# 3rd APCED

جامعة الإسكندرية
ALEXANDRIA UNIVERSITY

# Alexandria Pediatric Conference of ENDOCRINOLOGY & DIABETES

**30 April – 1 May 2026**

**AlZahraa Hall – Hilton Alexandria Green Plaza, Alexandria**



**Under the patronage of**

**Prof. Tamer Abdallah**
**Dean, Faculty of Medicine – Alexandria University**

**Prof. Manal Abdel-Gawad**
**Head of Pediatrics Department – Faculty of Medicine, Alexandria University**

**Prof. Shaymaa Elsayed**
**Conference President**

PURE SPOT
EVENTS MANAGEMENT

# 3rd APCED

جامعة الإسكندرية
ALEXANDRIA UNIVERSITY

# Alexandria Pediatric Conference of ENDOCRINOLOGY & DIABETES

**30 April – 1 May 2026**

**Hilton Green Plaza Hotel**



**Former Honorary President In memory of**
**Prof. Magdy Omar**

**Honorary Presidents**

**Prof. Abdelhady Ibrahim**
**Prof. Ashraf Tawfik Soliman**
**Prof. Ahmed El Awwa**
**Prof. Doaa Khater**

**Conference President**
**Prof. Shaymaa Elsayed**

**Conference Vice President**
**Prof. Shayma Raafat**

**General Secretaries**
**Dr. Yasmin Ashraf | Dr. Dina Fawzy**

PURE SPOT
EVENTS MANAGEMENT

# Day 1

## 30th April 2026

**Registration**
**9.00 – 10.00 AM**

## Session 1 | Neonatal Endocrinology | (10:00-10:50)

### Chairpersons (Alphabetically)

Prof. Ehsan Wafa
Prof. Eman Marzouk
Prof. Hazem Gouda
Prof. Mahmoud Abdel Moneim
Prof. Manal Abdel Gawad
Prof. Mohi El-Kersh

| | |
|---|---|
| Congenital hypothyroidism screening pitfalls in neonates | 10:00 – 10:10<br>Dr. Reham El Ashry (Alexandria University) |
| Neonatal endocrine emergencies | 10:10 – 10:25<br>Prof. Hassan Heshmat (Alexandria University) |
| Short Stature: Think of MPS1 | 10:25 – 10:45<br>Prof. Eman Marzouk (Alexandria University) sanofi |

10:45 – 10:50
Discussion



# Day 1

## 30th April 2026

## Session 2 | Case Presentations | (10:55 – 11:20)

### Chairpersons (Alphabetically)

Dr. Ahmed Bakar
Prof. Ashraf Ayad
Prof. Ghada El Deriny
Prof. Hassan Heshmat
Prof. Manal Abd El Malak
Dr. Salwa Mahmoud

10:55 – 11:05
Polyuria in Pediatrics: Navigating the Diagnostic Maze
**Dr. Alaa Shaheen (Alexandria University)**

11:05 – 11:15
The Missing Ion
**Dr. Salma Riyad (Alexandria University)**

11:15- 11:20
Discussion

## OPENING CEREMONY | 11:20 – 11:50

**Prof. Abdelmoneim Fawzy**

**Prof. Ehsan Mowafy**

**Prof. Eman Youssef**

**Prof. Mahmoud Adel**

**Prof. Manal Abdel Gawad**

**Prof. Salah Zaher**

**Prof. Tamer Abdallah**



Coffee Break

# Day 1

## 30th April 2026

## Session 3 | Short Stature | (12:20 – 13:30)

### Chairpersons (Alphabetically)

Dr. Ehab Barakat
Prof. Heba El Sadfy
Prof. Hesham Ghazal
Prof. Nader Faseeh
Prof. Nermine Amr
Prof. Randa Khalaf

| | |
|---|---|
| SuperMan Versus IronMan | 12:20 – 12:40<br>Prof. Shaymaa Elsayed (Alexandria University) Parkville |
| Beyond Centimeters: Precision in Optimizing GH Therapy | 12:40– 13:10<br>**Prof. Shaimaa Rafaat ( Moderator)**<br>Dr. Yasmine Ashraf, Dr. Dina Fawzy (Alexandria University) SANDOZ |
| The Language of Bone age: Concepts and Diagnostic Considerations | 13:10– 13:25<br>Prof. Reem Bastawy (Alexandria University) |

13:25- 13:30

Discussion



# Day 1

## 30th April 2026

## Session 4 | Growth | (13:35– 14:15)

### Chairpersons (Alphabetically)

Prof. Ghada Anwar
Prof. Hoda Attwa
Prof. Hossam Kadry
Prof. Ihab Abdel Hamid
Prof. Mohamed Abokefo
Prof. Sameh Tawfeek

| | |
|---|---|
| Growth Hormone Testing: Unlocking pituitary secrets | 13:35 – 13:50<br>Prof. Wessam Moharam (Ain Shams University) |
| Restoring Growth Potential in Children with GH Deficiency | 13:50 – 14:10<br>Prof. Ashraf El Sharkawy (Mansoura University) |

novo nordisk®

Discussion 14:10 - 14:15

## Session 5 | Diabetes | (14:20-15:50)

### Chairpersons (Alphabetically)

Prof. Abeer Abdel Maksoud
Prof. Eman Monir
Prof. Hossam Kamel
Prof. Mohamed Zayton
Prof. Mona Salem
Prof. Randa Mattar

| | |
|---|---|
| Shedding the Light on the Ideal Insulin Regimen for T1DM Adolescents | 14:20 - 14:40<br>Prof. Shaymaa Elsayed (Alexandria University) |
| No Longer Pediatric: Redefining Care for Emerging Adults with T1DM | 14:40 –14:55<br>Prof. Noha Gaber (Alexandria University) |
| Cracking the Code: Diagnosing Diabetes Types in Children | 14:55–15:10<br>Prof. Mohamed Abo El Asrar (Ain Shams University) |
| New Trends in Management in Adolescent Obesity | 15:10 –15:30<br>Prof. Mona Salem (Ain Shams University) |
| Updates in Management of T2DM in Children and Adolescents | 15:30 –15:45<br>Prof. Shereen Abdel Gafar (Cairo University) |

novo nordisk®

Discussion 15:45 –15:50

# Day 1

## 30th April 2026

**Session 6 | DSD | (15:55 – 16:55)**

### Chairpersons (Alphabetically)

Prof. Amina Abdel Wahab
Prof. Ahmed Khairy
Prof. Haytham Badawy
Prof. Mohamed Abdel Azeem
Prof. Saber Waheeb
Prof. Sameh Shehata
Prof. Soha Abdel Dayem

| | |
|---|---|
| Atypical Genitalia: Mapping the Path | 15:55 – 16:10<br>Prof. Noha Arafa (Cairo University) |
| Surgery of Genitalia: What Pediatrician Should Know | 16:10 – 16:25<br>Prof. Haytham Badway (Alexandria University) |
| The Dark Side of T1DM: Understanding Nocturnal Hypoglycemia | 16:25 – 16:45<br>Dr. Yasmine Ashraf (Alexandria University) |

16:45 – 16:50

Discussion

## THE GROUP PHOTO AND GALA DINNER



Omnitrope®
Somatropin

SurePal™

# ” NEMEW”

**Patient support Program**

## for SurePal / Omnitrope

**SANDOZ**

**For Patient Enrolment**

**Phone Number:**

**02 22695791**

**Working hours**
**from Sat to Wed from 10 am till 10 pm (Thur & Fri off)**

**For Online self-enrollment**

**Scan for How to use Surepal**





EDA Appeoval No: BF0349B1117/082024


**Sandoz Egypt Pharma S.A.E.**
Building B7, Public Services Area, Business Park No. 2,
Mivida Project, Fifth Settlement,New Cairo
Tele :02222861600
For Adverse events reporting Emails :
adverse.event.egypt@sandoz.net



Code: OMNIT/Spal-NEMEW-PSP-03-26-01
Expiry date: 01/03/2026

# Day 2

## 1st May 2026

### Session 1 | How Do I | (9:30 – 10:10)

**Chairpersons (Alphabetically)**

Prof. Marwa Mira
Prof. Mohamed Abo El Asrar
Prof. Nanees Salem
Prof. Omenya Magdy

| | |
|---|---|
| Practice Essentials of Micropenis; Clinical Case and Diagnostic Approach | 9:30 – 9:40<br>Dr. Ola Taha (Tanta University) |
| Early Puberty: New Trend | 9:40 – 9:55<br>Prof. Amany El Hawary (Mansora University) |
| Every time exposure, life time Effects: Understanding Endocrine Disruptors | 9:55 – 10:05<br>Dr. Khaled Kashab (Cairo University) |

10:05 – 10:10

Discussion



# Day 2

## 1st May 2026

### Session 2 | How Do I? | (10:15 - 11:00)

**Chairpersons (Alphabetically)**

Prof. Basma Abdelmoaz
Prof. Hend Mehawed
Prof. Marwa Mira
Prof. Sameh Tawfeek
Prof. Shaymaa El Refaey
Prof. Yasser Elmeligy

| | |
|---|---|
| Clinical pathways in Cushing Syndrome: From suspicion to Diagnosis | 10:15 – 10:25<br>Prof. Radwa Shamma (Cairo University) |
| Hyperprolactinemia: Case-Based Clinical Approach | 10:25 – 10:35<br>Dr.Kholoud Hassan (Alexandria University) |
| Endocrine Challenges in Craniopharyngioma (from diagnosis to Postoperative care) | 10:35 – 10:45<br>Dr. Sara Elshal (Tanta University) |
| Turner Syndrome: Beyond XO | 10:45-10:55<br>Prof. Sameh Tawfeek (Miltary Medical Academy) |

10:55 – 11:00

Discussion



# Day 2

## 1st May 2026

## Session 3 | DM Technology | (11:00 – 12:15)

### Chairpersons (Alphabetically)

Dr. Ahmed Harb
Prof. Alaa Thabet
Prof. Maha Bondok
Prof. Noran Youssef
Prof. Ramy Saleh
Prof. Yasmine Elhenawy

| | |
|---|---|
| Latest evidence supporting the use of CGM | 11:00 – 11:20<br>Prof. Shaymaa El Sayed (Alexandria University) |
| - Smart MDI system: Transforming Traditional Insulin Therapy.<br>- Smart MDI Analytics: Turning Reports into Action | 11:20 – 11:40<br>Prof. Yasmine Elhenaway (Ain Shams University)<br>Dr. Esraa Selim (Med Consult) |
| What is New in DM ? | 11:40 – 11:55<br>Prof. Ahmed Arafa (Tanta University) |
| Beyond Secondary Relationship: When Timing Mislead Diagnosis | 11:55 – 12:05<br>Prof. Rasha Wafeek (Mansoura University) |
| The Danger of Doing Everything Right | 12:05 – 12:10<br>Prof. Tamer Selim (Menofia University) |

12:10 – 12:15

Discussion



# Day 2

## 1st May 2026

**Session 4 | Rare Conditions | (12:15 – 13:00)**

### Chairpersons (Alphabetically)

Dr. Dina Fawzy
Prof. Shaimaa Rafaat
Prof. Shaymaa Elsayed
Dr. Yasmine Ashraf

| | |
|---|---|
| New Hope in Horizon for Neurofibromatosis | 12:15 – 12:30 AstraZeneca<br>Prof. Shaymaa Elsayed (Alexandria University) |
| Alkaline Phosphatase: The Forgotten Clue in Rickets | 12:30 – 12:45<br>Dr. Yasmine Ashraf AstraZeneca (Alexandria University) |
| Too Tall or Just Right? | 12:45 – 13:00<br>Dr. Mona Karem (Suez Canal University) |

12:55 – 13:00

Discussion

## PRAYER AND COFFEE BREAK - 13:00



Healthera

MADE IN GERMANY

## Omegalox OMEGA 3

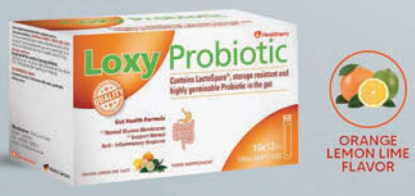



- 1000 mg Fish oil
- DHA & EPA
- No after taste
- No fishy taste or odour
- Purified from mercury

## Omegalox




## Loxy Probiotic




- Enhance Gut Immunity
- Synbiotic Effect
- Triple Action Blend
- Bacillus Coagulans

Healthera

MADE IN GERMANY

# Vitalox Junior




LARGE PACK 200 ML

ORANGE FLAVOUR

- Healthy development
- Healthy bones
- Healthy teeth
- Normal growth
- +13 micronutrient

# Loxymune Junior




LARGE PACK 200 ML

ORANGE FLAVOUR

- Enhance immunity
- Propolis
- +15 micronutrient

# Thanks To Our Sponsors

novo nordisk®

sanofi

SANDOZ

Abbott

AstraZeneca

Med Consult

EVA PHARMA

Parkville

Globe
International Pharmaceutical

SEDICO
Pharmaceuticals

معامل مبرة المصاغرة

Healthera

ماس دياجنوستيكس
MASS DIAGNOSTICS

MASTER PHARMA
Leading Life

ELHODA
TRADE & SUPPLIES
CareSens

مركز الإسكندرية لطب الأطفال
Alexandria Pediatric Center

MASH
PREMIERE

Orchidia
Pharmaceutical Ind.






PROJECT MANAGER

MR. MICHAEL KAMEL

01029900703

MICHAEL.KAMEL@PURESPOT.ORG


21 YEARS OF EXCELLENCE

FOLLOW US

PURE SPOT EVENTS MANAGEMENT

www.purespot.org

ALEXANDRIA LUXOR DELTA ASYUT DUBAI