5th Egyptians Metabolic Syndrome

9-10 April 2026 - Tolip El Narges Hotel ,Cairo.

Conference President
Prof. Mohamed Hegazy



Innovations in Prevention and Early Intervention

AGENDA

PURE SPOT EVENTS MANAGEMENT

Day 1 (9th April, 2026)

REGISTRATION 9:00 AM – 10:00 AM

Workshop (Diabetes)

10:00 AM – 10:30 AM

Prof. **MAYSARA MOGAHED**

SESSION 1

10:30 AM –11:30 AM

MODERATOR

Prof. **SHERIF SABRY**

CHAIRPERSONS

Prof. **HESHAM SHOMAN**
Prof. **MAGDY ABD ELMAWGOD**
Prof. **MAYSARA MOGAHED**
Prof. **REDA AMER**

TIME	TOPIC	SPEAKER
10:30 AM – 10:45 AM	Synergistic solutions for premium multimorbidity care	Prof. **MOSTAFA ABO ELYAZID**
10:45 AM – 11:00 AM	The ADA 2026 reinforces a priorities-first approach and address MASLD/MASH risk for the 1st time	Prof. **ABD EL KHALIK HAMED**
11:00 AM – 11:15 AM	Small Bowel Secrets	Prof. **ALI FARAG**
11:15 AM – 11:30 AM	Clinical Approach in Diabetic Patients with Elevated Liver Enzymes	Prof. **AMR ELRABAT**



Day 1 (9th April, 2026)

SESSION 2 — Brain storm (real case 1)

11:30 AM – 12:00 PM

MODERATORS

Prof. **HAITHAM BADR**
Prof. **NAGLAA FATHY**

PANELISTS

Prof. **HISHAM ELHIFNAWY**
Prof. **IBRAHIM ELIBRASHY**
Prof. **MOHAMED ELASSAL**
Prof. **MOHAMED KHORSHID**

SESSION 3

12:00 PM – 1:00 PM

MODERATOR

Prof. **HISHAM MITWALY**

CHAIRPERSONS

Prof. **ESLAM EID**
Prof. **MOHAMED ASSY**
Prof. **MOHAMED YAKOT**
Prof. **SANAA GAZAREEN**

TIME	TOPIC	SPEAKER
12:00 PM – 12:15 PM	LDiabetic Neuropathy ,Role of vitamin B combination	Prof. **YEHIA GHANIM**
12:15 PM – 12:30 PM	The Metabolic Reset: Unlocking the Full Potential of Anti-Obesity Medications	Prof. **INASS SHALTOUT**
12:30 PM – 12:45 PM	Innovation in management of patients with elevated lipoprotein (a)	Prof. **MEGAHED ABO ELMAGD**
12:45 PM – 1:00 PM	Diabetic Neuropathy Revisited "Integrating Supplements Into Management"	Prof. **ELSAYED ABD ELFATAH**

Day 1 (9th April, 2026)

OPENING CEREMONY

1:00 PM – 1:30 PM



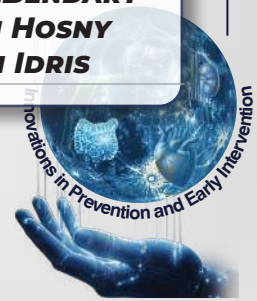
CHAIRPERSONS

Prof. **ABD ELKHALIK HAMED**
Prof. **GAMILA NASR**
Prof. **INASS SHALTOUT**
Prof. **MEGAHED ABO ELMAGD**
Prof. **MOHAMED ASSY**
Prof. **MOHAMED HEGAZY**
Prof. **SANAA GAZAREEN**
Prof. **YEHIA GHANIM**

SESSION 4 — *Brain storm (real case 2)*

1:30 PM – 2:00 PM

TIME	TOPIC	SPEAKER
1:30 PM – 2:00 PM	THE POWER OF ONE PILL Holistic Cardio-Renal-Metabolic Management in Clinical Practice	Prof. **AHMED ELBENDARY** Prof. **HOSSAM HOSNY** Prof. **SAMAH IDRIS**



COFFEE BREAK

2:00 PM – 2:30 PM



Day 1 (9th April, 2026)

SESSION 5

2:30 PM – 3:30 PM

MODERATOR

Prof. **MAHMOUD AZGOULA**

CHAIRPERSONS

Prof. **HESHAM RAFEA**
Prof. **MOHAMED ELSAYED**
Prof. **MOHAMED NOAH**
Prof. **SHAIMAA ZEWAIN**

TIME	TOPIC	SPEAKER
2:30 PM – 2:45 PM	New drug delivery system in iron replacement	Prof. **MOHAMED KHATAB**
2:45 PM – 3:00 PM	Perivascular fat and heart disease	Prof. **GAMILA NASR**
3:00 PM – 3:15 PM	Triple Therapy in Diabetes : New Pill or New Hope?	Prof. **KAMEL HEMIDA**
3:15 PM – 3:30 PM	Charting the future of cardiorenal medicine: a vision for integration, innovation, and impact	Prof. **MOHAMED AWAD**

SESSION 6

Brain storm (real case 3)

3:30 PM – 4:30 PM

MODERATOR

Prof. **MARWA KHALIL**

PANELISTS

Prof. **AHMED MOURAD**
Prof. **AHMED ZAHRAN**
Prof. **AMIRA ELANSARY**
Prof. **EBADA SAID**
Prof. **MAHMOUD HEMIDA**
Prof. **MAHMOUD YOUSSEF**

Day 1 (9th April, 2026)

SESSION 7

4:30 PM – 5:30 PM

MODERATOR

Prof. **NERMINE ELGENDY**

CHAIRPERSONS

Prof. **ABDALLAH SHAFIK**
Prof. **DIAA HOSNY**
Prof. **NOHA ABBAS**
Prof. **RANDA TALAAT**

TIME	TOPIC	SPEAKER
4:30 PM – 4:45 PM	"The Peptide Revolution in Metabolic Health	Prof. **HEBA MAURICE**
4:45 PM – 5:00 PM	"Personalizing Type 2 Diabetes Treatment — Through a Functional & Nutritional Lens"	Prof. **AHMED ALGHAREEB**
5:00 PM - 5:15 PM	Hacking brain obesity : Peptides as a game changer and Next -Gen in metabolic therapy	Prof. **NARDIN SAMIR**
5:15 PM - 5:30 PM	The Brain That Heals Itself: Now with a Pill?	Prof. **MOHAMED SHAWKY**

LUNCH TIME
5:30 PM – 6:00 PM



Day 2 (10th April, 2026)

REGISTRATION 9:00 AM – 10:00 AM

Workshop (Cardiology)

10:00 AM – 10:30 AM

Prof. **MAHMOUD SHAWKY** Prof. **MOHAMED ELAWADY**

SESSION 1

10:30 AM – 11:30 AM

MODERATOR

Prof. **HANY ABD ELZAHER**

CHAIRPERSONS

Prof. **AMR ELHAMADY**
Prof. **MAHMOUD SHAWKY**
Prof. **MOHAMED ELAWADY**
Prof. **TAMER SELIM**

TIME	TOPIC	SPEAKER
10:30 AM – 10:45 AM	The Quantum Leap in T2DM Management	Prof. **MAHMOUD AZGOULA**
10:45 AM – 11:00 AM	Artificial intelligence in endocrinology	Prof. **ELHAM YOUSSEF**
11:00 AM – 11:15 AM	Rewriting the Journey ! New generation basal insulin for uncontrolled diabetes	Prof. **AYMAN ELBADAWY**
11:15 AM – 11:30 AM	The Absent and The present HBa1c	Prof. **MAYADA MOUSA**



Day 2 (10th April, 2026)

SESSION 2

11:30 AM – 12:00 PM

MODERATOR

Prof. **YOMNA MAREI**

CHAIRPERSONS

Prof. **MOHAMED AMER**
Prof. **MOHAMED ELMERRY**
Prof. **MOHAMED RAMADAN**

TIME	TOPIC	SPEAKER
11:30 AM – 11:45 AM	Prevention of T1DM between facts and myths	Prof. **AHMED ELSABAAWY**
11:45 AM – 12:00 PM	Targomash in Diabetic Hypertensive patients	Prof. **MAHMOUD HEMIDA**

COFFEE **BREAK**
& PRAYER **TIME**
12:00 PM-1:30 PM

Innovations in Prevention and Early Intervention

Day 2 (10th April, 2026)

SESSION 3

1:30 PM – 2:30 PM

MODERATOR

Prof. **Mohamed Galal ElGhawy**

CHAIRPERSONS

Prof. **Ahmed Kamal**
Prof. **Hany Ebied**
Prof. **Fathy Nada**
Prof. **Mohamed Melegy**

TIME	TOPIC	SPEAKER
1:30 PM – 1:45 PM	2-Navigating the Gray Zone: Diagnosis and Management of Subclinical Hypothyroidism Treat or not treat	Prof. **Mohamed Sallam**
1:45 PM – 2:00 PM	???	Prof. **Emad Mishriki**
2:00 PM – 2:15 PM	Dyslipidemia other side	Prof. **Khalid ElHadidy**
2:15 PM – 2:30 PM	Discussion	

Innovations in Prevention and Early Intervention

Day 2 (10th April, 2026)

SESSION 4

2:30 PM – 3:30 PM

MODERATOR

Prof. **AHMED RAGHEB**

CHAIRPERSONS

Prof. **ABD ELALEEM HELAL**
Prof. **AHMED EZZAT**
Prof. **AHMED HUSSIEN ELSAWAF**
Prof. **MOHAMED EMAM**

TIME	TOPIC	SPEAKER
2:30 PM – 2:45 PM	Type 3c diabetes.. What is it ?	Prof. **MOHAMED ASSY**
2:45 PM – 3:00 PM	Screening and Diagnosis of DKD	Prof. **HISHAM MITWALLY**
3:00 PM – 3:15 PM	Hyperthyroidism , clinical approach	Prof. **MOHAMED ABD ELHAMID**
3:15 PM – 3:30 PM	The benefits of insulin Degludec in meeting the needs of T2DM patients	Prof. **MOHAMED HEGAZY**

LUNCH TIME
3:30 PM – 4:00 PM





PROJECT MANAGER

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