Obesity and Diabetes

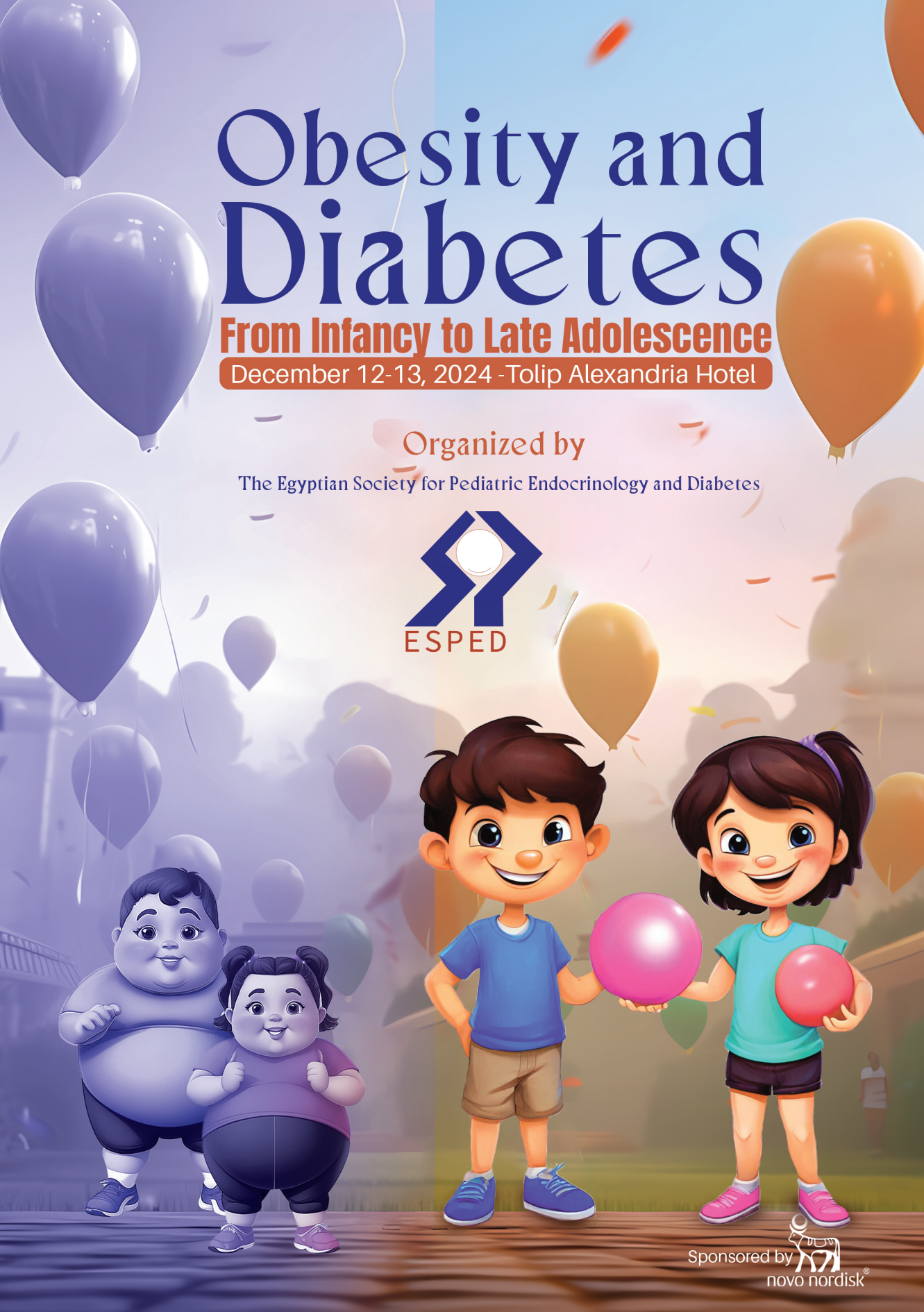
From Infancy to Late Adolescence

December 12-13, 2024 -Tolip Alexandria Hotel

Organized by

The Egyptian Society for Pediatric Endocrinology and Diabetes

ESPED



Sponsored by novo nordisk®

1st day Thursday 12th Dec

15.00 – 16.00: Registration
16.00 – 16:10 Welcome and Opening
Mona Salem (ESPED President)
Mona Mamdouh (Workshop Moderator)

Session I (16:10 – 17:30)

Chairpersons: **Ashraf Elsharkawy, Iman Munir, Mohamed AbuElasrar, Mona Atteya, Soha Abdel Dayem**

New trends in management of adolescence obesity.
Mona Salem novo nordisk® (30 min)

16:40 – 17:30 Pediatric Obesity: Case based discussion

Case 1: The comorbidity of obesity.
Hend Mehawed (Prof., Cairo Univ.) (15 min)

Case 2: Obese octopus: When to think about endocrine?
Shaymaa Sayed (A. Prof., Alex Univ.) (15 min)

Q & A with Discussion (20 min)

Coffee Break (17:30 - 17:45)

Session II (17:45 - 20:00)

Diabetes Case Based Discussion.
Chairpersons: **Amany Elhawary, Doaa Khater, Hossam Kamal Hoda Attwa, Mohammed Abukefo**

Case 1: Pediatric prediabetes: A ticking bomb.
Nouran Youssef (A. Prof., Ain Shams Univ.) (15 min)

Case 2: The sick child with diabetes.
Radwa Shamma (A. Prof., Cairo Univ.) (15 min)

Case 3: Recurrent hypoglycemia in the adolescent with type 1 diabetes.
Ola Taha (A. Prof., Tanta Univ.) (15 min)

Q & A with Discussion (30 min)

1st day Thursday 12th Dec

Chairpersons: **Abeer AbdelMaksoud, Ahmad Arafa, Hossam Kadry , Shereen Abdelghafar,**

Case 4: Neonatal diabetes: Is the diagnosis for sure?
Hadeel Abuelenein (Prof., Mansoura Univ.) (15 min)

Case 5: Monogenic diabetes with adrenal disorder.
Dina Khedr (Lecturer, Cairo Univ.) (15 min)

Q & A with Discussion (20 min)

20:00 Closing 1st day



2nd day Friday 13th Dec

Session I (10:00 -11:15)

Diabetes Case Based Discussion
Chairpersons: **Amira Abdelmenem, Basma Abdelmoez, Ghada Anwar, Sameh Tawfik**

Case 1: Fasting and diabetes.
Mona Karem (A. Prof Suez Canal Univ.) (15 min)

Case 2: Nutrition and type 1 diabetes: Back to basics.
Yasmin Elhenawy (A. Prof., Ain Shams Univ.) (15 min)

Case 3: Adolescent obesity in a patient with diabetes.
Rasha Adel (A. Prof., Ain Shams Univ.) (15 min)

Q & A with Discussion (30 min)

11:15 -12:30 Friday Prayers and Coffee Break

Session II (12:30 - 13:20)

Chairpersons: **Abed Shehata, Mona Hosny, Nanees Salem, Rasha Wafik, Tamer Selim**

Case 4: Obese type 1 diabetes: What can help?
Yasmin Abdelaziz (Lecturer, Ain Shams Univ.) (15 min)

Case 5: Is it type 2 diabetes?
Khaled Elkhashab (Lecturer, Cairo Univ.) (15 min)

Q & A with Discussion (20 min)

2nd day Friday 13th Dec

Session III (13:20- 14:20)

Chairperson: **Mona Hafez**

13:20 - 13:50 Insulin aspart: Addressing enquiries and fulfilling needs in type 1 diabetes.
Mona Mamdouh (Prof., Cairo Univ.) novo nordisk® (30 min)

13:50 - 14:20 Insulin Degludec: Bridging the Gap Between Convenience and Control
Nancy Elbarbary (Prof., Ain Shams Univ.) novo nordisk® (30 min)

14:20 Final Recommendations for Implementation
Mona Salem (10 min)

14:30 Closing 2st day





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