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AASD



22nd Annual International Conference of

Arabic Association for the Study of Diabetes and Metabolism

22- 24 April 2026 Semiramis Hotel , Cairo, Egypt

The Conference is Accredited with
24 CPD Points

International Speakers



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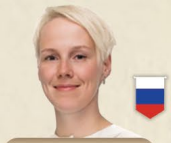
Abdelmajid Chraibi



Andrew J. Behnke



Dayan Colin



Evgenia Sokolova



George Mastorakos



Jamal Belkhadir



Mick Kumwenda



Rajeev Chawla



Rayaz A. Malik



Shashank R Joshi



Tatjana Milenkovic



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Abdel Monem Elshamy
Abeer Abdel-Maksoud
Abeer Sabry
Adel Eletriby
Afaf Abdel Tawab
Ahmad Saad
Ahmed Elghalid
Ahmed Hamam
Ahmed Haroon
Aisha Elsharkawy
Alia Adel Saleh
Amany Abuzeid
Amr Elmeligy
Amr Gad
Amr Helmy
Amr Mahfouz
Ashraf Reda
Assem Seif
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Azza Abdelkarim
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Gehad Gamal
Ghada Anwar
Haitham Abdel basset
Haitham Soliman
Hamza Kabil
Hanaa kandil
Hany Hammad
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Hisham Mustafa
Hosni Salama
Huda Sayed Badawi
Hussein Khaled
Hussien Elfishawy
Ihab Hanna
Iman Elshreef
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Medhat Elsahar
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Mohamed Seleem
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Nabil Fekry
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Nadia AbdelAty
Naser Taha
Nehal Hamdy
Noha Arafa
Noha Gaber
Olfat Fawzy
Omar Heikal
Omayma ElHenawi
Radwa Shamma
Ragaa Ramadan
Raghda Elsheikh
Randa Fayez
Rasha Azmy
Rasha Sobh
Rawia Khater
Rehab Abdelhay
Riem Elmessiery
Rokaya Abdelaziz
Sahar El Wakil
Sama Ayman
Sameh Shaheen
Sameh Tawfik
Sayed Gad
Shaimaa Elrahmany
Shaimaa Fathy
Shereen Abdelghaffar
Sherif Abdelfattah
Taghreed Helal
Talaat Abdelaty
Wessam Elshreef
Yasser Boghdady
Yasser Elsayed
Yasser Hozayen
Zainab Sabra
Zeinab Abdelbaset



DAY 1

Wednesday
22 April 2026

Wednesday 22 April 2026

Hall A

Session 1

09:30 – 09:50 AM

Addressing the Rising Tide of Diabetes

Chairpersons:

Prof. Abdelkhalek Hamed
Prof. Abdelmajid Chraibi
Prof. Amr Elmelegy
Prof. Jamal Belkhadir
Prof. Mohamed Hassanein

15 Min. The epidemiology of diabetes and cardiovascular risk in Middle East and North Africa MENA region
Prof. Abdelmajid Chraibi **(Morocco)**

05 Min. **Discussion**

Session 2

10:00 – 10:50 AM

EAVA Session

Stepping Up:
Managing PAD in Diabetes

Chairpersons:

Prof. Adel Eletriby **(Egypt)**
Prof. Ashraf Reda **(Egypt)**
Prof. Mohamed Seleem **(Egypt)**
Prof. Nader Wadea **(Egypt)**
Prof. Yasser Hozain **(Egypt)**

45 Min. Stepping Up:
Managing PAD in Diabetes
Prof. Ashraf Reda **(Egypt)**
Prof. Mohamed Seleem **(Egypt)**
Prof. Yasser Hozain **(Egypt)**

5 Min. **Discussion**

Hall B

Session 13

10:00 – 11:00 AM

Hyperglycemia and Host Defense: A Clinical Overview

Chairpersons:

Prof. Amr Elmeligy **(Moderator)**
Prof. Amr Gad
Prof. Hisham Habib
Prof. Omayma ElHenawi
Prof. Shaimaa Fathy

15 Min. Immune dysregulation in DM: Understanding the link for infection susceptibility
Prof. Riem Elmessiery **(Egypt)**

15 Min. Life threatening infections in Diabetes
Prof. Haitham Abdel Basset **(Egypt)**

15 Min. Vaccinations in Diabetes
Prof. Huda Sayed Badawi **(Egypt)**

15 Min Mucormycosis in Diabetics Serious Infection
Prof. Ahmad Saad **(Egypt)**



Wednesday 22 April 2026

Hall A

Session 3

10:50 – 11:20 AM

State of Art Lecture I

Chairpersons:

Prof. Abdelmajid Chraibi
Prof. Inas Shaltout

20 Min. **Looking into the Future:**
Global diabetes management in 2030.
Prof. Andrew Behnke **(USA)**

10 Min. **Discussion**

Session 4

11:25 – 12:15 PM

Incretin based anti-obesity medications in treatment of obesity and beyond
Panel Discussion- Sponsored by Novo Nordisk

Chairpersons:

Prof. Alia Adel Saleh
Prof. Amany Abuzeid
Prof. Amr Elmelegy
Prof. Inass Shaltout
Prof. Wessam Elshreef

4 Min. Anti-obesity approved GLP1 RA.
Prof. Inass Shaltout **(Egypt)**

4 Min. GLP1 RA in prevention of diabetes and cardiovascular protection
Prof. Amr Elmelegy **(Egypt)**

4 Min. CKD and the use of Incretin antiobesity
Prof. Hany Hammad **(Egypt)**

4 Min. PCO
Prof. Shereen Abdelghafar **(Egypt)**

4 Min. Role of GLP one in OSA and Hypoventilation syndrome
Prof. Amany Abuzeid **(Egypt)**

4 Min. Updates in Management of Dementia: Potential Role of Antidiabetic Drugs.
Prof. Alia Adel Saleh **(Egypt)**

4 Min. Incretin antiobesity medications and cancer
Prof. Wessam Elshreef **(Egypt)**

4 Min. management of MASLD.
Prof. Iman Elshreef **(Egypt)**

8 Min. Beyond the Guidelines: Can Anti-Obesity Drugs Overtake Metabolic Surgery?
Prof. Inass Shaltout **(Egypt)**



Hall B

Session 14

11:05 – 12:05 PM

The Interplay of Glucose and Glomeruli: A Deep Dive

Chairpersons:

Prof. Diaa Eldin Ashraf
Prof. Dina Salem
Prof. Engy Nasr
Prof. Gehad Gamal
Prof. Sayed Gad **(Moderator)**

15 Min. Predictors of DKD
Prof. Hatem Darwish **(Egypt)**

15 Min. Non Albuminuric DKD
Prof. Ragaa Ramadan **(Egypt)**

15 Min. New standards for DKD prevention
Prof. Hussien Elfishawy **(Egypt)**

5 Min **Discussion**

Wednesday 22 April 2026

Hall A

12:05 – 12:25 PM Coffee Break

Session 5

12:30 – 01:55 PM

Egyptian Society of Cardiology Session

Chairpersons:

Prof. Gamela Nasr **(Egypt)**
Prof. Hamza Kabil **(Egypt)**
Prof. Magdy Abdelhamid **(Egypt)**
Prof. Mohamed Abdelghany **(Egypt)**
Prof. Yasser Elsayed **(Egypt)**

15 Min. Diabetic Dyslipidemia
Prof. Hamza Kabil **(Egypt)**

15 Min. ADA 2026: What Cardiologists **should know**
Prof. Mohamed Abdelghany **(Egypt)**

15 Min. Beyond the lumen: the role of Perivascular fat in diabetic ischemia
Prof. Gamela Nasr **(Egypt)**

15 Min. A Dangerous Duo: Screening, Diagnosis and Management of the Diabetic Heart
Prof. Magdy Abdelhamid **(Egypt)**

15 Min. Lpa as a risk factor
Prof. Yaser Elsayed **(Egypt)**

10 Min. **Discussion**

Opening

02:00 – 02:20 PM

5 Min. **Prof. Hussein Khaled** **(Egypt)**
Former Minister of Higher Education,

5 Min. **Prof. Mohamed Lotaif** **(Egypt)**
President of the Egyptian Health Council

5 Min. **Prof. Fathy Khodier** **(Egypt)**
Former Dean of the Faculty of Medicine, Kasr El Aini

5 Min **Prof. Inass Shaltout** **(Egypt)**
AASD & Conference President

Prof. Amr El Meligi **(Egypt)**
Conference Vice President

Prof. Abdel Khalik Hamid **(Egypt)**
AASD General Secretary

Prof. Sayed Gad **(Egypt)**
AASD Treasurer

AASD: 22 Years of Excellence
A Heritage of Innovations
Honoring Excellence



Hall B

12:05 – 12:30 PM Coffee Break

Session 15

12:30 – 01:30 PM

"Type 1 DM: common pitfalls to avoid in management of type 1 diabetes Insulin Therapy, Nutrition, Exercise, Glucose Monitoring"

Moderators:

Prof. Mona Atteya
Prof. Shereen Abdelghaffar

15 Min. Type 1 Diabetes
Prof. Engy Nasr **(Egypt)**
Prof. Ghada Anwar **(Egypt)**
Prof. Noha Arafa **(Egypt)**
Prof. Radwa Shamma **(Egypt)**

Opening in Hall A

Wednesday 22 April 2026

Hall A

Session 6

02:25 – 02:55 PM

The Egyptian Physician's Roadmap: Balancing Clinical Excellence and Systemic Challenges.

Moderators:

Prof. Inass Shaltout **(Egypt)**
Prof. Gamela Nasr **(Egypt)**

10 Min قانون المسئوليه الطبيه
Prof. Hussein Khaled **(Egypt)**
Former Minister of Higher Education, Egypt

10 Min Different Aspects of Medical Training
Prof. Mohamed Lotaif **(Egypt)**
President of the Egyptian Health Council

10 Min. **Discussion**

Session 7

03:00 – 03:45 PM

State of Art Lecture II
Technology in the Clinic: Maximizing the power of innovation

Chairpersons:

Prof. Inass Shaltout
Prof. Mohamed Hassanen
Prof. Sahar El Wakil

15 Min. Digital therapeutics in the management of diabetes
Prof. Niti Pall **(UK)**

20 Min. Health Equity: Closing the "Digital Divide" in technology access.
Prof. Andrew Behnke **(USA)**

10 Min. **Discussion**

Hall B

Session 16

03:05 – 03:45 PM

National Diabetes institute

Chairpersons:

Prof. Amr Mahfouz
Prof. Atef Bassyouni
Prof. Hazem Ashmawy **(Moderator)**
Prof. Heba Ramadan
Prof. Ihab Hanna

15 Min. There are only two faces of the coin to toss to prevent limb loss, bypass or intervention for full vascular correction
Prof. Ihab Hanna **(Egypt)**

10 Min. Hypokalaemia Hypertension
Prof. Amr Mahfouz **(Egypt)**

10 Min. Diabetes Towards a cure
Prof. Randa Derwish **(Egypt)**

05 Min. Discussion



Wednesday 22 April 2026

Hall A

Session 8

03:50 – 04:50 PM

Redefining Success beyond Diabetes Management

Chairpersons:

Prof. Andrew Behnke
Prof. Mick Kumwenda
Prof. Mohamed Hassanen
Prof. Rayaz A. Malek
Prof. Sahar El Wakil

15 Min. Recent type 2 diabetes guidelines and treatment initiation options
Prof. Mohamed Hassanien **(Egypt)**

15 Min. Strategies to overcome the barriers of cardiometabolic disease management
Prof. Mick Kumwenda **(UK)**

20 Min. Diabetic neuropathy: New screening and pain management protocols
Prof. Rayaz A. Malek **(UK)**

10 Min. **Discussion**

Session 9

04:50 – 05:35 PM

The Turning Point: Strategies for Prevention and Remission

Chairpersons:

Prof. Hazem Ashmawy
Prof. Manal EL Masry
Prof. Nader Wadea

15 Min. AI in Diabetes Prevention and Remission
Prof. Shashank R Joshi **(India)**

15 Min. Diabetes Remission: Is fantasy or reality
Prof. Mick Kumwenda **(UK)**

10 Min. **Discussion**

Hall B

Session 17

03:50 – 04:25 PM

Emerging Trends in Cardiovascular Health

Chairpersons:

Prof. Hany Hammad **(Moderator)**
Prof. Heba Sadek
Prof. Rokaya Abdelaziz
Prof. Wessam Elshreef
Prof. Zainab Sabra

15 Min. Dyslipidemia management: Targeting LDL and beyond in 2026
Prof. Heba Sadek Kassab **(Egypt)**

10 Min. Cardiovascular outcome trials in type 2 Diabetes
Prof. Shaimaa Fathy **(Egypt)**

5 Min.

Session 18

04:30 – 5:20 PM

Chairpersons:

Prof. Ghada Anwar
Prof. Haitham Abdel Basset
Prof. Hamza Kabil
Prof. Hatem Darwish
Prof. Iman Elsherif **(Moderator)**

15 Min. C peptide value
Prof. Ahmed Haroon **(Egypt)**

15 Min. Inflammation and meta inflammation in T2DM
Prof. Dina Salem **(Egypt)**

15 Min. The Musculoskeletal Price of Hyperglycemia: Why Every Clinician Should Care
Prof. Gehad Gamal **(Egypt)**

05 Min. **Discussion**



Wednesday 22 April 2026

Hall A

Session 10

05:35 – 06:20 PM

Companies Symposia

Chairpersons:

15 Min. Diabetes Cloud Symposium
Prof. Abeer Abdel-Maksoud **(Egypt)**

15 Min. Doppel Herz
Prof. Mamdouh El Nakeeb **(Egypt)**

15 Min. Nerhadou Symposium
Prof. Diaa Eldin Ashraf **(Egypt)**

06:20– 06:40 PM Coffee Break 2

Session 11

06:40 – 07:20 PM

Armed Forces College of Medicine

Chairpersons:

Prof. Hesham Magd Eldin
(Moderator)
Prof. Mohamed Abdelfattah
Prof. Mohamed Seleem
Prof. Mona Atteya
Prof. Nader Wadea

15 Min. Fatty Pancreatic Disease:
Emerging insights and clinical implications
Prof. Mohamed Abdelfattah **(Egypt)**

20 Min. Type 2 diabetes remission:
A new therapeutic goal
Prof. Ahmed Hamam **(Egypt)**
Prof. Mohamed Salah **(Egypt)**

05 Min. **Discussion**

Hall B

Session 19

05:25 – 05:50 PM

Aging with Diabetes: Cognitive Health and Frailty Management in Seniors

Chairpersons:

Prof. Hisham Habib **(Moderator)**
Prof. Mohamed Abdel Moniem
Prof. Noha Arafa
Prof. Randa Derwish
Prof. Riem Elmessiery

15 Min. Choosing the Right Therapy in Frail Older Adults
Prof. Mohamed Abdel Moniem **(Egypt)**

15 Min. The Frailty- sarcopenia-diabetes cycle
Prof. Zainab Sabra **(Egypt)**

5 Min.

Session 20

05:55 – 06:25 PM

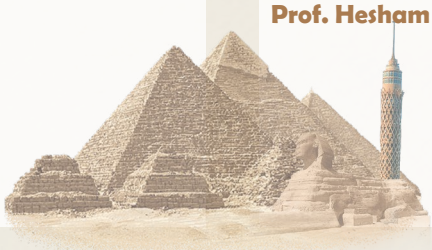
Chrono-Metabolism: Intermittent Fasting and the Pancreatic Clock

Chairpersons:

Prof. Hany Hammad
Prof. Hesham Magd Eldin
Prof. Mona Ameen
Prof. Radwa Shamma
Prof. Sayed Gad **(Moderator)**

15 Min. Medical Benefits of Intermittent fasting
Prof. Hany Hammad **(Egypt)**

15 Min. Melatonin, Metabolism & the pancreatic clock.
Prof. Hesham Magd Eldin **(Egypt)**



Wednesday 22 April 2026

Hall A

Session 12

07:20 – 08:05 PM

A Comprehensive Approach to Chronic Liver Disease

Chairpersons:

Prof. Abeer Sabry
Prof. Gamal Essmat
Prof. Mona Amin

20 Min. Impact of microbiota on chronic liver disease
Prof. Gamal Esmat **(Egypt)**

20 Min. MASLD: Diagnostic and therapeutic challenges in 2026
Prof. Mona Ameen **(Egypt)**

5 Min. **Discussion**

Session 21

06:25 – 7:25 PM

Chairpersons:

10 Min. Development and Validation of a Clinical Prediction Model for Insulin Requirement in Diabetes Mellitus Patients: The Insulin Requirement Probability Score (IRPS)
Dr. Mahmoud Younis **(Egypt)**

10 Min. The Metabolic Signature of Colorectal Cancer: Age-Stratified Analysis of Clinical Features and Short-term Surgical Complications
Dr. Mohammed Nasser Abdelaziz **(Egypt)**

10 Min. Activation of SIRT1 by SRT1720 alleviates dyslipidemia, improves insulin sensitivity and exhibits liver-protective effects in diabetic rats on a high-fat diet: New insights into the SIRT1/Nrf2/NFκB signaling pathway
Dr. Amira Karam khalifa **(Egypt)**

10 Min. Sustainable Bioconversion of Dairy and Agricultural Waste into Low Glycemic Sugar Alcohols for Diabetic Nutrition
Dr. Shady Mohamed **(Egypt)**

10 Min. Serum Asprosin Level as an Early Marker of Diabetic Nephropathy in Patients with Type II Diabetes Mellitus
Dr. Hend Gamal Kotb **(Egypt)**

10 Min. Phage therapy as a promising solution for Diabetic Foot Ulcers – Systematic Review of Preclinical Trials and Clinical Evidence
Dr. Yasein Fadel Awadalla **(Egypt)**



DAY 2

Thursday
23 April 2026

Thursday 23 April 2026

Hall A

Session 23

09:00 – 09:40 AM

The Glucose-Immune Nexus

Chairpersons:

Prof. Hazem Ashmawy
Prof. Inass Shaltout
Prof. Mona Mamdouh

15 Min. Future of immunotherapy for type 1 diabetes
Prof. Evgenia Sokolova **(Russia)**

20 Min. Autoimmune diabetes of the adult (LADA) vs. type 2 diabetes
Prof. Collin Dayan **(UK)**

05 Min. **Discussion**

Session 24

09:45 – 10:20 AM

Updates in diabetes and cardiovascular disease

Chairpersons:

Prof. Azza Farag
Prof. Bassem Zarif
Prof. Mohamed Naguib Wifi
(Moderator)
Prof. Naser Taha
Prof. Omar Heikal

15 Min. Arrhythmia in diabetes
Prof. Naser Taha **(Egypt)**

15 Min. Blood Pressure variability in diabetics, the whole scope
Prof. Bassem Zarif **(Egypt)**

05 Min. **Discussion**

Hall B

Session 34

09:45 – 10:25 AM

Updates on Diabetes Comorbidities

Chairpersons:

Prof. Fareed Fawzy

(Moderator)
Prof. Maha Yousef Rakha
Prof. Mohamed Magdy
Prof. Rasha Sobh

10 Min. Diabetes and the mind
Prof. Maha Yousef Rakha **(Egypt)**

10 Min. Diabetes and bone
Prof. Rasha Sobh **(Egypt)**

10 Min. **Discussion**

15 Min. Reproductive health and sexual dysfunction in diabetes
Prof. Mohamed Magdy **(Egypt)**

Session 35

10:30 – 11:05 AM

AI in the Clinic

Chairpersons:

Prof. Laila Hamouda

15 Min. Predicting the Spike: From Reactive Diabetology to Proactive Prevention in Glucose Control with Artificial Intelligence
Prof. Evgenia Sokolova **(Russia)**

15 Min. Diabetic retinopathy: AI-driven screening and early intervention
Prof. Mohamed Abdelhamid Aboelhassan **(Egypt)**

5 Min. **Discussion**



Thursday 23 April 2026

Hall A

Session 25

10:25 – 11:00 AM

The Burden of Blousing: Addressing advances in insulins

Chairpersons:

Prof. Ayman Elmnofy
(Moderator)
Prof. Dina Abdelsalam
Prof. Elsayed Farag
Prof. Fareed Fawzy
Prof. Hazem Ashmawy

15 Min. Glucose-Responsive Insulin:
How Smart Insulin Could Redefine Glycemic Control
Prof. Hazem Ashmawy **(Egypt)**

20 Min. Once weekly basal insulin updates
Prof. Fareed Fawzy **(Egypt)**

05 Min. **Discussion**

تكريم الدبلومة

Graduation of AASD / NGU Diabetes Professional Diploma

11:00 – 11:20 AM

Prof. Lamis Ragab **(Egypt)**
Vice President of New Giza University
Prof. Inass Shaltout **(Egypt)**
AASD Conference President
Prof. Amr El Meligi **(Egypt)**
Conference Vice President
Prof. Abdel Khalik Hamid **(Egypt)**
AASD General Secretary

11:20 – 11:30 AM

Honoring Excellence

Hall B

Session 36

11:10 – 12:10 PM

Gastroenterology Endocrinology crosstalk

Chairpersons:

Prof. Mohamed Naguib Wifi

15 Min. Unexpected causes of common git symptoms
Prof. Hassan Hamdy **(Egypt)**

15 Min. The gut- Hormone axis in metabolic diseases: clinical relevance
Prof. Medhat El-Sahhar **(Egypt)**

15 Min. Unexpected causes of diarrhea: neuroendocrinal tumors
Prof. Hisham El-Khayyat **(Egypt)**

15 Min. **Discussion**

12:10 – 12:30 PM Coffee Break



Thursday 23 April 2026

Hall A

Session 26

11:30 – 12:30 PM

Dealing with the metabolic burden

Chairpersons:

Prof. George Mastorakos
Prof. Inass Shaltout
Prof. Rayaz A. Malek
Prof. Wasim Hanif

15 Min. Personalized Exercise Prescription for Metabolic Health
Prof. Tatjana Milenkovic **(Macedonia)**

20 Min. Environmental and epigenetic triggers of metabolic disease
Prof. George Mastorakos **(Greece)**

20 Min. Diabetes Remission from Myth to reality
Prof. Wasim Hanif **(UK)**

05 Min. **Discussion**

12:30 – 12:45 PM Coffee Break

Session 27

12:45 – 01:40 PM

Sanofi Symposium

Chairpersons:

Prof. Mohamed Abdelraouf

25 Min. Simplify to Amplify:
Fixed-Ratio Combinations as a Modern Standard After Premix Therapy
Prof. Inass Shaltout **(Egypt)**

25 Min. The Next-Gen Differentiator:
Why GLA-U300 Leads the Evolution of Advanced Basal Insulins
Prof. Magdy Helmy **(Egypt)**

05 Min. **Discussion**



Hall A

Session 28

01:45 – 02:40 PM

Novo Symposium

Chairpersons:

Prof. Mohamed Abdel Raouf

15 Min. Wegovy: goes beyond
Prof. Magdy Helmy Megalla **(Egypt)**

15 Min. Semaglutide: Saves lives, heart and kidneys
Prof. Mona Abdelsalam **(Egypt)**

15 Min The benefits of insulin Degludec in meeting the needs of T2DM patients
Prof. Iman el sherif **(Egypt)**

10 Min. **Discussion**

Session 29

02:45 – 03:35 PM

State of Art Lecture III

Chairpersons:

Prof. George Mastorakos
Prof. Inass Shaltout
Prof. Nader Wadea
Prof. Wasim Hanif

20 Min. The role of hypothalamic inflammation in metabolic disorders
Prof. George Mastorakos **(Greece)**

20 Min. Preserving muscle health in GLP 1 analogues associated weight loss
Prof. Wasim Hanif **(UK)**

10 Min. **Discussion**



Thursday 23 April 2026

Hall A

Session 30

03:40 – 04:00 PM

The Dual Nature of the Pancreas: Coordinating Exocrine and Endocrine Functions

Chairpersons:

Prof. Amr Elmeligy
(Moderator)
Prof. Hisham El-Khayyat
Prof. Hosni Salama
Prof. Khaled Elhadidy
Prof. Maha Yousef Rakha

15 Min. Diabetes of the exocrine pancreas: the overlooked form of secondary diabetes
Prof. Amr Elmeligy **(Egypt)**

5 Min. **Discussion**

Session 31

04:05 – 04:25 PM

Boheringer Symposium

Chairpersons:

10 Min. Jardiance: Game Changer in HF & eCVD Management
Prof. Yasser Boghdady **(Egypt)**

10 Min. Jardiance across CRM patients
Prof. Khaled Elhadidy **(Egypt)**

04:25 – 05:00 PM Coffee Break

Hall B

Session 37

3:25 – 4:00 PM

Heart Diseases in Women working group of Egyptian Society of Cardiology (EgSC)

Chairpersons:

Prof. Azza Farag
Prof. Elsayed Farag
Prof. Hala Mahfouz
Prof. Nasser Taha
Prof. Raghda Elsheikh
Prof. Sameh Shaheen

12 Min. Cardiovascular Risk in Women with Diabetes Mellitus.
Prof. Dina Abdelsalam **(Egypt)**

3 Min. **Discussion**

12 Min. Diabetic cardiovascular complications in women.
Prof. Taghreed Helal **(Egypt)**

3 Min. **Discussion**

04:05 – 04:25 PM Coffee Break

Session 38

4:25 – 5:25 PM

Metabolic Synergy: Integrating Liver Function and Diabetes Management

Chairpersons:

Prof. Amr Helmy
Prof. Mohamed Salah
Prof. Omar Heikal
Prof. Rasha Sobh
Prof. Sherif Abdelfattah

15 Min. MASLD & diabetes interplay: pathogenesis, diagnosis, MASLD and diabetes, and the extrahepatic manifestations.
Prof. Mohamed Hegazi **(Egypt)**

15 Min. The ADA 2026 reinforces a priorities-first approach and address MASLD/MASH risk for the 1st time
Prof. Abdelkhalek Hamed **(Egypt)**

15 Min. Pros and cons of weight losing anti diabetic injections on liver and GIT conditions
Prof. Hosni Salama **(Egypt)**

15 Min. **Discussion**



Thursday 23 April 2026

Hall A

Session 32

05:00 – 05:45 PM

Eva Symposium

Chairpersons:

15 Min. Triple Therapy, Triple Benefit: Optimizing Glycemic Control with Empagliflozin, Linagliptin, and Metformin"
Prof. Rasha Sobh **(Egypt)**

15 Min. Reaching New Heights in Obesity and Cardiometabolic Care
Prof. Assem Seif **(Egypt)**

15 Min The Power of Precision: Advancing Insulin Therapy in Adults
Prof. Abir Zakaria **(Egypt)**

Session 33

05:50 – 07:30 PM

Companies Symposium

Chairpersons:

15 Min. Pharco Symposium Building Comprehensive Strategy in Diabetes Management and More
Prof. Manal El Masry **(Egypt)**

15 Min. Alesraa Symposium
Prof. Azza Abdelkrem **(Egypt)**

15 Min. Abbott Diabetes Care Symposium
Prof. Mona Mamdouh **(Egypt)**

15 Min. Rameda Symposium
Prof. Mohamed Awad **(Egypt)**

20 Min. Servier Symposium
Prof. Azza Abdelkrem SERVIER **(Egypt)**

20 Min. Arcera Symposium
Prof. Bassem Zarif **(Egypt)**

Hall B

Session 39

05:30 – 06:20 PM

Prevention of Diabetes in adolescent
A Global Campaign

Chairpersons:
Prof. Abdel Khalik Hamid
Prof. Hany Hammad
(Moderator)
Prof. Inass Shaltout
Prof. Nehal Hamdy
Prof. Rawia Khater

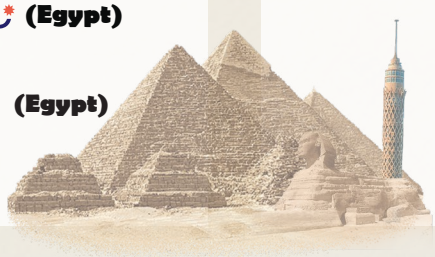
10 Min. Type 2 Diabetes in young- implications
Prof. Rajeef Chawla **(India)**

10 Min. A Provocative approach:
Optimizing screening for overweight/obesity and type 2 diabetes in youth
Prof. Amr El Meligi **(Egypt)**

10 Min. School-based interventions:
employing institutional health policies
Prof. Inass Shaltout **(Egypt)**

10 Min. The role of physical activity in digital age
Prof. Hany Hammad **(Egypt)**

10 Min. Media and Leveraging technology:
digital health solutions for diabetes prevention (AI, Mobile applications, social media)
Prof. Iman El Sherif **(Egypt)**



Thursday 23 April 2026

Hall A

Session 34

07:30 – 07:45PM

Chairpersons:

Prof. Hesham Magd Eldin
(Moderator)
Prof. Mohamed Awad
Prof. Raghda Elsheikh
Prof. Sameh Shaheen
Prof. Samir Naem

15 Min. Difficult to control diabetes and hypercortisolism: Noxious Nine
Prof. Mohamed Awad **(Egypt)**

Session 35

07:45 – 08:15 PM

EGYPTIAN PSYCHO CARDIOLOGY LEAGUE (EPCL)

Chairpersons:

Prof. Hesham Magd Eldin
(Moderator)
Prof. Mohamed Awad
Prof. Raghda Elsheikh
Prof. Sameh Shaheen
Prof. Samir Naem

30 Min. Psychological burden-metabolic disorders Cross-link
Prof. Ahmed Elghalid **(Egypt)**
Prof. Haitham Soliman **(Egypt)**

Hall B

Session 40

06:25 – 07:15 PM

AA$D Metabolic surgery consensus

Chairpersons:

Prof. Abdel Khalik Hamid
Prof. Hany Hammad **(Moderator)**
Prof. Inass Shaltout
Prof. Nehal Hamdy
Prof. Rawia Khater

7 Min. Metabolic surgery recommendations
Prof. Inass Shaltout **(Egypt)**

7 Min. Hints on Types bariatric/metabolic procedures
Prof. Amr Elmelegy **(Egypt)**

7 Min. Can bariatric surgery effectively reverse NAFLD in patients with obesity
Prof. Abdelkhalek Hamed **(Egypt)**

7 Min. Who could benefit from bariatric surgery (BS), and who may not?
Prof. Hisham Magd Eldin **(Egypt)**

7 Min. What is the effect of bariatric surgery on type 2 diabetes remission and long-term blood sugar control?
Prof. Maha Rakha **(Egypt)**

7 Min. Renal Effect of Bariatric Surgery
Prof. Hany Hammad **(Egypt)**

7 Min. How could the potential risks of complications from bariatric surgery balance against its long-term benefits for health and weight control?
Prof. Rasha Sobh **(Egypt)**

Session 41

07:20 – 07:50 PM

The Glucoregulatory Seesaw: Antagonistic Control of Blood Glucose

10 Min. Insulin in practice
Prof. Hesham Habib **(Egypt)**

10 Min. The Glucagon paradox and emerging receptor antagonism
Prof. Shaimaa Elrahmany **(Egypt)**

10 Min. **Discussion**



Thursday 23 April 2026

Hall C

Workshop

03:00 - 04:25

Diabetes technology: focus on CGM

15 Min. CGM is a game-changer in diabetes management: Why and for whom?

Prof. Mona Mamdouh **(Egypt)**

15 Min. Understanding time in range, glucose trends and arrows, and managing highs and lows in real time.

Prof Mona Mamdouh **(Egypt)**

Dr. Mohamed Oraby. **(Egypt)**

5 Min. Q&A

30 Min. Role of CGM in the management of diabetes with pregnancy.

Prof. Mick Kumwenda **(UK)**

5 Min. Q&A

10 Min. Reviewing and comparing the ambulatory glucose profile during selected periods of time.

Prof. Mona Mamdouh **(Egypt)**



DAY 3

Friday
24 April 2026

Friday 24 April 2026

Hall A

Session 44

10:00 – 10:40 AM

Meet the Professors and Enjoy your breakfast
Al-Azhar Girls Session

Chairpersons:
Prof. Afaf Abdel Tawab
Prof. Aisha Elsharkawy
Prof. Mervat Khalefa
Prof. Sayed Gad **(Moderator)**
Prof. Zeinab Abdelbaset

12 Min. The "Omics" revolution: Proteomics and metabolomics in diagnosis
Prof. Olfat Fawzy **(Egypt)**

12 Min. Diabetic Kidney Disease Phenotypes: Moving Beyond Albuminuria Toward Precision Nephrology"
Prof. Eman Mahmoud **(Egypt)**

12 Min. Gut microbiome the metabolic microbiota axis
Prof. Hanaa Taha Kandil **(Egypt)**

4 Min. **Discussion**

Session 45

10:40 AM – 11:50 PM

Companies Symposia

Chairpersons:
Prof. Talaat Abdelaty

15 Min. Zeta Symposium
Prof. Talaat Abdelaty **(Egypt)**

20 Min. Arcera Symposium
Prof. Noha Gaber **(Egypt)**

20 Min. pillars of therapy : non steroidal MRAs as games changers in CKD for T2D
Bayer Symposium
Prof. Hany Hammad **(Egypt)**

15 Min. Al Esraa Symposium
Prof. Noha Gaber **(Egypt)**

Session 46

11:50– 12:40 PM

Al-Azhar Boys Session

Chairpersons:
Prof. Amr Gad **(Moderator)**
Prof. Gamal Badr
Prof. Mahmoud Ezzat
Prof. Mahmoud Hemida
Prof. Mohamed Kamal

12 Min. DM and sports
Prof. Mahmoud Ezzat **(Egypt)**

12 Min. Remission of T2 DM: many paths to the same goal.
Prof. Gamal Badr **(Egypt)**

15 Min. Type 3 c diabetes
Prof. Mahmoud Hemida **(Egypt)**

5 Min. Discussion

12:40 – 01:30 PM
Gomaa Prayer and Coffee Break

Session 47

01:30 – 02:20 PM

Updates on Diabetes comorbidities

Chairpersons:
Prof. Amr Elmeligy **(Moderator)**
Prof. Hisham Metwaly
Prof. Lobna El Touny
Prof. Randa Fayez
Prof. Rehab Abdelhay

15 Min. Double diabetes
Prof. Lobna El Touny **(Egypt)**

15 Min. DKD Unmasked: Screening and diagnosis
Prof. Hisham Metwaly **(Egypt)**

15 Min. Cognitive health: Diabetes, Alzheimer's, and vascular dementia
Prof. Randa Fayez **(Egypt)**

5 Min. **Discussion**



Friday 24 April 2026

Hall A

Session 48

02:20 – 03:15 PM

MASLD at the Crossroads of Diabetology and Hepatology

Chairpersons:

Prof. Aisha Elsharkawy
Prof. Eman Barakat
Prof. Hany Hammad **(Moderator)**
Prof. Medhat Elsahar
Prof. Nadia AbdelAty

12 Min. MASLD in Type 2 Diabetes: Epidemiology, Pathophysiology, and Cardiometabolic Risk
Prof. Abdel Monem Elshamy **(Egypt)**

12 Min. MASLD Risk Stratification: Integrating Biomarkers, Imaging, and Clinical Scores
Prof. Mohamed El-Kassas **(Egypt)**

12 Min. MASLD Therapeutic Strategies: From Lifestyle Intervention to Emerging Pharmacotherapies
Prof. Mohamed Elbadry **(Egypt)**

12 Min. Cirrhosis and HCC Risk in Diabetic MASLD Patients
Prof. Hend Shousha **(Egypt)**

5 Min. **Discussion**

Session 49

03:15 – 03:55 PM

Clinical Pearls in Diabetes

Chairpersons:

Prof. Hazem Ashmawy (Moderator)
Prof. Hebatullah Mustafa
Prof. Hend Shusha
Prof. Moataz Fathi
Prof. Sama Ayman

10 Min. When the Lifeline Causes Trouble: Managing New-Onset Diabetes After Kidney Transplant
Prof. Moataz Fathi **(Egypt)**

15 Min. Uncommon Vasculopathy in Diabetes. Case Scenario
Prof. Afaf Abdel Tawab **(Egypt)**

10 Min. PAD in Diabetes: Consideration of Medical treatment
Prof. Sama Ayman **(Egypt)**

05 Min. **Discussion**



Friday 24 April 2026

Hall A

Session 50

03:55 – 04:45 PM

PAVA "Pan Arab Vascular Surgeons Association"

Chairpersons:

Prof. Amr Gad **(Moderator)**
Prof. Ehab Saad
Prof. Fouad Saadeldin
Prof. Hisham Mustafa
Prof. Ihab Hanna

10 Min. The role of internist in prevention of limb loss
Prof. Sama Ayman **(Egypt)**

12 Min. Antibiotics in diabetic foot "smart use Vs overuse"
Prof. Ehab Saad **(Egypt)**

12 Min. pitfalls in diabetic foot management
Prof. Hisham Mustafa **(Egypt)**

12 Min. wound dressing in diabetic foot; tips and tricks
Prof. Fouad Saadeldin **(Egypt)**

05 Min. **Discussion**

Session 51

04:45 – 05:50 PM

Maternal gestational diabetes and childhood obesity.

Chairpersons:

Prof. Fadel Shaltout
Prof. Nabil Fekry
Prof. Rehab Abdelhay
Prof. Sameh Tawfik
Prof. Sayed Gad **(Moderator)**

15 Min. Gestational diabetes with its short and long-term effects on the offspring.
Prof. Maha Assem **(Egypt)**

15 Min. The rising burden of obesity in children and adolescents in the community.
Prof. Sameh Tawfik **(Egypt)**

15 Min. Targeting prevention of childhood obesity due to maternal diabetes during pregnancy.
Prof. Mona Mamdouh **(Egypt)**

15 Min. Preconception Care and pregnancy planning
Prof. Shalini Jaggi **(India)**

5 Min. **Discussion**



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HbA1c: Glycated Hemoglobin A1c.

References:
1. Khattab M, Assaad-Khalil S, Elibrashy I, et al. Control and treatment of type 2 diabetes in private patients in the Egyptian "DIACONTROL study". Eur Rev Med Pharmacol Sci. 2023;27(23):11421-11432.
2. Diamicron Egyptian Drug Authority approved leaflet 9/3/2021.

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