2026 EPIC

Egyptian Institution of Scientific Pediatrics, Endocrinology, Diabetes, Metabolism and Nutrition (EISPEDN)

EISPEDN

6Th ANNUAL CONFERENCE OF EPIC 2026

Endocrinology & Pediatrics Interplay in Clinical Practice

Accredited by

AMERICAN ASSOCIATION of CONTINUING MEDICAL EDUCATION
AACME

21 - 22 MAY 2026
Hilton Grand Nile, Cairo

23 MAY 2026
Virtual



Together is Better

- PEDIATRICS
- ENDOCRINOLOGY
- DIABETES

CONFERENCE PRESIDENT

SHEREEN ABDELGHAFFAR

PROFESSOR OF PEDIATRICS, PEDIATRIC DIABETES AND ENDOCRINOLOGY, CAIRO UNIVERSITY, PRESIDENT OF EISPEDN

Welcome Message

Dear Professors and Colleagues,
It is with great pleasure and honor, to invite you All to actively participate and exchange experiences in the 6th EPIC annual conference **"EPIC 2026".**

EPIC, an acronym, which denotes: **E**ndocrinology & **P**ediatrics **I**nterplay in Clinical Practice, promotes multidisciplinary approach with interactions between Experts of Pediatric Endocrinology, General Pediatrics, together with different Pediatric Specialties aiming for the welfare of Child Health.

EPIC 2025 has made a great success last year, hosted more than 3000 participants both physically and virtually. Three hundred Regional and Two hundred international participants attended the scientific activities of the conference

The conference has always aimed to be the key gateway to the promotion and development of Clinical Pediatric and Pediatric Endocrinology Practice by enriching experience and expert insights through plenaries, panel discussions, and interactive workshops with hands on training. The goal was always and will continue to catalyze and advance the scientific knowledge on various Pediatrics and Pediatric Endocrinology fields.

The theme of the Conference this year emphasized the importance of multidisciplinary care: **"Together is better"**

And delivers its messages in the form of
" Algorithms in Clinical Practice 2026"
Those who will participate in **EPIC 2026** will enjoy exchange of knowledge and skills of National Regional and international experts in Pediatrics and Pediatric Endocrinology
We look forward to welcoming you at **EPIC 2026.**

Best regards,
President of the Conference & President of EISPEDN
Prof. Shereen Abdelghaffar



Honorary Board Members of EISPEDN

(alphabetically)

Prof. Abdulmoein Al Agha
Prof. of Pediatric Endocrinology, King Abdelaziz University, Jeddah, KSA

Prof. Amir Babiker
Prof. of Pediatric Endocrinology King Saud Bin Abdulaziz University for Health Sciences, King Abdullah Specialist Children's Hospital-Riyadh, KSA

Prof. Asma Deeb
Chair of Pediatric Endocrinology, SSMC, UAE. President of MENAPEDS

A. Prof. Hussain AlSaffar
Associate Professor of Pediatric Endocrinology, Sultan Qaboos University Hospital, Oman. Moderator of Pediatric Endocrine Café

Prof. Rasha Odeh
Prof. of Pediatrics, Pediatric Endocrinology, The University of Jordan, Jordan

Prof. Salwa Abdelbagi Elhassan Musa
Consultant Pediatric Endocrinology, The Medical City for Military and Security Services (MCMSC) Hospital, Oman. Assistant Professor of Pediatrics, Al-Neelain University, Sudan

Prof. Tulay Guran
Prof. in Pediatric Endocrinology and Diabetes, Marmara University, Istanbul, Turkey



Scientific Board of Trustees of EISPEDN

(alphabetically)

Prof. Athar Reda, Consultant of Diabetes and Endocrinology, National Diabetes and Endocrinology Institute

Prof. Mona Atteya Hana, Professor of Pediatric Endocrinology, Cairo University, Health Insurance Organization, Hospital 57357

Prof. Omneya Magdy, Head of Nutrition Unit, Alexandria University, Consultant of Pediatric Endocrinology, Health Insurance

Prof. Ranya Hegazy, Professor of Pediatrics and Pediatric Cardiology, Cairo University

Organizing Committee of EPIC

(alphabetically)

Dr. Abeer Hamed, Consultant of Pediatrics, GOTHI

Dr. Dina Fawzy, Lecturer of Pediatrics, Pediatric Endocrinology, Alex U

Dr. Engy Nasr, Lecturer of Pediatrics, Pediatric Endocrinology, CU

Prof. Marwa Farouk, Assistant Professor of Pediatrics, Pediatric Endocrinology, CU

A. Prof. Noha Arafa, Assistant Professor of Pediatrics, Pediatric Endocrinology, CU

A. Prof. Radwa Shamma, Assistant Professor of Pediatrics, Pediatric Endocrinology, CU



Scientific Committee

(alphabetically)

Prof. Abdelrahman Elmashad,	Mansoura University
Prof. Adel Reyad,	Benha University
Prof. Afaf Koraa,	Alazhar University
Prof. Ahmed Badr,	Cairo University
Prof. Ahmed Elawwa,	Alexandria University
Prof. Ahmed El Beleidy,	Cairo University
Prof. Ahmed Hamdy,	Ain Shams University
Prof. Ahmed Saeed Younis,	EPA
Prof. Amany Elhawary,	Mansoura University
Prof. Amina Abdelwahab,	Suez Canal University
Prof. Ashraf Elsharkawy,	Mansoura University
Prof. Atef Donia,	Alazhar University
Prof. Athar Reda,	National Institute of Diabetes and Endocrinology
Prof. Ayman Emil,	Cairo University
Prof. Basma Abdelmoez,	Menia University
Prof. Dalia Mosallam,	Cairo University
Prof. Doaa Khater,	Alexandria University
Dr. Eman Nasef,	Health Insurance
Prof. Eman Sherif,	Ain Shams University (ASU)
Prof. Enas Raafat,	National Research Center
Dr. Faten Emara,	Health Insurance Organization
Prof. Gameela Nasr,	Suez Canal University
Prof. Ghada Anwar,	Cairo University
Prof. Hussam Kamal,	Zagazig University
Prof. Ihab Abdelhamid,	Zagazig University
Prof. Iman Ehsan,	Cairo University
Prof. Inass Shaltout,	Cairo University
Prof. Khalil Abdulkhalik,	Cairo University



Scientific Committee

(alphabetically)

Prof. Lamiaa Mohsen,	Cairo University
Prof. Magd Kotb,	Cairo University
Prof. Magda Badawy,	Cairo University
Prof. Mahmoud El Helaly,	Military Medical Academy
Prof. Medhat Elaraby,	Assiut University
Prof. Mohammed Geneina,	Cairo University
Prof. Mohammed Omar,	Helwan University
Prof. Mohammad Rashad,	Benha University
Prof. Mona Hafez,	Cairo University
Prof. Mona Salem,	Ain Shams University
Prof. Mostafa Elsaeed,	Assiut University
Prof. Nabil Abdelaziz,	Cairo University
Prof. Nadia Badrawy,	Cairo University
Prof. Randa Mattar,	Ain Shams University
Prof. Rasha Tarif,	Ain Shams University
Prof. Safaa Tawfeek,	National Nutrition Institute
Prof. Safinaz Elhabashy,	Ain Shams University
Prof. Sameh Tawfeek,	Military Medical Academy
Prof. Sanaa Youssef,	Ain Shams University
Prof. Shaymaa Elrefaei,	Tanta University
Prof. Sherif Elanwary,	Cairo University
Prof. Soha Abdeldayem,	National Nutrition Institute
Prof. Tarek Farid,	National Nutrition Institute
Dr. Walaa Elamir,	Cairo University
Dr. Wiam Alfarouk, Elgalaa	Military Hospital
Prof. Yasmeen Gamal,	Ain Shams University
Prof. Zeinab Radwan,	Cairo University
Prof. Zeinab Salah,	Cairo University



Day 1:

Thursday 21st May, 2026



Day 1: Thursday 21st May, 2026

08:30 – 09:30 AM — Registration

09:00 – 9:30 AM — WELCOME **(Hall A)**

Session I
10:00 - 10:40 AM

Algorithms in Infection Prevention

Chairpersons

Dr. Adel Abdelhady
Dr. Ahmed Galal
Prof. Aly Mostafa
Dr. Amira Elrifaee
Prof. Azza Kamal
Dr. Basma Samir Kamal
Prof. Hala Hamdy
Prof. Mohammed Rashad
Prof. Mona Tagy
Dr. Mostafa Mohamady
Prof. Nabil Abdelaziz
Prof. Nihal El-Rifaae
Dr. Rabab Abdelal Saeed
Prof. Reem Nabil
Prof. Salma Elhoushi
Prof. Yasmin Mansi

10:00 - 10:20 AM

Bactoblis: Rewriting the Story of Respiratory Tract Infection
Prof. Nihal El-Rifae, CU

Splendid

10:20 – 10:40 AM

Life-Course Pertussis Immunization: From Early aP Priming in High-Risk Infants to Adult Tdap-IPV Boosters
Prof. Salma Elhoushy, CU

sanofi



Day 1: Thursday 21st May, 2026

Session II
10:40 – 11:00 AM

Algorithms in Diabetes Management

Chairpersons
(alphabetically)

Prof. Abeer Abdelmaksoud
Prof. Amina Abdelwahab
Prof. Amira Abdelmonem
Dr. Cherif Abdelal
Prof. Dalia Tema
Dr. Garo Bedros Apkarian
Dr. Hany Fikry
Dr. Mohammed Salah Shabib
Prof. Mona Atteya
Prof. Mona Karem
Prof. Mona Salem
Prof. Nadine Tema
Prof. Noha Radwan
Prof. Sahar Khairy
Prof. Shaymaa Refae
Prof. Soha Abdeldayem
Dr. Thanaa Amer

10:40 – 11:00 AM

Optimizing Diabetes Management in Children and Adolescents
Prof. Mona Salem, ASU

EVA PHARMA
SECURING YOUR HEALTH



Day 1: Thursday 21st May, 2026

11:00 – 11:30 AM — **Opening Ceremony**

Prof. Hussam Salah
Major General Prof. Saeed Elnaggar
Major General Prof. Nabil Fikry
Prof. Nadia Badrawy
Prof. Osama Abdelhay

(alphabetically)

Prof. Abdelkarim Elrasey
Prof. Abeer Noor
Prof. Ahmed Asaeed Younis
Dr. Faten Emara
Prof. Gamela Nasr
Prof. Hussein Khairy
Prof. Ihab Hanna
Prof. Iman Ehsan
Major General Prof. Mahmoud Elhelaly
Prof. Mohammed Geneina
Prof. Mohammed Sabry Abu Alam
Prof. Mona Ganzoury
Prof. Ola Shawky
Prof. Shereen Ghaleb



Day 1: Thursday 21st May, 2026

Session III
11:30 – 12:00 PM

Algorithms in Management of Short Stature

SANDOZ

Chairpersons
(alphabetically)

Dr. Abed Shehata
Prof. Heba Sedfy
Dr. Hossam Kadry
Dr. Maha Shaalan
Dr. Mohamed Abukeifo
Prof. Mohammed Sabry Abu Alam
Prof. Nermin Amr
Prof. Ramy Saleh
Prof. Rasha Gamal
Prof. Samia Salah
Dr. Taghreed Alwakeel
Dr. Thanaa Amer

Moderator

Prof. Mona Atteya, CU

Speakers

AAS. Prof. Mona Karem, SCU
Prof. Shaymaa Elrefaei, Tanta U



Day 1: Thursday 21st May, 2026

Session IV
12:00 – 12:50 PM

Algorithms in Diabetes Management II

Chairpersons
(alphabetically)

Prof. Batool Mohammed Abdelraouf
Dr. Dina Afify Zaky
Prof. Ghada El Kassas
Prof. Hany Elmikaty
Prof. Howayda Elgebaly
Prof. Hoda Marzouk
Prof. Iman Elmorsy
Prof. Iman Ihsan
Prof. Iman Mounir
Prof. Laila Hussein
Prof. Maged Elwakil
Prof. Manal Elshamaa
Prof. Soha Emam

12:00 – 12:30 PM

CGM: A game Changer in Type 1 Diabetes
Prof. Shereen Abdelghaffar, CU

Abbott
life. to the fullest.®

12:30 – 12:50 PM

From fluctuations to Foundations: How Next-Gen Basal Insulins Bring stability to T1D care
Prof. Ashraf ElSharkawy

sanofi

COFFE BREAK
12:50 – 01:15 PM





Day 1: Thursday 21st May, 2026

Session V
01:15 – 02:00 PM

Algorithms in Nutritional Supplementation

Chairpersons
(alphabetically)

Prof. Afaf Koraa
Prof. Hala Ata
Prof. Hoda Seoud
Dr. Iman Nasif
Dr. Magdy Sowan
Prof. Mervat Haroon
Prof. Mervat Talaat
Dr. Miral Aref
Prof. Mohammed Bakry
Dr. Mohammed Mounir
Prof. Mona Ghamrawy
Prof. Nebal Abdelrahman
Prof. Rasha Gamal
Prof. Salwa Omran
Prof. Sherry Nabil

01:15 – 01:30 PM

Generation Connected:
Restoring Metabolic and Mental
Dr. Nelly Shams
Nutrition and Public health Consultant

01:30 – 01:45 PM

Synergistic Nutrition:
Gut health and Immune Defense
Prof. Ehab Khairy, ASU

INFINITY CLINIC PHARMA

01:45 – 02:00 PM

Beyond the Calorie:
Unlocking the Clinical Potential of
Prof. Khalil Abdelkhalek, CU

Nestlé HealthScience



Day 1: Thursday 21st May, 2026

Session VI
02:00 – 02:30 PM

Algorithms for Child Welfare

Chairpersons

(alphabetically)

Prof. Dina Kamal
Dr. Hanan Ata
Prof. Hanan Fathy
Dr. Hany Iskander
Dr. Heba Saad
Prof. Iman Eyada
Prof. Magda Badawy
Dr. Maha AbuZikry
Prof. Manal Hamza
Prof. Manar Aref
Dr. Manar Elsharkawy
Prof. Mervat Talaat
Dr. Mokhtar Alsayed
Prof. Mona Sallam
Prof. Nadia Mostafa
Prof. Noha Ali
Prof. Randa Mattar

02:00 – 02:15 PM

Calcium Reimagined: Growth, Bone Health and Beyond
Prof. Mohammed Hussein Metwally, ASU

Globe International

02:15 – 02:30 PM

The power of the Spore: Why Bacillus Clausii Survives where others Fail
Prof. Khalil Abdelkhalek, CU

Opella.



Day 1: Thursday 21st May, 2026

Session VII
02:30 – 02:50 PM

Panel: Algorithms of Vaccination for High-Risk Groups

Chairpersons
(alphabetically)

Prof. Azza Mohammed
Prof. Emad Ebeid
Prof. Faten Abdelaziz
Prof. Fatma Elzahraa Gomaa
Prof. Hanan Zikry
Prof. Ilham Youssry
Prof. Inas Abdelhamid
Prof. Maha Hashish
Prof. Mohammed Abulhassan
Prof. Noha Aly
Prof. Normeen Kaddah
Prof. Raghdaa Aly
Prof. Sonia Alseidy
Prof. Suzan Bayoumi
Prof. Taghreed Helal
Prof. Tarek Farid

Panelists
(alphabetically)

High Risk Population Revaccination, a Dynamic Critical Situation

sanofi

Dr. Amer Hassan, Alexandria
Prof. Maha Youssef, Alex U,
Prof. Shereen Abdelghaffar, CU



Day 1: Thursday 21st May, 2026

Session VIII
02:50 – 03:05 PM

Algorithms for Vitamin D Therapy

Chairpersons
(alphabetically)

Dr. Ashraf Elbasel
Prof. Azza Abdelshaheed
Prof. Basant Elmeleigy
Prof. Dalia Saad
Dr. Hanan Ghareeb
Prof. Hanan Madany
Prof. Iman Mounir
Dr. Mohammed Naguib
Prof. Mona Hamdy
Prof. Nermeen Abdelmonem
Dr. Othman Elsheweihy
Prof. Raghdaa Aly
Prof. Rania Nabil
Prof. Reeham Hussein
Dr. Safaa Elhagrasy
Prof. Sawsan Okasha
Prof. Yasmin Hennawy

Vitamin D: The hormone for life
Prof. Rasha Tarif, ASU

ALESRAA PHARMACEUTICALS



Day 1: Thursday 21st May, 2026

Session IX
03:05 – 04:25 PM

Endo Algorithms I

Chairpersons
(alphabetically)

Prof. Ahmed Fares
Prof. Amr Elmeleigy
Prof. Ashgan Ghabashi
Prof. Basma Abdelmoez
Dr. Dalia Louis
Prof. Hend Mehawed
Prof. Hoda Atwa
Prof. Marwa Farouk
Prof. Nermeen Heidar
Dr. Ola Taha
Prof. Shaymaa Hany
Dr. Shereen Elgayar
Dr. Tamer Selim
Prof. Wessam Muharram

03:05 – 03:25 PM

Bone Disorders Algorithms 2026

Moderator

Prof. Rasha Tarif, ASU

Contributors
(alphabetically)

A. Prof. Remon Magdy (Fayoum U)
A. Prof. Shaymaa Elsayed (Alex U)
Dr. Yasmin Ashraf (Alex U)



Day 1: Thursday 21st May, 2026

03:25 – 03:45 PM	A. Prof. Radwa Shamma, CU
Moderator	Thyroid Algorithms 2026
Contributors (alphabetically)	Prof. Amany Hawary (Mansoura U) Prof. Randa Khalaf (ASU) Dr. Sara Elshal (Tanta U)
03:45 – 04:05 PM	Adrenal Algorithms 2026
Moderator	A. Prof. Noha Arafa (CU)
Contributors (alphabetically)	Dr. Dina Fawzy (Alex U) Prof. Ghada Anwar (CU) Prof. Hossam Kamal (Zagazig U)
04:05 – 04:25 PM	DSD Algorithms 2026
Moderator	Dr. Engy Nasr (CU)
Contributors (alphabetically)	Dr. Khaled Khashab (CU) Dr. Mona Hosney (Alex HI) A. Prof. Mona Karem (SCU)



Day 1: Thursday 21st May, 2026

Session X
04:25 – 05:45 PM

Endo Algorithms II

Chairpersons
(alphabetically)

Prof. Amany Hawary
Prof. Dina Soliman
Dr. Dina Fawzy
Prof. Hala Gaafar
Prof. Hossam Kamal
Dr. Khaled Elkhashab
Prof. Medhat Araby
Prof. Safaa Tawfeek
Dr. Sara Elshal
Dr. Shaimaa Raafat
Dr. Walid Tolba
Dr. Wiam AlFarouk

04:25 – 04:45 PM

Puberty algorithms 2026

Moderator

Dr. Ola Taha (Tanta U)

Contributors
(alphabetically)

Dr. Radwa Abdelhalim (CU)
Prof. Shaimaa Raafat (Alex HI)
Prof. Wessam Muharram (ASU)

04:45 – 05:05 PM

Obesity Algorithms 2026

Moderator

Prof. Marwa Farouk (CU)

Contributors
(alphabetically)

Prof. Ihab Abdelhamid (Zagazig U)
Prof. Omneya Magdy (Alex HI)
Dr. Yomna Ahmed (CU)



Day 1: Thursday 21st May, 2026

05:05 – 05:25 PM — **Hypoglycemia Algorithms 2026**

- **Moderator:** Prof. Mona Rashad (ASU)
- **Contributors (alphabetically):**
  - Prof. Ashgan Ghobashi (Zagazig U)
  - Dr. Shaymaa Beheiry (CU)
  - Prof. Shaymaa Refaei (Tanta U)

05:25 – 05:45 PM — **Diabetes Algorithms 2026**

- **Moderator:** Prof. Hend Mehawed (CU)
- **Contributors (alphabetically):**
  - Dr. Kholoud Salem (Alex HI)
  - Dr. Rasha Wafik (Mansoura HI)
  - Dr. Tamer Selim (Menoufia HI)

05:45 – 06:00 PM — **Integra Talk**

INTEGRA FOR PHARMACEUTICAL INDUSTRIES

06:00 PM — **Dinner**



Day 1:

Workshop

Thursday 21st May, 2026



Scientific Program: Day 1 - Workshop

Thursday, 21st May 2026

(HALL B)

11:30 AM – 12:00 PM

Workshop I:

Algorithms of Nutrition in Endocrinal Disorders in Adolescence

11:30 AM – 11:45 AM

Nutrition in Adolescence for maximum growth spurt

Prof. Enas Raafat, NRC

11:45 AM – 12:00 PM

Nutrition in Thyroid Disorders

Prof. Iman Soltan, NNI

(HALL B)

01:45 PM – 02:30 PM

Workshop II:

Pediatric Nutrition Algorithms

MODERATOR:

Prof. Osama Asheer
Assiut U (Childhood obesity)

SPEAKERS:

Prof. Ehab Khairy
ASU (Cow Milk Protein Allergy)

Prof. May Nassar
ASU (Pallor)

Prof. Sanaa Youssef
ASU (Stunting)

Prof. Yasmin Gamal
ASU (Complementary feeding)

Scientific Program: Day 1 - Workshop
Thursday, 21st May 2026

02:30 – 03:15 PM

Workshop III:
Pediatric GIT Algorithms

(HALL B)

MODERATOR:

Prof. Ahmed Hamdy, ASU
Prof. Ayman Emil, CU

GERD, Constipation, Upper GIT bleeding, and Lower GIT bleeding

SPEAKERS:

Dr. Alaa Younis CU
Dr. Asmaa Abdel Naby ASU
Dr. Engy Atef CU
Dr. Hala Saeed ASU

03:15 – 03:30 PM

Nutrition in GIT disorders
Prof. Doaa Hamed, NNI

(HALL B)

03:30 – 04:15 PM

Workshop IV:
Pediatric Cardiology Algorithms

CHAIRPERSONS
(alphabetically)

Prof. Abeer Noor
Prof. Azza Mohammed
Prof. Faten Abdelaziz
Prof. Hanan Zikry
Prof. Inas Abdelhamid
Prof. Maha Hashish
Prof. Sonia Alseidy
Prof. Suzan Bayoumi
Prof. Taghreed Helal
Prof. Tarek Farid

MODERATOR:

Prof. Fatma Elzahraa Gomaa, CU

Scientific Program: Day 1 - Workshop

Thursday, 21st May 2026

SPEAKERS:

Dr. Alhussain Ahmed
CU (Arrhythmias)

Prof. Alyaa Kotby
ASU (Kawasaki)

Prof. Amira Esmat
CU (Cardiac Autonomic neuropathy)

Prof. Inas Abdelsattar
CU (Neonatal cyanosis)

Prof. Sahar Shaker
CU (Syncope)

(HALL B)

04:15 – 05:00 PM

Workshop V:
Pediatric Neurology Algorithms

SPEAKERS:

Prof. Marian Youssry, CU
Prof. Walaa Elnaggar, CU

Seizures, Acute floppy infant, Acute encephalopathy

05:00 – 05:45 PM

Workshop VI: (HALL B)
Pediatric Emergency Algorithms

SPEAKERS:

Pediatric Emergency Triage Sequence
Prof. Hafez Bazaraa, CU

Fever in the PICU- Evidence base Approach
Prof. Sally Kamal, CU

Day 2:

Workshop

Friday, 22 May 2026



Scientific Program: Day 2 - Workshop

Friday, 22 May 2026

(HALL A)

10:00 AM – 01:00 PM — **Workshop VII:** Med Consult | Medtronic

Smart Algorithms in Insulin Delivery

MODERATOR: Prof. Shereen Abdelghaffar, CU

10:00 AM – 10:30 AM — **Introduction, The MiniMed™ 780G system, How the Smart Guard TM algorithm works, Interpretation of Reports (Outline)**

Mr. Attila Detary
Training and Education Manager for the Diabetes Operating Unit at Medtronic within the CEMA/EMEA region

Dr. Sara Saad

10:30 AM – 11:30 AM — **Interactive case scenarios (each case 10 min, 5 min discussion)**

(Alphabetically)

Dr. Dina Fawzy, Alex U
Dr. Manar Ahmed, Police Hospital
A. Prof. Noha Arafa, Cairo U
A. Prof. Yasmin Elhennawy, Ain Shams U

11:30 AM – 12:00 PM — **Wrap Up and Comments on the Cases**

Prof. Shereen Abdelghaffar, CU

12:00PM – 12:30 PM — **What's New in CSII**

Medconsult Team

12:30 PM – 01:00 PM — **Discussion**

01:00 – 02:00 PM — **Friday Prayer & Coffee break**



Scientific Program: Day 2 - Workshop

Friday, 22 May 2026

(HALL A)

02:00 – 02:15 PM

Session XI

Communication Skills in Child Care

CHAIRPERSONS

Alphabetically

Dr. Ahmed Amer
Dr. Amira Kamal
Prof. Amr Ibrahim
Dr. Ashraf Makram
Dr. Alaa Toulan
Dr. Hayam Hamed
Prof. Heba Omar
Dr. Hend Zakaria
Dr. Hisham Darwish
Prof. Iman Kamel
Dr. Mohammed Essa
Dr. Mohammed Kilany
Dr. Osama Eltouny
Dr. Rafeek Ramzy Michail
Dr. Yasser Elmeleigy

The Dialogue During Sick Days and Before Surgery

Prof. Hesham Abdelkader, ASU



Scientific Program: Day 2 - Workshop
Friday, 22 May 2026

(HALL A)

02:15 – 04:00 PM

Session XII
Algorithms for Optimizing Growth and Metabolism I

CHAIRPERSONS

Alphabetically

Prof. Ahmed Shazly
Prof. Azza Zohdy
Dr. Dalia Louis
Dr. Hoda Hamdy
Dr. Khalid Wafik
Prof. Magd Kotb
Dr. Manal Esmat
Dr. Mariam Nader
Dr. Marianne Ragaai
Prof. Omneya Magdy
Prof. Sameh Tawfik
Dr. Samer Essam
Dr. Wafaa Dowaidar
Dr. Wiam Alfarouk
Prof. Zeinab Salah

02:15 – 02:35 PM

The optimum supplement for growth and Wellbeing
Prof. Shereen Abdelghaffar, CU

Globe International

02:35 – 02:50 PM

Restoring Growth Potential in Children with GHD
Prof. Wessam Muharram, ASU

novo nordisk®

02:50 – 03:05 PM

Wegovy goes beyond
Prof. Shereen Abdelghaffar, CU

novo nordisk®

03:05 – 03:20 PM

Insulin Degludec: A long journey in T1D management
Dr. Khaled Elkhashab, CU

novo nordisk®

03:20 – 03:40 PM

The Rising Role of Dulaglutide in Pediatric Type 2 Diabetes,
Prof. Shereen Abdelghaffar , CU



EVA PHARMA
SECURING YOUR HEALTH

Scientific Program: Day 2 - Workshop
Friday, 22 May 2026
(HALL A)

PHARO
Believe In Nature

03:40 – 03:55 PM Pharo talk

03:55 – 04:00 PM Discussion

04:00 – 05:00 PM

Session XIII
Algorithms for Optimizing Child Wellbeing

CHAIRPERSONS

Alphabetically

Dr. Abdelfattah Abdelbaky
Dr. Abeer Hussein
Prof. Hala Elguindy
Dr. Hany Soliman
Dr. Heba Hassan
Prof. Hoda Atwa
Prof. Iman Shaheen
Prof. Maha Gameel
Dr. Manar Aref
Dr. Manar Elsharkawy
Dr. Manal Hamza
Prof. Nehal Farouk Hassib
Dr. Osama Henigel
Prof. Ranya Hamdy

04:00 – 04:20 PM Challenges and Advances in Diagnosing and Treating Hypophosphatasia
A. Prof. Rasha El Hossiny, NRC

AstraZeneca

04:20 – 04:30 PM Congenital Adrenal hyperplasia in Neonates: From Clinical Suspicion to laboratory Confirmation
Prof. Enas Hamdy,

alfa LABS

04:30 – 04:45 PM Pitfalls in Pediatric Practice
Prof. Adel Reyad, Benha U

04:45 – 05:00 PM When time counts down
Dr. Hazem Sayed Attia

SEDICO Pharmaceuticals

05:00 PM Dinner



Scientific Program: Day 2 - Workshop
Friday 22th May 2026

02:00 PM – 03:30 PM

Workshop VIII: (HALL B)
Algorithms in Diagnosis, Management and Monitoring of Bronchial Asthma

MODERATOR:
Prof. Hala Hamdy, CU

PANELISTS:
Prof. Dina Hossam, CU
Prof. Hala Alnady, NRC
Prof. Iman Deraz, CU
Prof. Mohammed Rashad, Benha U
Prof. Mona Mohsen, CU
Prof. Nevine Elhelaly, CU
Prof. Nehal Elrefae, CU
Prof. Noosa Elbasha, CU
Prof. Tarek Hamed, Zagazig U
Prof. Zeinab Radwan, CU

04:00 PM – 05:00 PM

Workshop IX: (HALL B)
The Obese Adolescent; Multidisciplinary Approach

MODERATORS
(alphabetically)
Prof. Hesham Abdelkader, ASU
Dr. Walaa Elkobeissy, Consultant of Nutrition

SPEAKERS:
Dr. Hoda Hamdy, Consultant of Nutrition
Prof. Riham Elhosseiny, ASU (Psychology)



Day 3:

(Virtual)

Saturday 23rd May, 2026



Day 3: Saturday 23rd May
(Virtual)

PUBERTY

MODERATOR: A. Prof. Noha Arafa, CU

Session I
11:00 - 11:30 PM

Precocious Puberty and the role of 6-months Depot GnRH analogues
(30 min)

Prof. Abdulmoein Al Agha
Prof. of Pediatric Endocrinology, King Abdelaziz University, Jeddah, KSA

15 min discussion

ARTIFICIAL INTELLIGENCE

MODERATOR: A. Prof. Noha Arafa, CU

Session II
11:45 - 12:30 PM

AI in Pediatric Endocrinology
(30 min)

A. Prof. Hussain AlSaffar
Associate Professor of Pediatric Endocrinology,
Sultan Qaboos University Hospital, Oman
Moderator of Pediatric Endocrine Cafe

15 min discussion

Day 3: Saturday 23rd May
(Virtual)

ENDOCRINE DISORDERS IN SYSTEMIC DISEASES

MODERATOR: Prof. Marwa Farouk, CU

Session III
12:30 - 01:15 PM

Endocrine and late effects of Survivors of childhood cancer and other hematological disorders (30 min)

Prof. Amir Babiker

Prof. of Pediatric Endocrinology King Saud Bin Abdulaziz University for Health Sciences, King Abdullah Specialist Children's Hospital-Riyadh, KSA

15 min discussion

Session IV
01:15 – 01:45 PM

Endocrine Complications of Thalassemia (30 min)

Prof. Abdelhadi Habeb

Consultant of Pediatric Endocrinology, Chair of the Regional Pharma and Therapeutic Committee at the National Guard, Madinah, KSA

15 min discussion

01:45 – 02:15 PM Break

Day 3: Saturday 23rd May
(Virtual)

PEDIATRIC DIABETES

CHAIRPERSON: Prof. Ghada Anwar, CU

MODERATOR: A. Prof. Radwa Shamma, CU
Dr. Enjy Nasr, CU

Session V
02:15 - 03:00 PM (30 min)

The Smart MDI : Where Simplicity meets Intelligence

Prof. Shereen Abdelghaffar
Prof. of Pediatric Diabetes and Endocrinology, Cairo University
Egypt President of EISPEDN

15 min discussion

Session VI
03:00 - 03:45 PM (30 min)

The role of Technology in Diabetes care Type 1

Prof. Andrew Behnke
Associate Professor of Internal Medicine at the liberty University College of Osteopathic Medicine Education, USA

15 min discussion

Session VII
03:45 - 04:30 PM (30 min)

Neonatal Diabetes: Experience from UAE

Prof. Asma Deeb
Chair of Pediatric Endocrinology, SSMC, UAE, President of MENAPEDS

15 min discussion

Day 3: Saturday 23rd May (Virtual)

GROWTH

CHAIRPERSON: Prof. Yasmin Elhannawy, ASU

MODERATOR: A. Prof. Radwa Shamma, CU

Session VIII
04:30 - 05:15 PM

Can skeletal maturation be altered to improve end height? (30 min)

Prof. Rasha Odeh

Prof. of Pediatrics, Pediatric Endocrinology, The University of Jordan

15 min discussion

ADRENAL DISORDERS

CHAIRPERSON: Prof. Nermine Amr, ASU

MODERATOR: Dr. Dina Fawzy, Alex U

Session IX
05:15 - 06:00 PM

Approach to Primary Adrenal Insufficiency in Children (30 min)

Prof. Tulay Guran

Prof. in Pediatric Endocrinology and Diabetes, Marmara University, Istanbul, Turkey

15 min discussion

Session X
06:00 - 06.45 PM

Spotting Pediatric Adrenal Tumours: Key Clinical Clues (30 min)

Prof. Salwa Abdelbagi Elhassan Musa

Consultant Pediatric Endocrinology, The Medical City for Military and Security ,Services (MCMSC) Hospital, Oman. Assistant Professor of Pediatrics Al-Neelain University, Sudan

15 min discussion



Thanks to Our Sponsors



















































































PROJECT MANAGER

MR. OMAR MOHAMED
0100098 8976
OMAR.MOHAMED@PURESPOT.ORG

MR. MOHAMED ZAKI
0102 9763418
MOHAMED.ZAKI@PURESPOT.ORG

HEADQUARTER: 62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR.

CAIRO ALEXANDRIA LUXOR DELTA ASYUT DUBAI

FOLLOW US

22 YEARS OF EXCELLENCE

PURE SPOT EVENTS MANAGEMENT

www.purespot.org