14th International Conference of DIABETES & ENDOCRINOLOGY IN CHILDHOOD AND ADOLESCENCE

ESPED

ORGANIZED BY (ESPED)
THE EGYPTIAN SOCIETY OF PEDIATRIC ENDOCRINOLOGY AND DIABETES

AUGUST 12-13, 2021 MARRIOTT ZAMALEK HOTEL- CAIRO, EGYPT

President of ESPED and Conference

Prof. Mona Salem

Conference Secretary General

Prof. Mona Mamdouh Hassan

Executive Organizers

Dr Rasha Eladawy
Dr Khaled Elkhashab

Hand in Hand for a Better Future



17 YEARS OF EXCELLENCE

PURE SPOT EVENTS MANAGEMENT
www.purespot.org

CAIRO BRANCH
62 Makram Ebaid St., 16th Zone, Nasr City, Cairo-Egypt (+20) 226721944 - (+20) 226718421

ASSIUT BRANCH
Takseem Elhokokeen.st. No. 11 Bulding 4 , flour 2 (+20) 882128885- (+20) 226718421

DELTA BRANCH
Mansoura: El Gomuhria St. Beside Fathallah Market, Above Tarek El Zeini Mall Flat No. 5 (+2) 01029900706 - (+20) 226718421
info@egypure.org

ICCA Member

MECOMED CERTIFIED

Welcome

We are delighted to welcome you all to the 14th international conference of the Egyptian Society of Pediatric Endocrinology and Diabetes [ESPED] under the theme “Hand in Hand for a Better Future”.

On behalf of the society we express our deepest gratitude to all chairpersons, speakers and delegates for their enthusiasm to participate and to share their expertise, clinical practice experience and research in the field of diabetes and endocrinology in children and adolescents with the aim of delivering optimum care for children with diabetes and endocrinal disorders.

Topics with current interest related to diabetes, growth, adrenal and thyroid disorders will be addressed during interactive lectures, panel discussions and case presentation sessions.

Conforming to the current precautions for the COVID 19 pandemic, overseas eminent keynote speakers with expertise in the field will be joining the conference virtual according to the pre scheduled program.

We also encourage all health care professionals, unable to join in person for the same precautions, to attend and participate with their comments and questions online.

We intend as usual to encourage maximum exchange of experience and interaction between experts in the field and all health care professionals from all around Egypt caring for children with diabetes and endocrinal disorders, aiming at providing optimal care to those children we all care for.

Finally, we truly wish you all a fruitful and gratifying meeting, and we sincerely thank all sponsors of the conference for their commitment as usual



President of ESPED and Conference
Mona Salem

Conference Secretary General
Mona Mamdouh Hassan

Scientific Committee

Prof. Abed Shehata
Prof. Abeer AbdelMaksoud
Prof. Adel Erfan
Prof. Ahmed Alsaid Younes
Prof. Amany ElHawary
Prof. Amina Abdelwahab
Prof. Amira Abdelmenem.
Prof. Ashraf ElSharkawy
Prof. Basma Abdelmoez
Prof. Dina Khedr
Prof. Doaa Khater
Prof. Faten Emara
Prof. Ghada Anwar
Prof. Hala Salah
Prof. Hanaa Abdelatif
Prof. Heba Elsedfy
Prof. Hend Mehawed
Prof. Hesham Elhefnawy
Prof. Hoda Attwa
Prof. Hossam Kamal
Prof. Ihab Abdelhakim
Prof. Ihab AbdelHamid
Prof. Ihab Nabil
Prof. Iman Monir
Prof. Khadija Yehia
Prof. Khaled ElKhashab
Prof. Kholoud Mohamed
Prof. Kotb Abbas
Prof. Lubna Fawaz
Prof. Magdy Omar
Prof. Mahmoud Helaly
Prof. Marise Antoun
Prof. Mohamed Abuelasrar
Prof. Mohamed Abukefo
Prof. Mona Attia
Prof. Mona ElGanzoury
Prof. Mona Elsamahy
Prof. Mona Hafez
Prof. Mona Hosni
Prof. Mona Mamdouh
Prof. Mona Salem
Prof. Mourad Elalfy
Prof. Nancy Elbarbary
Prof. Nermine Amr
Prof. Nermine Salah
Prof. Nora Badawy
Prof. Nouran Fahmy
Prof. Ola Taha
Prof. Omneya Magdy Omar
Prof. Radwa Shamma
Prof. Randa Mattar
Prof. Rasha Tarif
Prof. Rasha Wafeek
Prof. Safinaz Elhabashy
Prof. Sahar Sharaf
Prof. Samah Ahmad
Prof. Sameh Tawfik
Prof. Sara ElShal
Prof. Shaymaa ElSayed
Prof. Shaymaa Refaay
Prof. Shereen Abdelghafar
Prof. Soha AbdEldayem
Prof. Tarek Farid
Prof. Thanaa Amer
Prof. Wiam Younis
Prof. Yasmine Elhenawy
Prof. Zahraa Ezz El Din

Keynote Guest Speakers

Prof. Ahmad El Awwa, Alex, Egypt.
Head of the Pediatric Endocrinology/Diabetes Unit at the University of Alexandria Children's Hospital.
Former Program Director Ped. Endocrine Fellowship - HMC/ Sidra (2015-2021)
Former/ Assistant Professor of Pediatrics - Weill Cornell Medical College.

Prof. Jan-Maarten Wit, Netherlands
Emeritus professor of pediatrics and pediatric endocrinology at Leiden University Medical Center.

Prof. Nandu Thalange, UK.
Consultant Paediatric Endocrinologist at Al Jalila Children's Hospital, UAE. Consultant Paediatric Endocrinologist at the Norfolk and Norwich University Hospital in East Anglia, (2002 – 2017)

Prof. Thomas Danne, Germany
Director of the Department of General Pediatrics Endocrinology/Diabetology & Clinical Research at the 'Auf der Bult' Hospital for Children and Adolescents, Hannover Medical School, Hannover, Germany.
Former president of ISPAD, the German Diabetes Association and German Diabetes Aid.

Day 1

Thursday 12th August

09:00 – 09:30	**Reception and Registration**
09:30 – 10:00	**Welcome and Opening** **Prof. Mona Mamdouh** Conference Secretary General **Prof. Nermine Salah** ESPED Secretary General **Prof. Mona Salem** ESPED and Conference President

Session 1 DIABETES 10:00 – 12:30

	Chairpersons (alphabetical): **Prof. Ahmed Alsaid Younes** **Prof. Faten Emara** **Prof. Hala Salah** **Prof. Ihab Nabil** **Prof. Mona ElGanzoury** **Prof. Zahraa Ezz El Din**
10:00 – 10:30	Diabetes Technology: Concepts and Updates **Prof. Ahmed El Awwa**
10:30 – 10:40	**Q & A**

	How can I? Chairpersons (alphabetical): **Prof. Amina Abdelwahab** **Prof. Lubna Fawaz** **Prof. Magdy Omar** **Prof. Mahmoud Elhelaly** **Prof. Mohamed Abukefo** **Prof. Mona Attia**
10:40– 10:55	Growth in type 1 diabetes and how to manage **Prof. Mahmoud Elhelaly**
10:55 – 11:10	How can I manage cardiomyopathy with uncontrolled diabetes **Prof. Dina Khedr**
11:10 – 11:25	How can I manage insulin resistance in type 1 diabetes **Prof. Hend Mehawed**
11:25 – 11:40	How can I diagnose monogenic diabetes? **Prof. Abeer AbdelMaksoud**
11:40 – 11:50	**Q & A**
	Chairpersons (alphabetical): **Prof. Mona Elsamahy** **Prof. Mona Hafez** **Prof. Nancy Elbarbary**
11:50 – 12:20	Type 2 Diabetes in children and adolescents **Prof. Nandu Thalange, virtual**
12:20 – 12:30	**Q & A**
12:30 - 13:00	**Coffee Break**

novo nordisk®

Day 1

Thursday 12th August

Session 2 GROWTH and PUBERTY 13:00 – 14:40

Chairpersons (alphabetical):
Prof. Heba Elsedfy
Prof. Magdy Omar
Prof. Mona Mamdouh
Prof. Nermine Salah
Prof. Sahar Sharaf

13:00 – 13:40 Diagnosis of short stature in the genomic era
Prof. Jan-Maarten Wit, Netherlands, virtual

SANDOZ

13:40 – 14:00 **Q & A**

How can I?

Chairpersons (alphabetical):
Prof. Basma Abdelmoez
Prof. Rasha Tarif
Prof. Shereen Abdelghafar

14:00 -14:15 How can I manage gynecomastia in boys?
Prof. Amany ElHawary

14:15 – 14:30 How can I manage hirsutism in girls?
Prof. Shaymaa ElSayed

14:30 -14:40 **Q & A**

Session 3 Case Presentation 14:40 – 16:55

Chairpersons (alphabetical):
Prof. Adel Erfan
Prof. Hoda Attwa
Prof. Ihab Abdelhakim
Prof. Nora Badawy
Prof. Thanaa Amer

14:40 – 14:55 Pituitary & puberty
Case 1
Prof. Sara ElShal

14:55 – 15:10 Case 2
Prof. Khaled ElKhashab

15:10 – 15:25 Case 3
Prof. Radwa Shamma

15:25 – 15:35 **Q &A**

15:35 – 15:50 Diabetic ketoacidosis
Case 4
Prof. Randa Mattar

15:50 – 16:05 Case 5
Prof. Rasha Wafeek

16:05 – 16:15 **Q &A**

16:15 – 16:30 Bone disorders
Case 6
Prof. Ihab AbdelHamid

16:30- 16:45 Case 7
Prof. Ola Taha

16:45- 16:55 **Q &A**

Closing and Lunch

Day 2

Friday 13th August

Chairpersons (alphabetical):
Prof. Amira Abdelmenem
Prof. Hesham Elhefnawy
Prof. Mohamed Abuelasrar
Prof. Mona Salem

10:00 – 10:40 New trends in type 1 diabetes management
Prof. Thomas Danne, virtual SANOFI

10:40 – 11:00 **Q & A**

11:00 – 12:00 **Panel discussion:**
Diabetes in children and adolescents

Prof. Ashraf ElSharkawy
Prof. Iman Monir
Prof. Mona Attia
Prof. Mourad Elalfy
Prof. Safinaz Elhabashy
Prof. Sameh Tawfik
Prof. Wiam Younis

11:00 – 11:15 Drug induced hyperglycemia in cancer patients
Prof. Mona Attia

11:15 – 11:30 Oral treatment in diabetes, myth or reality?
Prof. Ashraf Elsharkawy

11:30 – 11:50 CSII in children with diabetes outside the private sector.
Prof. Iman Monir
Prof. Yasmine Elhenawy
Prof. Nouran Fahmy

11:50 - 12:00 Q&A

12:00 - 13:00 **Prayers and Coffee break**

13:00 – 13:45 **Panel discussion:**
Diabetes in children and adolescents (continued)

13:00 – 13:15 Management of diabetes in the emergency ward and diabetes unit during the COVID 19 pandemic.
Prof. Marise Antoun
Prof. Samah Ahmad

13:15 – 13:30 مبادرة لبرامج للتغذية الصحية للأطفال المتعايشين مع السكر
Dr. Ebtehag Mosaad

13:30 – 13:45 **Q&A**

Day 2

Friday 13th August

13:45- 15:15	**Panel discussion:** Congenital adrenal hyperplasia in children and adolescents - Addressing frequently asked questions
	Moderator: **Shaymaa Elrifaey**
13:45 – 13:55	Prenatal treatment of CAH. Does the benefit overweigh the risks? **Prof. Ghada Anwar**
13:55 - 14:05	**Discussion**
14:05 - 14:15	Variability in clinical presentation and approach to diagnosis in CAH. **Prof. Hossam Kamal**
14:15 - 14:25	**Discussion**
14:25 - 14:35	Managing growth and puberty in children with CAH. **Prof. Nermine Amr**
14:35 - 14:45	**Discussion**
14:45 - 14:55	Metabolic complications of CAH. **Prof. Soha Abdeldayem**
14:55 - 15:05	**Discussion**
15:05 - 15:15	Final comments **by moderator with speakers**

15:15 - 16:30	**Panel discussion:** Thyroid disorders in children and adolescents Addressing frequently asked questions
	Moderator: **Prof. Omneya Magdy Omar**
15:15 - 15:25	Subclinical hypo and hyperthyroidism. To treat or not to treat? **Prof. Mona Rashad**
15:25 - 15:35	**Discussion**
15:35 - 15:45	Thyroid fatigue in acute and chronic illness To treat or not to treat? **Prof. Doaa Khater**
15:45 - 15:55	**Discussion**
15:55 - 16:05	Thyroid nodule in children and adolescents. Diagnostic approach **Prof. Hanaa Abdelatif**
16:05 - 16:15	**Discussion**
16:15 - 16:30	**Final comments** **by moderator with speakers**

Day 2

Friday 13th August

Session Case Presentation 16:30 - 17:30

Chairpersons (alphabetical)
Prof. Abed Shehata
Prof. Kotb Abbas
Prof. Tarek Farid
Prof. Randa Mattar

16:30 - 16:45	Case 8 **Prof. Mona Hosni**
16:45 - 17:00	Case 9 **Prof. Khadija Yehia**
17:00 - 17:15	Case 10 **Prof. Kholoud Mohamed**
17:15 - 17:30	**Q & A**

Closing Remarks and Recommendations

Special Thanks

to our Sponsors









SANOFI

novo nordisk®

Lilly EVAPHARMA SANDOZ MERCK

Med Consult For Medical Services SEDICO سيديكو Lifescan

ASCENSIA Diabetes Care BIONIME