15TH ARAB DIABETES FORUM

ADF 2024

1 - 4 OCTOBER 2024 - MARRIOTT HOTEL, CAIRO, EGYPT

Scientific Program



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Welcome Message

On behalf of the Organizing and Scientific Committees, we have the great pleasure of welcoming you to the

15th Arab Diabetes Forum (ADF 2024),

Which will be held jointly at the ***Cairo Marriott Hotel, Cairo, Egypt, from October 1st to 4th, 2024.***

We are confident that this conference will be a special and memorable event. The scientific sessions will feature data presented by esteemed speakers, making it highly beneficial for professionals in the fields of Diabetes, Endocrinology, Cardiology, Nephrology, Internal Medicine, and Family Medicine. The conference will focus on the latest developments and current updates in diabetes and its related disorders.

This year, we are proud to have published the first-ever Arab recommendations for diabetes care, contributed by 17 Arab diabetes experts, in the **Diabetes Primary Care Journal**. These recommendations will be distributed during the opening session and throughout the conference events. Additionally, we promise to prepare and publish our recommendations for diabetes management during the holy month of Ramadan, which will be co-authored by 20 Arab experts, ahead of our next forum, God willing.

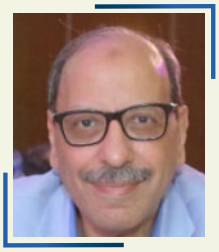
We proudly announce the first Sudanese chapter with active participation between Arab influencers and Sudanese changes in dear Sudan, directly to our brothers in 3 main cities: Kassala, Atbara, and Port Sudan, hoping that the second Sudanese chapter of the Sudanese Defense Forces will be held next year in the beautiful capital, Khartoum.

This conference serves as a timely reminder of the interconnected nature of today's non-communicable diseases and the complexity of diabetes. It also underscores the ongoing commitment of the Arab nations in the fight against diabetes, on behalf of people living with the disease, their families, and the healthcare professionals who support them.

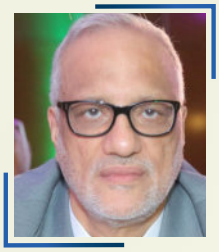
Given the importance of this event, the organizing committee is preparing to welcome over 2,500 participants, making this not only the largest conference in the Arab region but also in the entire Middle East.

Once again, welcome to ADF 2024, and we look forward to a productive and inspiring conference.

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Prof. Abbas Orabi



Prof. Ali Abdel Rahim

The 15th ADF Board

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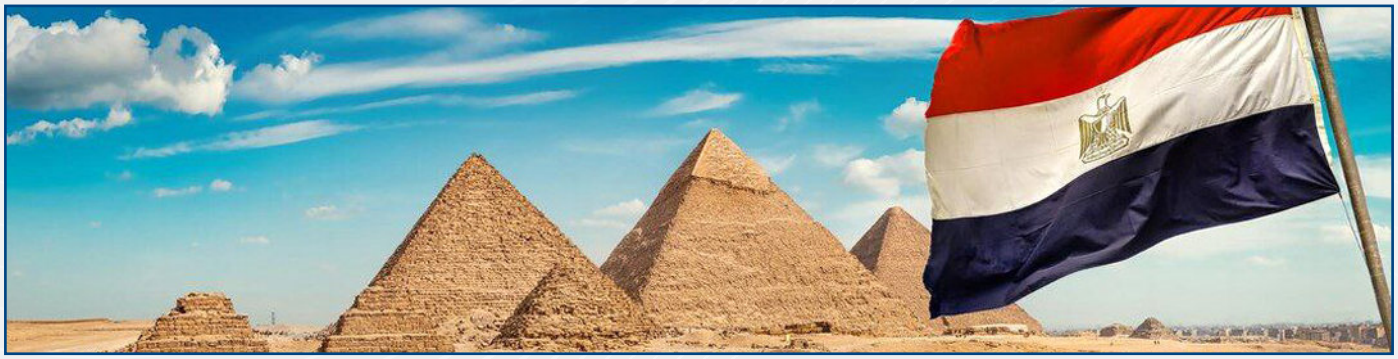
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Prof. **ADELA EL AMAMY** *(Libya)*
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Dr. **AHLAM EL FELOW** *(Libya)*
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Dr. **NAGWA ERHIM** *(Libya)*
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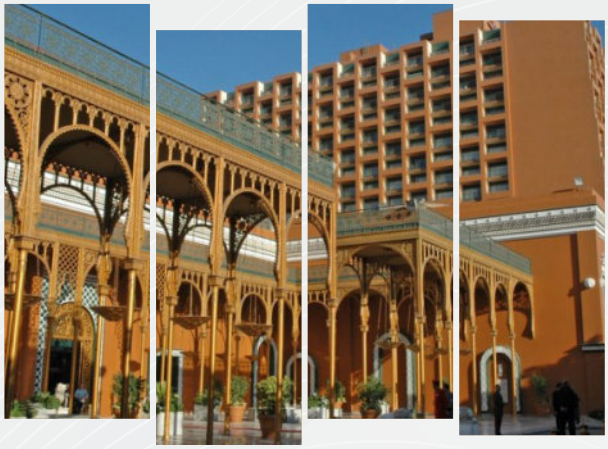
GENERAL INFORMATION

CONFERENCE VENUE: CAIRO EGYPT



Congress hosting city is Cairo is the capital of Egypt and the largest city in the Middle-East and second- largest in Africa after Lagos. Its metropolitan area is the 16th largest in the world. Located near the Nile Delta, Nicknamed “the city of a thousand minarets” for its preponderance of Islamic architecture, Cairo has long been a center of the region’s political and cultural life. Cairo is also associated with Ancient Egypt as it is close to the ancient cities of Memphis, Giza and Fustat which are near the Great Sphinx and the pyramids of Giza.

MARRIOTT EL ZAMALEK HOTEL



Cairo Marriott Hotel is ideally located 30 minutes from Cairo International Airport, 20 minutes from Cairo International congress center and 30 minutes from downtown Cairo. Named Cairo’s best business hotel by business Traveler magazine

LANGUAGE

The official language are English and Arabic.
All lectures and presentations will be held in the English and Arabic languages only.
There will be no translation available



WEBSITE

www.arabdiabetesforum.com

HOUSING

Marriott El Zamalek Hotel
All rooms are on bed & breakfast basis
Check in time 02:00 p.m. Check out time 12:00 p.m.
Address: Saray El-Gezira St, Omar Al Khayam, Zamalek, Cairo Governorate 11211
Phone: 02 27283000

COFFEE BREAK AND LUNCH TIMING

	Break Time	Lunch Time
WEDNESDAY October 2, 2024,	(01:40 – 02:10 PM)	05:40 PM
THURSDAY October 3, 2024	(01:40 – 02:10 PM)	05:30 PM
FRIDAY October 4, 2024	(12:45 – 01:45 PM)	06:00 PM

** All refreshments and lunches activities will be served against coupon in the congress kit. Each coupon is valid only for the meal mentioned on it and according to the timing mentioned below with no stop of the scientific program*

***Coffee break will be available at* Exhibition Area**
***Coffee Break for Chairpersons and Speakers will be available at* The Faculty Lounge**

TUESDAY
1 OCTOBER 2024



06:00 – 07:30 PM	**REGISTRATION**

OPENING REMARKS

07:30 – 08:00 PM

Prof. ***ABBAS ORABI*** *(Egypt)*
CONFERENCE PRESIDENT

Prof. ***ALI ABDEL REHIM*** *(Egypt)*
CONFERENCE PRESIDENT

Prof. ***AHMED DIRAR*** *(Sudan)*
CONFERENCE HONORARY PRESIDENT

Dr. ***AWAD ELGHWEIRY*** *(Libya)*
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Prof. ***EMAN RUSHDY*** *(Egypt)*
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CONFERENCE COORDINATORS

Prof. ***SIR EL KHATEM SIRY*** *(Sudan)*
CONFERENCE VICE PRESIDENTS

1 ADF PROJECT FOR THE MANAGEMENT OF DIABETES IN RAMADAN

Main Hall
08:00 – 09:15 PM

ADF BOARD

Dr. ***Diaa Ewais*** *(KSA) - Prof.* ***Faten Ben Ragab*** *(Libya) - Prof.* ***Hala Ali Gamal Eldin*** *(Egypt)*
Prof. ***Mousa Tawaty*** *(Libya) - Prof.* ***Sir El Khatem Sirry*** *(Sudan)*

TIME	LECTURE
08:00 – 08:15 PM	**The history of the human voluntary fasting.** *Dr.* ***AWAD ELGHWEIRY*** *(Libya)*
08:15 – 08:30 PM	**Review of the current recommendations for fasting Ramadan.** *Prof.* ***EMAN RUSHDY*** *(Egypt)*
08:30 – 08:45 PM	**The validation of risk concept and risk stratification in the current recommendations.** *Prof.* ***ABBAS ORABI*** *(Egypt)*
08:45 – 09:00 PM	**Towards a more realistic approach for better management of fasting in Ramadan.** *Prof.* ***ALI ABDELREHIM*** *(Egypt)*
09:00 – 09:15 PM	**Discussion**

2 ADF CONSENSUS FOR THE MANAGEMENT OF DIABETES IN THE ARAB WORLD

Main Hall
09:15 – 09:45 PM

ADF BOARD

Prof. **Abbas Orabi** (Egypt) - Prof. **Ali Abdel Rehim** (Egypt) - Dr. **Awad Elghweiry** (Libya)
Prof. **Sir El Khatem Siry** (Sudan) - Prof. **Eman Rushdy** (Egypt)- Prof. **Hala Ali Gamal Eldin** (Egypt)

TIME	LECTURE
09:15 - 09:45 PM	The ADF 2023 consensus is now published, The updated ADF 2024 recommendations. ***ADF BOARD***

Faculty Dinner
09:45 PM

WEDNESDAY
2 OCTOBER 2024



08:00 – 10:00 AM	REGISTRATION

	Hall A	Hall B
	SESSION 3 *09:30 – 10:40 AM*	**SESSION 4** *09:30 – 10:40 AM*
	DEVELOPMENT OF DIFFERENT THERAPY MODALITIES IN TYPE 2 DIABETES	**PRE- DIABETES**
	CHAIRPERSONS: Prof. ***Ali Abdelrehim*** *(Egypt)* Dr. ***Amal El Gharary*** *(Libya)* Prof. ***Khalid Khalfallah*** *(Sudan)*	**CHAIRPERSONS:** Prof. ***Abeer Zakaria*** *(Egypt)* Prof. ***Nasser Al Juhany*** *(KSA)* Dr. ***Diaa Ewais*** *(KSA)*
	09:30 - 09:50 AM	**09:30 - 09:50 AM**
	From glucose centered approach to patient centered approach. Dr. ***OSAMA EL KHATEEB*** *(Lebanon)*	Pre type1 diabetes vs pre type 2 diabetes. Dr. ***EMAN ALBOAISHY*** *(Libya)*
	09:50 - 10:10 AM	**09:50 - 10:10 AM**
	From sequential to early combination. Dr. ***ABDELQAWY MANSARY*** *(Yemen)*	Prevention of diabetes start here! Dr. ***NAGWA ERHIM*** *(Libya)*
	10:10 - 10:30 AM	**10:10 - 10:30 AM**
	The organ-protective drugs: SGLT2i & GLPRA. Prof. ***MAHA ASEM*** *(Egypt)*	Should we treat pre diabetes pharmacologically? Dr. ***AHMED EL DERNAWY*** *(Libya)*
	10:30 - 10:40 AM	**10:30 - 10:40 AM**
	Discussion	***Discussion***

Hall A

SESSION 5

10:40– 11:50 AM

THE JOURNEY OF BASAL INSULINS

CHAIRPERSONS:
Prof. ***Hala Ali Gamal Eldin*** *(Egypt)*
Prof. ***Hind Mahjoub*** *(Sudan)*
Prof. ***Mousa Tawaty*** *(Libya)*

10:40 – 11:00 AM

Human basal Insulin
Dr. ***DARIN EMATIQ*** *(Libya)*

11:00– 11:20 AM

Basal Insulin analogues
Prof. ***DIAA EWAIS*** *(KSA)*

11:20– 11:40 AM

The weekly basal insulin therapy: Icodec and Efsitora.
Dr. ***SANAD ZAYED*** *(Libya)*

11:40 – 11:50 AM

Discussion

Hall B

SESSION 6

10:40 AM – 12:10 PM

TYPE 1 DIABETES

CHAIRPERSONS:
Dr. ***Abdel Qawy Mansary*** *(Yemen)*
Prof. ***Eman Rushdy*** *(Egypt)*
Prof. ***Walid Shehab*** *(KSA)*

10:40 – 11:00 AM

Clinical staging of type 1 diabetes.
Dr. ***EL BAHLUL AMER*** *(Libya)*

11:00 – 11:20 AM

CGM in type 1 diabetes. .
Dr. *AHLAM EL FELOW* *(Libya)*

11:20– 11:40 AM

Automated insulin delivery system in type 1 diabetes.
Prof. ***FATEN BENRAJAB*** *(Libya)*

11:40 AM – 12:00 PM

Beta cell replacement therapy in type 1 diabetes.
Prof. ***ABEER ZAKARIA*** *(Egypt)*

12:00 – 12:10 PM

Discussion

Hall A

SESSION 7

11:50 AM – 01:20 PM

THE EMERGING PEPTIDES THERAPIES IN TYPE 2 DIABETES

CHAIRPERSONS:
Prof. ***Mohamed Fahmy Abdelaziz*** *(Egypt)*
Dr. ***Mohamed Alashraf*** *(Sudan)*
Dr. ***Salah Qweidar*** *(Libya)*

11:50 AM – 12:10 PM

GLP1RA
Prof. ***MANAL ABO SHADY*** *(Egypt)*

12:10 - 12:30 PM

Amylin/ GLP1 dual receptors dual agonists.
Prof. ***YASSER SHETA*** *(Egypt)*

12:30 – 12:50 PM

GLP1R/Glucagon/ GIP receptors triple agonists.
Prof. ***ADELA EL AMAMY*** *(Libya)*

12:50 – 01:10 PM

Oral nonpeptide GLP1R agonist.
Prof. ***MOHAMED ABDEL RAOUF*** *(Egypt)*

01:10 – 01:20 PM

Efficacy and Safety of Dulaglutide vs Semaglutide in patients with Type 2 diabetes and CVD .
Dr. ***MONIA RAMAH***

SESSION 9

ZETA PHARMA SYMPOSIUM

01:20 – 01:35 PM

CHAIRPERSON:
Prof. ***Fahmy Amara*** *(Egypt)*

Prof. ***EMAD MISHRIKI*** *(Egypt)*

Hall B

SESSION 8

12:10 – 01:40 PM

DIABETES EDUCATION PROGRAMS IN THE ARAB WORLD

CHAIRPERSONS:
Dr. ***Ahmed Akl*** *(KSA)*
Prof. ***Hala Ali Gamal Eldin*** *(Egypt)*
Prof. ***Zeinab Abdel Rahman*** *(Sudan)*

12:10 - 12:30 PM

The impact of patient education on diabetes control.
D.E. ***TAHAGUD HUSAMELDIN ALI*** *(Sudan)*

12:30 - 12:50 PM

Who may teach and who should be taught?
D.E. ***AMANI MOHAMED ABDELRAZIG*** *(Sudan)*

12:50 – 01:10 PM

Which tool may be better in the Arab world?
Dr. ***FATIN YAHYA ELKAZEM*** *(Sudan)*

01:10 - 01:30 PM

Diabetes Self Management Education DSME .
D.E. ***SHIRAZ AWAD AHMED*** *(Sudan)*

01:30 – 01:40 PM

Discussion

Break Time
01:40 – 02:10 PM

Hall A

SESSION 10

02:10– 03:00 PM

DIABETES AND RETINA

CHAIRPERSONS:

Dr. ***Ahmed Abdel Kader*** *(Libya)*

Dr. ***Awad ElGhweiry*** *(Libya)*

Prof. ***Mohamed Abdelraouf*** *(Egypt)*

02:10 – 02:30 PM

Diabetes and retina in Libya

Dr. ***MAGDY ELSHOHOUMY*** *(Libya)*

02:30 – 02:50 PM

Diabetes and retina in Sudan

Prof. ***SIR EL KHATEM SIRRY*** *(Sudan)*

02:50 – 03:00 PM

Discussion

Hall B

SESSION 11

XEEDIA SYMPOSIUM

CHAIRPERSON:

Prof. ***Fahmy Amara*** *(Egypt)*

02:10– 02:20 PM

Towards high intensity lipid lowering therapySpeaker

Prof. ***EMAN RUSHDY*** *(Egypt)*

SESSION 12

SERVIER SYMPOSIUM

02:20– 02:30 PM

How to sing ABC?

Prof. ***HALA ALI GAMAL ELDIN*** *(Egypt)*

SESSION 13

RAMEDA SYMPOSIUM

02:30– 02:40 PM

CHAIRPERSON:

Prof. ***Fahmy Amara*** *(Egypt)*

Diabetes and hypertension two sides of the same coin

Prof. ***MOHAMED SALLAM*** *(Egypt)*

Hall A

SESSION 14

03:00 – 03:40 PM

ASTRAZENECA SYMPOSIUM AstraZeneca

03:00 – 03:20 PM

DAPAGLIFLOZIN united for CVRM patients

Prof. ***HALA ALI GAMAL ELDIN*** *(Egypt)*

03:20 – 03:40 PM

Deep Dive Into Dyslipidemia Management

Prof. ***MANAL ABO SHADY*** *(Egypt)*

Hall B

SESSION 15

02:40 – 03:40 PM

THE ERA OF COVID

CHAIRPERSONS:

Prof. ***Abdel Salam El Shakmak*** *(Libya)*

Prof. ***Hatem Salem*** *(Egypt)*

Prof. ***Maha Asem*** *(Egypt)*

Prof. ***Nagwa Lachine*** *(Egypt)*

02:40 – 03:00 PM

Should we continue COVID 19 vaccination?

Dr. ***AMAL EL GHARARY*** *(Libya)*

03:00 – 03:20 PM

The long COVD 19

Dr. ***NIZAR EL MAHGOUB*** *(Libya)*

03:20 – 03:40 PM

Diabetes and COVID 19

Dr. ***RAFIQ ELMAHDWY*** *(Libya)*

16 BOEHRINGER INGELHEIM SYMPOSIUM

Boehringer Ingelheim

Main Hall
03:40 – 04:40 PM

CHAIRPERSON

Prof. ***Mohamed Fahmy Abdelaziz*** *(Egypt)*

TIME	LECTURE
03:40 – 04:00 PM	**Synjardy : the power to accomplish more** *Prof.* ***ALI ABDELREHIM*** *(Egypt)*
04:00 – 04:20 PM	**Jardiance for CKD patients " Now approved "** *Prof.* ***HESHAM EL SAYED*** *(Egypt)*
04:20 – 04:40 PM	**Jardiance across HFEF** *Prof.* ***AHMED BENDARY*** *(Egypt)*

17 EVA PHARM SYMPOSIUM

EVA PHARMA

Main Hall
04:40 – 05:40 PM

CHAIRPERSON

Prof. ***Mohamed Abdelraoud*** *(Egypt)*

TIME	LECTURE
04:40 – 05:00 PM	**EMPA/LINA/MET XR: Triple hit to shift Diabetes Management** *Prof.* ***NAGWA LACHINE*** *(Egypt)*
05:00 – 05:20 PM	**Dapagliflozin journey and CKD** *Prof.* ***MAGDY ELSHARKAWY*** *(Egypt)*
05:20 – 05:40 PM	**Role of SITA/MET combination in T2DM management** *Prof.* ***HATEM SALEM*** *(Egypt)*

Lunch
05:40 PM

THURSDAY
3 OCTOBER 2024



08:00 – 10:00 AM **REGISTRATION**

Hall A

SESSION 18

09:30– 11:00 AM

DIABETES AND HEART

CHAIRPERSONS:
Prof. ***Ahmed Rozza*** *(Egypt)*
Prof. ***Emad Mishriki*** *(Egypt)*
Prof. ***Mahmoud Elbadry*** *(Egypt)*
Dr. ***Salih Al Faidy*** *(Libya)*
Prof. ***Tag Eldin Mohamadin Abdullah*** *(Sudan)*

09:30 - 09:50 AM

Diabetic cardiomyopathy.
Prof. ***OMAR AWWAD*** *(Egypt)*

09:50 - 10:10 AM

Screening for HF in Diabetes.
Dr. ***HODA EL TARABOLSY*** (Libya)

10:10 - 10:30 AM

Standard HF management in the current guidelines.
Dr. ***ZAKI BALTIMR*** *(Libya)*

10:30 - 10:50 AM

The rationale of the anti failure impact of SGLT2I.
Prof. ***EMAN RUSHDY*** *(Egypt)*

10:50 - 11:00 AM

Discussion

Hall B

SESSION 19

09:30– 10:40 PM

THE VALIDATION AND IMPLEMENTATION OF CGM IN

CHAIRPERSONS:
Prof. ***Elfadil Mohd*** *(Sudan)*
Dr. ***Muftah El Falah*** *(Libya)*
Prof. ***Noha Gaber*** *(Egypt)*
Prof. ***Talaat Abdelaty*** *(Egypt)*

09:30 - 09:50 AM

CGM
Prof. ***HALA ALI GAMAL ELDIN*** *(Egypt)*

09:50 - 10:10 AM

Gestational diabetes
Dr. ***HAYAM BEN RAJAB*** *(Libya)*

10:10 - 10:30 AM

Time in range vs HbA1c in monitoring blood glucose.
Dr. ***INTSAR OMAR*** *(Libya)*

10:30 - 10:40 AM

Discussion

Hall A

SESSION 20

11:00 AM – 12:10 PM

DIABETES AND KIDNEY

CHAIRPERSONS:

Dr. ***Abo Elmaaty El Sherif*** *(Egypt)*
Prof. ***Magdy Helmy Megalaa*** *(Egypt)*
Dr. ***Mohamed Aqila*** *(Libya)*
Dr. ***Zeinab Abdelrahman*** *(Sudan)*

11:00 – 11:20 AM

The evolution of kidney disease in the diabetic patient.
Prof. ***MAGDY EL SHARKAWY*** *(Egypt)*

11:20 – 11:40 AM

May kidney disease cause diabetes?
Prof. ***HESHAM ELSAYED*** *(Egypt)*

11:50 – 12:10 PM

Prevention vs reversal of diabetic kidney disease.
Prof. ***DIAA EWAIS*** *(KSA)*

11:50 – 12:10 PM

Discussion

Hall B

SESSION 21

10:40 AM – 12:10 PM

LIPIDS

CHAIRPERSONS:

Prof. ***Adela El Amamy*** *(Libya)*
Prof. ***Khaled Elhadidy*** *(Egypt)*
Dr. ***Nagwa Erhim*** *(Libya)*
Dr. ***Osama El Khateeb*** *(Lebanon)*

10:40 – 11:00 AM

Hypercholestrolemia in children.
Dr. ***AHMED AKL*** *(KSA)*

11:00 – 11:20 AM

Hypertriglyceridemia.
Dr. ***HAWAA EL SHERIF*** *(Libya)*

11:20 – 11:40 AM

PCSK9i in low and medium economy countries.
Dr. ***NABIL EL NAGGAR*** *(Egypt)*

11:40 AM – 12:00 PM

LDL subtypes, which is more atherogenic?
Prof. ***ABBAS ORABI*** *(Egypt)*

12:00 – 12:10 PM

Discussion

Hall A

SESSION 22

12:10– 01:40 PM

DIABETES IN THE ELDERLY

CHAIRPERSONS:

Dr. ***Maged Naeim Beshay*** *(Egypt)*
Prof. ***Mohamed Reda Halawa*** *(Egypt)*
Dr. ***Nizar El Mahgoub*** *(Libya)*
Prof. ***Tayseer Metwally*** *(Egypt)*
Prof. ***Sir El Khatem Sirry*** *(Sudan)*

12:10 - 12:30 PM

The challenges of polypharmacy and therapeutic cascade in the elderly.
Prof. ***WALID SHEHAB*** *(KSA)*

12:30 - 12:50 PM

Diabetic dementia.
Dr. ***SOMAYA QWEIA*** *(Libya)*

12:50 - 01:10 PM

The proper target, management and drugs for the elderly.
Dr. ***AWAD ELGHWEIRY*** *(Libya)*

01:10 - 01:30 PM

Ageing of the vital organs
Prof. ***HAIDER ALRUBAIEI*** *(Iraq)*

01:30 - 01:40 PM

Discussion

Hall B

SESSION 23

12:10– 01:40 PM

PERIPHERAL VASCULAR DISEASE IN DIABETES

CHAIRPERSONS:

Dr. ***Abdel Kader El Masry*** *(Libya)*
Prof ***Douaa Sayed Mohammed*** *(Egypt)*
Prof. ***Mohamed Zayton*** *(Egypt)*
Prof. ***Sufian Khaled Ben Nour*** *(Sudan)*

12:10 - 12:30 PM

The epidemiology of PAD in the diabetic patients.
Dr. ***ZEHIBA EL AMARY*** *(Libya)*

12:30 - 12:50 PM

Diagnosis and screening of PAD in diabetes.
Dr. ***SOAD MAHMOUD*** *(Libya)*

12:50 - 01:10 PM

Role of adipose tissue derived stem cell in management of diabetic ulcer
Prof. ***YOUSSEF SALEH HASSAN*** *(Egypt)*

01:10 - 01:30 PM

Diabetic foot in libya
Dr. ***ABDELRAHMAN EL NAJJAR*** *(Libya)*

01:30 - 01:40 PM

Discussion

Break Time

01:40 – 02:10 PM

24 PHARCO SYMPOSIUM

PHARCO CHRONIC SPECIALITY CARE

Main Hall
02:15 – 03:00 PM

CHAIRPERSON

Prof. ***Ali Abdelrehim*** *(Egypt)*

TIME	LECTURE
02:15 – 02:35 PM	**Diabetic peripheral neuropathy** *Prof.* ***NOHA GABER*** *(Egypt)*
02:35 – 02:55 PM	**Dapagliflozin in Type 2 Diabetes; Why? When? & How?!** *Prof.* ***MAGDY HELMY MEGALAA*** *(Egypt)*

25 NOVO NORDISK SYMPOSIUM

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Main Hall
03:00 – 04:00 PM

CHAIRPERSON

Prof. ***Talaat Abdelaaty*** *(Egypt)*

TIME	LECTURE
03:00 – 03:15 PM	**Liraglutide 3.0 mg: A paradigm shift in obesity management** *Prof.* ***ASSEM SEIF*** *(Egypt)*
03:15 – 03:30 PM	**Oral semaglutide; the first and only oral GLP-1 RA.** *Prof.* ***KHALED ELHADIDY*** *(Egypt)*
03:30 – 03:45 PM	**“Navigating the Unique Clinical Benefits of Insulin Degludec in MEETING THE NEEDS of Patients with Type 2 Diabetes”** *Prof.* ***MOHAMED REDA HALAWA*** *(Egypt)*
03:45 – 04:00 PM	**“IDegAsp: Connecting the dots for optimum insulin intensification”** *Prof.* ***ABEER ZAKARIA*** *(Egypt)*

26 MSD SYMPOSIUM

MSD

Main Hall
04:00 – 05:30 PM

CHAIRPERSON

Prof. **Eman Rushdy** (Egypt)

TIME	LECTURE
04:00 – 04:30 PM	**Patient Centric Approach in T2D** Prof. **MOHAMED ZAYTON** (Egypt)
04:30 – 05:00 PM	**Sitagliptinb Safety Profile for Cardiovascular Patients - TECOS** Prof. **AZZA ABDELKARIM** (Egypt)
05:00 – 05:30 PM	**Diabetes Management for Special Population** Prof. **MOHAMED ABDELRAOUF** (Egypt)

Lunch

05:30 PM

FRIDAY
4 OCTOBER 2024



27 PRACTICAL HIGHLIGHTS IN INSULIN THERAPY 1

Main Hall
09:30 AM– 12:45 PM

MODERATORS

Prof. ***Ali Abdelrehim*** *(Egypt)* - Dr. ***Awad ElGweiry*** *(Libya)*
Dr. ***Nagat Abo Zeid*** *(Libya)* - Prof. ***Sir El Khatem Siry*** *(Sudan)*

TIME	LECTURE
09:30 – 09:45 AM	**SC Injection techniques** Dr. ***SHAIMAA FATHY*** *(Egypt)*
09:45 – 10:00 AM	**Calculating insulin requirements and insulin doses** Dr. ***AHMED AKL*** *(KSA)*
10:00 – 10:15 AM	**Insulin therapy in type 2 diabetes: Insulin initiation.** Dr. ***MOHAMED EL NAILY*** *(Libya)*
10:15 – 10:30 AM	**Insulin therapy in type 2 diabetes: Insulin optimization and intensification.** Dr. ***AFAF MILAD*** *(Libya)*
10:30 – 10:45 AM	**Insulin therapy in special groups: Insulin in toddlers.** Dr. ***FAYZA HUNDER*** *(Libya)*
10:45 – 11:00 AM	**Insulin therapy in special groups: Insulin in the elderly.** Dr. ***ASSEM EL DALY*** *(Libya)*
11:00 – 11:15 AM	**Insulin therapy in special groups: Insulin during pregnancy.** Dr. ***GOMAA EL TARALLY*** *(Libya)*
11:15 – 11:30 AM	**Insulin in special situations: Perioperative Insulin.** Prof. ***MOSTAFA ABO EL YAZEED*** *(Egypt)*
11:30 – 11:45 AM	**Insulin in special situations: Insulin in hepatic and renal patients** Dr. ***SALAH ATIQA*** *(Libya)*
11:45 AM – 12:00 PM	**Insulin in special situations: Insulin in critically ill patients.** Prof. ***KAMEL HEMIDA*** *(Egypt)*
12:00 – 12:15 PM	**Diabetic emergencies: Diabetic ketoacidosis.** Dr. ***BAHAA SHARAF ELDIN*** *(Egypt)*
12:15 – 12:30 PM	**Diabetic emergencies: Hyperosmolar non ketotic patients.** Prof. ***HOSSAM ARAFA GHAZY*** *(Egypt)*
12:30 – 12:45 PM	**Diabetic emergencies: Hypoglycemia** Prof. ***MOHAMED SALLAM*** *(Egypt)*

Coffee Break and Gomaa Prayer
12:45 – 01:45 PM

28 PRACTICAL HIGHLIGHTS IN INSULIN THERAPY 2 - PANEL DISCUSSION

Main Hall
02:00– 02:40 PM

TIME	LECTURE
02:00– 02:40 PM	Moderators & Experts

29 OBESITY

Main Hall
02:40 – 05:20 PM

CHAIRPERSONS

Dr. **Abdel Qawy Mansary** (Yemen) - Prof. **Haider Alrubaiei** (Iraq)
Prof. **Zeinab Abdel Rahman** (Sudan) - Prof. **Fawzy El Mosallamy** (Egypt)

TIME	LECTURE
02:40 – 03:00 PM	**Epidemiology of Obesity** Dr. **NAGAT ABO ZEID** (Libya)
03:00 – 03:20 PM	**Obesity and Diabetes** Dr. **SAMIA EL MILADY** (Libya)
03:20 – 03:40 PM	**Obesity and CVD** Dr. **EMHEMED ABO BAKR EL GAZORY** (Libya)
03:40 – 04:00 PM	**Obesity in children** Dr. **SANAA SHADID** (Libya)
04:00 – 04:20 PM	**Drug therapy for Obesity** Prof. **MOUSA EL TAWATY** (Libya)
04:20 – 04:40 PM	**Bariatric surgery in treatment of type 2 diabetes.** Dr. **ABDEL KADER EL MASRY** (Libya)
04:40 - 05:00 PM	***Discussion***

CLOSING CEREMONY

05:00 – 06:00 PM

Lunch

06:00 PM

SEE YOU NEXT YEAR

From **7** *to* **10 OCTOBER 2025**

At **INTERCONTINENTAL CITY STARS HOTEL, CAIRO, EGYPT**

ADF 2025



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