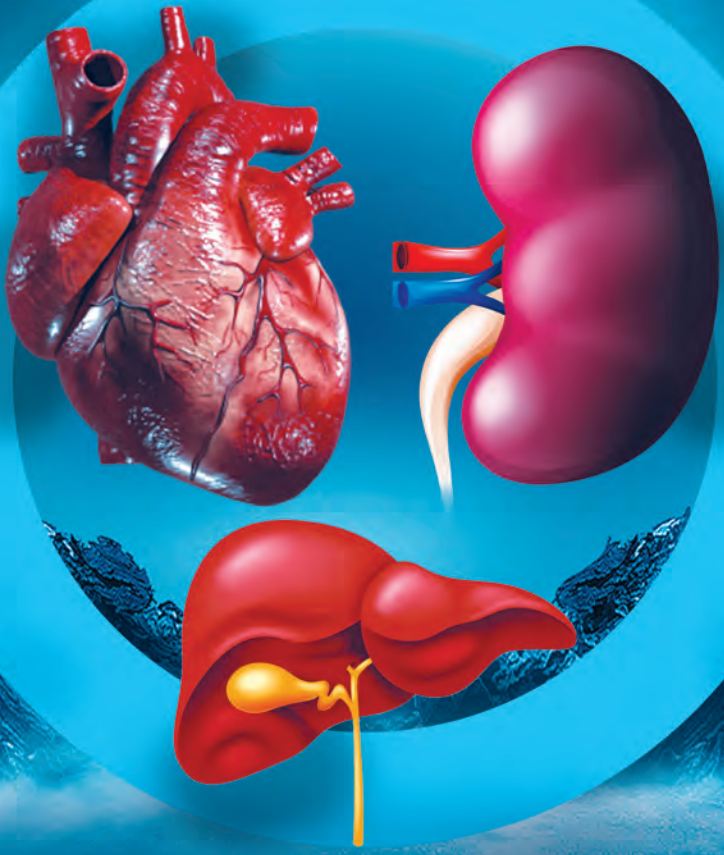
# 4th International DIABETES | 2024 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)



Where The Heart, Kidney, Liver and Diabetes

## Meet in Clinical Practice

**SHEDA President**
Prof. Mohamed Kamar

**Conference President**
Prof. Mohamed Awad

**6-8 March 2024**

**Golden Jewel**
**Alexandria - Egypt**

# Day1: Wednesday
# 6 March 2024

**12:00 - 01:00 PM** **Registration**

## SESSION 1 (01:00 – 02:20 PM)

## Hormones and CRML Syndromes

**Chairpersons:**
**Prof. Farid Fawzy**
**Prof. Mohamed Awad**
**Prof. Mohamed Sendid**
**Prof. Nabil Elkafrawy**

**01:00 – 01:20 PM** **Alpha cell and Beta cell Cross - talks**
Prof. Nabil Elkafrawy (Menofyia)

**01:20 – 01:40 PM** **Uncovering hidden thyroid disorders in practice**
Prof. Eman ElShourbagy (Zagazig)

**01:40 – 02:00 PM** **Hypothyroidism- Associated Dyslipidemia: case - based Management**
Prof. Eman Azzam (Alexandria)

**02:00 – 02:20 PM** **Thyroid Function Screening &Dysfunction in Cardiac Patients: Case - based Approach**
Prof. Ashraf Talaat (Domiatt)

## SESSION 2 (02:20 - 03:50 PM)

# Challenges of Type 2 Diabetes Mellitus Management

**Chairpersons:**
**Prof. Ashraf Talaat**
**Prof. Eman Azzam**
**Prof. Eman ElShourbagy**
**Prof. Samir Rafla**
**Prof. Saud Sifri**

**02:20 – 02:35 PM** **Nebivolol The Wise Choice.**
Prof. Nabil Elkafrawy (Menofyia)

A.MENARINI

**02:35 – 02:55 PM** **Diabetes Mellitus and Its Metabolic Complications: The Role of Adipose Tissues**
Prof. Marwa Khalil (Mansoura)

**02:55 – 03:15 PM** **Management of Diabetes in Patients with Cancer Addressing Impact of Cancer Therapy**
Prof. Ahmed Akl ( KSA )

**03:15 – 03:35 PM** **Intermittent Fasting and Metabolic Health**
Prof. Shimaa Elrahmany (Alexandria )

**03:35 – 03:50 PM** **New Era of obesity management**
Prof. Mohamed Awad (Zagazig )

EVA PHARMA

**03:50 – 04:15 PM** **Coffee break**

## SESSION 3 (04:15 - 05:25 PM)

# CRML Syndromes – The Comprehensive Management

**Chairpersons:**
**Prof. Aboelmaaty El Sherif**
**Prof. Eman Azzam**
**Prof. Eman El Shourbagy**
**Prof. Mohamed Sendid**

**04:15 – 04:35 PM** **Insulin therapy: unmet needs**
Prof. Farid Fawzy (Zagazig)

**04:35 –04:55 PM** **Hormones and the kidney: Clincal implications**
Prof. Kamal Okasha (Tanta )

**04:55 – 05:10 PM** **Holistic Management of Diabetic Patients**
Prof. Mohamed Awad (Zagazig)

SERVIER

**05:10 – 05:25 PM** **The Use of FDC in Management of T2D**
Prof. Mohamed Zaitoun (Alexandria )

Boehringer Ingelheim

# INDUSTRY SYMPOSIUM 1 (05:25 – 06:25 PM)

**Chairpersons:**
**Prof. Aboelmaaty El Sherif**
**Prof. Ahmed Akl**
**Prof. Marwa Khalil**

**05:25 – 05:40 PM** **Erosive esophagitis: Tips and Tricks**
Prof. Ahmed Mohamed Saed (Mansoura University)

**05:40 – 05:55 PM** **The Role of Methylcobalamin In Neuropathy Vs Other Forms of Vit B12**
Dr. Gawargious Gamil (Global Nabi Team)

**05:55 –06:10 PM** **Hitting Two Birds by one Stone**
Prof. Mohamed Awad (Zagazig)

**06:10 – 06:25 PM** **Sitagliptin Combination: Why, When and Where**
Prof. Farid Fawzy (Zagazig)

**06:25 PM** **Dinner**

# Day 2: Thursday
# 7 March 2024

## SESSION 4 (10:00-10:30 AM)

## EAEDA Session

**Chairpersons:**
**Prof. Mohamed Abdelraof**
**Prof. Talaat Abdel Aaty**

**10:00 – 10:15 AM** **Risk Associations between Hypoglycemia and CV Outcomes in Type 2 Diabetes: Causality or Guilty by Association?**
**Prof. Azza Abdelkareem ( Alexandria )**

**10:15 – 10:30 AM** **T2DM Remission: Utopia or a Real Expectation?**
**Prof. Magdy Megallaa ( Alexandria )**

## SESSION 5 (10:30-11:45 AM)

# Key Advances in CRML Diseases – Year in Review 2023

**Chairpersons:**
**Prof. Afify Fahmy**
**Prof. Ashraf Talaat**
**Prof. Kamal Okasha**
**Prof. Yahia Ghanem**

**10:30 – 10:45 AM** **A pivotal year for DKD therapeutics**
Prof. Osama Abdelazeim ( Cairo )

**10:45 –11:00 AM** **A pivotal year for MASLD and MASH**
Prof. Mohamed ElKassas (Helwan)

**11:00 – 11:15 AM** **Advances in Peptide-based Therapeutics for Obesity**
Prof. Mohamed Awad (Zagazig )

**11:15 – 11:30 AM** **Advances in Treatment of Dyslipidemia**
Prof. Tamer Moustafa (Zagazig)

**11:30 – 11:45 AM** **Dapagliflozin the care all T2D patients deserve**
Prof. Yehia Ghanem (Alexandria)

AstraZeneca

## SESSION 6 (11:45 AM-01:00 PM)

# Update your knowledge through new guidelines

**Chairpersons:**
**Prof. Farid Fawzy**
**Prof. Mohamed Assy**
**Prof. Mohamed Awad**
**Prof. Mohamed Yakoot**

**11:45 – 12:00 PM** Novel Diabetes Typology: Clinical and Therapeutic Implications
Prof. Mohamed Kamar ( Zagazig )

**12:00 – 12:15 PM** Type 2 Diabetes Mellitus Treatment and Beyond : A Glance in Our Armamentarium
Prof. Saud Sifri ( KSA )

**12:15 –12:30 PM** ADA standard of care 2024 . What is new?
Prof. Megahed AboelMagd (Mansoura)

**12:30 – 12:45 PM** The 2023 Evidence-based guideline for the assessment and management Of polycystic ovary syndrome
Prof. Ehab Salem ( Zagazig )

**12:45 – 01:00 PM** Imagine What Dapablix Can Do: The Role of Dapagliflozin in Stopping the clinical & Patient Inertia of T2D
Prof. Mohamed Reda Halawa (Ain Shams)

ALESRAA

**01:00 – 01:15 PM Coffee break**

## 01:15 – 01:30 PM OPENING CEREMONY & APPRECIATION

**Chairpersons:**
**Prof. Mohamed Kamar**
**Prof. Farid Fawzy**
**Prof. Mohamed Assy**
**Prof. Eman El Shourbagy**

**Appreciation for:**
**Prof. Saud Sifri**
**Prof. Mohamed Sended**
**Prof. Ahmed Akl**

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## MSD SYMPOSIUM (01:30 – 02:30 PM)

**Chairpersons:**
**Prof. Mohamed Kamar**
**Prof. Mohamed Awad**

MSD

**01:30 – 02:00 PM** Early and Tight Glycemic Control with Combination therapy.
Prof. Magdy Megalaa (Alexandria)

**02:00-02:30 PM** Role of Sitagliptin in management T2D in Special Populations.
Prof. Khaled Elhadedy ( Ben Seif )

## SANOFI INDUSTRY SYMPOSIUM (02:30 –03:15 PM)

**Chairpersons:**
**Prof. Lobna Eltoony**
**Prof. Manal Tarshoby**
**Prof. Mohamed Yakoot**
**Prof. Waled Abdel Fattah Ismail**

sanofi

**02:30 – 02:45 PM** Are two better than one? Initial combination therapy in type 2 diabetes mellitus "Once for Power"
Prof. Ahmed Behiry (Mansoura)

**02:45 – 03:00 PM** Transforming therapy with second Generation Basal Insulins! Unleash the Potential!
Prof. Fady Azmy (Mansoura)

**03:00 – 03:15 PM** Diabetes & Heart Failure,Exploring Definitions & Optimizing Management
Prof. Tamer Mostafa ( Zagazig )

## SESSION 7 (03:15 - 04:15 PM)

## AASD Session {DIABETES & RAMADAN}

**Chairpersons:**
**Prof. Eman Al-Shourbagy**
**Prof. Lobna Eltoony**
**Prof. Salah Argoon**
**Prof. Talaat Abdel Aaty**

**03:15 – 03:30 PM** Diabetes & Ramadan
Prof. Inass Shatout (Cario)

**03:30 – 03:45 PM** Diabetes & Ramadan
Prof. Amr Meligy (Cario)

**0345 –04:00 PM** Diabetes & Ramadan
Prof. Hany Hammad (Cario)

**04:00 – 04:15 PM** Vildagliptin It Is The Miracle Of Ramadan
Prof. Mayada Mousa ( Zagazig )

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## NOVONORDISK SYMPOSIUM ( 04:15 - 04:55 PM )

**Chairpersons:**
**Prof. Mohamed Awad**

**04:15 – 04:35 PM** Practicalities of Safe Ramadan Fasting with IDegAsp
Prof. Mohamed Abdel Raouf (Menofyia)

**04:35 – 04:55 PM** Liraglutide 3.0 mg: A paradigm shift in obesity management
Prof. Eman Azzam (Alexandria University)

## EVA SYMPOSIUM (04:55-05:25 PM)

**Chairpersons:**
**Prof. Manal Ezz Eldeen**
**Prof. Noshy Zaki**

EVA PHARMA

**04:55 –05:10 PM** The Road to glycemic control and beyond
Prof. Emad Meshreky (Tanta )

**05:10 – 05:25 PM** The Puzzule of T2D Pathophysiology : A call for Action
Prof. Mohamed Awad ( Zagazig )

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## SESSION 8 (05:25 PM - 06:25 PM)

### SEDEA Session (DIABETES & BRAIN)

**Chairpersons:**
**Prof. Eman Al-Shourbagy**
**Prof. Lobna Eltoony**
**Prof. Salah Argoon**
**Prof. Talaat Abdel Aaty**

**05:25 – 05:40 PM** Circadian Rhythms and Glucose Control!
Prof. Arafa ElShabrawy ( Zagazig )

**05:40 – 05:55 PM** Diabetes and neurodegenrative disorder
Prof. Salah Argoon (Assiut )

**05:55 – 06:10 PM** Anti diabetic medication and neuroprotection: Update
Prof. Lobna ElToony (Assiut )

**06:10 – 06:25 PM** Management of Diabetes in Ramadan , Role of Vildagliptin
Prof. Azza Abdelkareem ( Alexandria )

# SESSION 9 (06:30 – 08:00 PM)

**Chairpersons:**
**Prof. Afify Fahmy**
**Prof. Ahmed Bahariz**
**Prof. Ayman El Gendy**
**Prof. Ehab Salem**
**Prof. Fady Azmy**
**Prof. Manal Ezz Eldine**
**Prof. Noshy Zaki**
**Prof. Samir Rafla**

**06:30 – 06:45PM** Diabetic Foot ; Multifaceted Perspectives
Prof. Manal Tarshoby (Mansoura)

**06:45 – 07:00 PM** 2024 Pevention and Management of T1D - The New Reality
Prof. Mesbah Kamal ( Minia )

**07:00 – 07:15 PM** Diabetic Enteropathy: From Molecule to Mechanism-Based Treatment
Prof. Haytham Badr (Menofyia)

**07:15 – 07:30 PM** Towards high intensity lipid lowering therapy
Prof. Khaled El Banna ( Zagazig )

**07:30 – 07:45 PM** Unique control….fitting All
Prof. Haytham Badr (Menofyia)

**07:45– 08:00 PM** Plan your trip
Prof. Mohamed Hegazy (Benha)

**08:00 pm Dinner**

# Day 3: Friday
# 8 March 2024

**12:00- 01:00 PM** Gomaa Prayer & Coffee break

## SESSION 10 (01:00 -02:15 PM)

## Hot topics in Diabetes

**Chairpersons:**
**Prof. Afify Fahmy**
**Prof. Ayman El Gendy**
**Prof. Ingy Abdelwahab**
**Prof. Wael Farrag**

**01:00 – 01:15 PM** Artificial Intelligence in diabetes care: potential and concerns
Prof. Yaser Abdleraouf (Tanta )

**01:15 – 01:30 PM** Diabetes & Gender.
Prof. Nesrin Kotb (Tanta )

**01:30 – 01:45 PM** Diabetic Pancreatopathy
Prof. Mahmoud Hemida (Azher )

**01:45 – 02:00 PM** Sitagliptin in T2DM: a Vital role in different clinical scenarios
Prof. Kamal Hemida (Alexandria)

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**02:00 – 02:15 PM** Dapagloflozin:CRM insights beyond glycemic control
Prof. Noha Gaber (Alexandria)

EVA PHARMA

## SESSION 11 (02:15 – 04:45 PM)

## Clinical Workshop Contemporary Management of DCRM

**Chairpersons:**

**Prof. Eman Al-Shourbagy**
**Prof. Khaled Elbanna**
**Prof. Marwa Khalil**
**Prof. Mohamed Awad**

| | |
|---|---|
| 02:15 – 02:30 PM | Lipids (Role of Cholesterol)<br>Prof. Mohamed El Merry (Suez Canal) |
| 02:30 – 02:45 PM | Lipids (Role of Triglyceride)<br>Prof. Fathi Nada (Suez Canal) |
| 02:45 – 03:00 PM | Barriers to Statin Adherence<br>Prof. Noshy Zaki ( Assiut) |
| 03:00 – 03:15 PM | HTN/CKD<br>Prof. Hisham Metwally (Suez Canal) |
| 03:15 – 03:30 PM | DM/MASLD.<br>Prof. Noha Gaber (Alexandria) |
| 03:30 – 03:45 PM | DM/CKD.<br>Prof. Mohamed Nasser (Mansoura) |
| 03:45 – 04:00 PM | Management Of painful diabetic neuropathy<br>Prof Salah Elhalawany (Azher ) |
| 04:00 – 04:15 PM | Nutritional management of Diabetic patient with chronic kidney disease<br>Prof. Amr Abdelmenam (Cairo) |
| 04:15– 04:30 PM | DM/HF<br>Prof. Yaser Zaghary (Azher ) |
| 04:30 - 04:45 PM | Glycemic Varibility and DCRM<br>Prof. Ahmed Sabaawy, Cairo |

ATCO PHARMA

## SESSION 12 (04:45 – 05:45 PM)

## Clinical Workshop; Insulin Therapy

**Chairpersons:**

**Prof. Abomaaty ELsherief**
**Prof. Ahmed Bahariz**
**Prof. Arafa Elshabraway**
**Prof. Ayman El Gendy**
**Prof. Hosny Elfaymy**

**04:45 – 05:00 PM** **Concerns About Insulin Therapy**
Dr. Moustafa Abo Elyazed (Banha )

**05:00 – 05:15 PM** **Initiation of Insulin,Titration, Monitoring, and Goals of Therapy**
Prof. Khaled Elbanna (Zagazig)

**05:15 - 05:30 PM** **Acute Diabetes Complications**
Prof. Khaled Shalaby (Tanta )

**05:30 – 05:45 PM** **New Insulin Products**
Prof. Mohamed Zeitoun (Alexandria)

**05:45 PM Dinner & close**

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