15TH ARAB DIABETES FORUM

ADF 2024

1 - 4 OCTOBER 2024 - MARRIOTT HOTEL, CAIRO, EGYPT

CONFERENCE PRESIDENTS

PROF. ABBAS ORABI

PROF. ALI ABDEL RAHIM



ADF Sudanese Chapter 2024

1-4 October2024

Marriott El Zamalek Hotel, Cairo

Presidents of ADF Sudanese Chapter

Prof. Ali Abdel Rahim (Egypt)

Dr. Awad ElGhweiry (Libya)

Prof. Sir El Khatem Sirry (Sudan)

EVA PHARMA

Wednesday

2 October 2024

08:00 – 09:30 AM **Registration**

Opening Ceremony

09:30 - 10:00 AM

Prof. Abbas Orabi (Egypt)

Prof. Ali Abdel Rehim (Egypt)

Prof. Ahmed Dirar (Sudan)

Dr. Awad Elghweiry (Libya)

Prof. Eman Rushdy (Egypt)

Prof. Sir El Khatem Siry (Sudan)

Session 1

Development of different therapy modalities in type 2 diabetes

10:00 – 11:10 AM

Chairpersons:

Prof. Ali Abdelrehim (Egypt)

Dr. Amal El Gharary (Libya)

Prof. Khalid Khalfallah (Sudan)

10:00 - 10:20 AM From glucose centered approach to patient centered approach.

Dr. Osama El Khateeb (Lebanon)

10:20 - 10:40 AM From sequential to early combination.

Dr. Abdelqawy Mansary (Yemen)

10:40 - 11:00 AM The organ-protective drugs: SGLT2i & GLPRA.

Prof. Maha Asem (Egypt)

11:00 - 11:10 AM Discussion

Session 2

The journey of basal insulins

11:10– 12:30 PM

Chairpersons:

Prof. Hala Ali Gamal Eldin (Egypt)

Prof. Hind Mahjoub (Sudan)

Dr. Mousa Tawaty (Libya)

11:10 – 11:30 AM	**Human basal Insulin** **Dr. Darin Ematiq (Libya)**
11:30 – 11:50 AM	**Basal insulin analogues.** **Dr. Diaa Ewais (KSA)**
11:50– 12:10 PM	**The weekly basal insulin therapy: Icodec and Efsitora.** **Dr. Sanad Zayed (Libya)**
12:10 – 12:30 PM	**Discussion**

Session 3

Type 1 Diabetes

12:30 – 02:00 PM

Chairpersons:

Prof. Mohamed Abdelraouf (Egypt)

Prof. Walid Shehab (KSA)

12:30 – 12:50 PM	**Clinical staging of type 1 diabetes.**
	Dr. El Bahlul Amer (Libya)
12:50 – 01:10 PM	**CGM in type 1 diabetes.**
	Dr. Ahlam El Felow (Libya)
01:10– 01:30 PM	**Automated insulin delivery system in type 1 diabetes.**
	Prof. Faten Ben Rajab (Libya)
01:30 – 01:50 PM	**Beta cell replacement therapy in type 1 diabetes.**
	Prof. Abeer Zakaria (Egypt)
01:50 – 02:00 PM	**Discussion**
02:00 – 02:30 PM	**Coffee Break**

Session 4

Diabetes education programs in the Arab world

02:30 – 04:00 PM

Chairpersons:

Prof. Eman Rushdy (Egypt)

Prof. Hala Ali Gamal Eldin (Egypt)

Prof. Zeinab Abdel Rahman (Sudan)

02:30 - 02:50 PM	The impact of patient education on diabetes control.
	D.E. Tahagud HusamEldin Ali (Sudan)
02:50 - 03:10 PM	Who may teach and who should be taught?
	D.E. Amani Mohamed Abdelrazig (Sudan)
03:10 – 03:30 PM	Which tool may be better in the Arab world ?
	Dr. Fatin Yahya Elkazem (Sudan)
03:30 - 03:50 PM	Diabetes Self Management Education DSME .
	D.E. Shiraz Awad Ahmed (Sudan)
03:50 – 04:00 PM	Discussion

Session 5

Diabetes and Retina

04:00– 04:50 PM

Chairperson:

Dr. Ahmed Abdel Kader (Libya)

Dr. Awad ElGhweiry (Libya)

Dr. Ahmed Akl (Egypt)

04:00 – 04:20 PM	**Diabetes and retina in Libya** **Dr. Magdy Elshohoumy (Libya)**
04:20 – 04:40 PM	**Diabetes and retina in Sudan** **Prof. Sir El Khatem Sirry (Sudan)**
04:40 – 04:50 PM	**Discussion**

Session 6

Eva Pharma Session

04:50 – 06:20 PM

04:50 – 05:20 PM	**Corporate /Insulin Project 30x30** **EVA Pharma Staff**
05:20 – 06:20 PM	**"Efficient Glucose Control with DPP-4i"** **Prof. Ali Abdel Rahim (Egypt)**
06:20 PM	**Lunch**

Thursday

3 October 2024

Session 6

Diabetes and Heart

09:30– 11:00 AM

Chairpersons:

Prof. Ahmed Rozza (Egypt)

Prof. Emad Mishriki (Egypt)

Dr. Salih Al Faidy (Libya)

Prof. Tag Eldin Mohamadin Abdullah (Sudan)

09:30 - 09:50 AM	**Diabetic cardiomyopathy.**
	Prof. Omar Awwad (Egypt)
09:50 - 10:10 AM	**Screening for HF in Diabetes.**
	Dr. Hoda El Tarabolsy (Libya)
10:10 - 10:30 AM	**Standard HF management in the current guidelines.**
	Dr. Zaki Baltimr (Libya)
10:30 - 10:50 AM	**The rationale of the anti failure impact of SGLT2I.**
	Prof. Eman Rushdy (Egypt)
10:50 - 11:00 AM	**Discussion**

Session 7

Lipids

11:00 AM – 12:30 PM

Chairperson:

Dr. Adela El Amamy (Libya)

Prof. Khaled Elhadidy (Egypt)

Dr. Nagwa Erhim (Libya)

Dr. Osama El Khateeb (Lebanon)

11:00 – 11:20 AM	**Hypercholestrolemia in children.**
	Dr. Ahmed Akl (KSA)
11:20 – 11:40 AM	**LDL subtypes, which is more atherogenic?**
	Prof. Abbas Orabi (Egypt)
11:40 – 12:00 PM	**PCSK9i in low and medium economy countries.**
	Dr. Nabil El Naggar (Egypt)
12:00 – 12:20 PM	**Hypertriglyceridemia.**
	Dr. Hawaa El Sherif (Libya)
12:20 – 12:30 PM	**Discussion**

Session 8

Diabetes in the elderly

12:30– 02:00 PM

Chairpersons:

Dr. Maged Naeim Beshay (Egypt)

Prof. Mohamed Reda Halawa (Egypt)

Dr. Nizar El Mahgoub (Libya)

Prof. Tayseer Metwally (Egypt)

Prof. Sir El Khatem Sirry (Sudan)

12:30 - 12:50 PM	**Ageing of the vital organs**
	Prof. Haider Alrubaiei (Iraq)
12:50 - 01:10 PM	**Diabetic dementia.**
	Dr. Somaya Qweia (Libya)
01:10 - 01:30 PM	**The proper target, management and drugs for the elderly.**
	Dr. Awad ElGhweiry (Libya)
01:30 - 01:50 PM	**The challenges of polypharmacy and therapeutic cascade in the elderly.**
	Prof. Walid Shehab (KSA)
01:50 - 02:00 PM	**Discussion**
02:00 – 02:30 PM	**Coffee Break**

Eva Pharma Session
02:30 – 04:00 PM

02:30 - 03:00 PM	**Sharing best practice (Pool of Question) OAD** **EVA Staff & Chairman**
03:00 - 04:00 PM	**"Mapping Progress: New Oral Anti-Diabetics"** **Prof. Abbas Orabi (Egypt)** **Prof. Sir El Khatem Siry (Sudan)**
05:00 PM	**Lunch**

EVA PHARMA

Friday

4 October 2024

Session 10

Practical Highlights in Insulin Therapy 1

09:30 AM – 12:45 PM

Moderators:

Prof. Ali Abdelrehim (Egypt)

Dr. Awad ElGweiry (Libya)

Dr. Nagat Abo Zeid (Libya)

Prof. Sir El Khatem Siry (Sudan)

09:30 – 09:45 AM	**SC Injection techniques** **Dr. Shaimaa Fathy (Egypt)**
09:45 – 10:00 AM	**Calculating insulin requirements and insulin doses** **Dr. Ahmed Akl (KSA)**
10:00 – 10:15 AM	**Insulin therapy in type 2 diabetes:** **Insulin initiation.** **Dr. Mohamed El Naily (Libya)**
10:15 – 10:30 AM	**Insulin therapy in type 2 diabetes:** **Insulin optimization and intensification.** **Dr. Afaf Milad (Libya)**

10:30 – 10:45 AM	Insulin therapy in special groups: Insulin in toddlers. Dr. Fayza Hunder (Libya)
10:45 – 11:00 AM	Insulin therapy in special groups: Insulin in the elderly. Dr. Assem El Daly (Libya)
11:00 – 11:15 AM	Insulin therapy in special groups: Insulin during pregnancy. Dr. Gomaa El Tarally (Libya)
11:15 – 11:30 AM	Insulin in special situations: Perioperative Insulin. Prof. Mostafa Abo El Yazeed (Egypt)
11:30 – 11:45 AM	Insulin in special situations: Insulin in hepatic and renal patients Dr. Salah Atiqa (Libya)
11:45 – 12:45 PM	Coffee Break & Gomaa Prayer

12:45 – 01:00 PM	Insulin in special situations: Insulin in critically ill patients. Prof. Kamel Hemida (Egypt)
01:00 – 01:15 PM	Diabetic emergencies: Diabetic ketoacidosis. Dr. Bahaa Sharaf Eldin (Egypt)
01:15 – 01:30 PM	Diabetic emergencies: Hyperosmolar non ketotic patients. Prof. Hossam Arafa Ghazy (Egypy)
01:30 – 01:45 PM	Diabetic emergencies: Hypoglycemia Prof. Mohamed Sallam (Egypt)

Session 11

Practical Highlights in Insulin Therapy 2

Panel Discussion

Moderators & Experts

01:45– 02:00 PM

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Session 12
Eva Pharma Session
02:00 – 03:30 PM

02:00 - 02:45 PM	**Sharing best practice (pool of Question) Complications Neuropathy** **EVA Staff & Chairman**
02:45 - 03:30 PM	**"Empowering Diabetic Nerve Care: Neuropathy Management Redefined"** **Prof. Samir Naim (Egypt)**
03:30 PM	**Lunch**

See you next year

From 7 to 10 October 2025 at

InterContinental City Stars Hotel, Cairo, Egypt

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