7th Annual Conference of Diabetes and Endocrinology Unit, Mansoura University

PRE-CONFERENCE WORKSHOP: INSULIN PUMPS

4 AUGUST 2026

Zaki Shoair Hall
Specialized Medical Hospital

CONFERENCE

5-6 AUGUST 2026

Abu El-Naga Hall,
Faculty of Medicine, Mansoura University



PRECISION DIABETES AND ENDOCRINOLOGY: UPDATES AND DEBATES

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Prof. Mohamed Abd Elghany

Prof. Aya Elbialy

Prof. Marwa Khalil

Prof. Mohamed Elsayed

Pre-Conference Workshop – 4 August

09:00 – 10:00

Registeration

Chairpersons : In alphabetical order

Prof. Amany Mousa | Prof. Megahed Abu Elmagd | Prof. Mohamed Helaly

Prof. Hossam Hosny
Diabetes and Nutrition Institute

10:00 – 01:00

Insulin Pump Workshop

Day (1) – 5 August

10:00 – 10:30

Registeration

Session 1 | 10:30 – 12:00

Chairpersons : In alphabetical order

Prof. Atta Baker | Prof. Fayez El-Kenway | Prof. Mohamed Ghoneim
Prof. Nagy Shaaban | Prof. Sayed Hatata

Prof. Megahed Abu Elmagd
Mansoura University

10:30 – 11:00

2026 Nice Guidelines for DM management

Prof. Fareed Fawzy
Zagazig University

11:00 – 11:20

2026 Guidelines for hyperaldosteronism: Updates and debates

Prof. Hossam Arafa Ghazy
Mansoura University

11:20 – 11:40

Precision DM in elderly

Prof. Nabil Ali
Mansoura University

11:40 – 12:00

Pituitary apolexy: Prognostic implications in 25 cases

OPENING CEREMONY - 12:00 - 12:30

Session 2 | 12:30 – 01:10

Chairpersons : In alphabetical order

Prof. Manal Tarshoby | Prof. Mohamed Al-Adlany | Prof. Mohamed Helaly
Prof. Mohamed Mossad | Prof. Mohamed Shawky Elsayed

Prof. Wael Farag
Tanta University

12:30–12:50

Gestational thyrotoxicosis & Graves' disease

Prof. Rania Bahriz
Mansoura University

12:50 – 01:10

Precision gestational DM

Session 3 | 01:10 – 02:10

Chairpersons : In alphabetical order

Prof. Amany Mousa | Prof. Megahed Abu Elmagd
Prof. Mervat El-Eshmawy | Prof. Hala Abdel-Hafez

Prof. Ashraf Elsharkawy
Mansoura University

01:10 – 01:30

New Technology in DM

Prof. Mohamed Helaly
Mansoura University

01:30 – 01:50

2026 Guidelines for Familial Hypercholesterolemia

Dr. Fady Azmy
Mansoura University

01:50 – 02:10

LDL lowering: Pros and Cons

Coffee Break - 2:10 - 2:30



Session 4 (Diabetic foot Session) | 02:30 – 03:30

Chairpersons : In alphabetical order

Prof. Ahmed El Behairy | Prof. Fady Azmy | Prof. Hanan Gawish
Prof. Manal Tarshoby | Prof. Omina State

Dr. Aya Elbialy
Mansoura University

Dr. Mohamed Elsayed
Mansoura University

02:30 - 02:50

Diabetic peripheral neuropathy: reversible or irreversible

Dr. Mohamed Roshdy
Mansoura University

Dr. Yasmin Atwaa
Mansoura University

02:50 - 03:10

Diabetic foot osteomyelitis: medical or surgical

Prof. Marwa Khalil
Mansoura University

03:10 - 03:30

Semaglutide 2.4mg: Goes beyond

novo nordisk®

Session 5 | 03:30 – 04:30

Chairpersons : In alphabetical order

Prof. Enas Elkamasy | Prof. Eslam Eid | Prof. Mohamed Abdelghanay
Prof. Mohamed Yakout | Prof. Naglaa Abbass | Prof. Rania Bahriz

Prof. Marwa Khalil
Mansoura University

03:30 – 03:50

Pre-diabetes phenotypes

Prof. Ahmed Abdel Hakeem
Mansoura University

03:50 – 04:10

Endocrine Disruptors

Prof. Ibrahim Sehely
Mansoura University

04:10 – 04:30

Effects of Climate Change & Global Warming on DM & Endocrine Disorders

End of Day (1)

see you tomorrow

Day (2) – 6 August

Session 6 | 10:00 – 11:00

Chairpersons : In alphabetical order

Prof. Atta Baker | Prof. Megahed Abu Elmagd | Prof. Mohamed Al-Adlany
Prof. Mohamed Ghoneim | Prof. Omnia State

Prof. Talaat Abdelaaty
Alexandria University

10:00 – 10:20

Double Diabetes

Prof. Elsayed Abd El Fattah Eid
Delta University

10:20 - 10:40

T2 DM phenotypes

Prof. Mohamed Mossad
Mansoura University

10:40 - 11:00

Atypical DM

Session 7 (Obesity) | 11:00 – 12:20

Chairpersons : In alphabetical order

Prof. Hala Abdel-Hafez | Prof. Mohamed Abdelghanay | Prof. Mohamed Helaly
Prof. Mohamed Gameel | Prof. Omayma Saleh

Prof. Khaled El Hadidy
Beni Suef University

11:00 – 11:20

Anti-obesity Pharmacotherapy Updates & Debates

Prof. Omayma Saleh
Mansoura University

11:20 - 11:40

Nutrigenetics, nutrigenomics and precision nutrition

Prof. Basma Zakaria
Mansoura University

11:40 – 12:00

Precision nutrition in metabolic syndrome

Dr. Hanan Abdel Hay
Mansoura University

12:00 – 12:20

Lipedema: A Distinct Disease or Phenotype of Obesity

Session 8 | 12:20 – 01:30

Chairpersons : In alphabetical order

Prof. Elsayed Abd El Fattah Eid | Prof. Manal Tarshoby | Prof. Megahed Abu Elmagd
Prof. Mohamed Helaly | Prof. Omayma Saleh

Prof. Osama Hamdy
Harvard University - USA

12:20 – 01:10

2026 update on medical nutrition therapy for diabetes and obesity

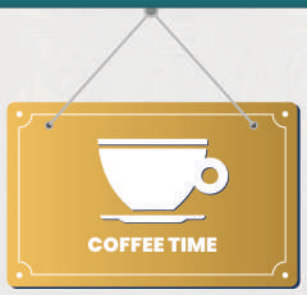
Prof. Mohamed Mossad
Mansoura University

01:10 – 01:30

Semaglutide: Saves lives, heart and kidney

novo nordisk®

Coffee Break - 01:30 – 01:50



Session 9 (Bone Health in Endocrine Disorder) | 01:50 – 02:50

Chairpersons : In alphabetical order

Prof. Amany Mousa | Prof. Hala Abdel-Hafez | Prof. Mervat El-Eshmawy
Prof. Mohamed Helaly | Prof. Rania Bahriz

Dr. Hanan Abdel Hay
Mansoura University

01:50 - 02:10

Normocalcemic hyperparathyoidism: a real entity or Lab.error

Dr. Mohamed Roshdy
Mansoura University

02:10 - 02:30

Tailoring therapy in secondary osteoporosis: One size does not fit all

Dr. Hadeer Nageeb
Mansoura University

02:30 - 02:50

Case Senario

Session 10 (Challenging Cases in Endocrinology) | 02:50 – 03:50

Chairpersons : In alphabetical order

Prof. Ahmed El Behairy | Prof. Amany Mousa | Prof. Elsaid Abu El-Maged
Prof. Mohamed Yakout

Dr. Asmaa Nagdy
Mansoura University

02:50 - 03:10

Adrenal Case

Dr. Mona Sayed Ahmed
Mansoura University

03:10 - 03:30

Pitutary Case

Dr. Menntollah Fawzy
Mansoura University

03:30 - 03:50

Thyroid Case

End of Day (2)

Thank you

Thanks To Our *Sponsors*























Note



PROJECT MANAGER

MR. ABDALLAH EL-NAGAR

01050048871 A.ELNAGGAR@PURESPOT.ORG

HEADQUARTER: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR.

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