15TH ARAB DIABETES FORUM

ADF 2024

1 - 4 OCTOBER 2024 - MARRIOTT HOTEL, CAIRO, EGYPT

CONFERENCE PRESIDENTS

PROF. ABBAS ORABI

PROF. ALI ABDEL RAHIM



ADF Sudanese Chapter 2024

1-4 October2024

Marriott El Zamalek Hotel, Cairo

Presidents of ADF Sudanese Chapter

Prof. Ali Abdel Rahim (Egypt)

Dr. Awad ElGhweiry (Libya)

Prof. Sir El Khatem Sirry (Sudan)

EVA PHARMA

15TH ARAB DIABETES FORUM
ADF 2024

Welcome Message

Dear Sudanese doctors and esteemed colleagues across the Arab world,

It gives us great pleasure to announce the launch of the **1st ADF Sudanese Chapter,** from Cairo, in parallel with the 15th Arab Diabetes Forum. We deeply appreciate the tremendous efforts of all Arab and Sudanese doctors, both within and outside Sudan, who have passionately and tirelessly contributed to making this ambitious project a reality during these challenging times for our nation and the wider Arab world.

We assure you that the Arab Diabetes Forum will continue to hold its events in our warm capital, and we sincerely hope that our next gathering will take place in a victorious Khartoum, God willing.

Conference Presidents

Prof. Sir El Khatim Sirry

Dr. Awad ElGhweiry

Prof. Ali Abdel Rahim

Wednesday

2 October 2024

07:30 – 08:00 AM Registration

08:00 – 08:30 AM Opening

Session 1

Development of different therapy modalities in type 2 diabetes

08:30 – 09:40 AM

Chairpersons:

Prof. Ali Abdelrehim (Egypt)

Dr. Amal El Gharary (Libya)

Prof. Khalid Khalfallah (Sudan)

08:30 - 08:50 AM From glucose centered approach to patient centered approach

Dr. Osama El Khateeb (Lebanon)

08:50 - 09:10 AM From sequential to early combination

Dr. Abdelqawy Mansary (Yemen)

09:10 - 09:30 AM The organ-protective drugs: SGLT2i & GLPRA

Prof. Maha Asem (Egypt)

09:30 - 09:40 AM Discussion

Session 2

The journey of basal insulins

09:40– 10:50 AM

Chairpersons:

Prof. Hala Ali Gamal Eldin (Egypt)

Prof. Hind Mahjoub (Sudan)

Dr. Mousa Tawaty (Libya)

09:40 – 10:00 AM **Human basal Insulin**

Dr. Darin Ematiq (Libya)

10:00 – 10:20 AM **Basal insulin analogues**

Dr. Diaa Ewais (KSA)

10:20 – 10:40 AM **The weekly basal insulin therapy: Icodec and Efsitora**

Dr. Sanad Zayed (Libya)

10:40 – 10:50 AM **Discussion**

Session 3

Diabetes education programs in the Arab world

11:10 – 12:40 PM

Chairpersons:

Dr. Ahmed Akl (KSA)

Prof. Hala Ali Gamal Eldin (Egypt)

Prof. Zeinab Abdel Rahman (Sudan)

11:10 - 11:30 PM The impact of patient education on diabetes control

D.E. Tahagud Husam Eldin Ali (Sudan)

11:30 - 11:50 PM Who may teach and who should be taught?

D.E. Amani Mohamed Abdelrazig (Sudan)

11:50 – 12:10 PM Which tool may be better in the Arab world ?

Dr. Fatin Yahya Elkazem (Sudan)

12:10 - 12:30 PM Diabetes Self Management Education DSME .

D.E. Shiraz Awad Ahmed (Sudan)

12:30 – 12:40 PM Discussion

12:40 – 01:10 PM Coffee Break

Session 4

Diabetes and Retina

01:10 – 02:00 PM

Chairpersons:

Dr. Ahmed Abdel Kader (Libya)

Dr. Awad ElGhweiry (Libya)

Prof. Mohamed Abdelraouf (Egypt)

01:10 – 01:30 PM Diabetes and retina in Libya

Dr. Magdy Elshohoumy (Libya)

01:30 – 01:50 PM Diabetes and retina in Sudan

Prof. Sir El Khatem Sirry (Sudan)

01:50 – 02:00 PM **Discussion**

Session 5

Eva Pharma Session

02:40 – 04:10 PM

02:40 – 03:10 PM Corporate /Insulin Project 30x30

EVA Pharma Staff

03:10 – 04:10 PM "Efficient Glucose Control with DPP-4i"

Prof. Ali Abdel Rahim (Egypt)

04:10 PM **Lunch**

Thursday

3 October 2024

Session 6

Diabetes and Heart

08:30– 10:00 AM

Chairpersons:

Prof. Ahmed Rozza (Egypt)

Prof. Emad Mishriki (Egypt)

Dr. Salih Al Faidy (Libya)

Prof. Tag Eldin Mohamadin Abdullah (Sudan)

08:30 - 08:50 AM **Diabetic cardiomyopathy**
Prof. Omar Awwad (Egypt)

08:50 - 09:10 AM **Screening for HF in Diabetes.**
Dr. Hoda El Tarabolsy (Libya)

09:10 - 09:30 AM **Standard HF management in the current guidelines.**
Dr. Zaki Baltimr (Libya)

09:30 - 09:50 AM **The rationale of the anti failure impact of SGLT2I.**
Prof. Eman Rushdy (Egypt)

09:50 - 10:00 AM **Discussion**

Session 7

Lipids

10:00 – 11:10 AM

Chairperson:

Prof. Adela El Amamy (Libya)

Prof. Khaled Elhadidy (Egypt)

Dr. Nagwa Erhim (Libya)

Dr. Osama El Khateeb (Lebanon)

10:00 – 10:20 AM	**Hypertriglyceridemia.**	Dr. Hawaa El Sherif (Libya)
10:20 – 10:40 AM	**PCSK9i in low and medium economy countries.**	Dr. Nabil El Naggar (Egypt)
10:40 – 11:00 AM	**LDL subtypes, which is more atherogenic?**	Prof. Abbas Orabi (Egypt)
11:00 – 11:10 AM	**Discussion**	

Session 8

Diabetes in the elderly

11:10– 12:40 PM

Chairpersons:

Dr. Maged Naeim Beshay (Egypt)

Prof. Mohamed Reda Halawa (Egypt)

Dr. Nizar El Mahgoub (Libya)

Prof. Tayseer Metwally (Egypt)

Prof. Sir El Khatem Sirry (Sudan)

11:10 - 11:30 PM **The challenges of polypharmacy and therapeutic cascade in the elderly.**

Prof. Walid Shehab (KSA)

11:30 - 11:50 PM **Diabetic dementia.**

Dr. Somaya Qweia (Libya)

11:50 - 12:10 PM **The proper target, management and drugs for the elderly.**

Dr. Awad ElGhweiry (Libya)

12:10 - 12:30 PM **Ageing of the vital organs**

Prof. Haider Alrubaiei (Iraq)

12:30 - 12:40 PM **Discussion**

12:40 – 01:10 PM **Coffee Break**

Session 9

Eva Pharma Session

01:10 – 02:40 PM

01:10 - 01:40 PM	**Sharing best practice (Pool of Question) OAD**
	EVA Staff & Chairman
01:40 - 02:40 PM	**"Mapping Progress: New Oral Anti-Diabetics"**
	Prof. Abbas Orabi (Egypt)
	Prof. Sir El Khatem Siry (Sudan)
02:40 PM	**Lunch**

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Friday

4 October 2024

Session 10

Practical Highlights in Insulin Therapy 1

08:30 – 11:45 AM

Moderators:

Prof. Ali Abdelrehim (Egypt)

Dr. Awad ElGweiry (Libya)

Dr. Nagat Abo Zeid (Libya)

Prof. Sir El Khatem Siry (Sudan)

08:30 – 08:45 AM SC Injection techniques

Dr. Shaimaa Fathy (Egypt)

08:45 – 09:00 AM Calculating insulin requirements and insulin doses

Dr. Ahmed Akl (KSA)

09:00 – 09:15 AM Insulin therapy in type 2 diabetes:

Insulin initiation.

Dr. Mohamed El Naily (Libya)

09:15 – 09:30 AM Insulin therapy in type 2 diabetes:

Insulin optimization and intensification.

Dr. Afaf Milad (Libya)

09:30 – 09:45 AM	Insulin therapy in special groups: Insulin in toddlers. Dr. Fayza Hunder (Libya)
09:45 – 10:00 AM	Insulin therapy in special groups: Insulin in the elderly. Dr. Assem El Daly (Libya)
10:00 – 10:15 AM	Insulin therapy in special groups: Insulin during pregnancy. Dr. Gomaa El Tarally (Libya)
10:15 – 10:30 AM	Insulin in special situations: Perioperative Insulin. Prof. Mostafa Abo El Yazeed (Egypt)
10:30 – 10:45 AM	Insulin in special situations: Insulin in hepatic and renal patients Dr. Salah Atiqa (Libya)
10:45 – 11:00 AM	Insulin in special situations: Insulin in critically ill patients. Prof. Kamel Hemida (Egypt)

11:00 – 11:15 AM Diabetic emergencies:

Diabetic ketoacidosis.

Dr. Bahaa Sharaf Eldin (Egypt)

11:15 – 11:30 AM Diabetic emergencies:

Hyperosmolar non ketotic patients.

Prof. Hossam Arafa Ghazy (Egypy)

11:30 – 11:45 AM Diabetic emergencies:

Hypoglycemia

Prof. Mohamed Sallam (Egypt)

11:45 AM – 01:00 PM **Coffee Break & Gomaa Prayer**

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Session 11

Eva Pharma Session

01:00 – 02:30 PM

01:00 - 01:45 PM	**Sharing best practice (pool of Question) Complications Neuropathy** **EVA Staff & Chairman**
01:45 - 02:30 PM	**"Empowering Diabetic Nerve Care: Neuropathy Management Redefined"** **Prof. Samir Naim (Egypt)**
02:30 PM	**Lunch**

See you next year

From 7 to 10 October 2025 at

InterContinental City Stars Hotel, Cairo, Egypt

EVA PHARMA

1 - 4 October 2024 - Marriott Hotel, Cairo, Egypt



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