15th INTERNATIONAL CONFERENCE OF DIABETES AND ENDOCRINOLOGY IN CHILDHOOD AND ADOLESCENCE

Hybrid

11th - 12th AUGUST 2022 Semiramis Intercontinental Hotel Cairo, Egypt

Organized by

The Egyptian Society of Pediatric Endocrinology and Diabetes (ESPED)

ESPED

"HAND IN HAND FOR A BETTER FUTURE"



ESPED and Conference President
Mona Salem

Conference General Secretary
Mona Mamdouh

Welcome Message

We Are Delighted to Welcome You All to The 15th International Conference of the Egyptian Society of Pediatric Endocrinology and Diabetes [ESPED] Under The Theme
“Hand In Hand For A Better Future”.

On Behalf of The Society, We Express Our Deepest Gratitude To All Chairpersons, Speakers And Delegates For Their Enthusiasm To Participate And To Share Their Expertise, Clinical Practice Experience And Research In The Field Of Diabetes And Endocrinology In Children And Adolescents With The Aim Of Delivering Optimum Care For Children With Diabetes And Endocrinal Disorders.

Topics with Current Interest Related to Diabetes, Obesity, Growth, Puberty, Adrenal and other Endocrinal Disorders Will Be Addressed During Interactive Lectures, Panel Discussions And Case Presentation Sessions.

Conforming To The Current Precautions For The COVID 19 Pandemic, Overseas Eminent Keynote Speakers With Expertise In The Field Will Be Joining The Conference Virtual According To The Pre Scheduled Program.

We Also Encourage All Health Care Professionals, Unable To Join In Person For The Same Precautions, To Attend And Participate With Their Comments And Questions Online.

We Intend As Usual To Encourage Maximum Exchange Of Experience And Interaction Between Experts In The Field And All Health Care Professionals From All Around Egypt Caring For Children With Diabetes And Endocrinal Disorders, Aiming At Providing Optimal Care To Those Children We All Care For.

Finally, We Truly Wish You All a Fruitful and Gratifying Meeting, And We Sincerely Thank All Sponsors of The Conference For Their Commitment As Usual.



ESPED and Conference President
Mona Salem



Conference General Secretary
Mona Mamdouh Hassan

INVITED SPEAKER

Alphabetical Order



Dr. **Nandu KS Thalange**

MBBS BSc, FRCP, FRCPCH, FHEA, CCST (UK)

Consultant Paediatric Endocrinologist, Al Jalila Children's Hospital, Dubai, UAE.; and has over 30 years' experience as a clinician.

Adjunct Professor of Paediatrics, Mohammed Bin Rashid University, Dubai, UAE.

Honorary Senior Lecturer, Norwich Medical School, University of East Anglia, Norwich, UK.

He is member of: Royal College of Physicians of London (1992) Royal College of Paediatrics and Child Health (1997) British Society for Pediatric Endocrinology & Diabetes (1994) British Society for the History of Paediatrics & Child Health (2002) Institute of Learning & Teaching (2002) Higher Education Academy (2003).



Prof. **Silva Arslanian, MD -** *USA*

Professor of pediatrics and clinical and translational science at the University of Pittsburgh School of Medicine. She holds the Richard L. Day Endowed Chair in Pediatrics at the UPMC Children's Hospital of Pittsburgh. She is the director of the National Institutes of Health (NIH), and the scientific director of the Center for Pediatric Research in Obesity and Metabolism at the University of Pittsburgh and UPMC Children's Hospital of Pittsburgh. She was the founding director of the Weight Management & Wellness Center.

INVITED SPEAKER

Alphabetical Order



Prof. **Stefano Cianfarani** -*Italy*

Professor of Pediatrics, Department of Systems Medicine, University of Rome 'Tor Vergata'
Chief of Diabetology & Growth Disorders Unit, 'Bambino Gesù ' Children's Hospital, Rome.
Visiting Professor, Department of Women's and Children's Health, Karolinska Institutet, Stockholm.
Editor in Chief of Hormone Research in Pediatrics.
President of European Society for Pediatric Endocrinology



Dr. **Suzanne Elkholy**

MBBCh, MRCPCH, MD, MSc in diabetes (Warwick University)
Consultant paediatrician, diabetologist endocrinologist for 20 years, with expertise in different areas of pediatric diabetes and endocrinology. University Hospital of North Durham, England.
Dr. Elkholy has expertise in diabetes technology, and quality assurance and improvement.

INVITED SPEAKER

Alphabetical Order



Dr. Tim Heise, MD

Profil, Neuss, Germany

Dr. Heise is Lead Scientist and Chairman of the Board of Directors of the private research institute Profil in Neuss, Germany. Founded in 1999 by Dr. Heise and Dr Lutz Heinemann, Profil became known as the premier source of solutions to the challenging early phase studies of experimental diabetes treatments; in particular pharmacodynamic/ pharmacokinetic assessments performed with the glucose clamp technique. He is a member of the Editorial Boards of Diabetes, Obesity and Metabolism, and Diabetes Technology & Therapeutics.

DAY 1

THURSDAY
11th August 2022

RECEPTION AND REGISTRATION

09:00 – 09:30

WELCOME AND OPENING

09:30 – 10:00

Prof. **Mona Mamdouh** ***(Conference Secretary General)***

Prof. **Nermine Salah** ***(ESPED Secretary General)***

Prof. **Mona Salem** ***(ESPED and Conference President)***

10:00 – 12:00

CHAIRPERSONS:

Alphabetical

- Hala Salah
- Mahmoud Elhelaly
- Manal Elmasry
- Manal Elsayed
- Mona Salem
- Nermine Salah
- Zahraa Ezz El Din

TIME	LECTURE
10:00 – 10:45	**The challenge of defining and investigating the causes of idiopathic short stature and finding the effective therapy** *Prof.* **Stefano Cianfarani** - *Italy* MERCK
10:45 – 11:00	**Q&A**

CHAIRPERSONS:

Alphabetical

- Ehab Nabil
- Iman Munir
- Mona Attia
- Mona Elsamahy
- Shereen Abdelghafar
- Soha Abdeldayem.

TIME	LECTURE
11:00 – 11:45	**New insulins and the future of insulin therapy** *Dr.* **Tim Heise** novo nordisk®
11:45 – 12:00	**Q&A**
12:00 – 12:30	**Coffee break**

12:30 – 15:00

CHAIRPERSONS: *Alphabetical*

- Ahmad Elawa
- Amina Abdelwahab
- Hoda Atwa
- Safinaz Elhabashy
- Sameh Tawfik

TIME	LECTURE
12:30 – 13:00	**Management of diabetes, The Smart Approach** *Dr.* **Suzanne Elkholy**
13:00 – 13:15	**Q&A**
13:15 – 15:00	**Panel discussion:** ***(Dilemmas and Debates in Pediatric Endocrinology)*** **Panelists:** *Prof.* **Ghada Anwar** ▸ **Premature pubarche in girls.** *Prof.* **Lubna Fawaz** ▸ **Delayed puberty in boys.** *Prof.* **Hanaa Abdel Latif** ▸ **Approach to the child with polyuria.** *Prof.* **Mona Rashad** ▸ **Hyperparathyroidism in a nutshell.** *Prof.* **Ihab Abdelhameed** ▸ **Practical approach to hyperlipidemia in children.** **Moderator:** *A. Prof.* **Noha Arafa**

15:00 -15:55

CHAIRPERSONS: *Alphabetical*

- Aisha Elmarsafy
- Mohammed Abukefo
- Nora Badawy
- Shaymaa Elrefaey
- Shaymaa Elsayed

TIME	LECTURE
15:00 -15:40	**Case presentations (Diabetes and DKA)** *Case (1)* **Yasmin Abdelaziz** *Case (2)* **Yomna Ahmed** *Case (3)* **Remon Magdy**
15:40 -15:55	**Discussion**

15:55 - 17:00

CHAIRPERSONS: *Alphabetical*

- Ahmad Arafa
- Basma Abdelmoez
- Hadeel Abuelenein
- Rasha Tarif
- Tarek Farid

TIME	LECTURE
15:55-16:45	**Case presentations (Adrenal - Bones)** *Case (4)* **Mona Hosni** *Case (5)* **Ola Taha** *Case (6)* **May ElAttar** *Case (7)* **Walid Tolba**
16:45 - 17:00	**Discussion**

CLOSING
1st Day

DAY 2

FRIDAY
12th August 2022

TIME	LECTURE
10:00 – 11:50	**Panel discussion:** ***(Immunity, infections, medications and vaccinations in children and adolescents with diabetes)*** **Panelists** *Prof.* **Kotb Abbas Metwalley** ▸ **Immunity with diabetes.** *Prof.* **Randa Matter** ▸ **Infections in children and adolescents with diabetes.** *Prof.* **Hossam Kamal** ▸ **Medications in children and adolescents with diabetes.** *Prof.* **Mohamed AboElasrar** ▸ **Vaccination with diabetes.** *Prof.* **Ashraf Elsharkawy** ▸ **Polysaccharide vaccines with diabetes.** **Moderator:** *Dr.* **Marise Abdou** sanofi
11:50 – 12:00	**Q & A**
12:00- 13:00	**Prayers and Coffee break**

13:00 – 14:00

CHAIRPERSONS: *Alphabetical*

- **Hesham Elhefnawy**
- **Magdy Omar**
- **Mona Hafez**
- **Mona Salem**
- **Wiam Younis.**

TIME	LECTURE
13:00 – 13:45	**Beyond traditional glycemic metrics: New data in people with type 1 diabetes Using basal insulins.** *Prof.* **Silva Arslanian -** *USA* sanofi
13:45 – 14:00	**Q & A**

TIME	LECTURE
14:00 – 16:05	**Panel discussion:** ***(Obesity and related endocrinal disorders)*** **Panelists:** *Prof.* **Gehan Fouad** ▸ **The burden of obesity in children and adolescents.** *Prof.* **Hend Mehawed** ▸ **Diagnosis of the metabolic syndrome.** *Prof.* **Ashgan Alghobashy** ▸ **Treatment and prevention of the metabolic syndrome.** *Prof.* **Doaa Khater** ▸ **The impact of obesity on puberty in girls.** *Prof.* **Amany Elhawary** ▸ **The impact of obesity on puberty in boys.** *A. Prof.* **Yasmine Elhenawy** **The complex link between obesity and bone health** **Moderator:** *A. Prof.* **Omneya Magdy**
16:05 – 16:15	**Q & A**

16:15 – 16:55

CHAIRPERSONS: *Alphabetical*

- **Abed Shehata**
- **Amira Abdelmenem**
- **Mamdouh Shaaban**
- **Mona Mamdouh**
- **Thanaa Amer**

TIME	LECTURE
16:15 – 16:45	**Adolescents living with obesity: real life journeys.** *Dr.* **Nandu Thalange**
16:45 – 16:55	**Q & A**

TIME	LECTURE
16:55 – 17:25	**Panel discussion:** ***(The Art of Growth Hormone Therapy)*** *Prof.* **Nermine Salah** *Dr.* **Radwa Shamma** *Dr.* **Khaled El Khashab** SANDOZ A Novartis Division
17:25 – 17:30	**Q & A**
17:30	**Closing Recommendations**

Special Dedication to Main Sponsors

Platinum Sponsors

sanofi

Golden Sponsors

novo nordisk®

SANDOZ A Novartis Division

Silver Sponsors

Abbott

EVA PHARMA
SECURING YOUR HEALTH

MERCK

Success Partners

Medtronic

SEDICO
سيديكو

EGMED
ENHANCING PATIENTS LIVES

ASCENSIA
Diabetes Care

PURE SPOT
EVENTS MANAGEMENT
www.purespot.org

CAIRO BRANCH
62 MAKRAM EBEID ST., 6TH ZONE, NASR CITY, 4TH & 5TH FLOOR (+20) 226718421 - 226721944
ASSIUT BRANCH
4 STREET 11,TAKSEEM EL-HOKOKEYIN, IN FRONT OF DAR EL-MONASSABAT, 2ND FLOOR
(+20) 88 21 288 85
DELTA BRANCH
MANSOURA: EL-GOMHURIA ST., TAREK EL-ZEINY BUILDING, 2ND FLOOR, APARTMENT NO.5
(+20) 50 23 964 42 INFO@EGYPURE.ORG

IAPCO ACCREDITED
ICCA Member

18 YEARS OF EXCELLENCE

PROJECT MANAGER MS. WESSAM HATEM 0100 911 0644 WESAM.HATEM@EGYPURE.ORG