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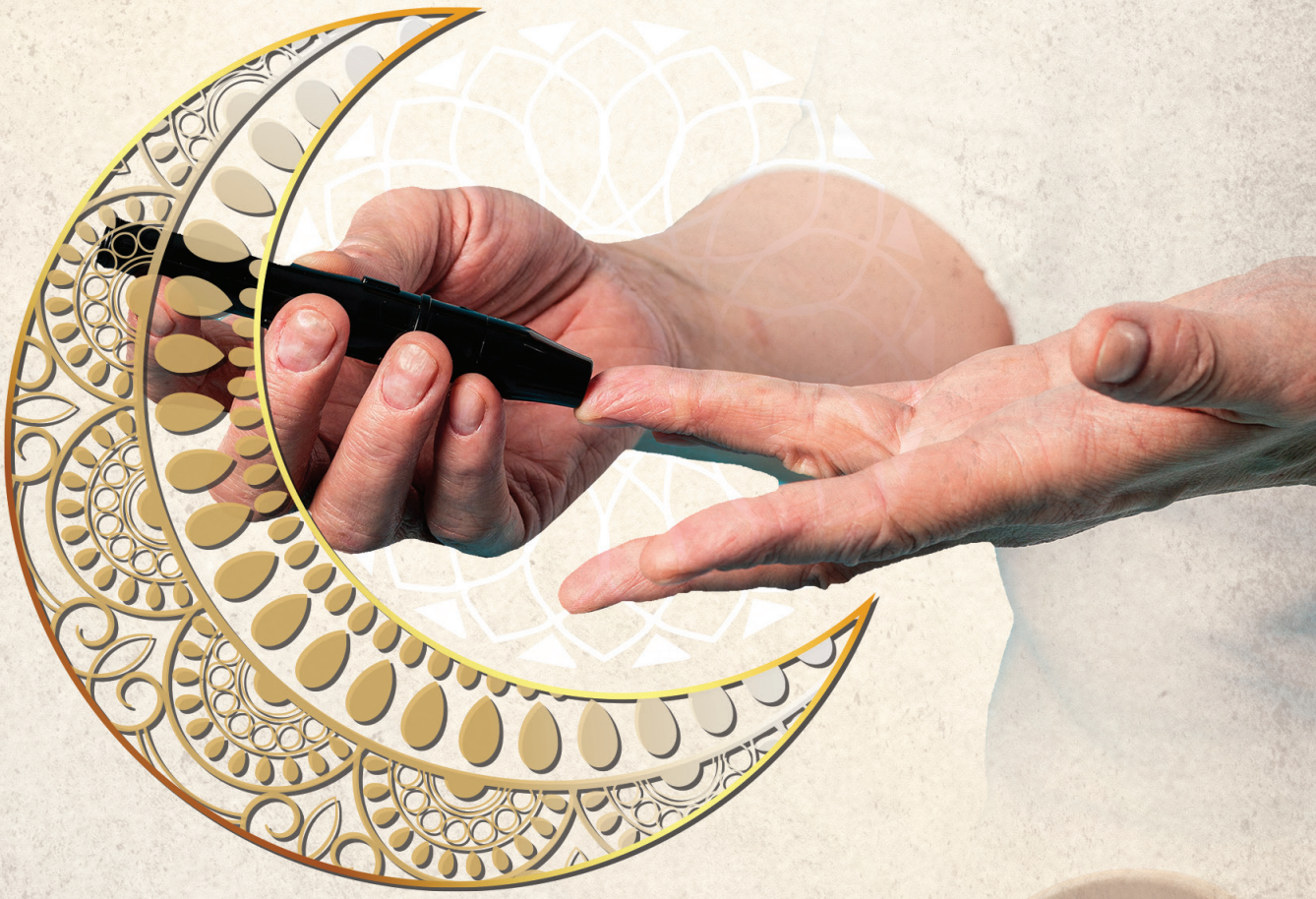
17th Fasting & Diabetes Conference 2025

Arabic Association for the Study of Diabetes & Metabolism

82nd AASD National Conference

Member of

International Diabetes Federation



February 6, 2025

LRC Hall in Kasr Alainy

CONFERENCE OPENING CEREMONY

10:00 AM - 10:15 AM

Prof. **RAWYA KHATER**
Former Head of Internal Medicine Department, Cairo University

Prof. **INASS SHALTOUT**
AASD President

Prof. **AMR ELMILIGI**
AASD Vice President

Prof. **AMANY ABDELMAKSOUD**
Head of Internal Medicine Department, Cairo University

Prof. **ABDELKHALEK HAMED**
AASD Secretary

Session 1

CHAIRPERSONS
(Alphabetically)

Prof. **AMANY ABDELMAKSOUD** - *Prof.* **AMR ELMILIGI** - *Prof.* **INASS SHALTOUT**
Prof. **NASHWA ELSARRAF** - *Prof.* **RAWYA KHATER** - *Prof.* **ROKAYA ABDELAZIZ**

10:15 AM - 10:30 AM	**AASD consensus on risk stratification for people with diabetes fasting during Ramadan, an overview** *Prof.* **INASS SHALTOUT**
10:30 AM - 10:45 AM	**Risk stratification for fasting during Ramadan in people with diabetes AASD consensus introduction and methodology** *Prof.* **HANY HAMMAD**
10:45 AM - 11:00 AM	**Safety for Fasting during Ramadan in people with diabetic neuropathy and cerebrovascular disease** *Prof.* **AMR ELMILIGI**
11:00 AM - 11:15 AM	**AASD Consensus about fasting Ramadan in Type 1** *Prof.* **SHEREEN ABDELGHAFAR**
11:15 AM - 11:30 AM	**Q&A Session**

Session 2

CHAIRPERSONS
(Alphabetically)

Prof. **ALAA ABDELHAMED** - *Prof.* **AMR ELMILIGI** - *Prof.* **ELHAM YOUSEF**
Prof. **NEHAL HAMDY** - *Dr.* **SAYED GAD**

11:30 AM - 11:45 AM	**Ramadan fasting and Venous thrombosis** *Prof.* **ALAA ABDELHAMED**
11:45 AM - 12:00 PM	**AASD CONSENSUS fasting during Ramadan in people with T2D on injectable therapy** *Prof.* **AMR ELMILIGI**
12:00 PM - 12:15 PM	**AASD CONSENSUS fasting during Ramadan in people with T2D on Oral Therapy** *Prof.* **ELHAM YOUSEF**
12:15 PM - 12:30 PM	**Q&A Session**

Session 3

CHAIRPERSONS *(Alphabetically)*

Prof. AFAF ABDELTAWAB - *Prof.* BASSEM ZARIF - *Prof.* ELHAM YOSEF
Prof. HANAA KANDEL - *Prof.* HEBATULLAH MUSTAFA - *Prof.* RAWYA KHATER

12:30 PM - 12:45 PM	Diabetes and fasting with and without comorbidities. *Prof.* SHAIMAA FATHY
12:45 PM - 1:00 PM	AASD Consensus: fasting hours and exercise load as risk stratification elements *Prof.* IMAN EL-SHERIF
1:00 PM - 1:15 PM	Christian fasting *Prof.* BASSEM ZARIF
1:15 PM - 1:30 PM	Q&A Session

Session 4

DIABETES PROFESSIONAL DIPLOMA
AASD / NEW GIZA UNIVERSITY GRADUATION CEREMONY

CHAIRPERSONS *(Alphabetically)*

Prof. LAMIS RAGAB - (VICE PRESIDENT OF NGU) - *Prof.* INASS SHALTOUT
Prof. AMR ELMILIGI - *Prof.* ABDELKHALEK HAMED

1:30 PM - 2:00 PM	Diabetes Professional Diploma AASD/New Giza University Graduation Ceremony
2:00 PM - 2:15 PM	Coffee break

Session 5

CHAIRPERSONS *(Alphabetically)*

Prof. ABDELKHALEK HAMED - *Prof.* GAMELA NASR
Prof. HANY HAMMAD - *Prof.* IMAN EL-SHREEF - *Prof.* INASS SHALTOUT

2:15 PM - 2:30 PM	AASD CONSENSUS Effect of Fasting on CVD PATIENTS *Prof.* HEBA HABIB
2:30 PM - 2:45 PM	Fasting Ramadan in Kidney disease *Prof.* HANY HAMMAD
2:45 PM - 3:00 PM	Fasting Ramadan for hepatic and hepatic diabetic patients *Prof.* ABDELKHALEK HAMED
3:00 PM - 3:15 PM	Q&A Session

Session 6

PHARMA RESEARCH

CHAIRPERSONS *(Alphabetically)*

Prof. HEBA HABIB - *Prof.* MAHA YOUSEF - *Prof.* RASHA SOBH
Dr. SAYED GAD - *Prof.* SHAIMAA FATHY

3:15 PM - 3:30 PM	Safety of Fixed Ratio Combination during Ramadan Prof. INASS SHALTOUT
3:30 PM - 3:45 PM	Second generation basal insulin (glargine 300) in Ramadan *Prof.* AMR ELMILIGI
3:45 PM - 4:00 PM	Q&A Session

Session 7

PHARMA RESEARCH

CHAIRPERSONS *(Alphabetically)*

Prof. ABDELKAHALEK HAMED - *Prof.* AMR ELMILIGI
Prof. HANY HAMMAD - *Prof.* HESHAM MAGDELDIN

4:00 PM - 4:15 PM	Fasting in Elderly *Prof.* INASS SHALTOUT
4:15 PM - 4:30 PM	Fasting Ramadan, gut microbiota and diabetes *Prof.* ABDELKHALEK HAMED
4:30 PM - 4:45 PM	Fasting & hypoglycemia *Prof.* MAHA ASSEM
4:45 PM - 5:00 PM	Q&A Session

Session 8

CHAIRPERSONS *(Alphabetically)*

Prof. HESHAM MAGDELDEIN - *Prof.* IMAN EL-SHERIF - *Prof.* MAHA ASSEM
Prof. MONA KAREM AMIN - *Prof.* RASHA SOBH

5:00 PM - 5:15 PM	Pre-Ramadan education outcome in diabetics *Prof.* HESHAM MAGD ELDIN
5:15 PM - 5:30 PM	Technology and Ramadan fasting *Prof.* MONA KAREM AMIN
5:30 PM - 5:45 PM	Q&A Session

Session 9

CHAIRPERSONS *(Alphabetically)*

Prof. AYMAN ELMNOUFY - *Prof.* DINA FAROUK - *Prof.* MAH ASSEM
Prof. MAHA YOUSEF - *Prof.* MONA KAREM AMIN

5:45 PM - 6:00 PM	Impact of Ramadan fasting on different endocrine diseases *Prof.* RASHA SOBH
6:00 PM - 6:15 PM	Ramadan fasting and adrenal insufficiency *Prof.* DINA FAROK
6:15 PM - 6:30 PM	Q&A Session

PURE SPOT EVENTS MANAGEMENT