16TH ARAB DIABETES FORUM

ADF 2025

الملتقى العربي للسكر

28 October - 1 November 2025 - Hilton Grand Nile, Cairo



ADF 2025

Conference Honorary Presidents
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WELCOME MESSAGE

On behalf of the Organizing and Scientific Committees, it is our great pleasure to welcome you to THE 16TH ARAB DIABETES FORUM (ADF 2025), taking place at the Hilton Grand Nile Hotel, Cairo, Egypt, from 28 October to 1 November 2025.

This year's forum promises to be an exceptional gathering of experts and professionals committed to advancing knowledge and care in diabetes and its related fields. The scientific agenda is rich with insightful presentations delivered by distinguished speakers from across the region. Participants from diverse disciplines - Diabetology, Endocrinology, Cardiology, Nephrology, Internal Medicine, and Family Medicine - will find tremendous value in the discussions and updates presented.

ADF 2025 will shine a spotlight on the most recent advances, clinical practices, and interdisciplinary approaches in tackling diabetes and associated non-communicable diseases. It also reflects the unwavering commitment of the Arab healthcare community to improving the lives of individuals affected by diabetes and supporting those who care for them.

We are proud to welcome over 2,500 participants, reinforcing ADF's position as the largest and most influential diabetes forum in the Arab world and the broader Middle East.

We look forward to your active participation and to creating another inspiring and impactful edition of the Arab Diabetes Forum.

Warm regards,
ADF Presidents
Prof. Abbas Orabi **Prof. Ali Abdel Rahim**



ADF 2025

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El Bahlul Amer	Libya
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Farid Ben Ali	Libya
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Hoda Aboud	Libya
Hoda El Tarabolsy	Libya
Hoda Zayed	Libya
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Somaya Qweia	Libya
Souad Mahmoud	Libya
Tarek Elkarati	Libya
Waleed Shehab	KSA
Zainab Abdulrahman	Sudan
Zaki Baltimr	Libya
Moftah Elfalah	Libya
Ali Alahrash	Libya

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GENERAL INFORMATION

Conference Venue: Cairo Egypt

The congress hosting city is Cairo, the capital of Egypt and the largest city in the Middle East, and the second-largest in Africa after Lagos. Its metropolitan area is the 16th largest in the world. Located near the Nile Delta and nicknamed "The City of a Thousand Minarets" due to its remarkable Islamic architecture, Cairo has long served as a hub of political, cultural, and intellectual activity. The city is also closely associated with Ancient Egypt, being near the historical sites of Memphis, Giza, and Fustat, home to the Great Sphinx and the Pyramids of Giza.

Hilton Grand Nile Hotel

Hilton Grand Nile Hotel is centrally located along the Nile Corniche, offering direct views of the river and convenient access to major landmarks. The hotel is approximately 30 minutes from Cairo International Airport, 20 minutes from Cairo International Conference Center, and within close proximity to downtown Cairo. It offers modern facilities for conferences and hospitality, making it an ideal venue for ADF 2025.

- All rooms are on a bed & breakfast basis.
- Check-in time: 2:00 PM
- Check-out time: 12:00 PM
- Address: Corniche El Nil, Garden City, Cairo Governorate
- Phone: +20 2 2399 7070



Language

The official language are English and Arabic.
All lectures and presentations will be held in the English and Arabic languages only.
There will be no translation available

Website

www.arabdiabetesforum.com

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TUESDAY
28 OCTOBER
2025



ADF 2025

TUESDAY

06:00 – 07:00 PM	Registration

OPENING REMARKS

07:00 – 07:30 PM	Opening Remarks	
Prof. Abbas Orabi (Egypt)	Conference President	3 Min
Prof. Ali Abdel Rehim (Egypt)	Conference President	3 Min
Prof. Ahmed Dirar (Sudan)	Conference Honorary President	3 Min
Prof. Ibrahim Elsherif (Libya)	Conference Honorary President	3 Min
Dr. Awad Elghweiry (Libya)	Conference Co-President	3 Min
Prof. Eman Rushdy (Egypt)	Conference Vice President	3 Min
Prof. Sir El Khatem Siry (Sudan)	Conference Vice Presidents	3 Min
Dr. Amal Elgharary (Libya)	Conference Moderator	3 Min
Prof. Hala Ali Gamal Eldin (Egypt)	Conference Moderator	3 Min
Assistant Prof. Moftah Elfalah (Libya)	Conference Vice-President	3 Min

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THE OPENING SESSION — MAIN HALL

07:30 – 09:10 PM — **The Opening Session**

Chairpersons:

Prof. Ali Abdel Rehim (Egypt)
Prof. Essam Hajjajy (Libya)
Prof. Faris Abdel Karim (Iraq)
Prof. Jihad Haddad (Jordan)
Prof. Naser Eljuhany (KSA)
Prof. Sir El Khatem Siry (Sudan)

07:30 - 07:55 PM — **Opening lecture**
Dr. Awad Elghweiry (Libya) Co-Presidents of the ADF

07:55 - 08:20 PM — **The ADF Project Fasting Ramadan Safely "FRS"**
Prof. Abbas Orabi (Egypt)

08:20 - 08:45 PM — **Equitable diabetes care: Sudanese Refugees People with Diabetes in Egypt**
Prof. Mohamed Ali Eltom (Sudan)

08:45 - 09:10 PM — **State of the art lectures**
Challenges of Double Diabetes
Prof. Ibrahim Elsherif (Libya)

09:15 PM — **Faculty Dinner**

WEDNESDAY
29 OCTOBER
2025



ADF 2025

08:00 – 10:00 AM REGISTRATION

Session 2 (Hall A)
Pre Type1 diabetes
09:30 – 10:30 AM

Chairpersons:
Prof. Abdelrahman El Najjar (Libya)
Prof. Eman Rushdy (Egypt)
Prof. Mohamed Abdel Raouf (Egypt)
Prof. Naser Eljuhany (KSA)

09:30 - 09:45 AM
Evolution of type1 diabetes.
Dr. Awad Elshahrany (KSA)

09:45 - 10:00 AM
The role of beta cells intrinsic factors in the pathogenesis of type1 diabetes.
Prof. Abeer Zakaria (Egypt)

10:00 - 10:15 AM
Screening for pre type 1 diabetes.
Dr. Abdulqawi Mansary (Yemen)

10:15 - 10:30 AM
Discussion

Session 3 (Hall B)
Type2 diabetes (1)
09:45 – 11:30 AM

Chairpersons:
Prof. Adela El Amamy (Libya)
Prof. Hala Ali Gamal Eldin (Egypt)
Dr. Mohamed Bashmos (Yemen)
Dr. Naweed AlZaman (KSA)
Dr. Salah Gwder (Libya)

09:45 - 10:00 AM
Update on the Pathogenesis of Type 2 Diabetes
Prof. Essam Hajjajy (Libya)

10:00 - 10:15 AM
Update algorithm for the management of type 2(ADA 2025) diabetes
Dr. Amal Elgharary (Libya)

10:15 - 10:30 AM
The need for Arab "cost based" recommendations for the management of type 2 diabetes.
Prof. Ragab Elraeed (Libya)

ADF 2025

Session 4 (Hall A)

Pre Type2 diabetes

10:30 – 12:00 PM

Chairpersons:

Prof. Ahmed Roza (Egypt)
Dr. Awad ElGhweiry (Libya)
Dr. Azza Hasssan (Egypt)
Dr. Diaa Ewais (KSA)
Dr. Nagwa Erhim (Libya)

10:30 - 10:45 AM
Worldwide prevalence of pre type 2 diabetes
Dr. Najla ibrahim allaghi (Libya)

10:45 - 11:00 AM
The Epidemiology of Pre type 2 diabetes in Egypt and Arab world. "
Prof. Hatem Salem (Egypt)

11:00 - 11:15 AM
FPG is a predictor of pre diabetes.
Dr. Darin Ematiq (Libya)

11:15 - 11:30 AM
Early detection of prediabetes (emerging role of health technologies)
Dr. Salema Farag Zobi (Libya)

11:30 - 11:45 AM
Management of pre type 2 diabetes (lifestyle vs pharmacotherapy).
Dr. Somaya Qweia (Libya)

11:45 - 12:00 PM
Is it prediabetes or early diabetes? (a look for the expected complications).
Dr. Om Elmir Elgazafy (Libya)

Session 3 (Hall B)

Type2 diabetes (1)

09:30 – 11:30 AM

Chairpersons:

Prof. Adela El Amamy (Libya)
Prof. Hala Ali Gamal Eldin (Egypt)
Dr. Mohamed Bashmos (Yemen)
Dr Naweed AlZaman (KSA)

10:30 - 10:45 AM
Newer therapeutic areas in the management of type 2 diabetes:
1 Glimin (mitochondrial modulators)
Dr. Tarek Elkarati (Libya)

10:45 - 11:00 AM
Newer therapeutic areas in the management of type 2 diabetes: 2 Asprosin inhibitors.
Dr. Dheba Alamari Oheiba (Libya)

11:00 - 11:15 AM
Treatment of type 2 diabetes in the children
Prof. Megahed Abo Elmagd (Egypt)

11:15 - 11:30 AM
Discussion

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Session 5 (Hall A)

Type 1 Diabetes

12:00 – 01:15 PM

Chairpersons:

Prof. Ahmed Dirar (Sudan)
Dr. El Bahlul Amer (Libya)
Prof. Eman Rushdy (Egypt)
Dr. Mohamed Mikkawy (Egypt)
Dr. Zaki Baltimr (Libya)

12:00 - 12:15 PM
Clinical staging of type 1 diabetes.
Dr. Ibtesam Hadeed (Libya)

12:15 – 12:30 PM
Management of the honeymoon period of type 1 diabetes.
Dr. Hoda Aboud (Libya)

12:30 - 12:45 PM
Monitoring blood glucose in type 1 diabetes (Fingerstick vs CGM).
Dr. Gomaa Eltrally (Libya)

12:45 - 01:00 PM
FDA approved therapies for prolonging beta cells survival in type1diabetes.
Prof. Faten BenRajab (Libya)

01:00 - 01:15 PM
Discussion

Session 6 (Hall B)

Type2 diabetes (2)

11:30 – 01:00 PM

Chairpersons:

Prof. Abeer Zakaria (Egypt)
Dr. Emhemed Abo Bakr El Gazory (Libya)
Prof. Faris Abdel Karim (Iraq)
Prof. Mohamed Zaitoun (Egypt)

11:30 - 12:00 PM
Newer combinations addressing diabetes and obesity:
• Dual agonists: GLP1RA and GIP
Dr. Afaf Milad (Libya)
• Triple agonists: GLP1RA +GIP+ Glucagon agonists.
Prof. Mohamed Elnaily (Libya)

12:00 - 12:15 PM
Barriers of Insulin therapy in the management of type 2 diabetes in the Arab world.
Dr. Ahlam Elmortada (Yemen)

12:15 – 12:30 PM
Malnutrition-Related Diabetes (Type 5 Diabetes)
Prof. Sir Elkhatm Sirri (Sudan)

12:30 - 12:45 PM
Atypical Diabetes
Dr. Zainab Abdulrahman (Sudan)

12:45 - 01:00 PM Session 7 (Hall B)
The new innovation in oral iron preparation
Prof. Ali Abdelrehim (Egypt)

ALESRAA PHARMACEUTICALS

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Break 01:15 – 01:45 PM

Session 8 (Hall A)
Newer insulins
01:45– 02:45 PM

Chairpersons:
Dr. Amal Elgharary (Libya)
Prof. Anwar Jamah (KSA)
Prof. Emad Mishriki (Egypt)
Dr. Saleh Elfaidy (Libya)
Prof. Shereen Elsawy (Egypt)

01:45 - 02:00 PM
Insulin analogue biosimilars
Prof. Mohamed Mikkawy (Egypt)

02:00 - 02:15 PM
Once weekly Insulin
Dr. Rafik ElMehdawi (Libya)

02:15 - 02:30 PM
Smart Insulin (NNC2215)
Prof. Maha Assem (Egypt)

02:30 - 02:45 PM
Discussion

Session 9 (Hall B)
AstraZeneca Symposium 1
01:45 – 02:30 PM AstraZeneca

1:45 – 02:05 PM
Deep Dive Into Dyslipidemia Management
Prof. Hala Ali Gamal El Din (Egypt)

02:05 – 02:25 PM
Don't wait until it's late
Prof. Tarek Elbaz (Egypt)

Session 10 (Hall B)
Pharco Symposium
02:30 – 03:00 PM

02:30 – 02:45 PM
Bridging the gaps in diabetes maps
Prof. Farid Fawzy (Egypt)

02:45 – 03:00 PM
Role of Vitamin B12 and folate in GIT diseases
Prof. Fatma Rageh (Egypt)

Session 11 — Main Hall

03:00 – 03:25 PM — **State of the art lectures**

Chairpersons:
Prof. Ali Abdelrehim (Egypt)
Prof. Mohamed Ali Eltom (Sudan)
Prof. Ragab Elraeed

03:00 – 03:25 PM	From blood sugar to Kidney scar: the journey of kidney damage in diabetes. Prof. Jihad Haddad (Jordan)

Session 12 — Main Hall

03:30 – 04:30 PM — **Boehringer Ingelheim Symposium**

Chairpersons:
Prof. Eman Rushdy (Egypt)

Boehringer Ingelheim

03:30 – 03:50 PM	Jardiance, A game changer in the management of T2D. Prof. Raef Malaak (Egypt)
03:50 – 04:10 PM	Jardiance across LV Prof. Mohamed Abdelghany (Egypt)
04:10 – 04:30 PM	CKD in Primary Care: Why Early Detection Matters More Than Ever Prof. Hesham El Sayed (Egypt)

Session 13 — Main Hall

04:30 – 05:30 PM — **Eva Pharma Symposium**

Osama: Diabetic Journey

Prof. Ali Abdelrehim (Egypt)

Prof. Hatem Salem (Egypt)

Prof. Abeer Zakaria (Egypt)

EVA PHARMA

05:30 Lunch

Session 14 — Main Hall

08:30 – 10:00 PM — **Novo Nordisk NIGHT SESSION**

Chairpersons:
Dr. Awad ElGhweiry (Libya)

Beyond glycemia: The expanding landscape of Semaglutide
Prof. Abbas Orabi (Egypt)

The initiation of insulin therapy with insulin Degludec
Prof. Ali Abdelrehim (Egypt)

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THURSDAY
30 OCTOBER
2025



ADF 2025

Session 15 (Hall A)

Heart 1

10:00 – 11:30 AM

Chairpersons:

Dr. Darin Ematiq (Libya)
Dr. Diaa Ewais (KSA)
Prof. Mahmoud Elbadry (Egypt)
Dr. Omaima Ali (Sudan)
Dr. Rafik ElMehdawi (Libya)

10:00 - 10:15 AM
epidemiology of IHD in diabetes.
Prof. Walaa Anwar Khalifa (Egypt)

10:15 - 10:30 AM
clinical differentiation between HFpEF & HFrEF. (Diabetoligy perspective)
Prof. Mohamed Zaitoun (Egypt)

10:30 - 10:45 AM
From TOPCAT to FINEARTS-HF trial, the hope survives.
Prof. Mohamed Selim (Egypt)

10:45 - 11:00 AM
Diabetic cardiomyopathy.
Dr. Hoda El Tarabolsy (Libya)

11:00 - 11:15 AM
The standard therapy for the the management of HF in diabetes.
Dr. Hoda Zayed (Libya)

11:15 - 11:30 AM
Discussion

Session 16 (Hall B)

Lipids

10:00 – 11:45 AM

Chairpersons:

Dr. Abo Elmaaty Elsherif (Egypt)
Prof. Essam Hajjajy (Libya)
Prof. Mohamed Ali Eltom (Sudan)
Dr. Somaya Qweia (Libya)
Prof. Hoda Gouda (Egypt)

10:00 - 10:15 AM
The protective HDL.
Dr. Emhemed Abo Bakr El Gazory (Libya)

10:15 - 10:30 AM
LDL subtypes.
Prof. Naser Eljuhany (KSA)

10:30 - 10:45 AM
The more atherogenic LDL
Dr. Ghazala Othman Ali Elfeitouri (Libya)

10:45 - 11:00 AM
Familial dyslipidemia.
Dr. Samia Elmilady (Libya)

11:00 - 11:15 AM
hypertriglyceridemia (the shadow factor in dyslipidemia).
Dr. Mohamed Bashmos (Yemen)

11:15 - 11:30 AM
What's after statin failure?
Dr. Fayza Hunder (Libya)

11:30 - 11:45 AM
Discussion

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Session 17 (Hall A)

Heart 2

11:30 – 12:45 PM

Chairpersons:

Dr. Afaf Milad (Libya)
Prof. Faten BenRajab (Libya)
Prof. Megahed Abo Elmagd (Egypt)
Prof. Noha Taha (Egypt)
Prof. Saud Elsifri (KSA)

11:30 - 11:45 AM
The mile stone trials in diabetes improving CVOTs
Dr. Nizar Elmahgoub (Libya)

11:45 - 12:00 PM
The mile stone trials in diabetes deteriorating CVOTs
Dr. Souad Mahmoud (Libya)

12:00 - 12:15 PM
The mile stone trials in diabetes improving CV deaths
Prof. Nabil Farag (Egypt)

12:15 - 12:30 PM
Is it the drug or the regimen?
Dr. Zaki Baltimr (Libya)

12:30 - 12:45 PM
Open Discussion with the floor

Session 18 (Hall B)

Diabetic atherosclerosis

11:45 – 12:45 AM

Chairpersons:

Dr. Al-Fadhel Mohamed Othman (Sudan)
Dr. Farid Ben Ali (Libya)
Prof. Ragab Elraeed (Libya)
Prof. Souad Soltan (Egypt)
Prof. Mohamed Elasy (Egypt)

11:45 - 12:00 PM
Early detection of diabetic atherosclerosis: AI-DRIVEN predictive models.
Prof. Nema Ahmed (Egypt)

12:00 - 12:15 PM Endorsed by Novo
The anti-diabetic drugs with proven atherosclerosis suppressive effect: GLP1RA
Prof. Hala Ali Gamal Eldin (Egypt)

novo nordisk®

12:15 - 12:30 PM
The anti-diabetic drugs with proven atherosclerosis suppressive effect: SGLT2I
Prof. Adela Elamamy (Libya)

12:30 - 12:45 PM
The anti-diabetic drugs with proven atherosclerosis suppressive effect: Pioglitazone
Prof. Ali Abdel Rahim (Egypt)

Session 19 — Main Hall

12:45 – 01:15 PM

Chairpersons:
Prof. Amal Elgharary (Libya
Prof. Saud Elsifri (KSA)
Prof. Sirelkhatim Sirri (Sudan)

12:45 – 01:15 PM	Struggling for the ideal anti-diabetic drug ! Prof. Abbas Orabi (Egypt)

Session 20 — Main Hall

01:15 – 02:15 PM — **MSD Symposium**

Chairpersons:
Prof. Eman Rushdy (Egypt)

MSD

01:15 – 01:35 PM	Role of Sitagliptin in management of newly diagnosed T2D patients Prof. Mohamed Zaitoun (Egypt)
01:35 – 01:55 PM	Role of Sitagliptin in management of special population Prof. Mohamed Abdel Raouf (Egypt)
01:55 – 02:15 PM	ADA Overview for Type Two Diabetes Management Prof. Manal Abo Shady (Egypt)

Break 02:15 – 02:45 PM

Session 21 Main Hall

02:45 – 04:00 PM ADF league

Session 22 Main Hall

04:00 – 04:30 PM Utopia Symposium

UTOPIA
THE LIFE YOU DESERVE

04:00 – 04:30 PM

Telmisartan in BP "24 hrs control" & Nocturnal Hypertension : Chartoreg is Now in Egypt

Prof. Basssem Zarif (Egypt)

Prof. Hussein El Fishawy (Egypt)

Session 24 — Main Hall

04:30 – 05:30 PM — **Novo Nordisk Symposium**

Moderator:
Prof. Khaled Elhadidy (Egypt)

04:30 – 04:45 PM	Semaglutide: saves lives, heart and kidneys Prof. Ali Abdel Rahim (Egypt)
04:45 – 05:00 PM	The promise of insulin degludec for stable control Prof. Enas Sabry (Egypt)
05:00 – 05:15 PM	Oral Semaglutide: the Pill of choice Prof. Mohamed Reda Halawa (Egypt)
05:15 – 05:30 PM	Semaglutide 2.4 mg: STEPing up obesity management Prof. Eman Rushdy (Egypt)

05:30 Lunch

ADF 2025

Session 25
09:00 – 10:00 PM

Main Hall
Utopia NIGHT SESSION

UTOPIA
THE LIFE YOU DESERVE

09:00 – 09:30 PM

Duloxetine and Painful Diabetic Neuropathy: A Multidisciplinary Approach"
Prof. Doaa Atef Mekkawy (Egypt)
Prof. Hany Khairy (Egypt)

09:30 – 10:00 PM

Control Speaks Egyptian
Blokatens HCT is now in Egypt
Prof. Mohamed Seleem (Egypt)
Prof. Lobna Eltony (Egypt)

FRIDAY
31 OCTOBER
2025



ADF 2025

Session 26 (Hall A)

Diabetic autonomic neuropathy

09:30 – 10:45 PM

Chairpersons:

Dr. Abdulqawi Mansary (Yemen)
Dr. Maged Naeim Bishay (Egypt)
Prof. Mousa Eltawaty (Libya)
Dr. Samia Elmilady (Libya)
Prof. Osama Ragab (Egypt)

09:30 - 09:45 AM
Diabetic gastroparesis.
Prof. Waleed Shehab (KSA)

09:45 - 10:00 AM
Bladder dysfunction in diabetic patients.
Prof. Abdelrouf Sherfee(Sudan)

10:00 - 10:15 AM
Erectile dysfunction in diabetic patients.
Prof. Saud Elsifri (KSA)

10:15 - 10:30 AM
Heart rate variability and sudden death in diabetic patients.
Prof. Hayam Eldamanhory (Egypt)

10:30 - 10:45 AM Endorsed by Al Esraa
Emerging therapies and future directions in diabetic autonomic neuropathy.
Prof. Azza Abdelkerim (Egypt)

10:45 – 11:00 AM Session 28 (Hall A)
Xeedia Symposium
Prof. Magdy Helmy Megalaa (Egypt)

Session 27 (Hall B)

Diabetes and liver

09:30 – 10:45 PM

Chairpersons:

Prof. Ghada Elkhateeb (Egypt)
Prof. Nevin Fouad (Egypt)
Dr. Hoda El Tarabolsy (Libya)
Dr. Ibrahim Amzika (Libya)
Dr. Souad Mahmoud (Libya)

09:30 - 09:45 AM
Redefing NASH, the evolution into MASH
Dr. Mohamed Wageih (Egypt)

09:45 - 10:00 AM
MASH in diabetes: The hidden epidemic!
Prof. Fatma Rageh (Egypt)

10:00 - 10:15 AM
The Gut Liver axis and the Immunometabolism in MASH.
Prof. Manal Abo Shady (Egypt)

10:15 - 10:30 AM
Screening for MASH in type 2 diabetes.
Prof. Hala Ali Gamal Eldin (Egypt)

10:30 - 10:45 AM
Drugs development in MASH; what is new?
Dr. Dina Ghoweba (Egypt)

10:45 – 11:00 AM Session 29 (Hall B)
The quantum leap in T2D managment
Prof. Talaat Abdelaaty (Egypt)

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ADF 2025

11:00 – 11:20 AM Session 30 (Hall B) AstraZeneca Symposium 2

Dapagliflozin - Control Today .. Keep Pace with Tomorrow

Prof. Yahia Ghanem (Egypt)

AstraZeneca

11:30 – 12:30 PM Coffee Break & Gomaa Prayer

Session 31 (Hall A)
Obesity
12:45 – 02:45 PM

Chairpersons:
- Dr. Awad Elshahrany (KSA)
- Dr. Ibtesam Hadeed (Libya)
- Prof. Eman Rushdy (Egypt)
- Prof. Mohamed Elnaily (Libya)
- Dr. Hisham Metwaly (Egypt)

12:45 - 01:00 PM
The global health challenge of obesity.
Dr. Diaa Ewais (KSA)

01:00 - 01:15 PM
Childhood obesity and Early-onset type 2 diabetes.
Prof. Hany Khairy (Egypt)

01:15 - 01:30 PM
New obesity definition: from BMI to the health concept.
Prof. Faris Abdel Karim (Iraq)

01:30 - 01:45 PM
Adipose tissue memory and weight cycling.
Dr. Nabil El Najjar (Egypt)

01:45 - 02:00 PM
The epidemiology of obesity in the Arab world.
Dr. Saleh Elfaidy (Libya)

Session 32 (Hall B)
Diabetes and kidney
12:45 – 03:00 PM

Chairpersons:
- Assistant Prof. Ali Alahrash (Libya)
- Dr. Hoda Aboud (Libya)
- Prof. Mohamed Fawzy (Egypt)
- Dr. Sami Mahmoud (Sudan)
- Dr. Dheba Alamari Oheiba (Libya)

12:45 - 01:00 PM
The damaging effect of glucose on the kidney
Dr. Hawaa Elsherif (Libya)

01:00 - 01:15 PM
The damaging effect of RAAS on the kidney.
Dr. Mohamed O. Ezwaie (Libya)

01:15 - 01:30 PM
The damaging effect of aldosterone on the kidney.
Dr. Sabah Elbroasy (Libya)

01:30 - 01:45 PM
Clinical staging and screening of the diabetic kidney
Prof. Mohamed Abdelraouf (Egypt)

01:45 - 02:00 PM
Approach for the management of the diabetic kidney, when to start, how to intensify?
Dr. Farid Ben Ali (Libya)

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Session 31 (Hall A)

Obesity

12:45 – 02:45 PM

02:00 - 02:15 PM
New trends of pharmacotherapies in the management of obesity.
Prof. Ghada Elkhateeb (Egypt)

02:15 - 02:30 PM
Metabolic surgery, when to consider?
Prof. Ghada Elsagher (Egypt)

02:30 - 02:45 PM
Discussion

Session 32 (Hall B)

Diabetes and kidney

12:45 – 03:00 PM

02:00 - 02:15 PM
The Quadruple approach in cardiorenal protection.
Prof. Hussein El Fishawy (Egypt)

02:15 - 02:30 PM
To what extent can recent medications delay diabetic kidney deterioration?
Prof. Mousa Eltawaty (Libya)

02:30 - 02:45 PM
Update in the Management of Diabetic Nephropathy
Dr. Al-Fadhel Mohamed Othman (Sudan)

02:45 - 03:00 PM
Discussion

ADF 2025

Session 33 (Hall A)
Diabetic foot
03:00 – 04:00 PM

Chairpersons:
Dr. Abashar Hussein (Sudan)
Prof. Doaa Elsayed (Egypt)
Dr. Hawaa Elsherif (Libya)
Dr. Nabil El Najjar (Egypt)

03:00 - 03:15 PM
Screening for diabetic foot.
Prof. Taisser Metwally (Egypt)

03:15 - 03:30 PM
Nonsurgical management of diabetic foot.
Dr. Abdel Rhman El Najjar (Libya)

03:30 - 03:45 PM
Covering the Evidence: Optimizing Dressing Choices for Diabetic Foot Ulcer Car
Dr. Mariam Botros (Canada)

03:45 - 04:00 PM
Stem cell therapy of diabetic foot ulcers.
Prof. Youssef Hassan (Egypt)

Session 34 (Hall B)
Servier Symposium
03:00 – 03:15 PM SERVIER

Synergistic solutions for premium miltimorbidity care
Prof. Maha Assem (Egypt)

Session 35 (Hall B)
Bayer Symposium
03:15 – 03:30 PM BAYER

Moderator:
Prof. Jihad Haddad (Jordan)

Hit Early Hit Hard : Optimize Treatment in People with T2D and CKD
Prof. Mina Michael Nesim (Egypt)

Session 36 (Hall B)
GSK Symposium
03:30 – 04:00 PM GSK

Chairperson:
Prof. Said Abbady (Egypt)

Herpes Zoster Risk & Prevention in Diabetic Patients
Prof. Abbas Orabi (Egypt)

04:00 LUNCH

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ADF 2025

Session 37
08:30 – 09:30 PM

Main Hall
Eva NIGHT SESSION

Triple combination - Clinical cases base discussion
Prof. Mohamed Zaiton (Egypt)

EVA PHARMA

SATURDAY
1 NOVEMBER
2025



ADF 2025

Session 38 — Hall 1

10:00 – 12:20 PM — Basic workshop

Moderators

Prof. Adela El Amamy (Libya)
Prof. Eman Rushdy (Egypt)
Prof. Waleed Shehab (KSA)

10:00 - 10:20 AM	Meal planning and carb counting. Dr. Mahmoud Daw (Libya)
10:20 - 10:40 AM	Fundamental of Insulin pump therapy. Dr. Hesham Elmabrouk (Libya)
10:40 - 11:00 AM	Insulin initiation and intensification. Dr. Sanad Zayed (Libya)
11:00 - 11:20 AM	Diabetes and Pregnancy: Risks and Recommendations Dr. Sami Mahmoud (Sudan)
11:20 - 11:40 AM	Insulin in pregnancy. Dr. Hayam Ben Rajab (Libya)
11:40 - 12:00 PM	Fingerstick glucose monitoring vs CGM Dr. Iman Alboaishy (Libya)
12:00 - 12:20 PM	Drug induced hypoglycemia Prof. Mostafa Abo Elyazid (Egypt)

12:20 - 01:20 PM — Eva Pharma Workshop

Prof. Hanan Gawish (Egypt)

EVA PHARMA

ADF 2025

Session 39 — Hall 2

10:00 – 01:20 PM — Advanced workshops.

Moderators

Prof. Ali Abdel Rahim (Egypt)
Prof. Mousa Eltawaty (Libya)
Prof. Sirelkhatim Sirri (Sudan)

10:00 - 10:20 AM	Diabetes data interpretation (Understanding glucose trends and patterns) Prof. Athar Reda (Egypt)
10:20 - 10:40 AM	Hybrid Closed loop systems (artificial pancreas) Dr. El Bahlul Amer (Libya)
10:40 - 11:00 AM	The applicability of telemedicine in the management of diabetic patients in the Arab world. Prof. Essam Hajjajy (Libya)
11:00 - 11:20 AM	Applicability of FRS program for the management of diabetic patients fasting Ramadan. Dr. Awad Elgewiry (Libya)
11:20 - 11:40 AM	Diabetic Neuropathy 1: Challenges and Management Dr. Abashar Hussein (Sudan)
11:40 - 12:00 PM	Diabetic Neuropathy 2: Pain control in diabetic neuropathy. Dr. Ahmed Eldernawy (Libya)
12:00 - 12:20 PM	Insulin in Critically ill patients Dr. Kamel Hemida (Egypt)

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12:20 - 01:20 PM Novo Insulin Workshop

Moderator
Prof. Manal Abo Shady

Type 1 management and transition strategy
Prof. Nancy Elbarbary (Egypt)
Holistic approach in management of type 2
Prof. Abeer Zakaria (Egypt)

Session 40 Hall 3
AI in diabetes care:

Moderators
Prof. Abbas Orabi (Egypt)
Dr. Awad Elghweiry (Libya)
Dr. Zainab Abdulrahman (Sudan)

10:00 - 10:20 AM	**Understanding AI in Healthcare** **Dr. Hossam Hosny (Egypt)**
10:20 - 10:40 AM	**Smart Tools, Smarter care: How AI supports Diabetes treatment?** **Dr. Naira Hany (Egypt)**
10:40 - 11:00 AM	**Updates in AID Insulin Pumps** **Dr. Naweed AlZaman (KSA)**

11:00 - 12:00 AM Novo Workshop

Insulin Degludec: A LONG journey in diabetes management
Prof. Hisham Elhifnawy (Egypt)

The benefits of insulin Degludec in T2DM management
Prof. Kamel Hemida (Egypt)

Integrating Semaglutide into Clinical Practice
Prof. Mostafa Abo Elyazid (Egypt)

Session 41 Hall 3

12:00 - 12:20 AM	**"Reimagining Care: How HealthTech Supports Physicians in Managing Diabetes & Chronic Disease"** Prof. Noha Khater



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