17th Arab Diabetes Forum

ADF 2026

3-7 November 2026 | Hilton Grand Nile Tower – Cairo, Egypt

أكبر تجمع عربي لمرض السكر

أكبر عدد ساعات معتمدة

الملتقى العربي للسكر

Conference Presidents

Prof. Abbas Orabi

Prof. Ali Abdel Rahim

SCIENTIFIC PROGRAM 2026

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17TH ARAB DIABETES FORUM · ADF 2026

Organizing Structure

CONFERENCE HONORARY PRESIDENTS

Prof. Ahmed Dirar
Prof. Ibrahim El Sherif

CONFERENCE PRESIDENTS

Prof. Abbas Orabi
Prof. Ali Abdel Rahim

CONFERENCE CO-PRESIDENT

Dr. Awad Elghweiry

CONFERENCE VICE PRESIDENTS

Prof. Eman Rushdy
Prof. Elbahlul Amer
Prof. Sirelkhatim Sirri

CONFERENCE MODERATORS

Prof. Amal El Gharary
Prof. Hala Ali Gamal El Din
Dr. Faezah Handar

EXECUTIVE COMMITTEE

Dr. Abdulqawi Al-Mansari
Dr. Diaa Ewais
Prof. Issam Hajjaji
Dr. Nabil El Naggar

CONFERENCE SECRETARY GENERAL

Prof. Hatem Salem
Prof. Mohamed Abdel Raouf
Prof. Yasser Sheta

CONFERENCE COORDINATORS

Dr. Ahmed Eldernawi
Dr. Sumayyah Iqweeah
Prof. Waleed Shehab

ORGANIZING STRUCTURE

HEAD OF SCIENTIFIC COMMITTEE

Prof. Ragab Elraeed
Prof. Mousa El Tawaty
Prof. Sulaf Ibrahim

SCIENTIFIC COMMITTEE

Prof. Mohamed Reda Halawa
Prof. Hayam Eldamanhory
Dr. Maged Naeim Beshay
Prof. Manal Abo Shady

HEAD OF ORGANIZING COMMITTEE

Prof. Nezar Almahgob

ORGANIZING COMMITTEE

Dr. Sanad Zayed
Dr. Doaa Mansour Elfar
Dr. Darin Maeteg
Dr. Ahmed Akl
Dr. Ayman Elgendy
Dr. Taysser Metwaly
Prof. Mohamed Zaitoun
Prof. Zeinab Abdelrahman Albasheir

ADVISORY BOARD

Prof. Hisham Abdelrahim
Dr. Amhimmid Aboubakr El Gazory
Prof. Magdy El Sharkawy
Prof. Mohamed Elassy
Dr. Salih Al Faidy
Prof. Nasser Eljuhany
Prof. El Tayeb El Faky
Prof. Faris Abdelkarim
Prof. Mohamed Ali Eltom
Dr. Osama El Khatib
Prof. Talaat Abdelaty
Prof. Saoud Al Sifry

FROM THE PRESIDENTS

Welcome Message

On behalf of the Organizing and Scientific Committees, it is our great pleasure to welcome you to the 17th Arab Diabetes Forum (ADF 2026), taking place at the Hilton Grand Nile Hotel, Cairo, Egypt, from 3–7 November 2026.

This year's forum promises to be an exceptional gathering of experts and professionals committed to advancing knowledge and care in diabetes and its related fields. The scientific agenda is rich with insightful presentations delivered by distinguished speakers from across the region. Participants from diverse disciplines—Diabetology, Endocrinology, Cardiology, Nephrology, Internal Medicine, and Family Medicine—will find tremendous value in the discussions and updates presented.

ADF 2026 will shine a spotlight on the most recent advances, clinical practices, and interdisciplinary approaches in tackling diabetes and associated non-communicable diseases. It also reflects the unwavering commitment of the Arab healthcare community to improving the lives of individuals affected by diabetes and supporting those who care for them.

We are proud to welcome over 2,500 participants, reinforcing ADF's position as the largest and most influential diabetes forum in the Arab world and the broader Middle East.

We look forward to your active participation and to creating another inspiring and impactful edition of the Arab Diabetes Forum.

17th	5	8	2,500+
EDITION	DAYS	WORKSHOPS	PARTICIPANTS

Warm regards,





PROF. ABBAS ORABI **PROF. ALI ABDEL RAHIM**

ADF PRESIDENTS

ARAB DIABETES FORUM

The 17th ADF Board

Prof. Abbas Orabi	Dr. Abdulqawi Al-Mansari
Dr. Abo Elmaaty Elsherif	Prof. Adel Abdel Aziz
Prof. Adela El Amamy	Prof. Afaf Alshemmary
Dr. Ahmed Akl	Prof. Ahmed Dirar
Prof. Ali Abdel Rahim	Dr. Amal El Gharary
Prof. Anwar Jammah	Dr. Awad Elghweiry
Dr. Ayman Elgendy	Dr. Diaa Ewais
Prof. El Tayeb El Faky	Prof. Emad Mishriki
Prof. Eman Rushdy	Prof. Faris Abdelkarim
Prof. Faten BenRajab	Prof. Fawzy El Mosallamy
Prof. Hala Ali Gamal El Din	Prof. Hassan Saeid
Prof. Ibrahim El Sherif	Prof. Issam Hajjaji
Dr. Kamal Saleh	Prof. Khaled Eldosary
Prof. Manal Abo Shady	Prof. Mohamed Abdel Raouf
Prof. Mousa El Tawaty	Dr. Nabil El Naggar
Dr. Osama El Khatib	Prof. Osama El Tigany
Prof. Sirelkhatim Sirri	Dr. Sohir Gaber
Prof. Sulaf Ibrahim Abdelaziz	Prof. Yasser Sheta
Prof. Zeinab Abdelrahman	

EGYPT · IN ALPHABETICAL ORDER

National Faculty

Prof. Abbas Orabi	Prof. Abeer Zakaria
Prof. Ahmed Cordi	Dr. Ahmed Noaman
Prof. Ali Abdel Rahim	Prof. Aliaa Elsherbiny
Prof. Arafa Elshabrawy	Prof. Ashraf Abdelsabour
Prof. Ashraf Genina	Prof. Ashraf Okba
Prof. Assem Seif	Dr. Athar Reda
Prof. Ayman Elrefaei	Prof. Ayman Salem
Prof. Azza Abdelkarim	Prof. Bassem Zarif
Dr. Dina Ghowiba	Prof. Eman Azzam
Prof. Eman Rushdy	Prof. Eman Zaki
Prof. Fadila Gadallah	Prof. Fady Azmy
Prof. Fatma Rageh	Prof. Hala Ali Gamal Eldin
Prof. Hanan Hassan Aly	Prof. Hatem Salem
Prof. Hayam Eldamanhory	Prof. Heba Omar
Prof. Helmy Elghawaby	Prof. Hesham Elsayed
Prof. Hisham Elhifnawy	Prof. Hisham Metwally
Dr. Hossam Hosny	Prof. Kamel Hemida
Prof. Khaled El Hadidi	Prof. Laila Hendawy
Prof. Maha Asem	Prof. Mahmoud Emara
Prof. Mahmoud Shedid	Prof. Manal Abo Shady

NATIONAL FACULTY

Dr. Mina Mikhaeil	Prof. Mohamed Abdel Raouf
Prof. Mohamed Abdelghany	Prof. Mohamed Elassy
Prof. Mohamed Kamar	Prof. Mohamed Reda Halawa
Dr. Mohamed Salah Lotfy	Prof. Mohamed Zaitoun
Prof. Mona Abdel Salam	Prof. Mona Hegazy
Prof. Mostafa Abdelnasir	Dr. Nabil El Naggar
Prof. Nabil Farag	Prof. Neveen Magdy Fouad
Prof. Noha Gaber	Dr. Noha Mohamed Abdelmoneim
Prof. Noha Osama Khalil	Dr. Olfat Ahmed Fawzey
Prof. Osama Khalil	Prof. Raef Malak
Prof. Rana Hashim	Prof. Salem Eldeeb
Prof. Salwa Sedik	Prof. Talaat Abdelaty
Prof. Tarek Elbaz	Prof. Yahia Ghanem
Prof. Yasser Boghdady	

IN ALPHABETICAL ORDER

Arab Faculty

Prof. Abashar Hussien	Prof. Abdelrahman El Najjar
Dr. Abdulqawi Al-Mansari	Prof. AbdulQawi Qasem
Prof. Adela El Amamy	Dr. Afaf Meelad
Prof. Ahmed Dirar	Dr. Ahmed Eldernawi
Dr. Ahmed Khamis	Prof. Ahmed Salah Shams
Asst. Prof. Ali Alahrash	Dr. Amhimmid Aboubakr El Gazory
Dr. Asmahan Mostafa	Dr. Awad Elghweiry
Prof. Awad Elshahrany	Dr. Bahloul Amer
Prof. Dares Alwasabi	Dr. Darin Maeteg
Dr. Dheba Alamari Oheiba	Prof. El Tayeb El Faky
Dr. Eman Elbuaishii	Dr. Faezah Handar
Prof. Fares Abdul Ghani	Dr. Farid Bin Ali
Prof. Faris Abdelkarim	Dr. Ghazala Othman Ali Elfeitouri
Prof. Hamza Sab	Dr. Hanan Elbarky
Dr. Hawa El Shareef	Dr. Hend Elasbaly
Dr. Hesham Almabrok	Prof. Hisham Abdelrahim
Dr. Huda El Trabolci	Dr. Huda Elabbud
Dr. Huda Zaid	Prof. Ibrahim El Sherif
Dr. Ibrahim Emzeka	Dr. Ibtesam Hadeed
Dr. Intisar Elbakhbakhy	Prof. Issam Hajjaji

ARAB FACULTY

10

Dr. Jummah Alturali	Dr. Mahmoud Daw
Dr. Malak Alzaydi	Dr. Manar Bohelfaya
Asst. Prof. Moftah Elfalah	Prof. Mohamed Elnaiely
Dr. Mohamed Elsalaa	Dr. Mohamed Osama Elzew
Prof. Mohammed Basmshoos	Prof. Mousa El Tawaty
Dr. Nada Bohasan	Prof. Nadia Elghazir
Dr. Najat Buzaid	Dr. Najla Ibrahim AlAllaghi
Prof. Nasser Eljuhany	Prof. Naweed Alzaman
Dr. Naziha Shebli	Prof. Nezar Almahgob
Dr. Om Almir Elgadafi	Prof. Radwan Hajo
Dr. Rafik ElMehdawi	Prof. Ragab Elraeed
Dr. Randa Okaza	Dr. Sabah El Barasi
Prof. Salah Fouad	Dr. Salah Qwider
Dr. Salema Zubi	Dr. Samia Elmiladi
Dr. Samia Osman Tomi	Dr. Sanaa Alshadeed
Dr. Sanad Zayed	Prof. Saoud Al Sifry
Prof. Sirelkhatim Sirri	Dr. Souad Mahmoud
Dr. Sumayyah Iqweeah	Dr. Tarek Elkarati
Prof. Tarig Mohamed	Dr. Tawfik Abshia
Prof. Yasser Sheta	Dr. Zaki Bettamar
Prof. Zeinab Abdelrahman	

VENUE · LANGUAGE · WEBSITE

General Information

Conference Venue: Cairo, Egypt

The congress hosting city is Cairo, the capital of Egypt and the largest city in the Middle East, and the second-largest in Africa after Lagos. Its metropolitan area is the 16th largest in the world. Located near the Nile Delta and nicknamed "The City of a Thousand Minarets" due to its remarkable Islamic architecture, Cairo has long served as a hub of political, cultural, and intellectual activity. The city is also closely associated with Ancient Egypt, being near the historical sites of Memphis, Giza, and Fustat, home to the Great Sphinx and the Pyramids of Giza.

Hilton Grand Nile Hotel

Hilton Grand Nile Hotel is centrally located along the Nile Corniche, offering direct views of the river and convenient access to major landmarks. The hotel is approximately 30 minutes from Cairo International Airport, 20 minutes from Cairo International Conference Center, and within close proximity to downtown Cairo. It offers modern facilities for conferences and hospitality, making it an ideal venue for ADF 2026.

ROOMS
All rooms are on a bed & breakfast basis.

CHECK-IN
2:00 PM

CHECK-OUT
12:00 PM

ADDRESS
Corniche El Nil, Garden City, Cairo Governorate

PHONE
+20 2 2399 7070

Language

The official languages are English and Arabic.

All lectures and presentations will be held in English and Arabic only.

There will be no translation available.

www.arabdiabetesforum.com

DAY 1 TUESDAY

3 November 2026

REGISTRATION 06:00 – 07:00 PM

MAIN HALL

Opening
07:00 – 07:30 PM

Opening Remarks

Prof. Ahmed Dirar
Conference Honorary President

Prof. Abbas Orabi
Conference President

Dr. Awad Elghweiry
Conference Co-President

Prof. Sirelkhatim Sirri
Conference Vice President

Prof. Hala Ali Gamal El Din
Conference Moderator

Prof. Ibrahim El Sherif
Conference Honorary President

Prof. Ali Abdel Rahim
Conference President

Prof. Eman Rushdy
Conference Vice President

Prof. Elbahlul Amer
Conference Vice President

Dr. Faezah Handar
Conference Moderator

Prof. Hisham Abdelrahim
Sudanese Chapter President

MAIN HALL

Session 1
07:30 – 09:10 PM

The Religious Fasting

CHAIRPERSONS
Prof. Ibrahim El Sherif · Prof. Nasser Eljuhany

07:30 – 07:50 PM	Risks of fasting for diabetic patients: what do we mean? Dr. Tarek Elkarati
07:50 – 08:10 PM	FRS recommendations for fasting Ramadan Dr. Awad Elghweiry
08:10 – 08:30 PM	It's nothing but individualization and education! Prof. Ali Abdel Rahim
08:30 – 08:55 PM	Which recommendation to be followed: FRS vs DAR: clinical observational trial Prof. Abbas Orabi
08:55 – 09:00 PM	*Discussion*

MAIN HALL

Session 2
09:00 – 09:45 PM

State of the Art Lecture

09:00 – 09:45 PM — Management of type 2 diabetes: Too little, too late.
Prof. Ibrahim El Sherif

FACULTY DINNER 10:00 PM

DAY 2 WEDNESDAY

4 November 2026

REGISTRATION 08:00 – 10:00 AM

HALL A

Session 3
10:00 – 11:15 AM

Type 1 diabetes from prediction-prevention to preservation (1)

CHAIRPERSONS

Prof. Ali Abdel Rahim · Dr. Awad Elghweiry
Dr. Bahloul Amer
Prof. Hala Ali Gamal Eldin

10:00 – 10:20	The concept of beta cells suicide	Prof. Ahmed Salah Shams
10:20 – 10:40	Rethinking typel diabetes: towards precision classification & personalized therapy.	Dr. Hanan Elbarky
10:40 - 10:55	Automated insulin delivery & artificial pancreas systems	Dr. Naziha Shebli
10:55 - 11:15	Teplizumab: who should receive the immune intervention?	Prof. Mohamed Zaitoun

HALL B

Session 4
10:00 – 11:30 AM

Type 2 diabetes

CHAIRPERSONS

Prof. Eman Rushdy · Prof. Mousa El Tawaty
Prof. Nasser Eljuhany · Prof. Mohamed Abdelmoneim

10:00 – 10:15	Beyond type 1 and type 2: rethinking the classic classification!	Dr. Salema Zubi
10:15 – 10:30	Evolution of type 2 diabetes: from prediabetes to organ damage	Dr. Amhimmid Aboubakr El Gazory
10:30 – 10:45	Pre-diabetes or early diabetes	Dr. Najla Ibrahim AlAllaghi
10:45 – 11:00	Rethinking type 2 diabetes: towards precision classification and personalized therapy	Dr. Samia Osman Tomi
11:00 – 11:15	Newer therapies for type 2 diabetes: glucokinase activators, mitochondrial/metabolic target (imeglimin)	Prof. Adela El Amamy
11:15 – 11:30	*Discussion*	

HALL A

Session 5
11:15 – 01:00 PM

Type 1 diabetes from prediction-prevention to preservation (2)

CHAIRPERSONS
Dr. Ibrahim Emzeka
Prof. Raef Malak
Prof. Salwa Sedik

11:15 - 11:35	Continuous glucose monitoring CGM: beyond HbA1c	Prof. Nadia Elghazir
11:35 – 11:55	Beta cell preservation vs regeneration (neogenesis)	Prof. Ashraf Okba
11:55 – 12:15	Precision medicine in type 1 diabetes	Prof. Hanan Hassan Aly
12:15 – 12:30	Population screening & implementation challenges	Prof. Mohamed Reda Halawa
12:30 – 12:45	Evolution and staging of type1 diabetes	Prof. Mohamed Abdelraouf
12:45 – 01:00	*Discussion*	

HALL B

Session 6
11:15 AM – 01:00 PM

Diabetic dyslipidemia: from residual risk to total cardiometabolic protection (1)

CHAIRPERSONS
Prof. Ashraf Genina
Prof. Mona Abdel Salam
Dr. Najat Buzaid
Prof. Zeinab Abdelrahman

11:30 – 11:50	The atherogenic triad in diabetes	Dr. Farid Bin Ali
11:50 – 12:10	The concept of CV residual risk	Prof. Tarig Mohamed
12:10 – 12:30	Precision medicine in diabetic dyslipidemia	Prof. Eman Rushdy
12:30 – 12:45	Individualization of the target: the elderly, youth-onset type 2 diabetes, CKD, gender differences	Dr. Abdulqawi Al-Mansari
12:45 – 01:00	Should TG become a primary treatment target?	Dr. Manar Bohelfaya

COFFEE BREAK 01:00 – 01:45 PM

HALL A

Session 7
01:45 – 02:00 PM

Organon Symposium

ORGANON

01:45 – 02:00 **Prof. Nabil Farag**

HALL A

Session 8
02:00 – 02:20 PM

Xeedia Symposium

Xeedia

02:00 – 02:20 Linagliflozin..an integrated option for comprehensive diabetes care

Prof. Azza Abdelkarim

HALL A

Session 9
02:20 – 02:35 PM

Pharco Symposium

PHARCO PHARMACEUTICALS

02:20 – 02:35 **Prof. Mona Abdel Salam**

HALL A

Session 10
02:35 – 03:15 PM

Acino Symposium

acino

02:35 – 02:55 **Prof. Rana Hashim**

02:55 – 03:15 **Prof. Bassem Zarif**

HALL B

Session 11
01:45 – 03:15 PM

Diabetic dyslipidemia: from residual risk to total cardiometabolic protection (2)

CHAIRPERSONS

Prof. AbdulQawi Al-Mansari
Prof. Abeer Zakaria
Dr. Amal El Gharary
Prof. Osama Khalil
Prof. Saoud Al Sifry

01:45 – 02:00 The impact of early lipid intervention on diabetes-related organ damage
Prof. Sirelkhatim Sirri

02:00 - 02:25 Dyslipidemia in type 1 DM vs type 2 DM
Dr. Afaf Meelad
Prof. Mohamed Elnaiely

02:25-02:40 Statin intolerance
Prof. Nasser Eljuhany

02:40 – 02:55 Statin alone vs combination? Which combination: ezetimibe vs bempedoic acid?
Dr. Dheba Alamari Oheiba

02:55 – 03:15 Emerging therapies and future directions: CETPi, once again!
Prof. Abbas Orabi

MAIN HALL

Session 12
03:15 – 04:15 PM

MSD Symposium

MSD

CHAIRPERSON
Prof. Eman Rushdy

03:15 – 03:45	Sitagliptin Composit Program	Prof. Mohamed Zaitoun
03:45 – 04:15	Safety profile for cardiovascular patients -Tecos	Prof. Mohamed Abdel Raouf

MAIN HALL

Session 13
04:15 – 04:45 PM

Sanofi Symposium

sanofi

CHAIRPERSONS
Prof. Fadila Gadallah
Prof. Hala Ali Gamal Eldin

04:15 – 04:30	Simplify to Amplify: Fixed-ratio combinations as a modern standard after premix therapy	Prof. Mohamed Reda Halawa
04:30 – 04:45	The Next-Gen Differentiator: Why GLA-U300 leads the evolution of advanced basal insulins	Prof. Manal Abo Shady

LUNCH 05:00 PM

MAIN HALL

Session 14
08:30 – 10:00 PM

NIGHT SESSION

Novo Nordisk Night Session

novo

CHAIRPERSON
Prof. Mohamed Assy

Wegovy: goes beyond
Prof. Abbas Orabi

Ozempic: saves lives, heart and kidneys
Prof. Ali Abdel Rahim

DAY 3 THURSDAY

5 November 2026

HALL A

Session 15
09:30 – 11:30 AM

Obesity (1)

CHAIRPERSONS
Prof. Abashar Hussien
Prof. Eman Zaki
Prof. Ibrahim El Sherif
Prof. Salah Fouad

09:30 – 09:45	The global health challenge of obesity Prof. Mousa El Tawaty
09:45 - 10:00	The biology of obesity: genetics, hormones and environment Dr. Olfat Ahmed Fawzey
10:00 – 10:15	The continuum of obesity–diabetes–cardiovascular diseases Prof. Yasser Sheta
10:15 – 10:35	From BMI concept to health concept Prof. Heba Omar ENDORSED BY NOVO
10:35 – 10:50	Clinical staging of obesity Asst. Prof. Moftah Elfalah
10:50 – 11:10	Lifestyle therapy for obesity: what still matters? Dr. Darin Maeteg
11:10 – 11:30	Pharmacotherapy revolution in obesity: GLP-1RA Dr. Eman Elbuaishii

HALL B

Session 16
09:45 – 11:30 AM

Diabetic atherosclerosis: from vascular injury to vascular protection

CHAIRPERSONS
Prof. Ahlam Al-Murtadah
Prof. Neveen Magdy Fouad
Prof. Radwan Hajo
Prof. Yasser Sheta
Dr. Zaki Bettamar

09:45 – 10:00	Residual CV risk in diabetes Dr. Huda El Trabolci
10:00 – 10:15	Coronary artery disease in diabetes: conservative vs interventional strategies Dr. Huda Zaid
10:15 – 10:35	Does intervention improve survival? Prof. Hayam Eldamanhory
10:35 – 10:40	Precision CV protection in diabetes Prof. El Tayeb El Faky
10:40 – 10:55	Reversal of diabetic atherosclerosis: the road map! Prof. Nabil Farag
11:00 – 11:30	Imaging the diabetic artery: from diagnosis to risk stratification Prof. Helmy Elghawaby

HALL A

Session 17
11:30 AM – 01:00 PM

Obesity (2)

CHAIRPERSONS
Dr. Abdulqawi Al-Mansari
Dr. Hawa El Shareef · Prof. Hamza Sab
Prof. Mohamed Elassy

11:30 – 11:45	Pharmacotherapy revolution in obesity: GLP-1RA & GIP dual agonists Prof. Hala Ali Gamal Eldin ENDORSED BY EVA
11:45 – 12:05	Pharmacotherapy revolution in obesity: triple agonists (GLP-1 + GIP + glucagon) Dr. Om Almir Elgadafi
12:05 – 12:25	Pharmacotherapy revolution in obesity: oral GLP-1RAs Prof. Abeer Zakaria
12:25 – 12:40	Non-GLP-1 medications for obesity Prof. Aliaa Elsherbiny ENDORSED BY EVA
12:40 – 12:55	Metabolic surgery: who, when, and outcome? Prof. Khaled El Hadidi
12:55 – 01:00	Precision medicine and the future of obesity care Prof. Faris Abdelkarim

HALL B

Session 18
11:30 AM – 01:00 PM

Diabetic foot and PVD: from early detection to precision limb salvage

CHAIRPERSONS
Dr. Faezah Handar
Prof. Hisham Abdelrahim
Prof. Laila Hendawy
Prof. Naweed Alzaman

11:30 – 11:50	Early detection of the at-risk diabetic foot Prof. Nezar Almahgob
11:50 – 12:10	Diabetic foot infection: medical vs surgical management Prof. Abdelrahman El Najjar
12:10 – 12:30	Revascularization in diabetic limb ischemia: endovascular vs surgical Prof. Ayman Salem
12:30 – 12:50	Advanced limb preservation: the struggle for major amputation avoidance Dr. Asmahan Mostafa
12:50 – 01:00	*Discussion*

HALL A

Session 19
01:00 – 02:30 PM

Obesity (3)

CHAIRPERSONS
Dr. Dheba Alamari Oheiba
Prof. Hatem Salem · Prof. Issam Hajjaji
Prof. Tarig Mohamed

01:00 – 01:15	Long-term outcomes after weight-loss intervention: for how long should we treat? Prof. Noha Osama Khalil
01:15 – 01:35	Weight regain dilemma after successful reduction Dr. Sumayyah Iqweeah
01:35 – 01:55	Adiposity-based chronic disease (ABCD) Dr. Samia Elmiladi
01:55 – 02:00	Muscle mass preservation during weight loss Prof. Saoud Al Sifry

HALL A

Session 21
02:00 – 02:15 PM

Astra Symposium

AstraZeneca

02:00 – 02:15	Kidney Timekeepers: Turning SGLT evidence into CKD impact Prof. Mostafa Abdelnasir

HALL A

Session 22
02:15 – 02:30 PM

Ramida Symposium

rameda

02:15 – 02:30	The complementary approach of T2D management Prof. Hisham Metwally

HALL B

Session 20
01:00 – 02:30 PM

The so-called fatty liver!

CHAIRPERSONS
Prof. Fatma Rageh · Dr. Ibtesam Hadeed
Prof. Sufyan Khalid · Prof. Mahmoud Shedid
Dr. Salah Qwider

01:00 – 01:20	From MASLD to MASH: the ominous continuum Dr. Ghazala Othman Ali Elfeitouri
01:20 – 01:25	Why diabetes accelerates MASH progression Prof. Dares Alwasabi
01:25 – 01:45	Non-invasive diagnosis and risk stratification of MASH Prof. Nadia Abdelaty ENDORSED BY NOVO
01:45 – 02:00	Screening for MASH in diabetic patients Dr. Souad Mahmoud
02:00 – 02:15	Current and emerging therapies for MASH Prof. Hamza Sab
02:15 – 02:30	Can we reverse liver fibrosis in MASH? Dr. Tawfik Abshia

COFFEE BREAK 02:30 – 03:00 PM

MAIN HALL

Session 23
03:00 – 04:00 PM

Eva Pharma Symposium

EVA PHARMA

03:00 - 03:20 PM	From Detection to Innovation: A New Era in Neuropathy Management Dr. Mina Mikhaeil
03:20 - 03:40 PM	Beyond Glycemic Control: Unlocking the Full Potential of Triple Therapy Prof. Kamel Hemida
03:40 - 04:00 PM	The Role of EVA Insulin Portfolio in Type 1&2 Diabetes Management in Adults Prof. Hatem Salem

MAIN HALL

Session 24
04:00 – 05:00 PM

Novo Nordisk Symposium

novo
Lasting Health Starts Now

MODERATOR
Prof. Talaat Abdelaty

04:00 – 04:20 PM	Wegovy: STEPPING UP obesity management Prof. Assem Seif
04:20 – 04:40 PM	The dawn of once-weekly basal insulin Prof. Yahia Ghanem
04:40 – 05:00 PM	Only One Ozempic: Today's control, Tomorrow's protection Prof. Khaled El Hadidi

MAIN HALL

Session 25
05:00 – 06:00 PM

Boehringer Ingelheim Symposium

Boehringer Ingelheim

05:00 – 05:20 PM	Evolution of Evidence across CRM Prof. Tarek Elbaz
05:20 – 05:40 PM	Jardiance: Game changer in HF & eCVD management Prof. Yasser Boghdady
05:40 – 06:00 PM	Synjardy: Clinical practice recommendations for T2D management Prof. Eman Rushdy

LUNCH 06:00 PM

MAIN HALL

Session 26
09:30 – 10:30 PM

Addressing supply shortages during challenging times .

Chairmen
Prof. Abbas Orabi
Prof. Ali Abdel Rehim

09:30 – 10:00 PM	**Dr. Awad Elghweiry**
10:00 – 10:30 PM	**Prof. Hisham Abdelrahim**

DAY 4 FRIDAY

6 November 2026

HALL A

Session 26
10:00 – 11:30 AM

Diabetic kidney disease (DKD) (1)

CHAIRPERSONS
Dr. Farid Bin Ali · Prof. Mahmoud Emara
Prof. Mohammed Basmshoos
Dr. Samia Elmiladi

10:00 – 10:15	Renoprotection beyond glycemic control: Introduction	Dr. Rafik ElMehdawi
10:15 – 10:30	Renoprotection beyond glycemic control: SGLT2i	Dr. Najat Buzaid
10:30 – 10:45	Beyond hyperglycemia: diabetic kidney disease—distinct patterns and prognosis	Dr. Mohamed Osama Elzew
10:45 – 11:00	Renoprotection beyond glycemic control: Finerenone	Prof. Hesham Elsayed ENDORSED BY BAYER
11:00 – 11:15	The road map for renoprotection in the diabetic patient	Dr. Rafik ElMehdawi
11:15 – 11:30	The Impact of Corporate Governance System Implementation on Pharmaceutical Organizational Performance	Dr. Ahmed Ali Abdelrehim

HALL B

Session 27
10:00 – 11:15 AM

Precision medicine in diabetes

CHAIRPERSONS
Prof. Ahmed Salah Shams
Prof. El Tayeb El Faky
Dr. Ghazala Othman Ali Elfeitouri
Prof. Hala Ali Gamal Eldin

10:00 – 10:15	Defining precision medicine in diabetes: phenotype, endotype and beyond	Dr. Nabil El Naggar
10:15 – 10:30	Precision diagnosis of monogenic diabetes (MODY and neonatal diabetes)	Dr. Ibtesam Hadeed
10:30 – 10:45	LADA: precision identification and treatment	Prof. Hisham Abdelrahim
10:45 – 11:00	Pharmacogenomics of anti-diabetic therapy	Prof. Mona Abdel Salam
11:00 – 11:15	Matching the right drug to the right patient	Prof. Maha Asem

HALL B

Session 28
11:15 – 11:35 AM

Servier Symposium

SERVIER

11:15 – 11:35	Synergistic solutions for premium multimorbidity care	Prof. Hala Ali Gamal Eldin

COFFEE BREAK & GOMAA PRAYER 11:30 AM – 12:45 PM

HALL A

Session 29
12:45 – 02:30 PM

Diabetic kidney disease (DKD) (2)

CHAIRPERSONS
Prof. Ashraf Genina · Prof. Faris Abdelkarim
Prof. Ragab Elraeed
Asst. Prof. Moftah Elfalah

12:45 – 01:00	From blood sugar to kidney scars	Dr. Faezah Handar
01:00 – 01:15	Novel biomarkers in DKD	Prof. Zeinab Abdelrahman
01:15 – 01:30	Precision medicine in DKD	Dr. Nada Bohasan
01:30 – 01:45	Non-albuminuric DKD	Dr. Ahmed Eldernawi
01:45 – 02:00	DKD in type 1 diabetes vs type 2 diabetes	Asst. Prof. Ali Alahrash
02:00 – 02:15	Cardiovascular risk stratification in diabetes and CKD	Dr. Zaki Bettamar
02:15 – 02:30	Can we halt or reverse DKD?	Dr. Sabah El Barasi

HALL B

Session 30
12:45 – 02:30 PM

Recent trends in insulin therapy

CHAIRPERSONS
Prof. Adela El Amamy · Dr. Bahloul Amer
Dr. Souad Mahmoud
Prof. Mahmoud Emara · Prof. Salwa Sedik

12:45 – 01:00	Once-weekly basal insulin: icodec	Prof. Issam Hajjaji
01:00 – 01:15	Ultra-rapid formulation of the ultra-fast-acting insulin	Dr. Hawa El Shareef
01:15 – 01:30	Smart and glucose-responsive insulin	Prof. Naweed Alzaman
01:30 – 01:45	Alternative delivery systems: inhaled insulin	Dr. Sanad Zayed
01:45 – 02:00	Alternative delivery systems: needle-free transdermal gel	Dr. Hend Elasbaly
02:00 – 02:15	Biosimilars and the "cheaper insulin revolution"	Prof. Radwan Hajo

HALL B

Symposium
02:15 – 02:30 PM

Pharco Symposium

PHARCO PHARMACEUTICALS

02:15 – 02:30	Current Strategies for Diabetic Neuropathy Management	Prof. Ashraf Okba

MAIN HALL

Session 31
02:30 – 03:30 PM

Bayer Symposium

Bayer

CHAIRPERSON
Prof. Abbas Orabi

02:30 – 02:50 PM	FIGARO-DKD unfolded "Expanding the Evidence story"	**Prof. Eman Rushdy**
02:50 – 03:10 PM	CONFIDENCE "Strengthen the Kerendia Evidence Journey"	**Prof. Ali Abdel Rahim**
03:10 – 03:30 PM	The Patient who beats the Odds	**Prof. Mahmoud Emara**

FRIDAY · 6 NOVEMBER 2026

HALL A

Session 32
03:30 – 05:00 PM

Telemedicine in diabetes

CHAIRPERSONS
Dr. Awad Elghweiry · Prof. Sirelkhatim Sirri
Dr. Tarek Elkarati · Dr. Taysser Metwaly

03:30 – 03:50	Virtual management of type 1 diabetes	Dr. Athar Reda
03:50 – 04:10	Telemedicine strategies for type 2 diabetes	Dr. Dina Ghowiba
04:10 – 04:30	Telemedicine for rural and underserved populations	Dr. Mohamed Elsalaa
04:30 – 04:50	Telemedicine in pediatric diabetes	Dr. Huda Elabbud
04:50 – 05:00	Gestational diabetes and remote pregnancy monitoring	Prof. Waleed Shehab

HALL B

Session 33
03:30 – 03:50 PM

Penta Pharma Symposium

03:30 – 03:50	Dapagliflozin: A strategic pillar in type 2 diabetes	Prof. Salwa Sedik

HALL B

Session 34
03:50 – 04:20 PM

Utopia Symposium

03:50 – 04:05	Downbetes: From T2DM Management to PDN Relief.	Prof. Abeer Zakaria
04:05 – 04:20	Chartoreg : Protection Beyond Control	Prof. Helmy Elghawaby

HALL B

Session 35
04:20 – 05:00 PM

GSK Symposium

CHAIRMAN
Prof. Said Abbady · Prof. Abbas Orabi

04:20 – 05:00	Herpes Zoster Risk & Prevention in Diabetic Patients	Prof. Mohamed Reda Halawa

LUNCH 05:00 PM

MAIN HALL

Session 36
07:30 – 09:30 PM

NIGHT SESSION

Eva Pharma Night Session

EVA PHARMA

MODERATORS
Prof. Abbas Orabi · Prof. Ali Abdel Rahim · Dr. Awad Elghweiry

Prof. Ali Abdel Rahim

Prof. Abbas Orabi

Prof. Noha Gaber

DAY 5 SATURDAY · WORKSHOPS

7 November 2026

HALL 1

Workshops

WORKSHOP 1

10:30 AM – 12:00 PM

Carb counting and nutritional precision

Fundamentals of carbohydrate counting	Dr. Ahmed Eldernawi
Calculating insulin-to-carb ratio	Dr. Malak Alzaydi
Challenging meals	Dr. Ibrahim Emzeka
Practical patient simulations	Dr. Hossam Hosny

WORKSHOP 2

12:00 – 01:30 PM

Diabetic Retinopathy: See it, Stage it, Save it!

MODERATOR
Prof. Ashraf Abdelsabour

See it (Screening)	Dr. Noha Mohamed Abdelmoneim
Stage it	Prof. Ashraf Abdelsabour
Stratification	Dr. Noha Mohamed Abdelmoneim
Save it	Prof. Ashraf Abdelsabour
Case	Prof. Ashraf Abdelsabour

WORKSHOP 3

01:30 – 03:00 PM

Gypto Insulin Workshop: Basal insulin in everyday practice

MODERATORS
Prof. Ali Abdel Rahim Prof. Abeer Zakaria

GYPTO PHARMA

	Prof. Arafa Elshabrawy
	Prof. Eman Azzam
	Prof. Eman Zaki
	Prof. Mohamed Abdelghany

HALL 2

Workshops

WORKSHOP 4

10:30 AM – 12:30 PM

DKD: Detection and protection

MODERATORS

Prof. Salem Eldeeb 🇪🇬 Dr. Mohamed Osama Elzew 🇱🇾

DKD phenotypes beyond albuminuria	Prof. Salem Eldeeb 🇪🇬
Practical renoprotection	Dr. Ahmed Noaman 🇪🇬
Interactive clinical cases	Dr. Mohamed Salah Lotfy 🇪🇬

WORKSHOP 5

12:30 – 02:30 PM

MASLD and MASH in diabetes

NOVO WORKSHOP

Screening for MASH in diabetes	Prof. Ahmed Cordi 🇪🇬
Diagnosis of MASH in diabetes with VCTE	Prof. Mona Hegazy 🇪🇬
Therapeutic strategies for MASH management	Prof. Hisham Elhifnawy 🇪🇬

HALL 3

Workshops

WORKSHOP 6 — 10:30 AM – 12:00 PM

Insulin therapy workshop program

Insulin initiation	Dr. Ahmed Khamis
Insulin optimization	Dr. Sanaa Alshadeed
Insulin intensification	Dr. Intisar Elbakhbakhy
Insulin in critically ill patients	Dr. Randa Okaza
From Initiation to Optimization: Unlocking the Potential of Insulin Glargine	Prof. Assem Seif

EVA PHARMA

WORKSHOP 7 — 12:00 – 01:30 PM

Insulin pumps and Automated Insulin Delivery (AID)

MODERATOR
Prof. Nadia Elghazir

Fundamentals of insulin pump therapy

Introduction to AID

Optimizing technology in real life: clinical scenarios

Dr. Jummah Alturali · Dr. Hesham Almabrok · Dr. Mahmoud Daw · Dr. Darin Maeteg

Hands-on pump and AID setup — Prof. Nadia Elghazir

WORKSHOP 8 — 01:30 – 03:00 PM

Diabetic foot – practical limb preservation

Foot risk stratification	Prof. Nezar Almahgob
Practical wound assessment	Prof. AbdulQawi Qasem
Imaging and vascular assessment	Dr. Asmahan Mostafa
Early detection of diabetic nerve damage	Prof. Abashar Hussien
Diabetic Peripheral Neuropathy: How , Why & When ?	Prof. Fady Azmy

EVA PHARMA

LUNCH 03:00 PM



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