UEDMN 2025

THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF CLINICAL NUTRITION AND METABOLISM

ASSIUT 17 APRIL 2025

ADMINISTRATIVE BUILDING, ASSIUT UNIVERSITY

HALL 1 | TUE-APRIL 15 9:30-11:00

UEDMN 2025

THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

THERAPEUTIC NUTRITION FOR KIDNEY DISEASE

" TAILORING MEALS FOR EVERY STAGE"

SPEAKER



Prof. Doaa Hamed

COORDINATORS



Prof. Dina Morad

Prof. Samira Fawzy



Dr. Noha Omar



Dr. Sherien Essa

MODERATOR



Dr. Sayed Hamad

HALL 1 | TUE-APRIL 15 11:00-12:30

UEDMN 2025

THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

INNOVATIVE BODY CONTOURING: TECHNIQUES FOR SCULPTING AND RESHAPING

SPEAKER



Dr. **Heba** Yehia

COORDINATORS



Dr. **Marian** Agaibi



Dr. **Dalia** Mamdouh



Dr. **Ghada** Sobhy



Dr. **Alaa** Adel

HALL 1 | TUE-APRIL 15 1:00-2:30

UEDMN 2025

THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

ENHANCING PERFORMANCE:
"SPORT DRINKS AND RULE OF SUPPLEMENT IN ATHLETES

SPEAKERS



Dr. **Emad** Shaaban



Dr. **Maged** Osama

COORDINATORS



Dr. **Noha** Esmaeel



Dr. **Maha** Hashem



Dr. **Ahmed** Hassan



Dr. **Heba** Gaafar



Dr. **Sarah** Hossam

HALL 1 | TUE-APRIL 15 2:30-4:00

UEDMN 2025

THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

DRUG OVER THE COUNTER IN OBESITY MANAGEMENT: WHAT DOES THE EVIDENCE SAYS

SPEAKERS



Dr. Medhat El-araby



Dr. Mariam Roshdy

COORDINATORS



Dr. Amira Safwat



Dr. Haitham Amir



Dr. Rasha Hosney



Dr. Heba Hamed



Dr. Doaa M.Abdelrahman

HALL 1 | WED-APRIL 16 9:30-11:00

UEDMN 2025

THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

THERAPEUTIC APPROACH FOR SHORT STATURE
"WHAT DOES THE EVIDENCE SAY?!

SPEAKERS



Dr. Khalid khashab



Prof. Naglaa Edris

COORDINATORS



Dr. Aya Abd-Elkader



Dr. Eman Abo-Zeid



Dr. Marwa Ali



Dr. Mahmoud Nageh



Dr. Eman Rashed

HALL 1 | WED-APRIL 16 12:30-2:00

UEDMN 2025

THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

MESOTHERAPEY "UNLOCKING THE POWER OF TARGETED LOCALIZED OBESITY TREATMENT"

SPEAKERS



Dr. May Magdy



Dr. Rehab Elderby

COORDINATORS



Dr. Mona Osman



Dr. Amira El-sayed



Dr. Amany Elawamy



Dr. Heba Hamed



Dr. Samah Elkhyat

HALL 1 | WED-APRIL 16 2:00-3:30

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THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

FACE LIFT BY THREADS VS FILLERS

SPEAKERS



Dr. Mohamed Elsalamawy



Dr. Shaker Yehia

COORDINATORS



Dr. Treza Makram



Dr. Shaimaa Mohammed



Dr. Mona Othman



Dr. Alaa Yazed



Dr. Sarah Abdelmohsen

HALL 1 | WED-APRIL 16 3:30-4:30

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THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

HOW TO ANAYLYZE THE READING OF AMBULATORY GLUCOSE PROFILE IN CGM

SPEAKERS



Dr. Khalid khashab



Dr. Aya Abd-Elkader

COORDINATORS



Dr. Hend Hakam



Dr. Hend Hamdy



Dr. Dina Kamal



Dr. Ghada Sobhy



Dr. Catherine Sedik

HALL 1 | THU-APRIL 17 9:30-11:00

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THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

ROLE OF FOOD SUPPLEMENTS AND MICRONUTRIENTS IN METABOLIC DISEASE MANAGEMENT

SPEAKER

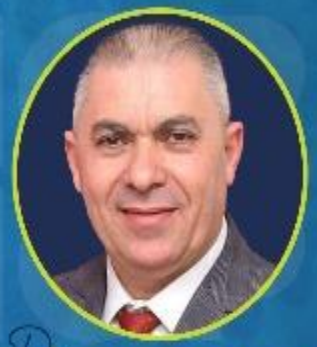


Dr. Malik Etman

COORDINATORS



Dr. Sarah Nasr-Eldein



Dr. El_Sayed Bakry



Dr. Sherien Eissa



Dr. Mahmoud Nageh



Dr. Tamer Saloom

HALL 1 | THU-APRIL 17 11:00-12:30

UEDMN 2025

THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

BREAKING PATTERNS, BUILDING HEALTH: THE ROLE OF BEHAVIORAL MODIFICATION IN OBESITY AND EATING DISORDER TREATMENT

SPEAKER



Dr. Rasha Genena

COORDINATORS



Dr. Yehia Elalfy



Dr. Somaya Ahmed



Dr. Zienab Galal



Dr. Maha Elhusseiny



Dr. Heba Elhusseiny

HALL 1 | THU-APRIL 17 1:00-2:30

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THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

HOW TO TAILORS A MEDICAL NUTRITIONAL THERAPY FOR CANCER PATIENTS

SPEAKERS



Dr. Marianne Ragai



Dr. Samer Essam

COORDINATORS



Dr. Faten Salama



Dr. Rasha Hosney



Dr. El_Sayed Bakry



Dr. Heba Elhusseiny



Dr. Ahmed Saied

HALL 6 | THU-APRIL 17 12:00-2:00

UEDMN 2025

THE 8TH CONGRESS OF UPPER EGYPT SOCIETY OF
CLINICAL NUTRITION AND METABOLISM

SUPER MAMA
اليوم الترفيهي للأطفال المسكرين

SPEAKERS


Dr. Shaimaa Eladawy


Dr. Aya Abd-Elkader


Dr. Walaa Elkobesy


Dr. Noha Omar


Dr. Eman Abozeid


Dr. Dina Kamal


Dr. Samira Fawzy


Dr. Catherine Sedik

PURE SPOT