9TH DDA 2022
ANNUAL DELTA DIABETES ASSOCIATION INTERNATIONAL CONFERENCE



Marriott

CAIRO - MARRIOTT ZAMALEK HOTEL

JULY 20-22, 2022

ENDORSED BY

INTERNAL MEDICINE DEPARTMENT – FACULTY OF MEDICINE, DAMIETTA UNIVERSITY

ENDOCRINOLOGY & DIABETES DIVISION, DAMIETTA UNIVERSITY

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Ex- Head of Endocrinology & Diabetes Division.
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PROF. **WAEL FARAAG**	TANTA
PROF. **WALEED AMMAR**	DAMIETTA
PROF. **YASSER ABDEL RAOUF**	TANTA

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PROF. **AHMED SALAH SHAMS**	ZAGAZIG
PROF. **ALAA ABDELSALAM**	MENOFIA
PROF. **ALAA WAFA**	MANSOURA
PROF. **AMIRA NAWARA**	MANSOURA
PROF. **ARAFA ELSHABRAWY**	ZAGAZIG
PROF. **ASHRAF ELSHARKAWY**	MANSOURA
PROF. **ASHRAF TALAAT**	DAMIETTA
PROF. **AYMAN EL SAID**	TANTA
PROF. **AYMAN ELBADAWY**	BENHA
PROF. **BASMA ZAKARIA**	MANSOURA
PROF. **EHAB ABDELHAMEED**	ZAGAZIG
PROF. **EMAN ELSHORBAGY**	ZAGAZIG
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PROF. **FAHMY AMARA**	ALEX
PROF. **GHADA EL KENISHY**	MANSOURA
PROF. **HANAN ABDELHAY**	MANSOURA
PROF. **HANAN GAWISH**	MANSOURA
PROF. **HAYTHAM BADR**	MENOFIA
PROF. **HOSSAM ARAFA GHAZY**	MANSOURA
PROF. **IBRHAIM SABRY**	DAMIETTA
PROF. **IHAB SALEM**	ZAGAZIG
PROF. **KAMAL OKASHA**	TANTA
PROF. **KHALED EL HADIDY**	BENI SUEF
PROF. **KHALED ELBANA**	ZAGAZIG
PROF. **LAILA SAYED AHMED**	TANTA
PROF. **LOBNA EL TOUNI**	ASSUIT



DDA 2022 SPEAKERS & CHAIRMEN *(ALPHABETICALLY)*

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PROF. **MAMDOUH EL NAHAS**	PORT SAID
PROF. **MARWA KHALIL**	MANSOURA
PROF. **MEGAHED ABO ELMAGD**	MANSOURA
PROF. **MESBAH KAMEL**	MENIA
PROF. **MOHAMED ASSY**	ZAGAZIG
PROF. **MOHAMED AWAD**	ZAGAZIG
PROF. **MOHAMED GABER**	ZAGAZIG
PROF. **MOHAMED GAMAL**	ZAGAZIG
PROF. **MOHAMED KAMAL NASSAR**	MANSOURA
PROF. **MOHAMED KAMAR**	ZAGAZIG
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PROF. **TAMER YOUSSEF**	MANSOURA
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9TH DDA 2022
ANNUAL DELTA DIABETES ASSOCIATION INTERNATIONAL CONFERENCE



Day 1

WEDNESDAY, JULY 20, 2022

08:00-10:00 AM	Registration.
09:45 -10:00 AM	Opening

1 SESSION

10:00 -11:00 AM

Challenges in Diabetes Mellitus Management

CHAIRPERSONS *Alphabetically*

Prof. **Ashraf Talaat** *(Damietta)* - *Prof.* **Mohamed Awad** *(Zagazig)* - *Prof.* **Mohamed Kamar** *(Zagazig)*

10:00 – 10:15 AM	**Glucagon antagonists to restore normoglycemia** *Prof.* **Engy Abdelwahab** - *(Tanta)*
10:15 – 10:30 AM	**Aging, male sex, obesity and metabolic inflammation create the Perfect Storm for COVID-19** *Prof.* **Laila Sayed Ahmed** *(Tanta)*
10:30 – 10:45 AM	**Hypoglycemia, DDA 2022** *Prof.* **Wael Faraag** *(Tanta)*
10:45 – 11:00 AM	**Discussion**



2 SESSION

11:00 -12:00 PM

Adult Obesity Facts

CHAIRPERSONS *Alphabetically*

Prof. **Engy Abdelwahab** *(Tanta)* - *Prof.* **Laila Sayed Ahmed** *(Tanta)*
Prof. **Wael Farrag** *(Tanta)*

11:00 – 11:15 AM	**Pathophysiology and pharmacological treatment of obesity** *Prof.* **Yasser Abdelraouf** - *(Tanta)*
	Bariatric Surgery: To do or not to do??
11:15 – 11:30 AM	**Pros** *Prof.* **Eman Elshorbagy**-*(Zagazig)*
11:30 – 11:45 AM	**Cons** *Prof.* **Alaa Wafa**-*(Mansoura)*
11:45 – 12:00 PM	**Discussion**

3 SESSION

12:00 -12:40 PM

Is Erectile Dysfunction still ... Unresolved problem??

CHAIRPERSONS *Alphabetically*

Prof. **Alaa Wafa** *(Mansoura)* - *Prof.* **Mohamed Awad** *(Zagazig)*

12:00 – 12:15 PM	**Pharmacological intervention** *Prof.* **Ashraf Talaat** - *(Damietta)*
12:15 – 12:30 PM	**Surgical intervention** *Prof.* **Tamer Youssef** *(Mansoura)*
12:30 – 12:45 PM	**Discussion**

4 SESSION

12:45 -01:30 PM

Update management of type 1 diabetes in adult

CHAIRPERSONS *Alphabetically*

Prof. Eman Elshorbagy *(Zagazig)* - *Prof.* Mohamed Kamar *(Zagazig)*

12:45 – 01:00 PM	**The management of Type 1 diabetes in adult** *Prof.* Mohamed Awad - *(Zagazig)*
01:00 – 01:15 PM	**Automated insulin Delivery** *Prof.* Arafa Elshabrawy - *(Zagazig)*
01:15 – 01:30 PM	**Discussion**

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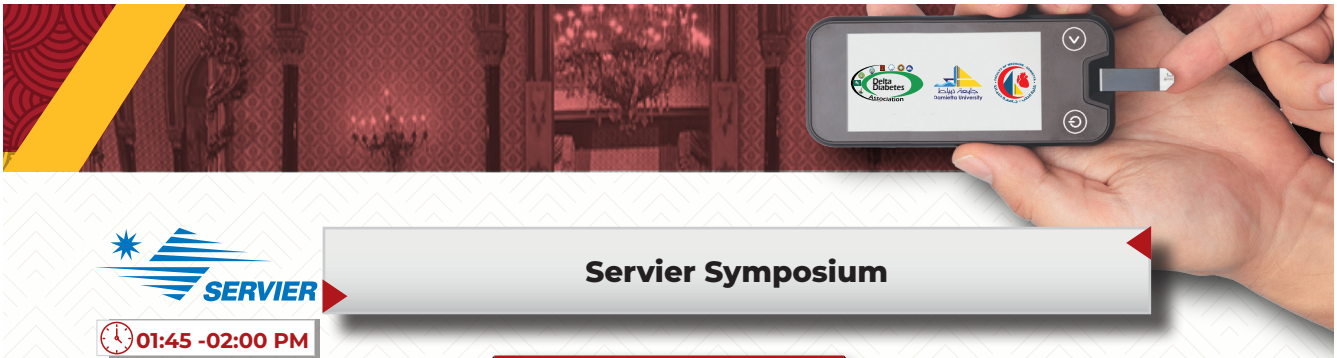
01:30 -01:45 PM

Novo Nordisk Symposium 1

CHAIRPERSONS *Alphabetically*

Prof. Ashraf Talaat *(Damietta)* - *Prof.* Mohamed Kamar *(Zagazig)*

01:30 -01:45 PM	**Paradigm shift of basal insulin intensification** *Prof.* Alaa Wafa - *(Mansoura)*



Servier Symposium

01:45 -02:00 PM

CHAIRPERSONS *Alphabetically*

Prof. **Engy Abdelwahab** *(Tanta)* - *Prof.* **Laila Sayed Ahmed** *(Tanta)*

01:45 -02:00 PM	**SU is a corner-stone to achieve diabetes control** *Prof.* **Alaa Abdelsalam** - *(Menofia)*

Nerhaduo Symposium

02:00 - 02:15 PM

CHAIRPERSONS

Prof. **Ashraf Talaat** *(Damietta)*

02:00 -02:15 PM	**Challenges in administration of vitamin B12.** *Dr.* **Reham Moustafa**
02:15 – 02:45	**Break**

Abbott Symposium

02:45 - 03:00 PM

CHAIRPERSONS *Alphabetically*

Prof. **Alaa Wafa** *(Mansoura)* - *Prof.* **Mohamed Awad** *(Zagazig)*

02:45 -03:00 PM	**Abbott meet the experts discussion dyslipidemia in diabetes what is new?**

5 SESSION

Diabetes in pregnancy

03:00-04:00 PM

CHAIRPERSONS *Alphabetically*

Prof. Eman Elshorbagy *(Zagazig)* - *Prof.* Mohamed Kamar *(Zagazig)*

03:00 – 03:15 PM	**Diabetes Remission** *Prof.* Hanan Gawish - *(Mansoura)*
03:15 – 03:30 PM	**The use of insulin in pregnancy** *Prof.* Engy Abdelwahab - *(Tanta)*
03:30 – 03:45 PM	**The use of metformin in pregnancy** *Prof.* Laila Sayed Ahmed - *(Tanta)*
03:45 – 04:00 PM	**Discussion**

UTOPIA THE LIFE YOU DESERVE

Utopia Symposium

04:00 -04:20 PM

CHAIRPERSONS *Alphabetically*

Prof. Alaa Abdelsalam *(Menofia)* - *Prof.* Wael Faraag *(Tanta)*

04:00 -04:20 PM	**ESC guidelines in management of Hypertension** *Prof.* Alaa Wafa - *(Mansoura)*



6 SESSION

04:20-05:20 PM

Rising Stars 1: ADA standard of care 2022 (Management of diabetes in special situations)

CHAIRPERSONS *Alphabetically*

Prof. **Alaa Wafa** *(Mansoura)* - *Prof.* **Ashraf Talaat** *(Damietta)*
Prof. **Mohamed Awad** *(Zagazig)* - *Prof.* **Wael Faraag** *(Tanta)*

04:20 – 04:35 PM	**Neuropsychiatric diabetic patients.** *Prof.* **Amira Nawara** - *(Mansoura)*
04:35 – 04:50 PM	**Retinopathy, Neuropathy and Foot Care** *Prof.* **Mohamed Gamal Khalifa** - *(Zagazig)*
04:50 – 05:05 PM	**Nutritional Aspects in DM.** *Prof.* **Basma Zakaria** - *(Mansoura)*
05:05 – 05:20 PM	**Glycemic Targets** *Prof.* **Sara Abdelmageed** - *(Tanta)*
05:20	**Lunch**

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Day 2

THURSDAY, JULY 21, 2022



7 SESSION

Cognitive Dysfunction & atherosclerosis in diabetics

09:15 -10:15 AM

CHAIRPERSONS *Alphabetically*

Prof. **Ashraf Talaat** *(Damietta)* - *Prof.* **Engy Abdelwahab** *(Tanta)*
Prof. **Wael Faraag** *(Tanat)*

09:15 – 09:30 AM	**Cognitive Dysfunction in patient with diabetes** *Prof.* **Khaled El Hadidy** - *(Beni Suef)*
09:30 – 09:45 AM	**DPP-4 activity, hyper insulinemia and atherosclerosis** *Prof.* **Mohamed Mashaheet** - *(Al Fayoum)*
09:45 – 10:00 AM	**Lipoprotein (a): role in ASCVD in diabetes** *Prof.* **Nashwa Elgharabawy** - *(Tanta)*
10:00 – 10:15 AM	**Discussion**

MSD

MSD Symposium

10:15 -11:15 AM

CHAIRPERSONS *Alphabetically*

Prof. **Mohamed Assy** *(Zagazig)* - *Prof.* **Mohamed Kamar** *(Zagazig)*

10:15 -10:45 AM	**What's after metformin the debatable question??** *Prof.* **Mohamed Awad** - *(Zagazig)*
10:45 - 11:15 AM	**The role of sitagliptin in special situation** *Prof.* **Noha Gaber** - *(Alex)*

8 SESSION

11:15 AM -12:15 PM

Update Management of Hyperglycemia 2022

CHAIRPERSONS *Alphabetically*

Prof. **Eman Elshorbagy** *(Zagazig) - Prof.* **Hanan Gawish** *(Mansoura)*
Prof. **Laila Sayed Ahmed** *(Tanta) - Prof.* **Mohamed Assy** *(Zagazig)*

11:15 – 11:30 AM	**Adult Type 2 DM** *Prof.* **Mohamed Awad** - *(Zagazig)*
11:30 – 11:45 AM	**LADA** *Prof.* **Ashraf Talaat** - *(Damietta)*
11:45 – 12:00 PM	**Gestational diabetes** *Prof.* **Lobna El Toni** - *(Assuit)*
12:00 – 12:15 PM	**Discussion**

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12:15 -12:45 PM

Novo Nordisk Symposium 2

CHAIRPERSONS *Alphabetically*

Prof. **Alaa Wafa** *(Mansoura) - Prof.* **Mohamed Kamar** *(Zagazig)*

12:15 -12:45 PM	**Oral Semaglutide: The first and only Oral GLP-1 RA** *Prof.* **Ihab Salem** - *(Zagazig)*



OPENING CEREMONY
12:45 -01:15 PM

MODERATOR
Prof. **Mohamed Awad** *(Zagazig)*

WELCOME SPEECHES
- *Prof.* **Ashraf Talaat** *(Damietta)*
- *Prof.* **Mohamed Kamar** *(Zagazig)*
- **DDA Board**

NOVARTIS

01:15 -02:00 PM

Novartis Symposium

CHAIRPERSONS
Alphabetically

Prof. **Ayman Elbadawy** *(Benha)* - *Prof.* **Mohamed Awad** *(Zagazig)*
Prof. **Mohamed Kamar** *(Zagazig)*

01:15 -01:35 AM	**Valsartan & standard care of enhancement** *Prof.* **Yasser Zakhary** - *(Cairo)*
01:35 -01:55 AM	**Galvus Beyond Glycemic control** *Prof.* **Ahmed Salah Shams** *(Zagazig)*

9 SESSION

02:00 - 02:30 PM

Stat of Art Lecture

CHAIRPERSONS
Alphabetically

Prof. **Adel Abdelaziz** *(Sohag)* - *Prof.* **Fahmy Amara** *(Alex)*
Prof. **Mohamed Assy** *(Zagazig)*

02:00 - 02:30 PM	**New Strategies for improving glycemic control** *Prof.* **Mohamed Kamar** - *(Zagazig)*
02:30 – 03:00 PM	**Break**

Merck Symposium

03:00 -03:30 PM

CHAIRPERSONS *Alphabetically*

Prof. **Eman Elshorbagy** *(Zagazig) - Prof.* **Mesbah Kamel** *(Menia)*

03:00 -03:15 PM	**Step one in diabetes management** *Prof.* **Megahed Abo Elmagd** - *(Mansoura)*
03:15 -03:30 PM	**Shortcut to early and tight control** *Prof.* **Khaled Elbana** - *(Zagazig)*

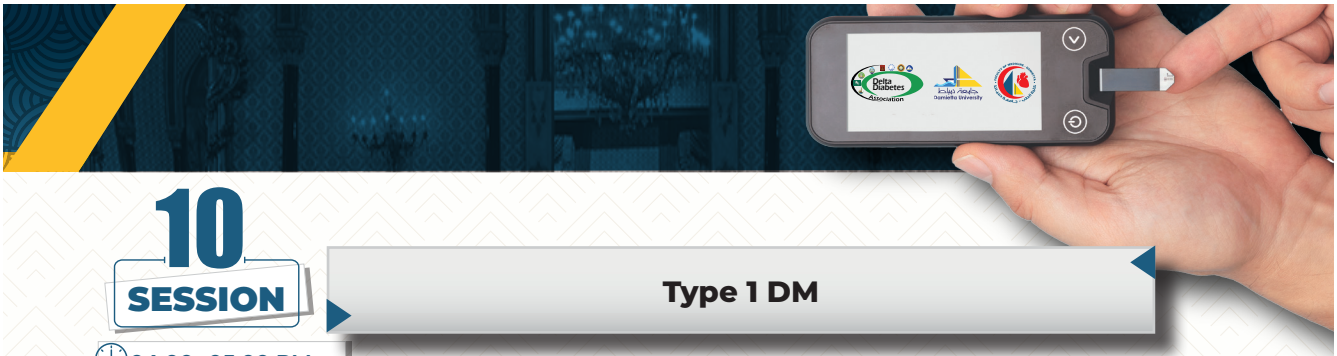
Boehringer Ingelheim Symposium

03:30-04:00 PM

CHAIRPERSONS *Alphabetically*

Prof. **Ihab Salem** *(Zagazig) - Prof.* **Mahmoud Hemida** *(Azhar)*

03:30 -04:00 PM	**Fixed does combination, What Synjardy can add** *Prof.* **Hossam Arafa Ghazy** - *(Mansoura)*



10 SESSION

04:00 -05:00 PM

Type 1 DM

CHAIRPERSONS *Alphabetically*

Prof. **Alaa Wafa** *(Mansoura) - Prof.* **Ashraf Talaat** *(Damietta)*
Prof. **Mohamed Awad** *(Zagazig) - Prof.* **Mohamed Elassal** *(Benha)*

04:00 – 04:15 PM	**Type 1 DM Management with focus on patient Education** *Prof.* **Ashraf Elsharkawy** - *(Mansoura)*
04:15 – 04:30 PM	**Microvascular & Macrovascular Complication in type 1 in children** *Prof.* **Ehab Abdelhameed** - *(Zagazig)*
04:30 – 04:45 PM	**Etiology of autoimmune IsLet Disease: Timing is everything** *Prof.* **Mesbah Kamel** - *(Menia)*
04:45 – 05:00 PM	**Discussion**

11 SESSION

05:00 -06:00 PM

Diabetes and Kidney

CHAIRPERSONS *Alphabetically*

Prof. **Ahmed Salah** *(Zagazig) - Prof.* **Ashraf Talaat** *(Damietta)*
Prof. **Saad El Alamy** *(Port Said) - Prof.* **Wael Faraag** *(Tanta)*

05:00 – 05:15 PM	**Update in diabetic Nephropathy** *Prof.* **Kamal Okasha** - *(Tanta)*
05:15 – 05:30 PM	**Acute Kidney Injury in Diabetes** *Prof.* **Ghada El Kenishy** - *(Mansoura)*
05:30 – 05:45 PM	**Novel therapies for kidney disease in diabetes** *Prof.* **Mohamed Kamal Nassar** - *(Mansoura)*
05:45 – 06:00 PM	**Discussion**

12 SESSION

Debate session: Hypertriglyceridemia and ASCVD in Diabetes

06:00 -06:30 PM

CHAIRPERSONS *Alphabetically*

Prof. **Engy Abdelwahab** *(Tanta)* - *Prof.* **Hanan Gawish** *(Mansoura)*
Prof. **Wael Faraag** *(Tanta)*

06:00 – 06:15 PM	**Hypertriglyceridemia has no role in ASCVD in Diabetes** *Prof.* **Ayman EL Said** - *(Tanta)*
06:15 – 06:30 PM	**Hypertriglyceridemia has a role in ASCVD in Diabetes** *Prof.* **Mamdouh El Nahas** - *(Port Said)*
06:30	**Lunch**

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Day 3

FRIDAY, JULY 22, 2022

13 SESSION

09:15 -10:00 AM

Rising Stars 2: ADA standard of care 2022 (Management of diabetes in special situations)

CHAIRPERSONS *Alphabetically*

Prof. **Eslam Eid** *(Damietta)* - *Prof.* **Ibrahim Sabry** *(Damietta)*
Prof. **Laila Sayed Ahmed** *(Tanta)* - *Prof.* **Alaa Wafa** *(Mansoura)*

09:15 – 09:30 AM	**Elderly diabetic patients.** *Prof.* **Hanan Abdelhay** - *(Mansoura)*
09:30 – 09:45 AM	**Prevention or delay of Type 2 Diabetes and associated Comorbidities** *Prof.* **Haytham Badr** - *(Menofia)*
09:45 – 10:00 AM	**Critically-ill diabetic patients.** *Prof.* **Marwa Khalil** - *(Mansoura)*

14 SESSION

10:00 -11:00 AM

Endocrinal Disorders - Obesity crosstalk: Case scenarios

CHAIRPERSONS *Alphabetically*

Prof. **Ashraf Talaat** *(Damietta)* - *Prof.* **Ayman El Gundy** *(Port Said)*
Prof. **Eman Elshorbagy** *(Zagazig)* - *Prof.* **Engy Abdelwahab** *(Tanta)*

10:00 – 10:15 AM	**Pituitary – thyroid crosstalk** *Prof.* **Alaa Wafa** - *(Mansoura)*
10:15 – 10:30 AM	**Hyperprolactinemia** *Prof.* **Wael Faraag** - *(Tanta)*
10:30 – 10:45 AM	**Thyroid – Obesity crosstalk** *Prof.* **Mohamed Gaber** - *(Zagazig)*
10:45 – 11:00 AM	**Discussion**



Novo Nordisk Symposium 3

11:00 -11:15 AM

CHAIRPERSONS

Alphabetically

Prof. **Ashraf Talaat** *(Damietta)* - *Prof.* **Mohamed Kamar** *(Zagazig)*

11:00 -11:15 AM	**Liraglutide 3.0 mg one drug multiple benefits** *Prof.* **Nabil El Kafrawy** *(Menofia)*
Closing Session	

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See you Next year

26-28 July 2023

9TH DDA 2022
ANNUAL DELTA DIABETES ASSOCIATION INTERNATIONAL CONFERENCE





ORGANIZED BY :

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