI System **(04:15 – 04:45 PM)**

Peter Eily Moawad

Senior Product Manager,
Diabetes-Europe Middle East and Africa at Medtronic

Case presentations on Smart MDI- Group Work **(04:45 – 05:15 PM)**

Prof. **Shereen Abdelghaffar,** CU

Interpretation of AGP in Challenging cases with diabetes on CSII using 720 G and Minimed 780 G Group work **(05:15 – 06:15 PM)**

Dr. **Esraa Selim,** Med Consult



Day 2

Thursday 7th August 2025

Hall A

Session 11

Panel: Multidisciplinary care of Childhood Obesity 09:30 – 10:15 AM

Chairpersons:

Prof. **Ahmed Alsawah**
Prof. **Ghada Anwar**
Prof. **Maged Alwakeel**
Prof. **Soha Abdeldayem**
Prof. **Amr Ibrahim Saeed**
Prof. **Hala Agha**
Dr. **Nermeen Gamal Eldin**
Prof. **Wessam Muharram**

Moderator:

Prof. **Marwa Farouk,** CU

Panelists: *(alphabetically)*:

Prof. **Amina Kholeif,** CU (Sleep Medicine)
Prof. **Eslam Elbaroudy,** SU, UAE (General Pediatrics)
Prof. **Hisham Abdelghany,** CU (Orthopedic Surgery)
Prof. **Mona Karem,** SCU (Pediatric Endocrinology)

Session 12

Prevention better than treatment 10:15 – 11:05 AM

Chairpersons: *(alphabetically)*:

Prof. **Ahmed Bakkar**
Dr. **Garo Bedros**
Prof. **Sayed Gad**
Prof. **Amr Meleigy**
Prof. **Mervat Haroon**
Dr. **Walid Tolba**
Prof. **Ayman Menoufy**
Prof. **Mohammed Hashem**

Use of mobile applications and AI for prevention of obesity and Type 2 Diabetes

Prof. **Inass Shaltout,**CU **(10:15 – 11:05 AM)**

Vitamin D: The multi task Hormone **(10:30 – 10:45 AM)**

Prof. **Shereen Abdelghaffar,**CU

EGYPHAR

Bactoblis: A breakthrough solution for recurrent respiratory tract infections

Dr. **Moataza Beshir,**CU **(10:45 – 11:05 AM)**

Splendid

Session 13

Gastroenterologists meeting the Diabetologists 11:05 – 11:45 AM

Chairpersons:

Dr. **Basant Salah**
Prof. **Gamal Albatran**
Dr. **Howayda Badran**
Prof. **Soha Emam**
Dr. **Wiam Farouk**
Dr. **Cherif Abdelal**
Dr. **Hanan Ghareeb**
Dr. **Randa Darwish**
Prof. **Wafaa Kandil**

Moderator:

Prof. **Ola Taha,** Tanta U

Panelists: *(alphabetically)*:

Prof. **Ahmed Hamdy,** ASU
Prof. **Ayman Emil,** CU
Prof. **Sara Elshal,** Tanta U

Session 14

Growth, Immunity and Wellbeing 11:45 – 12:45 PM

Chairpersons: *(alphabetically)*:

Dr. **Aya Abdelkader**
Prof. **Hany Almikaty**
Dr. **Mohammed Eissa**
Prof. **Zeinab Salah**
Prof. **Batoul Abdelraouf**
Prof. **Hala Gaafar**
Prof. **Shaymaa Elrefai**
Prof. **Gamal Batran**
Dr. **Hayam Hamed**
Dr. **Youssef Elmasry**

Nutritional Management of Dyslipidemia
Prof. **Eman Soltan,** NNI (11:45 – 11:55 AM)

The wonderful Recipe for Growth, Immunity and Wellbeing
Nestlé HealthScience
Prof. **Shereen Abdelghaffar,**CU (11:55 – 12:10 PM)

Optimizing basal insulin therapy in T1D
sanofi
Prof. **Hisham Hifnawy,**NIDE (12:10 – 12:30 PM)

Pediatric supplements: Filling the gap (12:30 – 12:45 PM)
Prof. **Ahmed Badr,**CU
INFINITY CLINIC PHARMA

Session 15

Panel: Obesity and Asthma: The Double Trouble 12:45 – 01:30 PM

Chairpersons:

Prof. **Abdel Rahman El Mashad**
Prof. **Hanny Hammad**
Prof. **Hoda Atwa**
Prof. **Maha Hashish**
Prof. **Nehal Koofy**
Dr. **Abed Shehata**
Prof. **Heba Omar**
Prof. **Hoda Marzouk**
Prof. **Mohammed Abulhassam**
Prof. **Tarek Farid**
Prof. **Ghada Alkassas**
Dr. **Hisham Darwish**
Dr. **Magdy Sowan**
Dr. **Mohammed Salah**
Prof. **Yasmine Mansi**

Moderator:

Prof. **Eman Fouda,** ASU

Panelists: *(alphabetically)*:

Prof. **Mona Rashad,** ASU
Prof. **Yasmeen Gamal,** ASU

Coffee Break

01:30 – 02:00 PM

Session 16

Gut and Skin Health and Child Wellfare 02:00 – 02:40 PM

Chairpersons: *(alphabetically)*:

Prof. **Emad Salama**
Dr. **Mohammed Badawy**
Prof. **Osama Eltouny**
Dr. **Hayam Hamed**
Dr. **Mohammed Helal**
Prof. **Othman Elshewihy**
Prof. **Miral Aref**
Dr. **Mohamed Njeeb**
Dr. **Walaa Elamir**

Tiny Tummies, Big Impact: Harnessing Probiotics in Pediatric Gut Health

Dr. **Walaa Elamir,** CU (02:00 – 02:15 PM)

Opella.

Nerhadou Talk (02:15 – 02:25)

Dr. **Sherry Boushra**

NERHADOU INTERNATIONAL For Pharmaceuticals & Nutraceuticals

The Combo Recipe for Skin Health

Prof. **Shereen Abdelghaffar,** CU (02:25 – 02:40 PM)

جمجوم فارما Jamjoom Pharma

Session 17

Panel: Disorders of Sex Development Panel, DSD or not DSD? 02:40 – 03:25 PM

Chairpersons:

Prof. **Amal Sisi**
Dr. **Faten Emara**
Prof. **Nanees Salem**
Prof. **Raghda Aly**
Prof. **Amr Ibrahim**
Prof. **Marwa Farouk**
Prof. **Radwa Shamma**

Moderator:

Dr. **Engy Nasr**, CU

Panelists: *(alphabetically)*:

Prof. **Ahmed Badr**, CU (Ped Nephrology)
Dr. **Heba Hassan**, CU (Genetics)
Prof. **Noha Arafa**, CU (Ped Endocrinology)

Session 18

Multidisciplinary Graves' Disease Panel 03:25 – 04:25 PM

Chairpersons:

Prof. **Rasha Tarif**,ASU

Panelists: *(alphabetically)*:

Prof. **Ahmed Arafa**, Tanta U (Pediatric Endocrinology)
Prof. **Ahmed Fares** , CU (Pediatric Surgery)
Prof. **Amany Alhawary** , Mansoura U (Pediatric Endocrinology)
Prof. **Hossam Kamal** , Zagazig U (Pediatric Endocrinology)
Prof. **Remon Magdy** , Fayoum U (Pediatric Endocrinology)
Prof. **Shaymaa Alsayed** , Alex U (Pediatric Endocrinology)
Prof. **Shaymaa Hany** , CU (Nuclear Medicine)

Session 19

Multidisciplinary Parathyroid Disorders Panel — 04:25 – 04:55 PM

Chairpersons:

Prof. **Amany Hawary**
Dr. **Engy Nasr**
Prof. **Marwa Farouk**
Prof. **Randa Mattar**
Dr. **Dina Khedr**
Dr. **Manar Elsharkawy**
Dr. **Osama Heneigel**
Dr. **Thanaa Amer**

Moderator:

Prof. **Noha Arafa,** CU

Panelists: *(alphabetically)*:

Prof. **Ahmed Fares,** CU (Pediatric Surgery)
Dr. **Dina Fawzy,** Alex U (Pediatric Endocrinology)
Prof. **Noha Arafa,** CU (Pediatric Endocrinology)
Prof. **Shaymaa Hany,** CU (Nuclear Medicine)

Session 20

Bone Health and Disease, How do we manage? — 04:55 – 05:30 PM

Chairpersons: *(alphabetically)*:

Prof. **Amaal Abdelaal** ,(Clinical Chemistry)
Prof. **Amr Mamoun Shanab** ,(Medical genetics)
Dr. **Hany Iskander** , (General Pediatrics)
Prof. **Iman Eyada** , (Neonatology)
Prof. **Manal Michel** , (Medical Genetics)
Prof. **Noha Arafa** , (Pediatric Endocrinology)
Prof. **Yasmin Ashraf** , (Pediatric Endocrinology)
Prof. **Hala Elguindy** , (Medical genetics)
Dr. **Hany Soliman** , (Medical genetics)
Dr. **Kariman Hamamsy** , (Medical genetics)
Dr. **Mohamed Kilany** , (Nuclear Medicine)
Prof. **Wafaa Abdallah** , (Neonatology)
Dr. **Youssef Elmasry** , (General Pediatrics)

Overview on Hypophosphatasia **(04:55 – 05:15 PM)**

Prof. **Mona Atteya** , CU (Pediatric Endocrinology) AstraZeneca

The Endocrine-Vitamin D-Zinc Loop **(05:15– 05:30 PM)**

Prof. **Rasha Tarif** , ASU

ALESRAA PHARMACEUTICALS

Session 21

Oncology and Endocrinology Interplay Panel 05:30 – 06:30 PM

Chairpersons:

Prof. **Ahmed Arafa**
Prof. **Emad Ebeid**
Prof. **Marwa Farouk**
Dr. **Osama Henegil**
Prof. **Dina Khedr**
Dr. **Engy Nasr**
Prof. **Noha Arafa**

Moderator:

Prof. **Radwa shamma,** CU

Panelists: *(alphabetically)*:

Prof. **Mona Atteya,** CU
Prof. **Mona Hosney,** Alex HI
Prof. **Radwa Shamma,** CU
Prof. **Yasmin Ashraf,** Alex U

Integra Gold Awards 06:30- 06:45 PM

INTEGRA PHARM
Providing Innovative Solutions



Dinner 06:45 PM

Day 2

Thursday7th August 2025

Hall B

Workshop 2

Advances in Management of Respiratory Allergy 10:30 – 11:30 AM

Chairpersons: *(alphabetically)*:

Prof. **Amr Ibrahim**
Prof. **Dina Afify**
Prof. **Hala Hamdy**

Diagnostic Tools of Respiratory allergies (10:30 – 10:45 AM)

Prof. **Nesrine Radwan,** ASU

Allergen Immunotherapy Modalities (10:45 – 11:00 AM)

Dr. **Nermeen Gamal Eldeen,** Vaccera

Biological Treatment: When to give and how to choose? (11:00 – 11:15 AM)

Prof. **Ghada Shousha,** ASU

Discussion (11:15 – 11:30 AM)

Workshop 3

Respiratory Infections Workshop 11:30 AM – 01:00 PM

Chairpersons: *(alphabetically)*:

Prof. **Amr Ibrahim** Prof. **Azza Kamal** Prof. **Noosa Elbasha**

Moderators:

Prof. **Hala Hamdy,** CU

Experts : *(alphabetically)*:

Prof. **Abla Saleh,** CU
Prof. **Hala Elnady,**NRC
Prof. **Iman Deraz,** CU
Prof. **Dina Hossam,** CU
Prof. **Hala Hamdy,** CU
Prof. **Maggie Louis,** CU
Prof. **Mohammed Rashad,** Benha U
Prof. **Nehal Elrefae,** CU
Prof. **Tarek Hamed,** Zagazig U

Coffee Break
01:30 – 02:00 PM



Workshop 4 :

Transition Care in Diabetes and Endocrinology 03:00 – 04:30 PM

Chairpersons: *(alphabetically)*:

Prof. **Abeer Hamed**
Prof. **Iman Iskander**
Prof. **Maged Alwakeel**
Prof. **Rania Nabil**

Experts : *(alphabetically)*:

Dr. **Ahmed Sabawy,** NIDE
Prof. **Athar Reda,** NIDE
Prof. **Hisham Hefnawy,**NIDE
Prof. **Shaimaa Raafat,** Alex U

Workshop 5 :

Adolescent Nutrition 04:30 – 05:15 PM

Chairpersons: *(alphabetically)*:

Prof. **Ghada Alkassas**
Prof. **Maha Gameel**
Prof. **Manal Michele**
Prof. **Medhat Elaraby**
Prof. **Sherif Reda**
Prof. **Maged Alwakeel**
Prof. **Manal Elgohary**
Dr. **Marwa sabry**
Prof. **Osama Elasheer**
Prof. **Sherry Nabil**

Moderator :

Dr. **Walaa Kobeissy**

Experts : *(alphabetically)*:

Dr. **Hadeer Almahraky:** Behavioural problems
Dr. **Hoda Hamdy:** Adolescent obesity
Dr. **Marwa Elasy:** Skin problems
Dr. **Walaa Elkobeisy:** Menstrual problems

Workshop 6:

Fluid Therapy — 05:15 – 06:30 PM

Chairpersons: *(alphabetically)*:
Prof. **Rania Nabil**
Dr. **Wafaa Doweedar**
Prof. **Yasmin Mansy**
Prof. **Wafaa Kandil**
Prof. **Shereen Shalaby**

Moderators: *(alphabetically)*:
Prof. **Hafez Bazaraa,**CU

Experts :

Hypernatremia Highlights (05:15 – 05:30 PM)
Prof. **Hafez Bazaraa,** CU

Neurogenic Hyponatremia (05:30 – 05:45 PM)
Prof. **Prof. Sally Kamal,** CU

Peri-operative fluid therapy (05:45 – 06:00 PM)
Prof. **Nehad Bakry,** ASU

To give or not to give? (06:00 – 06:15 PM)
Dr. **Ahmed Galal,**CU

Discussion (06:15 – 06:30 PM)

Day 3

Friday 8th August 2025 (Virtual):

Session 1

Childhood Obesity: New Updates **02:00 – 02:45 PM**

Moderators: (alphabetically):

Prof. **Ghada anwar,** CU
Prof. **Noha Arafa,** CU
Prof. **Radwa Shamma,** CU
Prof. **Shereen Abdelghaffar,** CU



The burden of Childhood obesity **(02:00 – 02:30 PM)**
Prof. **Asma Deeb**
Chair of Pediatric Endocrinology, SSMC, UAE, ASPED President

Discussion **(02:30 – 02:45 PM)**

Session 2

Growth Hormone Therapy Update **02:45 – 03:30 PM**

Moderators: (alphabetically):

Prof. **Amany Alhawary,** Mansoura U
Prof. **Mona Atteya,** CU
Prof. **Shereen Abdelaghaffar ,** CU
Dr. **Thanaa Amer,** Consultant Ped Endocrinology



Growth Hormone Therapy Update **(02:45 – 03:15 PM)**
Prof. **Abdulmoein Al Agha**
Prof. of Pediatric Endocrinology, King Abdelaziz University, Jeddah, Saudi Arabia

Discussion **(03:15 – 03:30 PM)**

Day 3

Friday 8th August 2025 (Virtual):

Session 3

Monogenic Diabetes 03:30 – 04:15 PM

Moderators: (alphabetically):

Prof. **Noha Arafa,** CU
Prof. **Radwa Shamma,** CU
Prof. **Rasha Tarif,** ASU
Dr. **Thanaa Amer,** Consultant Ped Endocrinology



The Clinical application of Precision Medicine in Monogenic Diabetes (03:30 – 04:00 PM)

Prof. **Abdelhadi Habeb**

Consultant of Pediatric Endocrinology, Chair of the Regional Pharma and Therapeutic Committee at the National Guard, Madinah, KSA, Secretary General of ASPED

Discussion (04:00 – 04:15 PM)

Session 4

Bone and Vitamin D Disorders 04:15 – 05:00 PM

Moderators: (alphabetically):

Prof. **Ashraf Elsharkawy,** Mansoura University
Prof. **Marwa Farouk,** CU
Prof. **Mona Rashad,** ASU
Prof. **Noha Arafa,** CU



The Rickets Roadmap: From Clues to Confirmation and Management (04:15 – 04:45 PM)

Prof. **Hussain Alsaffar**

Consultant of Pediatric Endocrinology, Sultan Qaboos University Hospital

Discussion (04:45 – 05:00 PM)

Day 3

Friday 8th August 2025 (Virtual) :

Session 5

Adrenal Disorders **05:00 – 05:45 PM**

Moderators: (alphabetically):

Prof. **Abeer Atef,** CU
Prof. **Hossam Kamal,** Zagazig U
Prof. **Marwa Farouk,** CU
Prof. **Nermine Amr,** ASU



Beyond CAH: Revealing the diverse faces of Primary Adrenal Insufficiency (05:00 – 05:30 PM)

Prof. **Salwa Abdulbagi Elhassan Musa**
Consultant Pediatric Endocrinology, The Medical City Hospital, Oman,
Deputy Chair of the Education Committee ASPED

Discussion (05:30 – 05:45 PM)



Friday 8th August 2025 (Virtual)

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CAIRO: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR

(+20) 226718421 - 226721944

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PROJECT MANAGER MR. MOHAMED ZAKI 01029763418 MOHAMED.ZAKI@PURESPOT.ORG