Annual Conference of

Diabetes, Endocrine & Metabolism Pediatric Unit (DEMPU)

Pediatric Department – Faculty of Medicine, Cairo University

Many Minds, One Mission: Brighter Childhood



23 April 2026– Ramses Hilton Hotel, Cairo

PURE SPOT EVENTS MANAGEMENT

Under The Patronage of:

Dean of faculty of medicine
Cairo University
Prof. Husam Salah

Conference President

Prof. Ghada Anwar

Scientific Committee

Prof. Hend Mehawed

Prof. Marwa Farouk

Organizing Committee

Ass. Prof. Noha Arafa

Ass. Prof. Radwa Shamma

Dr. Khaled Elkhashab

Welcome note

It is my great pleasure and honor to warmly welcome all distinguished speakers, chairpersons, colleagues, and participants to our gathering.

This conference reflects our shared commitment to advancing the field of pediatric endocrinology and diabetes through scientific excellence, collaboration, and innovation.

We are proud to bring together leading experts, dedicated clinicians, researchers, and healthcare professionals to exchange knowledge, discuss emerging challenges, and explore the latest developments that will shape the future of child health.

Your presence enriches this meeting and strengthens our collective mission to improve the care and lives of children and adolescents. I wish you a productive, inspiring, and successful conference experience.

Prof. Ghada Anwar

Prof. Ghada Anwar

Head of Diabetes Endocrine and Metabolism Pediatric Unit

Conference President

REGISTRATION - 08:30

SESSION 1 - GROWTH & PUBERTY
9:30 AM – 10:15 AM

Chairpersons: alphabetically

- **Dr. Abed Shahata** *(National Health Insurance)*
- **Prof. Eman Sherif** *(Ain shams University)*
- **Prof. Heba Hassan** *(Ain shams University)*
- **Prof. Nermin Salah** *(Cairo University)*
- **Prof. Sameh Tawfik** *(Military Academy)*
- **Prof. Soha Abdel Dayem** *(National Research Institute)*
- **Prof. Tarek Farid** *(National Research Institute)*

Exploring new horizon in GH therapy: safety of short vs long acting?

Prof. **Shereen Abdel Gaffar** 09:30-09:45 AM

Precocious puberty: GnRH therapy: navigating therapeutic targets

Prof. **Hend Mehawed** 09:45-10:00 AM

Restoring Growth Potential in Children with GHD

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Dr. **Khalid El Khashab** 10:00-10:15 AM

SESSION 2 - DIABETES IN CHILDREN AND ADOLESCENTS
10:15 AM - 11:40 AM

Chairpersons: alphabetically

- **Prof. Ashraf Elsharkawy** *(Mansoura University)*
- **Prof. Hoda Atwa** *(Suez Canal University)*
- **Prof. Lubna Anas** *(Cairo University)*
- **Dr. Ramy Saleh** *(AFCM)*
- **Prof. Randa Mattar** *(Ain Shams University)*
- **Prof. Remon Magdy** *(El Fayoum University)*
- **Prof. Yasmin El Henawy** *(Ain Shams University)*

Double diabetes: When type1 meets type 2 DM

Prof. Marwa Farok — 10:15-10:30 AM

Steady Control: Optimizing long acting insulin in Type 1 Diabetes sanofi

Prof. Radwa Shamma — 10:30-10:50 AM

Misdiagnosed diabetes: when to think of MODY?

Dr. Radwa Halim — 10:50-11:05 AM

Linx study Diabetes Cloud

Prof. Abeer Abdel Maksoud — 11:05-11:20 AM

Insulin Degludec: A LONG journey in T1DM management novo nordisk®

Prof. Ghada Anwar — 11:20-11:40 AM

SESSION 3 - ADRENAL DISORDERS
11:40 AM - 12:30 PM

Chairpersons: alphabetically

- **Prof. Amany El Hawary** *(El Mansoura University)*
- **Dr. Dina Fawzy** *(Alexandria University)*
- **Prof. Fatma El Mogy** *(Cairo University)*
- **Prof. Mona Hafez** *(Cairo University)*
- **Prof. Qotb Abbas** *(Assiut University)*
- **Prof. Randa Khalaf** *(Ain Shams University)*
- **Dr. Sara EL Shal** *(Tanta University)*

Beyond replacement: Novel therapies in adrenal insufficiency and CAH

Prof. Noha Arafa — 11:40-12:00 PM

Cracking Cushing Syndrome: A practical updated guide from diagnosis to therapy

Dr. Shahenda Shaaban — 12:00 -12:15 PM

Adrenal Tumors

Dr. Yomna Ahmed — 12:15-12:30 PM

SESSION 4 - SANDOZ SYMPOSIUM

Chronic conditions associated growth failure: Cases presentations and frequently asked questions about growth hormone therapy.

12:30-01:30 PM



Moderator: **Prof. Ghada Anwar**

SANDOZ

Growth Failure in Chronic Kidney Disease: Timing GH Therapy for Maximum Benefit

Prof. **Noha Arafa** 12:30 -12:50 PM

Crossing Percentiles: Constitutional Delay vs Treatable Condition—To Treat or Not?

Prof **Radwa Shamma** 12:50-1:10 PM

Beyond the Gut: Persistent Growth Failure in Celiac Disease Despite Dietary Control

Dr. **Khalid El Khashab** 1:10 -1:30 PM

Coffee Break | 01:30 – 02:30 pm

SESSION 5 - OBESITY & METABOLISM DISORDERS
02:30-03:30 PM

Chairpersons: alphabetically

- **Prof. Inas Mazen** *(National Research Institute)*
- **Dr. Kholoud Hassan** *(Alexandria Health Insurance)*
- **Prof. Mohamed Abo El Asrar** *(Ain Shams University)*
- **Prof. Nanees Selim** *(El Mansoura University)*
- **Prof. Nermin Heidar** *(National Diabetes Institute)*
- **Dr. Rasha Wafeek** *(El Mansoura Health Insurance)*

From Red Flags to Algorithms: Diagnosing early-onset obesity and new era of therapy

Prof. **Samah Ahmad** 02:30-02:45 PM

Semaglutide 2.4 mg: Goes beyond

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Prof **Shereen Abdel Ghaffar** 02:45-03:00 PM

Rethinking PCOS: Emerging concepts in diagnosis and therapy

Dr. **Shayma El Behairy** 03:00-03:15 PM

Updates in management of PWS

Dr. **Walaa Mohammad** 03:15-03:30 PM

SESSION 6 - BONE & CALCIUM DISORDERS

03:30-04:20 PM

Chairpersons: alphabetically

- **Prof. Basma Abdel Moez** *(El Menia University)*
- **Prof. Mona Rashad** *(Ain Shams University)*
- **Prof. Ola Taha** *(Tanta University)*
- **Dr. Tamer Selim** *(Menoufia Health Insurance)*
- **Prof. Wessam Muharram** *(Ain Shams University)*

Beyond Bowed Legs: Modern approaches to hypophosphatemic rickets

Dr. **Nada Gamal** 03:30-03:45 PM

Achondroplasia: From diagnosis to the new era of therapy

Dr **Fatma Alzahraa** 03:45-04:00 PM

Hypophosphatasia: The Great Mimicker in Metabolic Bone Disease AstraZeneca

Prof. **Ghada Anwar** 04:00-04:20 PM

SESSION 7 - MISCELLANEOUS CASE PRESENTATIONS

04:20-05:30 PM

Chairpersons: alphabetically

- **Prof. Ahmed Arafa** *(Tanta University)*
- **Dr. Hossam Kadry** *(Health Insurance)*
- **Prof. Hossam Kamal** *(Zagazig University)*
- **Prof. Ihab Abd El Hamid** *(Zagazig University)*
- **Dr. Mohamed Abo Kefo** *(Health Insurance)*
- **Prof. Mona Karem** *(Suez Canal University)*

Endocrine insights in pediatric craniopharyngioma

Prof. Mona Attia — 04:20-05:00 PM

DSD case presentations

Dr. Engy Nasr — 05:00-05:15 PM

Double Trouble at Diagnosis: When diabetes is not the whole story

Dr. Eman Mohsen — 05:15-05:30 PM

05:30-06:00 - Closing Remarks

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