9th SCIENTIFIC CONFERENCE

PEDIATRIC ENDOCRINOLOGY AND DIABETES UNIT PEDIATRIC DEPARTMENT MANSOURA

"Updates in Pediatric Diabetes & Endocrinology"

4–5th February 2026

Mansoura University Children's Hospital Convention Center



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Prof. Asharf El-Sharkawy

PURE SPOT

WEDNESDAY - FEBRUARY 4, 2026

REGISTRATION
09:00 – 10:00

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10:00 – 11:00

CHAIRPERSONS

Prof. ***Amany Elhawary***
Professor of Pediatric Endocrinology and Diabetes – Mansoura University

Prof. ***Ashraf Elsharkawy***
Professor of Pediatric Endocrinology and Diabetes – Mansoura University

Prof. ***Eman Monier***
Professor of Pediatric Endocrinology and Diabetes – Ain Shams University

Prof. ***Nanees Salem***
Professor of Pediatric Endocrinology and Diabetes – Mansoura University

Dr. ***Yasser Elmeligy***
Consultant of Pediatrics – Mansoura Insurance Hospital

Dr. ***Rasha Wafek***
Consultant of Pediatric Endocrinology and Diabetes – Mansoura Insurance Hospital

TIME	LECTURE
10:00 – 10:20 AM	**PCOS in adolescence: New insights and modalities** *Dr.* ***RASHA WAFEK*** *Consultant of Pediatric Endocrinology and Diabetes – Mansoura Insurance Hospital*
10:20 – 10:40 AM	**Growth hormone therapy in children born small for gestational age; is it for all** SANDOZ *Prof.* ***NANEES SALEM*** *Professor of Pediatric Endocrinology and Diabetes – Mansoura University*
10:40 – 11:00 AM	**Optimal Management for children with Growth Hormone Deficiency** novo nordisk® *Prof.* ***AMANY ELHAWARY*** *Professor of Pediatric Endocrinology and Diabetes – Mansoura University*

2 PANEL OF ENDOCRINAL INVESTIGATIONS: CASE BASED APPROACH

11:00 – 12:00

MODERATORS

Prof. ***Adel Erfan***
Professor of Pediatric Endocrinology and Diabetes – Tanta University

Prof. ***Shaymaa Elrefaay***
Professor of Pediatric Endocrinology and Diabetes – Tanta University

TIME	PANELIST
11:00 – 12:00 PM	**GH Provocation Testing in Pediatrics: When, Why, and How to interpret the result** *Prof.* ***Ahmed Arafa Hassan*** *Associate Professor of Pediatric Endocrinology - Tanta University*
	Decoding Hypercortisolism: Clinical Use of the Dexamethasone Suppression Test *Dr.* ***Sara El Shal*** *Lecturer of pediatric endocrinology Tanta University*
	GnRH stimulation test: When to do and how to interpret **Dr.** ***Sohayla El Deghady*** **Lecturer of Pediatric Endocrinology - Tanta University**
	HCG stimulation test and testosterone response in boys with micropenis *Ass. Prof.* ***Alaa Ibrahim Mohamed*** *Assistant Lecturer of Pediatric Endocrinology - Tanta University*

3 PANEL OF ENDOCRINAL INVESTIGATIONS: CASE BASED APPROACH

12:00 –01:20

CHAIRPERSONS

Prof. **Mona Salem**
Professor of Pediatric Endocrinology and Diabetes – Ain Shams University

Prof. **Shereen Abdelghafaar**
Professor of Pediatric Endocrinology and Diabetes – Cairo University

Prof. **Safinaz Elhabashy**
Professor of Pediatric Endocrinology and Diabetes – Ain Shams University

Prof. **Mahmoud Elhelaly**
Professor of Pediatrics – Armed Force Collage of Medicine

Dr. **Ramy Saleh Morsy**
Lecturer of Pediatrics – Armed Force Collage of Medicine

TIME	LECTURE
12:00 – 12:20 PM	Redefining Obesity Management in Adolescents: Semaglutide 2.4 mg and Its Multisystem Benefits Prof. **NANCY ELBARBARY** *Professor of Pediatric Endocrinology and Diabetes – Ain Shams University*
12:20 – 12:40 PM	FAQ about insulin degludeg Prof. **MONA SALEM** *Professor of Pediatric Endocrinology and Diabetes – Ain Shams University*
12:40 – 01:00 PM	Cracking the Code of Basal–Bolus Insulin Adjustment in Children and adolescents with Type 1 Diabetes Prof. **SHEREEN ABDELGHAFAAR** *Professor of Pediatric Endocrinology and Diabetes – Cairo University*
01:00 – 01:20 PM	HPP: Message to Pediatric doctors Prof. **ASHRAF ELSHARKAWY** *Professor of Pediatric Endocrinology and Diabetes – Mansoura University*

4 PANEL OF ENDOCRINAL INVESTIGATIONS: CASE BASED APPROACH

01:20 – 02:40

CHAIRPERSONS

Prof. **Mohamed Ezz**
Professor of Pediatrics – Mansoura University

Prof. **Bothina Hassanen**
Professor of Pediatrics – Mansoura University

Prof. **Adham Elsaeed**
Professor of Pediatric Surgery – Mansoura University

Prof. **Nouran Youssef**
Professor of Pediatric Endocrinology and Diabetes – Ain Shams University

Prof. **Noha Tharwat**
Professor of Pediatrics – Mansoura University

TIME	LECTURE
01:20 – 01:40 PM	**Short Stature: When the Gut, Not the Gland, Is the Problem** *Prof.* **MOHAMED EZZ** *Professor of Pediatrics – Mansoura University*
01:40 – 02:00 PM	**Maldescended testis: Surgical approach** *Prof.* **ADHAM ELSAEED** *Professor of Pediatric Surgery – Mansoura University*
02:00 – 02:20 PM	**Seizures in children with Endocrinol problems** Prof. **NOHA THARWAT** *Professor of Pediatrics – Mansoura University*
02:20 – 02:40 PM	**Towards an insulin free era, where do we stand** *Prof.* **NOURAN YOUSSEF** *Professor of Pediatric Endocrinology and Diabetes – Ain Shams University*

5 PANEL OF DISORDER OF SEX DETERMINATION

02:40 – 03:40

MODERATOR

Prof. ***Shaymaa Elsayed***
Professor of Pediatric Endocrinology and Diabetes – Alexandria University

TIME	PANELIST
02:40 – 03:40	*Prof.* ***Shaymaa Elsayed*** *Professor of Pediatric Endocrinology and Diabetes – Alexandria University* *Prof.* ***Mona Karem*** *Professor of Pediatric Endocrinology and Diabetes – Suez Canal University* *Prof.* ***Noha Arafa*** *Professor of Pediatric Endocrinology and Diabetes – Cairo University* *Prof.* ***Dina Abdelmoneim Fawzy*** *Professor of Pediatric Endocrinology and Diabetes – Alexandria University*

THURSDAY – FEBRUARY 5, 2026

REGISTRATION
09:00 – 10:00

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10:00 – 11:40 AM

CHAIRPERSONS

Prof. ***Mohamed Aboelasrar***
Professor of Pediatric Endocrinology and Diabetes – Ain shams University

Prof. ***Amany Elhawary***
Professor of Pediatric Endocrinology and Diabetes – Mansoura University

Dr. ***Hesham Darwish***
Consultant of Pediatrics

Dr. ***Ahmed Amer***
Consultant of Pediatrics

Dr. ***Tamer Selim***
Consultant of Pediatrics – Elhelal Insurance Hospital

Dr. ***Walid Tolba***
Consultant of pediatrics

TIME	LECTURE
10:00 – 10:20 AM	**MODY Made Simple** *Dr.* ***MAY ELMASHAD*** *Lecturer of Pediatrics – Mansoura University*
10:20 – 10:40 AM	**Move active, control better in T1DM** sanofi *Dr.* ***TAMER SELIM*** *Consultant of Pediatrics – Elhelal Insurance Hospital*
10:40 – 11:00 AM	**CGM update and case series** Abbott *Prof.* ***ASHRAF ELSHARKAWY*** *Professor of Pediatric Endocrinology and Diabetes – Mansoura University*
11:00 – 11:20 AM	**Challenges in carb counting** *Ass. Prof.* ***HANAN HASSAN ALY*** *Assistant Professor of Pediatrics and Pediatric Diabetes Ain Shams University*
11:20 – 11:40 AM	**Simple Approach to Hypocalcemia (Cases Scenario)** *Prof.* ***MOHAMED ABOELASRAR*** *Professor of Pediatric Endocrinology and Diabetes – Ain shams University*

1 PANEL OF BONE DISEASE

11:40 – 12:40

MODERATOR

Prof. ***Wessam Mouharam***
Professor of Pediatric Endocrinology - Ain Shams University

TIME	PANELIST
11:40 – 12:40	**Bone disease in pediatrics: what's new** **A pediatric insight into bone metabolism** *Prof.* ***Mona Rashad*** *Professor of Pediatric Endocrinology - Ain Shams University* *Assistant Professor of Pediatric Endocrinology & Diabetes - Cairo University*
	Hypophosphatasia: unresolved dilemma *Prof.* ***Wessam Mouharam*** *Professor of Pediatric Endocrinology - Ain Shams University*
	Achondroplasia; doesn't fit all *Prof.* ***Randa khalaf*** *Associate Professor - Ain Shams university*
	Osteogenesis Imperfecta: From Fragile Bones to Targeted Therapies *Prof.* ***Radwa Shamma***

COFFEE **BREAK**
12:40 - 01:20

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01:20 – 03:00

CHAIRPERSONS

Dr. **Mohamed Abokefo**
Consultant of Pediatric Endocrinology and Diabetes – Madinat Naser Insurance Hospital

Prof. **Hossam Kadry**
Consultant of Pediatric Endocrinology and Diabetes – Madinat Naser Insurance Hospital

Prof. **SamehTawfik**
Professor of Pediatrics – Armed Force Collage of Medicine

Prof. **Soha Abdeldayem**
Professor of Pediatric Endocrinology and Diabetes – National Institute of Health

Dr. **Osama Tarek**
Pediatric Consultant, Shebin El-Kom Teaching Hospital

Prof. **Ashraf Makram**
Consultant of Pediatric Endocrinology and Diabetes

TIME	LECTURE
01:20 – 01:40 PM	**Thermoregulation and insulin: Implication for hypoglycemia and Hyperglycemia** *Prof.* **SOHA ABDELDAYEM** *Professor of Pediatric Endocrinology and Diabetes – National Institute of Health*
01:40 – 02:00 PM	**Endocrinal messages from oncology children** *Prof.* **MONA ATTIA** *Professor of Pediatric Endocrinology and Diabetes – Cairo University*
02:00 – 02:20 PM	**Navigating Noonan syndrome** SEDICO Pharmaceuticals *Prof.* **RASHA TARIF** *Professor of Pediatric Endocrinology and Diabetes – Ain Shams University*
02:20 – 02:40 PM	**Turner syndrome: Beyond XO** *Prof.* **SAMEH TAWFIK** *Professor of Pediatrics – Armed Force Collage of Medicine*
02:40 – 03:00 PM	**Growth to the max: A perfect mix!** Globe International Pharmaceutical *Prof.* **RASHA TARIF** *Professor of Pediatric Endocrinology and Diabetes – Ain Shams University*

9 PANEL OF RAMADAN AND FASTING

03:00 – 04:00

MODERATOR

Dr. **Kholoud Hassan**
Consultant of Pediatrics – Alexandrea Insurance Hospital

TIME	PANELIST
03:00 – 04:00	Prof. **Hossam Kamal** *Professor of Pediatric Endocrinology and Diabetes – Zagazeg University*
	Ass. Prof. **Shaymaa Rafat** *Assistant Professor of Pediatric Endocrinology and Diabetes – Alexandria University*
	Dr. **Yasmine Ashraf** *Lecturer of Pediatric Endocrinology and Diabetes – Alexandria University*
	Dr. **Kholoud Hassan** *Consultant of Pediatrics – Alexandrea Insurance Hospital*

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04:00 – 05:00

CHAIRPERSONS

Prof. ***Basma Abdelmoez***
Professor of Pediatric Endocrinology and Diabetes – Minia University

Prof. ***Randa Matter***
Professor of Pediatric Endocrinology and Diabetes – Ain Shams University

Prof. ***Ashraf Abdelfadil***
Professor of Pediatric Endocrinology and Diabetes – Minia University

Prof. ***Khaled Khashab***
Professor of Pediatric Endocrinology and Diabetes – Cairo University

Prof. ***Mohamed Monier***
Consultant of Pediatrics – Elhelal Insurance Hospital

TIME	LECTURE
04:00 – 04:20 PM	**Pituitary Tumors: From Silent Lesions to Complex Syndromes** *Prof.* ***Basma Abdelmoez*** *Professor of Pediatric Endocrinology and Diabetes – Minia University*
04:20 – 04:40 PM	**An adolescent with persistently elevated A1c: A structured diagnostic & mangement algorithm** *Prof.* ***Khaled Khashab*** *Professor of Pediatric Endocrinology and Diabetes – Cairo University*
04:40 – 05:00 PM	**Clinical Maneuvers of Obesity** *Prof.* ***Ashraf Abdelfadil*** *Professor of Pediatric Endocrinology and Diabetes – Minia University*



PROJECT MANAGER

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