EGYPTIAN SOCIETY OF METABOLIC SYNDROME

5TH ESMA INTERNATIONAL CONFERENCE

1 - 3 MARCH 2023 - TOLIP EL FORSAN HOTEL, ISMAILIA

DIABETES MELLITUS

NAFLD

KIDNEY DISEASE

CARDIOVASCULAR DISEASE

HYPERTENSION

LIPID DISORDERS

OBESITY

HONORARY PRESDIENT

PROF. FRANCISCO GIORGINO

PROF. OF ENDOCRINOLOGY
HEAD SECTION OF INTERNAL MEDICINE AND METABOLIC DISEASES UNIVERSITY OF BARI ALDO MORO CHIEF, DIVISION OF ENDOCRINOLOGY

PRESIDENT OF THE CONFERENCE

PROF. IHAB SALEM

PRESIDENT OF ESMA
FORMER PRESIDENT OF ENDOCRINOLOGY UNIT
ZAGAZIG UNIVERSITY

HONORARY PRESDIENT

PROF. JOHN CLELAND

MD, FRCP, FESC
DIRECTOR OF CARDIOVASCULAR CLINICAL TRIALS UNIT, GLASGOW UNIVERSITY – UK.

CO- PRESIDENT OF THE CONFERENCE

PROF. AHMED TAGELDIEN

VICE PRESIDENT OF ESMA
MD - FRCP UK - FSCAI
SUEZ CANAL UNIVERSITY

السيدات والسادة الحضور والمتحدثين ورؤساء الجلسات
مرحباً بكم في المؤتمر الدولي الخامس للجمعية المصرية لمتلازمة الأيض

5th International ESMA Conference of the

Egyptian Society of Metabolic Syndrome (ESMA)

والمقام بفندق توليب الإسماعيلية 1-3 مارس2023 والذي يهتم بتقديم الممارسة الإكلينيكية الحديثة طبقا لأحدث التوصيات العالمية والطب المبني على البراهين في تخصص القلب والاوعية الدموية ومرض السكر واختلال دهنيات الدم وارتفاع ضغط الدم ومتلازمة الايض. كما يقدم المؤتمر ورش عمل متخصصة في قسطرة القلب والشرايين وورشة عمل أنواع العلاج بالحقن لمرضى السكر وورشة عمل عن السمنه يحاضر في المؤتمر لفيف من أساتذة الجامعات المصرية في التخصصات المذكورة مع مجموعة متميزة من الأساتذة الخبراء الأجانب ومنهم:

Prof. **John McMurray**
MD, FESC, FACC, FRCP. Professor of Cardiology and Director of the Institute of Cardiovascular Sciences - University of Glasgow.

Prof. **John Cleland**
MD, FESC, FACC, FRCP. Director of The Clinical Trials of cardiovascular Disease, Glasgow University, UK.

Prof. **Francisco Giorgino**
Head of Internal Medicine and Metabolic Diseases. University of Bari Aldo Moro. Chief, Division of Endocrinology.

Best Regards,



Prof. **Ihab Salem**

Conference Chairman & President of ESMA

Former Head of the Endocrinology Unit,

Zagazig University



Prof. **Ahmed Tageldien**

Conference Co-Chairman & Vice President of ESMA

Director of Cardiology Unit-Specialized Hospital,

Suez-Canal University

ESMA IN NUMBERS

- Established in 2018
- Interested in Cardiology, Diabetes, Cardio Metabolic syndrome, and Obesity.
- Research, Practical skills & CME are our focus.
- Annual International ESMA Conference: 2019 – 2023
- Annual Endo-ESMA Conference
- Obesity Project: 3 Waves in 2021 in Tolip Ismailia Hotel and 1 wave in 2022 in Intercontinental Hotel
- Heart Failure Summit 2022 in Hilton Heliopolis Hotel
- Celebration of World Heart Day in Port Said in 2022
- ESMA CRM Forum in Intercontinental Hotel in 2022
- ESMA Lipid Day in Tolip Ismailia Hotel in 2022
- Nepro-ESMA Day: 2021 – 2022
- Gastro-ESMA Day: 2022
- 29 Workshops and CME activities
- 19 International Webinars & 37 National Webinars (HF, DM, Obesity, AF, Dyslipidemia, Hypertension, NOACs)
- Celebration of World Diabetes day with patient support Campaigns including patient education, examination, A1c measurement, fundus examination and free drug prescriptions for more than +300 patients over two years (2021 – 2022)
- ESMA Thyroid Day January 2023
- YouTube Channel (ESMA CME Channel) of +1k subscription including previous conferences, webinars, and other CME activities.
- Soon the official ESMA Website will be available.

ESMA BOARD 2023



TOPICS

- The multidisciplinary Approach in Metabolic Syndrome: Diabetes, Cardio-Renal and Metabolic Disorders (DCRM)
- HFrEF and HFpEF: New Players on the Ground.
- Hot Topics in metabolic syndrome
- Intervention Cardiology Workshop and challenging cases (CTO, LM, TAVI & Structural Heart Disease)
- Weight Management in Diabetes
- SGLT2i: More to do in Diabetes, Cardiovascular and Renal Disease
- Diabetes in Pregnancy
- Dyslipidaemia Management: New Players on the Ground.
- Special Types of Diabetes
- Challenging Cases in Diabetes
- Extended use of DOACs beyond AF: DVT, PAD & IHD.
- Hypertension: targets and drugs
- Diabetes in Ramadan
- Acute & Chronic Coronary Syndromes Best Practice.
- Obesity: Multidisciplinary approach
- Amyloidosis: light in the tunnel.
- Anti-Diabetic Therapy Combinations: Best is still coming!

WORKSHOPS

- Intervention Cardiology
- Injectable anti-Diabetic therapy

CARDIOLOGY FACULTY
in alphabetical order

- Dr. **Abdelrahman Afifi**, Aswan Heart Center
- Prof. **Ahmed El Ghalid**, Suez Canal University
- Prof. **Ahmed Elsayed Yousef**, Ain Shams University
- Prof. **Ahmed Emara**, Menofia University
- Dr. **Ahmed Farid**, Suez Canal University
- Prof. **Ahmed Hawary**, Suez Canal University
- Prof. **Ahmed Sabry El-Shamy**, Military Academy
- Dr. **Ahmed Salah Salem**, Suez Canal University
- Dr. **Ahmed Sanad**, Suez Canal University
- Prof. **Ahmed Tageldien**, Suez Canal University
- Prof. **Ali Yousef**, Suez Canal University
- Dr. **Ashraf Solyman**, Al-Ahrar Hospital, Zagazig
- Prof. **Fathy Maklady**, Suez Canal University
- Dr. **Fathy Nada**, Suez Canal University
- Prof. **Gamila Nasr**, Suez Canal University
- Prof. **Hanan Kamal**, Suez Canal University
- Dr. **Hatem Ahmed**, Suez Canal University
- Prof. **Hehsam Hegazy**, Suez Canal University
- Prof. **Islam Saif-Alyazal**, Al-Azhar University
- Dr. **Islam Zakarya**, Suez Canal University
- Prof. **Karim Saeed**, Cairo University
- Prof. **Khaled El Nady**, Military Academy
- Dr. **Loay Ahmed Samy**, Suez Canal University
- Prof. **Mahmoud Sabbah**, Suez Canal University
- Dr. **Mohamed Abdelshafy**, Suez Canal University
- Dr. **Mohamed Abo Bakr**, National Heart Institute
- Dr. **Mohamed Al Merry**, Suez Canal University
- Dr. **Mohamed Al Tohfa**, Damanhour Heart Center
- Prof. **Mohamed Oraby**, Suez Canal University
- Prof. **Mohamed Setiha**, Tanta University
- Dr. **Mohamed Solyman**, Egypt Health Care Authority
- Dr. **Mohamed Yousef**, Suez Canal University
- Prof. **Moheb Magdy**, Mansoura University
- Dr. **Omar Hassouna**, Egypt Health Care Authority
- Dr. **Omar Saleh**, Suez Canal University
- Dr. **Osama Alsherbiny**, Suez Canal Authority
- Prof. **Sayed Farag**, Zagazig University
- Prof. **Shady Husain**, Mansoura University
- Prof. **Tarek Rashid**, Ain Shams University
- Prof. **Taymour Mostafa**, Tanta University
- Prof. **Wesam Al-Shafey**, Menofeya University
- Prof. **Yasser Abdelgalil Zaghary**, Al-Azhar University
- Prof. **Yasser Sadeq**, Helwan University

DIABETES FACULTY
in alphabetical order

- Prof. **Abdel Moneim Zeid**, Zagazig University
- Prof. **Abdelrahman Sarhan**, Zagazig University
- Prof. **Adel Abdel Aziz**, Sohag University
- Prof. **Adel Hasan**, Suez Canal University
- Dr. **Ahmed Mosaad**, Suez Canal University
- Dr. **Ahmed Sabawy**, NDI
- Prof. **Ahmed Salah Shams**, Zagazig University
- Dr. **Ahmed Shawky**, Elmabbara Health Insurance
- Prof. **Alaa Elswaify**, Minia University
- Prof. **Alaa Wafa**, Mansoura University
- Prof. **Amr Abdelmonem**, Cairo University
- Dr. **Amr Omar**, NDI
- Prof. **Azza Hassan**, Zagazig University
- Dr. **Basma Osman**, Suez Canal University
- Prof. **Elhusseini Elarishi**, Zagazig University
- Prof. **Fady Azmy**, Mansoura University
- Prof. **Fareed Fawzi**, Zagazig University
- Prof. **Hamdy Selim**, Suez Canal University
- Prof. **Hisham Metwally**, Suez Canal University
- Prof. **Hossam Ghazi**, Mansoura University
- Dr. **Ibrahim Amer**, Consultant Nephroligist- Ismailia
- Prof. **Ibrahim El Ebrashi**, Cairo University
- Prof. **Ihab Salem**, Zagazig University
- Prof. **Iman Elsherif**, Suez Canal University
- Prof. **Kamal Saleh**, Elmahala Insurance Hospital
- Prof. **Khaled Elbanna**, Zagazig University
- Prof. **Mahmoud Emara**, Menofia University
- Prof. **Mamdouh Elnahas**, Port Said University
- Prof. **Mayada Moussa**, Zagazig University
- Prof. **Megahed Abulmagd**, Mansoura University
- Prof. **Mesbah Kamel**, Vice President of UEDA
- Prof. **Mohamed Abdelghany**, Mansoura University
- Prof. **Mohamed Gaber**, Zagazig University
- Prof. **Mohamed Halawa**, Ain Shams University
- Prof. **Mohamed Hegazy**, Menofia University
- Prof. **Mohammed Keshawy**, Suez Canal University
- Prof. **Mohamed Shawki**, Benha University
- Prof. **Mohamed Yakout**, Mansoura University
- Prof. **Mona Karem**, Suez Canal University
- Prof. **Mosleh Ismail**, Suez Canal University
- Prof. **Mostafa Emara**, Zagazig University
- Prof. **Nader El Nemr**, Suez Canal University
- Prof. **Nermeen Rashad**, Zagazig University
- Prof. **Sayed Abdelfattah**, Delta University
- Prof. **Seham Ahmed**, Suez Canal University
- Prof. **Tayseer Metwally**, Suez University
- Dr. **Usama Ragab**, Zagazig University
- Prof. **Wael Farrag**, Tanta University
- Prof. **Wael Zeid**, Suez Canal University
- Prof. **Yasser Abdelraouf**, Tanta University
- Prof. **Yasser Sheta**, Zagazig University

INTERNATIONAL SPEAKERS

- Prof. **Francisco Giorgino**
  Prof. of Endocrinology
  Head Section of Internal Medicine and Metabolic Diseases
  University of Bari Aldo Moro Chief, Division of Endocrinology.



- Prof. **John Celand**
  MD, FRCP, FESC
  Director of Cardiovascular Clinical Trials Unit, Glasgow University – UK.



- Prof. **John McMurray**
  MD, FESC, FACC, FRCP
  Professor of Cardiology and Director of the Institute of Cardiovascular Sciences - University of Glasgow.



SCIENTIFIC COMMITTEE

- Dr. **Mohamed Abdelshafy**
  Suez Canal University



- Prof. **Mayada Mousa**
  Zagazig University



- Prof. **Mahmoud Sabbah**
  Suez Canal University



- Dr. **Usama Ragab**
  Zagazig University



- Dr. **Omar Saleh**
  Suez Canal University



- Prof. **Mona Karem**
  Suez Canal University



ORGANIZING COMMITTEE

- Dr. **Basma Osman**
  Suez Canal University



- Dr. **Omar Hassouna**
  Egypt Health Care Authority



- Prof. **Tayseer Metwally**
  Suez Canal University



- Dr. **Amal Kamal**
  Alahrar Teaching Hospital



- Dr. **Mohamed Elgehany**
  Fakus Fever Hospital



- Dr. **Ibrahim Hagras**
  Alahrar Teaching Hospital



- Dr. **Ahmed Noufal**
  Zagazig University



- Dr. **Hossam Hosni**
  National Diabetes institute



- Dr. **Arwa Ibrahim**
  Family Medicine Consultant



- Dr. **Samia Elsayed**
  Suez University



DAY 1 (WEDNESDAY 1ST MARCH 2023) - (MAIN HALL – HALL A)

REGISTRATION	09.00 – 10.00 AM

SESSION	NOT MY PATIENT, OUR PATIENT DCRM OVERVIEW	10.00 – 10.40 AM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed Hawary**, Suez Canal University
Prof. **Fathy Maklady**, Suez Canal University
Prof. **Gamila Nasr**, Suez Canal University
Prof. **Hamdy Selim**, Suez Canal University
Prof. **Seham Ahmed**, Suez Canal University

TIME	TOPIC	SPEAKER
10.00 AM 10.20 AM	**Holistic approach to DCRM Patient**	Prof. **Ihab Salem** Zagazig University
		Prof. **Ahmed Tageldien** Suez Canal University
10.20 AM 10.40 AM	**Treatment approach of HF**	Prof. **John Cleland** UK

SESSION	EMERGING THERAPY IN METABOLIC SYNDROME	10.40 – 11.40 AM

CHAIRPERSONS
in alphabetical order

Prof. **Adel Hassan**, Suez Canal University
Prof. **Ahmed Tageldien**, Suez Canal University
Prof. **Mosleh Ismail**, Suez Canal University
Prof. **Nader Nemr**, Suez Canal University
Dr. **Omar Hassona**, Egypt Health Care Authority

TIME	TOPIC	SPEAKER
10.40 AM 10.55 AM	**ORAL SEMAGLUTIDE:** **A scientific breakthrough**	Prof. **Ihab Salem** Zagazig University
10.55 AM 11.10 AM	**Protecting NVAF Patients with Diabetes**	Prof. **Ahmed Farid** Suez Canal University
11:10 AM 11:25 AM	**Empagliflozin across HF**	Dr. **Fathy Ahmed** Suez Canal University
11.25 PM 11.40 PM	**Discussion**	

SESSION	HOT TOPICS IN METABOLIC SYNDROME	11.45 AM – 12.50 PM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed Tageldien**, Suez Canal University
Prof. **Gamila Nasr**, Suez Canal University
Prof. **Hanan Kamal**, Suez Canal University
Dr. **Usama Ragab**, Zagazig University

TIME	TOPIC	SPEAKER
11.45 AM 12.00 PM	**Amyloidosis light in the tunnel** (Pfizer)	Prof. **Ahmed Tageldien** Suez Canal University
12.00 PM 12.15 PM	**Flecainide revisited in AF**	Dr. **Ahmed Salah Salem** Suez Canal University
12.15 PM 12.30 PM	**Dapagliflozin The Care All T2D Deserve** (AstraZeneca)	Prof. **Ihab Salem** Zagazig University
12.30 PM 12.45 PM	**Anti Coagulation for Atrial Fibrillation: Hitting the Sweet Spot** (MINAPHARM PHARMACEUTICALS)	Dr. **Mohamed Abdelshafy** Suez Canal University

SESSION	STATE OF THE ART DIABETES	12.50 – 01.30 PM

CHAIRPERSONS
in alphabetical order

Prof. **Fathy Maklady**, Suez Canal University
Prof. **Ihab Salem**, Zagazig University
Prof. **Megahed Abulmagd**, Mansoura University
Prof. **Mesbah Kamel**, Vice President of UEDA

TIME	TOPIC	SPEAKER
12.50 PM 01.10 PM	**Weight Management in Diabetes**	Prof. **Adel AbdelAziz** Sohag University
01.10 PM 01.25 PM	**Comprehensive T2D Management from Glucocentric to Holistic Approach** (EVA PHARMA)	Prof. **Sayed Abdelfattah** Delta University
01.25 PM 01.30 PM	**Talk** (gsk)	**GSK**

COFFEE BREAK	01.30 – 01.45 PM

HALL (A)	PARALLEL SESSION I:	DIABETES TRACK

SESSION	DIABETES IN PREGNANCY	02.00 – 02.45 PM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed Yassin**, Suez Canal Authority Hospital
Prof. **Megahed Abulmagd**, Mansoura University
Prof. **Mostafa Emara**, Zagazig University
Prof. **Seham Ahmed**, Suez Canal University

TIME	TOPIC	SPEAKER
02.00 PM 02.15 PM	**Pre-existing Diabetes in pregnancy**	Prof. **Iman Elsherif** Suez Canal University
02.15 PM 02.30 PM	**Gestational Diabetes**	Prof. **Mayada Moussa** Zagazig University
02.30 PM 02.45 PM	**Discussion**	

SESSION	SPECIAL TYPES OF DIABETES	02.45 – 03.30 PM

CHAIRPERSONS
in alphabetical order

Prof. **Elhusseini Elarishi**, Zagazig University
Prof. **Hisham Metwally**, Suez Canal Authority Hospital
Prof. **Ihab Salem**, Zagazig University
Prof. **Iman Elsherif**, Suez Canal University

TIME	TOPIC	SPEAKER
02.45 PM 03.00 PM	**Diabetes as a Guest: Endocrine Diabetes**	Prof. **Megahed Abulmagd** Mansoura University
03.00 PM 03.15 PM	**Drug Induced Diabetes**	Dr. **Usama Ragab** Zagazig University
03.15 PM 03.30 PM	**Discussion**	

SESSION	DIABETES COMPLICATION	03.30 – 04.15 PM

CHAIRPERSONS
in alphabetical order

Prof. **Mayada Moussa**, Zagazig University
Prof. **Mesbah Kamel**, Vice President of UEDA
Prof. **Nearmeen Rashad**, Zagazig University
Dr. **Usama Ragab**, Zagazig University

TIME	TOPIC	SPEAKER
03.30 PM 03.45 PM	**Case 1**	Prof. **Azza Hassan** Zagazig University
03.45 PM 04.00 PM	**Case 2**	Dr. **Basma Osman** Suez Canal University
04.00 PM 04.15 PM	**Innovative combination for diabetic complications** EVA PHARMA	Prof. **Ihab Salem** Zagazig University

SESSION	NUTRITIONAL THERAPY IN DIABETES	04.15 – 05.00 PM

CHAIRPERSONS
in alphabetical order

Dr. **Ahmed Mosaad**, Suez Canal University
Dr. **Ahmed Sabaawy**, NDI
Prof. **Mayada Mousa**, Zagazig University
Prof. **Mosleh Ismail**, Suez Canal University

TIME	TOPIC	SPEAKER
04.15 PM 04.30 PM	**Medical Nutrition Therapy in Type 1 DM**	Prof. **Mona karem** Suez Canal University
04.30 PM 04.45 PM	**Medical Nutrition Therapy in Type 2 DM**	Prof. **Nermeen Rashad** Zagazig University

SESSION	DIABETES MANAGEMENT IN HOSPITAL	05.00 – 06.00 PM

CHAIRPERSONS
in alphabetical order

Dr. **Ahmed Shawky**, Elmabbara Health Insurance
Prof. **Azza Hassan**, Zagazig University
Dr. **Basma Osman**, Suez Canal University

TIME	TOPIC	SPEAKER
05.00 PM 05.15 PM	**Introduction to protocol of DM management in Hospitalized Patients**	Prof. **Mesbah Kamel** Vice President of UEDA
05.15 PM 05.30 PM	**Diabetes Management in non-Critically ill patients**	Dr. **Ahmed Sabaawy** NDI
05.30 PM 05.45 PM	**Discussion**	

CLOSING REMARKS	05.45 – 06.00 PM

HALL (B)	PARALLEL SESSION II: INTERVENTION	CARDIOLOGY TRACK

CHALLENGING CASES IN INTERVENTIONAL CARDIOLOGY — 02.00 – 06.30 PM

SESSION 1	LEFT MAIN INTERVENTION	02.00 - 03.30 PM

MODERATORS
in alphabetical order

Prof. **Hesham Hegazy**, Suez Canal University
Prof. **Mohamed Oraby**, Suez Canal University
Prof. **Mohamed Setiha**, Tanta University
Dr. **Omar Saleh**, Suez Canal University

TIME	TOPIC	SPEAKER
02.00 PM 02.15 PM	**Case 1**	Prof. **Mohamed Setiha** Tanta University
02.15 PM 02.30 PM	**Case 2**	Prof. **Ali Yousef** Suez Canal University
02.30 PM 02.45 PM	**Case 3**	Prof. **Ahmed Sabry** Military Academy
02.45 PM 03.00 PM	**Case 4**	Prof. **Mahmoud Sabbah** Suez Canal University
03.00 PM 03.15 PM	**Innovation in Ischemia Management**	Prof. **Ahmed Tageldien** Suez Canal University

SESSION 2	MY TOUGH INTERVENTION CASE	03.30 – 04.45 PM

MODERATORS
in alphabetical order

Prof. **Ahmed El Ghalid**, Suez Canal University
Prof. **Ahmed Sabry**, Military Academy
Prof. **Ali Yousef**, Suez Canal University
Prof. **Khaled El Nady**, Military Academy
Dr. **Mohamed Abdelshafy**, Suez Canal University

TIME	TOPIC	SPEAKER
03.30 PM 03.45 PM	**Case 1**	Prof. **Tarek Rashid** Ain Shams University
03.45 PM 04.00 PM	**Case 2**	Prof. **Taymour Mostafa** Tanta University
04.00 PM 04.15 PM	**Case 3**	Prof. **Moheb Magdy** Mansour University
04.15 PM 04.30 PM	**Case 4**	Prof. **Mohamed AboBakr** National Heart Institute
04.30 PM 04.45 PM	**Causality between LDL-C and ASCVD and effective strategyfor LDL-C lowering** AstraZeneca	Dr. **Mohamed Merry** Suez Canal University

SESSION 3	STRUCTURAL HEART DISEASE INTERVENTION	04.45 - 05.45 PM

MODERATORS
in alphabetical order

Prof. **Khaled El Nady**, Military Academy
Prof. **Mohamed Abo Bakr**, NHI
Prof. **Mohamed Oraby**, Suez Canal University
Prof. **Moheb Magdy**, Mansoura University
Prof. **Taymour Mostafa**, Tanta University

TIME	TOPIC	SPEAKER
04.45 PM 05.00 PM	**Case 1**	Prof. **Yasser Sadeq** Helwan University
05.00 PM 05.15 PM	**Case 2**	Prof. **Abdelrahman Afifi** Aswan Heart Center
05.15 PM 05.30 PM	**Case 3**	Prof. **Ahmed Elsayed Yousef** Ain Shams University

SESSION 4	MY EARLY INTERVENTION CAREER CASE	05.45 – 06.30 PM

MODERATORS
in alphabetical order

Prof. **Hesham Hegazy**, Suez Canal University
Prof. **Mahmoud Sabbah**, Suez Canal University
Prof. **Mohamed Setiha**, Tanta University
Dr. **Omar Saleh**, Suez Canal University
Dr. **Osama Alsherbiny**, Suez Canal Authority
Prof. **Yasser Sadeq**, Helwan University

TIME	TOPIC	SPEAKER
05.45 PM 06.00 PM	**Case 1**	Dr. **Ahmed Sanad** Suez Canal University
06.00 PM 06.15 PM	**Case 2**	Dr. **Mohamed Solyman** Egypt Health Care Authority
06.15 PM 06.30 PM	**Case 3**	Dr. **Loay Ahmed Samy** Suez Canal University

	LUNCH	06.30 PM

DAY 2 (THURSDAY 2ND MARCH 2023) - (MAIN HALL – HALL A)

REGISTRATION	09.00 – 10.00 AM

SESSION	DYSLIPIDEMIA SESSION	10.00 – 11.30 AM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed El Ghalid**, Suez Canal University
Prof. **Hanan Kamal**, Suez Canal University
Dr. **Hatem Ahmed**, Suez Canal University
Prof. **Mayada Moussa**, Zagazig University

TIME	TOPIC	SPEAKER
10.00 AM 10.15 AM	**Familial Dyslipidemia**	Prof. **Yasser Sheta** Zagazig University
10.15 AM 10.30 AM	**LDL: the mobile target**	Prof. **Karim Saeed** Cairo University
10.30 AM 10.45 AM	**Two reasons to love Inclisiran (Leqviu)** NOVARTIS	Prof. **Shady Husain** Mansoura University
10.45 AM 11.00 AM	**Z Strongest Lipid Lowering Therapy** Xeedia	Prof. **Omar Saleh** Suez Canal University
11.00 AM 11.15 AM	**Fenofibrates Revisited** Abbott	Prof. **Ahmed Tageldien** Suez Canal University

SESSION	INCRETIN COMBINATION THERAPY: ORAL & INJECTABLE	11.30 AM – 12.15 PM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed Tageldien**, Suez Canal University
Prof. **Hisham Metwally**, Suez Canal University
Prof. **Yaser Sheta**, Zagazig University

TIME	TOPIC	SPEAKER
11.30 AM 11.45 AM	**Role of early combination (Sitagliptin/Metformin) in newly diagnosed T2DM patients** MSD	Prof. **Mamdouh Elnahas** Port Said University
11.45 AM 12.00 PM	**iGlarlixi: Simplifying experiences through choice** sanofi	Prof. **Ihab Salem** Zagazig University

TIME	TOPIC	SPEAKER
12.00 PM 12.10 PM	**What can Telmisartan add in management of hypertension in Egypt?** UTOPIA	Dr. **Abdallah Mashaly** Senior Product Manager

OPENING CEREMONY	12.15 – 12.30 PM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed Tageldien**, Suez Canal University
Prof. **Ihab salem**, Zagazig University
Dr. **Saeed Elsherbiny**, Head of Ismailia Medical Syndicate

COFFEE BREAK	12.30 – 01.00 PM

SESSION	STATE OF ART LECTURE	01.00 – 02.00 PM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed Tageldien**, Suez Canal University
Prof. **Fathy Maklady**, Suez Canal University
Prof. **Ihab Salem**, Zagazig University
Prof. **Mamdouh Elnahas**, Port Said University

TIME	TOPIC	SPEAKER
01.00 PM 01.30 PM	**Injectable Therapy in Obesity Management**	Prof. **Francesco Gorginio** Italy
01.30 PM 01.50 PM	**Diabetes Remission**	Prof. **Ibrahim El Ebrashi** Cairo University
01.50 PM 02.00 PM	**Discussion**	

SESSION	UPDATES IN CARDIOVASCULAR DISEASE	02.00 – 03.15 PM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed Tageldien**, Suez Canal University
Prof. **Hanan Kamal**, Suez Canal University
Prof. **Mahmoud Sabbah**, Suez Canal University
Dr. **Omar Hassona**, Egypt Health Care Authority
Prof. **Omar Saleh**, Suez Canal University

TIME	TOPIC	SPEAKER
02.00 PM 02.15 PM	**Prevention of target organ damage in Hypertension**	Prof. **Sayed Farag** Zagazig University
02.15 PM 02.30 PM	**Sacubitril-Valsartan (Entresto) across the EF Spectrum.** NOVARTIS	Prof. **Yaser Zaghary** Al-Azhar University
02.30 PM 02.45 PM	**NSTEMI-ACS: How to manage** AstraZeneca	Prof. **Ahmed Emara** Menofia University
02.45 PM 03.00 PM	**B-blockers aren't the same** A.MENARINI	Prof. **Taymour Mostafa** Tanta University
03.00 PM 03.15 PM	**Chronic hypotension: Practical Management**	Prof. **Hatem Ahmed** Suez Canal University

SESSION	STATE OF ART LECTURE	03.15 – 03.35 PM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed Tageldien**, Suez Canal University
Prof. **Hanan Kamal**, Suez Canal University
Prof. **Ihab Salem**, Zagazig University
Dr. **Islam Zakarya**, Suez Canal University

TIME	TOPIC	SPEAKER
03.15 PM 03.35 PM	**Imaging in Chronic Coronary Syndrome**	Prof. **Islam Saif-Alyazal** Al-Azhar University

SESSION	DIABETES AND RAMADAN	03.45 – 05.30 PM

CHAIRPERSONS
in alphabetical order

Prof. **Fareed Fawzi**, Zagazig University
Prof. **Kamal Saleh**, Elmahala Insurance Hospital
Prof. **Tayseer Metwally**, Suez University
Prof. **Wael Farrag**, Tanta University
Prof. **Yasser Abdelraouf**, Tanta University

TIME	TOPIC	SPEAKER
03.45 PM 04.00 PM	**Oral Therapy in Ramadan**	Prof. **Mohamed Yakout** Mansoura University
04.00 PM 04.15 PM	**Injectable therapy in Ramadan**	Prof. **Mohamed Shawki** Benha University
04.15 PM 04.30 PM	**Evidence-based choices on the path to insulin for patients uncontrolled on OADs** sanofi	Prof. **Mohamed Abdelghany** Mansoura University
04.30 PM 04.45 PM	**"IDegAsp: Reshaping insulin treatment in Ramadan"** novo nordisk	Prof. **Mohamed Halawa** Ain Shams University
04.45 PM 05.00 PM	**SUs & SGLT2Is within Ramadan recommendations** sanofi	Prof. **Fady Azmy** Mansoura University

TIME	TOPIC	SPEAKER
05.00 PM 05.10 PM	**Branding session** EGPI	**EGPI Staff**

LUNCH	05.15 PM

DAY 3 (FRIDAY 3RD MARCH 2023) - (MAIN HALL)

SESSION	OBESITY MANAGEMENT	10.00 – 11.30 AM

CHAIRPERSONS
in alphabetical order

Prof. **Abdelrahman Sarhan**, Zagazig University
Prof. **Ihab Salem**, Zagazig University
Prof. **Mayada Moussa**, Zagazig University
Prof. **Nermeen Rashad**, Zagazig University

TIME	TOPIC	SPEAKER
10.00 AM 10.20 AM	**Nutritional Management of Obesity**	Prof. **Amr Abdelmonem** Cairo University
10.20 AM 10.35 AM	**Medical Therapy in Obesity**	Prof. **Fareed Fawzi** Zagazig University
10.35 AM 10.50 AM	**Overview of Bariatric & Metabolic Surgery**	Prof. **Alaa Elswaify** Minia University
10.50 AM 11.00 PM	**Discussion**	

TIME	TOPIC	SPEAKER
11.00 AM 11.15 AM	**Liraglutide 3.0 mg one drug multiple benefits** (novo nordisk)	Prof. **Mamdouh Elnahas** Port Said University
11.15 AM 11.30 AM	**Dulaglutide : Novel approach for T2DM management** (EVA PHARMA)	Prof. **Abdel Moneim Zeid** Zagazig University

BREAK & JOMAA PRAYER	11.30 – 01.00 PM

SESSION	CARDIOLOGY BEST PRACTICE	01.00 – 02.15 PM

CHAIRPERSONS
in alphabetical order

Prof. **Ahmed Tageldien**, Suez Canal University
Prof. **Mahmoud Sabbah**, Suez Canal University
Prof. **Mohamed Abdelshafi**, Suez Canal University
Dr. **Omar Hassona**, Egypt Health Care Authority
Prof. **Omar Saleh**, Suez Canal University
Prof. **Wesam Shafey**, Menofia University

TIME	TOPIC	SPEAKER
01.00 PM 01.25 PM	**HF Guidelines: ESC & ACC**	Prof. **John McMurray** UK
01.25 PM 01.40 PM	**Basics of CCS Management**	Dr. **Islam Zakarya** Suez Canal University
01.40 PM 01.55 PM	**Importance of Metabolic Approach in CCS Management** SERVIER	Prof. **Mohamed Eltohfa** Damanhour Heart Center
01.55 PM 02.10 PM	**Pericarditis: diagnosis & management**	Dr. **Mohamed Yousef** Suez Canal University

CCS: Chronic Coronary Syndrome

SESSION	INJECTABLE ANTIDIABETIC DRUGS	02.15 – 03.30 PM

CHAIRPERSONS
in alphabetical order

Prof. **Fareed Fawzi**, Zagazig University
Prof. **Ihab Salem**, Zagazig University
Prof. **Mona Karem**, Suez Canal University
Prof. **Usama Ragab**, Zagazig University

DEMONSTRATORS
in alphabetical order

Dr. **Ahmed Atef** / Dr. **Ahmed Elsawaf** / Dr. **Ahmed Noufal**
Dr. **Hossam Hosni** / Dr. **Michael Edwar** / Dr. **Samia Elsayed**

TIME	TOPIC	SPEAKER
02.15 PM 02.30 PM	**Insulin Therapy**	Prof. **Mohamed Gaber** Zagazig University
02.30 PM 02.45 PM	**GLP1 Receptor Agonists**	Dr. **Usama Ragab** Zagazig University
02.45 PM 03.00 PM	**Fixed Ratio Combination (FRC) Injectables**	Prof. **Khalid Elbanna** Zagazig University
03.00 PM 03.15 PM	**Injection Techniques in Insulin Therapy**	Dr. **Amr Omar** NDI
03.15 PM 03.30 PM	**Discussion and Demonstration**	

SESSION	NEPHRO ESMA	03.30 – 04.30 PM

CHAIRPERSONS
in alphabetical order

Prof. **Basma Osman**, Suez Canal University
Dr. **Ibrahim Amer**, Consultant Nephroligist- Ismailia
Prof. **Mohamed Hegazy**, Menofia University
Prof. **Mohammed Keshawy**, Suez Canal University

TIME	TOPIC	SPEAKER
03.30 PM 03.45 PM	**The legendary T2DM Management** ZETA PHARMA	Prof. **Alaa Wafaa** Mansoura University
03.45 PM 04.00 PM	**Pitfalls in Management of CKD**	Prof. **Ahmed Salah Shams** Zagazig University
04.00 PM 04.15 PM	**Do Essential Aminoacids has a role in diabetic patients** BioMED	Prof. **Mahmoud Emara** Menofia University
	LUNCH	04.30 PM



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The 6th ESMA Conference, 24-26 April 2024

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- EJP 2016 — European Journal of Pain
- 2014 THE CANADIAN PAIN SOCIETY
- American Diabetes Association 2019

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