Sharkia Endocrinology & Diabetes Association

SHEDA

جمعية الغدد الصماء والسكر بالشرقية

2ND EGYPTIAN DIABETES CRM FORUM
ANNUAL MEETING (HYBRID)
SHARKIA ENDOCRINOLOGY & DIABETES ASSOCIATION (SHEDA)

"WHERE THE HEART, KIDNEY AND DIABETES MEET IN CLINICAL PRACTICE"



GOLDEN JEWEL
Beach & Hotel

ALEXANDRIA, EGYPT
9-11 MARCH 2022

ACCREDITED BY

AMERICAN ASSOCIATION of CONTINUING MEDICAL EDUCATION
AACME

PROFESSOR
MOHAMED KAMAR
SHEDA PRESIDENT

PROFESSOR
MOHAMED AWAD
FORUM PRESIDENT

Wednesday 9 March 2022

12:00 01:00 PM	Registration.

1 SESSION

Diabetes & Beta cell Health

01:00-02:20 PM

CHAIRPERSONS

Amira El Gahity
Eslam Eid

Hanan Gawish
Fareed Fawzy

01:00 PM 01:20 PM	**Beta Cell Failure and T2DM: Role of Glucotoxicity and Lipotoxicity** *Prof.* **Ahmed EL Behairy** *(Mansoura)*
01:20 PM 01:40 PM	**T2DM Antidiabetic Agents and Prevention of Beta Cell Failure: Fact & Fiction** *Prof.* **Fady Azmy** *(Mansoura)*
01:40 PM 02:00 PM	**Mitochondrial Dysfunction In Diabetes** *Prof.* **Arafa Elshabrawy** *(Zagazig)*
02:00 PM 02:20 PM	**Metabolic Memory** *Prof.* **Salah Argoon** *(Assiut)*



2 SESSION — Diabetes, Heart & Kidney Dialogue

02:20- 03:30 PM

CHAIRPERSONS

Yaseer Hendy
Kamal Okasha
Mohamed Sherif
Ashraf Talaat

02:20 PM 02:40 PM	**Chronic Kidney Disease and Diabetes – What You Should Know?** *Prof.* Gamal Elnagaar *(Tanta)*
02:40 PM 03:00 PM	**Management of diabetes and kidney disease through Covid-19** *Dr.* Samah Idris *(Alexandria)*
03:00 PM 03:15 PM	**An Overview of Cardiovascular Outcome Trials (CVOTs) in Type 2 Diabetes** *Prof.* Mohamed Awad *(Zagazig)* GPN
03:15 PM 03:30 PM	**Moving from Glucocentric to Organocentric Approach in Type 2 diabetes** *Prof.* Kamel Hemida – *(Alexandria)* hikma.

3 SESSION — Diabetes Gaps

03:30 – 04:45 PM

CHAIRPERSONS

Salah Argoon
Mamdouh Al-Nahas
Mesbach Kamal
Eman Al-Shourbagy

03:30 PM 03:50 PM	**Diabetes Remission** *Prof.* Hanan Gawish *(Mansoura)*
03:50 PM 04:10 PM	**The Role of DM Medications in Stroke Prevention** *Prof.* Fareed Fawzy *(Zagazig)*
04:10 PM 04:30 PM	**Impact of Glucose Variability on CVD.** *Prof.* Yasser Abdel Raouf *(Tanta)*
04:30 PM 04:45 PM	**Evidence - Based Management Optimization of Diabetic Patient** *Prof.* Yahia Ghanem – *(Alexandria)* NOVARTIS
04:45 – 05:00 PM	Coffee Break

Pharma Session 1

05:00 – 06:00 PM

CHAIRPERSONS

Fareed Fawzy
Yasser Abdel Raouf
Mesbah Kamal
Eman Azzam

05:00 PM 05:15 PM	**Optimising the Management of Type 2 Diabetes during Ramadan** *Dr.* **Mohamed Khalil** *(Menofyia)*
05:15 PM 05:30 PM	**Hyperglycemic Damage & The role of Benfotiamine** *Prof.* **Mohamed Awad** *(Zagazig)*
05:30 PM 05:45 PM	**Diabetic Dyslipidemia** *Prof.* **Ahmed EL Behairy** *(Mansoura)*
05:45 PM 06:00 PM	**Optimising the Management of Type 2 Diabetes; a Real-life Case Study** *Prof.* **Magdy Helmy Megallaa** *(Alexandria)*

4 SESSION Endocrine Disorders and Different Comorbidities

06:00 – 07:20 PM

CHAIRPERSONS

Mohamed Awad
Ahmed EL Behairy
Fady Azmy
Tamer Elsherbiny

06:00 PM 06:20 PM	**Melatonin and diabetes: what is the link?** *Prof*. **Aliaa Alaghoury** *(Alexandria)*
06:20 PM 06:40 PM	**Thyroid & Heart** *Prof.* **Eman El Shourbagy** *(Zagazig)*
06:40 PM 07:00 PM	**Thyroid & Diabetes** *Prof.* **Eman Azzam** *(Alexandria)*
07:00 PM 07:20 PM	**Thyroid & Bone.** *Prof.* **Lobna Eltony** *(Assiut)*

Pharma Session 2

07:20-07:55 PM

CHAIRPERSONS

Ashraf Talaat - Eslam Eid - Salah Argoon

07:20 PM 07:35 PM	**The shortcut to early and tight glycemic control** *Prof.* **Mohamed Sherif** *(Mansoura)*
07:35 PM 07:45 PM	**Heart in diabetes project** *Prof.* **Mohamed Awad** *(Zagazig)*
07:45 PM 07:55 PM	**El Andalos Pharma**
07:55 PM	**Dinner**



Thursday 10 March 2022

5 SESSION

Prediabetes: Does it really ?

10:00-11:15 AM

CHAIRPERSONS

Amira El Gahity
Megahid Abu Al-Magd

Adel Abdelaziz
Alaa Abdel Salam

10:00 AM 10:20 AM	**Prediabetes: innocent or guilty? Insights from the Maastricht Study** *Prof.* **Mesbach Kamal** *(Menia)*
10:20 AM 10:40 AM	**Cardiovascular risk in prediabetes** *Prof.* **Ashraf Talaat** *(Damietta)*
10:40 AM 11:00 AM	**Prediabetic neuropathies** *Prof.* **Mamdouh Elnahas** *(Port Said)*
11:00 AM 11:15 PM	**Dapagliflozin: from Glucocentric to Holistic Approach** *Prof.* **Fareed Fawzy** *(Zagazig)* EVA PHARMA

6 SESSION

Diabetes, Gut & Liver Dialogue

11:15 - 12:35 PM

CHAIRPERSONS

Serag Zakaria
Yousery Taher

Aymen Badway
Mohamed Shawky

11:15 AM 11:35 AM	**NAFLD who is at risk and why? The good, the bad and the ugly. Risk stratification in NAFLD.** *Prof.* **Ahmed Zaid** *(Alexandria)*
11:35 AM 11:55 AM	**Management of NAFLD: What can we achieve with available therapies.** *Prof.* **Ehab Abdelatty** *(Menofyia)*
11:55 AM 12:15 PM	**Diabetes and gut health** *Prof.* **Afify Fahmy** *(Zagazig)*
12:15 PM 12:35 PM	**The Role of the Gut in Type 2 Diabetes: Going Beyond Incretins** *Prof.* **Mahmoud Hemida** *(Azhar)*

12:35 – 01:00 PM Coffee break



OPENING CEREMONY
01:00 – 02:00 PM

- *Prof.* **Mohamed Kamar**
- *Prof.* **Mohamed Awad**
- *Prof.* **Eman El Shourbagy**
- *Prof.* **Farid Fawzy**
- *Prof.* **Mohamed Assy**

7 SESSION

Diabetes – Past, Present & Future

02:00 - 03:15 PM

CHAIRPERSONS

Mohamed Assy
Yasser Abdel Raouf

Mohamed Shawky
Ingy Abdl Wahab

02:00 PM 02:20 PM	**An unusual case of insulin resistance: diagnosis and specific management** *Prof.* **Mohamed Kamar** *(Zagazig)*
02:20 PM 02:40 PM	**ADA Standards of Care 2022 (UPDATES)** *Prof.* **Megahed Abo Elmagd** *(Mansoura)*
02:40 PM 02:55 PM	**Oral Semaglutide : The first and only oral GLP-1 RA** *Prof.* **Mohamed Awad** *(Zagazig)* novo nordisk®
02:55 PM 03:15 PM	**Early and Intensive Management of Diabetes with SGLT2i & GLP1-ra** *Prof.* **Salah Fouad** *(KSA)*

Pharma Session 3 Sanofi Symposium

sanofi

Injectable Therapy in Type 2 Diabetes, key considerations

03:15 - 04:00 PM

CHAIRPERSONS

Megahed Abo Elmagd - Mohamed Kamar - Mohamed Shawky

03:15 PM 03:30 PM	Applying the evidence to clinical practice for FRC in T2DM patients *Prof.* Khalifa Abdullah *(Alexandria)*
03:30 PM 03:45 PM	2nd Generation Basal Insulin as part of the treatment journey: Across diabetes populations and moments. *Prof.* Yasser Abd El Raouf *(Tanta)*
03:45 PM 04:00 PM	Insulin Glulisine as an option for simpler insulin intensification in people with diabetes mellitus *Prof.* Fady Azmy *(Mansoura)*

8 SESSION

Insulin Therapy: Practical Point of View

04:00 – 05:20 PM

CHAIRPERSONS

Salah Argoon
Aymen Gendy

Wael Faraag
Aymen El Badway

04:00 PM 04:20 PM	The Future of Insulin Therapy *Prof.* Mohamed Shawky *(Benha)*
04:20 PM 04:40 PM	Pitfalls in insulin therapy *Prof.* Ingy Abdlwahab *(Tanta)*
04:40 PM 05:00 PM	A Focus on Time in Range & Modern Management of Type 1 Diabetes *Prof.* Ashraf El Sharkway *(Mansoura)*
05:00 PM 05:20 PM	New Insulin delivery systems *Dr.* Ibraheim Sabry *(Domiatt)*

Pharma Session 3 NOVO Symposium

Current models for initiating injectable therapy for people with type 2 diabetes

novo nordisk

05:20 - 06:05 PM

CHAIRPERSONS

Mohamed Awad - Wael Faraag - Aymen El Badway

05:20 PM 05:35 PM	**Semaglutide Once Weekly : Gate to the future** *Prof.* **Nabil El kafrawy** *(Menofyia)*
05:35 PM 05:50 PM	**IDegLira: The power of Dual action** *Prof.* **Mamdouh Elnahas** *(Portsaid)*
05:50 PM 06:05 PM	**Ryzodeg: a simple way for better control in Ramadan** *Prof.* **Magdy Helmy Megallaa** *(Alexandria)*

9 SESSION

Diabetes & Heart Dialogue (How com not every patient with diabetes develops vascular complications?)

06:05 - 07:05 PM

CHAIRPERSONS

Mohamed Awad - Yasser Abdel Raouf - Ashraf Talaat

06:05 PM 06:25 PM	**It's genes** *Prof.* **Yasser Hozyen** *(Ain Shams)*
06:25 PM 06:45 PM	**It's environment or drugs.** *Prof.* **Tamer Moustafa** *(Zagazig)*
06:45 PM 07:05 PM	**100 years of insulin and the heart** *Prof.* **Mohamed Gaber** *(Zagazig)*

Pharma Session 5

Drugs to Reduce Cardiovascular Risk in Type 2 Diabetes

07:05 - 08:20 PM

CHAIRPERSONS

Mahmoud Omar
Aymen Elbadway

Abo Elmaaty Elsherief
Yasser Hozyen

07:05 PM 07:20 PM	**Step one in diabetes treatment** *Prof.* **Mohamed Kamar .** *(Zagazig)*
07:20 PM 07:35 PM	**Dapagliflozin in high risk** *Prof.* **Mohamed Shawky** *(Benha)* *SANOFI*
07:35 PM 07:50 PM	**Icosapent ethyl: A New Era in Management of Hypertriglyceridemia and uncovered CV risk in Statinized Patients** *Prof.* **Mamdouh Elnahas** *(portsaid)*
07:50 PM 08:05 PM	**Valsartan & Standard Of care Enhancement** *Prof.* **Tamer Moustafa** *(Zagazig)*
08:05 PM 08:20 PM	**NOACs in clinical practice** *Prof.* **Shady Hussien** *(Mansoura)*

Dinner Time
08:20 PM

Friday 11 March 2022

10 SESSION

Insulinoma session

10:00 -11:35 AM

CHAIRPERSONS

Mohamed Awad
Yasser Abdel Raouf
Eslam Eid

Ahmed Shawky
Ibrahim Bekhit

10:00 AM 10:20 AM	**Introduction & case presentation** *Prof.* **Wael Farrag** *(Tanta)*
10:20 AM 10:40 AM	**Insulinoma: practical point of view** *Prof.* **Nashwa ElGharabawy** *(Tanta)*
10:40 AM 11:00 AM	**Endoscopic ultrasound diagnosis of insulinoma** *Prof.* **Mohamed Sarhan** *(Tanta)*
11:00 AM 11:20 AM	**Hypoglycaemic unawareness: Strategies to prevent and manage it?** *Prof.* **Hosam Ghazy** *(Mansoura)*
11:20 AM 11:35 AM	**Diabetes management in heart failure** *Prof.* **Elsayed Abdel Fattah** *(Mansoura)*

11:35 AM – 01:00 PM Coffee Break & Gomaa prayer



11 SESSION

Nutrition Session : SHEDA & EASHTN Joint Symposium

EASHTN

01:00 - 02:35 PM

CHAIRPERSONS

Kamal Okasa
Mohamed Awad
Tamer Moustafa

Rania Bahariz
Alaa Abel Salam

01:00 PM 01:20 PM	**Contemporary Diets in the Prevention of CVD** *Prof.* **Safaa Tawfik** *(NNI)*
01:20 PM 01:40 PM	**Diet and Nutrition Therapy in Dyslipidemia Management** *Prof.* **Doaa Zakarai** *(Ain Shams)*
01:40 PM 02:00 PM	**Kidney Disease in Diabetes: Implications for Medical Nutrition Therapy** *Prof.* **Amr Abdel-Monem** *(Cairo)*
02:00 PM 02:20 PM	**Pharmacologic Strategies in Obesity : Effect on Metabolic & CV Risk** *Prof.* **Noha Abbas Telep** *(Zagazig)*
02:20 PM 02:35 PM	**Liraglutide 3.0 mg: one drug multiple benefits** *Prof.* **Noha Gaber** *(Alexandria)* novo nordisk

Pharma Session 6

MSD SYMPOSIUM MSD

02:35 – 03:05 PM

CHAIRPERSONS

Mohamed Kamar

02:35 PM 02:50 PM	**The management of newly diagnosed T2DM patients** *Prof.* **Talaat abdel aty** *(Alexandria)*
02:50 PM 03:05 PM	**Use of sitagliptin in different types of T2DM patients** *Prof.* **Megahed Abou El Magd** *(Mansoura)*

Pharma Session 7

Boehringer Ingelheim Session

Boehringer Ingelheim

03:05 – 03:20 PM

CHAIRPERSONS

Wael El Soaody - Tamer Moustafa

03:05 PM 03:20 PM	**Uncontrolled patient on metformin, What Synjardy can add** *Prof.* **Azza Abdel Kerim** *(Alexandria)*

Pharma Session 8

Managing Type 2 Diabetes: Going Beyond Glycemic Control

03:20- 04:00 PM

CHAIRPERSONS

Mohamed Abdl ghany
Mohamed Awad

Tamer Moustafa
Hesham Metwaly

03:20 PM 03:35 PM	**Dulaglutide, Gate to the Future** *Prof.* **Azza Abdel Kerim** *(Alexandria)* EVA PHARMA
03:35 PM 03:50 PM	**Paradigm shift in management of T2DM** *Prof.* **Mohamed Abdlraouf** *(Menofyia)* EVA PHARMA
03:50 PM 04:05 PM	**Dyslipidemia Management for Diabetic Patient – From Prevention to Treatment** *Prof.* **Yasser Zaghary.** *(Azhar)* sanofi
04:05 PM 04:20 PM	**Beyond the Imagination: The pleiotropic effects of Dapaglifozin** *Dr.* **Mostafa Aboelyazed** *(Benha)* *Elesraa* ALESRAA

04:20 – 04:30 PM Closing

04:30 PM Lunch

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