7TH ESMA International Conference

Egyptian Society of Metabolic Syndrome

"OVERCOMING TREATMENT INERTIA IN CRM DISEASE"

16-18 APRIL 2025 - TOLIP EL FORSAN HOTEL, ISMAILIA

DIABETES MELLITUS | NAFLD | KIDNEY DISEASE | OBESITY | HYPERTENSION | LIPID DISORDERS | CARDIOVASCULAR DISEASE



CONFERENCE CHAIRMEN



Prof. Ihab Salem
President of ESMA
Former Head of the Endocrinology Unit, Zagazig University



Prof. Ahmed Tageldien
Vice President of ESMA
Director of Cardiology Unit, Specialized Hospital,Suez-Canal University



GUEST SPEAKERS



Prof. Thomas Leusher

MD, FRCP
Professor of Cardiology, King's College and Director of Research, Education & Development, Consultant Cardiologists, Royal Brompton and Harefield Hospitals, London, U.K. and Centre for Molecular Cardiology, University of Zurich, Switzerland



Prof. Osama Hamdy

Harvard University, USA



Prof. John GF Cleland

School of Cardiovascular & Metabolic Health, University of Glasgow, United Kingdom



Prof. Francisco Giorgino

M.d., Ph.d.
Professor of Endocrinology
Department of Precision and Regenerative Medicine and Ionian Area Section of Internal Medicine, Endocrinology, Andrology and Metabolic Diseases



Prof. Aliya Khan

MD, FRCPC, FACP, FACE, FASBMR
Professor of Clinical Medicine
Director, Calcium Disorders Clinic
Director, Fellowship in Metabolic Bone Disease
McMaster University
Hamilton, Ontario, Canada



Prof. Dimitrios Goulis

Professor of Reproductive Endocrinology, Aristotle University of Thessaloniki

CONFERENCE BOARD



Prof. Mohamed Abdelghany
Cairo University



Prof. Gamila Nasr
Suez Canal University



Prof. Megahed Abu Elmagd
Mansoura University



Prof. Khaled El-Hadidy
Beni-Swaif University



Prof. Mohamed Setiha
Tanta University



Prof. Ayman Saleh
Ain Shams University



Prof. Mohamed Reda Halawa,
Ain Shams University



Prof. Manal Elmasry
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Prof. Ahmed Ghalid
Suez Canal University



Prof. Hesham Hegazy
Suez Canal University



Prof. Mamdouh El Nahhas
Port Said University



Prof. Fareed Fawzy,
Zagazig University

ORGANIZING COMMITTEE



Prof. Mayada Moussa
Zagazig University



Dr. Omar Saleh
Suez Canal University



Dr. Usama Ragab
Zagazig University



Dr. Omar Hassouna
Egypt Health Care Authority



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Suez Canal University



Dr. Basma Osman
Suez Canal University



Dr. Mohamed El Gihany
Fakus Hospital



Prof. Khaled El-Banna
Zagazig University



Dr. Ahmed Noufal
Zagazig University



Dr. Hossam Hosni
National Diabetes Institute



Dr. Ahmed Elsawaf
Al-Azhar University



Dr. Ibrahim Hagras
Al Ahrar Teaching Hospital

Welcome on Board

Cardiovascular-Renal-Metabolic (CRM) health reflects the complex interplay among metabolic risk factors, diabetes, chronic kidney disease and the cardiovascular system, significantly impacting global morbidity and mortality.

To address these challenges, we have launched this scientific program, empowering clinicians to enhance patient outcomes. The 7th international ESMA conference 16-18 April 2025 will deliver cutting-edge education, uniting global thought leaders in cardiology, diabetology, endocrinology and nephrology. Our topic this year (Overcoming Inertia in CRM Management) will address many essential topics by eminent international and Egyptian faculty speakers who will share their thoughts and experience in CRM Management. ESMA is still empowering its slogan (Together We Do Better).

Conference Chairman
Prof. **Ihab Salem**
President of ESMA
Former Head of the Endocrinology Unit
Zagazig University

Conference Co-Chairman
Prof. **Ahmed Tageldien**
Vice President of ESMA
Director of Cardiology Unit
Specialized Hospital, Suez-Canal University

Diabetes & Endocrinology Faculty, in alphabetical order

Prof. **Abdelhamid Serwah**, Suez Canal University	Prof. **Kamel Hemaida**, Alexandria University
Prof. **Abdelraouf Eldeep**, Suez Canal University	Prof. **Khaled El-Banna**, Zagazig University
Prof. **Adel Hassan**, Suez Canal University	Prof. **Khaled El-Hadidy**, Beni-Swaif University
Dr. **Ahmed Elkolaly**, Zagazig University	Prof. **Khaled Hadhoud**, Zagazig University
Dr. **Ahmed El-Sawaf**, National Diabetes Institute	Dr. **Mahmoud Elsayed**, Suez Petroleum Medical Center
Dr. **Ahmed Hemida**, Suez Petroleum Medical Center	Prof. **Mamdouh El Nahhas**, Port Said University
Dr. **Ahmed Mosaad**, Suez Canal University	Prof. **Manal Elmasry,** Cairo University
Dr. **Ahmed Noufal**, Zagazig University	Prof. **Mayada Moussa**, Zagazig University
Dr. **Ahmed Sabaawy**, National Diabetes Institute	Prof. **Megahed Abu Elmagd**, Mansoura University
Dr. **Ahmed Yassin**, SCA Hospitals	Dr. **Mesbah Kamel**, Minia MOH
Prof. **Alaa Wafa**, Mansoura University	Prof. **Mohamed Abdelghany**, Mansoura University
Prof. **Aliya Khan**, Professor of Medicine, McMaster University, Canada	Prof. **Mohamed Awad**, Zagazig University
Prof. **Arafa Shabrawy**, Zagazig University	Dr. **Mohamed Elgehany**, Fakous Hospital
Prof. **Azza Hassan**, Zagazig University	Dr. **Mohamed Gerish**, Suez Canal University
Dr. **Basma Osman**, Suez Canal University	Prof. **Mohamed Reda Halawa**, Ain Shams University
Prof. **ELsayed Abdelfattah**, Delta University	Prof. **Mohamed Keshawi**, Suez Canal University
Dr. **Elsayed Ghoniemy**, Ain Shams University	Dr. **Mohamed Mashaly**, Arab Contractors Hospitals
Prof. **Eman Mahmoud**, Al Azhar University	Prof. **Mohamed Shawky**, Benha University
Prof. **Eman Sarhan**, Ain Shams University	Prof. **Mohamed Yakout**, Mansoura University
Prof. **Fareed Fawzy**, Zagazig University	Prof. **Mona Karem**, Suez Canal University
Prof. **Francesco Giorginio**, Bari Aldo University - Italy	Prof. **Nagwa Sami,** Zagazig University
Prof. **Ghada El-Khatib**, Assuit University	Dr. **Saeed Elsherbiny**, Ismailia MOH
Prof. **Hamdy Hassan**, Suez Canal University	Dr. **Sameh Elzaki**, Suez Canal University
Prof. **Hamdy Selim**, Suez Canal University	Dr. **Sara Usama**, Port Said University
Prof. **Hisham Metwally**, SCA Hospitals	Prof. **Tayseer Metwaly**, Suez University
Dr. **Hosam Hosny**, National Diabetes Institute	Prof. **Osama Hamdy**, Harvard University, USA
Prof. **Hossam Ghazy**, Mansoura University	Prof. **Usama Khalil**, Zagazig University
Dr. **Ibrahim Amer**, Ismailia MOH	Dr. **Usama Ragab**, Zagazig University
Prof. **Ihab Salem**, Zagazig University	Prof. **Wael Farrag**, Tanta University
Dr. **Iman Elsherif**, Suez Canal University	Prof. **Yaser Abdelraouf**, Tanta University

Cardiology Faculty, in alphabetical order

Dr. **Abdallah Ateya,** Suez Canal Authority	Prof. **Hesham Hegazy,** Suez Canal University
Prof. **Abdelrahman Afifi,** Aswan Heart Center	Prof. **Islam Zakareya,** Suez Canal University
Prof. **Ahmed Abdelrahman,** Ain Shams University	Prof. **Karim Saeed,** Cairo University
Prof. **Ahmed Al-Mahmoudy,** Ain Shams University	Dr. **Mahmoud Saad,** Suez Canal university
Prof. **Ahmed El-Ghalid,** Suez Canal University	Prof. **Mohamed Abdelghany,** Cairo University
Prof. **Ahmed Emad Hasan,** Military Academy	Dr. **Mohamed El-Merry,** Suez Canal University
Prof. **Ahmed Farid,** Suez Canal University	Prof. **Mohamed Setiha,** Tanta University
Prof. **Ahmed Hawary,** Suez Canal University	Prof. **Mohamed Khedr,** Military Academy
Prof. **Ahmed Sabry,** Military Academy	Prof. **Mohamed Oraby,** Suez Canal University
Prof. **Ahmed Salah Salem,** Suez Canal University	Prof. **Mohamed Zahran,** Ain Shams University
Prof. **Ahmed Tageldien,** Suez Canal University	Prof. **Moheb Magdy,** Mansoura University
Prof. **Ali Yousef,** Suez Canal University	Prof. **Nader Shahat,** Mansoura University
Prof. **Ayman Mortada,** Ain Shams University	Dr. **Omar Hassona,** Universal Health Insurance
Prof. **Ayman Saleh,** Ain Shams University	Prof. **Omar Saleh,** Suez Canal University
Prof. **Azza El Fiqy,** Ain Shams University	Dr. **Osama Elsherpiny,** Suez Canal Authority
Prof. **Emad Abdelhay,** Mahalla Heart Center	Prof. **Shady Husain,** Mansoura University
Prof. **Fathy Maklady,** Suez Canal University	Prof. **Sherif Saqr,** Mansoura University
Dr. **Fathy Nada,** Suez Canal University	Prof. **Wael Kilany,** Ain Shams University
Prof. **Gamila Nasr,** Suez Canal University	Prof. **Walid Awady,** Zagazig University
Dr. **Hamada Ghanem,** Military Academy	Prof. **Yasser Abdel Gelil,** Al-Azhar University
Prof. **Hanan Kamal,** Suez Canal University	Prof. **Yasser Elsayed,** Al Azhar University
Prof. **Hesham Ammar,** National Heart Institute	Prof. **Yasser Sadeq,** NHI / Helwan University
Prof. Hesham Salah, Ain Shams University	

Wednesday, 16th April 2025

Main Hall

Registration	09.00 - 09.30 AM
State of the Art Lecture	09.30 - 10.15 AM

Chairpersons, in Alphabetical Order

Prof. **Ahmed Ghalid**, Suez Canal University
Prof. **Ahmed Hawary**, Suez Canal University
Prof. **Azza El Fiqy**, Ain Shams University
Prof. **Fathy Maklady**, Suez Canal University
Prof. **Gamila Nasr**, Suez Canal University
Prof. **Hanan Kamal**, Suez Canal University

Time	09.30 - 09.50 AM
Topic	**The Revolution in Pharmacotherapy in CV Medicine: From Herbs to Pills, Molds, Antibodies to Genetic Tools**
Speaker	Prof. **Thomas Luescher,** President of the ESC Kings College - UK
Time	09.50 – 10.05 AM
Topic	**Contemporary Management of Heart Failure**
Speaker	Prof. **Ayman Saleh,** Ain Shams University

Wednesday, 16th April 2025

Overcoming Inertia in Hypertension Management	10.20 – 11.40 AM

Chairpersons, in Alphabetical Order

Prof. **Ahmed Ghalid,** Suez Canal University
Prof. **Ahmed Hawary,** Suez Canal University
Prof. **Ahmed Salah Salem,** Suez Canal University
Prof. **Gamila Nasr,** Suez Canal University
Prof. **Islam Zakareya,** Suez Canal University
Dr. **Mohamed El-Merry**, Suez Canal University

Time	10.20 - 10.35 AM
Topic	**Blood Pressure Measurement: Office, Home or Ambulatory.**
Speaker	Prof. **Karim Saeed,** Cairo University
Time	10.35 – 10.50 AM
Topic	**Hypertension Target Organ Damage Screening**
Speaker	Prof. **Yasser Elsayed,** Al Azhar University
Time	10.50 – 11.05 AM
Topic	**Telmisartan Combination Therapy in Hypertension** UTOPIA THE LIFE YOU DESERVE
Speaker	Prof. **Ihab Salem,** Zagazig University
Time	11.05 – 11.20 AM
Topic	**Hypertension & Sympathetic Overdrive: Guidelines ESH 2023 & ESC 2024** MERCK
Speaker	Prof. **Ahmed Tageldien,** Suez Canal University

Wednesday, 16th April 2025

Diabetes Management Updates	11.40 AM - 12.30 PM

Chairpersons, in Alphabetical Order

Prof. **Hamdy Selim,** Suez Canal University
Dr. **Ibrahim Amer,** Ismailia MOH
Prof. **Khaled Elbanna,** Zagazig University
Prof. **Megahed Abu Elmagd,** Mansoura University
Prof. **Mosleh Abdelrahman**, Suez Canal University

Time	11.40 – 11.55 AM
Topic	**Clusters of Diabetes**
Speaker	Prof. **ELsayed Abdelfattah**, Delta University
Time	11.55 AM – 12.10 PM
Topic	**Solving the Dilemma of cost effectiveness** EVA PHARMA
Speaker	Prof. **Yasser Abdelraouf,** Tanta University
Time	12.10 – 12.25 PM
Topic	**Where would Dapagliflozin-Metformin really fit in Real Life Cases?** PHARCO
Speaker	Dr. **Usama Ragab,** Zagazig University

Wednesday, 16th April 2025

Cardiovascular management Pillars	12.30 – 1.45 PM

Chairpersons, in Alphabetical Order

Prof. **Ahmed Ghalid**, Suez Canal University
Prof. **Hanan Kamal**, Suez Canal University
Prof. **Islam Zakareya**, Suez Canal University
Dr. **Omar Hassona**, Universal Health Insurance
Prof. **Omar Saleh**, Suez Canal University
Prof. **Yasser Elsayed**, Azhar University

Time	12.30 – 12.45 PM
Topic	**HF Management Pillars**
Speaker	Prof. **Ahmed Salah Salem,** Suez Canal University
Time	12.45 – 01.00 PM
Topic	**Entresto across LVEF** NOVARTIS
Speaker	Dr. **Fathy Nada,** Suez Canal University
Time	01.00 – 01.15 PM
Topic	**Empagliflozin across CRM Patients** Boehringer Ingelheim
Speaker	Prof. **Ahmed Tageldien,** Suez Canal University
Time	01.15 – 01.30 PM
Topic	**Transforming Hyperkalemia Care** AstraZeneca
Speaker	Prof. **Yasser Abdel Gelil,** Al-Azhar University
Time	01.30 – 01.45 PM
Topic	**Role of Combination in dyslipidemia management** sanofi
Speaker	Dr. **Hosam Hosny,** National Diabetes Institute

Coffee Break	01.45 - 02.15 PM

Wednesday, 16th April 2025

Main Hall

Endocrinology Track	02.15 – 6.00 PM
Endocrine Malpractice Meet the Expert	02.15 – 02.45 PM

Chairpersons, in Alphabetical Order

Prof. **Abdelraouf Eldeep,** Suez Canal University
Prof. **ELsayed Abdelfattah,** Delta University
Prof. **Mohamed Abdelghany,** Mansoura University
Prof. **Nagwa Sami,** Zagazig University
Prof. **Yaser Abdelraouf,** Tanta University

Time	02.15 - 02.30 PM
Topic	**Thyroid Malpractice**
Speaker	Prof. **Megahed Abo El Magd,** Mansoura University
Time	02.30 - 02.45 PM
Topic	**Prolactinoma Malpractice**
Speaker	Prof. **Fareed Fawzy,** Zagazig University

Wednesday, 16th April 2025

Diabetes Classification	02.45 – 04.00 PM

Chairpersons, in Alphabetical Order

Prof. **Fareed Fawzi,** Zagazig University
Prof. **Ihab Salem,** Zagazig University
Prof. **Megahed Abo El Magd,** Mansoura University
Dr. **Iman Elsherif,** Suez Canal University
Dr. **Saeed Elsherbiny,** Ismailia MOH

Time	02.45 - 03.05 PM
Topic	**Gestational Diabetes**
Speaker	Prof. **Dimitrious Goulis,** Athes University
Time	03.05 – 03.20 PM
Topic	**Diabetes in Children**
Speaker	Prof. **Mona Karem,** Suez Canal University
Time	03.20 – 03.35 PM
Topic	**IDegAsp an intensification option your patient can stay on** novo nordisk
Speaker	Prof. **Arafa Shabrawy,** Zagazig University
Time	03.35 – 03.50 PM
Topic	**The magic role of vitamin B in mangement of periphral neuropathy** NERHADOU
Speaker	Prof. **Mayada Mousa,** Zagazig University

Wednesday, 16th April 2025

Diabetes Dilemma — 04.00 – 04.45 PM

Chairpersons, in Alphabetical Order

Prof. **Hamdy Hassan,** Suez Canal University
Prof. **Hisham Metwally,** SCA Hospitals
Prof. **Mohamed Keshawi,** Suez Canal University
Dr. **Mohamed Mashaly,** Arab Contractors Hospitals
Dr. **Sameh Elzaki,** Suez Canal University

Time	04.00 – 04.15 PM
Topic	**Diabetic Nephropathy: KDIGO 2024 Updates**
Speaker	Dr. **Basma Osman,** Suez Canal University
Time	04.15 – 04.30 PM
Topic	**Empagliflozin: Rewriting the Future of Diabetes and Heart Care** GYPTO PHARMA
Speaker	Prof. **Ihab Salem,** Zagazig University
Time	04.30 – 04.45 PM
Topic	**Neuropathy management in clinical practice** PHARCO
Speaker	Prof. **Iman El-Sherif,** Suez Canal University

Hot Topics in Adrenal Diseases — 04.45 – 05.15 PM

Chairpersons, in Alphabetical Order

Prof. **Abdelhamid Serwah,** Suez Canal University
Dr. **Basma Osman,** Suez Canal University
Prof. **Nagwa Sami,** Zagazig University
Dr. **Usama Ragab,** Zagazig University

Time	04.45 – 05.15 PM
Topic	**Adrenal Incidentaloma?**
Speaker	Prof. **Azza Hassan,** Zagazig University
Time	05.15 – 05.30 PM
Topic	**Glucocorticoid Induced Adrenal insufficiency**
Speaker	Prof. **Mohamed Abdelghany,** Mansoura University

Wednesday, 16th April 2025

Challenging Clinical Cases in Endocrinology	05.15 – 6.00 PM

Chairpersons, in Alphabetical Order

Dr. **Ahmed Yassin,** SCA Hospitals
Prof. **Azza Hassan,** Zagazig University
Prof. **Ihab Salem,** Zagazig University
Dr. **Iman Elsherif,** Suez Canal University
Prof. **Mayada Moussa,** Zagazig University

Time	05.15 – 05.25 PM
Topic	**Case 1**
Speaker	Dr. **Ahmed Elkolaly,** Zagazig University
Time	05.25 – 05.35 PM
Topic	**Case 2**
Speaker	Dr. **Ahmed El-Sawaf,** National Diabetes Institute
Time	05.35 - 05.45 PM
Topic	**Case 3**
Speaker	Dr. **Ahmed Noufal,** Zagazig University

Lunch	06.00 PM

Wednesday, 16th April 2025

Hall (B)

Cardiovascular & Intervention Track — 02.15 – 6.00 PM

Moderators, in Alphabetical Order

Prof. **Ahmed El-Ghalid,** Suez Canal University
Prof. **Omar Saleh,** Suez Canal University

Session 1 — **Left Main and Complex Intervention** — 02.15- 03.45 PM

Chairpersons, in Alphabetical Order

Prof. **Ahmed Emad Hasan,** Military Academy
Prof. **Ayman Saleh,** Ain Shams University
Dr. **Hamada Ghanem,** Military Academy
Prof. **Hesham Hegazy,** Suez Canal University
Prof. **Mohamed Oraby,** Suez Canal University
Prof. **Mohamed Zahran**, Ain Shams University

Time	02.15 – 02.30 PM
Topic	**Case 1**
Speaker	Prof. **Mohamed Setaiha,** Tanta University
Time	02.30 – 02.45 PM
Topic	**Inclisiran: treat dyslipidemia & regress atherosclerosis** NOVARTIS
Speaker	Prof. **Hesham Ammar,** National Heart Institute
Time	02.45 – 03.00 PM
Topic	**Case 2**
Speaker	Prof. **Mohamed Khedr,** Military Academy
Time	03.00 – 03.15 PM
Topic	**Case 3**
Speaker	Prof. **Ali Yousef,** Suez Canal University
Time	03.15 – 03.30 PM
Topic	**Case 4**
Speaker	Prof. **Emad Abdelhay,** Mahalla Heart Center
Time	03.30 – 03.45 PM
Topic	**Optimal LDL-C for secondary prevention: Start strong and keep going!** ORGANON
Speaker	Prof. **Ahmed Tageldien,** Suez Canal University

Wednesday, 16th April 2025

Session 2	Structural Intervention and Coronary Intervention in HF Patients	03.45– 05.00 PM

Chairpersons, in Alphabetical Order

Prof. **Ali Yousef,** Suez Canal University
Prof. **Hesham Hegazy,** Suez Canal University
Prof. **Mohamed Khedr,** Military Academy
Prof. **Mohamed Setiha,** Tanta University

Time	03.45 – 04.00 PM
Topic	**Case 1**
Speaker	Prof. **Yasser Sadeq,** NHI / Helwan University
Time	04.00 – 04.15 PM
Topic	**Case 2**
Speaker	Prof. **Mohamed Zahran,** Ain Shams University
Time	04.15 – 04.30 PM
Topic	**Case 3**
Speaker	Prof. **Abdelrahman Afifi,** Aswan Heart Center
Time	04.30 – 04.45 PM
Topic	**Dapagliflozin - Revolutionizing Heart Failure** AstraZeneca
Speaker	Prof. **Moheb Magdy,** Mansoura University
Time	04.45 – 05.00 PM
Topic	**Rivaroxaban: from AF to CAD** MASH PREMERE
Speaker	Prof. **Ahmed Farid,** Suez Canal University

Wednesday, 16th April 2025

Session 3	My Early Intervention Career	05.00 - 06.00 PM

Chairpersons, in Alphabetical Order

Prof. **Ahmed Sabry Elshamy,** Military Academy
Prof. **Ali Yousef,** Suez Canal University
Dr. **Hamada Ghanem,** Military Academy
Prof. **Mohamed Oraby,** Suez Canal University
Dr. **Osama Elsherpiny,** Suez Canal Authority
Prof. **Yasser Zakhary,** Al Azhar University

Time	05.00 – 05.15 PM
Topic	**Case 1**
Speaker	Dr. **Mahmoud Saad,** Suez Canal university
Time	05.15 – 05.30 PM
Topic	**Case 2**
Speaker	Dr. **Abdallah Atteya,** Suez Canal Authority
Time	05.30 – 05.45 PM
Topic	**Case 3**
Speaker	Dr. **Mohamed Ghonim,** Suez Canal university

Lunch	06.00 PM

Thursday, 17th April 2025

Main Hall

Registration	09.00 - 09.30 AM
Obesity Management Future Perspective Meet The Expert	09.30 - 10.45 AM

Chairpersons, in Alphabetical Order

Prof. **Adel Hassan,** Suez Canal University
Prof. **Ahmed Tageldien,** Suez Canal University
Prof. **Fareed Fawzy,** Zagazig University
Prof. **Ihab Salem,** Zagazig University
Prof. **Seham Ahmed,** Suez Canal University

Time	09.30 – 10.00 PM
Topic	**Future of Injectable anti-obesity therapy**
Speaker	Prof. **Francesco Giorginio,** Bari Aldo University - Italy
Time	10.00 – 10.20 PM
Topic	**Quality versus Quantity in Weight Loss**
Speaker	Prof. **Osama Hamdy,** Harvard University - USA
Time	10.20 – 10.35 PM
Topic	**Future of Oral anti-obesity therapy**
Speaker	Prof. **Khaled El-Hadidy,** Beni-Swaif University

Thursday, 17th April 2025

Anti-Obesity Therapy: Current Status — 10.45 – 11.15 AM

Chairpersons, in Alphabetical Order

Prof. **Mayada Moussa,** Zagazig University
Prof. **Mohamed Abdelghany,** Mansoura University
Prof. **Nagwa Samy,** Zagazig University

Time	10.45 – 11.00 PM
Topic	**Liraglutide 3.0 mg balancing safety and health**
Speaker	Prof. **Hossam Ghazy,** Mansoura University
Time	11.00 – 11.15 PM
Topic	**Mounjaro: The First & Only GIP/GLP-1 RA**
Speaker	Prof. **Ihab Salem,** Zagazig University

Thursday, 17th April 2025

Myth and Facts in Hypertension Management	11.15 AM – 12.40 PM

Chairpersons, in Alphabetical Order

Prof. **Ahmed El Ghalid,** Suez Canal University
Prof. **Ahmed Salah Salem,** Suez Canal University
Prof. **Ayman Saleh,** Ain Shams University
Prof. **Hanan Kamal,** Suez Canal University
Prof. **Islam Zakareya,** Suez Canal University
Prof. **Mohamed Zahran,** Ain Shams University

Time	11.15 – 11.30 AM
Topic	**Hypertension Myths & Facts!**
Speaker	Prof. **Shady Husain,** Mansoura University
Time	11.30 – 11.45 AM
Topic	**Candesartan combination Therapy in Hypertension**
Speaker	Prof. **Ahmed Abdelrahman,** Ain Shams University
Time	11.45 AM – 12.00 PM
Topic	**Psycho-Cardiology & Burnout**
Speaker	Prof. **Ahmed Ghalid,** Suez Canal University
Time	12.00 – 12.15 PM
Topic	**Amlodipine-Valsartan Legacy in Hypertension**
Speaker	Prof. **Ahmed Tageldien,** Suez Canal University
Time	12.15 – 12.30 PM
Topic	**Olmesartan Triple Combination in Hypertension**
Speaker	Prof. **Omar Saleh,** Suez Canal University

Opening Ceremony	12.40 - 01.20 PM
Coffee Break	01.20 - 01.40 PM

Thursday, 17th April 2025

State of the Art Cardiovascular Medicine:	01.40 – 02.00 PM

Chairpersons, in Alphabetical Order

Prof. **Ahmed El Ghalid,** Suez Canal University
Prof. **Ahmed Tageldien,** Suez Canal University
Prof. **Gamila Nasr,** Suez Canal University
Prof. **Hanan Kamal,** Suez Canal University
Prof. **Mohamed Zahran,** Ain Shams University

Time	01.40 – 02.00 PM
Topic	**the Best of ACC Congress 2025**
Speaker	Prof. **Mohamed Abdelghani,** Cairo University

Thursday, 17th April 2025

Foundational Therapies in CRM	02.00 – 03.10 PM

Chairpersons, in Alphabetical Order

Prof. **Ihab Salem,** Zagazig University
Prof. **Manal Elmasry,** Cairo University
Dr. **Mesbah Kamel,** Minia MOH
Prof. **Usama Khalil,** Zagazig University
Prof. **Wael Farrag,** Tanta University

Time	02.00 – 02.15 PM
Topic	**Key parameters in follow-up of type 2 DM: K, GFR & Albumin**
Speaker	Prof. **Alaa Wafa,** Mansoura University
Time	02.15 – 02.30 PM
Topic	**Cardiorenal protection: The Role of Finerenone in Managing CKD in Type 2 Diabetes Patients** BAYER
Speaker	Prof. **Eman Sarhan,** Ain Shams University
Time	02.30 – 02.45 PM
Topic	**Tailoring the right therapy for the right patient** Xeedia Caring for life.
Speaker	Prof. **Mohamed Reda Halawa,** Ain Shams University
Time	02.45 – 03.00 PM
Topic	**Oral semaglutide the first and only oral GLP-1 RA** novo nordisk
Speaker	Prof. **Mohamed Yakout,** Mansoura University

Thursday, 17th April 2025

Overcoming Inertia in Dyslipidemia Management — 03.10 – 04.30 PM

Chairpersons, in Alphabetical Order

Prof. **Ahmed Ghalid,** Suez Canal University
Prof. **Ahmed Tageldien,** Suez Canal University
Prof. **Gamila Nasr,** Suez Canal University
Prof. **Hanan Kamal,** Suez Canal University
Dr. **Mohamed El-Merry,** Suez Canal University
Prof. **Shady Husain,** Mansoura University

Time	03.10 – 03.25 PM
Topic	**Dyslipidemia: Myths & Facts**
Speaker	Dr. **Mohamed El-Merry,** Suez Canal University
Time	03.25 – 03.40 PM
Topic	**Intensifying Lipid Lowering Therapies**
Speaker	Prof. **Mohamed Abdelghany,** Cairo University
Time	03.40 – 03.55 PM
Topic	**PCSK9i: Roadmap to reduce lipids& Atherosclerosis**
Speaker	Dr. **Fathy Nada,** Suez Canal University
Time	03.55 – 04.10 PM
Topic	**The whole story of Rosuvastatin /Ezetimibe**
Speaker	Prof. **Sherif Saqr,** Mansoura University

Thursday, 17th April 2025

Overcoming treatment inertia in DM	04.30 – 05.45 PM

Chairpersons, in Alphabetical Order

Prof. **Alaa Wafa,** Mansoura University
Prof. **Azza Hassan,** Zagazig University
Dr. **Iman Sherif,** Suez Canal University
Dr. **Mesbah Kamel,** Minia MOH
Prof. **Mohamed Yakout,** Mansoura University

Time	04.30 – 04.45 PM
Topic	**Overcoming treatment inertia in DM**
Speaker	Prof. **Wael Farrag,** Tanta University
Time	04.45 – 05.00 PM
Topic	**Simple Intensified Approach: Soli-D Trial** sanofi
Speaker	Prof. **Ihab Salem,** Zagazig University
Time	05.00 – 05.15 PM
Topic	**Innovative Treatment for Vascular Complications of T2DM** EVA PHARMA
Speaker	Prof. **Mohamed Shawky,** Benha University
Time	05.15 – 05.30 PM
Topic	**Sitagliptin Role in management newly diagnosed T2D Patients** MSD
Speaker	Prof. **Mamdouh El Nahhas,** Port Said University

ESMA Quiz & Gold	05.45 - 06.00 PM

Lunch	06.00 PM

Friday, 18th April 2025

Main Hall

Registration	09.00 - 09.30 AM
Parathyroid Session: Meet The Expert	09.00 - 10.30 AM

Chairpersons, in Alphabetical Order

Prof. **Eman Mahmoud,** Al Azhar University
Prof. **Ihab Salem,** Zagazig University
Prof. **Mamdouh Elnahhas,** Port Said University
Prof. **Manal Elmasry,** Cairo University
Dr. **Sara Usama,** Port Said University

Time	10.00 – 10.20 AM
Topic	**Hypoparathyroidism: from Guidelines to clinical practice**
Speaker	Prof. **Aliya Khan,** Professor of Medicine, McMaster University, Canada
Time	10.20 – 10.35 AM
Topic	**Hyperparathyroidism: Clinical Scenarios**
Speaker	Prof. **Ghada El-Khatib,** Assuit University
Time	10.35 – 10.50 AM
Topic	**Parathyroid Ablation**
Speaker	Prof. **Hossam Ghazi,** Mansoura University

Friday, 18th April 2025

Hot Topics in Diabetes	11.00 - 11.45 AM

Chairpersons, in Alphabetical Order

Dr. **Ahmed Mosaad**, Suez Canal University
Prof. **Eman Mahmoud,** Azhar University
Prof. **Ghada Elkhatib,** Assiut University
Dr. **Mohamed Gerish**, Suez Canal University
Prof. **Tayseer Metwaly,** Suez University

Time	11.00 – 11.15 AM
Topic	**Diabetic foot ulcers, the road to complications**
Speaker	Prof. **Kamel Hemaida,** Alexandria University
Time	11.15 – 11.30 AM
Topic	**24/7 Glucose Insights: How CGM is Shaping the Future**
Speaker	Dr. **Ahmed Sabaawy,** National Diabetes Institute
Time	11.30 – 11.45 AM
Topic	**Optimizing T2D management and the role of DPP4i in early and tight control** rameda
Speaker	Prof. **Khaled Hadhoud,** Zagazig University

Jomaa Prayer & Coffee Break	11.50 AM – 01.30 PM

Friday, 18th April 2025

Overcoming Inertia in Cardiovascular Disease Management | 01.30 - 03.30 PM

Chairpersons, in Alphabetical Order

Prof. **Ahmed El-Ghalid,** Suez Canal University
Prof. **Ahmed Tageldien,** Suez Canal University
Prof. **Hesham Salah,** Ain Shams University
Prof. **Islam Zakarya,** Suez Canal University
Prof. **Mohamed Zahran,** Ain Shams University
Prof. **Omar Saleh,** Suez Canal University

Session 1	
Time	01.30 – 01.50 PM
Topic	**Management of Heart Failure with Preserved Ejection Fraction**
Speaker	Prof. **John Cleland,** Glasgow University - UK
Time	01.50 – 02.05 PM
Topic	**Ranolazine changing lives**
Speaker	Prof. **Ahmed Al-Mahmoudy,** Ain Shams University
Time	02.05 – 02.20 PM
Topic	**Nebivolol: Essential Heart failure pillar**
Speaker	Prof. **Ayman Mortada,** Ain Shams University

Friday, 18th April 2025

Session 2	
Time	02.30 – 02.45 PM
Topic	**Lipoproteins, thrombosis, atrial fibrillation, and Heart Failure Intersection?**
Speaker	Prof. **Islam Zakarya,** Suez Canal University
Time	02.45 – 03.00 PM
Topic	**Elevating NV-AF care through Integrated Evidence and Patient Outcome** Pfizer
Speaker	Prof. **Walid Awady,** Zagazig University
Time	03.00 – 03.15 PM
Topic	**Cardiovascular Health and Lipid Management: A Comprehensive Overview** AstraZeneca
Speaker	Prof. **Nader Shahat,** Mansoura University
Time	03.15 – 03.30 PM
Topic	**Empagliflozin: The game changer in heart failure** ZETA PHARMA
Speaker	Prof. **Wael Kilany,** Ain Shams University

Friday, 18th April 2025

Combination Therapy in Diabetes	03.30 – 04.00 PM

Chairpersons, in Alphabetical Order

Dr. **Ahmed Hemida,** Endocrinology Consultant
Prof. **Ihab Salem,** Zagazig University
Dr. **Mahmoud Elsayed**, Endocrinology Consultant
Prof. **Mayada Moussa**, Zagazig University

Time	03.30 – 03.45 PM
Topic	**Emplagliflozin/Linagliptin: The Logical Choice for T2D patients** MULTI Care
Speaker	Prof. **Khaled El-Banna,** Zagazig University
Time	03.45 – 04.00 PM
Topic	**Focus on Sitagliptin Role in the Management of T2DM** Marcyrl
Speaker	Prof. **Mohamed Awad,** Zagazig University

Friday, 18th April 2025

Diabetes and Gut Session	04.00 – 04.30 PM

Chairpersons, in Alphabetical Order

Dr. **Basma Osman,** Suez Canal University
Dr. **Mohamed Elgehany,** Fakous Hospital
Dr. **Usama Ragab,** Zagazig University

Time	04.00 – 04.15 PM
Topic	**Gastrointestinal manifestations of DM**
Speaker	Dr. **Elsayed Ghoniemy,** Ain Shams University
Time	04.15 – 04.30 PM
Topic	**Tips For GERD Management** PHARCO
Speaker	Prof. **Adel Hassan,** Suez Canal University

ESMA Quiz & Gold and Wrap-Up Session	04.30 - 05.00 PM

Lunch	05.00 PM

Friday, 18th April 2025

ESMA International Webinar | 07.00 - 11.15 PM

Diabetes Session

Time	7.00 – 07.30 PM
Topic	**Gestational Diabetes**
Speaker	Prof. **Dimitrios G. Goulis,** Aristotle University of Thessaloniki, Greece

Obesity Session

Time	07.30 – 08.15 PM
Topic	**Future of Injectable anti-obesity therapy**
Speaker	Prof. **Francesco Giorgino**, University of Bari Aldo Moro, Italy
Time	08.15 – 08.40 PM
Topic	**Quality versus Quantity in Weight Loss**
Speaker	Prof. **Osama Hamdy,** Harvard University, USA

Endocrinology Session

Time	08.40 – 09.25 PM
Topic	**Hypoparathyroidism: from Guidelines to clinical practice**
Speaker	Prof. **Aliya Khan**, McMaster University, Canada

Cardiology Session

Time	09.25 – 09.55 PM
Topic	**The Revolution in Pharmacotherapy in CV Medicine: From Herbs to Pills, Molds, Antibodies to Genetic Tools**
Speaker	Prof. **Thomas F. Lüscher**, King's College, United Kingdom - ESC President
Time	09.55 – 10.45 PM
Topic	**Management of Heart Failure with Preserved Ejection Fraction**
Speaker	Prof. **John GF Cleland**, University of Glasgow, United Kingdom



Looking forward seeing you all in

The 8th ESMA International Conference,

15-17 April 2026

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