Arab Society of Internal Medicine
ASIM

APPLIED METABOLISM IN *World Diabetes Day*

19 NOVEMBER **2026**

INTEGRATED CENTER FOR WOMEN SERVICES IN BENHA



Conference President

Prof. Mohamed Hegazy

Arab Society of Internal Medicine

PURE SPOT

APPLIED METABOLISM IN
World Diabetes Day

19 NOVEMBER 2026

INTEGRATED CENTER FOR WOMEN SERVICES IN BENHA

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19 NOVEMBER 2026

INTEGRATED CENTER FOR WOMEN SERVICES IN BENHA

REGISTRATION - (10:00 AM – 11:00 AM)

OPENING CEREMONY - (11:00 AM – 11:30 PM)

Prof. **Mostafa ElNaggar | *Prof.* Reda Amer**
***Prof.* Mahmoud Shawky | *Prof.* Hani Abd ElZahir**
***Prof.* Mohamed Hegazy**

Session 1 (11:30 AM – 12:30 PM)

Moderator :

- **Prof. Mahmoud Shawky**

Chairpersons : *Alphabetically Arranged*

- **Prof. Abd ElRahman Gamal**
- **Prof. Ahmed Ashraf**
- **Prof. Ahmed Kamal Kamel**
- **Prof. Hesham Rafea**
- **Prof. Hesham Rasheed**
- **Prof. Mohamed Abd ElHamid**
- **Prof. Mohamed Abd ElRahman**
- **Prof. Mohamed Aglan**
- **Prof. Mohamed ElBatal**
- **Prof. Nancy Kamal**
- **Prof. Wael Awad**

Prof. Fathy Swailam
11:30 AM – 11:45 AM
Diabetic dyslipidemia, what's the new??

Prof. Marwa Kamal
11:45 AM – 12:00 PM
Role of SGLT2 inhibitors in HF management

Prof. Mohamed Abd ElKader
12:00 PM – 12:15 PM
Hypertension Management: Bridging the Gap Between Guidelines and Reality

Prof. Mahmoud Emara
12:15 PM – 12:30 PM
Neuropathic pain management



Session 2 (12:30 PM –1:30 PM)

Moderator :

- Prof. Hani Abd ElZahir

Chairpersons : Alphabetically Arranged

- Prof. Ahmed ElAwady
- Prof. Ahmed Ezzat
- Prof. Ahmed Gaber
- Prof. Ahmed Kamal
- Prof. Ahmed Ragheb
- Prof. Ahmed Samy
- Prof. Ahmed Zahran
- Prof. Eman Abd ElSameea
- Prof. Mohamed Hassan
- Prof. Mohamed Melegy
- Prof. Tarek Said

Prof. Ebada Said
12:30 PM – 12:45 PM
GLP-1 Receptor Agonists and the Gastrointestinal Tract: Balancing Metabolic Benefits and Digestive Safety

Prof. Reda Amer
12:45 PM – 1:00 PM
The Diabetic Gut: 2026 Diabetes and the Gastrointestinal Tract (A Bidirectional Relationship)

Prof. Islam Nasr ElDin
1:00 PM – 1:15 PM
GIT complications of DM:Mechanisms & How to overcome

Prof. Mamdouh Gabr
1:15 PM – 1:30 PM
P-CAPs : current clinical use - Tavoniza



Session 3 (1:30 PM – 2:30 PM)

Moderator :
- Prof. Ahmed Hussien ElSawaf

Chairpersons : Alphabetically Arranged
- Prof. Amira ElSabaa
- Prof. Mahmoud Azgoula
- Prof. Marwa Fekry
- Prof. Marwa Mohamed
- Prof. Medhat Khalil
- Prof. Mohamed Ramadan
- Prof. Maysara Mogahed
- Prof. Mostafa Abo ElYazid
- Prof. Sherin Youssef
- Prof. Tamer Selim
- Prof. Yomna Marae

Prof. Ahmed Mamdouh
1:30 PM – 1:45 PM
Compelling indications of CorticoSteroid therapy in chest patients with diabetes and Their clinical outcomes.

Prof. Shimaa Khallaf
1:45 PM – 2:00 PM
Management of Gluco corticoid induced Hyperglycemia , what you need to know.

Prof. Haitham Badr
2:00 PM – 2:15 PM
Beyond Glucose and Hormones: The Role of Antioxidants in Diabetes and Thyroid Disorders

Prof. Elham Youssef
2:15 PM – 2:30 PM
The HbA1c Trap: What Are We Missing in Diabetes Care?

CLOSING + LUNCH (2:30 PM - 3:00 PM)





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