25th DCDC

Domyat Cardiovascular Diabetes Conference

From Guidelines to Practice

(DAIMED)

Domyat Association of Internal Medicine, Endocrinology and Diabetes



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Prof. Mohamad Elfarash
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(DAIMED)
May 8-10, 2024

DCDC 25
Hybrid Conference
El Hekma Club, Ras El Bar

Welcome to 25th DCDC



25DCDC (DAIMED)

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Welcome Message

Dear colleagues,
On behalf of the organizing committee of
25th Domyat Cardiovascular & Diabetes Conference
that will be held in El Hekma Club - Ras El bar, on May 8-10, 2024.
This year we are celebrating the DCDC 25th Anniversary.

DCDC 25 Endorsed by Internal Medicine Department Damietta Faculty of Medicine, Damietta University, in collaboration with Damietta Medical Syndicate, ministry of health and Population and with many of big societies and Endocrinology Units in different Universities interested in the fields of Cardiovascular, Diabetes and Endocrinology.

It is the biggest cardiovascular and diabetes conference organized outside Cairo and Alexandria, our main capitals, regarding its scientific and educational contents.

This year more than 100 professors representing the biggest figures in these fields from all our universities will share in workshop and scientific sessions.

Waiting for your participation to enjoy this very comprehensive scientific event, as well as enjoying this magic island "Ras El Bar" with its unique view where River Nile meets the Mediterranean Sea and its very nice weather.

We are looking forwards to see you in May 2025; we wish you all pleasure and fruitful time.

Ashraf Talaat *Ibrahim Sabry*



Chairmen & Speakers in alphabetical order

Prof. Abbas Orabi *(Zagazig)*
Dr. Abdallah Geba *(Damietta)*
Dr. Abdallah Shafik *(Mansoura)*
Dr. Abeer Shata *(Damietta)*
Prof. Abdelmoneim Elhadidy *(Damietta)*
Prof. Abo Elmaaty Elsherif *(Port Said)*
Prof. Ahmed Abdelaziz *(Azhar)*
Prof. Ahmed Elbehiry *(Mansoura)*
Prof. Ahmed Eldeeb *(Mansoura)*
Prof. Ahmed Shawky *(Zagazig)*
Prof. Alaa Abdelsalam *(Menofia)*
Prof. Alaa Wafa *(Mansoura)*
Prof. Ali Abdelrehim *(Alex)*
Prof. Arafa Elshabrawy *(Zagazig)*
Prof. Ashraf Elsharkawy *(Mansoura)*
Prof. Ashraf Talaat *(Damietta)*
Dr. Asmaa Behiry *(Damietta)*
Prof. Ayman Elbadarany *(Damietta)*
Prof. Azza Nasef *(Damietta)*
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Prof. Elmandouh Hussein *(Damietta)*
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Prof. Mohamed Assy *(Zagazig)*
Prof. Mohamed Awad *(Zagazig)*
Prof. Mohamed Elfarash *(Damietta)*
Dr. Mohamed Ellabaan *(Mansoura)*
Prof. Mohamed Helaly *(Mansoura)*
Prof. Mohamed Kamal *(Mansoura)*
Prof. Mohamed Kamar *(Zagazig)*
Prof. Mohamed Sallam *(Zagazig)*
Prof. Mohamed Shaheen *(Damietta)*
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Prof. Moustafa Elnagar *(Menofia)*
Prof. Nabil Elnaggar *(Alex)*
Prof. Nesreen Kotb *(Tanta)*
Prof. Noha Gaber *(Alex)*



Chairmen & Speakers in alphabetical order

Prof. Eman Elshorbagy *(Zagazig)*
Dr. Essam Gewily *(Damietta)*
Prof. Fady Azmy *(Mansoura)*
Prof. Fahmy Amara *(Alex)*
Prof. Fawzy Elmosallamy *(Zagazig)*
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Prof. Yahia Ghanem *(Alex)*
Dr. Yahia Kandil *(Damietta)*
Prof. Yasser Abdel Raouf *(Tanta)*



Organizing Notes

- Please, Mobile phones should be turned off during scientific sessions.
- Questions will be discussed at the end of each session,
please write your question in the question paper which will be collected from the floor.

All information and activities of the conference will be served at Facebook page:
Domyat Cardiovascular & Diabetes Conference

Facebook Page

Facebook Event Page

- All names are arranged in alphabetical order.

- For any information or requests during conference,
Please contact the project manager:

Mr. Omar Mohamed
01000988976



Acknowledgement

Conference Chairmen and the organizing committee express their great gratitude to the following pharmaceutical companies and laboratories sharing achievement and success of the
25th Domyat Cardiovascular & Diabetes Conference.

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DCDC, 25th Endorsed By:

Egyptian Association of Endocrinology Diabetes, and Atherosclerosis **(EAEDA)**

In Collaboration With:

Domyat Medical Syndicate.

Domyat Ministry Of Health.

Egyptian Society of Diabetic Foot. **(ESDF)**

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Sharkia Association of Diabetes. **(SHAD)**

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Hail Cardiac Center.



Endocrinology & Diabetes Units in:

Tanta University.

Mansoura University.

Alexandira University.

Menofia University.

Al Azhar University.

Zagazig University.

Port Said University.

Bani Sweif University.



Scientific Agenda

Day one: 24 April: Hospital Visit:

Thyroid Disorders workshop, Domyat General Hospital.

Day Two: 7 May: Patient Education:

Domyat Diabetes Center.

Day Three: 8 May: Scientific Program:

(Physical)

Domyat General Library, Domyat Bridge.

Day Four: 9 May: Scientific Program:

(Physical)

El Hekma Club.

Day Five: 10 May: Scientific Program:

(Physical & Online)

El Hekma Club.



Day One: 24 April 2024

11:00 AM - 01:00 PM

Hospital Visit: Thyroid Disorders Workshop Domyat General Hospital

Moderator: Dr. Hanan Shalata *(Domyat)*

Chairman: Dr. Mohamed Ellabaan *(Mansoura)*

Speakers: Prof. Ashraf Talaat *(Damietta)*
Dr. Ibrahim Sabry *(Damietta)*
Prof. Khaled Elfayoumy *(Azhar)*

Day Two: 7 May 2024

Patient Education, مرض السكري.... مضاعفاته وعلاجه Domyat Diabetes Center.

Moderator: Dr. Abeer Shata *(Damietta)*
Dr. Asmaa Behiry *(Damietta)*

Chairman: Prof. Ashraf Talaat *(Damietta)*
Prof. Islam Eid *(Mansoura)*
Dr. Tawfik Zidan *(Damietta)*

Speakers: Dr. Ibrahim Sabry *(Damietta)*



Scientific Program
Day Three: 8th May 2024
Domyat General Library, Domyat Bridge



Registration: 05:30 - 06:30 PM

Opening Ceremony: 06:30 - 07:00 PM
Soft Opening - Welcome Speech

Prof. Ashraf Talaat *(Damietta) - Conference President*

Prof. Khaled Elfayoumy *(Azhar) - Conference President*

Dr. Ibrahim Sabry *(Damietta) - Conference Honorary President*

Dr. Tawfik Zidan *(Damietta) - Conference Honorary President.*





Session 1: 07:00 PM - 08:30 PM
Drugs and Immunity in Diabetes

Chairpersons: Prof. Abdelmoneim Elhadidy *(Damietta)*
Prof. Bassem Eldeek *(Damietta)*
Dr. Said Elmasry *(Damietta)*

07:15 PM – 07:30 PM **Microbiota and human health.**
Prof. Mohamed Elfarash *(Damietta)*

07:30 PM – 07:45 PM **The VEXAS Syndrome: A new disease with old Manifestations.**
Prof. Mahmoud Elsalahy *(Damietta)*

07:45 PM – 08:00 PM **Drug Induced Liver Injury (DILI).**
Prof. Emad Balah *(Damietta)*

08:00 PM – 08:15 PM **Are cirrhotic patients naturally Anti coagulated?**
Prof. Ahmed Abdelaziz *(Azhar)*

08:15 PM – 08:30 PM **Discussion**



Session 2: 08:30 PM - 09:30 PM
Endocrinal and Metabolic Challenges

Chairpersons: Prof. Ahmed Abdelaziz *(Azhar)*
Prof. Emad Balah *(Damietta)*
Prof. Khaled Elfayoumy *(Azhar)*

08:30 PM - 08:45 PM — Obesity related kidney disease in women.
Prof. Ahmed Eldeeb *(Mansoura)*

08:45 PM - 09:00 PM — Atypical presentations of thyroid storm: Case Report.
Prof. Mohamed Helaly *(Mansoura)*

09:00 PM - 09:15 PM — Statins and liver.
Prof. Khaled Marei *(Mansoura)*

09:15 PM – 09:30 PM — Abolition of pharmacotherapy for obesity.
Prof. Hisham Daba *(Damietta)*



09:30 Dinner



Scientific Program
Day Four: 9th May 2024
El Hekma Club



Session 3: 10:00 AM - 11:00 AM
Thyroid Diseases Management

Chairpersons: Prof. Ahmed Eldeeb *(Mansoura)*
Prof. Islam Eid *(Mansoura)*
Prof. Moustafa Elnagar *(Menofia)*

10:00 AM – 10:15 AM **Thyroid & ICU.**
Prof. Alaa Abdelsalam *(Menofia)*

10:15 AM – 10:30 AM **Chronomedicine & Metabolic Syndrome.**
Prof. Arafa Elshabrawy *(Zagazig)*

10:30 AM - 10:45 AM **Uncovering hidden thyroid disorder in Practice.**
Prof. Eman Elshorbagy *(Zagazig)*

10:45 AM - 11:00 AM **Discussion**

Session 4: 11:00 AM - 12:00 PM
The Concept of Cardiometabolic Syndrome

Chairpersons: Prof. Eman Elshorbagy *(Zagazig)*
Prof. Fahmy Amara *(Alex)*
Prof. Mohamed Abdelraouf *(Alex)*

11:00 AM – 11:15 AM **Not every pain is Diabetic peripheral Neuropathy.**
Prof. Hanan Gawish *(Mansoura)*

11:15 AM – 11:30 AM **From Insulin Resistance to prediabetes, The whole story.**
Prof. Magdy Helmy Megalla *(Alex)*

11:30 AM - 11:45 AM **MASLD a new player in CRM Continuum.**
Prof. Noha Gaber *(Alex)*

11:45 AM – 12:00 PM **Discussion**



Session 5: 12:00 PM - 12:15 PM
State of Art Lecture

Chairpersons: Prof. Fahmy Amara *(Alex)*
Prof. Mohamed Kamar *(Zagazig)*
Prof. Mamdouh El Nahas *(Port Said)*

12:00 PM -12:15 PM **Combination Therapy for dyslipidemia, Navigating through Evidence**

Prof. Yahia Ghanem *(Alex)*

Industrial Symposium: 12:15 PM - 12:35 PM
Sanofi Symposium

sanofi

Chairpersons: Prof. Fahmy Amara *(Alex)*
Prof. Mohamed Kamar *(Zagazig)*
Prof. Mamdouh El Nahas *(Port Said)*

12:15 PM - 12:35 PM **When Right & Early Treatment Are Crucial, A Case Study.**

Prof. Yahia Ghanem *(Alex)*



Session 6: 12:35 PM - 01:30 PM
Meet the Experts 1

Chairpersons: Prof. Ali Abdelrehim *(Alex)*
Prof. Magdy Helmy Megalla *(Alex)*
Prof. Yahia Ghanem *(Alex)*

12:35 PM – 12:50 PM **Putting puzzle together.**
Prof. Mohamed Awad *(Zagazig)*

12:50 PM – 01:05 PM **Pitfalls in Levothyroxine Therapy.**
Prof. Mohamed Kamar *(Zagazig)*

01:05 PM – 01:20 PM **Thyroid dysfunction with pregnancy.**
Prof. Mohamed Assy *(Zagazig)*

01:20 PM – 01:30 PM **Discussion**

Industrial Symposium: 01:30 PM - 01:50 PM
Servier Symposium

SERVIER

Chairpersons: Prof. Hatem Salem *(Zagazig)*
Prof. Mohamed Assy *(Zagazig)*
Prof. Mohamed Sallam *(Zagazig)*

01:30 PM - 01:50 PM **Unveiling the significance of glycemic control.**
Prof. Fawzy Elmosallamy *(Zagazig)*



01:50 PM – 02:15 PM BREAK



Session 7: 02:15 PM - 03:15 PM
Meet the Experts 2

Chairpersons: Prof. Magdy Helmy Megalla *(Alex)*
Prof. Mohamed Assy *(Zagazig)*
Prof. Yahia Ghanem *(Alex)*

02:15 PM – 02:30 PM **HBA1c: Past, Present & Future.**
Prof. Mohamed Sallam *(Zagazig)*

02:30 PM – 02:45 PM **Insulin history and innovations.**
Prof. Ali Abdelrehim *(Alex)*

02:45 PM – 03:00 PM **Is Fasting a risk? - ضبط المفاهيم**
Prof. Abbas Orabi *(Zagazig)*

03:00 PM – 03:10 PM **Discussion**

Industrial Symposium: 03:10 PM - 03:50 PM
MSD Symposium

MSD

Chairpersons: Prof. Ashraf Talaat *(Damietta)*

03:10 PM - 03:30 PM **The importance of Patient-Centered Approach and Achieving Glycemic Goals**
Prof. Mamdouh El Nahas *(Port Said)*

03:30 PM - 03:50 PM **CV and Risk management in T2D.**
Prof. Alaa Wafa *(Mansoura)*



Session 8: 03:50 PM - 04:45 PM
Solved Challenges Common Conditions

Chairpersons: Prof. Abo Elmaaty Elsherif *(Port Said)*
Prof. Ahmed Shawky *(Zagazig)*
Prof. Ashraf Talaat *(Damietta)*

03:50 PM – 04:05 PM **Thyroid & Pregnancy.**
Prof. Khaled Elhadidy *(Beni Swif)*

04:05 PM – 04:20 PM **Diabetes Mellites & cognitive Dysfunction.**
Prof. Hatem Salem *(Zagazig)*

04:20 PM – 04:35 PM **Cardiorenal Metabolic ... Pathophysiology & implications of management**
Prof. Mesbaha Kamel *(Menia)*

04:35 PM – 04:45 PM **Discussion**

Session 9: 04:45 PM - 05:40 PM
Cardiorenal metabolic disorders management

Chairpersons: Dr. Abdallah Shafik *(Mansoura)*
Prof. Hisham Daba *(Damietta)*
Prof. Khaled Marie *(Mansoura)*

04:45 PM – 05:00 PM **Continuous Glucose Monitoring (CGM) Guidelines.**
Dr. Ibrahim Sabry *(Damietta)*

05:00 PM – 05:15 PM **Hyperprolactinemia.**
Prof. Ashraf Talaat *(Damietta)*

05:15 PM – 05:30 PM **Novel Therapeutic strategies towards LDL.C Management**
Prof. Islam Eid *(Mansoura)*

05:30 PM – 05:40 PM **Discussion**



Industrial Symposium: 05:40 PM - 06:10 PM
Novo Nordisk Symposium

Chairpersons: Prof. Khaled Elfayoumy *(Azhar)*
Prof. Mohamed Helaly *(Mansoura)*
Prof. Mohamed Yakout *(Mansoura)*

05:40 PM - 05:55 PM **Unlocking the potential of insulin Degludec: Maximizing clinical benefits.**
Prof. Marwa Khalil *(Mansoura)*

05:55 PM - 06:10 PM **Oral Semaglutide: the first and only oral GLP-1 RA.**
Prof. Ashraf Talaat *(Damietta)*

06:10 Dinner



Scientific Program
Day Five: 10 th May 2024
El Hekma Club



Session 10: 10:30 AM - 11:30 AM
Gross Disorder Chapters

Chairpersons: Prof. Lajla Sayed Ahmed *(Tanta)*
Prof. Nesreen Kotb *(Tanta)*
Dr. Said Elmasry *(Damietta)*
Dr. Yahia Kandil *(Damietta)*

10:30 AM – 10:45 AM **Male hypogonadism: Case Study.**
Prof. Ingy Abdelwahab *(Tanta)*

10:45 AM – 11:00 AM **Short Stutare.**
Prof. Yasser Abdel Raouf *(Tanta)*

11:00 AM – 11:15 AM **Precious Puberty.**
Prof. Wael Faraag *(Tanta)*

11:15 AM – 11:30 AM **Discussion**

Session 11: 11:30 AM - 12:15 PM
Nephrology Chapter

Chairpersons: Prof. Ahmed Eldeeb *(Mansoura)*
Dr. Essam Gewily *(Damietta)*
Prof. Khaled Elfayoumy *(Azhar)*
Prof. Walid Shabaan *(Damietta)*

11:30 AM – 11:45 AM **Diabetes & Hypertension: Q & A**
Prof. Mohamed Kamal *(Mansoura)*

11:45 AM – 12:00 PM **Update in Chronic Kidney Disease.**
Prof. Usama Ragab *(Zagazig)*

12:00 PM – 12:15 PM **Discussion**



Industrial Symposium: 12:15 PM - 12:30 PM
Al Esraa Symposium

Chairpersons: Prof. Ashraf Talaat *(Damietta)*
Prof. Islam Eid *(Mansoura)*
Prof. Mohamed Helaly *(Damietta)*

12:15 PM - 12:30 PM **B complex as a pathogenic and symptomatic treatment of Diabetic peripheral neuropathy**
Prof. Ahmed Elbehiry *(Mansoura)*

Industrial Symposium: 12:30 PM - 12:45 PM
Sanofi Symposium

Chairpersons: Prof. Ashraf Talaat *(Damietta)*
Prof. Ragdaa Naeim *(Damietta)*
Prof. Refaat Eltanawy *(Damietta)*

12:30 PM - 12:45 PM **Are two better than one? Initial combination therapy in type 2 diabetes mellitus**
Prof. Rania Bahariz *(Mansoura)*



12:45 PM – 01:45 Gomaa Prayer & BREAK



Session 12: 01:45 PM - 02:30 PM
Cardiometabolic Chapter

Chairpersons: Dr. Abdallah Geba *(Damietta)*
Prof. Ayman Elbadarany *(Damietta)*
Prof. Mohamed Taki *(Damietta)*
Prof. Samy El Azab *(Azhar)*

01:45 PM – 02:00 PM **Glycaemic control from old to new modalities.**
Prof. Talaat Abdelaty *(Alex)*

02:00 PM – 02:15 PM **Heart failure updates.**
Prof. Waleed Ammar *(Cairo)*

02:15 PM – 02:30 PM **Discussion**

Industrial Symposium: 02:30 - 02:45 PM
Al Esraa Symposium

ALESRAA PHARMACEUTICALS

Chairpersons: Prof. Elmandouh Hussein *(Damietta)*
Prof. Mohamed Shaheen *(Damietta)*
Prof. Nabil Elnaggar *(Alex)*

02:30 PM - 02:45 PM **Imagine What the Dapablix Can Do: Dapagliflozin role in stopping the clinical & patient inertia of T2D**
Prof. Mohamed Abdelraouf *(Alex)*



Industrial Symposium: 02:45 PM - 03:00 PM
Boehringer Ingelheim Symposium

Boehringer Ingelheim

Chairpersons: Prof. Azza Nasef *(Damietta)*
Dr. Hala Elatroush *(Damietta)*
Dr. Hesham Menisy *(Damietta)*

02:45 PM - 03:00 PM **Jardiance across CMR patients**
Prof. Fady Azmy *(Mansoura)*

Session 13: 03:00 PM - 04:00 PM
Azhar Session

Chairpersons: Prof. Elsayed Elmaghawry *(Azhar)*
Dr. Hesham Menisy *(Damietta)*
Prof. Sabry Al-Azhary *(Azhar)*
Dr. Yahia Kandil *(Damietta*

03:00 PM – 03:15 PM **Lipodystrophic Syndromes.**
Prof. Khaled Elfayoumy *(Azhar)*

03:15 PM – 03:30 PM **HCC and Metabolic Syndrome: The Time is Changing**
Prof. Sabry Al-Azhary *(Azhar)*

03:30 PM – 03:45 PM **Metabolic Diseases and Gut**
Prof. Mohammad Elashry *(Azhar)*

03:45 PM – 04:00 PM **Discussion**



04:00 PM - 04:30 PM - Closing Session





VIRTUAL SESSION

Session 15: 08:00 PM - 09:15 PM
Updates in Diabetes Militias

Chairpersons: Prof. Ashraf Talaat *(Damietta)*
Dr. Yahia Kandil *(Damietta)*

08:00 PM - 08:15 PM — Contrast induced nephropathy.
Prof. Tarek Salem *(KSA)*

08:15 PM – 08:30 PM — Lipicrinology.
Prof. Samir Naiem *(Alex)*

08:30 PM – 08:45 PM — Hyperparathyroidism: from Guidelines to practice.
Prof. Ihab Salem *(Zagazig)*

08:45 PM – 09:00 PM — Management of type 1 DM.
Prof. Ashraf Elsharkawy *(Mansoura)*

09:00 PM – 09:15 PM — Atypical Cases of Diabetes Case studies.
Prof. Lobna Eltouny *(Assiut)*

SEE YOU IN 2025 AT DCDC 26TH EDITION





TARGOMASH COMB
160/12.5 MG
Valsartan **160 mg**
Hydrochlorothiazide **12.5 mg**

TARGOMASH COMB
80/12.5 MG
Valsartan **80 mg**
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TARGOMASH
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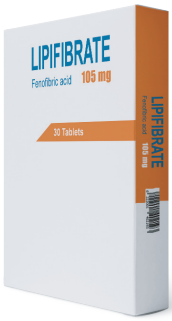
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Dapilart
Dapagliflozin 5, 10 mg



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Thioctic acid 600 mg
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ANGOSMOOTH
Clopidogrel 75 mg

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25th DCDC

Domyat Cardiovascular Diabetes Conference

From Guidelines to Practice

(DAIMED)

Domyat Association of Internal Medicine, Endocrinology and Diabetes



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