9TH CONGRESS OF UPPER EGYPT SOCIETY OF CLINICAL NUTRITION AND METABOLISM

UESCNM 2026

MAY 6-7, 2026 | ADMINISTRATIVE BUILDING, ASSIUT UNIVERSITY, ASSIUT- EGYPT











PURE SPOT
EVENTS MANAGEMENT

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Tuesday May 5, 2026 (HALL)

08:00 - 09:00 AM	REGISTRATION
09:00 - 10:30 AM	From Molecules to Meals: The Role of Nanotechnology in Modern Nutrition
10:30 - 12:00 PM	From Metabolism to Aesthetics: A Clinical Approach to Skin & Hair Rejuvenation
12:00 - 01:30 PM	Mesotherapy Master Class from Basics to Practice
01:30- 02:00 PM	BREAK
02:00 - 03:30 PM	SUPPLEMENTS IN SPORTS: WHAT HELPS, WHAT HYPE, WHAT HARMS
03:30 - 05:00 PM	Genetic Signatures: Sport, Nutrigenomics & Egyptian DNA

Wednesday May 6, 2026 (HALL6)

08:00 - 09:00 AM	REGISTRATION
09:30 - 02:00 PM	Updates in diabetes technology: the way to be an expert
02:00- 04:00 PM	Nutrition Support Pharmacy

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(HALL1)

08:00 - 09:00 AM	REGISTRATION
09:00 - 10:30 AM	Holistic Bariatric Care: Medical, Surgical, and Psychologica Perspectives
12:00 - 01:30 PM	Revisiting the Food Pyramid: What Clinicians Need to Know Today
01:30- 02:00 PM	BREAK
02:00- 03:30 PM	"When Lab Results Mislead: Pitfalls in Metabolic Disorders Interpretation"
03:30- 05:00 PM	Renal Workshop: Mastering Renal Nutrition in Clinical Practiice

(HALL2)

9:30- 11:00 AM	THE GOLDEN 1000 DAYS
11:00- 12:00 PM	OPENING
12:00- 01:30 PM	Pediatric Metabolic Disorder
01:30- 02:00 PM	BREAK
02:00- 03:00 PM	Pediatric Skin & Drug Allergy: Diagnosis, Pitfalls, and" "Immunotherapy Updates
03:00- 04:30 PM	Pediatric cow's milk protein allergy at a glance: diagnosis and nutritional management

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Thursday May 7, 2026 (HALL1)

09:00- 10:30 PM	EATING DISORDERS: THE FOOD MIND LOOP, FROM EVIDENCE BASED TO POTENTIAL THERAPY
10:30- 12:30 PM	Tips and tricks of ICU nutrition
12:30- 01:30 PM	Healthy Nutrition in Golden Years (Geriatric workshop)
01:30- 02:00 PM	BREAK
02:00- 02:30 PM	Continous Healthy Nutrition in Golden Years (Geriatric workshop
02:30- 04:00 PM	Beyond the Scales :Advanced Clinical Applictaion of Biotechnological Independence Analysis
04:00- 05:30 PM	Herbal supplements; from gut barrier to chronic diseases modulation

(HALL2)

09:00- 11:00 AM	Emergency Neonatal Processures
11:00- 01:00 PM	Pediatric Airway Management (PICU Workshop)
01:30- 02:00 PM	BREAK
02:00- 03:30 PM	Antibiotic Stewardship