ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

31 JULY 1-2 AUGUST 2024

MISR TRAVEL (HELNAN PORTSAID)

IN COLLABORATION WITH

ELDAKAHLIA MEDICAL SYNDICATE &
DAKAHLIA INTERNAL MEDICINE ASSOCIATION. (DIMA)



CONFERENCE PRESIDENT

PROF. ALAA WAFA

HEAD OF DAKAHLIA INTERNAL MEDICINE ASSOCIATION. (DIMA)
& HEAD OF ENDOCRINE AND DIABETES LIAISON

PURE SPOT
EVENTS MANAGEMENT



ANNUAL FORUM OF
ENDOCRINE AND DIABETES LIAISON

Welcome Message

Dear Esteemed Colleagues and Participants,

It is with great pleasure for me and the organizing committee of the Endocrine and Diabetes Liaison, in collaboration with the Dakahlia Internal Medicine Association, welcomes all board members, professors, and participants to the annual forum.

Endocrine disorders and diabetes are prevalent in our country. Physicians interested in endocrinology require continuous updates across various aspects of these conditions. In our era of evidence-based medicine and clinical guidelines, staying updated is essential.

Our association and liaison have already initiated a series of seminars, workshops, and scientific days. These sessions cover diverse aspects of the endocrine system and diabetes. Our education includes other healthcare providers, pharmacists, and nurses. Additionally, patient education remains a priority. The seminars designed for patient education will be organized through the years to educate the educators (facilitators) and educate the patients.

Our mission is to help physicians involved in the management of endocrine disorders and diabetes to be aware of a latest developments and guidelines updates through different scientific activities covering over the year. these scientific waves and seminars will cover all aspects of endocrine disorders and diabetes in a clear and interactive ways that help participating physicians be to the point in dealing will the various patient's problems.

As we embark on this journey, we seek divine assistance and guidance. Together, let us advance our understanding with the latest developments and guideline updates, address real-world patient challenges through interactive discussions, improve patient care, and contribute to the well-being of those we serve. Our goal is to equip physicians.

We extend a warm welcome to our eminent professors from various universities, including Alexandria, Cairo, Tanta, Zagazig, Mansoura, Benha, and Damietta in different specialties who work with endocrinologists as a multi-disciplinary team as nephrology, cardiology, endocrinal surgery, neurosurgery, diagnostic radiology & radiotherapy. Your expertise and guidance are invaluable to us.

Thank you for being part of this educational journey. Together, we strive to elevate patient care and advance our understanding of these critical health conditions.

Finally, we ask our God for all help and guidance to achieve our noble goal for the benefits of our patients.

With gratitude and anticipation,



Prof. Alaa Wafaa

Professor of Endocrinology & Diabetes,
Head of Endocrine & Diabetes Liaison,
Head of Dakahlia Internal Medicine Association



ANNUAL FORUM OF ENDOCRINE AND DIABETES LIAISON

DAY 1 — **THURSDAY** 1st August 2024

REGISTRATION

11:00 - 1:00

1 PEDIATRIC & ADOLESCENT ENDOCRINOLOGY

1:00 -1:45

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Alaa Wafa*** - *Prof.* ***Fayez El Kenawy*** - *Prof.* ***Wael Farag*** *Prof.* ***Ehab Salem*** - *Prof.* ***Mohamed Yakoot***
1:00 – 1:15	**GROWTH HORMONE THERAPY: MISUSE AND ABUSE** *Prof.* ***Ashraf El Sharkawy*** *-Mansoura University*
1:15 – 1:30	**CLINICAL APPROACHES TO CHILD WITH PRECOCIOUS PUBERTY** *Prof.* ***Amany El Hawary*** *- Mansoura University*
1:30 – 1:45	**ADOLESCENT OBESITY** *Prof.* ***Farid Fawzy*** *- Zagazig University*

OPENING CEREMONY

1:45 – 2:00





2 KIDNEY, HEART, AND DIABETES TRIPLE OF TROUBLE?

2:00 - 3:30

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Ahmed Wafa*** *-* *Prof.* ***Alaa Wafa*** *Prof.* ***Mamdouh El Nahas*** *-* *Prof.* ***Mahmoud Youssef***
2:00 – 2:15	**DIABETOLOGIST PERSPECTIVE : UPDATED 2024 DIABETES MANAGEMENT GUIDELINES** *Prof.* ***Mohamed Kamar*** *- Zagazig University*
2:15 – 2:30	**NEPHROLOGIST PERSPECTIVE: UPDATED KDIGO GUIDELINES 2024 FOR DIABETIC KIDNEY DISEASE** *Prof.* ***Emad Magdy*** *- Nephrology - Mansoura University*
2:30 – 2:45	**CARDIOLOGIST PERSPECTIVE: DIABETIC HEART FAILURE** *Prof.* ***Sherif Sakr*** *- Mansoura University*
2:45 – 3:00	**PANEL DISCUSSION: A DOUBLE TROUBLE OF DIABETIC HEART FAILURE & DKD (ARE THERE ANY LINK?)** ***Panel Discussion***
3:00 – 3:15	**UPDATE IN MANAGEMENT OF DIABETIC PATIENTS WITH CARDIORENAL SYNDROME AND MULTIPLE CVS RISK FACTORS: LESSONS FROM DIFFERENT GUIDLINES** *Prof.* ***Mohamed Shawky El Sayed*** *- Banha University* sanofi
3:15 – 3:30	**ORAL SEMAGLUTIDE ROLE IN THE CARDIOMETABOLIC CONTINUUM** *Prof.* ***Noha Gabr*** *- Alexandria University* novo nordisk

3 MENOPAUSE/ ANDROPAUSE: (DOUBLE TROUBLE)

3:30 - 400

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Injy Abdel Wahab*** *-* *Prof.* ***Amany Moussa*** *Prof.* ***Mohamed sallam*** *-* *Prof.* ***Manal Tarshouby*** *Prof.* ***Fawzy El Mosalamy***
3:30 – 3:45	**HORMONAL REPLACEMENT THERAPY IN PERI-MENOPAUSAL WOMEN** *Prof.* ***Alaa Wafa*** *- Mansoura University*
3:45 – 4:00	**ENDOCRINAL ASPECTS OF ANDROPAUSE** *Prof.* ***Mohamed Yakoot*** *- Mansoura University*



4 PITUITARY MULTI-DISCIPLINARY MANAGEMENT APPROACH

4:00 - 5:15

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Omayma Saleh*** *-* ***Prof. Alaa Wafa*** *-* ***Prof. Mohamed Abo El Ata*** *Prof.* ***Wael Farrag*** *-* ***Prof. Nermin Soliman***
4:00 – 4:15	**ENDOCRINOLOGIST PERSPECTIVE: CHALLENGES IN DIAGNOSIS & DECISION MAKING OF FUNCTIONING PITUITARY ADENOMA** *Prof.* ***Ehab Salem*** *-* **ZAGAZIG UNIVERSITY**
4:15 – 4:30	**RADIOLOGIST PERSPECTIVE: DIAGNOSIS OF FUNCTIONING PITUITARY ADENOMA** *Prof.* ***Ahmed Reda Bassiouny*** *- Mansoura University*
4:30 – 4:45	**NEUROSURGEON PERSPECTIVE : DECISION MAKING & INTRAOPERATIVE SURGICAL CHALLENGES AND POSTOPERATIVE FOLLOW UP** *Prof.* ***Ahmed Nagiub*** *- Mansoura University*
4:45 – 5:15	**BREAK**

5 DIABETES CLASSIFICATION

5:15 - 6:15

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Magdy Megala*** *-* ***Prof. Hatem Salem*** *Prof.* ***Manal Tarshouby*** *-* ***Prof. Islam Eid***
5:15 – 5:30	**HETEROGENECITY OF T2DM: ARE WE IN NEED OF A NEW CLASSIFICATION?** *Prof.* ***Basma Zakaria*** *- Mansoura University*
5:30 – 5:45	**NON-CLASSIC FORMS OF DM (CASE STUDY)** *Prof.* ***Aya El Bialy*** *- Mansoura University*
5:45 – 6:00	**NON-CLASSIC FORMS OF DM (CASE STUDY)** *Prof.* ***Mohamed El Sayed*** *- Mansoura University*
6:00 – 6:15	**ROLE OF SITAGLIPTIN IN MANAGEMENT OF NEWLY DIAGNOSED TYPE 2 DIABETIC PATIENTS** *Prof.* ***Azza Abdel Kareem*** *- Alexandria University* MSD

6 ENDO-CARDIO CROSS LINK (CHALLENGING CASES)

6:15 - 7:15

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Ahmed Wafa*** *- Prof.* ***Sherif Sakr*** *Prof.* ***Mohamed Hesham Daba*** *- Prof.* ***Mamdouh El Nahas*** *Prof.* ***Fawzy El Mosalamy***
6:15 – 6:30	**CASE 1** *Prof.* ***Arafa El Shabrawy*** *- Zagazig University*
6:30 – 6:45	**CASE 2** *Prof.* ***Amira Nowara*** *- Mansoura University*
6:45 – 7:00	**CASE 3** *Prof.* ***Hanan Abdel Hay*** *- Mansoura University*
7:00 – 7:15	**TAMING THE BEAST WHEN AND HOW** *Prof.* ***Mahmoud Youssef*** *- Mansoura University*





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DAY 2 — **FRIDAY** 1st August 2024

REGISTRATION

9:00 - 10:00

7 INTERACTIVE ENDOCRINE CASE DISCUSSION

10:00 - 11:15

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Alaa Wafa*** *-* *Prof.* ***Mohamed Yakoot*** *-* *Prof.* ***Mohamed Mossad*** *Prof.* ***Ingy Abdel Wahab*** *-* *Prof.* ***Wael Farrag***
10:00 – 10:15	**CASE 1** *Prof.* ***Mohamed Roshdy*** *- Mansoura University*
10:15 – 10:30	**CASE 2** *Dr.* ***Asmaa El Weheedy*** **,** *Dr.* ***Hadeer Naguib*** *- Mansoura University*
10:30 – 10:45	**CASE 3** *Dr.* ***Aya Barakat*** **-** *Tanta University*
10:45 – 11:00	**CASE 4** *Prof.* ***Sally Sameh*** *- Mansoura University*
11:00 – 11:15	**DIABETIC NEUROPATHY: HOW TO MANAGE?** *Prof.* ***Rania Bahriz*** *- Mansoura University*

PHARCO PHARMACEUTICALS





8 NEUROPATHY WORKSHOP

11:15 - 12:30

MODERATOR	*Prof.* ***Alaa Wafa***
11:15 – 11:30	**CLINICAL APPROACH TO DIABETIC PATIENT PRESENTED WITH NEUROPATHY** *Prof.* ***Magdy Megala*** *- Alexandria University*
11:30 – 11:45	**BEDSIDE DIAGNOSIS OF DIABETIC NEUROPATHY** *Prof.* ***Mohamed Zaiuton*** *- Alexandria University*
11:45 – 12:00	**PRACTICAL MANAGEMENT PLAN** *Prof.* ***Noha Gaber*** *- Alexandria University*
12:00 – 12:15	**EVA SYMPOSIUM** *Dr.* ***Krolos Magdi*** EVA PHARMA
12:15 – 12:30	**FUTURE IS NOW: PCSK9 INHIBITORS IN LIPID MANAGEMENT** *Prof.* ***Ahmed El Behiry*** *- Mansoura University* sanofi

Prayer and Break
12:30 – 2:00

9 THYROID PANEL DISCUSSION

2:00 – 2:30

MODERATOR	*Prof.* ***Tamer Yousef*** *- Mansoura University*
2:00 – 2:30	**CONTEMPORARY DEBATES IN DIFFERENTIATED THYROID CANCER MANAGEMENT** **PANEL DISCUSSION** *Prof.* ***Khaled El Hadidy*** *-* *Prof.* ***Alaa Wafa*** *Prof.* ***Fawzy El Mosalamy*** *-* *Prof.* ***Hanan Wahba*** *Prof.* ***Hend El Hadad*** *-* *Prof.* ***Wael Farrag***



10 DIABETES FORGOTTEN COMPLICATIONS

2:30- 3:30

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Talaat Abdel Aty*** *- Prof.* ***Mohamed Abdel Raouf*** *- Prof.* ***Nabil El Nagar*** *Prof.* ***Fawzy El Mosalamy*** *- Prof.* ***Fayez El Kenawy***
2:30 – 2:45	**DIABETES PARADOX: BONE MINERAL DENSITY AND BONE FRACTURE IN DIABETES** *Prof.* ***Amany Moussa*** *- Mansoura University*
2:45 – 3:00	**TESTOSTERONE REPLACEMENT THERAPY IN DIABETIC MALE WITH SEXUAL DYSFUNCTION: WHAT IS BEYOND?** *Prof.* ***Khaled El Hadidy*** *- Beni Suef University*
3:00 – 3:15	**CHALLENGING CASE STUDY** *Dr.* ***Mohamed Askar*** *- Tanta University*
3:15 – 3:30	**LAROSUZET: THE WHOLE STORY OF ROSUVASTATIN/EZETIMIBE** *Prof.* ***Marwa Khalil*** *- Mansoura University*

11 ENDOCRINE DISORDERS & SURGERY

3:30 - 4:15

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Mamdouh El Nahas*** *- Prof.* ***Fawzy El Mosalamy*** *Prof.* ***Talaat abdel Atty*** *- Prof.* ***Nabil El Nagar*** *- Prof.* ***Fayza Lashein***
3:30 – 3:45	**PREOPERATIVE MANAGEMENT OF ADRENAL TUMOR (PHEOCHROMOCYTOMA)** *Prof.* ***Injy Abdel Wahab*** *- Tanta University*
3:45 – 4:00	**OVERVIEW OF DM AND ITS RELATION TO SURGERY** *Prof.* ***Wael Farrag*** *- Tanta University*
4:00 – 4:15	**PREOPERATIVE EVALUATION OF PATIENT WITH THYROID DYSFUNCTION** *Prof.* ***Mohamed Sallam*** *- Zagazig University*

12 INJECTABLE THERAPY TYPE 2 DIABETES

4:15- 5:00

CHAIRPERSON *(Alphabetical Order)*	*Prof.* ***Nabil El Nagar*** *- Prof.* ***Talaat Abdel Atty*** *- Prof.* ***Alaa Wafa*** *Prof.* ***Kahled El Hadidy*** *- Prof.* ***Hatem Salem*** *- Prof.* ***Hend Abdel Moniem***
4:15 – 4:30	**INJECTABLE THERAPY IN MANAGEMENT OF TYPE 2 DIABETES** *Prof.* ***Mohamed Abdel Raouf*** *- Menoufia University*
4:30 – 4:45	**AFTER FAILURE OF ORAL: WHICH INJECTABLE ?** *Prof.* ***Hossam Arafa Ghazy*** *- Mansoura University* sanofi
4:45 – 5:00	**NAVIGATING GLP-1 THERAPY: ORAL VS. INJECTABLE** *Prof.* ***Aya El Bialy*** *- Mansoura university* novo nordisk



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