Upper Egypt Society of Clinical Nutrition and Metabolism

UESCNM

Upper Egypt Congress of

CLINICAL NUTRITION AND METABOLISM

2023

JUNE 15-16, 2023 | HURGHADA, EGYPT



Upper Egypt Congress of

CLINICAL NUTRITION AND METABOLISM 2023

Upper Egypt Society of Clinical Nutrition and Metabolism
UESCNM

Honorary Presidents



ROF. AMR MATTER
President Of Egyptian Society Of Parenteral And Entral Nutrition (EGSPEN)
Vice President Of The Egyptian Medical Association For The Study Of Obesity (EMASO)



PROF. MUSTAFA ELSAID
Professor Of Pediatrics And Pediatric Pulmonology (Assiut University)

Presidents of the Congress



PROF. MEDHAT ELARABY
Master Of Endocrinology, South Wales, Uk
Diploma Of Diabetes Care, Warwick University, Uk
Professor Of Clinical Nutrition Assiut University
Member Of The Egyptian Board Of Clinical Nutrition Fellowship
Vice President Of Upper Egypt Society Of Clinical Nutrition & Metabolism



PROF. OSAMA EL-ASHEER
Professor Of Pediatrics (Assiut University)
Head Of Clinical Nutrition Unit Assiut University Children Hospital
President Of Upper Egypt Society Of Clinical Nutrition And Metabolism (Uescnm)

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CLINICAL NUTRITION AND METABOLISM

2023

DAY 1

JUNE 15, 2023

4 SESSIONS

14 LECTURES

03.00 PM– 04.00 PM	REGISTRATION
04.00 PM – 04.15 PM	OPENING

CHAIRPERSONS: (Alphabetically Arranged):
PROF. AMR MATTAR, PROF. EMAD HAMMAD ELDALY, PROF. HASSAN ABDEL-LATIF, PROF. MAHMOUD ABDEL-ALEEM, PROF. MEDHAT EL-ARABY, PROF. MOHAMED ZEIN PROF. MOSTAFA ELSAEED, PROF. OSAMA AL-ASHEER, PROF. SAAD ZAKI.

04.15 PM – 05.15 PM	SESSION 1: PEDIATRIC SESSION

CHAIRPERSONS: (Alphabetically Arranged):
PROF. EMAD HAMMAD ELDALY, PROF. MOHAMED SAYED MARZOUK, PROF. MOSTAFA ELSAEED, PROF. OSAMA AL-ASHEER.

04.15 PM – 04.35 PM	**Nutritional Challenges in Children with Congenital Heart Disease** PROF. DOAA RAAFAT *Assiut University*
04.35 PM - 04.55 PM	**Dilemma of Food Elimination in Children with Skin Allergy** DR. NAGLAA SAMY *Assiut University*
04.55 PM – 05.15 PM	**Childhood Dysphagia; Our Centre Experience Based on Endoscopic Picture.** PROF. NAGLAA HASSAN *Assiut University*

05.15 PM – 06.15 PM	SESSION 2: ADULT SESSION

CHAIRPERSONS: (Alphabetically Arranged):
PROF. ASHRAF OTHMAN, PROF. MAGDA SHEHATA, PROF. MANAL EZZ, PROF. MEDHAT EL-ARABY.

05.15 PM – 05.30 PM	**Nutritional Deficiencies in Diabetic Patients.** PROF. AMR MATTAR *EGSPEN - EMASO*
05.30 PM – 05.45 PM	**Omega 3 and Metabolic Risk.** PROF. NIBAL ABDELRAHMAN *National Nutrition Institute*
05.45 PM – 06.00 PM	**Gut Hormones and obesity** DR. SAFAA TAWFIK *EASHTN*
06.00 PM – 06.15 PM	**Nutrition Tips for Oral and Dental Health.** DR. MALIK ETMAN *Sharqia Physician Nutrition Association*

06.15 PM – 07.15 PM | SESSION 3: PEDIATRIC SESSION

CHAIRPERSONS: (Alphabetically Arranged):
PROF. ABO-ELELA AHMED ABO-ELELA, PROF. AZZA ELTAYEB, PROF. HIKMA SAAD, PROF. KHALID ELSAYEH.

06.15 PM – 06.35 PM	**Sandoz Symposium** PROF. KHALIL ABDEL-KHALIK *Cairo University* SANDOZ A Novartis Division
06.35 PM - 06.55 PM	**Nutrition for Children with Type 1 Diabetes Mellitus.** PROF. KOTB ELSOKARY *Assiut University*
06.55 PM – 07.15 PM	**Understanding The Complete Blood Count.** PROF. MERVAT AMIN *Assiut University*

07.15 PM – 08.15 PM | SESSION 4: ADULT SESSION

CHAIRPERSONS: (Alphabetically Arranged):
PROF. DOAA HAMED, PROF. HELAL HETTA, PROF. MALIK ETMAN, PROF. RANDA SHAMS.

07.15 PM – 07.35 PM	**Nutritional Challenges During Cancer Treatment Journey.** PROF. GULSEN SALEH *57357 / CCHE*
07.30 PM – 07:45 PM	**Metabolic disbalance in response to stress.** PROF. EMAD ZAREF *Assiut University*
07.45 PM – 08: 00 PM	**Influence of Water Intake and Balance on Body Composition Daily Water Intake Calculator.** PROF. MAHA MWAFY *Cairo University*
08:00 PM – 08:15 PM	**Climate Change - linked to Health Risks for Athletes.** PROF. EMAD SHABAN *Assiut University*

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DAY 2

JUNE 16, 2023

4 SESSIONS

13 LECTURES

04.00 PM – 05.00 PM SESSION 1: PEDIATRIC SESSION

CHAIRPERSONS: (Alphabetically Arranged):
PROF. EMAN FATHALLAH, PROF. MOATAZ ELTAYEB. PROF. MOHAMED GAMIL, PROF. NAGLAA HASSAN ABO FADDAN.

04.00 PM -04.20 PM	**Vapotherm ; A New Care in PICU.** PROF. AZZA ELTAYEB *Assiut University*
04.20 PM -04.40 PM	**Detection and Nutritional Management of IEM.** PROF. HIKMA SAAD *Assiut University*
04.40 PM -05.00 PM	**Multidisciplinary Team Management of Facial Cleft Patient.** DR. DEIAAELDIN M. TAMER *Assiut University*

05.00 PM – 06.00 PM SESSION 2: ADULT SESSION

CHAIRPERSONS: (Alphabetically Arranged):
PROF. AHMED OBAIDALLAH, PROF. MAHA MWAFY, PROF. MEDHAT EL-ARABY, PROF. TAGHREED ABDELAZIZ.

05.00 PM - 05.15 PM	**Insulin Resistance and Reproduction. The whole story.** PROF. MAHMOUD ABDEL-ALEEM *Assiut University*
05.15 PM - 05.30 PM	**Dietary Recommendations for Peritoneal Dialysis patients.** PROF. DOAA HAMED *Natinal Nutrition Institute*
05.30 PM - 05.45 PM	**Obesity from Nutrition Perspective** PROF. MONA ABDELMOTLB *Clinical Nutrition Unit*
05.45 PM – 06.00 PM	**Fat Adaptation for Endurance Performance: Help, Harm, or Hype?** DR. MAGED OSAMA *APNA*

06.00 PM – 07.00 PM | SESSION 3: PEDIATRIC SESSION

CHAIRPERSONS: (Alphabetically Arranged):
PROF. AZHAR EL-ARABY, PROF. DOAA RAAFAT, PROF. MERVAT AMIN, PROF. YASSER FAROUK.

06.00 PM – 06.20 PM	**Neonatal Neuroprotection** PROF. MOHAMED GAMIL *Assiut University*
06.20 PM - 06.40 PM	**Frequently Asked Question in Neonatal Nutrition.** PROF. MAGDA FARGHALY *Aswan University*
06.40 PM – 07.00 PM	**Functional Food.** DR. NOHA M. GAMAL *Assiut University*

07.00 PM – 08.00 PM | SESSION 4: ADULT SESSION

CHAIRPERSONS: (Alphabetically Arranged):
PROF. EMAD SHAABAN, PROF. HELAL HETTA, PROF. MANAL DARWISH, PROF. MEDHAT EL-ARABY.

07.00 PM – 07.20 PM	**Cutaneous Manifestations of Nutritional Deficiencies.** PROF. AMR MATTAR *EGSPEN - EMASO*
07.20 PM – 07.40 PM	**Facts or Myths about Hair Care.** PROF. SAHAR ABDELMOEAZ *Assiut University*
07.40 PM – 08.00 PM	**Continuous Glucose Monitoring.** DR. AYA ABDELKADER *Mobarrah hospital*

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NOTES

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