6TH Egyptian society of Metabolic Syndrome

ESMA INTERNATIONAL CONFERENCE

Metabolic Syndrome Facts and Myths Case based Scenario

17-19 APRIL 2024 - TOLIP EL FORSAN HOTEL, ISMAILIA

DIABETES MELLITUS

NAFLD

KIDNEY DISEASE

CARDIOVASCULAR DISEASE

HYPERTENSION

LIPID DISORDERS

OBESITY

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Guest Speaker

Prof. John Cleland

MD, FRCP, FESC
Director of Cardiovascular Clinical Trials Unit, Glasgow University – UK



Guest Speaker

Prof. Francisco Giorgino

Prof. of Endocrinology
Head Section of Internal Medicine and Metabolic Diseases University of Bari
Aldo Moro Chief, Division of Endocrinology



Guest Speaker

Prof. Athanasios J. Manolis

Prof. of Cardiology
Director Cardiology Department, Metropolitan Hospital - Greece



Guest Speaker

Prof. Aliya Khan

MD, FRCPC, FACP, FACE
Clinical Professor of Medicine, McMaster University, American Society for Bone and Mineral Research (ASBMR) University of Toronto Hamilton, Ontario, Canada.



Guest Speaker

Prof. Samir Naem

Professor of Endocrinology and Diabetes Alexandria University.



Guest Speaker

Prof. Mona Salem

Professor of Pediatric Diabetes and Endocrinology - Ain Shams University
President of ESPED.



Guest Speaker

Prof. Nabil Farag

Professor of Cardiology - Ain Shams University,
President of the Egyptian Society of Cardiology.



Guest Speaker

Prof. Ashraf Reda

Prof of Cardiology - Menoufia University,
President of EAVA.



Conference President

Prof. Ihab Salem

President of ESMA
Former Head of the Endocrinology Unit, Zagazig University



Conference CO-President

Prof. Ahmed Tageldien

Vice President of ESMA
Director of Cardiology Unit-Specialized Hospital,Suez-Canal University

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17-19 APRIL 2024 - TOLIP EL FORSAN HOTEL, ISMAILIA



Prof. Mayada Moussa
Zagazig University



Dr. Omar Saleh
Suez Canal University



Dr. Usama Ragab
Zagazig University



Dr. Omar Hassouna
Egypt Health Care Authority



Prof. Mona Karem
Suez Canal University



Dr. Basma Osman
Suez Canal University



Dr. Mohamed El Gihany
Fakus Hospital



Dr. Amal Kamal
Al Ahrar Hospital



A.Prof. Mahmoud Sabbah
Suez Canal University



Dr. Mohamed Abdelshafy
Suez Canal University



Dr. Mohamed Merry
Suez Canal University



Dr. Fathy Nada
Suez Canal University



Dr Michael Edwar
Zagazig University



Dr. Ahmed Noufal
Zagazig University



Dr. Hossam Hosni
National Diabetes institute



Dr. Ahmed Elsawaf
Al-Azhar University

Welcome on Board … ESMA Conference 17-19 April 2024

On behalf of the Egyptian Society of Metabolic Syndrome, it is our great pleasure to welcome you to the beautiful city of Ismailia for our annual conference focused on metabolic syndrome, diabetes, and cardiovascular diseases. This year, we are excited to introduce Endocrinology and Interventional Cardiology tracks, reflecting the latest advances and clinical research in these fields.

We are honored to host distinguished guest speakers who will share their insights, knowledge and practice. Their contributions will enrich our knowledge and understanding of the complex interactions of CaReMe -O (Cardio-Renal-Metabolic and Obesity).

As we gather to exchange knowledge and foster collaborations, we hope you find the conference enlightening and inspiring. May this event serve as a catalyst for innovation and progress in the fight against metabolic and cardiovascular diseases.

Welcome, and let us embark on this journey of discovery together!

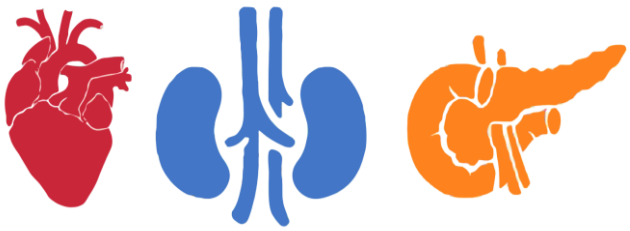
Conference Chairman
Prof. **Ihab Salem**
Ihab Salem
President of ESMA
Former Head of the Endocrinology Unit
Zagazig University

Conference Co-Chairman
Prof. **Ahmed Tageldien**
Ahmed Tageldien
Vice President of ESMA
Director of Cardiology Unit
Suez-Canal University Specialized Hospital

Let us celebrate the Egyptian Day of Metabolic Syndrome

On behalf of the Egyptian Society of Metabolic Syndrome, it is our great pleasure to announce that we will celebrate

The Egyptian Day of Metabolic Syndrome at 18th April 2024



This is the initiative of our Board member: **Prof. Mayada Mousa**, **Associate professor of Diabetes and Endocrinology, Zagazig University**. So, let us help all patients with metabolic syndrome and prevent its serious complications.

We are honored to have many distinguished guest speakers who will share their insights, knowledge and practice. Their contributions will enrich our knowledge and understanding of the complex interactions of CaReMe -O (Cardio-Renal-Metabolic and Obesity).

Conference Chairman
Prof. **Ihab Salem**
Ihab Salem
President of ESMA
Former Head of the Endocrinology Unit
Zagazig University

Conference Co-Chairman
Prof. **Ahmed Tageldien**
Ahmed Tageldien
Vice President of ESMA
Director of Cardiology Unit
Suez-Canal University Specialized Hospital

ESMA in Numbers

- Established in 2018 “Together We Do Better”
- Interested in Cardiology, Diabetes, Metabolic syndrome, and Obesity.
- Focus: Clinical Research, Practical skills & CME.
- Annual International ESMA Conference: 2019 – 2024
- Conducting 25 International Webinars, 45 National Webinars and 32 Workshops and CME activities (HF, DM, Obesity, AF, Endocrinology, Dyslipidemia, Hypertension)
- Annual Endo-ESMA Conference: 2019 - 2023
- Participating in International Obesity Project “SCOPE”: 2022, 2023
- Heart Failure Summit 2021, 2022, 2023
- Celebration of World Heart Day, World Diabetes Day 2021, 2022, 2023
- ESMA Cardio-Renal-Metabolic Forum 2021, 2022, 2023, 2024
- ESMA Lipid Day 2021, 2022, 2023
- Nepro-ESMA Day: 2021 – 2022
- Gastro-ESMA Day: 2022
- ESMA Thyroid Day January 2022, 2023
- ESMA Diabetes Day 2024
- YouTube Channel (ESMA CME Channel) including most of physical and virtual CME activities.
- Patient Support Day For Type 2 Diabetes Patients in Faqus in 2022 and 2023 and For Type 1 Diabetes Patients and in Ismailia in 2024
- A group iftar day in Faqus in Ramadan 2024
- Soon the official ESMA Website will be Launched.

Main Topics

- Metabolic Syndrome Review in a Year
- New Concept in Cardiometabolic Syndrome
- Dyslipidemia Session
- SGLT2i multidisciplinary Approach
- Art of Diabetes Management
- Cardiovascular Continuum: Risk Factors & Progression
- Emerging Therapy in Metabolic Syndrome
- Diabetes in Special Situation
- Future of Injectable anti-diabetes therapy
- Complex interventions in CCS, what to do & not to do
- Meet the Expert Diabetes Management
- Updates in Cardiovascular Medicine
- Male Hypogonadism
- Art of Obesity Management
- Thyroid Disease Management
- Nonpharmacological Management of thyroid diseases
- Cardiovascular & Intervention
- Pituitary Session
- State of Art Endocrine Session: Hyperparathyroidism – Clinical Cases
- Heart Failure & Ischemia: Challenges and Therapies
- Medical Nutrition Therapy in Metabolic Syndrome
- Diabetes Type II Management: Diabetologist vs. Cardiologist Perspectives
- Diabetes Technology Session

Diabetes & Endocrinology Faculty, *in alphabetical order*

- *Prof.* **Abdel Hamid Serwah**, *Suez Canal University*
- *Prof.* **Abdelraouf Eldeep**, *Suez Canal University*
- *Prof.* **Adel Hassan**, *Suez Canal University*
- *Prof.* **Ahmed El-Sakka**, *Suez Canal University*
- *Dr.* **Ahmed Elsawaf**, *Al-Azhar University*
- *Dr.* **Ahmed Mossad**, *Suez Canal University*
- *Dr.* **Ahmed Noufal**, *Zagazig University*
- *Prof.* **Ahmed Yassin**, *SCA Hospital*
- *Prof.* **Aliya Khan**, *Professor of Medicine, McMaster University, Canada.*
- *Prof.* **Amr Abdelmonem**, *Cairo University*
- *Dr.* **Amr Omar**, *National Diabetes Institute*
- *Prof.* **Arafa Elshabrawy**, *Zagazig University*
- *Prof.* **Ashraf Talaat**, *Damietta University*
- *Prof.* **Ayman El Gendy**, *Port Said*
- *Prof.* **Azza Hassan**, *Zagazig University*
- *Dr.* **Bahaa Sharaf**, *Behera Health Authority*
- *Dr.* **Basma Osman**, *Suez Canal University*
- *Prof.* **Elsayed Abdel Fattah**, *Delta University*
- *Dr.* **Elsayed Ghoniemy**, *Ain Shams University*
- *Prof.* **Eman Elshorbagy**, *Zagazig University*
- *Prof.* **Fareed Fawzy**, *Zagazig University*
- *Prof.* **Ghada El Khattib**, *Assiut University*
- *Prof.* **Hamdy Selim**, *Suez Canal University*
- *Prof.* **Hisham Elhefnawy**, *Ex Dean of National Diabetes Institute Head of National Diabetes & NCDs Committee*
- *Prof.* **Hossam Ghazy**, *Mansoura University*
- *Dr.* **Hossam Hosny**, *National Diabetes Institute*
- *Dr.* **Ibrahim Amer**, *Ismailia Medical Complex*
- *Prof.* **Ibrahim Ibrashy**, *Cairo University*
- *Prof.* **Ihab salem**, *Zagazig University*
- *Dr.* **Iman El Sherif**, *Suez Canal University*
- *Prof.* **Khaled Elhadidy**, *Beni Swaif University*
- *Prof.* **Khalid Elbanna**, *Zagazig University*
- *Prof.* **Magdy Helmy**, *Alexandria University*
- *Dr.* **Mahmoud Ezzat**, *Al-Azhar University*
- *Prof.* **Mayada Moussa**, *Zagazig University*
- *Prof.* **Mesbah Kamel**, *Consultant of Diabetes*
- *Dr.* **Michael Edwar**, *Zagazig University*
- *Prof.* **Mohamed Hegazy**, *Menofia University*
- *Dr.* **Mohamed Mashaly**, *Arab Contractor Hospital*
- *Prof.* **Mohamed Khattab**, *Cairo University*
- *Prof.* **Mohamed Reda Halawa**, *Ain Shams University*
- *Prof.* **Mohamed Shawky**, *Benha University*
- *Prof.* **Mohamed Yakout**, *Mansoura University*
- *Prof.* **Mona Karem**, *Suez Canal University*
- *Prof.* **Mona Salem**, *Ain Shams University*
- *Prof.* **Nader Elnemr**, *Suez Canal University*
- *Prof.* **Nashaat Soliman**, *Suez Canal University*
- *Dr.* **Saad Elalamy**, *Consultant of Diabetes*
- *Dr.* **Saeed Elsherbiny**, *ismailia medical syndicate*
- *Prof.* **Samir Naim Assaad**, *Alexandria University*
- *Prof.* **Seham Ahmed**, *Suez Canal University*
- *Prof.* **Talaat Abdelaty**, *Alexandria University*
- *Prof.* **Usama Khalil**, *Zagazig University*
- *Dr.* **Usama Ragab**, *Zagazig University*
- *Prof.* **Wael Farrag**, *Tanta University*
- *Prof.* **Wael Lotfy**, *Zagazig University*
- *Prof.* **Yaser Abdelraouf**, *Tanta University*

Cardiology Faculty, *in alphabetical order*

- *Dr.* **Abdallah Atteya**, *Suez Canal Authority*
- *Dr.* **Abdelrahman Afifi**, *Aswan Heart center*
- *Prof.* **Ahmed El-Ghalid**, *Suez Canal University*
- *Prof.* **Ahmed Emara**, *Menofia University*
- *Prof.* **Ahmed Farid**, *Suez Canal University*
- *Prof.* **Ahmed El-Hawary**, *Suez Canal University*
- *Prof.* **Ahmed Sabry Elshamy**, *Military Academy*
- *Prof.* **Ahmed Salah Salem**, *Suez Canal University*
- *Prof.* **Ahmed Tageldien**, *Suez Canal University*
- *Prof.* **Ali Yousef**, *Suez Canal University*
- *Prof.* **Ashraf Reda**, *EAVA President - Menofia University*
- *Dr.* **Ashraf Solyman**, *Al-Ahrar Teaching Hospital*
- *Prof.* **Athanasios J. Manolis**, *Athens University - Greece*
- *Dr.* **Ayman Gad**, *Al-Azhar University*
- *Prof.* **Emad Abdelhay**, *Mahalla Heart Center*
- *Prof.* **Fathy Maklady**, *Suez Canal University*
- *Dr.* **Fathy Ahmed**, *Suez Canal University*
- *Prof.* **Gamila Nasr**, *Suez Canal University*
- *Prof.* **Hanan Kamal**, *Suez Canal University*
- *Dr.* **Hatem Ahmed Gharib**, *Suez Canal University*
- *Prof.* **Hesham Ammar**, *National Heart Institute*
- *Prof.* **Hesham Hegazy**, *Suez Canal University*
- *Dr.* **Islam Zakareya**, *Suez Canal University*
- *Prof.* **John Cleland**, *Glasgow University & Imperial College - UK*
- *Prof.* **Karim Saeed**, *Cairo University*
- *Dr.* **Mahmoud Saad**, *Suez Canal University*
- *Prof.* **Mahmoud Sabbah**, *Suez Canal University*
- *Dr.* **Mohamed Abdelshafi**, *Suez Canal University*
- *Dr.* **Mohamed El Merry**, *Suez Canal University*
- *Prof.* **Mohamed Al Noamany**, *Menofia University*
- *Dr.* **Mohamed Eltohfa**, *National Heart Institute of Damanhour*
- *Dr.* **Mohamed Imam**, *National Heart Institute*
- *Prof.* **Mohamed Oraby**, *Suez Canal University*
- *Dr.* **Mohamed Ramadan**, *Tanta University*
- *Prof.* **Mohamed Salama**, *Kafr El-Shaikh University*
- *Prof.* **Mohamed Setaiha**, *Tanta University*
- *Dr.* **Mohamed Solyman**, *Ismailia Medical Complex*
- *Prof.* **Mohamed Zahran**, *Ain Shams University*
- *Prof.* **Moheb Magdy**, *Mansoura University*
- *Prof.* **Nabil Farag**, *Ain Shams University*
- *Dr.* **Omar Hassona**, *Ismailia Medical Complex*
- *Dr.* **Omar Saleh**, *Suez Canal University*
- *Dr.* **Osama Elsherpiny**, *Suez Canal Authority*
- *Dr.* **Osama Shoeib**, *Tanta University*
- *Dr.* **Ramy Atlam**, *Tanta University*
- *Prof.* **Sayed Farag**, *Zagazig University*
- *Prof.* **Shady Husain**, *Mansoura University*
- *Prof.* **Taymoor Mostafa**, *Tanta University*
- *Prof.* **Walid Awady**, *Zagazig University*
- *Dr.* **Wasim Omar**, *Al-Azhar University*
- *Prof.* **Yasser El-Sayed**, *Al-Azhar University*
- *Prof.* **Yasser Zaghary**, *Al-Azhar University*

Wednesday 17th April 2024 | Main Hall (A)

Registration		09.30 – 10.00 AM
Session	**Metabolic Syndrome Review in a Year**	10.00 – 10.30 AM

Chairpersons, *in alphabetical order*

Prof. **Adel Hassan**, *Suez Canal University*
Prof. **Fathy Maklady**, *Suez Canal University*
Prof. **Nader Elnemr**, *Suez Canal University*
Prof. **Seham Ahmed**, *Suez Canal University*

10.00 AM 10.15 AM	**Diabetes Review in a Year** *Prof.* **Ihab Salem**, *Zagazig University*
10.15 AM 10.30 AM	**Cardiology Review in a Year** *Prof.* **Ahmed Tageldien**, *Suez Canal University*

State of Art Session	New Concept in Cardiometabolic Syndrome	10.30 – 11.20 AM

Chairpersons, *in alphabetical order*

Prof. **Ahmed Tageldien**, *Suez Canal University*
Prof. **Fathy Maklady**, *Suez Canal University*
Prof. **Hanan Kamal**, *Suez Canal University*
Prof. **Ihab Salem**, *Zagazig University*

10.30 AM 11.00 AM	**Recovery and relapse in dilated cardiomyopathy** *Prof.* **John Cleland**, *Glasgow University & Imperial College - UK*
11.00 AM 11.20 AM	**Novel lipid lowering therapies and genetic targets** *Prof.* **Ashraf Reda**, *EAVA President - Menofia University*

Session	Dyslipidemia Session	11.20 AM – 12.15 PM

Chairpersons, *in alphabetical order*

Prof. **Ahmed Farid**, *Suez Canal University*
Prof. **Ahmed El-Ghalid**, *Suez Canal University*
Prof. **Ahmed El-Hawary**, *Suez Canal University*
Dr. **Hatem Ahmed Gharib**, *Suez Canal University*

11.20 AM 11.35 AM	**Familial Dyslipidemia** *Prof.* **Karim Saeed**, *Cairo University*
11.35 AM 11.50 AM	**Incliseran ... Taming ASCVD** NOVARTIS *Prof.* **Ahmed Tageldien**, *Suez Canal University*
11.50 AM 12.05 PM	**Towards high intensity lipid lowering therapy** Xeedia *Dr.* **Wasim Omar**, *Al-Azhar University*

Session	Art of Diabetes Management	12.15 – 12.45 PM

Chairpersons, *in alphabetical order*

Prof. **Abdelraouf Eldeep**, *Suez Canal University*
Dr. **Basma Osman**, *Suez Canal University*
Dr. **Iman El Sherif**, *Suez Canal University*
Dr. **Omar Hassouna**, *Ismailia Medical Complex*
Dr. **Saeed Elsherbiny**, *ismailia medical syndicate*

12.15 PM 12.30 PM	**Sitagliptin/Metformin: Dual Combination for Tight Control** BioMED *Prof.* **Arafa Elshabrawy**, *Zagazig University*
12.30 PM 12.45 PM	**Unlocking the potential of insulin Degludec: Maximizing clinical benefits** novo nordisk *Prof.* **Ihab Salem**, *Zagazig University*

Coffee Break		12.45 – 01.15 PM

Session	SGLT2i multidisciplinary Approach	01.15 – 02.10 PM

Chairpersons, *in alphabetical order*

Prof. **Hamdy Selim**, *Suez Canal University*
Dr. **Hatem Ahmed Gharib**, *Suez Canal University*
Dr. **Ibrahim Amer**, *Ismailia Medical Complex*
Dr. **Mohamed Mashaly**, *Arab Contractor Hospital*
Prof. **Mohamed Kishawy**, *Suez Canal University*

01.15 PM 01.30 PM	**SGLT2i in Diabetes - From Guidelines to Practice** *Prof.* **Ihab Salem**, *Zagazig University*
01.30 PM 01.45 PM	**SGLT2i in HF - 'Empagliflozin across CRM patients'** *Dr.* **Fathy Ahmed**, *Suez Canal University*
01.45 PM 02.00 PM	**SGLT2i in CKD - "KDIGO Guidelines 2024"** *Dr.* **Basma Osman**, *Suez Canal University*

Session	Cardiovascular Continuum: Risk Factors & Progression	02.15 – 03.40 PM

Chairpersons, *in alphabetical order*

Prof. **Ahmed El-Ghalid**, *Suez Canal University*
Prof. **Fathy Maklady**, *Suez Canal University*
Prof. **Hanan Kamal**, *Suez Canal University*
Dr. **Omar Saleh**, *Suez Canal University*

02.15 PM 02.30 PM	**Effect of novel HF treatments on Blood Pressure** *Prof.* **Ahmed Farid**, *Suez Canal University*
02.30 PM 02.45 PM	**Valsartan and Blood pressure variability** NOVARTIS *Prof.* **Ahmed Salah Salem**, *Suez Canal University*
02.45 PM 03.00 PM	**Road to recovery "ACS Journey"** sanofi *Prof.* **Yasser El-Sayed**, *Al-Azhar University*
03.00 PM 03.15 PM	**Protecting NVAF Patients with Diabetes** BAYER *Dr.* **Omar Saleh**, *Suez Canal University*
03.15 PM 03.30 PM	**Nitrates in CCS … go to basics** MINAPHARM PHARMACEUTICALS *Prof.* **Ahmed Tageldien**, *Suez Canal University*

Session	Emerging Therapy in Metabolic Syndrome	03.30 – 04.30 PM

Chairpersons, *in alphabetical order*

Prof. **Ihab Salem**, *Zagazig University*
Prof. **Nashaat Soliman**, *Suez Canal University*
Prof. **Nader Elnemr**, *Suez Canal University*
Dr. **Omar Saleh**, *Suez Canal University*
Prof. **Seham Ahmed**, *Suez Canal University*

03.30 PM 03.45 PM	**NASH Management updates** *Prof.* **Fareed Fawzy**, *Zagazig University*
03.45 PM 04.00 PM	**Novel Therapeutic Strategies towards LDL-C management** sanofi *Dr.* **Mohamed El Merry**, *Suez Canal University*
04.00 PM 04.15 PM	**Finerenone: Questions and Answers** *Dr.* **Ayman Gad**, *Al-Azhar University*
04.15 PM 04.30 PM	**Diabetic Peripheral Neuropathy** ALESRAA *Dr.* **Usama Ragab**, *Zagazig University*

Session	Diabetes in Special Situation	04.30 – 05.15 PM

Chairpersons, *in alphabetical order*

Prof. **Abdel Hamid Serwah**, *Suez Canal University*
Prof. **Ahmed Yassin**, *SCA Hospital*
Prof. **Fareed Fawzy**, *Zagazig University*
Dr. **Safwat Abdelmaksoud**, *Head of the Ismailia Pharmacists Syndicate*
Prof. **Seham Ahmed**, *Suez Canal University*

04.30 PM 04.45 PM	**Diabetes and Stroke** *Dr.* **Iman El Sherif**, *Suez Canal University*
04.45 PM 05.00 PM	**Diabetes in Elderly** *Prof.* **Azza Hassan**, *Zagazig University*
05.00 PM 05.15 PM	**The unique Combo For The Complications of Type 2 Diabetes** EVA PHARMA *Prof.* **Mayada Moussa**, *Zagazig University*

Lunch		05.15 PM

Thursday 18th April 2024 | Main Hall (A)

Registration		09.30 – 10.00 AM
Session	**State of The Art**	10.00 – 10.50 AM

Chairpersons, *in alphabetical order*

Prof. **Ahmed Tageldien**, *Suez Canal University*
Prof. **Fareed Fawzy**, *Zagazig University*
Prof. **Hanan Kamal**, *Suez Canal University*
Prof. **Ihab Salem**, *Zagazig University*

10.00 AM 10.20 AM	**When to revascularize in CCS** *Prof.* **Nabil Farag**, *Ain Shams University*
10.20 AM 10.40 AM	**What's new in type 1 diabetes** *Prof.* **Mona Salem**, *Ain Shams University*

Session	Meet The Expert Diabetes Management	10.50 AM – 12.20 PM

Chairpersons, *in alphabetical order*

Prof. **Ihab Salem**, *Zagazig University*
Prof. **Mohamed Khattab**, *Cairo University*
Prof. **Talaat Abdelaty**, *Alexandria University*

10.50 AM 11.20 AM	**Future of Injectable anti-diabetes therapy** *Prof.* **Francesco Gorginio**, *Bari Aldo University - Italy*
11.20 AM 11.35 AM	**Are two better than one?** **Initial combination therapy in type 2 diabetes mellitus** sanofi *Prof.* **Ibrahim Ibrashy**, *Cairo University*
11.35 AM 11.50 AM	**Diabetes & Heart Failure case scenario, Exploring Definitions & Optimizing Management** sanofi *Prof.* **Magdy Helmy**, *Alexandria University*
11.50 AM 12.05 PM	**Clinical inertia and the rationale behind the use of triple therapy** ZETA PHARMA *Prof.* **Khaled Elhadidy**, *Beni Swaif University*

Session	Updates in Cardiovascular Medicine	12.20 – 01.30 PM

Chairpersons, *in alphabetical order*

Prof. **Ahmed El-Ghalid**, *Suez Canal University*
Prof. **Ahmed Tageldien**, *Suez Canal University*
Dr. **Islam Zakareya**, *Suez Canal University*
Prof. **Mohamed Al Noamany**, *Menofia University*

12.20 PM 12.35 PM	**Atherosclerotic Risk Stratification** *Prof.* **Sayed Farag**, *Zagazig University*
12.35 PM 12.50 PM	**Choose the one that matters.** SERVIER *Prof.* **Hesham Ammar**, *National Heart Institute*
12.50 PM 01.05 PM	**Shaping HF Landscape** ATCO *Prof.* **Emad Abdelhay**, *Mahalla Heart Center*
01.05 PM 01.20 PM	**Introducing Lokelma (SZC) - A New Era for hyperkalemia management** AstraZeneca *Prof.* **Moheb Magdy**, *Mansoura University*

Coffee Break		01.30 – 02.00 PM

Parallel Session I: Main Hall (A)

Session	Diabetes & Endocrinology Track	02.00 – 06.00 PM
Session	Male Hypogonadism	02.00 – 03.15 PM

Chairpersons, *in alphabetical order*

Prof. **Fareed Fawzy**, *Zagazig University*
Prof. **Ihab Salem**, *Zagazig University*
Prof. **Khaled Elhadidy**, *Beni Swaif University*
Dr. **Usama Ragab,** *Zagazig University*

02.00 PM 02.15 PM	**Erectile Dysfunction, Endocrinology POV** *Prof.* **Mohamed Shawky**, *Benha University*
02.15 PM 02.30 PM	**Erectile Dysfunction, Urology POV** *Prof.* **Ahmed El-Sakka**, *Suez Canal University*
02.30 PM 02.45 PM	**Role of Sitagliptin in management newly diagnosed T2D patients** MSD *Prof.* **Hisham Elhefnawy**, *Ex Dean of National Diabetes Institute* *Head of National Diabetes & NCDs Committee*
02.45 PM 03.00 PM	**Oral Semaglutide, the first and only oral GLP-1RA** novo nordisk *Prof.* **Mohamed Yakout**, *Mansoura University*
03.00 PM 03.15 PM	**Simplify living with diabetes** EVA PHARMA *Prof.* **Yaser Abdelraouf**, *Tanta University*

Session	Art of Obesity Management	03.15 – 04.00 PM

Chairpersons, *in alphabetical order*

Prof. **Mayada Moussa**, *Zagazig University*
Prof. **Mesbah Kamel**, *Consultant of Diabetes*
Prof. **Mohamed Yakout**, *Mansoura University*
Prof. **Yaser Abdelraouf**, *Tanta University*

03.15 PM 03.30 PM	**Obesity Management Guidelines** *Prof.* **Elsayed Abdel Fattah**, *Delta University*
03.30 PM 03.45 PM	**Liraglutide 3.0 mg: A paradigm shift in obesity management** novo nordisk *Prof.* **Hossam Ghazy**, *Mansoura University*
03.45 PM 04.00 PM	**Beating Obesity: Uniting Paths Against Diabetes** EVA PHARMA *Prof.* **Ihab Salem**, *Zagazig University*

Session	Thyroid Disease Management	04.00 – 04.45 PM

Chairpersons, *in alphabetical order*

Dr. **Iman El Sherif**, *Suez Canal University*
Prof. **Mesbah Kamel**, *Consultant of Diabetes*
Prof. **Mohamed Shawky**, *Benha University*
Dr. **Saad Elalamy**, *Consultant of Diabetes*

04.00 PM 04.15 PM	**Refractory Hypothyroidism** *Prof.* **Ghada El Khattib**, *Assiut University*
04.15 PM 04.30 PM	**Congenital Hypothyroidism** *Prof.* **Mona Karem**, *Suez Canal University*
04.30 PM 04.45 PM	**Pharmacological treatment of Graves' disease** *Prof.* **Eman Elshorbagy**, *Zagazig University*

Session	Nonpharmacological Management of thyroid diseases	04.45 – 05.30 PM

Chairpersons, *in alphabetical order*

Prof. **Eman Elshorbagy**, *Zagazig University*
Prof. **Ghada Elkhattib**, *Assiut University*
Prof. **Ihab Salem**, *Zagazig University*
Prof. **Shaimaa Farouk**, *Zagazig University*

04.45 PM 05.00 PM	**Surgical management of differentiated thyroid carcinoma** *Prof.* **Wael Lotfy**, *Zagazig University*
05.00 PM 05.15 PM	**Radioactive iodine therapy in thyroid disorders (Questions and Answers)** *Dr.* **Mahmoud Ezzat**, *Al-Azhar University*
05.15 PM 05.30 PM	**Thyroid Ablation Therapy** *Prof.* **Hossam Ghazy**, *Mansoura University*

Closing Remarks		05.30 PM

Lunch		06.00 PM

Parallel Session II: Cardiovascular & Intervention Track — Hall (B)

Session	Challenging Cases in Cardiovascular Disease & Intervention	02.00 – 06.00 PM
Session	Left Main & ACS Intervention	02.00 – 03.40 PM

Moderators, *in alphabetical order*

Prof. **Ahmed El-Ghalid**, *Suez Canal University*
Dr. **Emad Abdel-Hay**, *Mahalla Medical Institute*
Prof. **Hesham Hegazy**, *Suez Canal University*
Prof. **Mohamed Oraby**, *Suez Canal University*
Prof. **Mohamed Salama**, *Kafr El-Shaikh University*
Dr. **Omar Saleh**, *Suez Canal University*
Dr. **Osama Shoeib**, *Tanta University*

02.00 PM 02.15 PM	**Case 1** *Prof.* **Mohamed Setaiha**, *Tanta University*
02.15 PM 02.30 PM	**Case 2** *Prof.* **Ahmed Emara**, *Menofia University*
02.30 PM 02.45 PM	**Case 3** *Prof.* **Ali Yousef**, *Suez Canal University*
02.45 PM 03.00 PM	**Case 4** *Prof.* **Shady Husain**, *Mansoura University*
03.00 PM 03.15 PM	**Can we compromise in the management of very high-risk patients** AstraZeneca *Prof.* **Yasser Zaghary**, *Al-Azhar University*
03.15 PM 03.30 PM	**Triglycerides…The Hidden Box** Abbott *Dr.* **Fathy Ahmed**, *Suez Canal University*

Session	Structural Intervention and Coronary Intervention in HF Patients	03.40 – 05.00 PM

Moderators, *in alphabetical order*

Prof. **Ali Yousef**, *Suez Canal University*
Prof. **Hesham Hegazy**, *Suez Canal University*
Prof. **Moheb Magdy**, *Mansoura University*
Prof. **Mohamed Setaiha**, *Tanta University*

03.45 PM 04.00 PM	**Case 1** *Prof.* **Taymoor Mostafa**, *Tanta university*
04.00 PM 04.15 PM	**Case 2** *Prof.* **Mohamed Zahran**, *Ain Shams University*
04.15 PM 04.30 PM	**Case 3** *Prof.* **Mahmoud Sabbah**, *Suez Canal University*
04.30 PM 04.45 PM	**Case 4** *Dr.* **Abdelrahman Afifi**, *Aswan Heart center*
04.45 PM 05.00 PM	**Sacubitril/valsartan across Heart Failure Spectrum** NOVARTIS *Dr.* **Mohamed Imam**, *National Heart Institute*

Session	My Early Career Intervention	05.00 – 06.00 PM

Moderators, *in alphabetical order*

Prof. **Ali Yousef**, *Suez Canal University*
Prof. **Ahmed Sabry Elshamy**, *Military Academy*
Dr. **Osama Elsherpiny**, *Suez Canal Authority*
Dr. **Ramy Atlam**, *Tanta University*
Prof. **Taymoor Mostafa**, *Tanta University*
Prof. **Yasser Zaghary**, *Al-Azhar University*

05.00 PM 05.15 PM	**Case 1** *Dr.* **Mohamed Ramadan**, *Tanta University*
05.15 PM 05.30 PM	**Case 2** *Dr.* **Mahmoud Saad**, *Suez Canal University*
05.30 PM 05.45 PM	**Case 3** *Dr.* **Mohamed Solyman**, *Ismailia Medical Complex*
05.45 PM 06.00 PM	**Case 4** *Dr.* **Abdallah Atteya**, *Suez Canal Authority*

Lunch		06.00 PM

Friday 19th April 2024 | Main Hall (A)

Registration		09.30 – 10.00 AM

Session	Pituitary Session	10.00 – 11.00 AM

CHAIRPERSONS, in alphabetical order

Prof. **Ayman El Gendy**, *Port Said*
Dr. **Elsayed Ghoniemy**, *Ain Shams University*
Prof. **Ihab Salem**, *Zagazig University*
Dr. **Usama Ragab**, *Zagazig University*

10.00 AM	**Cushing Syndrome**
10.15 AM	*Prof.* **Mayada Moussa**, *Zagazig University*
10.15 AM	**Diabetes Insipidus**
10.30 AM	*Prof.* **Khalid Elbanna**, *Zagazig University*
10.30 AM	**Prolactinoma**
10.45 AM	*Prof.* **Ashraf Talaat**, *Damietta University*
10.45 AM	**Acromegaly**
11.00 AM	*Prof.* **Wael Farrag**, *Tanta University*

Session	State of Art Endocrine	11.00 – 11.45 AM

CHAIRPERSONS, in alphabetical order

Prof. **Ashraf Talaat**, *Damietta University*
Prof. **Ihab Salem**, *Zagazig University*
Prof. **Mayada Moussa**, *Zagazig University*
Prof. **Mohamed Reda Halawa**, *Ain Shams University*

11.00 AM	**Endocrinology Clinical Vignette**
11.20 AM	*Prof.* **Samir Naim Assaad**, *Alexandria University*
11.20 AM	**Hyperparathyroidism: from Guidelines to clinical practice**
11.40 AM	*Prof.* **Aliya Khan**, *Professor of Medicine, McMaster University, Canada.*

Jomaa Prayer & Break		12.00 – 01.30 PM

Session	Heart Failure & Ischemia: Challenges and Therapies	01.30 – 03.00 PM

CHAIRPERSONS, in alphabetical order

Prof. **Ahmed Tageldien**, *Suez Canal University*
Prof. **Mahmoud Sabbah**, *Suez Canal University*
Dr. **Mohamed Abdelshafi**, *Suez Canal University*
Prof. **Mohamed Setaiha**, *Tanta University*

01.30 PM 01.50 PM	**GDMT for HFrEF: sequencing strategies and barriers for life-saving drug therapy** *Prof.* **Athanasios J. Manolis**, *Athens University – Greece*
01.50 PM 02.05 PM	**IHD: Medical treatment works! Contemporary implementation into clinical practice** *Prof.* **Ahmed Tageldien**, *Suez Canal University*
02.05 PM 02.20 PM	**Amyloidosis: Tafamidis can help!** Pfizer *Prof.* **Walid Awady**, *Zagazig University*
02.20 PM 02.35 PM	**Dapagliflozin: Revolutionizing Heart Failure** AstraZeneca *Dr.* **Mohamed Eltohfa**, *National Heart Institute of Damanhour*

Session	Medical Nutrition Therapy in Metabolic Syndrome	03.00 – 03.30 PM

CHAIRPERSONS, in alphabetical order

Prof. **Ihab Salem**, *Zagazig University*
Prof. **Mayada Moussa**, *Zagazig University*
Prof. **Mohamed Hegazy**, *Menofia University*

03.00 PM 03.25 PM	**Metabolic Syndrome! How should we select the nutritional plan?** *Prof.* **Amr Abdelmonem**, *Cairo University*

Session	Diabetes Type II Management: Diabetologist vs. Cardiologist Perspectives	03.30 – 04.00 PM

CHAIRPERSONS, in alphabetical order

Dr. **Ahmed Mossad**, *Suez Canal University*
Dr. **Ashraf Solyman**, *Al-Ahrar Teaching Hospital*
Dr. **Omar Hassona**, *Ismailia Medical Complex*
Prof. **Wael Farrag**, *Tanta University*

03.30 PM 03.45 PM	**Dapagliflozin: game changer in T2DM management** *Prof.* **Mohamed Reda Halawa**, *Ain Shams University*
03.45 PM 04.00 PM	**A tale of two Drugs: Dual Action and Dual Potential** *Dr.* **Mohamed Abdelshafi**, *Suez Canal University*

Session	Diabetes Technology	04.00 – 05.15 PM

CHAIRPERSONS, in alphabetical order

Dr. **Ahmed Elsawaf**, *Al-Azhar University*
Prof. **Mayada Moussa**, *Zagazig University*
Prof. **Mona Karem**, *Suez Canal University*
Dr. **Usama Ragab**, *Zagazig University*

04.00 PM 04.15 PM	**Continuous Glucose Monitoring "CGM" Guidelines** *Dr.* **Hossam Hosny**, *National Diabetes Institute*
04.15 PM 04.30 PM	**Insulin Pump Therapy Overview** *Dr.* **Bahaa Sharaf**, *Behera Health Authority*
04.30 PM 04.45 PM	**Case 1** *Dr.* **Amr Omar**, *National Diabetes Institute*
04.45 PM 05.05 PM	**Case 2** *Dr.* **Michael Edwar**, *Zagazig University* *Dr.* **Ahmed Noufal**, *Zagazig University*

Closing Remarks		05.15 AM

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