38th Annual Conference of THE EGYPTIAN PSYCHIATRIC ASSOCIATION

Arab Federation of Psychiatrists

The Egyptian Psychiatric Association

BRIDGING PSYCHIATRY IN TRANSFORMATION ..
BRIDGING TRADITION WITH INNOVATION

INTERCONTINENTAL SEMIRAMIS CAIRO, EGYPT

15-16 APRIL 2026



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Message from the President

DEAR COLLEAGUES

Health is now widely acknowledged as having both a physical and mental health dimension. Indeed, as far back as 1948, WHO's constitution recognized health as state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity' and the Slogan ***No Health Without Mental Health*** was adopted. Despite this, many healthcare systems in countries around the world focus on physical care, failing to provide mental healthcare to their populations.Mental disorders are extremely prevalent in all countries and are responsible for immense suffering, poor quality of life, increased mortality and staggering economic and social costs. As such they cannot continue to be ignored. Mental health is essential to improving overall health outcomes across the lifespan. Integrated care is a general term for any attempt to fully or partially blend behavioral health services with general and/or specialty medical services.The benefits of integrating mental health into primary healthcare are significant On the one hand, integration ensures that the population as a whole has access to the mental healthcare that they need early in the course of disorders and without disruption. On the other hand, when people receive treatment in primary healthcare facilities the likelihood of better health outcomes, and even full recovery, as well as maintained social integration is increased. Psychiatrists in leadership roles can also play an important role in promoting better physical health for patients. Medical directors of community mental health centers or behavioral health homes should establish protocols and monitor outcomes for their medical staff. In our conference we shall discuss the current and swiftly changing state of integrating mental health in medical services. Specifically, we shall highlight the current unmet needs for assessment, treatment, and care integration; and describe some of the challenges and some new directions for innovations in this field.We shall suggest guidance for clinicians to integrate mental and physical care in their work and to provide responsible and useful advice to their patients.Nationally and internationally experts in the field of psychiatry and other medical specialties are invited to encourage share in our conference to exchange of knowledge, experience and best practice.We hope that this meeting will be of great benefit to all participants. We also hope and trust that you will enjoy our scientific contents and social activities.

We are looking forward to WELCOME

YOU IN THIS MAGNIFICENT CONFERENCE

Egyptian Psychiatric Association



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Main Topics

- Psychiatry as a subspecialty of medicine
- Integration of psychiatry in primary health care
- General hospital psychiatry
- Medical aspects of psychiatry
- Psychiatric aspects of medicine
- Interface between psychiatry and other medical specialties
- Recent advances in management of psychiatric disorders
- Psychotherapy as a medical intervention
- Addiction as a chronic medical disorder
- Updates in the management of difficult to treat psychiatric disorders
- Child and adolescent psychiatry from a medical perspective

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