17TH International Conference of Diabetes and Endocrinology in Childhood and Adolescence

ESPED

Organized by

The Egyptian Society for Pediatric Endocrinology and Diabetes

6-7 June 2024

Semiramis Intercontinental, Garden City, Cairo - Egypt



ESPED and Conference President

Mona Salem

ESPED General Secretary

Nermine Salah

Conference General Secretary

Mona Mamdouh Hassan

Welcome

On behalf of the Egyptian Society for Pediatric Endocrinology and Diabetes [ESPED], we are delighted to announce
17th international conference of the society
Which will be held in Cairo on the 6th and 7th of June 2024.
This year's meeting is quite special as it marks 25 years since the 1st ESPED international conference, which was held in Cairo in March 1999.

Again, under the uniting and motivating theme
"Hand in Hand for a Better Future",
We eagerly invite all colleagues from all around Egypt in the field of pediatric diabetes and endocrinology to attend and engage in the interactive sessions of the conference.

As usual, the ESPED scientific meeting aims at utmost interaction and exchange of expertise and views regarding carefully chosen areas of interest in the field of pediatric and adolescent diabetes and endocrinology.

We truly wish you all a fruitful and gratifying meeting that brings us all together for the welfare of children and adolescents living with diabetes and endocrinal disorders all around our beloved nation.

Finally, we sincerely thank all sponsors of the conference for their commitment as usual.

President of ESPED & Conference
Mona Salem
Mona Salem

ESPED General Secretary
Nermine Salah
Nermine Salah

Conference Secretary General
Mona Mamdouh Hassan
Mona Mamdouh Hassan

PARTICIPATING CONSULTANTS AND FACULTY

(Alphabetical Order)

Abed Shehata
Abeer Abdelmaksoud
Ahmad Alsaeed Younis
Ahmad Arafa
Ahmad El Awwa
Ali Rizk
Amal El Beshlawy
Amany Elhawary
Amina Abdelwahab
Amira Abdelmenem
Ashgan Alghobashy
Ashraf Elsharkawy
Ashraf Makram
Asmaa Hussien
Basma Abdelmoez
Dalia Badrawi
Dina Fawzy
Doaa Khater
Engy Nasr
Faten Emmara
Galila Mokhtar
Ghada Anwar
Hadeel Aboelenein
Hanaa AbdelLatif
Hanan Hassan
Hasnaa Tarek
Hend Mehawed
Hoda Attwa
Hoda Seoud
Hossam Kamal
Iman Munir
Israa Sleem
Khadija Yehia
Magdy Omar
Mahmoud Helaly
Manal Al Jammal
Marise Abdo
Mohamed Abo Elasrar
Mohamed Abo Kefo
Mona Attia
Mona Elsamahy
Mona Hafez
Mona Hosny
Mona Karem
Mona Mamdouh
Mona Rashad
Mona Salem
Murad ElAlfy
Nadia Badrawi
Nancy Elbarbary
Nanees Salem
Nermeen Haidar
Nermine Salah
Noha Arafa
Radwa Halim
Radwa Shamma
Randa Matter
Rasha Samir
Rasha Tarif
Rasha Wafik
Safinaz Elhabashy
Samah Ahmad
Shaymaa Elrifaey
Shaymaa Sayed
Shereen Abdelghafar
Sherif Kaddah
Soha abdeldayem
Tamer Selim
Tarek Farid
Thanaa Amer
Yasmin AbdelAziz
Yasmine Elhenawy
Yasser Elmeligy

DAY 1 THURSDAY 6th June 2024

Registration (9:00 – 9:30 am)

Welcome (9:30- 10:00 am)

Mona Mamdouh - Nermine Salah - Mona Salem

SESSION I *(Cases based discussion in Diabetes and Endocrinology)*

10:00 – 13:00

CHAIRPERSONS *Alphabetically*	Amal ElBeshlawy - Faten Emmara - Galila Mokhtar Hoda Seoud - Mahmoud Helaly
10:00 – 11:00	**Anaemia in the child with diabetes.** ***Amira Abdelmenem*** *(Moderator)* Radwa Shamma- Khadija Yehia
CHAIRPERSONS *Alphabetically*	Ghada Anwar - Mohamed Abo Kefo - Nermeen Haidar Sherif Kaddah- Soha Abdeldayem
11:00 – 12:00	**Abdominal pain with diabetes in the emergency department** ***Hanan Hassan*** *(Moderator)* Ali Rizk - Radwa Halim - Yasmin AbdelAziz
CHAIRPERSONS *Alphabetically*	Hanaa AbdelLatif - Hossam Kamal - Mona Hafez Nermine Salah - Shereen Abdelghafar
12:00 – 13:00	**Congenital adrenal hyperplasia Challenges with diagnosis and treatment.** ***Noha Arafa*** *(Moderator)* Dina Fawzy - Engy Nasr -Mona Karem

Coffee Break Time

13:00 – 13:30



SESSION II

13:30 – 14:30

CHAIRPERSONS *Alphabetically*
Ahmad Alsaeed Younis - Amina Abdelwahab - Amany Elhawary
Magdy Omar - Nadia Badrawi - Shaymaa Sayed

My journey with type 1 diabetes.
Dalia Badrawi *(15 mins.)*

What's New in Management of Obesity
New trends of management in the obesity pandemic
Mona Salem *(20 mins.)*

Multidisciplinary clinic for the management of obesity and the role of bariatric surgery.
Marise Abdo *(15 mins.)*

Discussion *(10 mins.)*

SESSION III

Injectable therapy for diabetes & growth

14:30- 15:50

CHAIRPERSONS *Alphabetically*
Doaa Khater - Hoda Attwa - Mona Attia -
Safinaz Elhabashy - Tarek Farid

Towards a better outcome with type 1 diabetes on MDI
Mona Mamdouh *(15 mins.)*

Hypoglycemia. What's New.
Ashraf Elsharkawy *(15 mins.)*

Beyond Tomorrow
Nancy Elbarbary *(15 mins.)*

Discussion *10 min*

The Biosimilars Era: A Turning point in Growth Disorders
Rasha Tarif *(15 mins.)*

Discussion *(10 mins.)*

Diabetes Glycemic Monitoring

15:50 – 16:50

CHAIRPERSONS *Alphabetically*
Ahmad El Awwa- Mohamed Abo Elasrar
Mona Mamdouh - Mona Salem

What's new in continuous glucose monitoring for Freestyle Libre 2 (FSL 2)
Dr. **Manal Al Jammal** *Industry Symposium - (30 mins.)*

Q & A *(10 mins.)*

Case scenarios *(15 mins)*

Discussion *15 min*

Open discussion and closing (16:50 – 17:00)

Lunch Time
17:00



DAY 2 FRIDAY 7th Jun 2024

Registration (9:00 – 10:00 am)

SESSION IV — *Psychological and behavioral aspects in diabetes management*

10:00 -12:00

CHAIRPERSONS *Alphabetically*
Abed Shehata - Ashraf Makram - Mona Elsamahy
Rasha Wafik - Tamer Selim
Basma Abdelmoez, Randa Matter *(Moderator)*

Diabetic ketoacidosis and hypoglycemia in pediatric diabetes. Two faces of the same coin.
Randa Matter

Bidirectional relationship between stress and diabetes.
Basma Abdelmoez.

Four step integrative model of psychotherapy in children with diabetes.
Rasha Samir - Hasnaa Tarek

الصحة النفسية للطفل المتعايش مع السكري
Asmaa Hussien

SESSION V — *CSII in the management of diabetes.*

12:00 – 12:30

CHAIRPERSONS *Alphabetically*
Abeer Abdelmaksoud - Ahmad Arafa - Murad El Alfy - Shaymaa Elrifaey
Iman Munir *(Moderator)*

Yasmine Elhenawy
Esraa Selim *(Medconsult)*

Med Consult For Medical Services

Coffee Break and Friday Prayers
12:30 - 14:00



SESSION VI

Controversies in the management of growth and puberty disorders (Clinical Scenarios and discussion)

14:00 – 16:00

CHAIRPERSONS *Alphabetically*

Ashgan Alghobashy - Hadeel Aboelenein
Nanees Salem - Thanaa Amer-Yasser Elmeligy

Central precocious puberty: pull the breaks, release the breaks!
Mona Rashad

Grey zone in precocious puberty.
Mona Hosny

Constitutional delay of puberty. Managing the concerning norm.
Hend Mehawed

Delayed puberty: when is the appropriate timing for intervention?
Samah Ahmad

Recommendations and closing



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