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21st Annual International Conference of
Arabic Association for the Study of Diabetes and Metabolism

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30 April – 2 May 2025 - InterContinental Cairo Semiramis Egypt

40 HOURS ACCREDIT FROM:

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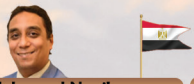
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Conference Vice President



Prof. Mohamed Nagib



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Prof. Hesham Magd Al-Din



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ANDREW BEHNKE



DAYAN COLIN



DJURO MACUT



GEORGE MASTORAKOS



MASSIMO MASSI BENEDETTI



MICK KUMWENDA



RAJEEV CHAWLA



RAYAZ MALEK



SHALINI JAGGI



TATJANA MILENKOVIKJ



WEDNESDAY
30 APRIL 2025

1 DIABETES IS A HEALTH HAZARD

Hall A
10:00 – 10:50 AM

CHAIRPERSONS

Prof. **Abdelmajid Chraibi** (Morocco) - Prof. **Amr Elmeligi** (Egypt) - Prof. **Tatjana Milenkovic** (Macedonia) - Prof. **Hesham Magd Eldin** - Prof. **Elsayed Ghonamy** (Egypt)

TIME	LECTURE
20 Min.	***Inflammation in type 2 diabetes*** Prof. **Mick Kumwenda** (UK)
15 Min.	***Diabetes and malignancy*** Prof. **Mohamed Awad** (Egypt)
10 Min.	***Discussion***
11:00 – 11:30 AM	***Opening*** Prof. **Peter Shwartz** (Germany) International Diabetes Federation president AASD Conference Honorary president Prof. **Inass Shaltout** (Egypt) AASD and conference president Prof. **Amr El Meligi** (Egypt) AASD and conference vice president Prof. **Abdel Khalik Hamid** (Egypt) AASD general secretary Dr. **Sayed Gad** (Egypt) AASD Treasurer ***Honoring The Outstanding Researches and Young Doctors***

2 DIABETES TSUNAMI AND EFFORTS NEEDED

Hall A
11:30 AM – 12:20 PM

CHAIRPERSONS

Prof. **Abdelmajid Chraibi** (Morocco) - Prof. **Amr Elmeligi** (Egypt) - Prof. **Tatjana Milenkovic** (Macedonia) - Prof. **Hesham Magd Eldin** - Prof. **Elsayed Ghonamy**

TIME	LECTURE
20 Min.	***Rising prevalence of diabetes and how IDF will respond*** Prof. **Peter Shwartz** (Germany)
20 Min.	***Prevention of obesity and type 2 diabetes in adolescent*** Prof. **Inass Shaltout** (Egypt)
10 Min.	***Discussion***
	12:20 – 12:40 PM Coffee Break

3 DIABETES IS A HEALTH HAZARD

Hall A
12:45 – 01:35 PM

CHAIRPERSONS

Prof. ***Abdel Khalik Hamid*** *(Egypt)* - *Prof.* ***Amr El Meligi*** *(Egypt)*
Prof. ***Hazem Ashmawy*** *(Egypt)* - *Prof.* ***Peter Shwartz*** *(Germany)*

TIME	LECTURE
20 Min.	***FUTURE OF DIABETES*** *Prof.* ***Andrew Behnke*** *(USA)*
20 Min.	***MANAGEMENT OF TYPE 2 DIABETES IN LOW- AND MIDDLE-INCOME COUNTRIES*** *Prof.* ***Amr El Meligi*** *(Egypt)*
10 Min.	***DISCUSSION***

4 DIABETES COMORBIDITIES AND COMPLICATIONS

Hall A
01:40 – 02:45 PM

CHAIRPERSONS

Prof. Aymen Elmenofy (Egypt) - Prof. Basem Zarif (Egypt) - Prof. Mick Kumwenda (UK)
Prof. Mohhamed Nagib Wifi (Egypt) - Prof. Mona Attya (Egypt)

TIME	LECTURE
20 Min.	***AUTOIMMUNE DIABETES*** *Prof.* ***Andrew Behnke*** *(USA)*
20 Min.	***CARDIOMETABOLIC RENAL DISEASE*** *Prof.* ***Mick Kumwenda*** *(UK)*
15 Min.	***NEW HORIZON FOR MORE EFFECTIVE CARDIOVASCULAR MANAGEMENT IN DIABETICS*** *Prof.* ***Bassem Zarief*** *(Egypt)*
10 Min.	***DISCUSSION***

5 STATE OF ART SESSION

Hall A
02:45 – 03:35 PM

CHAIRPERSONS

Prof. Aymen Elmenofy (Egypt) - Prof. Basem Zarif (Egypt) - Prof. Mick Kumwenda (UK)
Prof. Mohhamed Nagib Wifi (Egypt) - Prof. Mona Attya (Egypt)

TIME	LECTURE
20 Min.	AUTOIMMUNE DIABETES OF THE ADULT AND TYPE 2 DIABETES Prof. **Collin Dayan** (UK) Online
20 Min.	DIABETIC NEUROPATHY Prof. **Rayaz Malek** (UK) Online
10 Min.	DISCUSSION

6 SANOFI SYMPOSIUM sanofi

Hall A
03:40 – 04:40 PM

TIME	LECTURE
20 Min.	A MODERN APPROACH TO DYSLIPIDEMIA Prof. **Inass Shaltout** (Egypt)
20 Min.	BREAKING BARRIERS IN DIABETES CARE: ADVANCING SIMPLIFYING TREATMENT AFTER OADS FAILURE. Prof. **Amr Elmeligi** (Egypt)
20 Min.	RE-WRITING THE JOURNEY! NEW GENERATION BASAL INSULINS FOR UNCONTROLLED DIABETES! Prof. **Noha Gaber** (Egypt)

7 NOVO NORDISK SYMPOSIUM novo nordisk

Hall A
04:45 – 05:45 PM

CHAIRPERSONS

Prof. **Farid Fawzy** *(Egypt) - Prof.* **Inass Shaltout** *(Egypt) -* **Prof. Magdy Helmy** *(Egypt)*
Prof. **Mohamed Awad** *(Egypt) - Prof.* **Sayed Gad** *(Egypt)*

TIME	LECTURE
30 Min.	LIRAGLUTIDE 3.0 MG: BALANCING SAFETY AND HEALTH Prof. **Inass Shaltout** (Egypt)
30 Min.	LIRAGLUTIDE 3.0 MG: BALANCING SAFETY AND HEALTH Prof. **Magdy Helmy** (Egypt)

8 PHARMACEUTICAL COMPANIES SYMPOSIUM

Hall A
05:50 – 06:35 PM

CHAIRPERSONS

Prof. **Abdelkhalek Hamed** (Egypt) - Prof. **Hala Kahla** (Egypt) - Prof. **Mabaheg Souka** (Egypt)

TIME	LECTURE
15 Min.	ALESRAA SYMPOSIUM EXPLORING THE PLEIOTROPIC EFFECTS OF DAPAGLIFLOZIN Prof. **Noha Gaber** (Egypt)
15 Min.	VIATRIS SYMPOSIUM Prof. **Nasser Taha** (Egypt)

9 IS TYPE 1 DM PREVENTABLE?

Hall A
05:50 – 06:35 PM

CHAIRPERSONS

Prof. **Abdelkhalek Hamed** (Egypt) - Prof. **Aymen Elmenofy** (Egypt)
Prof. **Hisham Habib** (Egypt) - Prof. **Hala Kahla** (Egypt) - Prof. **Yasser Abdelhameed** (Egypt)

TIME	LECTURE
15 Min.	TYPE 1 DIABETES PREVENTION: UPDATES AND DEBATES Prof. **Farid Fawzy** (Egypt)
05 Min.	DISCUSSION

10 EAVA

07:00 – 07:40 PM

CHAIRPERSONS

Prof. **Ashraf Reda** (Egypt) - Prof. **Atef Elbahry** (Egypt) - Prof. **Mohamed Selim** (Egypt)

MODERATOR

Prof. **Yasser Huzayn** (Egypt)

TIME	LECTURE
15 Min.	CONFRONTING OBESITY TO PREVENT CVD: ACTION IS NOW Prof. **Atef Elbahry** (Egypt)
15 Min.	TYPES OF OBESITY AND THEIR IMPACT ON CV DISEASE, THEY AREN'T THE SAME! Prof. **Mohamed Selim** (Egypt)
05 Min.	DISCUSSION

11 PHARMACEUTICAL COMPANIES CHALLENGES IN MANAGEMENT OF TYPE 1 DIABETES

Hall B
09:30 – 10:25 AM

CHAIRPERSONS

Prof. **Dina Khedr** (Egypt) - Prof. **Shereen Abdelghaffar** (Egypt)
Prof. **Radwa Shamma** (Egypt) - Prof. **Mona Atteya** (Egypt)

TIME	LECTURE
15 Min.	*Optimizing insulin delivery in type 1 diabetes* — Prof. **Shereen Abdelghaffar** (Egypt)
15 Min.	*Managing challenges of exercise in type 1 diabetes* — Prof. **Radwa Shamma** (Egypt)
15 Min.	*Pitfalls in management of DKA* — Prof. **Dina Khedr** (Egypt)
10 Min.	*Discussion*

12 CRM, THE NEW TREND IN DIABETES MANAGEMENT

Hall B
10:30 – 10:50 AM

CHAIRPERSONS

Prof. **Adel Eletriby** (Egypt) - Prof. **Hisham Magd Eldin** (Egypt) - Prof. **Hoda Mamoun** (Egypt)
Prof. **Shereen Abdel Ghaffar** (Egypt) - Prof. **Yasser Abdelhamid** (Egypt)

TIME	LECTURE
15 Min.	*From CRM Into CARAMEL: Exploring the whole story* — Prof. **Mohamed Awad** (Egypt)
05 Min.	*Discussion*

13 SCIENTIFIC EXCELLENCE IN DIABETES

Hall B
02:45 – 03:45 PM

CHAIRPERSONS

Prof. **Abdel Khalik Hamid** (Egypt) - Prof. **Amr El Meligi** (Egypt)
Prof. **Yasser Abdelhameed** (Egypt)

TIME	LECTURE
10 Min.	**UNCOMMON FORM OF DIABETES (CASE SCENARIO)** Dr. **Tasneem Halaby** (Cairo University)
5 Min.	**DISCUSSION**
10 Min.	**IMPACT OF BARIATRIC SURGERIES ON INSULIN RESISTANCE .. POST RESEARCH REFLECTION** Dr. **Shrouk Gamal** (Suez Canal University)
5 Min.	**DISCUSSION**
10 Min.	**EXPRESSION OF MICRO RNA-27B IN TYPE 2 DIABETIC PATIENTS AND RELATION TO MICROVASCULAR COMPLICATIONS** Dr. **Nourhan Yousery** (Alexandira University)
5 Min.	**DISCUSSION**
10 Min.	**METFORMIN TOXICITY** Dr. **Noha Tarek** (Cairo University)
5 Min.	**DISCUSSION**

14 SCIENTIFIC EXCELLENCE IN DIABETES

Hall B
03:50 – 04:10 PM

CHAIRPERSONS

Prof. **Abdel Khalik Hamid** (Egypt) - Prof. **Amr El Meligi** (Egypt)
Prof. **Yasser Abdelhameed** (Egypt)

TIME	LECTURE
15 Min.	**SUCROSE- FREE LFD CAUSES COLON INFLAMMATION AND LIVER FAT ACCUMULATION** Prof. **Nourah Almansour** (kuwait)
5 Min.	**DISCUSSION**

15 ADOLESCENT DIABETES AND TRANSITION MANAGEMENT

Hall B
06:55 – 07:50 PM

CHAIRPERSONS

Prof. **Farid Fawzy** (Egypt) - Prof. **Hesham Magd Eldin** (Egypt)
Prof. **Hala Kahla** (Egypt) - Prof. **Hesham Habib** - Prof. **Mohamed Abdelmoneim** (Egypt)

TIME	LECTURE
15 Min.	***TYPE 2 DIABETES IN CHILDREN, AN OVERVIEW*** Prof. **Elsayed Ghonamy** (Egypt)
15 Min.	***IS PEDIATRIC TYPE 2 DIABETES A LIFESTYLE DISEASE OR A GENETIC TIME BOMB?*** Prof. **Mona Karim Amin** (Egypt)
15 Min.	***TRANSITION FROM PEDIATRIC TO ADULT DIABETES CARE*** Prof. **Mona Mamdoh** (Egypt)
5 Min.	***DISCUSSION***

16 CMRE – AASD JOINT MEETING

Hall B
07:55 – 08:40 PM

CHAIRPERSONS

Prof. **Elsayed Ghonamy** (Egypt) - Prof. **Hisham Habib** (Egypt)
- Prof. **Yasser Abdelhameed** (Egypt) - Prof. **Rasha Azmy** (Egypt) - Prof. **Sherif Hafez** (Egypt)

TIME	LECTURE
20 Min.	***HEPATOGENOUS DIABETES AND CIRRHOSIS - THE LINK*** Prof. **Rajeev Chawla** (India) Online
20 Min.	***WOMEN AND DIABETES: NEED FOR GENDER SPECIFIC GUIDELINES*** Prof. **Shalini Jaggi** (India) Online
5 Min.	***DISCUSSION***

17 ORAL PRESENTATION

Hall C
09:30 – 10:30 AM

CHAIRPERSONS

Prof. **Rasha Sobh** (Egypt)

TIME	LECTURE
10 Min.	***Novel developments in chemistry and biological activity of antidiabetics*** Dr. **Mahmoud N. M. Yousif**
10 Min.	***Determinants of satisfactory foot care knowledge and practice among diabetic patients attending outpatient clinics at a university hospital, Cairo, Egypt.*** Dr. **Inas Abd El Rahim Ali Mostafa**
10 Min.	***Comparison of Different Diet plans on Patients with Type 2 Diabetes*** Dr. **Shaimaa A. Fathy**
10 Min.	***Efficacy and safety of tesamorelin, a growth hormone-releasing hormone analogue (GHRH), in managing lipodystrophy, hepatic fat, and body composition in HIV-infected patients: a systematic review and meta-analysis*** Dr. **Ahmed Samy Badran**
15 Min.	***Discussion***

18 WORKSHOP I (ADVANCING DIABETES CARE THROUGH TECHNOLOGY)

Hall C
02:30 – 08:00 PM

CHAIRPERSONS

Prof. **Andrew Behnke** (USA) - Prof. **Hazem Elashmawy** (Egypt)
Prof. **Mona Karim** (Egypt) - Prof. **Mona Mamdouh** (Egypt)

TIME	LECTURE
45 Min. 02:30 – 03:15 PM	**OPENING & KEYNOTE** Prof. **Andrew Behnke** (USA)
60 Min. 03:15 – 04:15 PM	**SESSION 1** **CONTINUOUS GLUCOSE MONITORING (CGM) – OPTIMIZING CLINICAL DECISION-MAKING** Prof. **Andrew Behnke** (USA)
60 Min. 04:15 – 05:15 PM	**SESSION 2** **INSULIN PUMPS & AUTOMATED INSULIN DELIVERY (AID) – PERSONALIZED DIABETES MANAGEMENT** Prof. **Mona Karim** (Egypt)
60 Min. 05:15 – 06:15 PM	**HANDS-ON WORKSHOP** **USING DIABETES TECHNOLOGY IN CLINICAL PRACTICE** Prof. **Mona Mamdouh** (Egypt)
60 Min. 06:15 – 07:15 PM	**ARTIFICIAL INTELLIGENCE IN DIABETES CARE – THE FUTURE OF DECISION SUPPORT** Prof. **Hazem Elashmawy** (Egypt)
45 Min. 07:15 – 08:00 PM	**CLOSING SESSION** **FUTURE TRENDS & CLINICAL INTEGRATION** Prof. **Andrew Behnke** (USA)

THURSDAY
1 MAY 2025

19 FUTURE OF DIABETES MANAGEMENT

Hall A
09:00 – 09:45 AM

CHAIRPERSONS

Prof. **Ahmed Morad** - Prof. **Amera Ahmed** - Prof. **Amr El Meligy**
Prof. **Mick Kumwenda** (UK) - Prof. **Tatjana Milenkovic** (Macedonia)

TIME	LECTURE
15 Min.	*TAKE A LOOK AT THE FUTURE CASE PRESENTATION* Prof. **Omar Elsaadany** (Egypt)
20 Min.	*LOOKING INTO THE FUTURE OF DIABETES MANAGEMENT* *NEW INSIGHTS AND CHALLENGES OF DATA COLLECTION AND MANAGEMENT IN DIABETES* *PROF. Massimo Massi Bendetti (ITALY)*
10 Min.	*DISCUSSION*

20 DIABETES AND PREGNANCY

Hall A
09:50 – 10:35 AM

CHAIRPERSONS

Prof. **Ahmed Morad** - Prof. **Amera Ahmed** - Prof. **Amr El Meligy**
Prof. **Mick Kumwenda** (UK) - Prof. **Tatjana Milenkovic** (Macedonia)

TIME	LECTURE
15 Min.	*DIABETES IN PREGNANCY; A PRACTICAL APPROACH* Prof. **Magdy Helmy** (Egypt)
20 Min.	*CGM DURING PREGNANCY* Prof. **Tatjana Milenkovic** (Macedonia)
10 Min.	*DISCUSSION*

21 METABOLIC SYNDROME, BACK TO THE SCENE

Hall A
10:40 – 11:50 AM

CHAIRPERSONS

Prof. ***Massimo Massi Bendetti*** *(Italy) - Prof.* ***Tatjana Milenkovic*** *(Macedonia)*
Prof. ***Mohamed Nagib*** *(Egypt) - Prof.* ***Rawya Khater*** *- Prof.* ***Yasser Abdelhameed*** *(Egypt)*

TIME	LECTURE
20 Min.	***THE METABOLIC MEMORY IS BACK*** *Prof.* ***Antonio Cerillo*** *(Italy)*
20 Min.	***CLINICAL IMPLICATIONS OF INSULIN RESISTANCE AND PREDIABETES*** *Prof.* ***Djuro Macut*** *(Serbia)*
20 Min.	***STRESS AND METABOLIC SYNDROME*** *Prof.* ***George Mastorakos*** *(Greece)*
10 Min.	***DISCUSSION***

22 PREVENTION OF OBESITY /T2D IN ADOLESCENTS

Hall A
11:55 – 12:45 PM

CHAIRPERSONS

Prof. ***Abdelmajid Chraibi*** *(Morocco) - Prof.* ***Andrew Behnke*** *(USA) -* ***Prof. Inass Shaltout***
Prof. ***Peter Shwartz*** *(Germany) - Prof.* ***Rawya Khater*** *- Prof.* ***Tatjana Milenkovic*** *(Macedonia)*

TIME	LECTURE
10 Min.	***SCREENING FOR OBESITY AND TYPE 2 DIABETES IN YOUTH*** *Prof.* ***Amr El Meligi*** *(Egypt)*
10 Min.	***RECOMMENDATIONS FOR PHARMACOTHERAPY AND BARIATRIC SURGERY IN ADOLESCENTS WITH OBESITY OR OVERWEIGHT*** *Prof.* ***Inass Shaltout*** *(Egypt)*
10 Min.	***PHYSICAL EXERCISE; COMBATING SEDENTARY LIFESTYLE IN YOUTH*** *Prof.* ***Hany Hammad*** *(Egypt)*
10 Min.	***USES OF MEDIA AND TECHNOLOGY TOOLS IN PREVENTION OF T2D AND OBESITY IN ADOLESCENTS*** *Prof.* ***Iman El Sherif*** *(Egypt)*
10 Min.	***DISCUSSION***

23 EGYPTIAN SOCIETY OF CARDIOLOGY: ESC SESSION

Hall A
12:50 – 02:00 PM

CHAIRPERSONS

Prof. **Gamela Nasr** - **Prof. Hany Hammad** - Prof **Magdy Abdelhamid**
Prof **Nabil Farag** - Prof **Nasser Taha**

TIME	LECTURE
10 Min.	***Percutaneous coronary interventions in the diabetic patient: Where do we stand?*** Prof. **Nabil Farag** *(Egypt)*
10 Min.	***Heart failure guidelines for the diabetologist!*** Prof. **Magdy Abdelhameed** *(Egypt)*
10 Min.	***Linking diabetes and peripheral vascular disease*** Prof. **Nasser Taha** *(Egypt)*
10 Min.	***Levels of prevention: Primordial prevention vs primary prevention*** Prof. **Gamela Nasr** *(Egypt)*
10 Min.	***Discussion***
	02:00 – 02:20 PM Coffee Break

24 MSD SYMPOSIUM

MSD

Hall A
02:25 – 03:05 PM

MODERATOR

Prof. **Mohamed Fahmy Abdelaziz** *(Egypt)*

TIME	LECTURE
20 Min.	***Sitagliptin in new guidelines, management of different patient profiles*** Prof. **Azza Abdelkarim** *(Egypt)*
20 Min.	***Diabetes Management for Special Populations*** Prof. **Mohamed Abdelraouf** *(Egypt)*

25 PHARMACEUTICAL COMPANIES SYMPOSIUM

Hall A
03:10 – 04:25 PM

TIME	LECTURE
15 Min.	***BI SYMPOSIUM*** ***JARDIANCE ACROSS CRM PATIENTS*** *Prof.* ***Nader Wadea*** *(Egypt)*
15 Min.	***BI SYMPOSIUM*** ***JARDIANCE ACROSS CRM PATIENTS*** *Prof.* ***Yasser Hozayen****(Egypt)*
15 Min.	***ALESRAA SYMPOSIUM*** ***DIABETIC NEUROPATHY MANAGEMENT, WHAT IS NEW?*** *Prof.* ***Azza Abdelkarim*** *(Egypt)*
15 Min.	***PHARCO CSC SYMPOSIUM*** ***EARLY INITIATE AND SHIELD YOUR TYPE-2 DIABETIC PATIENT*** *Prof.* ***Aliaa Elsherbiny****(Egypt)*
15 Min.	***PHARCO SYMPOSIUM*** ***DIABETIC PERIPHERAL NEUROPATHY IN CLINICAL PRACTICE*** *Prof.* ***Hany Hammad****(Egypt)*

26 PHARMACEUTICAL COMPANIES SYMPOSIUM

Hall A
04:30 – 05:35 PM

TIME	LECTURE
15 Min.	***ADWIA SYMPOSIUM*** ***PHARMABETIC PLUS ROLE IN CONTROL DIABETES MELLITUS TYPE 2*** *Prof.* ***Manal Elmasry****(Egypt)*
15 Min.	***MULTICARE SYMPOSIUM***
15 Min.	***EVA SYMPOSIUM*** ***BEYOND THE BASICS: ADVANCED STRATEGIES WITH BASAL INSULIN*** *Prof.* ***Manal Elmasry****(Egypt)*
15 Min.	***VIATRIS SYMPOSIUM*** *Prof.* ***Hany Hammad*** *(Egypt)*

27 PHARMACEUTICAL COMPANIES SYMPOSIUM

Hall A
05:35 – 06:05 PM

TIME	LECTURE
15 Min.	*RAMEDA SYMPOSIUM* *DAPAVELDACTIN AND ITS ROLE IN UNLOADING THE COMPLICATIONS BURDEN* Prof. **Hesham Metwally** (Egypt)
15 Min.	*NERHADO SYMPOSIUM*

28 EPCL: EGYPTIAN PSYCH-CARDIOLOGY LEAGUE AND EGWGPC: EGYPTIAN SOCIETY OF CARDIOLOGY- WORKING GROUP OF PSYCHO- CARDIOLOGY

Hall A
06:05 – 06:35 PM

CHAIRPERSONS

Prof. **Abdelkalik Hamed** (Egypt) - Prof. **Amr Elmeligi** (Egypt)

TIME	LECTURE
15 Min.	*DIABETO-PSYCHO-CARDIOLOGY* Prof. **Ahmed EL Ghalid** (Egypt)
10 Min.	*DISCUSSION*

29 DIABETES COMPLICATIONS & COMORBIDITIES

Hall A
06:40 – 07:15 PM

CHAIRPERSONS

Prof. **Hazem Ashmawy(Egypt)** - Prof. **Maha Assem** - Prof. **Magdy AbdelHamid**
Prof. **Manal Helal** (Egypt) - Prof. **Yasser Abdelhameed** (Egypt)

TIME	LECTURE
15 Min.	*NEW REGIONAL DIABETIC RETINOPATHY GUIDELINES* Prof. **Muhammad Hassanien** (Egypt)
15 Min.	*DIABETES AND THE MIND* Prof. **Hesham Magd Eldin**(Egypt)
5 Min.	*DISCUSSION*

30 DIABETES AND THE HEART

Hall A
07:20 – 07:55 PM

CHAIRPERSONS

Prof. **Ahmed EL GHALID (Egypt)** - Prof. **Eman Elshorbagi** (Egypt)
Prof. **Heba Habib** (Egypt) - Prof. **Medhat Elsahr** - Prof. **Maha Assem** (Egypt)

TIME	LECTURE
15 Min.	**CARDIOVASCULAR AUTONOMIC NEUROPATHY IN DIABETES** Prof. **Mohamed Elmerry** (Egypt)
15 Min.	**CARDIOVASCULAR TRIALS AND ANTI-DIABETIC MANAGEMENT** Prof. **Shaymaa Abdelmaabod** (Egypt)
5 Min.	**DISCUSSION**

31 BIOMARKERS IN DIABETES MANAGEMENT

Hall A
08:00 – 08:35 PM

CHAIRPERSONS

Prof. **Heba Habib** (Egypt) - Prof. **Hisham Habib** (Egypt) - Prof. **Hosny Elfayomy** (Egypt)
Prof. **Mohamed Magdy** - Prof. **Mohamed Elkasas**

TIME	LECTURE
15 Min.	**BIOMARKERS IN DIABETES MANAGEMENT** Prof. **Eman Elshorbagi** (Egypt)
15 Min.	**C PEPTIDE** Prof. **Maha Assem** (Egypt)
5 Min.	**DISCUSSION**

32 BIOMARKERS IN DIABETES MANAGEMENT

Hall A
08:00 – 08:35 PM

CHAIRPERSONS

Prof. **Abdelkhalek Hamed** (Egypt) - Prof. **Hisham Magd Eldin** (Egypt)
Prof. **Mohamed Hegazy - Prof. Mona Karim** - Prof. **Omar Elssadany**

TIME	LECTURE
15 Min.	**DIABETES AFTER STEROIDS THERAPY** Prof. **Abdelmajid Chraibi** (Morocco)
5 Min.	**DISCUSSION**

33 GI MANIFESTATIONS OF ENDOCRINAL DISEASES

Hall B
09:00 – 09:55 AM

CHAIRPERSONS

Prof. **Ahmed Morad Hashem** - Prof. **Medhat Elsahar** - Prof. **Rasha Sobh**
Prof. **Mohamed Assy** - Prof. **Mahmoud Hemida**

TIME	LECTURE
15 Min.	***NET,It is rare ....but take care*** Prof. **Ahmed Morad Hashem** (Egypt)
15 Min.	***GIT symptoms in diabetic patients.*** Prof. **Mohamed Naguib** (Egypt)
15 Min.	***The GIT face of thyroid disorders.*** Prof. **Medhat Elsahar** (Egypt)
10 Min.	***Discussion***

34 GENETIC BACKGROUND IN DIABETES & OBESITY

Hall B
10:00 – 10:40 AM

CHAIRPERSONS

Prof. **Hisham Habib (Egypt)** - Prof. **Hanaa Kandil(Egypt)**
Prof. **Mohamed Hegazy(Egypt)** - Prof. **Nehal Hamdy Egypt)** - Prof. **Sahar Elwakeel** (Egypt)

TIME	LECTURE
15 Min.	***Diabetes and genetics*** Prof. **Mohammed Hejazy** (Egypt)
15 Min.	***Epigenic signature of obesity*** Prof. **Sahar Elwakel** (Egypt)
10 Min.	***Discussion***

35 DIABETES AND LIVER

Hall B
10:45 – 12:00 PM

CHAIRPERSONS

Prof. **Azza Abdel Karim** - Prof. **Abdel Khalik Hamid** - Prof. **Ashraf Abobakr**
Prof. **Mohamed Elboraay** - Prof. **Sherif Abdel Fatah**

TIME	LECTURE
15 Min.	**WHAT HAPPENS WHEN GUT FLORA IMBALANCE??** Prof. **Mohamed Elboraay** (Egypt)
15 Min.	**WHAT IS THE RELATIONSHIP BETWEEN GUT MICROFLORA AND DIABETES?** Prof. **Omar Heikal** (Egypt)
15 Min.	**HOW DOES THE GUT MICROBIOME AFFECT THE LIVER?** Prof. **Hosny Salama** (Egypt)
15 Min.	**TYPE 2 DM AND LIVER DISEASE: ACROSS THE GUT-LIVER AXIS** Prof. **Abdel Khalik Hamid** (Egypt)
15 Min.	**DISCUSSION**

36 DIABETES AND KIDNEY

Hall B
12:05 – 01:20 PM

CHAIRPERSONS

Prof. **Hany Hammad (Egypt)** - Prof. **Hatem Darweish (Egypt)** - Prof. **Saied Khames** (Egypt)
Prof. **Manal ElMasry** - Prof. **Mick Kumwenda** (UK)

MODERATOR

Prof. **Yasser Abdel Hamid** (Egypt)

TIME	LECTURE
15 Min.	**PREVENTION OF DIABETIC NEPHROPATHY** **PROF. Hany Hammad (EGYPT)**
15 Min.	**OPTIMIZING ANTIPROTEINURIC THERAPY** **PROF. Hatem Darweish (EGYPT)**
15 Min.	**INITIATION OF RENAL REPLACEMENT THERAPY IN DIABETIC ESRD** **PROF. Saied Khames (EGYPT)**
15 Min.	Dyslipidemia and diabetic kidney disease Prof. **Mick Kumwenda** (UK)
15 Min.	**DISCUSSION**

37 DIABETES IN GERIATRIC TIMES

Hall B
01:25 – 02:00 PM

CHAIRPERSONS

Prof. **Eman Mahmoud** (Egypt) - Prof. **Omar Elsaadany** (Egypt) - Prof. **Nehal Hamdy** (Egypt)
Prof. **Rasha Sobh** (Egypt) - Prof. **Sahar Elwakeel** (Egypt)

TIME	LECTURE
15 Min.	TREATMENT OF DIABETES OLD IS GOLD Prof. **Omar Elsaadany** (Egypt)
15 Min.	PERSONALIZING DIABETES TREATMENT IN OLDER ADULTS: BALANCING EFFICACY AND SAFETY Prof. **Maha Youssef** (Egypt)
05 Min.	DISCUSSION
	02:00 – 02:20 PM COFFEE BREAK

38 OBESITY & NUTRITION

Hall B
02:25 – 03:05 PM

CHAIRPERSONS

Prof. **Maha Mowafy** (Egypt) - Prof. **Mona Hegazy** (Egypt)
Prof. **Sahar Khairy** (Egypt) - Prof. **Wesam Ibrahem** (Egypt)

TIME	LECTURE
15 Min.	OBESITY AND MASLD IN NUTRITIONAL PLAN Prof. **Mona Hegazy** (Egypt)
15 Min.	OBESITY WITH HYPERTRIGLYCERIDEMIA, LOW HDL AND HIGH LDL IN NUTRITIONAL PLAN Prof. **Wesam Ibrahem** (Egypt)
10 Min.	DISCUSSION

39 DIABETES AND MALIGNANCY

Hall B
04:20 – 04:40 PM

CHAIRPERSONS

Prof. **Eman Elshorbagy** (Egypt) - Prof. **Maha Assem** (Egypt)
Prof. **Rasha Sobh** (Egypt) - Prof. **Mohamed Naguib WIFI** - Dr. **Nader Wadie**

TIME	LECTURE
15 Min.	DIABETES MANAGEMENT IN CANCER PATIENTS: CHALLENGES AND CLINICAL CONSIDERATION Prof. **Mohamed Magdy** (Egypt)
05 Min.	DISCUSSION

40 HYPOGLYCEMIA

Hall B
04:45 – 05:20 PM

CHAIRPERSONS

Prof. **Eman Mahmoud** (Egypt) - Prof. **Hisham Habib** (Egypt
Prof. **Mohamed Magdy** (Egypt) - Prof. **Nehal Hamdy** - Prof. **Soad Soltan** (Egypt)

TIME	LECTURE
15 Min.	**TECHNOLOGICAL ADVANCES IN HYPOGLYCEMIA PREVENTION** Prof. **Maha Assem** (Egypt)
15 Min.	**HYPOGLYCEMIA-ASSOCIATED AUTONOMIC FAILURE (HAAF) AND RECURRENT HYPOGLYCEMIA** Prof. **Dina Farouk** (Egypt)
05 Min.	**DISCUSSION**

41 ECONOMICS AND UPDATES IN MANAGEMENT

Hall B
05:25 – 06:00 PM

CHAIRPERSONS

Prof. **Eman Elshorbagy** (Egypt) - Prof. **Hanaa Kandil** (Egypt) - Prof. **Ahmed El Ghalid**
Prof. **Amera Ahmed** - Prof. **Soad Soltan** (Egypt)

TIME	LECTURE
15 Min.	**COST-EFFECTIVENESS OF DIABETES THERAPY** Prof. **Hesham Magd Eldin** (Egypt)
15 Min.	**CONTINUOUS GLUCOSE MONITORING** Prof. **Amera Ahmed** (Egypt)
05 Min.	**DISCUSSION**

42 DYSLIPIDEMIA IN PEOPLE WITH DIABETES

Hall B
06:05 – 06:40 PM

CHAIRPERSONS

Prof. **Hosny Elfayomy** (Egypt) - Prof. **Maha Assem** (Egypt) - Prof. **Manal Helal (Egypt)**
Prof. **Mohamed Nagib Wifi** (Egypt) - Prof. **Sayed Gad** (Egypt) - Prof. **Yasser Abdelhameed** (Egypt)

TIME	LECTURE
15 Min.	**STATIN INTOLERANCE: MYTH OR REALITY** Prof. **Hanaa Kandel** (Egypt)
15 Min.	**DYSLIPIDEMIA MANAGEMENT IN DIABETES: NAVIGATING THE LATEST GUIDELINES** **PROF. Shaymaa Fathy (EGYPT)**
05 Min.	**DISCUSSION**

43 PHARMACEUTICAL COMPANIES SYMPOSIUM

Hall B
04:45 – 05:20 PM

CHAIRPERSONS

Prof. **Eman Mahmoud** (Egypt) - Prof. **Hisham Habib** (Egypt
Prof. **Mohamed Magdy** (Egypt) - Prof. **Nehal Hamdy** - Prof. **Soad Soltan** (Egypt)

TIME	LECTURE
10 Min.	EIPICO SYMPOSIUM
10 Min.	COPAD SYMPOSIUM
10 Min.	MARCYRL SYMPOSIUM
10 Min.	PHARMACURE SYMPOSIUM
10 Min.	ATCO SYMPOSIUM
10 Min.	MUP SYMPOSIUM

44 PHARMACEUTICAL COMPANIES SYMPOSIUM

Hall B
04:45 – 05:20 PM

CHAIRPERSONS

Prof. **Eman Mahmoud** (Egypt) - Prof. **Hisham Habib** (Egypt
Prof. **Mohamed Magdy** (Egypt) - Prof. **Nehal Hamdy** - Prof. **Soad Soltan** (Egypt)

TIME	LECTURE
15 Min.	MASLD RISK STRATIFICATION: INTEGRATING BIOMARKERS, IMAGING, AND CLINICAL SCORES Prof. **Mohamed El kassas** (Egypt)
05 Min.	DISCUSSION

45 ORAL PRESENTATION

Hall C
09:30 – 10:20 AM

CHAIRPERSONS

Prof. **Hesham Habib** (Egypt) - Prof. **Hazem Ashmawy** (Egypt)

TIME	LECTURE
10 Min.	***Diabetes, hypogonadism and growth hormone deficiency in a 13-year-old male with H syndrome: The first case report from Egypt*** Dr. **Noura Elbakry**
10 Min.	***Impact of blood monocytes (CD14 and CD16) in diagnosis and prognosis of recent onset TIDM*** Dr. **Ahmed N. Gamil**
10 Min.	***Study of mitogen activated protein kinase gene and family history of diabetes as predictor of diabetic foot ulcer in type II diabetes*** Dr. **Samia Elsaid Mahmoud Radwan**
10 Min.	***Early aged mice stay metabolically stable with high fat diet*** Dr. **Fatemah Bahman**
15 Min.	***Discussion***

46 WORKSHOP II (EMPOWERING DIABETES EDUCATORS – A PRACTICAL APPROACH

Hall C
02:30 – 08:00 PM

CHAIRPERSONS

Prof. **Amera Ahmed** - Dr. **Eman Osama** - Prof. **Hesham Magdeldien** - Prof. **Iman El Sherif**
Prof. **Rasha Sobh**

TIME	LECTURE
30 Min. 10:45 – 11:15 AM	**SESSION 1** **UNDERSTANDING DIABETES - THE BASICS** Prof. **Iman El Sherif** (Egypt)
60 Min. 11:15 – 12:15 PM	**SESSION 2** **LIFESTYLE & DIABETES – THE POWER OF HEALTHY CHOICES** Prof. **Rasha Sobh** (Egypt)
45 Min. 12:15 – 01:00 PM	**SESSION 3** **NON-INSULIN THERAPIES – MEDICATIONS FOR DIABETES** Prof. **Hesham Magd Eldin** (Egypt)
45 Min. 01:00 – 01:45 PM	**SESSION 4** **INSULIN THERAPY – UNDERSTANDING & TEACHING SAFE USE** Dr. **Mohamed Oraby** (Egypt)
	02:00 – 02:20 PM COFFEE BREAK
45 Min. 02:30 – 03:15 PM	**SESSION 5** **CARBOHYDRATE COUNTING & BLOOD SUGAR CONTROL** Prof. **Mona Karim** (Egypt)
45 Min. 03:15 – 04:00 PM	**SESSION 6** **DIABETES & TECHNOLOGY** Prof. **Amera Ahmed** (Egypt)
45 Min. 04:00 – 4:45 PM	**SESSION 7** **DIABETIC FOOT – PREVENTION & CARE** Prof. **Amera Ahmed** (Egypt)
45 Min. 04:45 – 05:30 PM	**SESSION 8** **DIABETES COMPLICATIONS & COMORBIDITIES OVERVIEW** Dr. **Eman Osama** (Egypt)
10 Min. 05:30 – 5:40	**FINAL DISCUSSION & TAKEAWAYS** Prof. **Iman El Sherif** (Egypt)

47 ORAL PRESENTATION

Hall C
06:00 – 06:40 PM

CHAIRPERSONS

Prof. **Ayman Elmenofy** (Egypt) - Prof. **Elsayed Elghonimy** (Egypt) - Prof. **Iman Elsherif** (Egypt)
Prof. **Sayed Gad** (Egypt)

TIME	LECTURE
10 Min.	*New horizon of the combined BCG vaccine with probiotic and liraglutide in augmenting beta cell survival via suppression of TXNIP/NLRP3 pyroptosis signaling in streptozocin - Induced Diabetes MellitesType-1 in Rats.* Dr. **Amira Karam Khalifa**
10 Min.	*Reshaping Health: COVID-19's Influence on exercise and diet in primary care patients in Cairo, Egypt* Dr. **Ghada O. Wassif**
10 Min.	*Navigating LDL Estimation: current challenges and emerging alternatives* Dr. **Omneya Abdelkarem**
10 Min.	*Discussion*

FRIDAY
2 MAY 2025

48 METABOLIC DYSFUNCTION IN OBESITY & DIABETES

Hall A
10:00 – 1 0:45 AM

CHAIRPERSONS

Prof. ***Azza Abdelkareem*** *(Egypt) - Prof.* ***George Mastorakos*** *(Greece)*
Prof. ***Hany Hammad*** *(Egypt) - Prof.* ***Iman Elsherif*** *(Egypt)*

TIME	LECTURE
20 Min.	***MENOPAUSE AND OBESITY*** *Prof.* ***George Mastorakos*** *(Greece)*
15 Min.	***ROLE OF ADIPOCYTE IN METABOLIC DYSFUNCTION*** *Prof.* ***Iman El Sherif*** *(Egypt)*
10 Min.	***DISCUSSION***

49 ZETA SYMPOSIUM

ZETA PHARMA

Hall A
10:45 – 11:00 AM

CHAIRPERSONS

TIME	LECTURE
15 Min.	***DUAL THERAPY: A CORNERSTONE IN BRIDGING GAPS IN DIABETES CARE*** *Prof.* ***Talaat Abdelaaty*** *(Egypt)*

50 METABOLIC DYSFUNCTION IN OBESITY & DIABETES

Hall A
11:05 – 11:40 AM

CHAIRPERSONS

Prof. ***Abdel Khalik Hamid*** *- Prof.* ***Farid Fawzy*** *- Prof.* ***Talaat Abdelaty*** *(Egypt)*
Prof. ***Shorok Mousa*** *(Egypt)*

TIME	LECTURE
20 Min.	***PAST, PRESENT AND FUTURE OF INSULIN THERAPY*** *Prof.* ***Farid Fawzy*** *(Egypt)*
15 Min.	***UNVEILING TOBACCO INDUSTRY TACTICS: IMPLICATIONS FOR DIABETES, NCD BURDEN, AND 2030 SDG TARGETS IN THE EASTERN MEDITERRANEAN.*** *Prof.* ***Thamer Elhalfy*** *(Iraq)*
10 Min.	***DISCUSSION***

51 AZHAR UNIVERSITY SESSION

Hall A
11:50 – 01:00 PM

CHAIRPERSONS

Prof. **Elham Yousef** - Prof. **Gamal Badr** (Egypt) - Prof. **Ibrahim Ghonim** (Egypt)
Prof. **Mahmoud Ezzat** (Egypt) - Prof. **Mahmoud Hemida** (Egypt)

TIME	LECTURE
15 Min.	***DIABETES AND METABOLIC BONE HEALTH: WHAT'S NEW?*** Prof. **Mahmoud Ezzat** (Egypt)
15 Min.	***DIABETES AND LUNG*** Prof. **Mahmoud Hemida** (Egypt)
15 Min.	***DIABETES AND STROKE: DIABETOLOGIST PERSPECTIVE*** Prof. **Olfat Fawzy** (Egypt)
15 Min.	***DIABETES AND CHRONIC LIVER DISEASES*** Prof. **Abd-alrahman Shalaby** (Egypt)
10 Min.	***DISCUSSION***

01:00 – 01:30 PM PRAYER &COFFEE BREAK

51 DIABETES AND VASCULAR DISEASES

Hall A
01:30 – 02:15 PM

CHAIRPERSONS

Prof. **Afaf Abdeltawab** (Egypt) - Prof. **Amr Elmeligi** (Egypt) - Prof. **Amira Ahmed** (Egypt)
Prof. **Sama Ayman** (Egypt) - Prof. **Heba Mahmoud** (Egypt)

TIME	LECTURE
15 Min.	***CHALLENGES OF THE USE OF ANTIPLATELETS AND ANTICOAGULANTS IN PEOPLE WITH DIABETES WITH VASCULAR DISEASES*** Prof. **Sama Ayman** (Egypt) Prof. **Heba Mahmoud** (Egypt)
15 Min.	***DIABETES AND CHRONIC LIVER DISEASES*** Prof. **Abd-alrahman Shalaby** (Egypt)
20 Min.	***DISCUSSION***

53 DIABETES IN SPECIAL POPULATIONS

Hall B
10:00 – 10:40 AM

CHAIRPERSONS

Prof. **Farid Fawzy** (Egypt) - Prof. **Hazem Ashmawy** (Egypt)

TIME	LECTURE
15 Min.	**BREAK THE CHAIN OF DIABETES FEAR IN PREGNANCY** — Prof. **Amera Ahmed** (Egypt)
15 Min.	**CHALLENGES AND STRATEGIES FOR DIABETES MANAGEMENT IN THE ELDERLY** — Prof. **Shrouk Mousa (**Egypt)
10 Min.	**DISCUSSION**

54 AASD METABOLIC SURGERY CONSENSUS

Hall B
10:45 – 11:35 PM

CHAIRPERSONS

Prof. **Abdel Khalik Hamed** (Egypt) - Prof. **Amr El Meligi** (Egypt) - Prof. **Hany Hammad** (Egypt)
Prof. **Hesham Magd Eldin** (Egypt) - Prof. **Inass Shaltout** (Egypt) - Prof. **Maha Yousef** (Egypt)
Prof. **Rasha Sobh** (Egypt)

TIME	LECTURE
05 Min.	**WHICH PERSON SHOULD HAVE SURGERY & WHEN?** — Prof. **Hesham Magd Eldin** (Egypt)
05 Min.	**EPIGENIC SIGNATURE OF OBESITY** — Prof. **Sahar Elwakel** (Egypt)
05 Min.	**HINT ON TYPES OF METABOLIC/BARIATRIC PROCEDURES** — Prof. **Amr El Meligi** (Egypt)
05 Min.	**WHAT IS THE EFFECT OF BARIATRIC SURGERY ON TYPE 2 DIABETES REMISSION AND LONG-TERM BLOOD SUGAR CONTROL?** — Prof. **Maha Yousef** (Egypt)
05 Min.	**AN BARIATRIC SURGERY EFFECTIVELY REVERSE NON-ALCOHOLIC FATTY LIVER DISEASE (NAFLD) IN PATIENTS WITH OBESITY?** — Prof. **Abdel Khalik Hamed** (Egypt)
05 Min.	**METABOLIC SURGERIES IN CHRONIC KIDNEY DISEASE** — Prof. **Hany Hammad** (Egypt)
05 Min.	**COMPLICATIONS OF METABOLIC SURGERY** — Prof. **Rasha Sobh** (Egypt)
05 Min.	**RECOMMENDATIONS FOR MANAGING OBESITY** — Prof. **Inass Shaltout** (Egypt)
10 Min.	**DISCUSSION**

POSTERS ABSTRACTS

Abubakr Sowilem

- *Empagliflozin-induced Delayed onset Euglycemic Diabetic Ketoacidosis*

Ghada Zaghloul

- *Impact of Anemia on HbA1C Level in Type 2 Egyptian Diabetic Patients Lives in Cairo Government (Which is Which)*

Nermine Ezz Eldine

- *Expression of Energy Metabolism-Related Genes as Predictive Biomarkers in Obese Individuals with Type 2 Diabetes*

Karim M. Hemdan

- *The Double Threat: Understanding the Interplay of Diabetes and Hypertension*

Baraa Alhendawi

- *How a Year of Genocide Influenced Diabetes Millets Complications and Complications Severity - a Cross-sectional Study on Diagnosed Diabetics of Gaza Strip*

Shady Ahmed

- *Biotechnological Conversion of Agricultural Waste into Natural Sweeteners Using Genetically Modified Fungi*

Amr Abdelhamid

- *Integrating Nutrigenetics and Nutrigenomics in the Study of Chemerin rs17173608 and Vaspin rs2236242 Polymorphisms: Implications for Type 2 Diabetes Mellitus in the Egyptian Population*



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