# 14TH Arab Diabetes Forum

# ADF 2023



**Conference Presidents**
Prof. Abbas Orabi
Prof. Ali Abdel Rahim

**Conference Honorary Presidents**
Prof. Ahmed Dirar (Sudan)
Prof. Ibrahim El Sherif (Libya)

**Conference Vice-presidents**
Prof. Awad ElGhweiry (Libya)
Prof. Eman Rushdy (Egypt)
Prof. Sir El Khatem Siry (Sudan)

**Executive Committee**
Prof. Abdulqawi Mansary (Yemen)
Prof. Afaf Al Alshammary (KSA)
Prof. Diaa Ewais (KSA)
Prof. Nabil El Naggar (KSA)

**17-20 October 2023**

**Conrad Hotel**
**Cairo - Egypt**

## Conference Coordinators

Prof. Hala Ali Gamal El Din (Egypt)
Prof. Sulaf Ibrahim Abdelaziz (Sudan)
Prof. Osama El Tigany (Sudan)

## Conference Secretary General

Prof. Emad Mishriki (Egypt)
Prof. Fawzy El Mosallamy (Egypt)
Prof. Mohamed Abdel Raouf (Egypt)

## Scientific Committee

Dr. Essam Hajjajy (Libya)
Prof. Faten BenRajab (Libya)
Dr. Adela El Amamy (Libya)
Prof. Khaled Eldosary (KSA)
Dr. Maged Naiem Beshay (Egypt)
Prof. Manal Abo Shady (Egypt)
Dr. Mousa El Tawaty (Libya)
Prof. Yasser Sheta (Egypt)
Prof. Zeinab Abdelrahman Albasheir (Sudan)

## Organizing Committee

Dr. Ahmed Akl (KSA)
Dr. Aya Agha (Libya)
Dr. Doaa Mansour El Far (Libya)
Prof. Hassan Saeid (Sudan)
Dr. Ibrahim Sabry (Egypt)
Dr. Kamal Saleh (Egypt)

## Advisory Board

Dr. Abdelrahman El Najjar (Libya)
Prof. Anwar Jammah (KSA)
Prof. El Tayeb El Faky (Sudan)
Dr. Emhemed El Gazoy (Libya)
Prof. Hesham Abdel Rahim (Sudan)
Prof. Mohamed Assy (Egypt)
Prof. Raed El Dahsh (KSA)
Dr. Salih Al Faidy (Libya)
Prof. Talaat Abdel Aaty (Egypt)
Prof. Yahia Ghanem (Egypt)

# Welcome Message

**On behalf of the Organizing and scientific Committees, we have the great pleasure to Welcome you to The 14th Arab Diabetes Forum (ADF 2023). Jointly on Conrad Cairo Hotel, Cairo, Egypt / 17-20 October 2023.**

**We are confident that we will be able to make this conference a very special and memorable event. The scientific sessions of the conference will be dominated by scientific data from worthy speakers.**

**This will be beneficial for all colleges working in the fields of Diabetes, Endocrinology, Cardiology, Nephrology, Internal, and Family medicine.**

**Keeping in view this background, the conference will focus on new aspects and current updates, introduced recently in the field of diabetes and its related disorders.**

**This conference is a timely reminder of the inter-related nature of today's non-communicable diseases and of the complexity of diabetes itself.**

**The conference is also an indication of the ongoing commitment of the fight against diabetes in the Arab nations and our efforts in Arab countries on behalf of people with diabetes, their families and those who provide their care.**

**Based on the above the organizing committee is preparing to receive about 2500+ participants as this conference is already the biggest one not only in the Arab region but also in the whole Middle East area.**

## ADF Presidents

**Prof. Abbas Orabi**

**Prof. Ali Abdel Rahim**

# The 14th ADF Board

Prof. Abbas Orabi (Egypt)
Prof. Abdel Rahman EL Sheikh (KSA)
Prof. Abdulqawi Mansary (Yemen)
Prof. Adel Abdel Aziz (Egypt)
Prof. Adela El Amamy (Libya)
Dr. Ahmed Akl (KSA)
Prof. Ahmed Dirar (Sudan)
Prof. Afaf Alshemmary KSA
Prof. Ali Abdel Rahim (Egypt)
Dr. Amal El Gharary ( Libya )
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Prof. Osama El Tigany (Sudan)
Prof. Osama El Khatib ( Lebanon )
Prof. Sir El Khatim Siry (Sudan)
Prof. Sulaf Ibrahim Abdelaziz (Sudan)
Prof. Yasser Sheta (Egypt)

# National Faculty (in alphabetical order)

Prof. Abbas Orabi (Egypt)
Prof. Abeer Zakaria (Egypt)
Prof. Ahmed Bendary (Egypt)
Prof. Ahmed Rozza (Egypt)
Dr. Ahmed Sabaawy (Egypt)
Prof. Alaa Wafa (Egypt)
Prof. Ali Abdel Rahim (Egypt)
Prof. Aliaa Elbasiony (Egypt)
Prof. Ashraf Talaat (Egypt)
Prof. Azza Abdel Karim (Egypt)
Dr. Bahaa Sharaf El Din (Egypt)
Prof. Emad Mishriki (Egypt)
Prof. Eman Kamel (Egypt)
Prof. Eman Rushdy (Egypt)
Prof. Fawzy El Mosallamy (Egypt)
Prof. Hala Ali Gamal El Din (Egypt)
Prof. Hatem Salem (Egypt)
Prof. Hesham Elsayed (Egypt)
Dr. Hossam Hosny (Egypt)
Dr. Kamal Saleh (Egypt)
Prof. Kamel Hemida (Egypt)
Prof. Magdy El Sharkawy (Egypt)
Prof. Magdy Helmy Megalaa (Egypt)
Prof. Maged Naeim Beshay (Egypt)
Prof. Manal Abo Shady (Egypt)
Prof. Manal Elmasry (Egypt)
Prof. Mohamed Abdel Raouf (Egypt)
Prof. Mohamed Assy (Egypt)
Prof. Mohamed Fahmy Abdel Aziz (Egypt)
Prof. Mohamed Reda Halawa (Egypt)
Prof. Mohamed Sallam (Egypt)
Prof. Mohamed Zayton (Egypt)
Prof. Nagwa Lachine (Egypt)
Prof. Noha Gaber (Egypt)
Prof. Omar Awaad (Egypt)
Prof. Osama Abdel Azim (Egypt)
Prof. Said Abbadi (Egypt)
Prof. Talaat Abdel Aaty (Egypt)
Prof. Tayseer Metwally (Egypt)
Prof. Yahia Ghanem (Egypt)
Prof. Yasser Hosny (Egypt)
Prof. Yasser Sheta (Egypt)

# Arab Faculty (in alphabetical order)

Prof. Abdel Qawy Mansary (Yemen)
Dr. Adela El Amamy (Libya)
Prof. Afaf Al Alshammary (KSA)
Dr. Ahmed Akl (KSA)
Prof. Ahmed Ali Suliman (Sudan)
Prof. Ahmed Dirar (Sudan)
Prof. Alfadil Mhd Osman (Sudan)
Dr. Amal El Gharary (Libya)
Dr. Awad ElGhweiry (Libya)
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Dr. Farid Ben Ali (Libya)
Prof. Faris Abdulkarim (Iraq)
Prof. Faten BenRajab (Libya)
Prof. Ghaleb Elsheraie (Iraq)
Prof. Hager Abasher (Sudan)
Dr. Hawaa El Sherif (Libya)
Dr. Ibrahim Bolewila (Libya)
Dr. Mohamed Ali Hamedh (Libya)
Dr. Mohsen Eledrisi (Libya)
Dr. Mousa El Tawaty (Libya)
Dr. Nagwa Erhim (Libya)
Dr. Najat Abo Zeid (Libya)
Prof. Nawal El Ansary (Morocco)
Dr. Nezar Mahgoub (Libya)
Prof. Osama El Tigany (Sudan)
Prof. Raed El Dahsh (KSA)
Dr. Rehab Sirelkhatim Mustafa (Sudan)
Dr. Rowaida Kshebi (Libya)
Dr. Salih Al Faidy (Libya)
Dr. Salwa Eldrssi (Libya)
Dr. Salwa Abdelbagi (Sudan)
Dr. Samia Milady (Libya)
Dr. Sanad Zayed (Libya)
Prof. Seham El Aziz (Morocco)
Dr. Sohair Gaber (Libya)
Prof. Sir El Khatem Siry (Sudan)
Prof. Sulaf Ibrahim Abdelaziz (Sudan)
Prof. Suliman Salih Fedail (Sudan)
Prof. Usama El Khatib (Lebanon)
Dr. Zaki Baltimer (Libya)
Dr. Zehiba El Amary (Libya)
Prof. Zeinab Abdelrahman (Sudan)

# General Information

## Conference Venue: Cairo Egypt

Congress hosting city is Cairo is the capital of Egypt and the largest city in the Middle-East and second- largest in Africa after Lagos. Its metropolitan area is the 16th largest in the world. Located near the Nile Delta, Nicknamed "the city of a thousand minarets" for its preponderance of Islamic architecture, Cairo has long been a center of the region's political and cultural life. Cairo is also associated with Ancient Egypt as it is close to the ancient cities of Memphis, Giza and Fustat which are near the Great Sphinx and the pyramids of Giza.

## Conrad Cairo Hotel

Conrad Hotel is ideally located 30 minutes from Cairo International Airport, 20 minutes from Cairo International congress center and 30 minutes from downtown Cairo. Named Cairo's best business hotel by business Traveler magazine

## Language

The official language are English and Arabic.
All lectures and presentations will be held in the English and Arabic languages only.
There will be no translation available

## Website

www.arabdiabetesforum.com

## Conrad Cairo Hotel

All rooms are on bed & breakfast basis
Check in time 02:00 p.m. Check out time 12:00 p.m. Address: 1191 Nile Corniche, Souq Al ASR, Bulaq, Cairo Governorate 11221

Phone: 02 25808000

# Coffee Break and Lunch Timing



**Wednesday, October 18, 2023, 01:20 – 01:50 PM**
**Thursday, October 19, 2023, 01:50 – 02:30 PM**
**Friday, October 20, 2023, 11:50 – 01:00 PM**



**Wednesday, October 18, 05:50 PM**
**Thursday, October 19, 05:50 PM**
**Friday, October 20, 2023, 06:00 PM**

*** All refreshments and lunches activities will be served against coupon in the congress kit.**

**Each coupon is valid only for the meal mentioned on it and according to the timing mentioned below with no stop of the scientific program**

**Coffee break will be available at Exhibition Area**
**Coffee Break for Chairpersons and Speakers will be available at the faculty lounge**

# Tuesday 17 October 2023

**04:00 – 06:00 PM** **Registration**

**06:00 – 06:30 PM** **Opening Ceremony**

**Conference President**

Prof. Abbas Orabi (Egypt)

Prof. Ali Abdel Rehim (Egypt)

**Conference Honorary President**

Prof. Ahmed Dirar (Sudan)

Prof. Ibrahim El Sherif (Libya)

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Prof. Nabil El Naggar (KSA)

**Conference Coordinator**

Prof. Hala Ali Gamal El Din (Egypt)

Prof. Sulaf Ibrahim Abdelaziz (Sudan)

Prof. Osama El Tigany (Sudan)

# Tuesday 17 October 2023

## Session 1

**06:30 – 08:00 PM** **Announcing the ADF concensus of the management of diabetes and obesity in the Arab world.**

### Consensus Presenters

Prof. Abbas Orabi (Egypt)
Prof. Ali Abdel Rehim (Egypt)

### Consensus Board

Prof. Abbas Orabi (Egypt)
Prof. Abbas Mosawy (Iraq)
Prof. Afaf Al Alshammary (KSA)
Prof. Ali Abdel Rehim (Egypt)
Prof. Anwar Jammah ((KSA)
Dr. Awad Elghweiry (Libya)
Prof. Eltyeb Elfaky (Sudan)
Prof. Eman Rushdy (Egypt)
Prof. Essam Hajajy (Libya)
Prof. Faten BenRajab (Libya)
Prof. Faris Abdel Karim (Iraq)
Prof. Fathia Elawadi (UAE)
Prof. Ghaleb Elsheraie (Iraq)
Prof. Ibrahim El Sherif (Libya)
Prof. Khaled Eldosary (KSA)
Prof. Nancy El Barbary (Egypt)
Prof. Sir El Khatem Siry (Sudan)

EVA PHARMA

### Speaker

**15 min** **Synergizing Science and Patient Care: A collaborative journey of Patient-centered Diabetes management in the Arab world**

Dr. Ireny Samy (Senior Medical Affairs Manager)

# Tuesday 17 October 2023

## Session 2 (Prediabetes)

**08:00 – 09:20 PM Prediabetes**

**Chairpersons:**

**Dr. Adela El Amamy (Libya)**

**Prof. Eman Rushdy (Egypt)**

**Prof. Nawal El Ansary (Morocco)**

**Prof. Sulaf Ibrahim Abdelaziz (Sudan)**

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|---|---|
| **08:00 - 08:20 PM** | **Pre type 1 diabetes**<br>**Prof. Raed El Dahsh (KSA)** |
| **08:20 - 08:40 PM** | **Pre type 2 diabetes**<br>**Dr. Sanad Zayed (Libya)** |
| **08:40 - 09:00 PM** | **The micro and macro vascular complications of pre-diabetes**<br>**Dr. Zehiba El Amary (Libya)** |
| **09:00 - 09:20 PM** | **The ADF statement of pre-diabetes**<br>**Dr. Awad ElGhweiry (Libya)** |

## Faculty Dinner 09:20 PM

# Wednesday 18 October 2023

**08:00 – 10:00 AM** **Registration**

**Session 3** **(Al-Khartoum Hall)**

**10:00 – 11:40 AM** **Diabetes and Heart**

**Chairpersons:**
**Prof. Ahmed Ali Suliman (Sudan)**
**Prof. Ahmed Rozza (Egypt)**
**Dr. Emhemed El Gazoy (Libya)**
**Prof. Hassan Said (Sudan)**
**Prof. Omar Awaad (Egypt)**
**Dr. Samia Milady (Libya)**

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|---|---|
| **10:00 - 10:20 AM** | **Is cardio renal risk factors reduction in T2D realistic or an elusive goal**<br>**Prof. Ibrahim El Sherif (Libya)** |
| **10:20 - 10:40 AM** | **HF in diabetes**<br>**Dr. Mohamed Ali Hamedh (Libya)** |
| **10:40 - 11:00 AM** | **Diagnosis and managemet of HF with preseved ejection fraction**<br>**Dr. Ibrahim Bolewila (Libya)** |
| **11:00 - 11:20 AM** | **Low carb, high fat " ketolike " increase the CV risk.**<br>**Dr. Amal El Gharary ( Libya** |
| **11:20 - 11:40 AM** | **Discussion** |

# Wednesday 18 October 2023

## Session 4 (Derna Hall)

**10:00 – 11:40 AM Type 2 diabetes**

**Chairpersons:**
Prof. Abdel Qawy Mansary (Yemen)
Prof. Eltyeb Elfaky (Sudan)
Prof. Ghaleb El Shereiy (Iraq)
Dr. Sanad Zayed (Libya)
Prof. Yasser Sheta (Egypt)

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|---|---|
| 10:00 - 10:20 AM | Metformin monotherapy not always best start in type 2 diabetes<br>Dr. Najat Abo Zeid (Libya) |
| 10:20 - 10:40 AM | Type 2 diabetes and dementia.<br>Dr. Salwa Eldrssi (Libya) |
| 10:40 - 11:00 AM | From heart to brain early CVD declines cognitive functions<br>Prof. Hatem Salem (Egypt) |
| 11:00 - 11:20 AM | Unleashing the power of exercise in Diabetics<br>Prof. Yasser Hosny (Egypt) |
| 11:20 - 11:40 AM | Gout in the metabolic syndrome<br>Prof. Osama El Tigany (Sudan) |

# Wednesday 18 October 2023

## Session 5 (Al-Khartoum Hall)

**11:40 – 12:10 PM Utopia Symposium**

**Chairpersons:**
**Prof. Emad Mishriki (Egypt)**

UTOPIA
THE LIFE YOU DESERVE

**11:40 - 11:55 AM** What can Telmisartan add in management of Hypertension with CVD?
Prof. Ahmed Bendary (Egypt)

**11:55 - 12:10 PM** What can Telmisartan add in management of Hypertension with CKD/DM?
Prof. Manal Abo Shady (Egypt)

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## Session 6 (Al-Khartoum Hall)

**12:10 – 12:25 PM Abbott Symposium**

**"Triglycerides…The Hidden Box"**

**Chairpersons:**
**Prof. Manal El Masry (Egypt)**

Abbott

**12:10 – 12:25 PM** Prof. Eman Rushdy (Egypt)

# Wednesday 18 October 2023

## Session 7 (Al-Khartoum Hall)

**12:25 – 12:45 PM Xeedia Symposium**

**Z strongest lipid lowering therapy**

**Chairpersons:**
**Prof. Hala Ali Gamal El Din (Egypt)**

**12:25 – 12:45 PM** **Prof. Alaa Wafa (Egypt)**

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## Session 8 (Al-Khartoum Hall)

**12:45 – 01:05 PM Organon Symposium**

**Chairpersons:**
**Prof. Abeer Zakaria (Egypt)**

**12:45 – 01:05 PM** **Diabetes & Dyslipidemia**
**A Deadly Combination**
**Prof. Talaat Abdel Aaty (Egypt)**

# Wednesday 18 October 2023

## Session 9 (Derna Hall)

**11:40 – 01:00 PM Diabetes in Children**

**Chairpersons:**
Dr. Hawaa El Sherif (Libya)
Dr. Ibrahim Sabry (Egypt)
Prof. Nabil El Naggar (Ksa)
Prof. Raed El Dahsh (Ksa)
Dr. Salwa Abdelbagi (Sudan)
Dr. Sohair Gaber (Libya)

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| 11:40 - 12:00 PM | Type 2 diabetes in children.<br>Dr. Awad ElGhweiry (Libya) |
| 12:00 - 12:20 PM | Monogenic diabetes.<br>Prof. Faten BenRajab (Libya) |
| 12:20 - 12:40 PM | Genetic variants of MODY<br>Prof. Zeinab Abdelrahman Albasheir (Sudan) |
| 12:40 - 1:00 PM | Discussion |

**01:10 – 01:50 Coffee Break**

# Wednesday 18 October 2023

## Session 10 (Derna Hall)

**01:50 – 03:50 PM Obesity**
**Granted by Novo Nordisk**

**Chairpersons:**
**Dr. Diaa Ewais (KSA)**
**Dr. Mohamed Ali Hamedh (Libya)**
**Prof. Sir El Khatem Siry (Sudan)**
**Prof. Usama El Khatib ( Lebanon )**
**Dr. Zaki Baltimer (Libya)**
**Dr. Zehiba El Amary (Libya)**

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| 1:50 - 2:10 PM | The current situation of obesity in the Arab world<br>Prof. Faris Abdel Karim (Iraq) |
| 2:10 - 2:30 PM | The update in the management of obesity<br>Dr. Essam Hajjajy (Libya) |
| 2:30 - 2:50 PM | Weight loss and the cardiometabolic biomarkers<br>Dr. Salih Al Faidy (Libya) |
| 2:50 - 3:10 PM | The cost benefit ratio of the recent antiobesity medicines.<br>Prof. Ali Abdel Rahim (Egypt) |
| 3:10 - 3:30 PM | What after stopping the anti obesity medicines.<br>Prof. Hala Ali Gamal El Din (Egypt) |
| 3:30 - 3:50 PM | When to refer to the bariatric surgery?<br>Prof. Afaf Al Alshammary (KSA) |

# Wednesday 18 October 2023

**Session 11** **Derna Hall**

## 03:50 – 04:50 PM AstraZeneca Symposium

**Chairpersons:**
**Prof. Mohamed Fahmy Abdel Aziz (Egypt)**

AstraZeneca

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|---|---|
| 3:50 - 4:05 PM | Xigduo , Start Early , Control Forward<br>Prof. Aliaa El Sherbiny (Egypt) |
| 4:05 - 4:20 PM | Control today , keep pace with tomorrow<br>Prof. Hala Ali Gamal El Din (Egypt) |
| 4:20 - 4:35 PM | Can we look deeper , revolutionizing the management of patients with CKD<br>Prof. Magdy El Sharkawy (Egypt) |
| 4:35 - 4:50 PM | Discussion |

# Wednesday 18 October 2023

**Session 12** — **Derna Hall**

**03:50 – 04:50 PM** **Boehringer Ingelheim Symposium**

Boehringer Ingelheim

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|---|---|
| **4:50 - 5:10 PM** | **Jardiance CKD "NOW APPROVED**<br>**Prof. Hesham Elsayed (Egypt)** |
| **5:10 - 5:30 PM** | **Jardiance across CRM**<br>**Prof. Nagwa Lashine (Egypt)** |
| **5:30 - 5:50 PM** | **BThe power to accomplish more**<br>**Prof. Mohamed Reda Halawa (Egypt)** |

## 05:50 Lunch

# Thursday 19 October 2023

## Session 13 (Al-Khartoum Hall)

**10:30 AM – 12:10 PM Lipids**

Chairpersons:
**Prof. Diaa Elminshawy (Egypt)**
**Prof. Emad Mishriki (Egypt)**
**Dr. Ibrahim Bolewila (Libya)**
**Prof. Mohamed Assy (Egypt)**
**Dr. Nezar Mahgoub (Libya)**
**Prof. Sulaf Ibrahim Abdelaziz (Sudan)**

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|---|---|
| **10:30 - 10:50 AM** | **Role of hypertriglyceridemia and TG lowering drugs in CV protection.**<br>Prof. Ahmed Ali Suliman (Sudan) |
| **10:50 - 11:10 AM** | **In diabetes, the smaller the lipoprotein particle the worse the prognosis**<br>Dr. Sohair Gaber (Libya) |
| **11:10 - 11:30 AM** | **Dietary tips for dyslipidemic patients**<br>Prof. Eman Kamel (Egypt) |
| **11:30 - 11:50 AM** | **Statin intolerance**<br>Prof. Abdel Qawy Mansary ( Yemen ) |
| **11:50 AM - 12:10 PM** | **Discussion** |

# Thursday 19 October 2023

## Session 14 (Derna Hall)

**10:30 AM – 12:10 PM Residual risk**

Chairpersons:
**Dr. Amal El Gharary (Libya)**
**Dr. Bahaa Sharaf El Din (Egypt)**
**Dr. Farid Ben Ali (Libya)**
**Prof. Faris Abdulkarim (Iraq)**
**Prof. Fawzy El Mosallamy (Egypt)**
**Prof. Hala Ali Gamal El Din (Egypt)**

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| **10:30 - 10:50 A** | **The concept of the residual risk**<br>Prof. Abbas Orabi (Egypt) |
| **10:50 - 11:10 AM** | **Residual cardiorenal risk in type 2 diabetes**<br>Prof. Usama El Khatib ( Lebanon ) |
| **11:10 - 11:30 AM** | **Residual risk through landmark studies**<br>Prof. Anwar Jammah (KSA) |
| **11:30 - 11:50 AM** | **Residual risk of microvascular complication in diabetic patients**<br>Prof. Mohamed Zayton (Egypt) |
| **11:50 AM - 12:10 PM** | **Inhibiting SGT2 is receptors may add benefits in the management of HF.**<br>Dr. Zaki Baltimer( Libya ) |

# Thursday 19 October 2023

## Session 15 (Al-Khartoum Hall)

### 12:10 – 01:50 PM Atherosclerosis in diabetes

Chairpersons:
**Prof. Ahmed Dirar (Sudan)**
**Prof. Ibrahim El Sherif (Libya)**
**Prof. Magdy Helmy Megalaa(Egypt)**
**Prof. Manal Abo Shady (Egypt)**
**Prof. Nagwa Lachine (Egypt)**
**Dr. Rehab Sirelkhatim Mustafa Musa (Sudan)**

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|---|---|
| **12:10 - 12:30 PM** | **Atherosclerosis is it physiology or pathology?**<br>Prof. Ashraf Talaat (Egypt) |
| **12:30 - 12:50 PM** | **IR and hyperinsulinemia , primary drivers of atherosclerosis .**<br>Prof. Ghaleb Elsheraie (Iraq) |
| **12:50 - 1:10 PM** | **Small interferring RNA to reduce CV diseases**<br>Prof. Yasser Sheta (Egypt) |
| **1:10 - 1:30 PM** | **Lp(a) vs FH in the evolution of atherosclerosis**<br>Prof. Omar Awaad (Egypt) |
| **1:30 - 1:50 PM** | **The foot amputation pandemic**<br>Dr. Nagwa Erhim (Libya) |

# Thursday 19 October 2023

## Session 16 ( Derna Hall)

**12:10 – 01:50 PM Diabetes remission and delay !**

Chairpersons:
**Dr. Awad ElGhweiry(Libya)**
**Prof. Afaf Al Alshammary(KSA)**
**Prof. Maged Naeim Beshay(Egypt)**
**Dr. Mohsen Eledrisi(Libya)**
**Prof. Nawal El Ansary(Morocco)**
**Dr. Salwa Abdelbagi(Sudan)**

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|---|---|
| **12:10 - 12:30 PM** | **The Concept of diabetes remission**<br>Dr. Emhemed El Gazoy (Libya) |
| **12:30 - 12:50 PM** | **Type 1 diabetes remission**<br>Dr. Rowaida Kshebi (Libya) |
| **12:50 - 1:10 PM** | **Type 2 diabetes remission**<br>Prof. Seham El Aziz ( Morocco ) |
| **1:10 - 1:30 PM** | **Teplizumab and type 1 diabetes delay**<br>Prof. Abeer Zakaria Egypt |
| **1:30 - 1:50 PM** | **The impact of verapamil on the beta cell destruction of the new onset type 1 diabetes**<br>Dr. Adela El Amamy ( Libya ) |

## 01:50 – 02:30 PM Coffee Break

# Thursday 19 October 2023

## Session 17

Derna Hall

**02:30 – 03:30 PM Eva Pharma Symposium**

Chairpersons:
**Prof. Ali Abdel Rahim (Egypt)**

EVA PHARMA

**2:30 - 2:50 PM** **Innovative Combination For Diabetic Complications**
Prof. Mohamed Abdel Raouf (Egypt)

**2:50 - 3:10 PM** **EEmpagliflozin: The road to glycemic control & more**
Prof. Noha Gaber (Egypt)

**3:10 - 3:30 PM** **The Role of Sitagliptin/Metformin in Clinical Practice**
Prof. Hatem Salem (Egypt)

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## Session 18

Derna Hall

**03:30 – 04:30 PM MSD Symposium**

Chairpersons:
**Prof. Eman Rushdy (Egypt)**

MSD

**3:30 - 3:50 PM** **Role of Sitagliptin in management of newly diagnosed T2DM patients**
Prof. Azza Abdel Kerim

**3:50 - 4:10 PM** **Role of Sitagliptin in special population**
Prof. Mohamed Zeiton

**4:10 - 4:30 PM** **Composit Program**
Prof. Fawzy El Mosalamy

# Thursday 19 October 2023

**Session 19** Derna Hall

## 04:30 – 05:50 PM Novo Nordisk Symposium

Chairpersons:
**Prof. Mohamed Assy (Egypt)**

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|---|---|
| **4:30 - 4:50 PM** | **Oral Semaglutide: The first and only Oral GLP-1 RA**<br>Prof. Magdy Helmy Megalaa (Egypt) |
| **4:50 - 5:10 PM** | **Insulin Degludec: Raising EXPECTations**<br>Prof. Yahia Ghanem (Egypt) |
| **5:10 - 5:30 PM** | **Liraglutide: 3.0 mg: obesity and your patient**<br>Prof. Eman Rushdy (Egypt) |
| **5:30 – 5:50** | **Discussion** |

**05:50 Lunch**

# Friday 20 October 2023

**Session 20** (Al-Khartoum Hall)

**11:00 – 12:20 AM The era of COVID 19**

**Chairpersons:**
**Prof. Hager Abasher (Sudan)**
**Dr. Nagwa Erhim (Libya)**
**Dr. Najat Abo Zeid (Libya)**
**Prof. Noha Gaber (Egypt)**
**Prof. Sir El Khatem Siry (Sudan)**
**Dr. Tayseer Metwally (Egypt)**

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| **11:00 - 11:20 AM** | **COVID 19 increase the risk of type 2 diabetes**<br>Dr. Nezar Mahgoub (Libya) |
| **11:20 AM - 11:40 PM** | **COVID 19 vaccine reduces post COVID diabetes risk**<br>Dr. Ahmed Akl (KSA) |
| **11:40 - 12:00 PM** | **Management of diabetes during and after COVID 19**<br>Prof. Sulaf Ibrahim Abdelaziz (Sudan) |

# Friday 20 October 2023

**Session 21** ( Derna Hall)

**11:00 – 12:20 AM Diabetic neuropathy**

**Chairpersons:**
**Dr. Awad ElGhweiry (Libya)**
**Prof. Faris Abdel Karim (Iraq)**
**Prof. Mohamed Abdel Raouf (Egypt)**
**Dr. Mohamed Ali Hamedh (Libya)**
**Dr. Salih Al Faidy (Libya)**
**Prof. Seham El Aziz (Morocco)**

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| **11:00 - 11:20 AM** | **Pathogenesis of pain in diabetic neuropathy**<br>Dr. Diaa Ewais (KSA) |
| **11:20 - 11:40 AM** | **Diabetic autonomic neuropathy**<br>Prof. Eltyeb Elfaky (Sudan) |
| **11:40 AM - 12:00 PM** | **Pain control in diabetic neuropathy**<br>**Endorsed by EVA Pharma**<br>Prof. Kamel Hemida (Egypt) |
| **12:00 - 12:20 PM** | **Discussion** |

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**12:20 – 01:45 PM Coffee Break & Prayer**

# Friday 20 October 2023

## Session 22 (Al-Khartoum Hall)

**02:00 – 03:10 PM T2d and NASH**

**Chairpersons:**
**Prof. Anwar Jammah (KSA)**
**Prof. Emad Mishriki (Egypt)**
**Dr. Essam Hajjajy (Libya)**
**Dr. Rowaida Kshebi (Libya)**
**Prof. Suliman Salih Fedail (Sudan)**
**Prof. Zeinab Abdelrahman Albasheir (Sudan)**

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| **2:00 - 2:20 PM** | **T2D is a major risk factor for NASH**<br>Dr. Mohsen Eledrisi (Libya) |
| **2:20 - 2:40 PM** | **NAFLD, non invasive screening and risk stratification**<br>Dr. Farid Ben Ali (Libya) |
| **2:40 - 3:00 PM** | **Emerging treatments for NASH**<br>Dr. Hawaa El Sherif (Libya) |
| **3:00 - 3:10 PM** | **Discussion** |

# Friday 20 October 2023

**Session 23** ( Derna Hall)

**02:00 – 03:10 PM Diabetes and Kidney**

**Chairpersons:**
**Prof. Abdel Qawy Mansary (Yemen)**
**Prof. Afaf Al Alshammary (KSA)**
**Prof. Alfadil Mhd Osman (Sudan)**
**Prof. Faten BenRajab (Libya)**
**Dr. Salwa Eldrssi (Libya)**
**Prof. Yahia Ghanem (Egypt)**

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| **2:00 - 2:20 PM** | **Practical consideration for use of SGlt2i with low GFR**<br>Prof. Mohamed Sallam (Egypt) |
| **2:20 - 2:40 PM** | **Albuminuric D kidney increase the risk of foot ulceration**<br>Prof. Osama Abdel Azim ( Egypt ) |
| **2:40 - 3:00 PM** | **The interplay between RAAS and SGLT2 in the diabetic kidney.**<br>Dr. Samia Milady (Libya) |
| **3:00 - 3:10 PM** | **Diet therapy in patients with diabetic nephropathy**<br>Dr. Mona Mirghani Ismail (Sudan) |

# Friday 20 October 2023

## Session 24

Derna Hall

**03:10 – 03:40 PM Pharco Symposium**

**Chairperson:**
**Prof. Ali Abdelreheem (Egypt)**

**03:00 – 03:30 PM** **The miserable life of the diabetic patient with neuropathy**
Prof. Abbas Orabi (Egypt)

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## Session 25

Derna Hall

**03:40 – 05:00 PM Closing session**

**Bridging the gap between the guidelines and the clinical practice.**

**Moderator:**
**Prof. Ali Abdelreheem (Egypt)**

**Do you apply the guidelines in your routine practice, what are the barriers?**

Dr. Ahmed Akl (KSA)
Dr. Ahmed Sabaawy (Egypt)
Dr. Bahaa Sharaf El Din (Egypt)
Dr. Hossam Hosny (Egypt)
Dr. Kamal Saleh (Egypt)
Prof. Osama El Tigany (Sudan)
Dr. Sanad Zayed (Libya)

# Friday 20 October 2023

**Session 25** Derna Hall

**03:40 – 05:00 PM Closing session**

**Bridging the gap between the guidelines and the clinical practice.**

**Moderator:**
**Prof. Ali Abdelreheem (Egypt)**

**How to overcome the barriers " Bridging the gap "?**

Prof. Ahmed Dirar (Sudan)
Prof. Afaf Al Alshammary (KSA)
Dr. Amal El Gharary (Libya)
Dr. Awad ElGhweiry (Libya)
Prof. Eman Rushdy (Egypt)
Prof. Essam Hajjajy (Libya)
Prof. Ghaleb Elsheraie (Iraq)
Prof. Ibrahim El Sherif (Libya)
Prof. Nawal El Ansary (Morocco)
Prof. Sulaf Ibrahim Abdelaziz (Sudan)

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**Session 26** Derna Hall

**05:00 – 06:00 PM Farewell meeting:**
**In love with our Arab land**

**The whole conference board**

## 06:00 PM Lunch



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19 YEARS OF EXCELLENCE

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