Hybrid Event

6 -4 August 2021

Cairo Marriott Zamalek Hotel

8th Annual Delta Diabetes Association International Conference (DDA 2021)

2nd Annual International Sharkia Endocrinology & Diabetes Association Conference (SHEDA)

Scientific Agenda

DDA 2021

Under supervision of

SHEDA Chairman
Prof. Mohamed Kamar

Dean of Faculty of Medicine Tanta University
Prof. Ahmed Ghoniem

Vice President of Tanta University
Prof. Kamal Okasha

Conference Presidents
Prof. Engy Abdel Wahab
Prof. Wael Farrag

Conference Vice President
Prof. Laila Mahmoud

Conference General Secretaries *(Alphabetically)*
Prof. Mohamed Awad
Prof. Yasser Abdel Raouf

Conference Coordinators *(Alphabetically)*
Prof. Ahmed Eissa
Prof. Ahmed Shalaby
Prof. Amal Slem
Prof. Nashwa El Gharabawy
Prof. Sama Fathy
Prof. Sherien El Hussieny
Prof. Yasser Hafez

Organizing Committee *(Alphabetically)*
Prof. Alaa Wafa
Prof. Ashraf Talaat
Prof. Ayman El Badawy
Prof. Eman El Shourbagy
Prof. Mohamed El Assal
Prof. Mohamed El Tantawy

SHEDA Board *(Alphabetically)*
Prof. Amira El Ghayaty
Prof. Azza Hassan
Prof. Eman El Shourbagy
Prof. Fareed Fawzy
Prof. Gehan Said
Prof. Hoda Gouda
Prof. Hoda Said
Prof. Ihab Salem
Prof. Khaled El Bana
Prof. Mohamed Assi
Prof. Mohamed Gaber
Prof. Nagwa Samy
Prof. Nermin Rashad
Prof. Sahar Zaghlou

09:00 -10:00 AM **Registration**

Session 1: Diabetic Nephropathy (10:00 - 11:00 am)

Chairpersons :
Prof. Osama Abdelazeem - Cairo , *Prof.* Ashraf Talaat- Domiat

10:00 – 10:15 AM	Identification of patients at high risk of diabetic nephropathy needing aggressive management *Prof.* Kamal Okasha - Tanta
10:15 – 10:30 AM	New drugs that delay progression of diabetic nephropathy (including MRA) *Prof.* Alaa Wafa - Mansoura
10:30 – 10:45 AM	Comparing dialysis to pre-emptive renal transplantation in ESKD in diabetes *Prof.* Mohamed Kamal - Mansoura
10:45 – 11:00 AM	Q & A

Session 2:
State of art lecture (11:00 -11.30 am)

Chairpersons :
Prof. Mohamed Kamar- Zagazig, *Prof.* Engy Abdelwahab -Tanta

11:00 – 11:30 AM	Clinical Translation of COVTs *Prof.* Adel Abdelazeez - Sohag

Servier Symposium : (11.30- 11:50 AM)

Chairperson :
Prof. Eman Elshorbagy - Zagazig

11:30 - 11:50 AM	SU: In Guidelines & in Real World *Prof.* Mohamed Awad - Zagazig

Session 3: COVID- 19 and Diabetes (11:50- 01:00 pm)

Chairpersons :
Prof. Mohamed Awad -Zagazig, *Prof.* Wael Farrag -Tanta

11:50 – 12:05 PM	COVID-19 epidemiology, morbidity and mortality *Prof.* Amgad Abdelraouf - Tanta
12:05- 12:25 PM	Etiopathogenesis of diabetes in COVID infection *Prof.* Nagwa Sami - Zagazig
12:25- 12:40 PM	Manage of diabetes with COVID infection *Prof.* Eman Elshorbagy- Zagazig
12:40- 12:55 PM	The dilemma of COVID-19 vaccination in diabetes *Prof.* Laila Mahmoud - Tanta
12:55 – 01:00 PM	Q & A

Session 4:
Dyslipidemia and Diabetes (01:00 – 02:00PM)

Chairpersons :
Prof. Loai Alahawal -Tanta, *Prof.* Mohamed Yakot-Mansoura ,
Prof. Ahmed Elbehary - Mansoura

01:00 – 01:15 PM	What is beyond statin therapy in the management of LDL excess *Prof.* Yasser Abdelraouf -Tanta
01:15 – 01:30 PM	What is beyond fibrates in the management of hypertriglyceridemia *Prof.* Ahmed Essa - Tanta
01:30 – 01:45 PM	Omega-3 and omega-6 polyunsaturated fatty acids: nutritional implications for cardiometabolic diseases *Prof.* Mohamed Gaber-Zagazig
01:45 – 02:00 PM	Q&A

Opening Ceremony (02:00 – 02:30 PM)

Prof. Kamal Okasha
Prof. Mohamed Kamar
Prof. Ashraf Talaat
Prof. Loai Alahawal
Prof. Engy Abdelwahab
Prof. Wael Farrag

Coffee Break (02:30-03:00 PM)

Hikma Symposium : (03:00 – 03:20 PM)

Chairpersons :
Prof. Hamza Kabil - Domiatt , *Prof.* Mohamed Awad - Zagazig

03:00- 03:20 PM	Heart failure management updates *Prof.* Shady Hussein - Mansoura

Boehringer Symposium : (03:20-03:40 PM)

Chairpersons :
Prof. Yasser Abdelraouf -Tanta, *Prof.* Ashraf Talaat - Domiatt

03:20 – 03:40 PM	Diabetes management in the era of cardiovascular outcome trials *Prof.* Ayman Elbadawy - Benha

Session 5:
Diabetic Neuropathy: A Difficult to Treat Diabetic Complications (03:40 – 04:30 PM)

Chairpersons :
Prof. Loai ALahwal - Tanta, *Prof.* Nassret Ayyad - Tanta, *Prof.* Hanan Gawaish - Mansoura

03:40 – 03:55 PM	Update on pathophysiology and future Directions *Prof.* Mamdouh Elnahhas - Portsaid
03:55 – 04:10 PM	Clinical classification and morbidity of diabetic neuropathy *Prof.* Khalid Shalaby - Tanta
04:10 – 04:25 PM	Treatment of diabetic neuropathy: what is achievable and what is not? *Prof.* Khalid Elbanna - Zagazig
04:25 – 04:30 PM	Q&A

Session 6:
ASCVD in diabetes: Another management failure (04:30 – 05:20 PM)

Chairpersons :
Prof. Ayman Elsaed - Tanta, *Prof.* Hamza Kabil-Domiat

04:30 – 04:45 PM	Why is ASCVD still more common in diabetes despite risk factor management? *Prof.* Gameela Nasser-Suez Canal
04:45 – 05:00 PM	Early identification and prevention of Individuals at risk of ASCVD *Prof.* Medhat Ashmawy -Tanta
05:00 – 05:15 PM	HDL-Targeting Therapeutics: Past, Present and Future *Prof.* Shady Hussein- Mansoura
05:15 – 05:20 PM	Q&A

Liptis Symposium : (05:20 – 05:40 PM)

Chairperson :
Prof. Yasser Abdelraouf -Tanta

05:20 – 05:40 PM	Dapavildactin beyond glycemic control *Prof.* Mohamed Kamar-Zagazig

Biofactor Symposium : (05:40 - 06:00 PM)

Chairperson :
Prof. Yasser Abdelraouf -Tanta

05:40 - 06:00 PM	Dapagliflozin, a game changer therapy *Prof.* Wael Farrag - Tanta

Utopia Symposium : (06:00 -06:20 PM)

Chairperson :
Prof. Wael Farrag -Tanta

06:00 -06:20 PM	Duloxetine, a new era in peripheral diabetic neuropathy *Prof.* Fady Azmy - Mansoura

Session 7: Revisited diabetes issues (06:20 – 07:00 PM)

Chairpersons :
Prof. Osama Khalil - Zagazig, *Prof.* Mohamed Elsherief - Mansoura,
Prof. Mohamed Gaber-Zagazig

06:20 – 06:35 PM	Risk factors and prevention of DKA *Prof.* Yasser Hafez -Tanta
06:35 – 06:50 PM	Diabetes treatment in the hospital: the proper use of technology *Prof.* Nashwa Algharbawy - Tanta
06:50 – 07:00 PM	Q&A
07:00 - 08:00 PM	Lunch

Abbott Meet the Expert Session (08:00 – 09:00 PM)

Session 8:
Sexual Disorders in Diabetes Management (09:00 – 10:00 PM) Virtual

Chairpersons :
Prof. Mohamed Awad-Zagazig, *Prof.* Yasser Abdelraouf- Tanta

09:00 – 09:15 PM	Testosterone therapy in elderly T2DM with ED/ hypogonadism: Hazardous *Prof.* Ashraf Talat-Domiat
09:15 – 09:30 PM	HRT I post-menopausal women with diabetes Beneficial *Prof.* Mohamed Kamar-Zagazig Hazardous *Prof.* Huda Goda -Zagazig
09:30 – 09:45 PM	Pre-operative consultation before bariatric surgery *Prof.* Yasser Abdelraouf-Tanta
09:45 – 10:00 PM	Q&A

Session 9:
The Golden Drug for Diabetes Treatment (10:00 -10.45 AM)

Chairpersons :
Prof. Gehan Shaera - Tanta, *Prof.* Engy Abdelwahab-Tanta

10:00 – 10:15 AM	The story of insulin discovery *Prof.* Wael Farrag - Tanta
10:15 – 10:30 AM	The future of insulin therapy *Prof.* Mohamed Yakot - Mansoura
10:30 – 10:45 AM	Q&A

Session 10:
State of Art lecture (10:45 – 11:15 am)

Chairpersons :
Prof. Ashraf Talaat - Domiat ,*Prof.* Wael Farrag - Tanta

10:45 – 11:15 AM	100 years of innovations in insulin therapy *Prof.* Mohamed Kamar- Zagazig

Session 11:
Obesity Management in Diabetes (11:15 - 12:30 PM)

Chairpersons :
Prof. Nermin Rashad - Zagazig, *Prof.* Safaa Twafik- NIN, *Prof.* Eman Kamil-NIR

11:15 - 11:30 AM	Which is more dangerous, Obesity or its Treatment? Prof. Raafat Rashwan - Zagazig
11:30 - 11:45 AM	Pitfalls in dietary management of diabetes *Prof.* Eman Sultan - NIN
11:45 - 12:00 PM	Over the counter anti-obesity drugs: what they are and what hazards they may cause? *Prof.* Ashraf Talaat - Domiat
12:00 - 12:15 PM	Liraglutide 3.0mg filling the gap in obesity management *Prof.* Hossam Ghazi - Mansoura novo nordisk®
12:15 - 12:20 PM	Q&A

Session 12:
State of Art lecture (12.20 - 12:40 PM)

Lilly EVAPHARMA

Chairpersons :
Prof. Prof. Mohamed Kamar- Zagazig, *Prof.* Wael Farrag - Tanta

12:20 – 12:40 PM	Forgotten area in pathogenesis of diabetes its complications *Prof.* Peter Kempler- Hungray

Novartis Symposium (12:40 – 01:40 PM)

Chairperson :
Prof. Mohamed Awad-Zagazig

12:40 – 01:10 PM	VERIFY, time is now *Prof.* Assem Seif - Cairo
01:10 – 01:40 PM	Entresto, time is essential *Prof.* Mohamed Fawzi - Cairo
01:40 – 02:00 PM	Break

Novo Symposium (02:00 - 02:45 PM PM)

Chairpersons :
Prof. Prof. Megahed Abouelmagd - Mansoura, *Prof.* Khaled Hadhoud - Zagazig
Prof. Ihab Salem - Zagazig

02:00 – 02:15 PM	Advances in basal insulin *Prof.* Alaa Abdelsalam -Minofya
02:15 – 02:30 PM	What is after basal insulin? *Prof.* Noha Gaber - Alexandria
02:30 – 02:45 PM	Semaglutide once weekly: Above and beyond *Prof.* Mamdouh Elnahas- Portsaid

MSD Symposium (02:45-03:25 PM)

Chairperson :
Prof. Mohamed Kamar - Zagazig

02:45 – 03:05 PM	Management of newly diagnosed type 2 diabetes, importance of early control of diabetes *Prof.* Kamal Hemida - Alexandria
03:05 – 03:25 PM	Sitagliptin for management of different stages of T2DM individuals *Prof.* Mohamed Awad - Zagazig

Session 13:
New Insights in Pediatric Diabetes (03:25 – 04:15 PM)

Chairpersons :
Prof. Eman Elshorbagy - Zagazig, *Prof.* Hanan Gawaish - Mansoura,
Prof. Engy Abdelwahab- Tanta

03:25 – 03:40 PM	Mix and match in diabetes technology *Prof.* Nancy Elbarbary - Ain Shams
03:40 – 03:55 PM	Postprandial glucose monitoring in type 1 diabetes *Prof.* Ashraf Elsharkawy - Mansoura
03:55 – 04:10 PM	Prevention of type 1 diabetes *Prof.* Khalid Khashab - Cairo
04:10 – 04:15 PM	Q&A

Session 14:
Unvisited Areas in Diabetes (04:15- 05:20 PM)

Chairpersons :
Prof. Prof. Mohamed Kamar - Zagazig, *Prof.* Mohamed Yakot-Mansoura,
Prof. Mamdouh Gabr-Tanta, *Prof.* Lobna Eltony-Assiut

04:15 – 04:30 PM	Diabetes and ageing *Prof.* Megahed Abouelmagd Mansoura
04:30 – 04:45 PM	Testosterone replacement therapy *Prof.* Engy Abdelwahab -Tanta
04:45 – 05:00 PM	Diabetes-Thyroid- Interplay *Prof.* Fareed Fawzy - Zagazig
05:00 – 05:15 PM	Factors affecting patient adherence in T2DM management *Prof.* Mohamed Assy - Zagazig
05:15 – 05:20 PM	Q&A

Merck Symposium
(05:20 – 06:00 PM)

Chairpersons :
Prof. Mamdouh Elnahas - Portsaid, *Prof.* Ashraf Talaat - Domiat

05:20 – 05:40 PM	The first step for diabetic patients *Prof.* Mohamed Awad - Zagazig
05:40 – 06:00 PM	The shortcut for an early and tight glycemic control *Prof.* Mohamed Kamar -Zagazig

Session 15:
Fatty Liver Disease: A Common and Dangerous Morbidity of Diabetes
(06:00 – 06:35 PM)

Chairpersons :
Prof. Mamdouh Gabr - Tanta, *Prof.* Laila Mahmoud -Tanta, *Prof.* Haitham Badr - Minofya

06:00 – 06:15 PM	Epidemiology and diagnosis *Prof.* Afifi Fahmy - Zagazig
06:30 – 06:35 PM	Current and future drug therapies of NAFLD *Prof.* Mohamed Awad - Zagazig
06:30 – 06:35 PM	Q&A

AstraZeneca Symposium (06:35 – 06:55 PM)	
06:35 – 06:55 PM	Why should T2D management change as guidelines did ? *Prof.* Fareed Fawzy - Zagazig

EVA Symposium (06:55 – 07:15 PM)	
Chairperson : *Prof.* Mohamed Awad - Zagazig	
06:55 – 07:15 PM	Milga advance, a new concept in diabetes *Dr.* Kirollos Magdy- EvaPharm
07:15 PM	Lunch

Session 16:
Debates in Diabetes (10:00 - 11.00 AM)

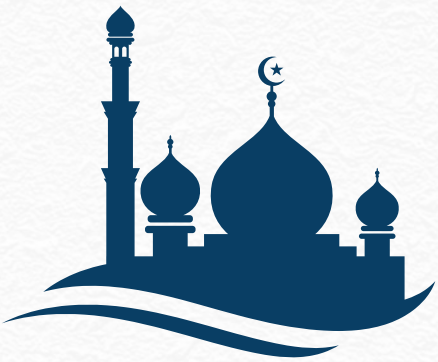
Chairpersons :
Prof. Wael Farrag - Tanta, *Prof.* Lobna Eltony -Assiut, *Prof.* Amira El Ghayaty- Alexandria

10:00 - 10:15 AM	Screening of adolescents with new onset diabetes with estimation of serum C-peptide and anti GAD antibodies Necessary *Prof.* Alaa Abdelsalam Minofya Not necessary *Prof.* Mohamed Awad Zagazig
10:15 – 10:30 AM	Control versus remission in diabetes management *Prof.* Ihab Salem- Zagazig
10:30 – 10:45 AM	Musculoskeletal manifestion of diabetes *Prof.* Ehab El Toraby - Mansoura
10:45 – 10:50 AM	Q&A

Session 17:
Egyptian Diabetes Care Landmarks (10.50 - 12.00 PM)

Chairpersons :
Prof. Nagwa Sami -Zagazig, *Prof.* Ihab Salem -Zagazig

10:50 – 11:05 AM	Diabetic Foot Unit *Prof.* Hanan Gawesh - Mansoura
11:05 – 11:20 AM	Assiut GDM program *Prof.* Lobna Eltony - Assiut
11:20 – 11:35 AM	Domiat Diabetes Education Activities *Dr.* Ibrahim Sabry- Domiatt
11:35 – 11:50 AM	Minia Diabetes Education Efforts *Prof.* Mesbah Kamel-El Minia
11:50 – 12:00 AM	Q&A



Prayer time and break (12:00 – 01:30 PM)

Session 18:
Everyday activity (01:30 -02:15 PM)

Chairpersons :
Prof. Laila Mahmoud-Tanta, *Prof.* Mesbah Kamel-El Minia

01:30 – 01:45 PM	Pitfalls in insulin injection *Prof.* Khalid Elhadedy-Benisewif
01:45– 02:00 PM	New Era in glucose monitoring *Prof.* Mohamed Mashaheet- Alfayoum
02:00 – 02:15 PM	Q&A

Session 19:
Thyroid again (02:15 – 03:00 PM)

Chairpersons :
Prof. Amal Selim-Tanta, *Prof.* Aboel Maaty Elsherif - Port Said,
Prof. Ayman El Gundy - Port Said,*Prof.* Sahbaa Mahmoud - Tanta, *Prof.* Walid Tolpa - Tanta

02:15 – 02:30 PM	Thyroid in Covid-19 *Prof.* Aliaa Alaghoury-Alexandria
02:30 – 02:45 PM	In thyroid, manage the patient not the papers *Prof.* Tamir Elsherbiny - Alexandria
02:45 – 03:00 PM	Q&A

Closing Session

Empaglimax | **Empagliform**

Empagliflozin | Empagliflozin/Metformin HCL

Tailored to Your Patient's Needs



hikma.

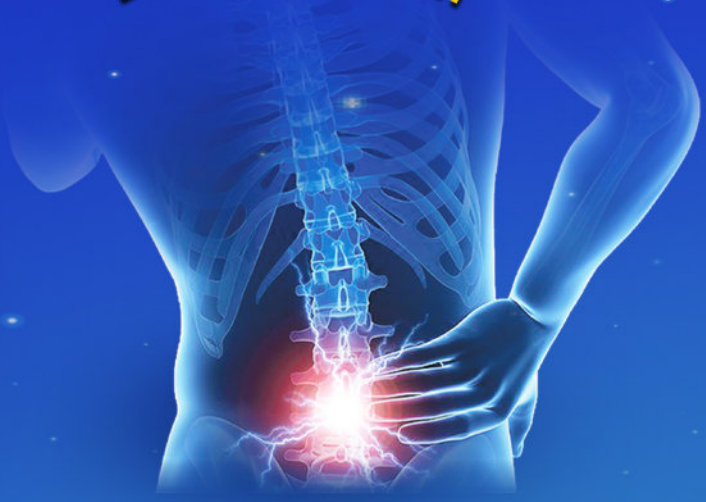
Duloxeprin

Analgesic for neuropathic pain

Peripheral Diabetic Neuropathy



Neuropathic Low Back Pain



Chronic Osteoarthritis



UTOPIA

THE LIFE YOU DESERVE

Janumet™

(sitagliptin/metformin, MSD)

In patients with type 2 diabetes mellitus uncontrolled on diet and exercise alone

Start early with JANUMET ™: Powerful HbA_{1c} reductions, as much as 3.6% [1,a]

-3.6%

HbA_{1c} reduction at 18 weeks[a]

(N=559)

Reference

1.Reasner et al. The effect of initial therapy with the fixed dose combination of sitagliptin and metformin compared with metformin monotherapy in patients with type 2 diabetes mellitus.Diabetes, Obesity & Metabolism 13: 644 - 652, 2011

MSD 67, 90th Street, New Cairo
Tel.: 202 261 45100, Fax:+202 261 31820

"Januvia®/Janumet® are registered trademarks of Merck and Co., Inc., Whitehouse station, NJ, USA."
Trademark of MSP Singapore Company, LLC.
Copyright © April 2013 MSD LLC.
All rights reserved. October 2014.

DIAB-1094080-0000

www.merck.com

Janumet™

(sitagliptin/metformin, MSD)

STRONG

HbA1c REDUCTIONS

-3.6%

HbA_{1c} reduction at 18 weeks[a] (N=559)

Reference

1. Reasner et al. The effect of initial therapy with the fixed dose combination of sitagliptin and metformin compared with metformin monotherapy in patients with type 2 diabetes mellitus.Diabetes, Obesity & Metabolism 13: 644 - 652, 2011

MSD

Copyright© 2014 Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc., Whitehouse Station, NJ, USA.
Januvia®/Janumet® are registered trademarks of Merck and Co., Inc., Whitehouse station, NJ, USA.
All rights reserved.

31 Dec 2015 (EG)-DIAB-1101511-0026

67th El Tesseen St., Landmark Building, Fifth Settlement, New Cairo
Tel.: +202 26145100
Fax: +202 26131820
www.merck.com

Thanks to our Partners

novo nordisk®

NOVARTIS

MSD

Abbott

hikma.

MERCK

AstraZeneca

Boehringer Ingelheim

LIPTIS Pharmaceuticals

AUG PHARMA

ZETA PHARMA®

Lilly

EVAPHARMA

SERVIER

UTOPIA THE LIFE YOU DESERVE

alborg labs

APEX Pharma

Marcyrl

ALESRAA



PURE SPOT
EVENTS MANAGEMENT
www.purespot.org

CAIRO BRANCH
62 Makram Ebaid St., 6th Zone, Nasr City, Cairo-Egypt
(+20) 226721944 - (+20) 226718421

ASSIUT BRANCH
Takseem Elhokokeen.st. No. 11 Bulding 4 , flour 2
(+20) 882128885 - (+20) 226718421

DELTA BRANCH
Mansoura: El Gomuhria St. Beside Fathallah Market, Above Tarek El Zeini Mall Flat No. 5
(+2) 01029900706 - (+20) 226718421
info@egypure.org

17 YEARS OF EXCELLENCE

ICCA Member

MECOMED CERTIFIED

PROJECT MANAGER
Ms. Wessam Hatem
+201009110644
wesam.hatem@egypure.org