The Egyptian Psychiatric Association

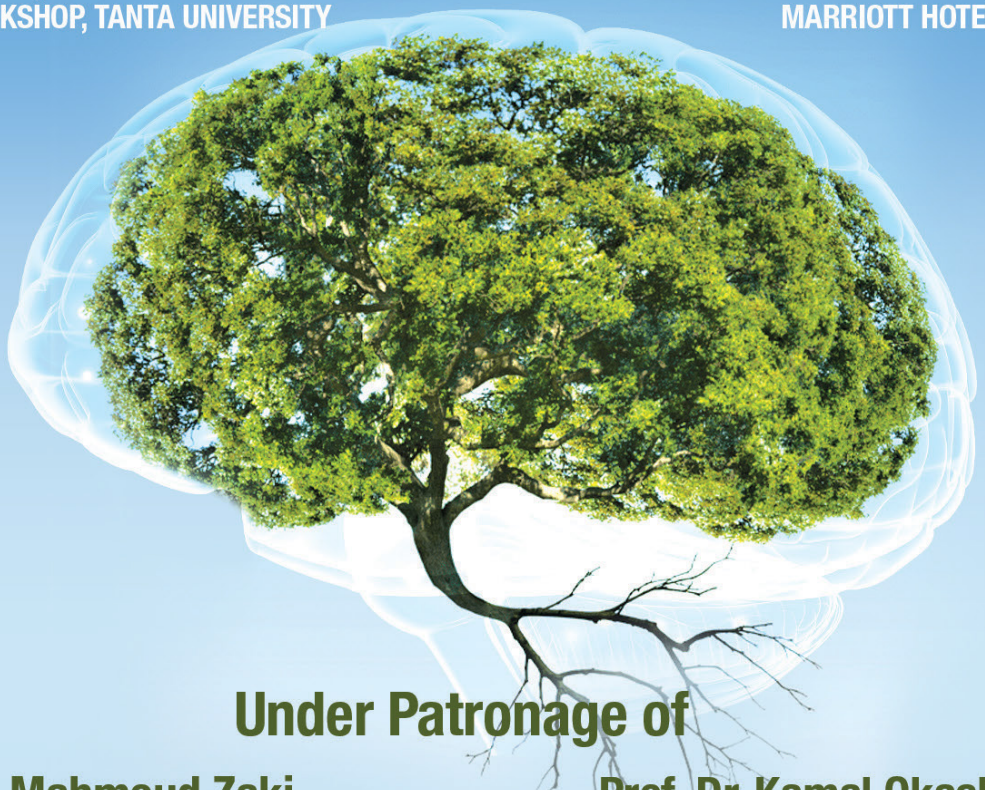
6TH ANNUAL CONFERENCE OF PSYCHIATRY / NEUROPSYCHIATRY DEPARTMENT, TANTA UNIVERSITY

"IN THE CELEBRATION OF **THE GOLDEN JUBILEE OF TANTA UNIVERSITY**"
IN COLLABORATION WITH **THE EGYPTIAN PSYCHIATRIC ASSOCIATION**

"MODELS OF CARE IN PSYCHIATRY"

AUGUST 9TH, 2022
PRE-CONFERENCE WORKSHOP, TANTA UNIVERSITY

AUGUST 11TH, 2022
MARRIOTT HOTEL, CAIRO



Under Patronage of

Prof. Dr. Mahmoud Zaki
President of Tanta University

Prof. Dr. Kamal Okasha
Vice President for Graduate Studies Affairs

Prof. Mohamed Hanteera
Acting Dean, Faculty of Medicine, Tanta University

Honorary Presidents

Prof. Ahmed Okasha
Past President of World Psychiatry Association

Prof. Momtaz Abd El-Wahab
President of Egyptian Psychiatry Association

Prof. El Sayed Gad
Professor of Neuropsychiatry

Conference President

Prof. Dr. Hosam El-Sawy
Head of Neuropsychiatry Department

DAY 1
Tuesday 9th August, 2022
Psychiatry Center, Tanta University

08:30-09:00 am	Registration

TIME	HALL A	HALL B
09.00 am -11.30 am	**Workshop 1** Forensic Psychiatry **CHAIRPERSONS:** *Prof.* ***Ahmed Mubarak*** *Prof.* ***Adel Badawy*** **Speaker and Organizer:** *Prof.* ***Mohamed Abdel-Hay*** **Aim:** Introduction to basic concepts in forensic psychiatry Haw to avoid legal problems in clinical practice Writing a forensic report **Practical Training:** Haw to write a forensic report?	**Workshop 2** CBT in anxiety and panic disorders **CHAIRPERSONS:** *Prof.* ***Gamal Shamma*** *Prof.* ***Mai issa*** *Prof.* ***Mohamed Sleem*** **Speaker and organizer:** *Dr.* ***Noha Fenon*** *Dr.* ***Mai Salem*** **Aim:** detection of cognitive deficits in anxiety and panic disorders **Practical training:** Steps for CBT in panic and anxiety
11.30 am 12.00 pm	**Coffee break**	
12.00 pm-02.00 pm	**Workshop3** Acceptance and commitment therapy, Basics and beyond **Organizer:** *Dr.* ***Noha Fenon*** **Speaker Trainer:** ***Hebat Allah Sobhy El Sayed*** Ass lecturer of clinical psychology Faculty of Arts- Tanta University	

DAY 2
Thursday 11th August, 2022

TIME	HALL A
10.00 am- 11.00 am	**Workshop 1** Student Mental Health Session (Tanta University Experience) **CHAIRPERSONS:** *Prof.* ***Ahmed Mubarak,*** Professor of Neuropsychiatry, Tanta University *Prof.* ***Mohamed Seleem,*** Professor of Neuropsychiatry, Tanta University **Moderators** *Prof.* ***Hosam Elsawy*** Professor and Head of Neuropsychiatry Department, Tanta University **Speaker** *Prof.* ***Aya Elneanaey,*** Assistant Lecturer of Neuropsychiatry, Tanta university **Safe Student Clinic. our Services** *Prof.* ***Mostafa Mamdouh*** Lecturer of Neuropsychiatry, Tanta University Mental help Seeking amount Tanta University Students



TIME	HALL A
	SESSION 1
	CHAIRPERSONS: *Prof.* ***Ayman El Hadad*** Professor of Psychiatry, Menofia University *Prof.* ***Ehab Ramadan,*** Professor of Neuropsychiatry, Kafer Elshikh University *Prof.* ***Mai Issa*** Professor of Neuropsychiatry, Tanta university *Prof.* ***Warda Fathy*** Professor of psychiatry, Mansoura university
11.00 am 11.20 am	**Improving the Recognition and Management of Insomnia** *Prof.* ***Mohamed Elwasify*** Assistant Professor of Psychiatry, Mansoura University
11.20 am 11.40 am	**Update OCD: الجديد في الاليات النفسية الكامنة وراء الوسواس القهرى؟** **Psychological Mechanisms Underlying** *Prof.* ***Wael Abou hindy*** Professor of Psychiatry, Zagazig University
11.40 am 12.00 pm	**Normality and Psychiatry** *Prof.* ***Ahmed Saad*** Professor of Psychiatry, Faculty of Medicine, Ain Shams University
12.00 pm- 12.30 pm	**Opening Session** Quran Kareem & National Anthem *Prof.* ***Hosam ElSawy*** Head of Neuropsychiatry department, Tanta University *Prof.* ***Mahmoud Zaki*** President Of Tanta University *Prof.* ***Manal Alatar*** President of the National Council of Mental Health *Prof.* ***Mohamed Hanteera*** Acting Dean of Faculty of Medicine Tanta University *Prof.* ***Momtaz Abdel-Wahab*** Professor of Psychiatry, Cairo University President of The Egyptian Psychiatric Association
12:30 pm 01:00 pm	**Coffee break**

TIME	HALL A
PLENARY LECTURE 1	
01.00 pm- 01.30 pm	**CHAIRPERSONS:** *Prof.* ***Elsayed Gad*** Professor of Neuropsychiatry, Tanta University *Prof.* ***Hosam Elsawy*** Head of Neuropsychiatry Department, Tanta University *Prof.* ***Mustafa Shaheen*** Professor of Psychiatry, Cairo university *Prof.* ***Salwa Tobar,*** Professor and head of psychiatry department, Mansoura university **Psychiatric Models: Biological / Psychological and Sociocultural Perspectives** *Prof.* ***Afaf Hamed*** Professor of Psychiatry, Ain Shamus University President of The Egyptian Association Of Psychiatric Services And Rehabilitations

TIME	HALL A
PLENARY LECTURE 2	
01.30 pm-02.00 pm	**CHAIRPERSONS:** *Prof.* ***Afaf Hamed*** Professor of Psychiatry, Ain Shamus University *Prof.* ***Ashraf Tantawy*** Professor and Head of Neuropsychiatry Department, Suez Canal university *Prof.* ***Gamal Shama*** Professor of Neuropsychiatry, Tanta university *Prof.* ***Hosam Elsawy*** Professor and Head of Neuropsychiatry, Tanta University **Finding Evidence of Evidence in Psychiatry: A Call for Action** *Prof.* ***Mohamed AbdelHay*** Professor of Neuropsychiatry, Tanta University

TIME	HALL A

SESSION 5

CHAIRPERSONS:

Prof. ***Ahmed Mubarak*** Professor of neuropsychiatry, Tanta university university
Prof. ***Medhat Bassiouny*** Professor of Psychiatry, Zagazig university
Prof. ***Menan Abdelmaksoud***
Secretary-General of the General Secretariat for Mental Health and Addiction Treatment
Prof. ***Salwa Tobar***
Professor and head of Psychiatry department, Mansoura university
Prof. ***Victor Sami*** Professor of Psychiatry, Banha University

02.00 pm – 02.30 pm **The untold story of Biology of CBT?**
Prof. ***Hisham Ramy***
Professor of Psychiatry, Ain Shamus University

02.30 pm – 03.00 pm **Care of psychiatric patient in emergency rooms of general hospitals**
Prof. ***Ahmed Mubarak***
Professor of Neuropsychiatry, Tanta University

TIME	HALL A

SESSION 3 *(Bipolar Disorders)*

CHAIRPERSONS:

Prof. ***Adel Badawy*** Professor and head of Psychiatry, Tanta university
Prof. ***Hosny Awad*** Major General and Head of Psychiatry Department
Prof. ***Yasser Abo Raya*** Professor of Psychiatry Zagazig university

03.00 pm – 03.15 pm **Neuroprogression and Staging Model of Bipolar Disorder**
Prof. ***Mai Eissa***
Professor of Psychiatry, Tanta university

03.15 pm – 03.30 pm **Challenges for Resilience in Bipolar Disorder**
Prof. ***Wafaa Hagag***
Professor of Psychiatry, Suez Canal University

03.30 pm – 03.45 pm **Default Mood Brain Network**
Prof. ***Lamia El-Hamarawy***
Professor of Psychiatry, Menofya University

03.45 pm – 04.00 pm **Cognitive Deficits in Schizophrenia Vs Mood Disorder**
Prof. ***Salwa Tobar***
Professor and Head of Psychiatry Department, Mansoura University.

TIME	HALL A
SESSION 4 *(Meet the Experts)*	
	CHAIRPERSONS: *Prof.* ***Hanan Elshenawy*** Professor of psychiatry, Cairo University *Prof.* ***Mohamed Abdelhay*** Professor of Psychiatry, Tanta University *Prof.* ***Mohamed Adel Elhadidy*** Professor of Psychiatry Department, Mansoura University
04.00 pm 04.15 pm	**Self-Harm: Scream of Help** *Prof.* ***Hanan El Shenawy*** Professor of Psychiatry, Cairo University
04.15 pm 04.30 pm	**New Insights into Perinatal Depression And Risk of Suicide and Infanticide** *Prof.* ***Magda Fahmy*** Professor of Psychiatry, Suez Canal University
04.30 pm 04.45 pm	**Suicide in the Egyptian culture** *Prof.* ***Adel Badawy*** Professor of Psychiatry, Tanta University
04.45 pm 05.05 pm	**Janssen Symposia**
05.05 pm 05.15 pm	**Symposium**

TIME	HALL A
SESSION 10	
	CHAIRPERSONS: *Prof.* ***Amira Foad*** Professor of Psychiatry, Zagazig university *Prof.* ***Majed Baheyel-Din*** Major General in Armed Forces Hospitals *Prof.* ***Wafaa Elbahaey*** Professor of Psychiatry, Mansoura university
05.15 pm 05.30 pm	**Cancer and Mental Health: How Can Your Mind Help Your Body!** *Prof.* ***Nivert Zaki*** Professor of Psychiatry – Ain Shams University
05.30 pm 05.45 pm	**Depression and Pain** *Prof.* ***Alaa Darwish*** Professor of Psychiatry Assiut University
05.45 pm 06.00 pm	**Advance Your Research in Psychiatry: Good Writing of Scientific Paper** *Prof.* ***Mohammad Gamal Sehlo*** Professor of Psychiatry, Zagazig University

TIME	HALL A

SESSION 6

CHAIRPERSONS:

Prof. ***Adel Badawy*** Professor of psychiatry, Tanta University
Prof. ***Ehab Ramadan*** Professor of psychiatry, Kafer El Shikh University
Prof. ***Hosam Elsawy*** Professor and head of neuropsychiatry, Tanta University

06.00 pm 6.15 pm	**Dual Diagnosis in Clinical Practice** *Prof.* ***Soheir El Ghonaimy*** Professor of Psychiatry, Ain Shamus University
06.15 pm 06.30 pm	**Psychedelic Drugs for Mental Illness Management** *Prof.* ***Mohamed Adel Al Hadidy*** Professor of psychiatry, Mansoura university
06.30 pm 06.45 pm	**Synthetic Opiates Use In Women: The Diseases of Desperate House Wives** *Prof.* ***Rania Mamdouh*** Assist Professor of Psychiatry, Cairo University
06.45 pm 07.00 pm	**Sadomasochism a Phenomena Rather Than a Disorder** *Dr.* ***Nasser Zahran, MD.*** G. M. of AH Psychiatric Center at GSMHAT

TIME	HALL B

SESSION 7

CHAIRPERSONS:

Prof. ***Gamal Shama***
Professor of Neuropsychiatry, Tanta university
Prof. ***Mohamed Sehlo***
Professor of Psychiatry, Zagazig university

10.00 am 10.20 am	**Models of Mental Health care for Older Adults** *Prof.* ***Wesam Gareeb*** Lecturer of Psychiatry, Tanta University
10.20 am 10.40 am	**Autoimmune Dementias** *Prof.* ***Ehab Shawky*** Professor of Neurology, Tanta University
10.40 am 11.00 am	**Mild Cognitive Impairment in Clinical Practice** *Prof.* ***Mohamed Metwally*** Professor of psychiatry, Mansoura University

TIME	HALL B
SESSION 8	
11.00 am 11.30 am	**Brain, Mind, Body, Relationships Lasting Changes After Trauma** **CHAIRPERSONS:** *Prof.* ***Adel Badawy*** Professor of psychiatry, Tanta university *Prof.* ***Usama Yousef*** Professor of psychiatry, Zagazig university **Speaker:** *Dr.* ***Ahmed Dobei*** Consultant Psychiatrist; Mansoura University
11.30 am 12.00 pm	**Life Stress Management program Speaker:** *Dr.* ***Alaa Fargaly*** Consultant Psychiatrist
12:00 pm 12:30 pm	**Opening session**
12:30 pm 01:00 pm	**Coffee break**

TIME	HALL B
SESSION 9	
	Title: Child and Adolescent Psychiatry in Egypt: New Models of Diagnosis and Management Part 1: **CHAIRPERSONS:** *Prof.* ***Mohammad Abdel-Hay*** Professor of Psychiatry – Tanta University *Prof.* ***Safya Effat*** Professor of Psychiatry – Ain Shams University
02.00 pm 02.20 pm	**Anxiety Disorders in Children: Diagnosis and Management** *Prof.* ***Safya Effat*** Professor of Psychiatry – Ain Shams University
02.20 pm 02.40 pm	**Resilience in Children and Adolescents from Theory to Practice** *Prof.* ***Hanan Azzam*** Professor of Psychiatry – Ain Shams University
02.40 pm 03.00 pm	**Digital Approaches to ADHD** *Prof.* ***Heba Essam*** Professor of Psychiatry – Alexandria University
03.00 pm 03.30 pm	**Abbott Symposium**

TIME	HALL B

SESSION 10

Title: Child and Adolescent Psychiatry in Egypt: New Models of Diagnosis and Management Part 2:

CHAIRPERSONS:

Prof. ***Mohammad Seleem*** Professor of Psychiatry – Tanta University
Prof. ***Soad Moussa*** Professor of Psychiatry – Cairo University
Prof. ***Shewekar Elbakry*** Professor of Psychiatry – Benha University

03.30 pm 3.50 pm — **Sensory Integration and its Importance in Autism Spectrum Disorder**
Prof. ***Hala El Boraey***
Professor of Psychiatry department, Mansoura University.

03.50 pm 04.10 pm — **Caregiver Skills Training for Families with autistic Children and Developmental Delay**
Prof. ***Eman Gaber***
Head of the Children and Young People Department, at the General Secretariat of Mental Health and Addiction Treatment

04.10 pm 04.30 pm — **Categorical Versus Dimensional Psychopathology in Child Psychiatry: The Egyptian Normative Sample for Child Behavior Checklist**
Prof. ***Mohammad Seleem,***
Professor of Psychiatry, Tanta University
Parenting Discipline Styles and Child Psychopathology in A Clinical

04.30pm 04.50 pm — **Sample of Egyptian Children**
Prof. ***Reham Amer,***
Assistant Professor of Psychiatry, Tanta University

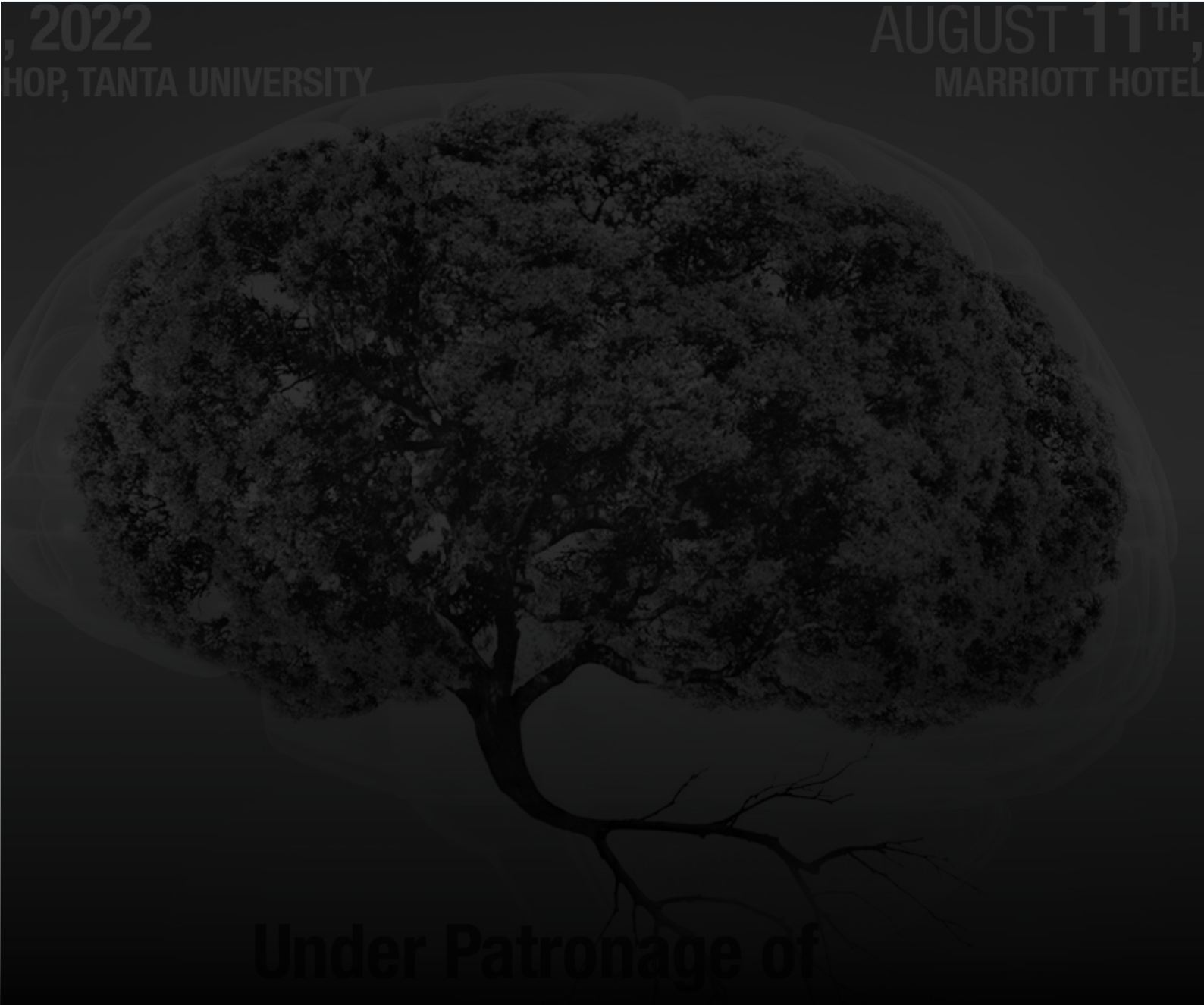


TIME	HALL B
SESSION 11	
	CHAIRPERSONS: *Prof.* ***Hala El Boraey*** Professor of Psychiatry department, Mansoura University *Prof.* ***Mohammad Seleem*** Professor of Psychiatry, Tanta University *Prof.* ***Wlaa Hosny*** Professor of psychiatry, Ain Shamus university
04.50 pm 05.10 pm	**Family-Based Psychosocial Intervention for Pediatric-oncology** *Prof.* ***Tagreed Elshafie*** Professor and head of Psychiatry department, Al-Azhar University
05.10 pm 05.30 pm	**Childhood Irritability** *Prof.* ***Nelly Rafaat*** Professor of psychiatry, Zagazig university
05.30 pm 05.50 pm	**ADHD Treatment: What is now?** *Prof.* ***Mahmoud Elwasify*** Professor of Psychiatry, Mansoura University.

TIME	HALL B
SESSION 12	
	CHAIRPERSONS: *Prof.* ***Haiam Fathy*** Professor of Psychiatry department, Mansoura University *Prof.* ***Lamia Alhamarawy*** Professor of psychiatry, Menofya university *Prof.* ***Usama Yousef*** Professor of psychiatry, Zagazig university
05.50 pm 06.10 pm	**Raising a Mazing Child By Understanding Neuroscience** *Prof.* ***Walaa Hosny***
06.10 pm 06.30 pm	**Borderline Personality Disorder in Teens** *Prof.* ***Reda Ismael*** Professor of Psychiatry, Al Azhar University
06.30 pm 06.50 pm	**Childhood Panic of Covid** *Prof.* ***Shewekar Albakry*** Professor of Psychiatry, Benha University
06.50 pm 06.10 pm	**Management Strategies for Abused Children :From Victim to Survivor** *Prof.* ***Hala Taha*** Professor of Psychiatry, Al Azhar University
End of the Day and Dinner	

, 2022
HOP, TANTA UNIVERSITY

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