ENDO DELTA 2026

"BREAKING BARRIERS, APPLYING SCIENCE"

17, 18 September 2026 Primavera Shebin El-kom



SCIENTIFIC PROGRAM

PURE SPOT EVENTS MANAGEMENT

ENDO DELTA 2026

"BREAKING BARRIERS, APPLYING SCIENCE"



UNDER PATRONAGE OF

PROF. AHMED ELKERSH

HEAD OF MENOUFIA MEDICAL SYNDICATE



CONFERENCE PRESIDENT

DR. MAHMOUD AZGOLA



VICE PRESIDENT

DR. TAMER SELIM

DAY 1

Thursday, 17 September 2026

ENDO DELTA 2026

"BREAKING BARRIERS, APPLYING SCIENCE"

09:00 - 10:00 AM Registration

DAY 1
Thursday,
17 September
2026

10:00 – 11:00 Session 1

Moderator:

Dr. Ahmed Khaled Elwy

Chairpersons (in Alphabetical order):

Prof. Ahmed El Fawal (Menoufia University)
Prof. Eman Attya (Menoufia University)
Prof. Hosny Elfayomy (Menoufia University)
Prof. Nabil Khamis (Menoufia University)
Prof. Sanaa Gazareen (Menoufia University)

Speakers:

10:00 - 10:15 AM Dapagliflozin, imagin what to do?!
Prof. Hisham Elhefnawy (NIDE)

10:15 - 10:30 AM Mirogabalin role in painful diabetic neuropathy
Prof. Mostafa El Najjar (Menoufia University)

10:30 - 10:45 AM How to improve achievement of HBA1C goal in type 2 diabetes in EGYPT?
Prof. Mahmoud Emara (Menoufia University)

10:45 - 11:00 AM Changing the cardiometabolic story with munjaro
Prof. Mayada Mousa (Zagazig University)

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"BREAKING BARRIERS, APPLYING SCIENCE"

DAY 1
Thursday,
17 September
2026

11:00- 12:00 Session 2

Moderator:

Prof. Sanaa Gazareen (Menoufia University)

Chairpersons (in Alphabetical order):

Prof. Hytham Badr (Menoufia University)

Prof. Magdy Hebisha (Menoufia University)

Prof. Moshera Abd Elwahed (Menoufia University)

Prof. Mostafa El Najjar (Menoufia University)

Prof. Sanaa Gazareen (Menoufia University)

Speakers:

11:00 - 11:30 AM — Redefining the Standard: cardiorenal Protection Enters Its Class I Era

Prof. Mahmoud Koura (Menoufia University)

Prof. Ahmed Elkersh (Menoufia University)

11:30 - 11:45 AM — Charting the future of cardio - renal metabolic medicine: a vision for integration, innovation, and impact

Prof. Mohamed Awad (Zagazig University)

11:45 - 12:00 AM — Can We Stop Type 1 Diabetes Before It Starts?

Prof. Hossam Ghazy (Mansoura University)

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"BREAKING BARRIERS, APPLYING SCIENCE"

DAY 1
Thursday,
17 September
2026

12:00 - 01:00 PM Session 3

Moderator:

Prof. Tamer Selim

Chairpersons (in Alphabetical order):

Prof. Amany El Hawary (Mansoura University)
Prof. Ghada El Mashad (Menoufia University)
Prof. Randa Matar (Ain Shams University)
Prof. Sanaa Gazareen (Menoufia University)
Prof. Soha Abdel Dayem (NRC)

Speakers:

12:00 - 12:15 PM Pitfalls in treatment of Type 1 DM.
Prof. Mona Salem (Ain Shams University)

12:15 - 12:30 PM Cracking the school diabetes code
Prof. Ashraf El Sharkawy (Mansoura University)

12:30 - 12:45 PM The future is now: AI, automation and the next generation of pediatric diabetes care
Prof. Nancy Elbarbary (Ain Shams University)

12:45 - 01:00 Liposomal Thiotacid : A new perspective in Comprehensive Diabetes management.
Prof. Elsayed Abd Elfatah (Delta University)

01:00 - 02:00 PM Opening and Coffee break

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"BREAKING BARRIERS, APPLYING SCIENCE"

DAY 1
Thursday,
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2026

02:00- 03:00 PM Session 4

Chairpersons (in Alphabetical order):

Prof. Hosny Elfayomy (Menoufia University)
Prof. Hytham Badr (Menoufia University)
Prof. Iman Selim (Menoufia University)
Prof. Mahmoud Hemida (AlAzhar University)
Prof. Moshira Abd Elwahed (Menoufia University)

Speakers:

02:00 - 02:15 PM Glyco-hypoxia?? and its role in diabetes complications.
Prof. Mohamed Hegazy (Menoufia University)

02:15 - 02:30 PM Type5 diabetes and unresolved questions
Prof. Medhat El Araby (Assiut University)

02:30 - 02:45 PM Anemia, heart Failure, and Diabetes: The Naughty Triad!
Prof. Hossam Hosny (NIDE)

02:45 - 03:00 PM The complementary approach in diabetes management
Dr. Ahmed El Sawaf (NIDE)

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"BREAKING BARRIERS, APPLYING SCIENCE"

DAY 1
Thursday, 17 September 2026

03:00 - 04:00 PM Session 5

Endocrine Nutrition: from hormones to metabolic health

Session Head: Prof. Doaa Genena

Moderator: Dr. Eman Helmi

Chairpersons (in Alphabetical order):

Prof. Ahmed Ramadan (Menoufia University)

Prof. Doaa Genena (Alexandria University)

Dr. Hend Zakaria (Cairo University)

Speakers:

03:00 - 03:15 PM Nutrition in thyroid disorders
Prof. Noha Abbas (Zagazig University)

03:15 - 03:30 PM Nutrition in PMOS: Beyond weight management
Prof. Bakr Mahmoud (Mnsoura University)

03:30 - 03:45 PM Insulin resistance: nutrition and evidence-based supplements
Prof. Malik Etman (Zagazig University)

03:45 - 04:00 PM GLP- based therapies in endocrine and metabolic disorders
Prof. Mai Mostafa (Menoufia University)

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DAY 1
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04:00– 05:00 PM Session 6

Chairpersons (in Alphabetical order):

Prof. Ahmed El Fawal (Menoufia University)

Dr. Ahmed Elsheikh (NIDE)

Prof. Ayman Abdelwahab (Menoufia University)

Prof. Farid Fawzy (Zagazig University)

Prof. Mahmoud Hemida (Azhar University)

Speakers:

04:00 - 04:15 PM Challenges in diagnosis and treatment of obesity
Prof. Abdelmoneim Zeid (Zagazig University)

04:15 - 04:30 PM Pitfalls in interpretation of hyperprolactinemia
Prof. Mohamed Shawky El Sayed (Banha University)

04:30 - 04:45 PM Diabetes and driving
Prof. Mohamed Yaqoot (Mansoura University)

04:45 - 05:00 PM One size Fits All Does It?: rethinking the cardio renal metabolic Approach
Prof. Ahmed Elbehery (Mansoura University)

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DAY 1
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05:00– 06:00 PM Session 7

Chairpersons (in Alphabetical order):

Prof. Ayman Abd El Wahab (NLI)

Prof. Haitham Badr (Menoufia University)

Prof. Haitham Salama (NIDE)

Prof. Hosam Hosny (Menoufia University)

Speakers:

05:00 - 05:15 PM Cognitive dysfunction in patients with diabetes: the forgotten complication.
Prof. Fareed Fawzy (Zagazig University)

05:15 - 05:30 PM Diabetic Pancreatopathy
Prof. Mahmoud Hemida (Azhar University)

05:30 - 05:45 PM Diabetes / Obesity Nexus
Dr. Mohamed Salah El Fiky (AFCM)

05:45 - 06:00 PM The Quantum leap in T2DM management
Prof. Ahmed Elsheikh (NIDE)

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DAY 1
Thursday,
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06:00– 07:00 PM Session 8: Cases

Chairpersons (in Alphabetical order):

Prof. Hosam Hosny (NIDE)

Prof. Mahmoud Hemida (Alazhar University)

Prof. Sameh Tawfik (AFCM)

Prof. Shaimaa El Sayed (Alexandria University)

Speakers:

06:00 - 06:10 PM Case 1

Prof. Remon Magdy (Fayoum University)

06:10 - 06:20 PM Case 2

Prof. Dina Abd Elmonem (Alexandria University)

06:20 - 06:30 PM Case 3

Dr. Yasmin Rabee (GOTHI)

06:30 - 06:40 PM Case 4

Dr. Tarek Abd Elkhalek (NIDE)

06:40 - 06:50 PM Safelife Symposium

SAFE LIFE
QUALITY ABOVE ALL

06:50 - 07:00 pm Closing

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"BREAKING BARRIERS, APPLYING SCIENCE"



DAY 2

Friday
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"BREAKING BARRIERS, APPLYING SCIENCE"

09:00 - 10:00 AM Registration

DAY 2 Friday 18 September 2026

10:00- 10:30 AM Session 9

Biosimilar from science to clinical practice

Chairpersons (in Alphabetical order):

Prof. Mohamed Shokry (Menoufia University)

Prof. Ola Taha (Tanta University)

Prof. Tamer Selim (Menoufia University)

Prof. Zeinab Sabry (Menoufia University)

Speakers:

10:00 - 10:15 AM Glargine Biosimilars: From Evidence to Real-World Practice

Prof. Hosam Kamal (Zagzig University)

10:15 - 10:30 AM Biosimilars in Growth Hormone

Prof. Shaimaa El Refaie (Tanta University)

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DAY 2
Friday
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10:30- 11:30AM Session 10

Pediatric Endocrine Emergency

Chairpersons (in Alphabetical order):

Prof. Ahmed Kenawy (Menoufia University)
Prof. Mohamed Metwally (Menoufia University)
Prof. Osama Henigel (Menoufia University)
Prof. Osama Tarek (Menoufia University)
Prof. Rasha Bakry (Menoufia H I O)

Speakers:

10:30 - 10:40 AM Decoding Triple A
Prof. Mona Hosny (Alexandria H I O)

10:40 - 10:50 AM The Electrolyte Trap Na+/K+/Ca^{2+} emergencies
Prof. Noha Arafa (Cairo University)

10:50 - 11:00 AM When Cortisol Collapses
Prof. Radwa Shamma (Cairo University)

11:00 - 11:10 AM Too Fast or Too Slow: The Thyroid Crisis
Prof. Ola Taha (Tanta University)

11:10 - 11:20 AM Low Sugar, Big Diagnosis
Prof. Rasha Wafeeq (Mansoura H I O)

11:20 - 11:30 AM Decoding Sick Days
Prof. Kholoud Hassan (Alexandria HIO)

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DAY 2
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11:30- 12:15 PM Session 11

Chairpersons (in Alphabetical order):

Prof. Ahmed El Fawal (Menoufia University)

Prof. Asharaf Eid (Menoufia University)

Prof. Gamal Rashad (Menoufia University)

Prof. Hosny Elfayomy (Menoufia University)

Prof. Karim El Noamany (Menoufia University)

Speakers:

11:30 -11:45 AM Jardiance across CRM

Prof. Ayman El Badawy (Banha University)

11:45 – 12:15 PM Diabetes360: connecting glycemic control with cardiorenal health

Prof. Fathy Nada (Suez Canal University)

Prof. Marwa Khalil (Mansoura University)



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DAY 2
Friday
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02:00- 03:00 PM Session 12

Chairpersons (in Alphabetical order):

Prof. Abdelnasser Fetouh (Mahalla)

Prof. Mahmoud Hemida (AlAzhar University)

Prof. Marwa Khalil (Mansoura University)

Prof. Mustafa Abu Elyazeed (Benha University)

Prof. Sabry El Bahy (Mahalla)

Speakers:

02:00 - 02:15 PM SGLT2i clinical trips and tricks

Prof. Ihab Salem (Zagazig University)

02:15 – 02:30 PM Optimizing Glycemic Control: Role of imeglimin in T2DM

Prof. Hytham Badr (Menoufia University)

02:30 – 02:45 PM Wegovy: STEPPING-UP obesity management

Prof. Ahmed El Sabaway (NIDE)

02:45 – 03:00 PM The benefits of insulin Degludec for T2DM management

Prof. Hend Abd Elmonem (Alexandria University)

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DAY 2
Friday
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03:00- 04:00 PM Session 13

Chairpersons (in Alphabetical order):

Prof. Abdel Aleem Helal (NLI)

Prof. Ahmed El Fawal (Menoufia University)

Prof. Alaa Saed (Mansora University)

Prof. Gamal Rashad (Menoufia University)

Prof. Mustafa Abu Elyazeed (Benha University)

Speakers:

03:00 - 03:15 PM Navigating the High _Stakes management of pheochromocytoma in Pregnancy

Prof. Mohamed Nouh (Menoufia University)

03:15 - 03:30 PM Revisiting Thyroid disease through the lens of Oxidative stress

Prof. Yaser Hafez (Tanta University)

03:30 – 03:45 PM Simplify to amplify : fixed -ratio combinations as a Modern Standard therapy

Prof. Ahmed Issa (Tanta University)

03:45 - 04:00 PM UNload The Complication BURDEN

Prof. Mahmoud Azgola (Menoufia University)

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DAY 2
Friday
18 September
2026

04:00- 05:00 PM Session 14

Chairpersons (in Alphabetical order):

Prof. Abdel Aleem Helal (NLI)

Prof. Abd El Nasser Fetouh (Mahalla)

Prof. Ahmed El Sabaway (NIDE)

Dr. Sahar Samak (Menoufia HIO)

Prof. Sabry El Bahy (Mahalla)

Speakers:

04:00 - 04:15 PM Closing the gap: Achieving physiological Balance with modern Biosimilar basal insulin.

Prof. Mustafa Abu Elyazeed (Benha University)

04:15 - 04:30 PM Simplify to Amplify: one pill, triple action!

Prof. Mohamed El Sayed Abdallah (Mansoura University)

04:30 - 04:45 PM Dapagliflozin: beyond proximal convoluted tubules.

Prof. Nader El Garhy (Mahalla)

04:45 - 05:00 PM Diabetes intestinal dysmotility

Prof. Mohamed Saad (Menoufia University)

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"BREAKING BARRIERS, APPLYING SCIENCE"

DAY 2
Friday
18 September
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05:00 - 06:00 PM Session 15

Chairpersons (in Alphabetical order):

Prof. Ahmed El Fawal (Menoufia University)

Prof. Ahmed Eissa (Tanta University)

Prof. Mohamed El Sayed (Mansora University)

Prof. Nader El Garhy (Mahalla)

Prof. Yaser Hafez (Tanta University)

Speakers:

05:00 - 05:15 PM A deep look into Diabetic neuropathy

Prof. Mohamed Abd Elghany (Mansoura University)

05:15 - 05:30 PM The Body Shield: Unlocking The Power of Antioxidants

Prof. Alaa Saed (Mansoura University)



ENDO DELTA 2026

"BREAKING BARRIERS, APPLYING SCIENCE"

Workshops

DAY 1: Thursday, 17-9-2026

2ND FLOOR – PRIMAVERA HALL

03:00- 04:00 PM Workshop 1

Chairpersons (in Alphabetical order):

Prof. Aymen Abdelwahab

Prof. Haitham Salama

Instructors:

03:00 - 04:00 PM Injectable Therapy Workshop

Prof. Hossam Hosny Prof. Ahmed Khaled

04:00- 05:00 Workshop 2: Short Stature

Moderator: Prof. Mona Attya

Chairpersons (in Alphabetical order):

Prof. Asmaa Fouad
Prof. Marwa Farouk
Prof. Tamer Selim
Prof. Taghreed Elkwakeel

Instructors:

04:00 - 04:15 PM Approach to short stature

Prof. Shaimaa Elsayed

04:15 - 04:30 PM Syndromic short stature

Prof. Ghada Anwer

04:30 - 04:45 PM Optimizing Growth Outcomes in the Management of short stature Disorders

Prof. Wessam Moharam

04:45 - 05:00 PM Navigating pediatric growth disorders

Prof. Ehab Abdelhameed

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"BREAKING BARRIERS, APPLYING SCIENCE"

Workshops

DAY 2: Friday, 18/9/2026

2ND FLOOR – PRIMAVERA HALL

02:00- 03:00 PM Workshop 3

Chairpersons (in Alphabetical order):

Dr. Ahmed Elfawal
Dr. Hosny Elfayomy
Dr. Karim Elnoamany

Instructors:

02:00 - 03:00 PM Neuropathy Workshop

Prof. Mohamed Elsayed Abdalla — Prof. Nader Elgarhy

04:00- 05:00 PM Workshop 4 Nursing

Chairpersons (in Alphabetical order):

Dr. Asmaa Khamis
Dr. Asmaa Emam
Miss. Fawzya Fawzy
Miss. Safaa Abdel Sattar

Instructors:

03:00 - 03:20 PM The Art of Carbohydrate Count
Miss. Shaimaa Yaseen

03:20 - 03:40 PM Decoding Diabetes Emergency
Miss. Alaa Salah

03:40 - 04:00 PM Decoding Celiac Diet
Dr. Mai Mostafa

ENDO DELTA 2026

"BREAKING BARRIERS, APPLYING SCIENCE"

Workshops

DAY 2: Friday, 18/9/2026

2ND FLOOR – PRIMAVERA HALL

04:00 - 05:00 PM Workshop 5: Clinical Pharmacy

Chairpersons (in Alphabetical order):

Dr. Ehab Bendary
Dr. Nessrin Khalifa
Dr. Rasha Zahra
Dr. Saly Saed Tantawy
Dr. Shereen Farouq

Instructors:

04:00 - 04:10 PM	The pharmacist role in modern obesity care: GLP1 based therapy	Dr. Saly Saed Tantawy
04:10 - 04:20 PM	The diabetes prescription decoder: what every pharmacist should know before dispensing	Dr. Khadija Ahmed Galal
04:20 - 04:30 PM	Pharmacist's role in endocrine emergencies	Dr. Hala Radwan
04:30 - 04:40 PM	Innovations in diabetic therapy	Dr. Shereen Farouk
04:40 - 04:50 PM	Pharmacovigilance and drug interaction in diabetic patients	Dr. Heba Abbas El Shafeey
04:50 - 05:00 PM	Pharmacist coding in diabetes	Dr. Amal Farag Soltan



PROJECT MANAGER

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