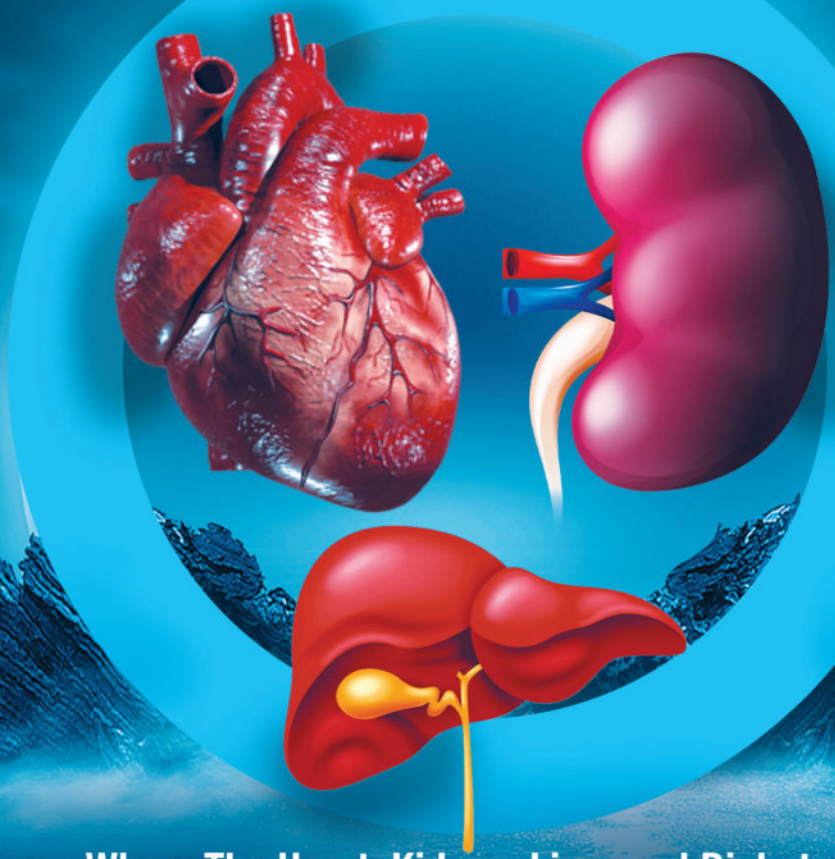
3rd EGYPTIAN DIABETES | 2023 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA) Hybrid Conference



Where The Heart ,Kidney ,Liver and Diabetes

Meet in Clinical Practice

SHEDA President
Prof. Mohamed Kamar

Conference President
Prof. Mohamed Awad

15-17 March 2023

Golden Jewel
Alexandria - Egypt

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Accredited by

20.75 hrs

3rd EGYPTIAN DIABETES | 2023 CRM Forum

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SHEDA President

Prof. Mohamed Kamar



Conference President

Prof. Mohamed Awad

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Sharkia Endocrinology & Diabetes Association (SHEDA)





International Guest Speaker

Akhtar Hussain MD; M.Phil; MPH; Ph.D; D.Sc

-President. International Diabetes Federation (IDF) (2022-2024)

- President (Elect) IDF (2019 – 2022)

- Vice President, IDF (2012-2015 & 2016-2017)

- Professor (Diabetes & Metabolic Disorder)

NORD University, Postboks 1490, 8049 Bodø, Norway

- Guest Professor (Medicine) Federal University of Ceara, Fortaleza Ceara, Brazil

- Guest Professor & Co-Chair- Centre for Global Health Research, Bangladesh Diabetes Association, Dhaka, Bangladesh

- Former Professor of Medicine (Global Health), University of Oslo, Norway

- Guest Editor- Diabetes Research and Clinical Practice

- Executive Editor: Frontiers (Diabetes and Endocrinology)

- Co-Editor: Journal of Diabetology

3rd EGYPTIAN DIABETES | 2023 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Day1: Wednesday
15 March 2023

12:00 - 01:00 PM **Registration**

SESSION 1 01:00 – 02:00 PM

Egyptian Society of Diabetic Foot Session (ESDF)
Diabetic Foot Disease In Relation to Cardio-Renal-Metabolic Disorders

Chairpersons: (In Alphabetical Order)
Prof. Farid Fawzy
Prof. Manal Tarshoby
Prof. Omnia Steit

01:00 – 01:15 PM **Diabetic Foot and Kidney**
Prof. Hanan Gawish (Mansoura)

01:15 – 01:30 PM **Diabetic Foot and Heart**
Prof. Mohamed Awad (Zagazig)

01:30 – 01:45 PM **Thyroid and Diabetes**
Prof. Assem Seif (Cario)

01:45 – 02:00 PM **Vitamin D and its Relationship to Cardio Renal Metabolic Disorders**
Prof. Noha Gaber (Alexandria)

3rd EGYPTIAN DIABETES | 2023 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

OPENING CEREMONY 02:00 – 02:15 PM

Prof. Mohamed Kamar
SHEDA President

Prof. Mohamed Awad
Conference President

SESSION 2 02:15 - 03:00 PM

Ectopic Fat Deposition and Global Cardio Metabolic Risk: New Paradigm in Cardio Renal Medicine

Chairpersons: (In Alphabetical Order)
Prof. Alaa Abdel-Salam
Prof. Mesbah Kamal
Prof. Mohamed Awad
Prof. Samah Idris

02:15 – 02:30 PM **Ectopic Fat and Cardiovascular Disease: What Is the Link?**
Prof. Ashraf Talaat (Damietta)

02:30 – 02:45 PM **Nonalcoholic Fatty Pancreas Disease: Clinical Consequences**
Prof. Mahmoud Hemida (Azhar)

02:45 – 03:00 PM **Dietary Recommendations for Patients with Nonalcoholic Fatty Liver Disease**
Prof. Doaa Genana (Alexandria)

INDUSTRY SYMPOSIUM 1 (03:00 – 03:30 PM)

Chairpersons: (In Alphabetical Order)
Prof. Farid Fawzy
Prof. Hanan Gawish

03:00 – 03:15 PM **Glyxambi: Maximum Power with Proven Protection**
Prof. Yehia Ghanem (Alexandria)

03:15 – 03:30 PM **Vonoprazan: new player in acid related disorders**
Prof. Ehab Abdel-Atty (Menofyia)

SESSION 3 03:30 – 04:00PM

Debate Session
Glucagon In Type 2 Diabetes: Friend or Foe?

Chairpersons: (In Alphabetical Order)
Prof. Manal Tarshoby
Prof. Raafat Rashwan

03:30 – 03:45 PM **Foe**
Prof. Megahed Abo El-Magd (Mansoura)
03:45 – 04:00 PM **Friend**
Prof. Mohamed Awad (Zagazig)

Coffee Break 04:00 – 04:15 PM

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Sharkia Endocrinology & Diabetes Association (SHEDA)

SESSION 4 (04:15 – 05:15 PM)

Real Life with Thyroid Disease

Chairpersons: (In Alphabetical Order)

Prof. Ahmed Eissa

Prof. Eman Al-Shorbagy

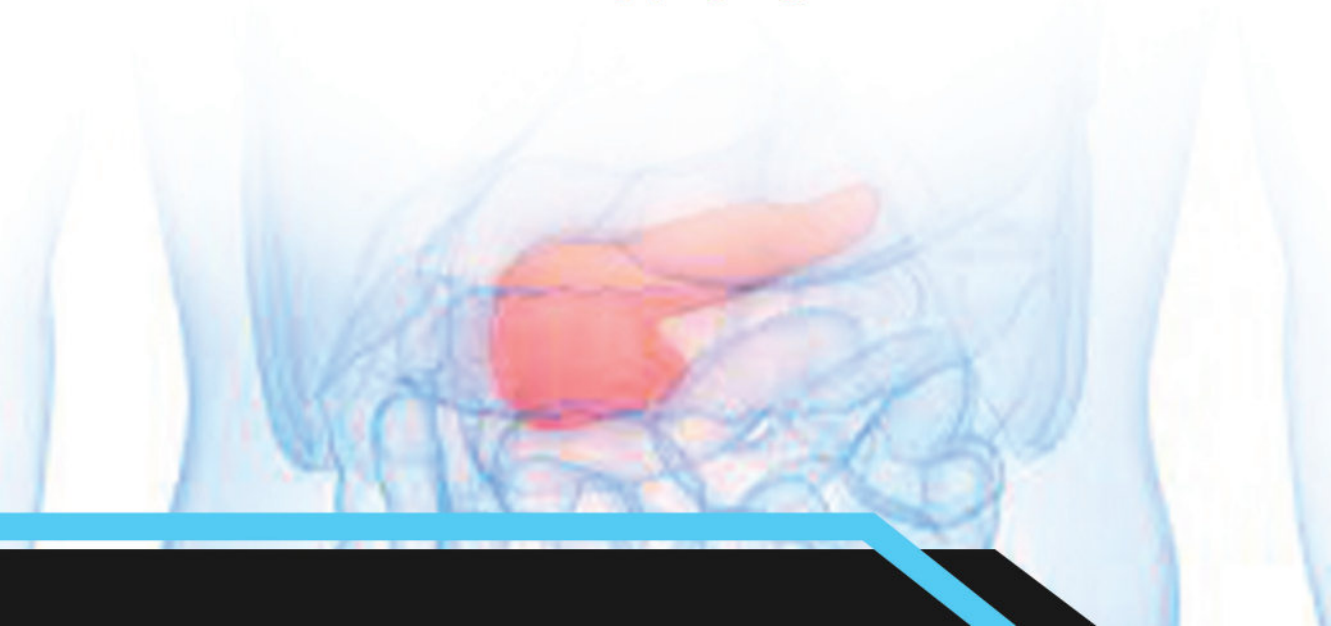
Prof. Raafat Rashwan

04:15 – 04:30 PM **Fertility in Thyroid Disorder**
Prof. Ingy Abdl Wahab (Tanta)

04:30 – 04:45 PM **Pregnancy and Hyperthyroidism**
Prof. Wael Faraag (Tanta)

04:45 – 05:00 PM **Pregnancy and Hypothyroidism**
Prof. Nashwaa Gharabawy (Tanta)

05:00 – 05:15 PM **TSH Omas: Rare but there**
Prof. Farid Fawzy (Zagazig)



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Sharkia Endocrinology & Diabetes Association (SHEDA)

INDUSTRY SYMPOSIUM 2 05:15 – 05:45 PM

Chairpersons: (In Alphabetical Order)

Prof. Eman Al-Shourbagy

Prof. Mesbah Kamel

Prof. Samah Idris

05:15 – 05:30 PM **Time to Rethink Diabetes Prescription**

Dr. Ahmed Sabeawy

hikma.

05:30 – 05:45 PM **Innovative Combination For Diabetic Complications**

Prof. Mohamed Awad (Zagazig)

EVA PHARMA

05:45 – 06:00 PM (ONLINE SESSION)

Plenary Lectures

Chairpersons: (In Alphabetical Order)

Prof. Farid Fawzy

Prof. Megahed Abo El-Magd

05:45 – 06:00 PM **Artificial Intelligence and Automated Diabetes Management**

Prof. Osama Hamdy (USA)

06:00 PM **Lunch**



3rd EGYPTIAN DIABETES | 2023 CRM Forum

Sharkia Endocrinology & Diabetes Association (SHEDA)

Day2: Thursday
16 March 2023

SESSION 5 (10:00 - 11:00 AM)

Facing The Future: New Perspectives in Diabetes and Kidney Disease

Chairpersons: (In Alphabetical Order)

Prof. Amir Okaily
Prof. Hisham Metwally
Prof. Yasser Hendy

10:00 – 10:15 AM Complete prevention of Diabetic kidney disease became possible
Prof. Osama abdel azim

10:15 – 10:30 AM Obesity and Kidney Disease: Hidden Consequences of The Epidemic
Prof. Mohamed Kamal (Mansoura)

10:30 – 10:45 AM The Gut-Kidney-Heart Axis of Chronic Kidney Disease: The Possible Role of Intestinal Microbiota
Dr. Samah Idris (Alexandria)

10:45 – 11:00 AM Clinical Practice Guideline for Diabetes Management in Chronic Kidney Disease: An Update From KIDGO 2022
Prof. Ahmed Salah Shams (Zagazig)

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Sharkia Endocrinology & Diabetes Association (SHEDA)

SESSION 6 (11:00 – 12:00 PM)

Arabic Association for the Studies of Diabetes and Metabolism (AASD) - Diabetes & Ramadan

Chairpersons: (In Alphabetical Order)

Prof. Amira Ghiaty
Prof. Eman Al-Shourbagy
Prof. Lobna El-Touny
Prof. Mahmoud Hemida
Prof. Raafat Rashwan

11:00 – 11:15 PM Diabetes & Ramadan
Prof. Inass Shaltout (Cario)

11:15 – 11:30 PM Managing injectable therapy in people with T2 diabetes in Ramadan
Prof. Amr Meligui (Cario)

11:30 – 11:45 PM Diabetes & Ramadan
Prof. Hany Hammad (Cario)

El-Esraa Pharma Symposium

11:45 – 12:00 PM Early Combination… Better Outcomes
Prof. Khaled Shalaby (Tanta)

SESSION 7 (12:00 – 01:00 PM)

Cardio-Renal and Metabolic Disorders in T1D

Chairpersons: (In Alphabetical Order)
Prof. Farid Fawzy
Prof. Mohamed Shawky
Prof. Mohamed Yakout

12:00 – 12:15 AM **ObesityY and T1DM**
Prof. Ashraf El-Sharkway (Mansoura)

12:15 – 12:30 AM **Dyslipiemia: Pediatric Point of View**
Prof. Ahmed El-Awa (Alexandria)

12:30 – 12:45 PM **New Insulin Analogues**
Prof. Alaa Abdel-Salam (Menofyia)

12:45 – 01:00 PM **The Interplay Between Thyroid and Liver: Implications for Clinical Practice**
Prof. Eman Azzam (Alexandria)



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Sharkia Endocrinology & Diabetes Association (SHEDA)

PLENARY LECTURE 2 01:00 – 01:30 PM

IDF session

Chairpersons: (In Alphabetical Order)

Prof. Farid Fawzy

Prof. Hanan Gawish

Prof. Mesbah Kamel

01:00 – 01:15 PM **Insulin Accessibility: Challenges and Opportunities**
Prof. Akhtar Hussain (Norway) IDF President

01:15 – 01:30 PM **Fasting and Diabetes: An IDF View Point.**
Prof. Adel A. El-Sayed (Sohag) IDF Vice President



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INDUSTRY SYMPOSIUM 3 (01:30 – 02:30 PM)

Chairpersons: (In Alphabetical Order)

Prof. Mesbah Kamel

Prof. Raafat Rashwan

Prof. Yehia Ghanem

01:30 – 01:45 PM **IDegAsp: Reshaping Insulin Treatment for Safe Ramadan Fasting**
Prof. Azza Abdel-Karim (Alexandria)

01:45 – 02:00 PM **Oral Semaglutide: A Scientific Breakthrough**
Prof. Mohamed Abdel-Raouf (Menofyia)

02:00 – 02:15 PM **The Legendary T2DM Management**
Prof. Mohamed Awad (Zagazig)

02:15 – 02:30 PM **EAA Delaying the progression of CKD**
Prof. Amir Okaily (Zagazig)

02:30 – 03:00 PM **Coffee-Break**



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Sharkia Endocrinology & Diabetes Association (SHEDA)

SESSION 8 (03:00 – 04:00 PM)

Diabetes, Obesity and Future Management of Cardio Renal Disease

Chairpersons: (In Alphabetical Order)

Prof. Hanan Gawish

Prof. Lobna El-Touny

Prof. Mohamed Assy

03:00 – 03:15 PM **Perspectives on The ADA EASD Consensus on The Management of Type 2 Diabetes**
Prof. Mohamed Kamar (Zagazig)

03:15 – 03:30 PM **Obesity Management Guidelines**
Prof. Amr Mattar (Cario)

03:30 – 03:45 PM **Fatty Kidney Disease: A New Renal and Endocrine Clinical Entity ?**
Prof. Haitham Bader (Menofia)

03:45 – 04:00 PM **Daily Coating of The Intestine Impact on Weight Loss and Dysglycemia**
Prof. Arafa El-Shabraway (Zagazig)



INDUSTRY SYMPOSIUM 4 (04:00 -04:15 PM)

Chairpersons: (In Alphabetical Order)
Prof. Ahmed Sanad
Prof. Ihab El-Toraby
Prof. Marwa Khalil
Prof. Walid Qassem

04:00 – 04:15 PM **Vildagliptin and Empagliflozin:The Potential of Both Preferences**
Prof. Mohamed Zaitoun (Alexandria)

SESSION 9 (04:15- 05:15 PM)

Diabetes & Pregnancy

Chairpersons: (In Alphabetical Order)
Prof. Eman El-Shorbagy
Prof. Eman Azzam
Prof. Ingy Abdel-Wahab

04:15 – 04:30 PM **Diabetes and infertility**
Prof. Walaa Anwar (Assiut)

04:30 – 04:45 PM **Preconceptional Care of Diabetic Women**
Prof. Salah Argoon (Assiut)

04:45 – 05:00 PM **Management of Diabetes During Pregnancy**
Prof. Lobna El-Touny (Assiut)

05:00 – 05:15 PM **Holistic Approach for The Management of T2DM**
Prof. Mohamed Yakoot (Mansoura)

INDUSTRY SYMPOSIUM 5 (05:15 - 05:45 PM)

Chairpersons: (In Alphabetical Order)
Prof. Mohamed Kamar
Prof. Sayed El-Masry

MSD

05:15 – 05:30 PM **The Management of Newly Diagnosed T2DM Patients**
Prof. Magdy Megallaa (Alexandria)

05:30 – 05:45 PM **Use of Sitagliptin in Different Types of T2DM Patients**
Prof. Fady Azmy (Mansoura)

SESSION 10 DEBATE SESSION (05:45 – 06:15 PM)

Obesity Vs. Glycemic Control as Primary Target for Treating Type 2 Diabetes

Chairpersons: (In Alphabetical Order)
Prof. Adel A. El-Sayed
Prof. Salah Argoon

05:45 – 06:00 PM **Glycemic Control**
Prof. Yasser Abdel Raouf (Tanta)

06:00 – 06:15 PM **Obesity Control**
Prof. Khaled El-Hadidy (Beni Suaf)

06:15 PM Gala Dinner

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Sharkia Endocrinology & Diabetes Association (SHEDA)

Day 3 : Friday
17 March 2023

SESSION 11 (10:00 – 10:45 AM)

Egyptian Association of Endocrinology Diabetes & Atherosclerosis EAEDA
Managing Dyslipidemia

Chairpersons: (In Alphabetical Order)

Prof. Fahmy Amara
Prof. Samir Helmy
Prof. Talaat Abdel-Aaty
Prof. Yehia Ghanem

10:00 – 10:15 AM **Management of Diabetic Dyslipidemia: A Real-Life Case Study.**
Prof. Magdy Megallaa (Alexandria)

10:15 – 10:30 AM **Statin Intolerance**
Prof. Azza Abdelkareem (Alexandria)

10:30 – 10:45 AM **Secondary dyslipidemia**
Prof. Kamel Hemida (Alexandria)



(10:45– 11:15 AM)

Industry Symposium 6

Chairpersons: (In Alphabetical Order)
Prof. Fady Azmy
Prof. Walaa Anwar

EVA PHARMA

10:45 – 11:00 AM **Dulaglutide: a gate to the future**
Prof. Azza Abdelkareem (Alexandria)

11:00 – 11:15 AM **Empagliflozin Kingdom.. still acquiring new lands!!**
Prof. Kamel Hemida (Alexandria)

(11:15 – 11:30 PM)

Industry Symposium 7

Chairpersons: (In Alphabetical Order)
Prof. Aya El-Baialy
Prof. Walid Qassem

GLOBAL PHARMACEUTICAL GROUP

11:15 – 11:30 PM **Management of Painful Diabetic Neuropathy**
Prof. Mohamed Awad (Zagazig)

11:30 – 01:00 PM Coffee-Break & Gomaa Prayer

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Sharkia Endocrinology & Diabetes Association (SHEDA)

SESSION 12 (01:00 – 02:00 PM)

Nutrition Session

Chairpersons: (In Alphabetical Order)

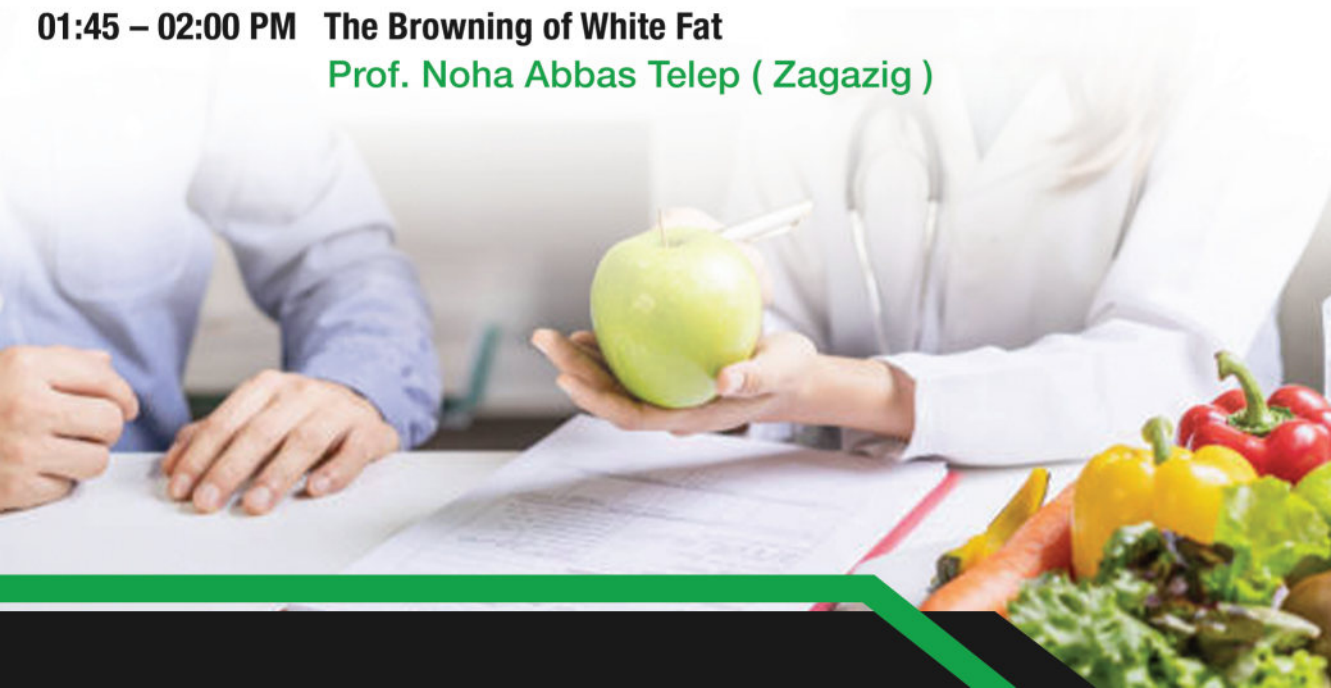
Prof. Eman Al-Shourbagy
Prof. Mohamed Taha Abdel-Rehim
Prof. Omnia Setaat
Prof. Rania Bahariz

01:00 – 01:15 PM **Nutritional Considerations in T1D Management**
Prof. Amr Abdel-Monem (Cairo)

01:15 – 01:30 PM **Nutritional Considerations in GDM**
Prof. Eman Sultan (NNI)

01:30 – 01:45 PM **Ectopic Fat and Insulin Resistance: Pathophysiology and Effect of Diet and Lifestyle Interventions**
Prof. Medhat El-Araby (Assiut)

01:45 – 02:00 PM **The Browning of White Fat**
Prof. Noha Abbas Telep (Zagazig)



INDUSTRY SYMPOSIUM 8 (02:00 - 02:30 PM)

02:00 – 02:15 PM **Shaping Diabetes Landscape**
Prof. Mohamed Kamar (Zagazig)

02:15 – 02:30 PM **Role of Irbesartan in management of Hypertensive Diabetic patient**
Prof. Mohamed Awad (Zagazig)

SESSION 13 (02:30- 03:30 PM)

Gastrointestinal and Liver Disorders in Patients with Diabetes Mellitus

Chairpersons: (In Alphabetical Order)
Prof. Ahmed Dabour
Prof. Yousery Taher

02:30 – 02:45 PM **Persistent Transaminesmia in Adolescent Diabetic Patient**
Prof. Ahmed Zaid (Alexandria)

02:45 – 03:00 PM **Rare Cause of Autoimmune Hepatitis in Type 1 Diabetes.**
Prof. Afify Fahmy (Zagazig)

03:00 – 03:15 PM **Rare Cause of Gastroenteritis in Diabetics**
Prof. Ehab Abdel-Atty (Menofyia)

03:15 – 03:30 PM **Usefulness of P-CAB for Primary H. Pylori Eradication**
Prof. Walid Ahmady (Zagazig)

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Sharkia Endocrinology & Diabetes Association (SHEDA)

INDUSTRY SYMPOSIUM 9 (03:30 - 04:30 PM)

Chairpersons: (In Alphabetical Order)

Prof. Ahmed Salem
Prof. Ibrahim Ishaa
Prof. Megahed Aboel Maged
Prof. Saad El-Alamy

sanofi

03:30 – 03:45 PM **Simplifying Experiences Through Choice: What Do Data Tell us About FRCs Versus Premix?**
Prof. Ahmed El-Behairy (Mansoura)

03:45 - 04:00 PM **Evidence-based choices on the path to insulin for patients uncontrolled on OADs**
Prof. Ashraf Okba (Ain Shams)

04:00 – 04:15 PM **SUs & SGLT2IS within Ramadan recommendations**
Prof. Mohamed Shawky El-Sayed (Benha)

04:15 - 04:30 PM **Diabetes & Heart Failure: Exploring Definition & Optimizing Management**
Prof. Mohamed Abd Elghany (Mansoura)



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Sharkia Endocrinology & Diabetes Association (SHEDA)

SESSION 14 (04:30 - 05:30 PM)

Thyroid Disorders in Relation to Cardio – Renal-Metabolic Diseases

Chairpersons: (In Alphabetical Order)

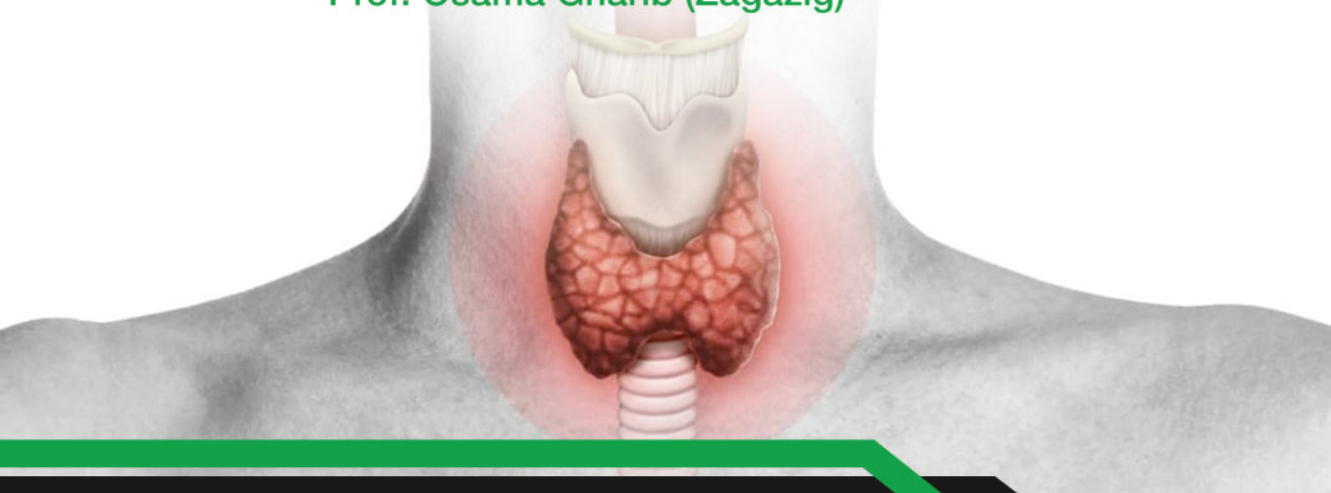
Prof. Aya El-Bialy
Prof. Marwa Khalil
Prof. Merihan El-Nagary
Prof. Samah Idris
Prof. Walaa Khalifa

04:30– 04:45 PM **Thyroid and Cardiovascular Disease**
Prof. Mohamed Yakout (Mansoura)

04:45 – 05:00 PM **Messages from Real Life Experiences in Thyroid Disorders**
Prof. Eman Al-Shorbagy (Zagazig)

05:00 – 05:15 PM **Thyroid and Kidney**
Prof. Khaled El-Banna (Zagazig)

05:15 – 05:30 PM **Update on Diagnosis and Treatment of Thyroid Nodule**
Prof. Osama Gharib (Zagazig)



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Sharkia Endocrinology & Diabetes Association (SHEDA)

SESSION 15 (05:30 – 06:30 PM)

Diabetes & Heart Dialogue

Chairpersons: (In Alphabetical Order)

Prof. Ahmed Sanad
Prof. Amr Kamal
Prof. Aymen Abo Gendy
Prof. Noshy Zaki

05:30 – 05:45 PM **Sex Differences in Diabetes Impact on ASCVD and HF**
Prof. Mohamed Gaber (Zagazig)

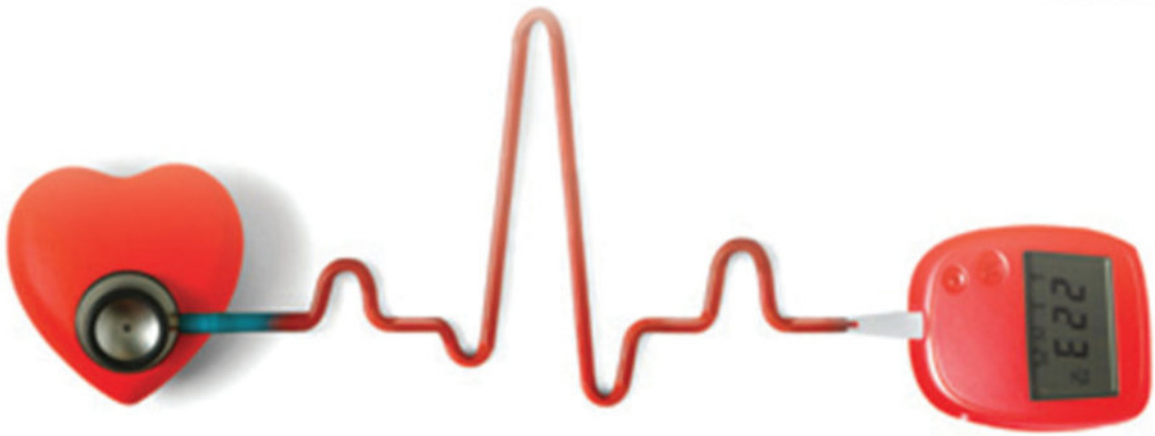
05:45 – 06:00 PM **Cardiac Microvascular Disease: Cinderella Comes to The Ball**
Dr. Mohamed Abobakr (NHI)

06:00 – 06:15 PM **Towards High Intensity Lipid Lowering Therapy**
Prof. Mohamed Tohafa (Damanour)

Xeedia Caring for life

06:15 – 06:30 PM **Innovation In Ischemia Management**
Prof. Tamer Moustafa (Zagazig)

A.MENARINI



INDUSTRY SYMPOSIUM 10 (06:30 – 07:00 PM)

Chairpersons: (In Alphabetical Order)
Prof. Abou El-Maaty EL-Sherief
Prof. Rania Baheriz
Prof. Walid Qassem

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06:30 – 06:45 PM **IDegLira: The Power of Dual Action**
Prof. Mohamed Awad (Zagazig)

06:45 – 07:00 PM **Liraglutide 3.0 mg: One Drug Multiple Benefits**
Prof. Fady Azmy (Mansoura)

SESSION 16 (07:00 – 07:45 PM)

Diabetes & Heart Dialogue

Chairpersons: (In Alphabetical Order)
Prof. Ahmed Sanad
Prof. Mohamed Tohafa
Prof. Mohamed Abou Bakr

07:00 – 07:15 PM **Hypertriglyceridemia: Emerging Therapies**
Prof. Tamer Moustafa (Zagazig)

07:15 – 07:30 PM **LDL-C Lowering and CV Outcomes - Have We Reached the Limits Yet?**
Prof. Amr Kamal (Alexandria)

07:30 – 07:45 PM **Clinical Correlation Between Hypertension and Diabetes**
Dr. Emad Abdel-Hay (Tanta)

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Sharkia Endocrinology & Diabetes Association (SHEDA)

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Dapaglif Plus

Dapagliflozin 10mg

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In patients with type 2 diabetes mellitus uncontrolled on diet and exercise alone

Start early with JANUMET ™: Powerful HbA_{1c} reductions, as much as 3.6% [1,a]

-3.6%

HbA_{1c} reduction at 18 weeks[a]

(N=559)

Reference
1.Reasner et al. The effect of initial therapy with the fixed dose combination of sitagliptin and metformin compared with metformin monotherapy in patients with type 2 diabetes mellitus.Diabetes, Obesity & Metabolism 13: 644 - 652; 2011

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