4th EHS
INTERNATIONAL ORTHOPEDIC CONGRESS

Workshops 15th JANUARY | **Conference** 16-17th JANUARY | 2027

Rotana Ras Al Khaimah – The Mangroves • Hosted by Saqr Hospital



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4th EHS INTERNATIONAL ORTHOPEDIC CONGRESS

Workshops 15th JANUARY | Conference 16-17th JANUARY | 2027

Rotana Ras Al Khaimah – The Mangroves

Workshops

Friday 15th January					
#	Hall No.	Workshop Name	Time	Sponsored by	Faculty
1	Hall 1	Hybrid External Fixation in Trauma: Proximal Tibia, Distal Tibia & Ankle Fractures	15:00 – 18:30	Orthofix	Madhat Khafajy- Issam Hozayen -Karim Khalil-Ahmed Al Gammal -Mohamed Sanad
2	Hall 2	Foot &Ankle Pilon Fracture Management: Surgical Strategies with the VA Ankle System Principles of Calcaneal Osteotomy: Surgical Planning and Fixation Techniques	15:00 – 18:30	J&J	Husam Darwish
3	Hall 3	Periprosthetic Fractures PPF (Periprosthetic Fracture Management Around the Knee: Fixation Strategies with the VA-LCP Condylar Plate)	15:00 – 18:30	J&J	
4	Hall 4		15:00 – 18:30	Al Zahrawi	
				Al Zahrawi	
Sunday 17th January					
1	Hall 3	Advanced Orthopedic Casting workshop: From Fracture Immobilization to Complex Casting Techniques	14:00-17:00		Oni Adeniyi Adebayo-Rabia Elsayed Elnagar

This congress will be running in 2 parallel-running Halls

REGISTRATION 08:00 -09:00

Congress

Day 1 (16 January 2027)

Hall #	Session Name	Time
Morning Sessions		
Hall 1	Foot & Ankle – session 1	09:00- 13:00
Hall 2	AO Spine Symposium Cervical Spine	09:00- 13:00
Hall 1 Opening Ceremony 10:30-11:00		
Evening sessions		
Hall 1	Foot & Ankle - session 2	14:00 – 18:00
Hall 2	Periprosthetic Fractures PPF	14:00 - 18:00

Congress

Day 2 (17 January 2027)

Hall #	Session Name	Time
Morning Sessions		
Hall 1	Sports Shoulder	09:00-13:00
Hall 2	Acute Trauma (Upper, lower limp)	09:00- 13:00
Hall 3	Free Papers Session	09:00-13:00
Evening sessions		
Hall 1	Sports Knee	14:00 – 18:00
Hall 2	Fracture complications	14:00 – 18:00
Hall 3	Advanced Orthopedic Casting Workshop	14:00 – 17:00
Hall 1 closing ceremony 18:00 - 18:20		

Day 1 (16th January, 2027)

Morning Session

Hall 1

Foot & Ankle - session 1
09:00- 13:00

A: The adult acquired flatfoot

Moderators
Husam Darwish -Ahammed Jabir Mettammal

09:00-09:05 Welcome and introduction	**Husam Darwish**
09:50-9:20 PCFD what is it?	**Husam Darwish**
09:20-9:35 Emerging concepts of spring ligament and deltoid reconstruction in flatfeet	**Orfan Arafah**
09:35-09:45 Sinus Tarsi Implant in flexible Flatfoot	**Daniel Thull**
09:45-09:55 Arthrodesis for PCFD	**Ahmed Kholeif**
09:55-10:20 **Expert Panel discussion**	
10:20-10:30 Q&A	

10:30-11:00
Opening Ceremony

11:00-11:30
Coffee Break

B: F&A reconstruction

Moderators
Leslie Cannon - Muhammed Khalifa

11:30 – 11:45 Outcomes of Hallux Valgus surgery: When am I concerned!	**Daniel Thull**
11:45 – 12:00 Assessment and Management for Hallux Rigidus	**Leslie Cannon**
12:00 – 12:15 How can I deal with this Cavus foot	**Ossama El Shazly**
12:15 – 12:30 The equinus deformity in pediatric patients	**Kareem Khalil**
12:30 – 12:45 **Q&A**	

12:45 – 13:45
Lunch

Day 1 (16th January, 2027)	
Evening session	
Hall 1	
Foot &Ankle - session 2 **14:00- 18:30**	
A: Sports	
Moderators Ehab Kheir - Ahammed Jabir Mettammal	
13:45-13:55 Lateral ankle instability	**Muhammed Khalifa**
13:55-14:05 High ankle sprain	**Husam Darwish**
14:05-14:20 Combination of peroneal tendinopathy, lateral ligament instability and the cavus foot	**Leslie Cannon**
14:20-14:35 Osteochondral lesions of the talus: what's new?	**Maan Tabaa**
14:35-14:50 **Q&A**	
14:50-15:10 Coffee	
B: Trauma	
Moderators Ossama El Shazly - Ahammed Jabir Mettammal	
15:10 – 15:20 Posterior Malleolar Fractures	**Ehab Kheir**
15:20-15:30 The deltoid ligament in association with ankle fractures	**Moez Ballal**
15:30- 16:00 **Panel discussion** on difficult rotational ankle fractures	**Moderated by** **Husam Darwish**
c: Debates	
Moderators Orfan Arafah- Moez Ballal	
16:00-16:25 **Debate:** Ankle Arthritis- Should I Fuse It or Replace It?	**Orfan Arafah** **Ossama El Shazly**
16:25-16:50 **Debate:** Achilles tendon ruptures- conservative vs operative	**Daniel Thull** **Leslie Cannon**
16:50 -17:15 **Debate:** Lisfranc injury management bridgingg plate or trans-articular screw	**Ehab Kheir** **Moez Ballal**
17:15 – 17:40 **Debate:** Hallux Valgus with Asymptomatic Pes Planovalgus Address only HV or Both	**Ahmed Kholeif** **Muhammed Khalifa**
17:40- 17:55 **Q&A**	
17:55 -18:00 **closing remarks**	**Husam Darwish**

Day 1 (16th January, 2027)	
Morning Session	
Hall 2	
AO Spine Symposium: The Cervical Spine **09:00- 13:00**	
Moderators Sameh Abolfotouh, Fawaz Al-Hazaa	
Part I: The Acute Cervical Spine	
09:00- 09:10 Welcome & Introduction	**Sameh Abolfotouh**
09:10- 09:25 Cervical Spine Clearance in Trauma	**Walead Al Jaefee**
09:25-09:40 C2 fractures, the hip fractures of the spine	**Faisal Konbaz**
09:40 – 09:50 axial spine Cervical Trauma: Front, Back, or Both?	**Khalifa Al Ghafri**
09:50-10:00 **Panel Discussion: Trauma Case Controversies**	
Part II: The Degenerative Cervical Spine	
10:00- 10:15 ACDF vs. Cervical Disc Arthroplasty	**Nicandro Figueiredo**
10:15 – 10:30 MIS & Endoscopic Posterior Cervical Foraminotomy	**Omar Alnori**
10:30 - 11:00 Opening Ceremony	
11:00 – 11:15 Managing Multilevel Cervical Myelopathy (OPLL & CSM)	**Ebrahem Alyosef**
11:15 – 11:30 **Panel Discussion: Q&A**	
Part III: Complications of the cervical spine	
11:30- 11:45 Navigating the Nightmare: Vertebral Artery Injury & Dural Tears	**Imad Hashim**
11:45 – 12:05 Pseudoarthrosis: how to diagnose it and revision strategies	**Fawaz Al-Hazaa**
12:05 - 12:20 Reperfusion Injury: It is real	**Asaad Sharafelddin**
12:20 -12:35 Adjacent Segmental Disease: Is it a fusion surgery problem	**Antony louis Rex Michael**
12:35 – 12:50 Robotics, AI, and Navigation in the Cervical Spine	**Ahmed Allam**
12:50 – 13:00 **Discussion**	
13:00 – 14:00 **Lunch**	

Day 1 (16th January, 2027)	
Evening Session	
Hall 2	
14:00 – 18:00 **Periprosthetic Fractures PPF**	
Session I: Periprosthetic Hip Fractures	
Moderators: Sherif Khaled, Mahmoud Abdel Karim	
14:00- 14:10 **Welcome**	
14:10 -14:30 How to classify? Is the implant well-fixed? Case-based lecture	**Mahmoud Abdel Karim**
14:30 -14:45 Principles and strategies of Fixation. When to break the rules in B2/B3?	**Mohamed Muath**
14:45 -14:50 **Discussion**	**All**
14:50 -15:05 Extended trochanteric osteotomy (ETO) and implant removal in PPF	**Ahmed El-Bakoury**
15:05 – 15:20 Principles of revision and implant selection in hip PPF	**Mohamed Gobba**
15:20 – 15:35 Periprosthetic acetabular fractures	**Joseph Alsousou**
15:35- 15:45 Intra-operative periprosthetic fractures	**Ahmed El-Bakoury**
15:45 -15:50 **Discussion**	**All**
15:50-16:20 **Panel:** Fixation / Revision cases in hip PPF **Panelists:** Ahmed El-Bakoury, Joseph Alsousou , Mohamed Gobba	**Moderator:** **Sherif Khaled**
16:20-16:40	Coffee Break
Session II: Periprosthetic Knee Fractures	
Moderators: Samih Tarabichi, Ali Alblooshi	
16:40-17:00 Classifications and decision-making: Fix or Revise? Nail or plate?	**Mahmoud Abdel Karim**
17:00- 17:15 Principles of revision and implant selection in knee PPF	**Samih Tarabichi**
17:15-17:25 Periprosthetic tibial fractures	**Joseph Alsousou**
17:25 -17:30 **Discussion**	**All**
17:30-18:00 **Panel Discussion:** Fixation / Revision cases in knee PPF **Panelists:** Samih Tarabichi, Mahmoud Abdel Karim, Mohamed Muath	**Moderator:** **Ali Alblooshi**

Day 2 (17th January, 2027)	
Morning Session	
Hall 1	
Sports Shoulder **09:00-13:00**	
Moderators: Loiy Alkhatib - Amro Magdy Elemam	
09:10 – 09:20 Failed Rotator Cuff Repair: Evaluation and Revision Strategies	**Loiy Alkhatib**
09:20 – 09:40 Shoulder Instability in Contact Athletes	**Saeed Althani**
09:40 – 10:00 Rotator Cuff Repair: Tips and Pitfalls	**Hasan Baydoun**
10:00-10:20 AC Joint Injuries in Athletes	**Mohammed Ferig**
10:20-10:50 **Coffee Break**	
10:50–11:10 Biceps Tenodesis vs Tenotomy	**Usama Saleh**
11:10–11:30 Return to Sport After Shoulder Surgery	**Ziyad El-Qirem**
11:30–11:50 Proximal Humerus Fractures in Active Patients	**Sherif Khaled**
11:50–12:10 Massive Rotator Cuff Tears: Current Treatment Options	**Shahbaz Malik**
12:10–12:30 The Throwing Shoulder: Practical Tips and Return to Play	**Christian M. Lozano**
12:30–13:00 **Interactive Case Discussion & Q&A**	**All Faculty**
13:00-14:00 **Lunch**	

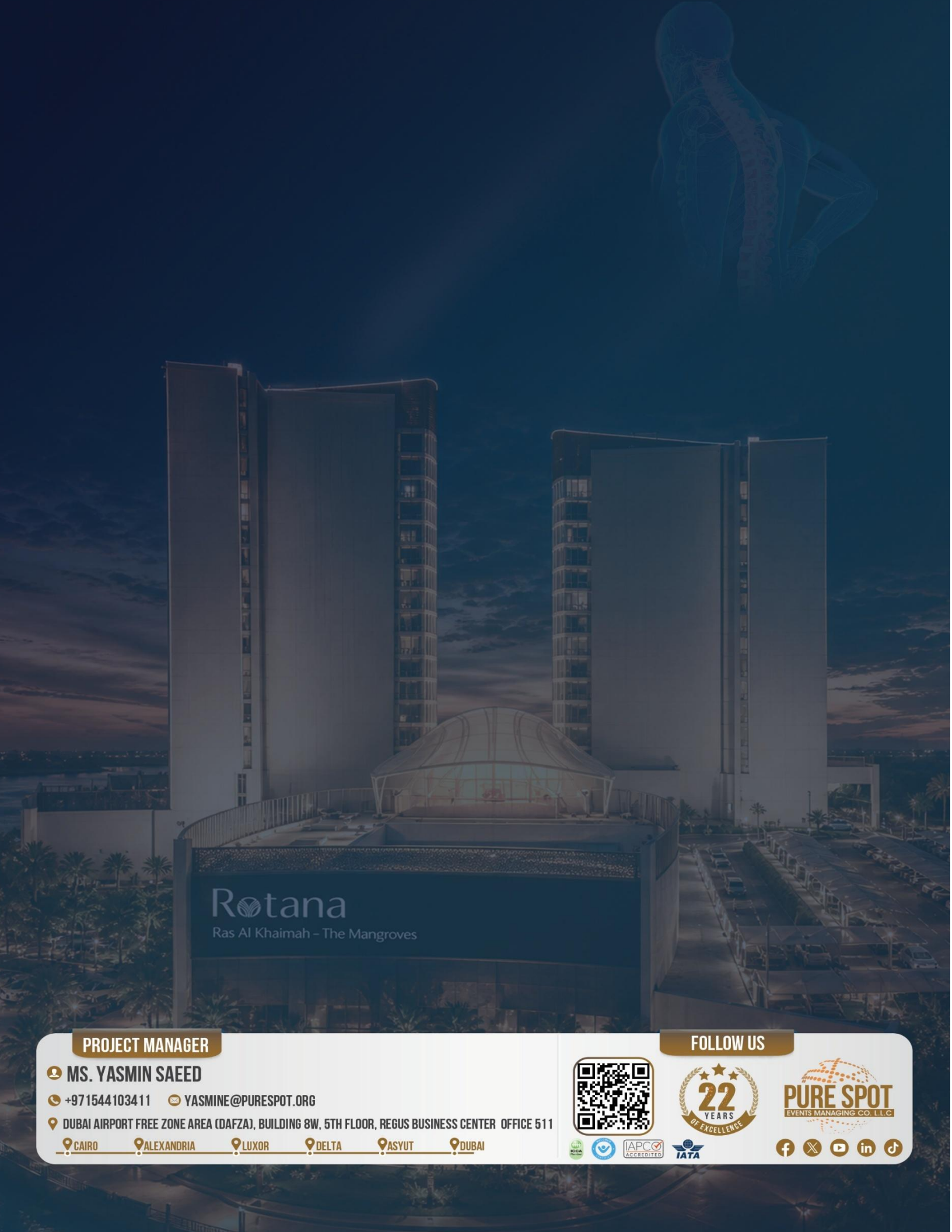
Day 2 (17th January, 2027)	
Evening Session	
Hall 1	
Sports Knee **14:00 - 18:00**	
Moderators Ashraf Abdelkafy - Mohammed Babiker- Nader Darwich	
14:00 – 14:30 BTB ***vs*** Hamstrings 1ry ACL reconstruction in professional athletes.	**Ziyad EL-Qirem *vs* Raid Abutalib**
14:30 – 15:00 1-Single bundle **vs** double bundle PCL reconstruction.	**Ashraf Abdelkafy *vs* Sultan Shobaki**
15:00 – 15:30 Transtibial pull-out sutures **vs** suture anchor fixation in posterior meniscal root repair.	**Nader Darwich *vs* Mohamed Abdelmonsef**
15:30 – 16:00 Single stage **vs** 2-stage revision ACL reconstruction.	**Nader Darwich *vs* Usama Saleh**
16:00 – 16:30 Meniscectomy **vs** repair in degenerative meniscal tears.	**Loiy Alkhatib *vs* Saeed Althani**
16:30 – 17:00 Meniscus side knot tying **vs** capsular side knot tying in arthroscopic outside-in meniscus repair.	**Ashraf Abdelkafy *vs* Ali Al-Far**
17:00 – 17:30 Double Bundle **vs** single bundle MCL reconstruction.	**Raid Abutalib *vs* Ahmed Hassan**
17:30 – 18:00 Conservative **vs** surgical management of meniscal extrusion.	**Sultan Shobaki *vs* Loiy Alkhatib**
18:00- 18:20 **Closing ceremony**	

Day 2 (17th January, 2027)	
Morning Session	
Hall 2	
Acute Trauma **09:00-13:00**	
Moderators Jaber Alkhyeli- Yasser Hannout- Hayder Alsaadi	
Upper Limb Session	
09:00-09:15 Posterior Shoulder Fracture-Dislocations: Current Concepts and Management	**Jaber Alkhyeli**
09:15-09:30 Clavicle Fractures: Indications, Techniques, and Surgical Pearls	**Hashem Al Qdhah**
09:30-09:45 Terrible Triad of the Elbow: Avoiding Failure and Optimizing Outcomes	**Ahmed Mousa**
09:45-10:00 Finger Fractures: Winning the Battle Against Stiffness	**Hamed Badawi**
10:00-10:15 Complex Forearm Fractures: Restoring Stability and Function	**Hayder Alsaadi**
10:15-10:30 Distal radius fracture fixation options	**Madhat A. Al-Khafajy**
10:30-10:45 **Expert Panel Discussion & Audience Q&A**	**All Faculty**
10:45-11:00 **Coffee Break**	
Lower Limb Session	
11:00–11:15 Femoral Neck Fractures in Young Adults: Preserving the Native Hip	**Wail Tilakh**
11:15–11:30 Tibial Plateau Fractures: Contemporary Management Strategies	**Fadi Rosan**
11:30–11:45 Hoffa Fractures: Surgical Strategies for Optimal Outcomes	**Sultan Shobaki**
11:45–12:00 Pelvic Fractures: Minimally Invasive SI Joint Fixation	**Wesam Nasrallah**
12:00–12:15 Double Fractures of the Same Limb: Principles and Pitfalls	**Habib Al Ismaily**
12:15–12:30 Fractures with Bone Loss: Modern Reconstruction Options	**Akram Al Shoubaki**
12:30–13:00 Grand Panel Discussion, Audience Q&A & Key Take-Home Messages	
13:00 – 14:00 **Lunch**	

Hall 2	
Fracture complications **14:00 – 17:00**	
Moderators: Sultan Shobaki - Akram Al Shoubaki	
14:00-14:15 Management of fracture related infections	**Hashem Al Qdhah**
14:15-14:30 Uniting the ununited; The role of Interna Fixation	**Mahmoud Abdel Karim**
14:30-14:45 Management of failed fixation upper limb fractures	**Raid Abutalib**
14:45-15:00 THA after Acetabular fractures	**Mahmoud Abdel Karim**
15:00-15:15 Avascular necrosis of the hip	**Wesam Nasrallah**
15:15-16:00 **Cases Discussion**	**Sherif Khaled** **Hayder Alsaadi**
16:00-16:15 Break	
16:15-16:30 Change management for orthopedic surgeons: navigating modern transformations in practice	**Akram Al Shoubaki**
16:30-16:45 Management of failed fixation of neck of femur fractures	**Wesam Nasrallah**
16:45-17:00 Salvage for Failed peri-trochanteric fractures	**Sherif Khaled**
17:00-17:15 Complications of distal femoral fractures. Pearls, tips and tricks	**Akram Al Shoubaki**
17:15-18:00 **Cases Discussion**	**Mahmoud Abdel Karim** **Ahmed Hammouda**

Day 2 (17th January, 2027)	
Morning Session	
Hall 3	
Free Papers Session 09:00- 13:00	
Moderators:	

Day 2 (17th January, 2026)	
Evening Session	
Hall 3	
Advanced Orthopedic Casting workshop: **From Fracture Immobilization to Complex Casting Techniques** **14:00 -17:00**	
Faculty **Oni Adeniyi Adebayo-Rabia Elsayed Elnagar**	



PROJECT MANAGER

MS. YASMIN SAEED

+971544103411 YASMINE@PURESPOT.ORG

DUBAI AIRPORT FREE ZONE AREA (DAFZA), BUILDING 8W, 5TH FLOOR, REGUS BUSINESS CENTER OFFICE 511

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